

2026 Florida Baton & Dance Regional Championship

This is a Super Regional Competition.

ALL SURROUNDING STATES ARE WELCOME.

Open events are offered for Titles, Individual Solos, as well as Elementary, Middle, High School, and Collegiate Twirling & Dance Teams.



CONTEST DIRECTORS:

Candice Dowdy (407) 617-9358 & Maria Cortes (407) 704-9977

CONTEST DATE: SATURDAY, APRIL 11TH

ENTRY DEADLINE: MARCH 19TH, 2026 (AWARDS HAVE TO BE ORDERED)

Entries received after this date will be charged a late fee of \$5.00 per event, maximum \$20.00

CONTEST LOCATION: TIMBER CREEK HIGH SCHOOL
1001 Avalon Park Blvd., Orlando, Florida 32833

TIME: Doors will open at 7:30 am. Contest will begin promptly at 8:00am

All events will be your Contest Age as of July 31, 2026

AAU MEMBERSHIP IS NOT REQUIRED TO PARTICIPATE IN OPEN EVENTS

1. Participants who ARE AAU Members:

- Eligibility to Apply for the AAU Lettering Program.
- Eligibility to qualify to participate in the 2026 Junior Olympic Games

GENERAL CONTEST INFO:

- **AAU BATON & DANCE RULES:** The 2026 AAU Baton Twirling Rulebook and the 2026 Dance Rulebook are available at www.aaubaton.org with submission of entry forms. AAU Membership must be obtained PRIOR to submitting entry
(NOTE AGES 18+: Membership is not instant so please allow several days to process).
- **FACILITY FEE:**
There will be a one-time \$20 facility fee per athlete. The facility fee will be in place of a door fee.. All solo and team participants must pay this fee with their solo or team entry form.
- **PAYMENT:**
Payment must be made when registering through the Red-Podium link. **NO PAPER ENTRIES!!**
- **REFUNDS:**
**No refunds on entry fees or credits to other competitions will be given.
- **CHANGES TO ENTRIES:**
The contest director reserves the right to make any changes deemed necessary. No changes by contestants may be made once an entry is received. ONLY errors made by the contest director will be corrected the day of the contest.
NO ENTRIES WILL BE ACCEPTED THE DAY OF THE CONTEST.
- **FOOD:**
A concession stand will be provided during the day. Outside food or drinks are allowed, but not in the gym.
- **MUSIC:**
All team and solo events that require music must email the music director an **MP3 file** to kemericaau@gmail.com by **the March 19** entry deadline. Music will be played on a laptop through the sound system at the contest. Team directors and Solo Dancers should also bring a back-up copy for your music.

- **WAIVERS:** Waivers must be signed & submitted with entry form for every participant in the competition (solo and team members). Participants will not be allowed to participate unless the necessary forms have been properly completed and signed by a parent/legal guardian or participant.

ORDER OF EVENTS

SATURDAY:

- 7:30 am Gym Opens; Contest Starts 8:00am
- All Team Events
- All Solo Events with Music or that require full floor
- All remaining Individual Solo Events
- Team awards announced during afternoon
- Final Awards Presentation at end of day

AAU Baton & Dance Solo / Team Awards for all events **THAT ARE NOT** championships will be posted as they are available. Individuals can pick up awards after their last event.

Team Directors, please pick up team awards at the end of Contest

AAU MEMBERSHIP INFO:

- Participants who are **AAU Members**
 - Eligible to apply for the AAU Lettering Program.
 - Eligible to participate in the 2026 Junior Olympic Games.
- **AAU Membership is not included in the event entry fee.**
- AAU Membership must be obtained **BEFORE** competition day in order to receive member benefits and qualifications.
- Participants are encouraged to visit the AAU Website at www.aausports.org to obtain membership.
- This event is licensed by the Amateur Athletic Union of the U.S., Inc.

AAU BATON & OPEN EVENTS

Contest Age: Age as of 7/31/2026

Age Divisions, Levels, & Requirements:

See 2026 AAU Baton Twirling Rulebook.

AAU Team Events Offered:

Twirling Team, Dance-Twirl Team, Novelty Twirl Team, Street Parade Team, Show Twirl Team, Auxiliary Majorette Line, College Majorette Line, Auxiliary Pom Line, Auxiliary Dance Line, Auxiliary Drill Team, Auxiliary Guard, Twirling Corps, & Parade Corps.

High School and Collegiate Halftime

Open Team Events: (These teams do not qualify for AAU Junior Olympics).

Dance-Twirl Team and Novelty Twirl Team for Elementary, Middle and High School.

