

# MARYLAND TRACK & FIELD

## INDOOR TOP 10s -- WOMEN

Marks in 2021 in bold... Current Terps in caps  
 (b) - mark on banked track... Mark listed is not converted  
 (o) - oversized track

2/13/2021

### 55 METERS

1	6.95	Stacy Minott	Husker Invitational	1997
2	7.08	Tesheya Hoist	Navy Invitational	1996
3	7.09	D'Ambour Lewis	Middle Tennessee Classic	2009
4	7.14	Shawna Morgan	Bucknell Invitational	2000
5	7.16	Onome Pela	Navy Invitational	1996
6	7.17	Toni Jefferson	Bucknell Invitational	2000
7	7.20	DeAnna Brown	Middle Tennessee Classic	2009
8	7.24	Lynn Hernandez	Bucknell Invitational	2000
t9	7.27	Alexis Booker	Middle Tennessee Classic	2009
t9	7.27	Rashida Twiggs	Navy Inv. & Bucknell Inv.	2000
<u>Hand Times</u>				
	6.8	Stacey Minott	Navy Invitational	1998
	6.9	Tesheya Hoist	Navy Invitational	1998

### 60 METERS

1	7.45	Stacy Minott	ECAC Championships	2000
2	7.47	Toni Jefferson	ACC Championships	2002
3	7.48	DeAnna Brown	Sat. Nite at the Armory II	2011
4	<b>7.49</b>	<b>BRIA MACK</b>	<b>Spire Inst. Big Ten Invite</b>	<b>2021</b>
5	7.50	Teyarnte Carter	ECAC Championships	2004
t6	7.57	Tesheya Hoist		1999
t6	7.57	Deborah Olawuni	Penn State National Invitational (Finals)	2018
t8	7.59	D'Ambour Lewis	Terrapin Indoor Invitational	2011
t8	7.59	Lynn Hernandez	Maryland Invitational	2006
t8	7.59	JAIDA SMITH	Nittany Lion Challenge (Finals)	2019

### 200 METERS

1	24.10	Tia Burley	ACC Championships	2001
2	24.20 (b)	DESTINY WARD	Frank Sevigne Husker Invite	2020
3	24.22	Candyce DeLoatch	ACC Championships	2000
4	24.23 (b)	Toni Jefferson	Virginia Tech Challenge	2003
5	24.30 (b)	DeAnna Brown	Sat. Nite at the Armory II	2011
6	24.40 (b)	Micha Powell	Nittany Lion Challenge	2017
7	24.49 (b)	D'Ambour Lewis	ACC Championships	2009
8	24.50 (b)	Dai'lyn Merriweather	Penn State National Invitational	2018
9	24.54	Teyarnte' Carter	ACC Championships	2004
10	24.59	Tesheya Hoist	ACC Championships	1999

### 300 METERS

1	37.89 (o)	Lisa Meneau	Spire Collegiate Invitational	2017
2	38.28 (o)	XAHRIA SANTIAGO	Spire NCAA Div. 1 Classic	2018
3	38.70 (b)	Jai'lyn Merriweather	Nittany Lion Challenge	2018
4	38.77	Micha Powell	Terrapin Indoor Invitational	2017
5	39.39	DESTINY WARD	Terrapin Indoor Invitational	2020
6	39.78 (b)	Venida Fagan	Penn State National	2019
7	40.15	CHEYENNE JONES	Terrapin Indoor Invitational	2020
8	40.25 (o)	Chandler Baxter	Spire NCAA Div. 1 Classic	2018
9	40.79	Taylor Tucker	Terrapin Indoor Invitational	2016
10	40.97 (o)	NADIA HACKETT	Spire NCAA Div. 1 Classic	2018

**400 METERS**

1	52.56	(o)	Micha Powell	Big Ten Indoor Championships	2016
2	53.86	(o)	Jai'lyn Merriweather	Big Ten Indoor Championships (prelims)	2018
3	53.91		Candyce DeLoatch	ACC Championships	2000
4	54.17	(o)	XAHRIA SANTIAGO	Big Ten Indoor Championships (prelims)	2018
5	54.21	(b)	Kiani Profit	Sat. Nite at the Armory II	2011
6	54.38	(b)	Tia Burley	Meyo Invitational	2004
7	54.41	(b)	Michelle Fedrick	Virginia Duals	2009
8	55.15		Renee Clarke	ECAC Championships	2006
9	55.47	(b)	CHEYENNE JONES	Big Ten Indoor Championships (prelims)	2019
10	55.73		Sharon Scotland		1991

