

UNICITY MELATONIN



Melatonin helps control your sleep and wake cycles. Sometimes the body does not produce adequate amounts of melatonin for its needs. The body's ability to synthesize melatonin may decrease with age. Melatonin, from Unicity, is the easy way to complement the body's production of this important hormone.

SUGGESTED USE

Take one tablet daily as needed.

Melatonin is non-habit forming when taken as directed.

BENEFITS

Helps increase quality and amount of sleep for people suffering from sleep restriction or an altered sleep schedule. *

Helps to relieve the daytime fatigue associated with jet lag. *

Helps to reduce the time it takes to fall asleep in people with delayed sleep phase syndrome. *

Helps reset the body's sleep-wake cycle. *

AUDIENCE

Primary Target: People suffering from sleep restriction.

Secondary Target: Individuals looking for a sleep aid while traveling.

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, cure, treat, or prevent any disease.

Supplement Facts

Serving Size 1 Tablet	
Servings Per Container 60	
Amount Per Serving	% Daily Value
Melatonin 2.5 mg	†
† Daily Value not established.	

INGREDIENTS

Sorbitol, Magnesium Stearate, Peppermint Oil and Peppermint Leaf.