

# 2025 Florida Baton & Dance Regional Championship

This is a Super Regional Competition. All surrounding states are welcome.  
Open events are offered for Titles, Individual Solos, as well as Elementary, Middle,  
High School, and Collegiate Twirling & Dance Teams.



## CONTEST DIRECTORS:

Candice Dowdy (407) 617-9358 and Maria Cortes (407) 704-9977

**CONTEST DATE: Saturday, April 12, 2025**

**ENTRY DEADLINE: MARCH 19TH, 2025 (AWARDS HAVE TO BE ORDERED)**

*Entries received after this date will be charged a late fee of \$5.00 per event, maximum \$20.00*

**CONTEST LOCATION: EAST RIVER HIGH SCHOOL  
650 East River Falcons Way, Orlando, Florida 32833**

**TIME: Doors will open at 7:30 am. Contest will begin promptly at 8:00am**

**All events will be your Contest Age as of July 27, 2025**

**AAU MEMBERSHIP IS NOT REQUIRED TO PARTICIPATE IN OPEN EVENTS**

### 1. Participants who ARE AAU Members:

- Eligibility to win a scholarship and the Academic All American Award
- Eligibility to qualify to participate in the 2025 Junior Olympic Games

# GENERAL CONTEST INFO:

- **AAU BATON & DANCE RULES:** The 2025 AAU Baton Twirling Rulebook and the 2025 Dance Rulebook are available at [www.aaubaton.org](http://www.aaubaton.org) with submission of entry forms. AAU Membership must be obtained **PRIOR** to submitting entry (**NOTE AGES 18+:** Membership is not instant so please allow several days to process).
- **FACILITY FEE:** There will be a one-time \$15 facility fee per athlete. The facility fee will be in place of a door fee.  
**All solo and team participants** must pay this fee with their solo or team entry form.
- **PAYMENT:**  
Payment must be made when registering through the **Red-Podium** link. **NO PAPER ENTIES!!**
- **REFUNDS:**  
\*\*No refunds on entry fees or credits to other competitions will be given.
- **CHANGES TO ENTRIES:**  
The contest director reserves the right to make any changes deemed necessary. No changes by contestants may be made once an entry is received. ONLY errors made by the contest director will be corrected the day of the contest.  
**NO ENTRIES WILL BE ACCEPTED THE DAY OF THE CONTEST.**
- **FOOD:**  
A concession stand will be provided during the day. Outside food or drinks are allowed, but not in the gym.
- **MUSIC:**  
All team and solo events that require music must email the music director an **MP3 file** to [kemericaaau@gmail.com](mailto:kemericaaau@gmail.com) by the **March 19** entry deadline. Music will be played on a laptop through the sound system at the contest. Team directors and Solo Dancers should also bring a back-up copy for your music.

- **WAIVERS:** Waivers must be signed & submitted with entry form for every participant in the competition (solo and team members). Participants will not be allowed to participate unless the necessary forms have been properly completed and signed by a parent/legal guardian or participant.

## ORDER OF EVENTS

### SATURDAY:

- 7:30 am Gym Opens; Contest Starts 8:00am
- All Team Events
- All Solo Events with Music or that require full floor
- All remaining Individual Solo Events
- Team awards announced during afternoon
- Final Awards Presentation at end of day

AAU Baton & Dance Solo / Team Awards for all events **THAT ARE NOT** championships will be posted as they are available.

Individuals can pick up awards after their last event.

Team Directors, please pick up team awards at the end of Contest

## AAU MEMBERSHIP INFO:

- Participants who are **AAU Members**
  - Eligible to win the Academic All-American Award and a scholarship.
  - Eligible to participate in the 2025 Junior Olympic Games.
- **AAU Membership is not included in the event entry fee.**
- AAU Membership must be obtained **BEFORE** competition day in order to receive member benefits and qualifications.
- Participants are encouraged to visit the AAU Website at [www.aausports.org](http://www.aausports.org) to obtain membership.
- This event is licensed by the Amateur Athletic Union of the U.S., Inc.

# AAU BATON & OPEN EVENTS

**Contest Age:** Age as of 7/27/2025

**Age Divisions, Levels, & Requirements:**  
See 2025 AAU Baton Twirling Rulebook.

## AAU Team Events Offered:

Twirling Team, Dance-Twirl Team, Novelty Twirl Team, Street Parade Team, Show Twirl Team, Auxiliary Majorette Line, College Majorette Line, Auxiliary Pom Line, Auxiliary Dance Line, Auxiliary Drill Team, Auxiliary Guard, Twirling Corps, & Parade Corps.