**500 METERS**

1	1:12.36	(b)	Jai'lyn Merriweather	Penn State National Invitational	2018
2	1:12.46	(b)	Micha Powell	Penn State Relays	2016
3	1:13.27		Tia Burley	Father Diamond Invitational	2004
4	1:14.02		Renee Clarke	UMES Lid-Lifter	2006
5	1:14.07	(b)	Julie Sinkovitz	Sat. Night at the Armory	2013
6	1:14.23	(b)	Catherine Voelpel	Penn State National	2017
7	1:14.27	(b)	Myah Hicks	Sat. Night at the Armory II	2012
8	1:14.40	(b)	Shade Pratt	Lafayette/Rider Winter Games (Armory)	2014
9	1:14.71	(b)	MACKENZIE MORGAN	Navy Select	2020
10	1:14.77		Candyce DeLoatch	Navy Invitational	2000

**600 METERS**

1	1:30.04	(o)	Catherine Voelpel	Big Ten Indoor Championships	2017
2	1:31.46	(b)	Julie Sinkovitz	Nittany Lion Challenge	2013
3	1:33.16	(o)	Dallyssa Huggins	Spire NCAA Div. 1 Classic	2018
4	1:33.27	(b)	Shade Pratt	Frank Sevigne - Husker Invitational	2015
5	1:34.62	(b)	MACKENZIE MORGAN	Penn State National	2020
<b>6</b>	<b>1:34.68</b>	<b>(b)</b>	<b>KAMI JOI HICKSON</b>	<b>Penn State Tri</b>	<b>2021</b>
6	1:34.77	(b)	Rachelle Alexander	Frank Sevigne - Husker Invitational	2017
7	1:34.84	(o)	OBICHI ONWUKWE	Spire NCAA Div. 1 Classic	2018
8	1:34.89	(o)	Alexandra Cimino	Big Ten Indoor Championships	2016
9	1:35.09		Myah Hicks	Terrapin Invitational	2015
10	1:35.29		Alexandra Lucki	Terrapin Indoor Invitational	2016

**800 METERS**

1	2:06.54	(b)	Julie Sinkovitz	Columbia Last Chance	2013
2	2:07.87	(o)	Myah Hicks	Big Ten Indoor Championships	2015
3	2:08.00		Bobbie McGee		1984
4	2:09.67	(b)	Kiani Profit	NCAA Pentathlon	2011
5	2:09.91		ALEXANDRA LUCKI	Spire Invitational	2016
6	2:10.47	(o)	Charlotte Staver	Big Ten Indoor Championships	2016
7	2:10.53		Rosalind Taylor	ACC Championships	1989
8	2:10.69	(b)	MACKENZIE MORGAN	Frank Sevigne Husker Invitational	2020
9	2:10.99		Kerrie Bowes		1996
10	2:11.07	(o)	Dallyssa Huggins	Big Ten Indoor Championships - Pentathlon	2017

**1,000 METERS**

1	2:44.82		Rosalind Taylor	NCAA Championships	1987
2	2:46.49		Alexandra Lucki	Spire Collegiate Invitational	2017
3	2:50.40	(b)	Myah Hicks	Hokie Invitational	2014
4	2:50.70		Bobbie McGee	George Mason	1984
5	2:51.10		Kerrie Bowes		1996
6	2:52.29	(b)	Ashley Cromartie	Nittany Lion Challenge	2011
7	2:52.50		Carolyn Forde		1984
8	2:52.73	(b)	Julie Sinkovitz	Hokie Invitational	2014
9	2:52.91	(b)	MACKENZIE MORGAN	Darius Dixon Memorial Invite	2020
9	2:53.49	(o)	Alexa Squirini	Spire Collegiate Invitational	2017
10	2:53.82		Maryam Fikri	Nittany Lion Challenge	2013

