

2021-2022 Student-Athlete Handbook



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Introduction

Maryland Director of Intercollegiate Athletics, Damon Evans, welcomes both incoming and returning student-athletes to the 2021-2022 academic year and our eighth as a member of the Big Ten Conference. This chapter highlights our department philosophy and history as well as the importance of serving our WHY.



MARYLAND STUDENT-ATHLETES:

I am honored and humbled to serve as the Director of Athletics at the University of Maryland. **One Maryland** is a mantra you will hear emphasized throughout our department. Simply put: the whole is greater than the sum of its parts. All of us – student-athlete, staff member or coach – share at least one thing in common – an undeniable passion for this University. Unifying our efforts and collaborating as **One Maryland** is essential to our success and ability to move forward. After all, as a **T.E.A.M.**, Together Everyone Achieves More.

The 2021-2022 edition of the Student-Athlete Handbook has been created in order to ensure you understand the expectations and responsibilities of being a student-athlete at the University of Maryland. Furthermore, the guidelines for the Student-Athlete Code of Conduct are detailed to you within this handbook, so please make sure you read them carefully.

Finally, we have implemented [Terps ICA Feedback](http://ter.ps/icafeedback), which is an online platform that will allow you to submit secure feedback surrounding any comments or concerns you may have. When you visit <http://ter.ps/icafeedback>, you will be prompted to select your sport and then enter your feedback. I encourage you to speak out if you have a challenge, concern, or issue.

As a reminder, the following methods are still available as additional ways you can provide feedback:

- Meet with me, your sport supervisor, or the faculty athletics representative (FAR)
- Talk with your athletic trainer, academic counselor, learning specialist and/or SAAC representative
- Set up an appointment with our Sports Psychologist
- Complete a confidential end-of-the-year survey

I wish you much success – both academically and athletically – throughout the 2021-2022 academic year. The entire ICA Staff looks forward to the upcoming year and providing you with the support you need to achieve at the highest levels!

#ONEMARYLAND



Damon Evans
Director of Athletics
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PHILOSOPHY

ACADEMIC & ATHLETIC EXCELLENCE. We will be dedicated and fully devoted to recruiting student-athletes and fielding teams that exemplify excellence in the athletic as well as the academic arena. We will be committed to student-athlete welfare and improving the overall student-athlete experience and development. We shall enhance our program by establishing a disciplined culture that embraces and expects athletic and academic success. It is our responsibility to ensure that athletics is an integral part of high education.

UNIVERSITY ALIGNMENT. To achieve our intended objectives, we first must understand the mission, goals, expectations and strategy of the University. In addition, it is paramount to define and clearly articulate our vision and fundamental purpose. We shall align our objectives with the objectives of the institution and operate as one. We must utilize the visibility of athletics to reinforce the mission of the University. Furthermore, it is important to integrate academics into athletics.

PERSONNEL. A critical success factor that will have a significant impact on us meeting our goals and objectives is PEOPLE. People represent our most important asset. More specifically, the right people are a valuable commodity. We will invest in the right people; those who are self-disciplined, express disciplined thought, and take disciplined action coinciding with the University's policies, goals and vision. We shall empower them by building a culture around the ideas of freedom and responsibility. We will demonstrate a commitment to a thriving departmental culture by identifying and exhibiting effective practices to attract, recruit, and retain highly talented and diverse coaches and staff.

MEASURABLE RESULTS. We will measure the success of our program based upon our performance in four key areas. Those areas are: Academics, Rules Compliance, Fiscal Responsibility, and Competitive Excellence. We must understand the significance of each area and how they directly relate and/or impact one another. It shall be our goal to perform at the highest level in each discipline. It must be understood that the lack of rules compliance, fiscal integrity, and academic achievement will inevitably have a negative impact on our athletic success. Each area demands special attention and it is imperative that we provide such.

PROUD PAST, FEARLESS FUTURE. Finally, we will accomplish our goals by upholding the values and rich traditions of the institution. We must always respect the many accomplishments of the past, however, we must embrace change and stimulate progress for current and future success. It shall be our responsibility to build upon the foundation that has been laid and position this department for future growth and success.



HISTORY OF TESTUDO

Testudo, the official mascot of the University of Maryland, is a Diamondback terrapin. In 1932, the then football coach Dr. H. Curley Byrd suggested that the Diamondback terrapin be made the school mascot. The Diamondback terrapin, which is the Maryland State Reptile, is native to the Chesapeake Bay. The origin of the name Testudo is unknown. Some believe it was derived from the scientific classification for turtle, *testudines*, or from *testudo gigantia*, a species native to Africa. The derivation of the word, Testudo, comes from the Latin word for a protective shelter used for Roman soldiers' heads, similar to a tortoise shell.

The Class of 1933 donated the first bronze terrapin. A live Diamondback terrapin had been used as a model for the creation of the 300 pound statue. After his unveiling in May 1933, Testudo took his place in front of Ritchie Coliseum. After years of kidnapping, spray painting, and being clothed in opponents' uniforms, Testudo went into hiding until 1951. Testudo was filled with 700 pounds of cement and placed outside of Byrd Stadium. However, after protest from the student body that Testudo should be among the rest of the student population, he was moved to his current location in front of McKeldin Library.

Starting in 1992, bronze replicas of Testudo began to appear around campus. In 1992, a duplicate was placed in front of the football complex, and in 1995, another was placed inside the Cole Field House lobby. In the summer of 2002, Testudo moved from the Cole Field House to the XFINITY Center. While Testudo continues to preside over campus, myths continue to surround the 1,000 pound mascot. Rubbing his nose is supposed to bring good luck (hence Testudo's unusually shiny nose).

ALMA MATER

Hail Alma Mater
Hail To Thee, Maryland,
Steadfast In Loyalty,
For Thee, We Stand.
Love For The Black And Gold,
Deep In Our Hearts We Hold,
Singing Thy Praise Forever,
Throughout The Land

MARYLAND VICTORY SONG

Maryland, We Are All Behind You.
Wave High The Black And Gold,
For There Is Nothing Half So Glorious
As To See Our Team Victorious.
We've Got The Team, Boys,
We've Got The Steam, Boys,
So Keep On Fighting, Don't Give In!
M-A-R-Y-L-A-N-D
Maryland Will Win!



THE BIG TEN CONFERENCE - A BRIEF HISTORY

Known as one of intercollegiate sports' most successful undertakings, the Big Ten is home to a lineage of legendary names and an ongoing tradition of developing strong leaders. Even in its infancy, the conference established itself as the preeminent collection of institutions in the nation, where the pursuit of academic excellence prevailed as the definitive goal.

The history of the Big Ten traces back more than 120 years to the Palmer House hotel in Chicago, where on January 11, 1895, then-Purdue president James H. Smart and leaders from the University of Chicago, University of Illinois, University of Michigan, University of Minnesota, Northwestern University and University of Wisconsin set out to organize and develop principles for the regulation of intercollegiate athletics. At that meeting, a blueprint for the administration of college athletics under the direction of appointed faculty representatives was outlined. The presidents' first known action "restricted eligibility for athletics to bonafide, full-time students who were not delinquent in their studies." That important legislation, along with other legislation that would follow in the coming years, served as the primary building block for intercollegiate athletics.