Team Age Divisions:

Kinder-0-5
Youth- 6-8
Juvenile- 9-11
Junior- 12-14
Senior- 15-18
College & Adult

Team Sizes for Twirling Team, Dance-Twirl Team, Novelty Twirl Team, Auxiliary Majorette Line: Extra-Small (2-3), Small (4-9), Large (10-19),

Extra-Large (20+)

Team Sizes for Corps: Small (10-14), Large (15-19),

Extra Large (20+)

Team Sizes for All Other Events: Small (4-9), Large (10-19), Extra-Large (20+)

Cost: \$13.00 per person, per routine.

(Each member on the Team that places 1-3, will receive a medal).

AAU BATON SOLO EVENTS

Contest Age: Age as of 7/31/2026

Age Divisions, Levels, & Requirements for Baton Solo Events: See 2026 AAU Baton Twirling Rulebook.

AAU Baton Solo Events Offered:

Basic Strut, Military Strut, Parade Strut, X-Strut, Straight-Line Strut, One-Baton, Two-Baton, Three-Baton, Multiple Baton, Hoop, Flag, Dance Twirl Solo, Novelty Solo, Collegiate Half-Time, Collegiate Down field.

Cost: \$12.00 per solo event

Cost: \$25.00 per Solo Song events

SOLO CHAMPIONSHIP EVENTS

NOTE: These Championship Events are NOT qualifying events for the AAU Junior Olympic Games. These are Title Events for the Florida District Only.

EVENTS & REQUIREMENTS:

- ◆ **Florida Twirling All-Star:** X-Strut, One-Baton Solo and Two-Baton Solo
 - Solo One-Baton determines competition level (One-baton score is used to break tie).
 - Levels offered: Novice, Beginner, Intermediate and Advanced
- ◆ **Florida Parade Majorette:** Perform Basic, Military Strut, and Parade Strut (Basic score is used to break tie).
 - Levels offered: Novice and Beginner only.
- ◆ **Open Elementary, Middle, High, Collegiate Champion:** Perform a Novelty Solo a One Baton Solo.
 - 2025-2026 school year grade determines division.
 - Levels offered:
 - Elementary: Grades 1-5
 - Middle: Grades 6-8
 - High: Grades 9-12
 - Collegiate

NOTE: Twirlers do not have to twirl for their schooline to compete in these divisions.

Cost per Title event: \$40.00

AAU ALL-AROUND BATON CHAMPIONSHIP EVENT

If you wish to enter the AAU All-Around Championship event at the 2026 AAU Junior Olympic Games competition, you must enter ALL of the events required for your division (refer to Rulebook for the list of required events).

DANCE TEAM/SOLO EVENTS

AGE DIVISION:

0-5 (Kinder), 6-8 (Youth), 9-11 (Juvenile), 12-14 (Junior), 15-18 (Senior), Collegiate

CONTEST AGE: AS OF 7/31/2026

TEAM SIZES: All Teams Except Production: Extra-Small (2-3), Small (4 -9), Large (10-19), Extra- Large (20+)

PRODUCTION TEAM SIZE: 10+

LEVEL: Recreational (no more than 1 ½ hrs in studio per wk), Competitive (more than 1 ½ hrs in studio per week), School Team

Cost: \$15.00 per person, per routine

Cost: \$30.00 per Solo Dance Event

AWARDS: Each team member receives a medal; results posted; directors pick up Team Awards.

TIME LIMITS: 1 ½-3 min (all teams except production); 6-8 min (production)

DANCE RULES: Will follow 2026 AAU Dance Rules.

DANCE TEAM EVENTS: Pom, Jazz, Lyrical, Modern/Contemporary, Hip Hop, Kick, Musical Theater/Character, Novelty, Ballet, Production

AWARDS

ALL AAU BATON & DANCE EVENTS

- Medals for Individual and Team Events
- Results will be posted for each event
- Awards can be picked up at the end of the day
- Directors pick up team events at the end of the day

AAU Championship Events:

- Special Gift Prize for 1st Place
- Trophy for 2nd & 3rd Places

PLACEMENTS:

Solo Events: Medals for 1st - 3rd Place

Team Events: Medals for 1st – 3rd Place

SPORTS PRESS TWIRLING PRESENTATION

SPORTS PRESS INTERVIEWS: \$15.00

Contestants will be interviewed by a “Sports Reporter” and have the opportunity to present their twirling and performance skills.

Twirlers will be interviewed about baton twirling and their twirling experiences and present a 30 second routine in a designated area as though a camera was filming.