### MILE

1	4:39.09		Rosalind Taylor	NCAA Championships	1989
2	4:40.84	(o)	ALEXANDRA LUCKI	Spire NCAA Div. 1 Classic	2018
3	4:45.7h	(mt)	Carolyn Forde	Boston University	1984
4	4:47.09		Kerrie Bowes	ACC Championships	1996
5	4:47.80		Pat Walker		1982
6	4:48.62		Bobbie McGee	Dartmouth	1984
7	4:49.63	(b)	Danielle Siebert	New Balance Collegiate	2006
8	4:53.22	(b)	Ashley Cromartie	Millrose Collegiate Invitational	2012
9	4:53.75		Meghan White	ECAC Championships	2000
10	4:53.92	(b)	Myah Hicks	Doc Hale VT Elite	2014

### 3,000 METERS

1	9:20.92		Carolyn Forde	Meadowlands	1984
2	9:34.83		Rosalind Taylor	Dual vs. Navy	1988
3	9:35.61		Alexandra Lucki	Nittany Lion Challenge	2018
4	9:40.86		Meghan Braffet	ECAC Championships	2005
5	9:41.96		Katie Purcell	ECAC Championships	2006
6	9:42.10		Kerrie Bowes		1996
7	9:44.86		Pat Walker		1983
8	9:47.79	(b)	CHRISTINE LAURIE	Penn State National	2020
9	9:49.28	(o)	Brittany Lang	Music City Challenge	2019
10	9:52.93		Justine Kovacs	ECAC Championships	2004

### 5,000 METERS

1	16:32.95	(b)	Meghan Braffet	New Balance Collegiate	2006
2	16:40.64	(b)	Katie Purcell	New Balance Collegiate	2006
3	17:03.2h	(mt)	Mary Walsh	ECAC Championships	1982
4	17:10.53	(o)	BRITTANY LANG	Spire NCAA Div. 1 Classic	2018
5	17:11.34	(o)	KATHRYN GEARHART	Big Ten Indoor Championships	2017
6	17:19.76		Becky Yep	ACC Championships	2014
7	17:24.93	(b)	Sydney Almeida	Armory Track Invitational	2017
8	17:26.12		Kate Kanetzky	Terrapin Invitational	2014
9	17:28.98	(b)	Cori Koch	Penn State National Open	2006
10	17:32.6h	(mt)	Beth Jacobson	Yale	1988

### 55-METER HURDLES

1	7.97		Paula Girven		1979
2	8.03		Christina Smith	ACC Pentathlon	2008
3	8.06		Chanel Williams	Virginia Tech Invitational	2008
4	8.20		Thema Napier	Bucknell Invitational	2000
5	8.22		Tiffany Hester	Bucknell Invitational	1998
6	8.24		Amber Stanley	Maryland Invitational	2001

7	8.28	Kiani Profit	Virginia Tech Invitational	2008
8	8.30	Onome Pela		1999
9	8.32	Katie Rogus	ACC Pentathlon	2008
10	8.36	Yolanda Brown	Delaware Invitational	1998

#### **60-METER HURDLES**

1	8.36	Lisa Meneau	Spire Collegiate Invitational	2017
2	8.38	Thea LaFond	Big Ten Indoor Championships	2015
3	8.40	Kiani Profit	NCAA Pentathlon	2010
4	8.49	Kierra Foster	UNC Indoor Madness	2003
5	8.50	Peyton Wade	Big Ten Indoor Championships - Pentathlon	2017
6	8.51	NADIA HACKETT	Big Ten Indoor Championships	2020
7	8.52	Thema Napier	ACC Championships	2002
8t	8.58	Amber Stanley	ECAC Championships	2002
8t	8.58	Noella Anyangwe	Terrapin Invitational	2016
10	8.59	Chanel Williams	Penn State National Open	2007

#### **4x200 RELAY**

1	1:39.36	Lisa Meneau - Taylor Tucker Micha Powell - Kayla Richardson	Armory Track Invitational	2016
2	1:41.97	Deborah Olawuni - Chandler Baxter Taylor Tucker - Kayla Richardson	Penn State Relays	2016

