



ACTIVITIES & ADVENTURES

PLEASE CONTACT AN OASIS AMBASSADOR TO SIGN-UP FOR ACTIVITIES & ADVENTURES

MONDAY

Start Time	End Time	Activity	Location	Price
7:00AM	7:55AM	Yoga	Stonehouse	-
7:30AM	10:30AM	Via Ferrata	Lodge	\$150/pp
8:10AM	8:30AM	Meditation	Lodge	-
9:15AM	10:30AM	Guided Hike	Lodge	-
1:30PM	2:15PM	History Tour	Lodge	-
4:00PM	5:00PM	Farm Tour	Farm	-

TUESDAY

Start Time	End Time	Activity	Location	Price
7:00AM	7:55AM	Yoga	Stonehouse	-
7:30AM	10:30AM	Via Ferrata	Lodge	\$150/pp
8:10AM	8:30AM	Meditation	Lodge	-
9:15AM	10:30AM	Guided Hike	Lodge	-
4:00PM	5:00PM	Farm Tour	Farm	-

WEDNESDAY

Start Time	End Time	Activity	Location	Price
7:00AM	7:55AM	Yoga	Stonehouse	-
8:10AM	8:30AM	Meditation	Lodge	-
9:15AM	10:30AM	Guided Hike	Lodge	-
4:00PM	5:00PM	Farm Tour	Farm	-
4:00PM	5:00PM	Petroglyph Tour	Lodge	-

THURSDAY

Start Time	End Time	Activity	Location	Price
7:00AM	7:55AM	Yoga	Stonehouse	-
7:30AM	10:30AM	Via Ferrata	Lodge	\$150/pp
8:10AM	8:30AM	Meditation	Lodge	-
9:15AM	10:30AM	Guided Hike	Lodge	-
11:30 AM	12:30 PM	Paddle Board Yoga	Lower Hot Springs	-
4:00PM	5:00PM	Farm Tour	Farm	-
4:00PM	5:00PM	Petroglyph Tour	Lodge	-

FRIDAY

Start Time	End Time	Activity	Location	Price
7:00AM	7:55AM	Yoga	Stonehouse	-
7:30AM	10:30AM	Via Ferrata	Lodge	\$150/pp
8:10AM	8:30AM	Meditation	Lodge	-
9:15AM	10:30AM	Guided Hike	Lodge	-
11:30 AM	12:30 AM	Paddle Board Yoga	Lower Hot Springs	-
1:30PM	2:30PM	Paddle Board Yoga	Lower Hot Springs	-
3:00 PM	4:00 PM	Wine Tasting	Harvest	\$25/pp
4:00PM	5:00PM	Farm Tour	Farm	-

SATURDAY

Start Time	End Time	Activity	Location	Price
7:00AM	7:55AM	Yoga	Stonehouse	-
7:30AM	10:30AM	Via Ferrata	Lodge	\$150/pp
8:10AM	8:30AM	Meditation	Lodge	-
9:15AM	10:30AM	Guided Hike	Lodge	-
11:30 AM	12:30 AM	Paddle Board Yoga	Lower Hot Springs	-
1:30PM	2:15PM	History Tour	Lodge	-
1:30PM	2:30PM	Paddle Board Yoga	Lower Hot Springs	-
4:00PM	5:00PM	Farm Tour	Farm	-

SUNDAY

Start Time	End Time	Activity	Location	Price
7:00AM	7:55AM	Yoga	Stonehouse	-
7:30AM	10:30AM	Via Ferrata	Lodge	\$150/pp
8:10AM	8:30AM	Meditation	Lodge	-
9:15AM	10:30AM	Guided Hike	Lodge	-
4:00PM	5:00PM	Farm Tour	Farm	-
4:00PM	5:00PM	Petroglyph Tour	Lodge	-

AVAILABLE ON-DEMAND

Mountain e-bikes
Pickleball
Bocce ball
Frisbee
Chip n' Putt
S'mores

Castle Hot Springs Oasis of Time Documentary (After 5:30PM Only)

* We request sign-up for activities 24 hrs. before departure time in order for us to provide adequate staffing. Adventures and Activities can be arranged through the Oasis Ambassadors at the Front Desk. All activities are subject to change due to weather and or keeping safe guide ratios.