On February 8, 1896, one faculty member from each of those seven universities met at the same Palmer House and officially established the mechanics of the conference, which was officially incorporated as the "Intercollegiate Conference Athletic Association" in 1905.

Indiana University and the State University of Iowa became the eighth and ninth members in 1899. In 1908, Michigan briefly withdrew its membership, and in 1912 Ohio State University joined the conference, bringing its membership total back to nine. Upon Michigan's return in 1917, the conference was first referred to as the "Big Ten" by media members, and that name was eventually incorporated in 1987.

As the 1900s opened, faculty representatives established rules for intercollegiate athletics that were novel for the time. As early as 1904, the faculty approved legislation that required eligible athletes to meet entrance requirements and to have completed a full year's work, along with having one year of residence.

In 1901, the first Big Ten Championship event was staged when the outdoor track and field championships were held at the University of Chicago. The debut event marked what is now a staple of conference competition. Today, the Big Ten sponsors 28 official sports, 14 for men and 14 for women, including the addition of men's ice hockey and men's and women's lacrosse over the last four years. Big Ten schools compete in a total of 42 different sports, furthering the conference's commitment to broad-based programming and providing more participation opportunities than any conference in the country.

One of the conference's proudest traditions began in 1902 when Michigan took on Stanford in the Rose Bowl, the nation's first bowl game. Big Ten teams only appeared in Pasadena twice before the conference signed an exclusive contract with the Tournament of Roses in 1946, making it the first bowl game with permanent conference affiliations. But Michigan's appearance in 1902 cultivated a

relationship that has endured for more than a century. In January 2014, Michigan State defeated Stanford in the 100th Rose Bowl Game. Coupling the academic goals set forth by the leaders of the charter members of the conference and their steadfast commitment to athletics, the conference instituted the Big Ten Medal of Honor in 1915. It is awarded annually by each conference institution to a student of the graduating class who has attained the greatest proficiency in scholarship and athletics. For more than 100 years, it has been the most prestigious honor a student competing in Big Ten athletics can receive.

In 1922, Major John L. Griffith became the conference's first "Commissioner of Athletics." Griffith was the first of five men to assume the role of commissioner in the conference's history, followed by Kenneth L. "Tug" Wilson in 1945, Bill Reed in 1961, Wayne Duke in 1971 and current commissioner James E. Delany in 1989.

After nearly 30 years with 10 members, the conference consolidated to nine schools when the University of Chicago formally withdrew its membership in 1946. Michigan State College (now Michigan State University) was added to the Big Ten three years later, bringing the number of affiliated conference schools to 10 once again.

In 1955, the Big Ten formulated a revenue-sharing model designed to pool all football television rights of its members and share those proceeds equally. The conference and its members continue to utilize a revenue-sharing model, dividing media rights, bowl payouts and other profits among all conference institutions.

While academics have always played an integral role in the conference, presidents of the Big Ten member institutions formalized the primacy of academics with the establishment of the Big Ten Academic Alliance (formerly the Committee on Institutional Cooperation) in 1958. The Big Ten Academic Alliance is an academic consortium of all Big Ten universities. Annually, the schools currently constituting the Big Ten Academic Alliance produced over \$10 billion in funded research, \$5 billion more than any other conference.

In one of Duke's first actions as commissioner, he oversaw the adoption of the Big Ten Advisory Commission in 1972, designed to study conference programs and make suggestions which would further Big Ten objectives. The Advisory Commission enlists former students that competed in Big Ten athletics to serve as liaisons to the NCAA's Diversity and Inclusion Department, the Big Ten Student-Athlete Advisory Commission and other organizations.

In 1981, the conference presidents and chancellors endorsed a proposal that enabled universities to affiliate their women's intercollegiate programs with the conference, and the first conference championships for women were staged that fall. The Big Ten was the first conference to voluntarily adopt male and female participation goals after launching its Gender Equity Action Plan in 1992.

In December of 1989, the conference agreed in principle to invite Pennsylvania State University for membership. On June 4, 1990, the Council of Presidents officially voted to integrate Penn State into the conference, giving the Big Ten 11 members.

In 2004, the Big Ten implemented a pilot program of instant replay for college football. Following the season, the conference forwarded replay proposals to the NCAA regarding the future use of instant replay, where it approved country-wide testing in 2005. In 2006, the NCAA approved the use of instant replay for all conferences.

In 2006, Delany announced the creation of the first conference-owned television network, a 20-year

agreement with FOX Networks to create what would become the Big Ten Network (BTN). Launched on Aug. 30, 2007, BTN now produces more than 1,500 events across all platforms each year. BTN is in more than 60 million homes in the U.S. and Canada via the nation's major cable, satellite and telco providers and more than 300 additional cable operators across the country. BTN2Go is the digital extension of BTN, delivering live and on-demand programming to computers, smartphones and tablets and also is accessible outside the U.S., Canada and the Caribbean via BTN2Go International.

On June 11, 2010, the Big Ten Council of Presidents/Chancellors (COP/C) approved a formal membership application by the University of Nebraska, expanding the conference to 12 institutions. Nebraska officially joined the Big Ten on July 1, 2011.

The conference expanded its footprint further in 2012 when the COP/C approved formal membership applications from the University of Maryland and Rutgers University on November 19 and 20, respectively. Maryland and Rutgers became official Big Ten members on July 1, 2014, giving the conference almost 9,500 students participating in intercollegiate athletics and more than 11,000 participation opportunities on 350 teams.

On June 3, 2013, the Big Ten announced that Johns Hopkins University had been accepted as the conference's first sport affiliate member. Johns Hopkins' addition in men's lacrosse gave the Big Ten six institutions sponsoring the sport, allowing the debut of men's lacrosse as an official conference sport and building on the Big Ten's tradition of broad-based sports competition. On June 17, 2015, the conference announced that Johns Hopkins was accepted as a sport affiliate member for women's lacrosse beginning with the 2016-17 academic year. On March 23, 2016, the conference announced that Notre Dame will join the Big Ten for men's ice hockey beginning with the 2017-18 academic year.

Since opening in the fall of 2013, the Big Ten conference center hosts more than 300 meetings annually for member institutions, Big Ten Academic Alliance (formerly CIC) related committees and coaches' groups. The headquarters also features an interactive digital museum - the Big Ten Experience - which brings the conference's storied academic and athletic history to life. For more information on the Big Ten Experience, go to bigten.org.

In June 2014, the Big Ten opened a second office in New York City, featuring both office and meeting space in Midtown Manhattan. Big Ten staff members are based in the New York City office to provide expanded coverage and service, while other conference and institutional administrators utilize the space as necessary when conducting business on the East Coast. The Big Ten and its member institutions also have access to satellite office space in Washington, D.C.

