



Creating a healthier lifestyle by sharing the resources around us while giving back to our community!

26th ANNUAL WOLFMAN TRIATHLON

Saturday September 12th, 2020 8:00 am Langlade, WI

Race Categories: 350 Starts (Tandem Teams are considered 1 start)

- Solo Racer: Kayak, Mountain Bike and Off-Road Run
- Tandem Team: Tandem competitors race as a team. **Tandem teams must paddle in the same boat.** The bike and run segments are timed individually and combined into one score. The fastest combined time wins. If one member fails to finish, the team is disqualified.
- Relay Team: 3 individuals competing as a team with each member completing one leg of the race, i.e. boat, bike or run. The boat, bike and run segments are timed individually and combined into one score. The fastest combined time wins. If one member fails to finish, the team is disqualified.

Entry Fee: Individual, Early (Ends February 1) - \$75.00, Normal - \$85.00, Friday Sept 11 - \$95.00
Tandem, Early (Ends February 1) - \$150.00, Normal - \$160.00, Friday Sept 11 - \$170.00
Relay, Early (Ends February 1) - \$180.00, Normal - \$190.00, Friday Sept 11 - \$200.00

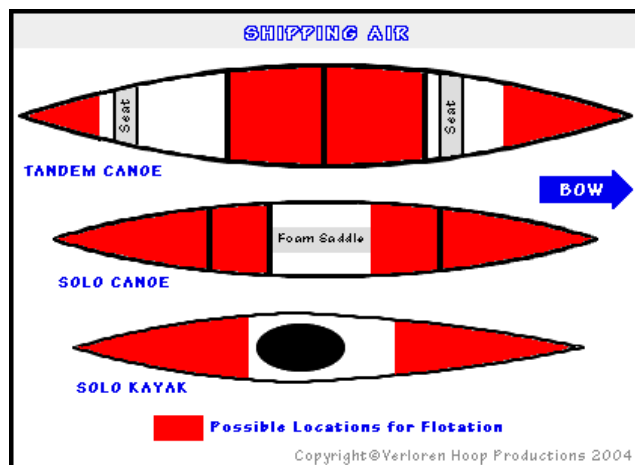
Confirmation of entries: Registrant will receive an email receipt as proof of registration. It will also be posted on website once race is filled.

RACE SEGMENTS

3 mile whitewater paddle ~13 mile mountain bike ride ~3.5 mile rugged trail run

River Segment: Section II of the Wolf River, beginning at the Irrigation Ditch and ending at Langlade, has 3 sets of ¼ mile rocky Class II rapids mixed with quiet water. **EACH COMPETITOR MUST WEAR AN ICF OR COAST GUARD APPROVED TYPE III PERSONAL FLOTATION DEVICE AND HELMET.**

- Whitewater kayaks, canoes, and inflatable (rafts or kayaks) are acceptable. Touring/Sea kayaks are allowed, but the river can be rocky and shallow. Some inexpensive recreational kayaks are **NOT** fit for this river and aluminum canoes are **NOT** allowed!! A tandem kayak must have two separate cockpits, one large cockpit is **NOT** allowed.
- It is **highly recommended** that if you are new to whitewater paddling and/or you currently don't own equipment suitable for use in white water rapids that you rent or purchase a sit on top kayak.
- Kayaks and canoes **MUST** be outfitted with properly secured flotation to displace **at least 30%** of volume of the craft. Only proper flotation will be allowed, see picture/link below for proper flotation. Pool noodles, inner tubes, bubble wrap or anything else that is not an approved float bag is **NOT** acceptable!
- If paddling an open cockpit kayak, **a spray skirt is also required.** Spray skirts are to be a **neoprene** whitewater design, **NOT** a nylon fabric flat-water design. **Cockpit size cannot exceed the outer dimensions of 38"x22"** as you will **NOT** find a neoprene skirt to fit otherwise.



If you have questions on whether your boat fits the proper specifications, please email a photo of boat with make/model information for approval. Boat inspections are now part of registration so be sure to bring it.

If your boat isn't present at registration or doesn't meet the specified criteria above, YOU WILL BE DISQUALIFIED!

Mountain Bike Segment: Combination of the south branch bike loop of the Nicole Roche Trail and Wolf River Trail systems. At the end of the segment, racers will enjoy the three river crossings to the west side of the Wolf River. Racers will continue down the river right bank of Section III of the Wolf River from “Herb’s Landing” to the Gardner Dam Scout Campground. **HELMETS ARE MANDATORY and E-Bikes (Electric) are NOT allowed.**

Off Road Run Segment: Gardner Dam Scout Campground along the upper ridge trails to the top of the Wolf River’s Hansen’s Rapids, back along the scenic river and finally crossing the suspension bridge to the finish line at Gardner Dam Scout Camp.

Awards/Food: Located at the Gardner Dam Scout Camp. Food served from 1-3 PM with live music before and after awards. Awards and door prizes starting at 3 PM.

Check in/Pre-registration: Gardner Dam Scout Camp, Friday September 11th, 2020 5-9PM. Located on Hwy 55, 4.5 miles south of Hwy 64. **PHOTO ID REQUIRED! Racers will only be allowed to pick up their race packet. NO EXCEPTIONS!! Race packets given out Friday night until 9:00pm, NO LATE pick up allowed.**

NO REFUNDS OR TRANSFERS FOR ANY REASON, INCLUDING RACE CANCELLATION OR DISQUALIFICATION!



READ CAREFULLY BEFORE SIGNING

In consideration of the acceptance of my application for the entry in the Wolfman Triathlon Inc., I hereby waive, release, and discharge any and all claims for damages for death, person injury, or property damage which I may have, which may hereafter accrue to me, as a result of my participation in said event. This release is intended to discharge in advance the promoters, the sponsors, the land owners, the volunteers, any involved municipalities or other public entities (and their respective agents and employees), and organizers from and against any and all liability arising out of or connected in any way with my participation in said event(s), even though that liability may arise out of negligence or carelessness on the part of the person(s) or entities mentioned above.

I further understand that serious accidents occasionally occur during off-road events and that as a consequence thereof. Knowing the risks of off- road events, nevertheless I hereby agree to assume those risks, and to release and to hold harmless all of the persons or entities mentioned above who (through negligence or carelessness) might otherwise be liable to me (or my heirs or assigns) for damages.

It is further understood and agreed that this waiver, release and assumption of risk is to be binding on my heirs and assigns. I have also read and understand the rules and regulations set forth by Wolfman Triathlon Inc., and understand failure to follow the rules/regulations will result in disqualification.

☐

Accept

☐

Do Not Accept

COMPLYING WITH CIVIL RIGHTS REQUIREMENTS UNITED STATES DEPARTMENT OF AGRICULTURE

“In accordance with the Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color national origin, sex, age or disability.

(Not all prohibited buses apply to all programs).

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20250-9410 or call 202-720-5964 (voice and TDD).

USDA is an equal opportunity provider and employer.”