Routine may exist of twirling (one baton, strutting, and poses to display twirler's skills and represent the best of baton twirling.

Age Divisions:

Elementary School, Middle School, High School, Collegiate.

**** NEW THIS YEAR, THE SPORTS PRESS TWIRLING PRESENTATION IS OPEN TO DANCERS.**

HOTELS IN ORLANDO, FL

- **Holiday Inn Express Hotel & Suites:** Orlando East UCF Area. 12250 East Colonial Drive, Orlando FL 32826. Tel #: 407-203-8595
- **Comfort Suites:** UCF/Research Park. 12101 Challenger Parkway, Orlando FL 32826. Tel #: 407-737-7303
- **Best Western:** 8750 East Colonial Drive, Orlando FL 32817. Tel #: 407-841-8600



FLORIDA CHAMPIONSHIP T-SHIRT ORDER FORM

Please order with the on-line entry form. **MUST BE ORDERED BY MARCH 19, 2026**

ATHLETE'S NAME: _____ PHONE: _____



**CUSTOM T-SHIRT
DESIGN COMING SOON**

SHIRT COLOR: Carolina Blue

CHAMPIONSHIP T-SHIRT ORDERS

Select Size	Size	Cost
	Youth Small 6-8	\$20
	Youth Medium 10-12	\$20
	Youth Large 14-16	\$20
	Adult Small	\$20
	Adult Medium	\$20
	Adult Large	\$20
	Adult X-Large	\$20
	Adult 2XL	\$23
TOTAL QUANTITY:		TOTAL COST:

NOTE: Please make sure to add the total amount of shirts needed and size in the entry form.

SHIRTS CAN BE PICKED UP AT THE CHECK-IN TABLE UPON ARRIVAL AT THE COMPETITION.



AAU Florida Baton & Dance Participant Waiver

ASSUMPTION OF RISK / WAIVER OF LIABILITY / INDEMNIFICATION AGREEMENT:

In consideration of being allowed to participate on behalf of the 2026 AAU Florida Baton & Dance Championship event, the undersigned acknowledges, appreciates and agrees that...

1. Participation includes possible exposure to and illness from infectious diseases, including but not limited to MRSA, influenza, and the novel COVID-19 virus. While particular discipline and practices implemented may reduce this risk of infection, the risk of serious illness and death does exist.
2. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS AAU Florida Baton & Dance, Candice Dowdy/Director, Brite Star Twirlers, their officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, school districts, and if applicable, owners and lessors of the premises used to conduct the event, WITH RESPECT TO ANY AND ALL ILLNESS, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF RELEASEES OR OTHERWISE, to the fullest extent permitted by law.
3. I, the undersigned or parent/guardian, do hereby give permission for the athlete named above to participate in the 2026 FLORIDA AAU Baton and Dance Championship. I recognize and acknowledge that there are certain risks of physical injury, and I agree to assume the full risk of injuries, damages or loss that, I or my minor child, may sustain as a result of participating in any activities connected with or associated with this competition.
4. I further release and hold harmless the Contest Director & Staff, AAU Florida Dance/Baton Twirling, Timber Creek High School and its officers, agents, servants, employees and representatives, from any claims for injury, illness, or loss that may be sustained.
5. I understand and will be responsible for any medical bills that may be incurred on behalf of my daughter/son/self for physical illness or injury they may sustain during the competition. The competition and its representatives reserve the right to send any participant/ attendee to a hospital for diagnosis and treatment, with the parent/guardian assuming full responsibility and costs.
6. I give permission for images of the athlete/myself to be captured during the competition to be used without further compensation to the athlete or myself. Images and videos may be used in promoting the competition and future events, press releases to local media, and Internet/social media sites pertaining to AAU, AAU Dance, and AAU Florida Baton Twirling.

I have read this release of liability and assumption of risk agreement, fully understand its terms, understand that I have given substantial rights by signing it, and sign it knowingly, freely, and voluntarily, without any inducement. I, as a legal parent/guardian, have read and explained the rules, expectations, & procedures to my child(ren) and they understand & accept the risks and responsibilities. I, for myself, my child(ren), and accompanying guests, give consent and agree to the terms previously stated for all liabilities related to the presence and participation in this event, even if caused by their negligence, to the fullest extent provided by law.

Name of Participant: _____

Participant/Parent/Guardian Signature: _____

Participant/Parent/Guardian Printed Name: _____

Date Signed: _____

Note: The signed waiver/release should be kept on file by the sports organizer for a least 7 years and possibly longer if the twirling participant has contracted a serious illness.