

## **VIRTUAL 5K DETAILS**

## What is a Virtual 5K, how does it work & why should I do it?

Join us and run or walk a 5K (3.1 miles) to raise funds to help fund medical research to find a therapy and cure for ADOA, a rare pediatric disease that causes moderate to severe, untreatable vision loss. This is something that can be done by anyone, anywhere, any time night or day, at any pace, during any # of days. You can walk or run all 3.1 miles at one time or complete the distance in smaller increments during any combination of days and distances that works best for you. You can even do it indoors on a treadmill - so just about anyone can do it!

When: Friday, September 21, 2018 through Sunday, September 30, 2018

Where: Anywhere in the world

Time: Any time that fits your schedule

Cost: \$20 per Student/Child

\$25 per non-Student/Child

Prizes: Chance to win prizes throughout the race week

## Medal:

All participants receive this exclusive, really cool looking, 3", custom designed medal & ribbon

