

# UPSIDE DOWN

## Internship Budget Estimate

The financial needs connected to an individual's living, training, and experiential learning are outlined below.

If you are participating in Upside Down Training for a year or more, we require 80% of an individual's budget to be raised or pledged prior to arrival. If you are participating in Upside Down Training for three months to a year, we require 90% of an individual's budget to be raised or pledged prior to arrival. If participating in Upside-Down Training for less than three months, we require 100% of an individual's budget to be raised or pledged prior to arrival.

## Monthly Upside Down Training and Ministry Costs\*

|  | <u>INDIVIDUAL</u> | <u>COUPLE</u> |
|--|-------------------|---------------|
| <b><u>HOUSING</u></b><br>Cost will vary based on type of housing, location, and roommates. While the Graffiti Network doesn't provide housing, we can help connect participants with available options | \$500-\$1,000     | \$1500        |
| <b><u>TRANSPORTATION</u></b><br>Cost of monthly Subway pass  | \$116.50          | \$233         |
| <b><u>LIVING EXPENSES</u></b><br>Estimate for groceries, laundry, entertainment.   | \$300             | \$500         |
| <b><u>TITHE</u></b><br>Not required, but encouraged  | \$150             | \$250         |
| <b><u>TRAINING &amp; EXPERIENTIAL LEARNING</u></b><br><i>These funds will be used to provide training materials as well as resources for participant's areas of ministry on the field</i>              | \$400             | \$400         |

|                     |                |         |
|---------------------|----------------|---------|
| <b><i>TOTAL</i></b> | \$1466-\$1,966 | \$2,883 |
|---------------------|----------------|---------|

*\*These budgeted amounts are estimates. Actual expenses will depend on housing and standard of living desired. This budget estimate does not include personal health insurance, renter's insurance, car insurance, cell phone expense, cable expense, and travel to/from NYC.*

### **Finding Support**

Upside Down training is intended for those who are exploring a potential calling to the mission field and in communities of need. Most missionaries are required to find financial support, both for their personal living expenses and for the ministry they are or will be serving.

Below are two options to find support.

### **Bivocational Employment**

The participant intentionally and strategically seeks a place of employment that will provide both resources of financial support and relationships for the benefit of ministry/church.

### **Missionary Support from Network of Givers**

Participants prayerfully call upon their support network (friends, family, churches), seeking their participation in God's work. As participants raise support there are two ways people can give to receive tax deductibility:

1. Through the participant's home church—talk with church leadership to work out the details.
2. Through the Graffiti Network—talk with your assigned supervisor to work out the details.

Upon your acceptance, The Upside Down Training program will provide a Support Development Document with more information about best practices for finding support. If this document would be helpful sooner, let us know.