# THE HIDING PLACE

Part 2

Psalm 32

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**"Sin, if we do not take care of it will begin to sicken us. And this is not what God desires for us."**

—Bryan Chapell

## Introduction

In Psalm 32, the Psalmist is bold enough to talk about the consequences of lack of confession. After all, you know the Psalm is not merely saying that confession blesses believers, but that lack of confession sickens believers.

## Key Points

~We want to confess and feel our hearts are right before God. But in church others sometimes look as if they are so well put together. So, we end up wearing masks, and covering up our sins. And it gets us thinking that God won't love, or accept us, unless we're perfect, that we got it all put together. But in Psalm 32, we find that God is our hiding place, that He's the place we can go for refuge.

"I confess to you that part of the difficulty in my own life, the thing over which I wrestle the most, is unforgiveness. I recognize that when I have served people, when I have given my best, when I have given my heart, and suddenly, there is the report that comes of blame, of accusation, of willingness to hurt, and harm, by the very people I have tried to help, what happens in me, is anger, is bitterness, is rage.

And I confess, I've had the nights I could not sleep, I could not eat. I have lost weight in worry about how to respond to particular things. I'm not proud of it. I simply say what the scriptures are saying is true, that there can be the reality of sin in us, that if we do not take care of it, it begins to sicken us. And it is not what God desires for us. And so He says plainly to us, "Confess your sin, that this lack of peace, this lack of sleep, this lack of nutrients in your life would be gone. The very purpose that God has grace for us, is to suppress guilt that would otherwise destroy us."

~With confession, there is immediate forgiveness of God. He is faithful and just to forgive our sins immediately.

## Next Steps

Is unconfessed sin in your life making you sick? Take your sin to God today. He will immediately forgive you. You can be confident of that.

## NOTES

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