



**COMMAND  
PRESENCE**  
TRAINING

**August 25, 2026**  
**8:00 am–5:00 pm**

## Trauma-Informed: Building Resiliency in Public Safety Careers

Public safety professionals are routinely exposed to traumatic and crisis incidents at rates far higher than the general public. This course helps first responders understand how trauma affects behavior and how to safely respond during high-stress encounters.

Participants will explore the neurobiology of trauma, the stress cycle, and common trauma responses. The course also covers practical strategies for improving on-scene safety, de-escalating crisis situations, building resilience, and supporting long-term well-being.

### Key Takeaways:

- Understand how trauma impacts behavior in crisis situations
- Recognize signs of trauma responses and apply safe intervention strategies
- Understand the stress cycle and the effects of repeated trauma exposure
- Strengthen emotional intelligence and resilience through practical self-care

**8 hours**

**Who should attend?**  
**This course is designed  
all public safety  
professionals.**

Hosted by:  
Elyria Police  
Department



Location:  
Elyria Police Department  
18 West Avenue  
Elyria, OH 44035

**Cost: \$229**

**Early Bird: \$199 until 6/29/26**

**Groups (4+): \$199**

**Register: <https://bit.ly/4mf8jqo>**

### Contact Us!

**(833) LE-TRAIN**  
**(833) 538-7246**

**[info@commandpresence.net](mailto:info@commandpresence.net)**

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training  
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