COMMAND PRESENCE TRAINING

June 8, 2026
8:00 am–5:00 pm

Trauma-Informed: Building Resiliency in Public Safety Careers

Public safety professionals are routinely exposed to traumatic and crisis incidents at rates far higher than the general public. This course helps first responders understand how trauma affects behavior and how to safely respond during high-stress encounters.

Participants will explore the neurobiology of trauma, the stress cycle, and common trauma responses. The course also covers practical strategies for improving on-scene safety, de-escalating crisis situations, building resilience, and supporting long-term well-being.

Key Takeaways:

- Understand how trauma impacts behavior in crisis situations
- Recognize signs of trauma responses and apply safe intervention strategies
- Understand the stress cycle and the effects of repeated trauma exposure
- Strengthen emotional intelligence and resilience through practical self-care

8 hours

Who should attend?
This course is designed all public safety professionals.

Hosted by:
DeWitt Township Police Department

Location:
DeWitt Township Fire Station #1
16164 Old US 27
Lansing, MI 48906

Cost: $149
Early Bird: $99 (ends 4/13/26)
Groups (4+): $99
Register: https://bit.ly/4u9JD6a

Contact Us!
(833) LE-TRAIN
(833) 538-7246
info@commandpresence.net

Scan the QR code to view our entire training schedule.