## High School and Collegiate Halftime

**Open Team Events:** (These teams do not qualify for AAU Junior Olympics).  
Dance-Twirl Team and Novelty Twirl Team for Elementary, Middle and High School.

**Team Sizes for Twirling Team, Dance-Twirl Team, Novelty Twirl Team, Auxiliary Majorette Line:**  
Extra-Small (2-3), Small (4-9), Large (10-19), Extra-Large (20+)  
**Team Sizes for Corps:** Small (10-14), Large (15-19), Extra Large (20+)  
**Team Sizes for All Other Events:** Small (4-9), Large (10-19), Extra-Large (20+)

**Cost: \$13.00 per person, per routine.**

# AAU BATON SOLO EVENTS

**Contest Age:** Age as of 7/27/2025

**Age Divisions, Levels, & Requirements for Baton Solo Events:**  
See 2025 AAU Baton Twirling Rulebook.

## AAU Baton Solo Events Offered:

Basic Strut, Military Strut, Parade Strut, X-Strut, Straight-Line Strut, One-Baton, Two-Baton, Three-Baton, Multiple Baton, Hoop, Flag, Dance Twirl Solo, Novelty Solo, Collegiate Half-Time, Collegiate Down field.

**Cost: \$12.00 per solo event**

**Special Event:**  
**Sports Press Twirling Presentation \$15.00**

# SOLO CHAMPIONSHIP EVENTS

**NOTE:** These Championship Events are NOT qualifying events for the AAU Junior Olympic Games. These are Title Events for the Florida District Only.

## EVENTS & REQUIREMENTS:

- ◆ **Florida Twirling All-Star:** X-Strut, One-Baton Solo and Two-Baton Solo
  - Solo One-Baton determines competition level (One-baton score is used to break tie).
  - Levels offered: Novice, Beginner, Intermediate and Advanced
- ◆ **Florida Parade Majorette:** Perform Basic, Military Strut, and Parade Strut (Basic score is used to break tie).
  - Levels offered: Novice and Beginner only.
- ◆ **Open Elementary, Middle, High, Collegiate Champion:** Perform a Novelty Solo a One Baton Solo.
  - 2024-2025 school year grade determines division.
  - Levels offered:
    - Elementary: Grades 1-5
    - Middle: Grades 6-8
    - High: Grades 9-12
    - Collegiate

**NOTE:** Twirlers do not have to twirl for their school line to compete in these divisions.

**Cost per Title event: \$45.00**

# AAU ALL-AROUND BATON CHAMPIONSHIP EVENT

If you wish to enter the AAU All-Around Championship event at the **2025** AAU Junior Olympic Games competition, you must enter **ALL** of the events required for your division (refer to Rulebook for the list of required events).

## DANCE TEAM EVENTS

**AGE DIVISIONS:** 0-6 (Tot), 7-9 (Juvenile), 10-13 (Junior), 14 -18 (Senior), 19-22 College (University/College), 23+ (Adult)

**CONTEST AGE:** AGE AS OF 7/27/2025

**TEAM SIZES (All Teams Except Production):** Extra-Small (2-3), Small (4-9), Large (10-19), Extra-Large (20+)

**PRODUCTION TEAM SIZE:** 10+

**LEVELS:** Recreational (no more than 1 ½ hrs in studio per wk), Competitive (more than 1 ½ hrs in studio per week), School Team

**COST:** \$12.50 per person, per routine

**AWARDS:** Each team member receives a medal; results posted; directors pick up team awards.

**TIME LIMITS:** 1 ½-3 min (all teams except production); 6-8 min (production)

**DANCE RULES:** Will follow 2025 AAU Dance Rules.

**DANCE TEAM EVENTS:** Pom, Jazz, Lyrical, Modern/Contemporary, Hip Hop, Kick, Musical Theater/Character, Novelty, Ballet, Production

## AWARDS

### All AAU Baton & Dance Events:

- Medals for Individual and Team Events
- Results will be posted for each event
- Awards can be picked up at the end of the day
- Directors pick up team events at the end of the day

