Hertfordshire PE and School Sport Conference Friday 8th January 2027

Embracing Change: The Journey forward

KEY		Primary Focus	Secondary Focus		Both Primary and Secondary	
8.15: 9.00	**9.00: 9.45**	**Session A**	**Session B**	**12:15 -1:00**	**Session C**	**Session D**
		10:00 – 11:00	**11:15-12:15**		**1:15 -2:15**	**2:30-3:30**
Registration & Refreshments Sports Village / Marketplace	Opening Address - Ali Oliver CEO Youth Sport Trust, Kate Thornton – Bousfield CEO Association for PE & Helen Pring Director CYP Active Partnerships National Organisation	**Understanding the new direction for Physical Education** Catherine Fitzpatrick (AfPE) **A1**	**Understanding the new direction for Physical Education** Catherine Fitzpatrick (AfPE) **B1**	Lunch and Marketplace in the Sports village	**Understanding the new direction for Physical Education** Catherine Fitzpatrick (AfPE) **C1**	**Understanding the new direction for Physical Education** Catherine Fitzpatrick (AfPE) **D1**
		Enrichment in Action: Positioning and Understanding the New Framework Kay Batkin YST **A2**	**Enrichment in Action: Positioning and Understanding the New Framework** Kay Batkin YST **B2**		**Enrichment in Action: Positioning and Understanding the New Framework** Kay Batkin YST **C2**	**Enrichment in Action: Positioning and Understanding the New Framework** Kay Batkin YST **D2**
		Leading through change: Q & A with our panel **A3**	**Leading through change: Q & A with our panel** **B3**			
		Inclusive PE: Understanding the Theory, Applying the Practice Activity Alliance **A4**	**Inclusive PE: Understanding the Theory, Applying the Practice** Activity Alliance **B4**		**Inclusive PE: Understanding the Theory, Applying the Practice** Activity Alliance **C4**	**Think you know school swimming… think again!** David Rayner **D4**
		Practical - Invasion Games Ben Holden **A5**	**Practical- Around the World in Sporty Ways** Ben Holden **B5**		**Practical- GREAT PE** Ben Holden **C5**	**Practical- Moderation Made Easy** Ben Holden **D5**
		Practical approaches to teaching OAA and Team Building David Rock & Jo Ritson **A6**	**Practical It doesn't have to be Like 'Strictly'** Claire Pring **B6**		**Practical approaches to teaching OAA and Team Building** David Rock & Jo Ritson **C6**	**Primary Practical It doesn't have to be Like 'Strictly'** Claire Pring **D6**

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Workshops

Please select one workshop per session.
Some workshops are repeated to accommodate expected demand and room-capacity limits.

KEY	Primary Focus	Secondary Focus	Both Primary and Secondary

10:00-11:00 Session A	Workshop Description
Understanding the new direction for Physical Education **A1**	The descriptor for this workshop will be released at a later date pending the release of the draft National Curriculum
Enrichment in Action: Positioning and Understanding the New Framework **A2**	This workshop will explore the emerging Enrichment Benchmarks and what they mean for schools. Participants will review the accessibility, coherence and impact of their current offer and identify practical steps towards sustainable improvement
Leading through change: Q & A with our panel **A3**	Hear more from our panel – Ali Oliver CEO Youth Sport Trust , Kate Thornton- Bousfield, CEO Association for Physical Education , Helen Pring , Director of CYP and Programmes Active Partnerships National Organisation , Lorna Goldie, School Swimming and Water Safety Development Officer, Swim England ,about what's next and how this will impact your school. You will also have an opportunity to put your questions to the panel
Inclusive PE: Understanding the Theory, Applying the Practice **A4**	Description to follow shortly
Practical Workshop Invasion Games **A5**	A practical session packed with ideas for delivering a range of invasion games. The focus is on transferable activities, games and teaching ideas that teachers can adapt across different invasion games and use straight away in their lessons.
Practical Workshop Practical approaches to teaching OAA and Team Building **A6**	A practical workshop focusing on providing a range of creative problem solving and team building tasks that will support the delivery of OAA. The session will include ideas that are suited to both KS1 and KS2, with opportunities to discuss multiple ways to adapt and include all learners. Throughout the session we will focus on a clear purpose for learning and the important holistic success to ensure all pupils can achieve.