#### **4x400 RELAY**

1	3:35.89	(o) Xahria Santiago - Dai'Lyn Merriweather Cheyenne Jones - Jai'Lyn Merriweather	Big Ten Indoor Championships	2018
2	3:35.97	(o) Meneau-CooperV-Voelpel-Powell	Big Ten Indoor Championships	2017
3	3:37.87	(o) Napier-Hamilton-Jefferson-Burley	Alex Wilson Invitational	2002
4	3:38.59	(o) Meneau-Tucker-Voelpel-Powell	Big Ten Indoor Championships	2016
5	3:39.52	(o) Meneau-Voelpel-Cooper-Powell	Spire Collegiate Invitational	2017
6	3:39.98	Santiago-Jones-Ward-Fagan	Big Ten Indoor Chamionships	2020
7	3:40.17	(b) Meneau-Cooper-Voelpel-Powell	Penn State National	2017
8	3:41.47	(b) Meneau-Voelpel-Alexander-Powell	Nittany Lion Challenge	2017
9	3:41.51	team unavailable	USA Indoor Nationals	2000
10	3:41.92	(b) Profit-McKay-Statham-Brown	ACC Championships	2010

#### **4x800 RELAY**

1	8:52.24	Robin Grim- McKinnon- Sharon Scotland - Dana Colligan		1991
2	9:04.15	(b) Cromartie-Bumpas-Sinkovitz-Hicks	Sat. Nite at the Armory II	2012
3	9:08.72	Profit-Cromartie-Fricke-Nelson	Patriot Games	2010
4	9:09.06	(b) Lucki-Staver-VandeWater-Squirini	Penn State Relays	2016
5	9:10.07	(b) Fikri-Hicks-Bumpas-Sinkovitz	Sat. Night at the Armory	2013
6	9:17.01	(b) Cromartie-Fikri-A.Sinclair-Bumpas	NYRR Sat. Night at the Armory	2011

#### **DISTANCE MEDLEY RELAY**

1	11:25.37	(o) Christine Laurie - Cheyenne Jones Emily Bracher - Alexandra Lucki	Big Ten Indoor Championships	2018
2	11:25.63	(o) Squirini-Cooper-Alexander-Lucki	Big Ten Indoor Championships	2017
3	11:29.17	(o) Lucki-Tucker-Staver-VandeWater	Big Ten Indoor Championships	2015
4	11:31.39	(b) Cromartie-Brown-Hicks-Fricke	ACC Championships	2012
5	11:37.01	(b) Squirini-Cooper- Huggins-Lucki	Nittany Lion Challenge	2017
6	11:43.00	Colligan-McKinnon-Crawford-Grim		1986
7	11:43.31	(b) Nelson-Olugbemi-Cromartie-Matyus	Virginia Tech Elite	2009

8	11:44.74	(b)	Fikri-Pratt-VandeWater-Hicks	ACC Championships	2013
9	11:45.76	(b)	Sinkovitz-Brannock-Fikri-Hicks	Virginia Tech Elite	2013
10	11:45.77	(b)	Laurie-Fagan-Morgan-Lang	Big Ten Indoor Championships	2019

### HIGH JUMP

1	6-01.50		Amina Smith	ACC Outdoor Championships*	2014
2	6-01.25		Amber Melville	ACC Championships	2014
3	6-01.00		Paula Girven		1980
4	6-00.75		Thea LaFond	ACC Pentathlon	2014
5	6-00.00		Jolene Chase		1979
6	5-11.50		Vanessa Jones	ECAC Championships	2000
7	5-10.75		Peyton Wade	Big Ten Indoor Championships - Pentathlon	2017
8	5-10.50		Toni Aluko	ECAC Championships	2005
9	5-09.75		Isabella Laurel	Armory Track Invitational	2015
10	5-09.25		Dallyssa Huggins	Penn Stat National - Pentathlon	2017
11	5-08.75		Kiani Profit	NCAA Pentathlon	2011

\* - Event moved indoors due to rain

### POLE VAULT

1	12-09.50		Natalie Dye	ECAC Championships	2003
2	12-05.50		Zhanna Barer	New Balance Collegiate	2005
3	12-00.50		Kaitlyn Fitzgerald	Virginia Tech Challenge	2007
4	11-11.75		GWENDOLYN ZECHOWSKI	Liberty Flames Invitational	2019
5	11-03.75		Meghan Walsh	New Balance Collegiate	2005
t6	10-06.00		Jaime Dorshimer	Bucknell Invitational	1998
t6	10-06.00		Meghan Watts	Delaware Invitational	2004