Delany and his staff work to meet the educational needs of students competing in intercollegiate athletics to allow them to excel in all areas of their lives. The conference office manages 28 different championships and tournaments, offers legislative and compliance services, oversees the production and distribution of more than 1,400 events annually, provides staff services to coaching and administrative personnel and services media and fans interest for information on the Big Ten.

More than 120 years after its inception, the Big Ten remains a national leader in intercollegiate athletics on and off the field. Big Ten programs have combined to win more than 450 team and 1,800 individual national championships, consistently taking home individual honors for athletic and academic accomplishments and fulfilling the Big Ten's mission of academic achievement and athletic success.

ATHLETIC DEPARTMENT PRIORITIES

The 2021-2022 Student-Athlete Handbook has been prepared for a wide audience but more specifically for University of Maryland student-athletes to become better acquainted with various policies and procedures as established by the University, the Big Ten Conference, and the National Collegiate Athletic Association (NCAA). As a Maryland student-athlete, it is your responsibility to be aware of, and to understand, the various policies and procedures as outlined in this handbook. Athletics department staff will be happy to assist you with any questions you may have and encourage you to always ask questions regarding what regulations and/or policies might govern a particular action as it may impact your eligibility.

As student-athletes, you also need to be aware of the University of Maryland Code Of Student Conduct, which may be found at the following link on the University President's home page - <http://www.president.umd.edu/policies> outlining the rules that govern student conduct at the University of Maryland. The Athletics Department and Head Coaches may have higher standards and expectations for student-athletes than those which are expected of other Maryland students in general. You can find the Code of Student Conduct outlined in this handbook. It is imperative to make sure you are familiar with the University's Code of Student Conduct as well as the expectations set forth by the Athletics Department and your Head Coach.

The University of Maryland is an academic community. Its fundamental purpose is the pursuit of knowledge. Like all other communities, The University can function properly only if its members adhere to clearly established goals and values. Essential to the fundamental purpose of the University is the commitment to the principle of truth and academic honesty. Accordingly, the Code of Academic Integrity (<http://president.umd.edu/policies/iii100a.html>) is designed to ensure that the principle of academic honesty is upheld. While all members of the University share this responsibility, the Code of Academic Integrity is designed so that special responsibility for upholding the principle of academic honesty lies with the students. This handbook, specifically Chapter 4 outlining the Student Code of Conduct, will provide you information and act as a resource for understanding what defines academic misconduct and the ramifications of cheating.

The University of Maryland athletic department prioritizes a culture, climate, and community that respects differences and values inclusion. All staff, coaches, student-athletes, fans, and visitors are expected to conduct themselves respectfully and honorably. Constituents are expected to behave in a manner that is not disruptive, threatening, harmful, racist, sexist, homophobic, transphobic or demeaning towards any persons. The department and university are committed to the prevention and appropriate response to all forms of discrimination, harassment, and misconduct. All are encouraged to seek out the Senior Associate AD for Diversity, Equity, Inclusion/Organizational Effectiveness as a point person and resource for such matters. Additional resources are located in the appendix of this handbook.

Maintain access to this handbook for quick reference as it contains important information you will likely need during your time as a student-athlete at the University of Maryland. This handbook references general guidelines which student athletes will be expected to abide by in addition to all Athletics Department, Big Ten Conference and NCAA policies.



Gossett Student-Athlete Center

The University of Maryland Gossett Student-Athlete Center (GSAC) is a comprehensive and innovative academic support program developed to serve student-athletes. The goal of the GSAC and ICA, is to produce graduates who are prepared to serve as leaders in the local, state and global communities.



ATHLETIC ACADEMIC COUNSELING

The University of Maryland is among the most comprehensive and successful athletic programs in the United States with 20 sport programs and approximately 500 student-athletes. The University is a member of the prestigious Association of American Universities, the Big Ten Conference (B1G), and the National Collegiate Athletic Association (NCAA).

Athletic Academic Counselors (AACs) in the GSAC provide academic support for all University of Maryland student-athletes. They are knowledgeable concerning issues of Big Ten Conference and NCAA continuing eligibility and how various academic procedures affect the unique lifestyle of a Maryland student-athlete. The AACs are also responsible for informing and educating student-athletes on all University of Maryland, Big Ten Conference, and NCAA academic standards and regulations. They work cooperatively with College appointed advisors to assist Maryland student-athletes in navigating University Degree programs and academic requirements as well as monitoring ongoing progress towards degree. The AACs are also responsible for meeting with prospective student-athletes and parents during the recruiting process to provide an overview of the academic services provided to student-athletes.

In addition to monitoring and recording academic progress for all assigned student-athletes, AACs assist the various college academic advising offices during new student orientations and throughout priority registration periods. They collaborate with various college offices and identified university units to develop common policies, procedures, and information-sharing processes. The AACs work closely with designated college advisors and the Director of the GSAC in tracking and reporting Big Ten Conference and NCAA continuing eligibility.

STUDY HALL INFORMATION FOR STUDENT-ATHLETES

The main GSAC office can be found on the 1st floor of the XFINITY Center. The satellite facility or annex is located in the Gossett Football Team House where the majority of services for football student-athletes take place.

The GSAC/XFINITY Center offers the following hours of operation:

| | |
|-------------------|------------------|
| Sunday | 12:00pm - 6:00pm |
| Monday – Thursday | 8:00am - 9:00pm |
| Friday | 8:00am - 5:00pm |
| Saturday | CLOSED |

The GSAC/Gossett annex offers the following hours of operation:

| | |
|-------------------|-----------------|
| Sunday | 5:00pm - 9:00pm |
| Monday – Thursday | 8:00am - 9:00pm |
| Friday | 8:00am - 5:00pm |
| Saturday | CLOSED |

All freshmen, transfer, and selected returning student-athletes will be required to participate in Objective Based Study Hall (OBSH) based on year in school, academic performance and other mitigating factors. Your AAC and/or coach will inform you of your OBSH requirement.

Academic Hours May Include, but are not limited to:

1. Objective Based Study Hall Hours

Student-athletes will be required to sign in and sign out with designated GSAC staff.

2. Additional Academic Hours (must be cleared with your AAC)

- hours completed in the University Writing Center
- tutor sessions
- designated departmental review sessions
- designated study skills workshops

LEARNING SUPPORT SERVICES

The mission of Learning Support Services (LSS) is to provide educational support for student-athletes through individualized academic plans designed to promote learning for academic success at the University of Maryland. The program is designed to provide structured assistance to academically at-risk student-athletes in their current classes and to provide instruction and remediation in areas of academic skill and strategy weakness. Ultimately, as student-athletes acquire the necessary skills and strategies, they will become more independent and self-sufficient academically.

Learning Specialists are assigned to provide guidance for those student-athletes experiencing difficulty with academic issues related to their transition to the university community. Learning Specialists conduct one-on-one meetings to teach and develop the academic skills needed to achieve success. Such areas may include, but are not limited to: time management, reading, note-taking, writing, organization, test-taking, and learning strategies. Learning Specialists are also responsible for assisting student-athletes and AACs in identifying possible learning disabilities by conducting assessments and evaluations, coordinating appropriate neuropsychological/ psycho-educational testing, and acting as liaisons to the University Office of Accessibility and Disability Services (ADS).

