

2025 World Class Tae Kwon Do Championship

1. Creative Board Breaking
 - a. Maximum of 3 stations allowed.
 - b. No forehead breaking, open flames, or bladed props may be used.
 - c. No jumping/flying over people will be allowed
 - d. No spacers will be allowed
 - e. Athlete technique will be judged based on the following criteria
 - i. Technique, focus, balance, and creativity.
 - ii. For two competitors executing the same technique as part of the competition
 1. A break performed on the 1st try is superior to a break on the 2nd try.
 - iii. For competitors executing different techniques as part of the competition
 1. Difficulty will be the 1st judged criteria.
 - f. Boards must be purchased at the venue, no outside boards allowed.