

De-Escalation: Strategies for Best Possible Outcomes

De-escalation is a word that is frequently discussed by community members, politicians, and the media, but it is rarely defined and often misunderstood. This course empowers participants to have intelligent, evidence-informed conversations with the public and provides valuable tools for engaging with people in crisis. Not all situations can be "de-escalated," but this course focuses on tools to help achieve the best possible outcomes. Through guided discussions, small group exercises and practical participants will:

- Explain the truths of de-escalation to members of the public
- Learn to self-regulate their emotions in highstress environments
- Explore the foundational elements of all human mental functions (thoughts, emotions, behaviors)
- Learn effective tools for dealing with persons in crisis
- Explore response tactics for best possible outcomes

Contact Us!

(833) LE-TRAIN (833) 538-7246

info@commandpresence.net

Scan the QR code to view our entire training schedule.





March 5, 2026 8:00 AM to 5:00 PM

8 hours

Who should attend?

This course is designed for Sworn Personnel, Correctional Officers, Dispatchers, Trainers, Supervisors, and Investigators.

Hosted by: Fairhope Police Department



Location:

Fairhope Fire Station 2 19875 Thompson Hall Rd. Fairhope, AL 36532

Cost: \$229

Early Bird: \$199 (until 1/2/26)

Registration:

https://bit.ly/3LDP63A