### LONG JUMP

1	21-08.00		Kierra Foster	ACC Championships	2006
2	21-03.25		Lynn Hernandez	NCAA Championships	2006
3	20-03.00		Thea LaFond	Big Ten Indoor Championships	2014
4	20-02.50		Jewel Smith	Nittany Lion Challenge	2019
5	20-00.50		Punnie Chittchang	ACC Championships	2001
6	20-00.25		Kiani Profit	ACC Championships	2011
7	19-09.00		Linda Spent		n/a
8	19-07.00		Kayla Richardson	Terrapin Invitational	2018
9	19-06.25		Toni Aluko	Thomson Invitational	2008
10	19-04.75		Melody Vaughn	ACC Championships	1999

### TRIPLE JUMP

1	43-09.25		Marchelle Payne	ACC Championships	1992
2	43-06.50		Thea LaFond	ACC Championships	2014
3	41-02.50		Nikki Webster	ACC Championships	1999
4	40-07.00		LEAH BLACKALL	Music City Challenge	2019
5	40-02.00		Shenae Dawkins	Penn State Invitational	2004
6	40-00.75		Kayla Richardson	Penn State National Invitational	2018
7	39-11.50		Toni Aluko	Virginia Tech Challenge	2007
8	39-08.75		Punnie Chittchang	ACC Championships	2001
9	39-08.50		Arielle Statham	Terrapin Invitational	2012
10	39-05.00		Kierra Foster	Meyo Invitational	2003

### SHOT PUT

1	55-11.75		Marita Walton		1982
2	54-11.5		ANGEL NKWONTA	Nittany Lion Opener	2021

3	52-08.25	Chioma Onyekwere	Big Ten Indoor Championships	2015
4	52-06.00	Claudia Ababio	Big Ten Indoor Championships	2018
5	51-03.50	Moriah Young	ACC Championships	2013
6	50-07.25	Jillian Anwah	New Balance Collegiate	2008
7	49-00.25	Tracy Ojeniyi	Blue Heaven Rumble	2002
8	48-02.50	Ashley Williams	Maryland Invitational	2009
9	47-09.75	Bria Johnson	ECAC Championships	2006
10	47-01.00	Aysha Gregory	New Balance Collegiate	2008

### **20-POUND WEIGHT THROW**

<b>1</b>	<b>70-01.00</b>	<b>ANGEL NKWONTA</b>	<b>Penn State Invite</b>	<b>2021</b>
2	69-05.50	Chioma Onyekwere	Big Ten Indoor Championships	2016
3	66-09.25	Ruth Kura	Armory Collegiate	2002
4	63-09.50	Claudia Ababio	Big Ten Indoor Championships	2017
5	63-04.75	Moriah Young	ACC Championships	2013
6	62-06.00	Ashley Williams	ECAC Championships	2009
7	60-05.25	Kristen Batts	ACC Championships	2011
8	60-02.00	Jillian Anwah	New Balance Collegiate	2008
9	59-12.00	ALICE BARNSDALE	Darius Dixon Memorial Invite	2020
10	59-01.50	Zakiya Shivers	ACC Championships	2006

### **PENTATHLON**

1	4,396	Kiani Profit	NCAA Championships	2011
	<i>(60H: 8.41; HJ: 5-8.75; SP: 39-4.50; LJ: 19-3.50; 800m: 2:09.67)</i>			
2	4,222	Thea LaFond	ACC Championships	2014
3	4,100	Linda Spent		1985
4	4,059	Peyton Wade	Big Ten Indoor Championships	2017
5	4,025	Dallyssa Huggins	Frank Sevigne - Husker Invitational	2017
6	3,731	Chanel Williams	ACC Championships	2009
7	3,704	Katie Rogus	ACC Championships	2008
8	3,684	CHLOE ROYCE	Big Ten Indoor Championships	2020
9	3,493	Christina Smith	ACC Championships	2007
10	3,476	Heather Houston	ACC Championships	2004

Need perf lists for 1998