### AAU Championship Events:

- Trophy & Championship Prize for 1<sup>st</sup> Place
- Trophy for 2<sup>nd</sup> & 3<sup>rd</sup> Places

### PLACEMENTS:

**Solo Events:** Medals for 1<sup>st</sup> – 3<sup>rd</sup> Place

**Team Events:** Medals for 1<sup>st</sup> – 3<sup>rd</sup> Place

## FLORIDA ACADEMIC ALL-AMERICAN AWARD

The application for the 2025 Florida Academic All-American Baton and Dance Award is attached in this entry packet. This award recognizes athletes for their academic achievements. It is open to all athletes that enter either solo or team events. One Award Winner will be selected from each; Elementary, Middle, High School, and College level. The winners will be announced at the contest and will be able to pick up their award.

### Applications must be mailed to:

Maria Cortes  
6366 Aspen Glen Circle  
Boynton Beach, FL 33437

**NO ENTRY FEE!**

**AAU MEMBERSHIP IS REQUIRED TO BE ELIGIBLE FOR THIS AWARD.**

## HOTELS IN ORLANDO, FL

- **Holiday Inn Express Hotel & Suites:** Orlando East UCF Area. 12250 East Colonial Drive, Orlando FL 32826. Tel #: 407-203-8595
- **Comfort Suites:** UCF/Research Park. 12101 Challenger Parkway, Orlando FL 32826. Tel #: 407-737-7303
- **Best Western:** 8750 East Colonial Drive, Orlando FL 32817. Tel #: 407-841-8600



## FLORIDA CHAMPIONSHIP T-SHIRT ORDER FORM

Please order with the on-line entry form. **MUST BE ORDERED BY MARCH 19, 2025**

ATHLETE'S NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_



***CUSTOM T-SHIRT  
DESIGN COMING SOON***

SHIRT COLOR: TBD

### CHAMPIONSHIP T-SHIRT ORDERS

Select Size	Size	Cost
	Youth Small 6-8	\$20
	Youth Medium 10-12	\$20
	Youth Large 14-16	\$20
	Adult Small	\$20
	Adult Medium	\$20
	Adult Large	\$20
	Adult X-Large	\$20
	Adult 2XL	\$23
<b>TOTAL QUANTITY:</b>		<b>TOTAL COST:</b>

**NOTE:** Please make sure to add the total amount of shirts needed and size in the entry form.

**SHIRTS CAN BE PICKED UP AT THE CHECK-IN TABLE UPON ARRIVAL AT THE COMPETITION.**



# AAU Florida Baton & Dance Participant Waiver

## ASSUMPTION OF RISK / WAIVER OF LIABILITY / INDEMNIFICATION AGREEMENT:

*In consideration of being allowed to participate on behalf of the 2025 AAU Florida Baton & Dance Championship event, the undersigned acknowledges, appreciates and agrees that...*

1. Participation includes possible exposure to and illness from infectious diseases, including but not limited to MRSA, influenza, and the novel COVID-19 virus. While particular discipline and practices implemented may reduce this risk of infection, the risk of serious illness and death does exist.
2. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS AAU Florida Baton & Dance, Candice Dowdy/Director, Brite Star Twirlers, their officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, school districts, and if applicable, owners and lessors of the premises used to conduct the event, WITH RESPECT TO ANY AND ALL ILLNESS, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF RELEASEES OR OTHERWISE, to the fullest extent permitted by law.
3. I, the undersigned or parent/guardian, do hereby give permission for the athlete named above to participate in the 2025 FLORIDA AAU Baton and Dance Championship. I recognize and acknowledge that there are certain risks of physical injury, and I agree to assume the full risk of injuries, damages or loss that, I or my minor child, may sustain as a result of participating in any activities connected with or associated with this competition.
4. I further release and hold harmless the Contest Director & Staff, AAU Florida Dance/Baton Twirling, East River High School and its officers, agents, servants, employees and representatives, from any claims for injury, illness, or loss that may be sustained.
5. I understand and will be responsible for any medical bills that may be incurred on behalf of my daughter/son/self for physical illness or injury they may sustain during the competition. The competition and its representatives reserve the right to send any participant/ attendee to a hospital for diagnosis and treatment, with the parent/guardian assuming full responsibility and costs.
6. I give permission for images of the athlete/myself to be captured during the competition to be used without further compensation to the athlete or myself. Images and videos may be used in promoting the competition and future events, press releases to local media, and Internet/social media sites pertaining to AAU, AAU Dance, and AAU Florida Baton Twirling.