If a student-athlete has a diagnosed learning disability, ADHD, or other conditions that may impact his/her performance, a Learning Specialist can be a valuable resource. The Learning Specialists work closely with a student-athlete regarding accommodations, assistive technology, campus and community resources, and effective strategies to facilitate success. Learning Specialists can also assist student-athletes in understanding applicable policies and procedures for individuals with disabilities. It is important to note that all student-athletes are free to make an appointment with a Learning Specialist to gain insight into their learning styles, academic strategies, and for support in identifying available services to enhance academic success.

Learning Support Services includes several programs which serve to develop student-athletes and assist them with the challenges they may face while navigating the University of Maryland’s academic and collegiate life. These programs provide objective based study hall, educational assistants/academic mentoring, tutors, and a wide variety of academic success focusing on strategy instruction, academic achievement assessment, individual and group instruction, and independent study time.

TUTORIAL SUPPORT SERVICES

Free tutorial assistance is available to all Maryland student-athletes. These sessions are intended to assist student-athletes in the acquisition and understanding of course material. Tutors are not intended to teach course material, but may be expected to clarify and elaborate on material covered in course readings and lectures; tutorial sessions will not substitute for attending class and receiving instruction from the professor. Student-athletes need to come prepared to tutorial sessions with all necessary course materials: syllabi, course books, lecture notes and any other relevant information. Prior to the tutor session, student-athletes should review the assigned readings and

material covered in class. Student-athletes are expected to be active participants in tutorial sessions.

Utilizing a “peer tutor” model, student-athletes are assigned a qualified tutor of similar status (e.g. undergraduate or graduate student) who has completed and demonstrated proficiency in the course material. Tutoring can be an effective means for student-athletes to improve overall understanding of course material, develop strong study skills/habits, and ultimately reach academic goals. If utilized properly, tutoring can be an extremely valuable learning tool for both the tutor and tutee. Student-athletes may request a tutor for a variety of reasons; therefore, tutors may work with student-athletes who are having trouble passing a course or student-athletes who simply wish to raise their course average (e.g. a B to an A) or to improve cumulative GPA.

Tutorial Sessions and Policies:

- Free tutorial assistance is available to all student-athletes.
- The tutor program fills approximately 500 tutor requests each semester and staffs over 100 tutors, academic assistants, and writing/math specialists.
- Tutoring sessions are normally scheduled to occur at least once per week for one hour, although tutoring sessions may vary based on the needs of the student- athlete. Sessions are expected to begin and end on time.
- If a conflict arises and the student-athlete is unable to attend a tutor session, immediate communication with the student-athletes AAC or the Tutorial Program Coordinator must occur.
- Tutor sessions may be suspended by the AAC as a result of excessive missed sessions or related issues and may result in a meeting with the coach, AAC, Program Coordinator, and Sport Supervisor.
- All academic communication related to the tutorial function between tutor and student-athlete must be done in an GSAC facility. Student-athletes and tutors **MAY NOT** exchange telephone numbers, email addresses, instant messenger screen names, Facebook, Twitter, or any other social media outlets.

ELIGIBILITY REQUIREMENTS (University, Big Ten Conference, & NCAA)

Maryland student-athletes are required to abide by a number of eligibility standards as set forth by the University of Maryland, Big Ten Conference, and the NCAA. The following are some brief highlights of those which may be deemed as most significant:

- To be eligible to practice, compete, and receive aid, undergraduate student-athletes must remain enrolled in and carry a minimum of 12 semester credit hours throughout the duration of a regular academic semester.
- *Student-athletes whose hours drop below the 12-hour minimum, become immediately ineligible, unless they are in their final semester of school and require less than 12 hours to graduate; and have a less than 12 form on file; or have a documented learning disability outlining this accommodation.*
- To be eligible to compete the next academic semester, student-athletes must pass at least six (6) degree-applicable hours each prior semester (fall and spring). Football student-athletes must pass a minimum of nine (9) credit hours each fall semester.
- To be eligible to compete during the next academic year, student-athletes must *also* pass at least 18 degree-applicable hours during the fall and spring semesters of each academic year (not including summer terms).
- Prior to the third year of college enrollment, student-athletes must designate a program of

study leading towards a specific University baccalaureate degree (in other words, declare a major). After declaring a major, all hours used to determine a student-athlete’s eligibility must count towards degree requirements, as certified by the designated College.

- To remain academically eligible for competition and aid, student-athletes must meet or exceed minimum grade point average (GPA) and progress towards degree requirements established by the University of Maryland, the Big Ten Conference, and the NCAA (see the table below). Athletic Academic Counselors will discuss these requirements with student-athletes and assist with working to meet these requirements.

| BY THE END OF: | MINIMUM GPA | PROGRESS TOWARDS DEGREE-CREDIT HOURS |
|--------------------------|-------------|--------------------------------------|
| 1 st Semester | N/A | Earn 6 (FB must earn 9) |
| 1 st Year | 1.80/4.00 | Earn 18 (fall/spring) / 24 at UMD |
| 2 nd Year | 1.90/4.00 | 40% of degree |
| 3 rd Year | 2.00/4.00 | 60% of degree |
| 4 th Year | 2.00/4.00 | 80% of degree |

Although student-athletes are ultimately responsible for maintaining their eligibility, his/her head coach, AAC, members of the ICA Compliance Office, and the Associate Registrar also play a significant role. Certification of eligibility requires that student- athletes meet/exceed academic standards as outlined by the University of Maryland, the Big Ten Conference, and the NCAA. In addition, student-athletes may be required to maintain standards as dictated by their designated College/Major for either admission into or maintaining enrollment in a designated degree program. Student-athletes should meet regularly with their AAC to ensure their understanding of all academic rules and regulations related to their athletic eligibility.

Incomplete policy

According to University of Maryland policy, an incomplete or “I” must be completed within twelve (12) months before it automatically changes to the default grade as established by the course instructor. **However, when determining eligibility, the Big Ten/NCAA immediately compute an “I” as an “F” grade until the replacement grade is officially submitted and recorded.**

UNDERSTANDING THE NCAA ACADEMIC PROGRESS RATE (APR)

In 2003, the NCAA implemented an academic reform package to monitor the academic success of a team’s performance during the course of an academic year as well as over a four-year period. Each sport program will earn an individual and independent APR score based on academic success in the classroom along with a retention measure for the following academic semester.

The academic performance of Maryland student-athletes not only has the potential to affect their own NCAA eligibility but also that of their team. Sport programs who underperform in the classroom will be penalized by the NCAA - most significantly by imposing post- season bans.