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11:15-12:15 Session B	
Understanding the new direction for Physical Education **B1**	The descriptor for this workshop will be released at a later date pending the release of the draft National Curriculum
Enrichment in Action: Positioning and Understanding the New Framework **B2**	This workshop will explore the emerging Enrichment Benchmarks and what they mean for schools. Participants will review the accessibility, coherence and impact of their current offer and identify practical steps towards sustainable improvement
Leading through change: Q & A with our Keynote speakers **B3**	Hear more from our panel – Ali Oliver CEO Youth Sport Trust , Kate Thornton- Bousfield, CEO Association for Physical Education , Helen Pring, Director of CYP and Programmes Active Partnerships National Organisation , Lorna Goldie, School Swimming and Water Safety Development Officer, Swim England ,about what's next and how this will impact your school. You will also have an opportunity to put your questions to the panel
Inclusive PE: Understanding the Theory, Applying the Practice **B4**	Description to follow shortly
Practical Workshop Around the World in Sporty Ways **B5**	A practical session introducing non-traditional curriculum ideas from around the world. It includes activities such as American Football, Kabaddi and Handball, with a focus on giving teachers practical ideas and the confidence to take these activities back into their own settings. Guidance also shared about how to effectively implement a sports culture unit into a secondary PE curriculum.
Practical Workshop It doesn't have to be Like 'Strictly' **B6**	Many teachers are reluctant to teach dance because they '*don't know the steps*. But what if you found a way to deliver dance that meant you only had to ask questions to spark creativity, increase engagement and be more inclusive? This practical session will introduce the key elements of dance education and how these can be used to foster creativity, improve progression and be easier for the non-specialist to deliver a successful dance lesson with confidence. And if that wasn't enough – you'll also be able to access extensive session notes and further resources to support your future delivery or share with your colleagues.
1:15-2:15 Session C	
Understanding the new direction for Physical Education **C1**	The descriptor for this workshop will be released at a later date pending the release of the draft National Curriculum

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Enrichment in Action: Positioning and Understanding the New Framework **C2**	This workshop will explore the emerging Enrichment Benchmarks and what they mean for schools. Participants will review the accessibility, coherence and impact of their current offer and identify practical steps towards sustainable improvement
Inclusive PE: Understanding the Theory, Applying the Practice **C4**	Description to follow shortly
Practical Workshop Great PE **C5**	An interactive session looking at the key characteristics of GREAT PE teachers and GREAT PE lessons. Teachers get the opportunity to reflect on their own practice, explore effective PE teaching ideas and then move into the practical space to try activities they can take away and use in their own teaching. This session would be suitable for both primary and secondary teachers.
Practical workshop Practical approaches to teaching OAA and Team Building **C6**	A practical workshop focusing on providing a range of creative problem solving and team building tasks that will support the delivery of OAA. The session will include ideas that are suited to both KS1 and KS2, with opportunities to discuss multiple ways to adapt and include all learners. Throughout the session we will focus on a clear purpose for learning and the important holistic success to ensure all pupils can achieve.
2:30-3:30 Session D	
Understanding the new direction for Physical Education **D1**	The descriptor for this workshop will be released at a later date pending the release of the draft National Curriculum
Enrichment in Action: Positioning and Understanding the New Framework **D2**	This workshop will explore the emerging Enrichment Benchmarks and what they mean for schools. Participants will review the accessibility, coherence and impact of their current offer and identify practical steps towards sustainable improvement
Think you know school swimming… think again! **D4**	School swimming has evolved. Has your school's swimming and water safety programme kept pace? Dive into this engaging and thought-provoking workshop designed to help schools maximise the impact of their swimming and water safety provision. Whether your school works with an external swim provider or delivers lessons through its own staff, this session will challenge assumptions, inspire fresh thinking, and provide practical strategies to enhance pupil outcomes. Join Dave Rayner, Swim England Aquatic Competency Lead, as he explores how schools can strengthen their swimming programmes, make the most of available pool time, and create meaningful learning experiences that build confidence, competence, and lifelong water safety skills. Discover ways to integrate fun and purposeful aquatic activities throughout the school day while ensuring every child has the best possible opportunity to succeed. Perfect for school leaders, PE leads, swimming coordinators, and anyone passionate about equipping children with the knowledge, skills, and confidence to be safe in, on, and around water.

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Practical Workshop **Moderation Made Easy** **D5**	A practical session designed to help teachers feel more confident with the moderation process. It focuses on practical approaches and ideas to make moderation more manageable and give teachers greater clarity around preparing for moderation
Practical Workshop **It doesn't have to be Like 'Strictly'** **D6**	Many teachers are reluctant to teach dance because they '*don't know the steps*. But what if you found a way to deliver dance that meant you only had to ask questions to spark creativity, increase engagement and be more inclusive? This practical session will introduce the key elements of dance education and how these can be used to foster creativity, improve progression and be easier for the non-specialist to deliver a successful dance lesson with confidence. And if that wasn't enough – you'll also be able to access extensive session notes and further resources to support your future delivery or share with your colleagues.