ACTIVITIES & ADVENTURES DESCRIPTIONS

FARM TOUR

Join our flavor farmers as they guide you through a 1-hour, tour of our diverse farm operations. Explore the process of true farm to table while discovering the flavors of the season you enjoy in our dining room.

HISTORY TOUR

Arizona's first resort starting in 1896 and welcoming presidents, tycoons, artists and many other prominent figures over the last century who were drawn to the hot springs and wonderful weather. Take a step into the past to learn the incredible history that is Castle Hot Springs. Meet at the Lodge.

MEDITATION

During these 25 minutes, we teach guided concentration methods with a focus on breathing, providing a calming effect and aimed to reduce stress. A great way to start the day. Meet at the Stone House.

PETROGLYPH TOUR

Experience a combination of low impact hiking while learning about the unique 100 and 900 hundred year old petroglyphs and rock carvings in our private canyon! Total distance is less than one mile but so much to see! Currently a maximum of 8 guests per tour. Meet at the Lodge.

WINE TASTING

Join our certified Level Two Sommelier as you're guided through an interactive wine tasting featuring the varietals offered at Castle Hot Springs. Learn about the nuances of food and wine pairings, increasing your wine IQ to become expert entertainers at home.

S'MORES

Grab a blanket and cozy up next to the fire while we roast marshmallows and gaze up at the stars, planets and constellations that light up the night sky. Stop by Bar 1896 on your way over and order up your very own Graham Daddy cocktail. Created to perfectly pair with your fireside s'more, our talented mixologists create this delectable cocktail with House-infused graham cracker Bourbon, Whistle Pig maple syrup, mole bitters, black walnut bitters and a charred marshmallow chocolate garnish. Please see your Bartender or Server to request this service.

GUIDED HIKE

Hiking is a great way experience the Sonoran Desert and spend time with our knowledgeable guides. Explore our many trails and the secret corners of our 1200 acre property while learning a variety of fun facts about our Oasis in the desert. Long pants and closed toe shoes are recommended. We can supply a backpack and water. Bring your camera and sense of adventure. Meet at the Lodge. Max of 10 hikers per hike.

PADDLE BOARD YOGA

For yogis of all levels, meditate with a splash during a session of hot springs paddle board yoga. Relax as you listen to the sound of trickling water and test your balance in our largest and coolest spring pool. Reserve your spot with our Oasis Ambassadors. Ability to swim required; bring water and sunscreen. Meet at the Lowest Hot Spring Pool.

VIA FERRATA

New for 2020, We are excited to announce our state of the art Via Ferrata. The Via Ferrata course provides the feel of mountain climbing using metal rungs and steel cables, all while under the careful supervision and support of our professional guides and equipment. This unique adventure is only a few minutes walk from the main lodge. Talk to any of the Staff, Oasis Guides or Oasis Ambassadors for more details. This is offered daily to the first 4 guests to sign up every

YOGA

Our Yoga instructors have been teaching for over 20 years and are versed in a wide range of styles that are adapted to the class. This 55 minute class will prepare you for the day with a gentle combination of stretching, breathing, toning and relaxation delivered in both seated and standing movements. All experience levels welcome. Meet at the Stone House. Max of 8 guests per class.

CASTLE HOT SPRINGS: OASIS OF TIME

Released in 2019, "Oasis of Time" celebrates Castle Hot Springs' extensive history that dates back over a century. This inspiring 40 minute film was directed & written by Emmy-award winning filmmaker, Kristi Atwell. Please visit our Oasis Ambassadors at the Front Desk to request this service.