**I have read this release of liability and assumption of risk agreement, fully understand its terms, understand that I have given substantial rights by signing it, and sign it knowingly, freely, and voluntarily, without any inducement. I, as a legal parent/guardian, have read and explained the rules, expectations, & procedures to my child(ren) and they understand & accept the risks and responsibilities. I, for myself, my child(ren), and accompanying guests, give consent and agree to the terms previously stated for all liabilities related to the presence and participation in this event, even if caused by their negligence, to the fullest extent provided by law.**

**Name of Participant:** \_\_\_\_\_

**Participant/Parent/Guardian Signature:** \_\_\_\_\_

**Participant/Parent/Guardian Printed Name:** \_\_\_\_\_

**Date Signed:** \_\_\_\_\_

**Note: The signed waiver/release should be kept on file by the sports organizer for a least 7 years and possibly longer if the twirling participant has contracted a serious illness.**



# 2025 AAU Baton and Dance Academic All-American Award Application



We are proud to announce that we are accepting applications for the  
***2025 AAU Florida Baton and Dance Academic All-American Award.***

This award will recognize athletes competing in the AAU Florida Baton-Dance Championships on **April 12, 2025** in Orlando, FL for their excellence in academics as well as their athletics. Florida Baton and Dance would like to honor those top academic athletes and congratulate them on their success with an All-American certificate & medal.

All athletes competing in the 2025 Florida Baton & Dance Championships **MUST BE AAU MEMBERS** to be eligible to apply for this award. Athletes **MUST** show high academic standings in the quarters/semester that they have already taken part in during the 2024-2025 academic school year. Athletes must also take part in either team or solo events for baton and/or dance at this year's competition. All grades (Elementary, Middle, High and College) are eligible to apply for this award.

**Solo and Team athletes must MAIL this application and required documents in separately.**

## **RETURN APPLICATIONS TO:**

THE AAU Florida Baton & Dance Gulf Coast District Director  
**Maria Cortes - 6366 Aspen Glen Circle, Boynton Beach, Florida 33437**

The deadline for submission is postmark **March 19, 2025.**

**Applicants must enclose a photo (wallet to 5x7 size) with  
their application. Name on back of photo.**

The District Director will review all applications with the help of a committee and one winner from each division will be chosen. Winners will also be announced on the AAU Florida Baton-Dance Facebook Page. The winner will receive their All-American award at the 2025 Florida Baton & Dance Competition on April 12th.

**IF YOU WOULD LIKE TO APPLY FOR THE ACADEMIC ALL- AMERICAN AWARD  
PLEASE COMPLETE THE FORM ON THE NEXT PAGE AND MAIL IT TO MARIA CORTES.**

# 2025 AAU Florida Baton and Dance Academic All-American Award Application

## Personal Info: (To be completed by Athlete)

Athlete Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ AAU Membership Number: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

\_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Contact Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Please circle the types of event(s) you competed in at this year's competition: SOLO TEAM

Please circle the sport(s) you competed in at this year's competition: BATON DANCE

## SCHOOL INFO: (TO BE COMPLETED BY ATHLETE/PARENT)

Grade (for 2024-2025 School Year): \_\_\_\_\_ Name of School: \_\_\_\_\_ City/

State of School: \_\_\_\_\_ Please mark

quarters you have been named to the **ACADEMIC** Honor Roll for the 2023-2024 School Year: \_\_\_\_\_ 1<sup>st</sup> \_\_\_\_\_ 2<sup>nd</sup> \_\_\_\_\_ 3<sup>rd</sup> GPA (for

Middle and High School students): \_\_\_\_\_ GPA Scale: \_\_\_\_\_

Class Rank (for Middle and High School students): \_\_\_\_\_ out of \_\_\_\_\_

**\*\*\*Please send in a copy of athletes latest report card.**

In a few sentences explain why you feel you should be honored with an AAU Florida Baton & Dance Academic All-American Award?

*Please write legibly, clearly and concise. Additional papers or academic resume can be attached to this application if needed.*

\_\_\_\_\_  
Signature of Athlete

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date

**\*Reminder: Please double check all requirements. If not met, the applicant will be removed from application pool.**