

UNICITY BALANCE GLUCOSE



Everyone knows the virtues of having a balanced life, but actually living one can be difficult. Juggling demands from family, friends, work, play, and all the many surprises life holds can make it difficult to find any kind of equilibrium. Fortunately, when it comes to balancing your body, Balance can help.

Many of us struggle with feeling off-kilter when it comes to eating. With Balance, you can avoid extremes. Balance can curb your

hunger so that you don't need to go from feeling famished to accidentally overeating. It can also help your body regulate the food you're consuming; no more spikes of glucose and insulin! With Balance you'll be on track to burn fat and feel better.

BENEFITS

Slows digestion to reduce hunger and prevent spiking blood sugar levels*

Supports healthy cholesterol levels with dietary fiber*

Helps the body turn more glucose into energy instead of fat*

SUGGESTED USE

Simply mix one sachet of Balance with 8 oz. of water and drink it 10-15 minutes prior to your meal.

Balance should be taken before a meal twice a day.

For the best results, limit your carbs and stick to the 4-4-12 rule. The 4-4-12 rule spaces your meals and allows for fat-burning intervals in between.

AUDIENCE

Because different lives require different balances, Balance comes in two formulas:

[Balance's Bios Life Cholesterol](#)

[Balance's Bios Life Glucose](#)

Primary Target: Individuals who want to take control of and manage their health.

Nutrition Facts	
Serving Size 1 Packet (7.25 g) Servings Per Container 60	
Amount Per Serving	% Daily Value*
Calories 10	Calories from Fat 0
Total Fat 0 g	0%
Sodium 0 mg	0%
Total Carbohydrate 5 g	2%
Dietary Fiber 4 g	16%
Soluble Fiber 4 g	†
Insoluble Fiber 0 g	†
Other Carbohydrates 1 g	†
Protein 0 g	
Vitamin A (100% as Beta-Carotene) 15%	Vitamin C 70%
Calcium 10%	Vitamin E 60%
Thiamin 100%	Riboflavin 100%
Niacin 100%	Vitamin B-6 90%
Folic Acid 60%	Vitamin B-12 35%
Biotin 6%	Zinc 15%
Not a significant source of Saturated Fat, Trans Fat, Cholesterol, Sugars, or Iron.	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
†Percent Daily Value is not established.	
	Calories 2,000 2,500
Total Fat	Less than 65 g 80 g
Sat Fat	Less than 20 g 25 g
Cholesterol	Less than 300 mg 300 mg
Sodium	Less than 2,400 mg 2,400 mg
Total Carbohydrate	300 g 375 g
Dietary Fiber	25 g 30 g

OTHER INGREDIENTS

INGREDIENTS: Biosphere Fiber® (Guar Gum, Gum Arabic, Locust Bean Gum, Maltodextrin, Citrus Pectin, Oat Fiber, Beta Glucan), Nutri-Fiber™ (Proprietary Blend of Plant Derived Polysaccharides, Natural & Artificial Flavors, Calcium Carbonate, Stevia, Citric Acid), Vitamin Complex™ (Calcium Carbonate, Vitamin C (Ascorbic Acid), Vitamin A (Beta-Carotene), Vitamin E (d-alpha Tocopheryl Acetate), Niacin (Niacinamide), Zinc (Zinc Gluconate), Vitamin B1 (Thiamine HCl), Biotin, Vitamin B2 (Riboflavin), Folic Acid, Vitamin B6 (Pyridoxine HCl), Vitamin B12 (Cyanocobalamin)), Orange Juice Powder, Citric Acid.