Student-athletes who receive athletics grant-in-aid are deemed “counters” and earn two APR points each semester – one for eligibility and the other for retention/graduation. Those student-athletes who do not receive any amount of athletics grant-in-aid do NOT count in a sport program’s APR. If a student-athlete is deemed eligible to compete the following regular academic semester, he/she earns the eligibility point. If that same student- athlete returns to the institution the following regular academic semester to continue satisfactory progress towards his/her degree or graduates, he/she will earn the APR retention point. If both the eligibility point and the retention/graduation

points are earned, a perfect 2/2 APR score is earned for the semester. This APR score is calculated at the end of each regular academic semester. At that time, all counters' scores are totaled into a team's single year APR score. A perfect score would be 1.000. In addition, a 4-year team score (includes all semester scores of all counters for a 4-year period) is calculated and any team who has a 4-year APR score that falls below .930 may be penalized as mentioned earlier.

Student-athletes who do not earn either or both of the possible eligibility and retention points will negatively affect their team's APR score (both single year and 4-year). A student-athlete who turns professional before graduating may have his/her retention point "waived" but only if he/she successfully earns that eligibility point in his/her last semester of enrollment. Therefore, leaving Maryland early to turn professional while maintaining eligibility will **NOT** have an adverse effect on your team's APR score.

If a student-athlete decides to transfer to another institution there are certain criteria which, if earned, may also "waive" the student-athlete's retention point with no negative effect on the team's APR score. In order to transfer and "waive" the retention point, a student-athlete must be enrolled as a full-time student in the next regular semester and have earned a minimum 2.600 cumulative GPA prior to leaving Maryland. If these marks are met, the retention point will be "waived" and transferring will **NOT** have a negative effect on your team's APR score.

When a student-athlete graduates from the university in his/her last semester, he/she automatically earns the available retention point and will **NOT** adversely affect his/her team's APR score. If a student-athlete graduates prior to exhausting his/her eligibility but remains at Maryland, perhaps pursuing another major, graduate school, or Post BA/BS studies, the retention point is no longer calculated.

If you have any questions or concerns about the APR and any potential impact on your team's APR score, please ask your AAC.

ACADEMIC POLICIES & PROCEDURES

Priority Registration

All student-athletes are provided the privilege of priority registration as an opportunity to strategically arrange their class schedules in order to best meet both academic and athletic needs. Sport specific AACs assist student-athletes in navigating this process in conjunction with their college appointed advisor. Student-athletes will receive an e-mail of their registration appointment in October (for spring pre-registration) and in March (for fall pre-registration). Student-athletes will be required to meet with their AAC to discuss his/her academic schedule **PRIOR** to the assigned priority registration appointment. All student-athletes should be registered for 15 credits each semester, although extenuating circumstances may be considered. Student-athletes will be required to schedule an appointment with their college advisor at least two weeks before their assigned priority registration date. During that initial meeting, student-athletes will be able to obtain the appropriate electronic stamps required to register for pre-determined classes. All student-athletes will be required to register for classes on the designated priority registration date and confirm their registration with their AAC that same day.

Full-Time Enrollment

NCAA eligibility rules require student-athletes to be enrolled full-time, as determined by the University, to be eligible to participate in intercollegiate athletics. The University of Maryland Office of the Registrar defines full-time enrollment as enrollment in the equivalent of 12 credit hours (for undergraduates) and 48 units for graduate students per semester. If a student-athlete is enrolled in less than 12 credit hours (or 48 graduate units) at any time during a semester, he/she immediately renders

himself/herself ineligible for practice and competition purposes.

Exceptions:

1. Student-athletes enrolled in less than 12 credit hours, less than full-time, will be required to file a less than 12 form with their AAC.
2. Student-athletes with a documented learning disability and designated accommodations may enroll in less than 12 full-time hours but will need to file the proper documentation with his/her AAC.

Please contact your AAC immediately if you feel you may have dropped below 12 hours or full-time enrollment.

Schedule Adjustment Period

Schedule adjustments are permitted during the first ten days of each regular academic semester. In order to make any schedule adjustments, student-athletes are required to seek approval from their appointed college advisor and AAC. Student-athletes must request "electronic stamps" in order to make adjustments to their class schedule. "Electronic stamps" are required to assist in monitoring all adjustments to a student-athlete's class schedule in order to monitor full-time enrollment and degree progress. Only a student-athlete's college advisor has the ability to provide electronic stamps while AACs do not.

In order to request a class schedule adjustment, student-athletes must:

1. Meet with their college advisor and AAC in order to discuss all adjustment requests (adds or drops) to ensure conference and NCAA eligibility is not affected while monitoring progress towards degree (PTD).
2. Obtain "electronic stamps" from his/her college advisor in order to make the adjustments online (add/drop).
3. Make adjustments on www.testudo.umd.edu while also providing his/her AAC with confirmation of the adjustment (add/drop).

Drops

Student-athletes are **NOT** permitted to withdraw from a class or classes without the prior approval of his/her AAC, head coach, and the Director/GSAC. There will be absolutely **NO** exceptions. Student-athletes must also complete a GSAC "WITHDRAWAL" form to request such action.

Pass/Fail Option

Student-athletes are **NOT** permitted to choose the PASS/FAIL option for a class without the prior approval of their AAC. There will be absolutely **NO** exceptions.

Repeated Classes

Student-athletes are permitted to have **ONE** repeat of any course in which they previously audited or earned an A, A+, A-, B, B+, B-, C, C+, C-, D, D+, D-, F, P, S, W, I, or NG; students cannot register (after the Schedule Adjustment Period) for any class more than twice without prior approval. In order to request an exception to policy, the student-athlete must present a plan for successfully completing the course to the Dean's office.

Further:

- A student-athlete may **NOT** repeat more than 18 credit hours. All attempts **WILL** be counted towards the total limit for repeatable credits.
- The grade point average will include all attempts at a given course that results in a grade of A, A+, A-, B, B+, B-, C, C+, C-, D, D+, D- or F. However, to assist freshmen and transfer student-athletes' adjustment to the Maryland campus, the following two exceptions will permit the cumulative GPA to be calculated so that only the higher grade is included:
 - when the repeated course was taken within the student-athlete's first semester at Maryland; or
 - when the repeated course was taken within the student-athlete's first 24 credit hours attempted (including transfer credits) or within the semester during which the student-athlete reached the 24th credit hour attempted
- Any grade earned in prior attempts of a repeated course will appear on the student-athlete's transcript, regardless of whether the grade is dropped from, or averaged into, the student-athlete's cumulative GPA.
- If a student-athlete repeats, by transfer, a course that was taken before or during the semester in which the student reached 24 credit hours attempted (including transfer credits) and the transfer grade is higher, the original grade in the course will be excluded from the cumulative GPA calculation (with prior college permission).
- If the course was taken after the semester in which the student-athlete reached 24 credit hours attempted, then the transfer course will not replace the original grade in the cumulative GPA calculation. Special exceptions can be requested of the student-athlete's College Dean.

Once a course is used for satisfactory progress, it may not be used for that purpose again [per NCAA rules].

