



Virtual Run, Walk, Bike Details

What is a Virtual Run, Walk, Bike Event? How does it work & why should I do it?

From Friday, October 13 – Tuesday, October 31, 2017, join us and run, walk or bike **3.21 miles** (3.21 because people with Down Syndrome are born with 3 copies of the 21st chromosome) to raise funds for 2 amazing Down Syndrome Charities. This is something that can be done by anyone, anywhere, any time night or day, at any pace, during any # of days. You can walk, run or bike all 3.21 miles at one time or complete the distance in smaller increments during any combination of days and distances that works best for you. You can even do it indoors on a treadmill or stationary bike - so just about anyone can do it! Just be sure to wear your craziest socks to raise awareness and show your support for Down syndrome individuals!

Virtual Run, Walk, Bike

- When: Friday, October 13, 2017 through Tuesday, October 31, 2017
- Where: Anywhere in the world
- Time: Any time that fits your schedule
- Distance: 3.21 miles
- Wear: Your craziest pair of socks
- Cost: \$32.10 per US participant
\$37.50 per international participant
(Earlybird \$10 discount if you register before 10/1/17– use code “Socks10”)
(5\$ discount if you register on/before 10/15/17– use code “Socks5”)



Medal

All participants receive this exclusive, great looking, 3", custom designed medal & ribbon