Developmental Courses

Developmental courses have been designed to specifically improve academic skills in a particular subject area (e.g. MATH003) and are non-credit bearing. Although these courses are not degree applicable, they may be used to meet NCAA progress towards degree (PTD) and the Big Ten freshman 24-hour requirement in the first year of collegiate enrollment (6/18/24 credit hour rules). Developmental courses do not count toward the fulfillment of PTD requirements (40/60/80 rule) as per NCAA rules. ***Transfer student-athletes may not count developmental coursework taken at Maryland unless they have attended less than one year of college.***

Timing of Certification

The Big Ten requires that all student-athletes are certified as eligible and have completed and met all requirements for certification of eligibility **PRIOR** to the first day of the fall and/or spring semester(s). The only exception to this policy may occur when a student-athlete has completed all elements required for certification of eligibility but may experience administrative delays by their college that are out of his/her control.

Declaration of Academic Major

While the University of Maryland requires **ALL** students to declare an academic major once they have earned 60 credit hours, the NCAA requires that student-athletes declare a major prior to the beginning of their fifth semester of full-time collegiate enrollment, regardless of the number of credit hours earned at that point. To declare an academic major, student-athletes must attend a change of major workshop as hosted by their designated college. Student-athletes will be notified by their AAC prior to the specified deadlines in order to successfully declare an academic major while maintaining eligibility.

Change of Academic Major

While student-athletes may change their academic major at any time, they will **NOT** be permitted to change their major without the prior approval of their AAC. There will be absolutely **NO** exceptions to this policy. Changing an academic major without the review of the AAC could render the student-athlete ineligible to participate in athletics or receive institutional financial aid if eligibility marks, as set forth by the conference and the NCAA are not met. For example, the credits earned in a semester are applicable only to the academic major that was declared on record at the conclusion of the University schedule adjustment period (the tenth day of classes) of that particular semester. To safeguard eligibility, a student-athlete should see their AAC to discuss any and all eligibility and graduation ramifications of changing one's academic major, while also completing our GSAC Change of Major form.

Undergraduate Policy on Academic Probation and Dismissal

The University retention standards supersede athletic eligibility standards. Please refer to the Undergraduate Catalog for the entire retention policy. If you have questions or concerns regarding this policy and how it affects you as a student-athlete, contact your AAC or visit: www.academiccatalog.umd.edu.

Taking Coursework at an Institution other than Maryland

If you choose to take courses at another institution, you must receive permission from the Dean of your college. To obtain approval, you must complete a *Permission to Enroll at Another Institution* form (or Dean's approval depending on your Major/College). The *Permission to Enroll* form must be completed before you take the course and you must bring a copy of the form to the GSAC. Athletic financial aid cannot be provided for coursework at institutions other than the University of Maryland, College Park.

NOTE: YOU CANNOT RAISE YOUR GPA THROUGH TRANSFER CREDIT; YOU CAN ONLY RAISE YOUR CUMULATIVE CREDIT TOTAL. YOUR GPA IS DETERMINED ONLY THROUGH COURSES TAKEN AT THE UNIVERSITY OF MARYLAND, COLLEGE PARK.

Meetings with an Athletic Academic Counselor (AAC)

Designated student-athletes will be required to meet weekly with their AAC. Student-athletes will be assigned regular meeting times, and will be expected to check in, report grades, and discuss academic and other concerns during these meetings. Copies of syllabi must be submitted to your AAC at the beginning of each semester for subsequent input into the GradesFirst academic tracking software.

Academic Progress Reports

Twice each semester, the GSAC sends progress reports to instructors, for all student-athletes, to track progress throughout the semester. Instructors are asked to provide feedback on attendance, grades, class participation, and homework assignments. This information is shared with the AAC and with head coaches.

Team Travel & Class Attendance

It is the policy of the University to excuse the absences of students that result from the following causes:

- Illness (where student is too ill to attend class)
- Religious observance (where the nature of the observance prevents the student from being present during class period)
- Participation in University activities (such as team travel) at the request of the university authorities, and compelling circumstances beyond the student's control.

Students claiming excused absences must provide documentation for their assertion that the absence resulted from one of the causes listed above.

The sport specific AAC will provide each student-athlete with a travel letter to take to all instructors at the beginning of each semester. It is **their responsibility** to notify each of their instructors of all potential travel dates (including the possibility of Conference and/ or NCAA Championship participation) by the end of the schedule adjustment period for the semester (first ten days of the semester). Student-athletes should follow up with instructors prior to travel to arrange to make up missed work. Student-athletes are **only** excused for dates listed on the official travel letters.

Important: When a student-athlete is absent due to team travel, the instructor is not required to provide make up points for class participation but cannot penalize the student-athlete as a result. This is particularly important for a discussion class. Instructors are obligated to provide a make-up exam should an exam be missed due to athletic-related travel. Any questions and concerns should be directed immediately to your AAC.

UNIVERSITY OF MARYLAND CODE OF ACADEMIC INTEGRITY III-1.00A

(Approved by President August 1, 1991; Amended May 10, 2001; Amended May 5, 2005; Technical Amendments June 2012; Amended November 7, 2014).

The following is an excerpt from the University of Maryland Academic Integrity Policy.

For access to the complete policy, please use the following link:

<https://www.president.umd.edu/sites/president.umd.edu/files/documents/policies/III-100A.pdf>

The University is an academic community. Its fundamental purpose is the pursuit of knowledge. Like all other communities, the University can function properly only if its members adhere to clearly established goals and values. Essential to the fundamental purpose of the University is the commitment to the principles of truth and academic honesty. Accordingly, the Code of Academic Integrity is designed to ensure that the principle of academic honesty is upheld. While all members of the University share this responsibility, the Code of Academic Integrity is designed so that special responsibility for upholding the principle of academic honesty lies with the students.

DEFINITIONS

1. **ACADEMIC DISHONESTY:** any of the following acts, when committed by a student, constitute academic dishonesty:
 - (a) **CHEATING:** fraud, deceit, or dishonesty in any academic course or exercise in an attempt to gain an unfair advantage and/or using or attempting to use unauthorized materials, information, or study aids in any academic course or exercise.
 - (b) **FABRICATION:** unauthorized falsification or invention of any information or citation in any academic course or exercise.
 - (c) **FACILITATING ACADEMIC DISHONESTY:** knowingly helping or attempting to help another to violate any provision of this Code.
 - (d) **PLAGIARISM:** representing the words or ideas of another as one's own in any academic course or exercise.
 - (e) **SELF-PLAGIARISM:** the reuse of substantial identical or nearly identical portions of one's own work in multiple courses without prior permission from the current instructor or from each of the instructors if the work is being submitted for multiple courses in the same semester.

(f)

RESPONSIBILITY TO REPORT ACADEMIC DISHONESTY

1. Academic dishonesty is a corrosive force in the academic life of a university. It jeopardizes the quality of education and depreciates the genuine achievements of others. It is, without reservation, a responsibility of all members of the campus community to actively deter it. Apathy or acquiescence in the presence of academic dishonesty is not a neutral act. Histories of institutions demonstrate that a laissez-faire response will reinforce, perpetuate, and enlarge the scope of such misconduct. Institutional reputations for academic dishonesty are regrettable aspects of modern education. These reputations become self-fulfilling and grow, unless vigorously challenged by students and faculty alike.
2. All members of the University community-students, faculty, and staff-share the responsibility and authority to challenge and make known acts of apparent academic dishonesty.

BIG TEN CONFERENCE AWARDS

- **Wayne Duke Postgraduate Award:** This award is given as an annual scholarship of \$5000 recognizing one male and one female Big Ten senior student-athlete pursuing a postgraduate degree for achievements in academics, athletics, civic service, and leadership. Each Big Ten institution may nominate one male and one female student-athlete.
- **Big Ten Postgraduate Award:** Each Big Ten institution will annually present two student-athletes (one male and one female) with a one-time postgraduate scholarship of \$7,500 each. The applicants will be evaluated based primarily on their achievements in academics.
- **Academic All-Big Ten:** Awarded each season to letter winners with a cumulative GPA of 3.0 or better who are in at least their second year of attendance at their institution.
- **Big Ten Distinguished Scholar Award:** Distinguished Scholar Award recipients must be letter winners in at least their second academic year at their institution. The Distinguished Scholar Award encompasses only student-athletes with a minimum GPA of 3.7 or higher for the previous academic year, excluding summer school. The Academic All-Big Ten threshold is a cumulative GPA of 3.0 or higher for a student-athlete's academic career.
- **Big Ten Sportsmanship Award:** One member of each varsity sports team on every campus was chosen by his or her institution as a Sportsmanship Award honoree, and two Outstanding Sportsmanship Award winners will then be selected from each institution. All of the Sportsmanship Award winners will have distinguished themselves through sportsmanship and ethical behavior. In addition, honorees must be in good academic standing and must have demonstrated good citizenship outside of the sports-competition setting.
- **Big Ten Medal of Honor Award:** The Big Ten Medal of Honor is awarded to one male and one female student-athlete from the graduating class of each member institution who has demonstrated excellence on and off the field throughout their college career.

NATIONAL AWARDS

Arthur Ashe Junior Sports Scholars Award: Recognizes contributions of student-athletes of color who have completed one full academic year, have a GPA of 3.2 or better, and are active in community service.

- **NCAA Division I Degree Completion Award:** Student-athletes who have exhausted their

eligibility for institutional financial aid (in five years), are within 30 semester hours of completing their degree requirements may apply. Full-time students receive grants equal to a full athletics grant at the institution; part-time students receive tuition and an allowance for books.

- **The Freedom Forum-NCAA Foundation Sports- Journalism Scholarship:** Eight \$3,000 scholarships are awarded to college juniors pursuing careers in sports journalism and majoring in journalism, or who have experience in campus sports journalism. The scholarship is designed to foster freedoms of speech and press while promoting quality sports journalism education at the collegiate level.
- **GTE Academic All-American Teams:** In order to be nominated, a student-athlete must be a starter or key reserve with at least a 3.20 GPA. Students are eligible only after reaching sophomore level in both athletic and academic standing. Junior college transfers are eligible after one academic year.
- **Jim McKay Scholarship (NCAA):** Annually awards a \$10,000 postgraduate scholarship to one male and one female student-athlete in recognition of their outstanding academic achievement and potential to contribute to the sports communications industry. Eligible recipients must have an overall undergraduate grade-point average of 3.5 or better.
- **NCAA Ethnic Minorities and Women Enhancement Postgraduate Scholarships for Careers in Athletics:** Twenty-six \$6,000 scholarships (13 for ethnic minorities and 13 for women) are available annually to college graduates who will be entering the first semester of their initial postgraduate studies.
- **NCAA Postgraduate Scholarship Program:** The NCAA awards 174 postgraduate scholarships annually to student-athletes who have excelled academically and athletically and who are in their final year of athletic eligibility. Student-athletes are nominated by their institution.
- **NCAA Walter Byers Postgraduate Scholarship Award:** This award recognizes and encourages excellence in academic performance by senior student-athletes. Recipients of the award must have a 3.5 grade-point average (4.0 scale), demonstrate evidence of superior character and leadership and show that participation in athletics has been a positive influence on their personal and intellectual development.
- **1A FAR Academic Excellence Award:** This award was established for graduating student-athletes who have earned a Bachelor's degree in the previous year while earning a cumulative GPA of a 3.80 or above upon graduation. Participation in at least two (2) years of intercollegiate athletics at a Football Bowl Subdivision (FBS) institution in a sport sponsored by an FBS conference (Big Ten).

STUDENT-ATHLETE DEVELOPMENT

With less than one percent of collegiate student-athletes going on to play professional sports and combined with the ever-changing landscape of college athletics, the focus of student-athlete welfare initiatives and programming becomes increasingly important. One Maryland guides the Student-Athlete Development unit to create a holistic experience for student-athletes to develop personally and professionally. Through comprehensive programming, leadership initiatives and campus partnerships, the Student-Athlete Development team aims to assist each student-athlete to build a

solid foundation for a successful life after sport. The Maryland Made culture is led by three pillars:

- Career Readiness
- Leadership Education
- Identity Development

Our Guiding Principles:

- **Ownership:** We will equip and empower students to take ownership of their learning, decision-making, and pursuit of their evolving goals.
- **Access, Equity and Justice:** We will provide ALL student-athletes with opportunities for growth, development + success. We will engage in regular communication with stakeholders who reflect the identities of our student-athletes.
- **Collaboration:** We will support the collaborative success of the University of Maryland campus and community.

Our goal is to empower student-athletes to become leaders, develop professional competencies and be conscientious advocates. Maryland Made's innovative custom design uses multiple delivery methods to offer well-rounded, holistic education and programming for the 21st century student-athlete.

MARYLAND MADE PROGRAM HIGHLIGHTS

Gossett Transition Program: Gossett Transition program is a **MANDATORY** program designed to assist ALL incoming student-athletes, first-years, and transfers, in their transition to the University of Maryland. This program is focused on developing an understanding of Maryland Athletics Gossett Student-Athlete Center services (Academic Advising, Career Readiness, Leadership Education, Tutoring Services, and more), ability to identify campus resources related to their educational path, career goals, and personal interests and understand the importance of inclusion, wellness, and bystander intervention strategies. Student-Athletes meet on the **second Wednesday of every month** (September-April) **at 7 pm in Gossett Hall.**



Gossett Fellows Program: As a Gossett Fellow, student-athletes will become more self-aware and develop skills to become a change agent in their local and global communities. Curriculum topics include: Leadership Development, Equity and Social Justice, Professional Development, Service Learning and Career Management.

Student-athletes completing the Gossett Fellows program will receive a \$1,500 honorarium to assist with implementing their postgraduate career plans. Gossett Fellow alums are asked to commit to serving as an active member of the M Club, including but not limited to participating in mentorship and sponsorship programs.

InTERPship Academy: This eight-week program was designed to provide student-athletes with paid internship experience during the course of their undergraduate career. Student-athletes will work 20 hours/week, while completing educational requirements including but not limited to weekly

reflections, informational interviews, and LinkedIn education. Internship opportunities with UMD athletic department, local business, non-profit organizations and government agencies are available.

Maryland Made Weekly Updates: Maryland Made Updates are sent weekly to student-athletes, coaches and administration in an effort to highlight and preview Maryland Made and SAAC programming.

MDMade Mentor Program: The Mentor program will focus on establishing and developing relationships between current Maryland student-athletes and former student-athletes, alumni, and supporters of the University of Maryland Athletics. This program will provide an atmosphere dedicated to the positive personal and professional development of our student-athletes with the guidance of mentors.

Maryland Made Leadership Academy: A series of seminars that provide student-athletes an opportunity to achieve their potential by gaining knowledge and practicing effective leadership skills in the areas of team building, relationship building, effective communication and conflict management. The Leadership Academy teaches valuable skills that transition into a “real world” environment.

Kubasik First Impact Program: The Kubasik First Impact Opportunity program will assist student-athletes in understanding the value of major selection through *experiential* education, *exposure* to careers, and an *opportunity* to build their skills.

MDMade Podcast: The Maryland Made Podcast provides timely, relevant, and practical information to help student-athletes and alumni become leaders, develop professional competencies, and be conscientious advocates in both their local and global communities. Guests include student-athletes, alumni, employers, and community stakeholders.

Share the Shell: The Share the Shell community outreach program is committed to providing opportunities for student-athletes, coaches and staff members to give back to the surrounding communities within Prince George’s County and throughout the DMV. The goal of the program is to provide service learning opportunities for Terp student-athletes while providing engaging and uplifting experiences for those we serve.

Terps Career Network: An online platform for current and former student-athletes to develop career connections. Terp Career Network is designed to make student-athletes aware of internship and career opportunities while also learning to develop online networking skills.

1:1 Career Coaching Session: Student-athletes are encouraged to meet individually with members of the Maryland Made Team in preparation for internships, networking opportunities, University Career Fair and post-graduation success.

STUDENT-ATHLETE ADVISORY COMMITTEE (SAAC)

The Student-Athlete Advisory Committee (SAAC) is a leadership group comprised of student-athlete representatives across every sport within Maryland Athletics. Members of SAAC serve the entire student-athlete body through their dedication to acting as liaisons between student-athletes and the athletic administration along with building and strengthening campus-wide relationships. SAAC’s mission is to enhance the total student-athlete experience by cultivating leadership skills and service initiatives, promoting student-athlete welfare and enhancing the student-athlete voice.

STUDENT-ATHLETE LEADERSHIP GROUPS

Pre-Health Terps: Pre-Health Terps is a student-athlete organization dedicated to preparing students to pursue careers in the health profession. Student-athletes work in collaboration with UMD’s Health Professions Advising Office (HPAO) to deliver programming uniquely tailored for the student organization. Executive board positions open in the Spring semester and executive members serve from June through May the following year. (Example: Applications open Spring 2021, members serve June 2021 through May 2022).

WorldWide Terps (International Student-Athletes): World Wide Terps is a student-athlete organization whose mission is to support the overall international student-athlete experience. This organization is led by the SAAC Director of International Affairs in collaboration with the International Students and Scholar Services (ISSS) office. Programming includes but is not limited to helping international student-athletes transition and adjust to the United States, adhere to federal and state policies, as well as preparing international student-athletes to pursue careers in U.S. and non-U.S. contexts.



Compliance Policies and Procedures

Athletics Compliance is committed to the principle of institutional control while operating Maryland's athletics program in a manner that is consistent with the letter and spirit of the University, Big Ten, and NCAA rules and regulations. Athletics Compliance will emphasize ongoing education, monitoring, and the enforcement of designated policies & procedures.



MAINTAINING YOUR ACADEMIC ELIGIBILITY

All student-athletes are required to abide by a number of standards set by the University, Big Ten, and NCAA. Each student-athlete is ultimately responsible for keeping track of his/her eligibility status, with the support of his/her coach and GSAC counselor. Each student-athlete should meet regularly with his/her AAC to ensure understanding of all academic rules and regulations that relate to athletics eligibility. Any specific questions regarding academic eligibility should be discussed with the student-athlete's GSAC counselor and/or college advisor or a staff member of the Athletics Compliance Office.

Additionally, pursuant to Big Ten rules, a student-athlete who is suspended from the institution at any time becomes ineligible to compete immediately upon initial adjudication of the suspension and cannot regain competition eligibility until the first day of classes of the term following the conclusion of the student-athlete's suspension.

TRANSFER PROCEDURE

Notice of Transfer

NCAA legislation states that an athletics staff member (e.g. coach) or other representative of athletics interests shall not make contact, directly or indirectly, with a student at any NCAA Division I institution without first obtaining authorization through the notification of transfer process. Therefore, a student-athlete who wishes to speak with another school about the possibility of transferring away from the University of Maryland must:

1. Speak with your coach(es) about your intention to transfer.
2. Send a written request to a member of the Athletics Compliance Office requesting that your name and contact information be entered into the national transfer database so other colleges/universities may have contact with you. Be sure to include your current contact information.
3. Upon receipt of that email, the Athletics Compliance Office will notify the student-athlete's head coach, request the student-athlete to complete a Notification of Transfer form via Team Works, and will enter the student-athlete's information into the national transfer database within two (2) business days following receipt of the completed form.

Services and Benefits Following a Request for Permission to Contact/Notice of Transfer

A student-athlete who provides notice of transfer may lose access to academic support and/or athletics facilities. Additionally, a student-athlete who provides notice of transfer may have his/her athletics aid cancelled or reduced for subsequent terms.

One-Time Transfer Rule

Pursuant to NCAA Bylaw 14.5.5.2.10, a student-athlete who transfers from one four-year college/university to another may be eligible at the second institution provided the student-athlete satisfies the following conditions at the time of his or her transfer:

- a) The student has not transferred previously from one four-year institution unless, in the previous transfer, the student-athlete received an exception per Bylaw 14.5.5.2.6 (discontinued/nonsponsored sport exception);
- b) At the time of transfer to the certifying institution (see Bylaw 14.5.2), the student would have been academically eligible had the student remained at the institution from which the student transferred, except that the student is not required to have fulfilled the necessary percentage-of-degree requirements at the previous institution; and
- c) The head coach of the certifying institution and the student shall certify that no athletics

staff member or other representative of the institution's athletics interest communicated or made contact with the student-athlete, or any individual associated with the student (e.g., family member, scholastic or nonscholastic coach, advisor), directly or indirectly, without first obtaining authorization through the notification of transfer process (see Bylaw 13.1.1.3).

- d) The student must provide written notification of transfer to the institution by the following dates:

- (1) Fall and winter sports: May 1.
- (2) Spring sports: July 1.

PREFERENTIAL TREATMENT/EXTRA BENEFITS

Impermissible preferential treatment or extra benefits result from any special arrangement to provide student-athletes, their relatives or friends with a benefit or service not specifically authorized by NCAA legislation. However, receipt or acceptance of such a benefit/service by a student-athlete and/or his/her relatives or friends is not a violation of NCAA legislation if it is demonstrated that the same benefit/service is available to the University's students, their relatives or friends, or to a particular segment of the student body (e.g., foreign students, minority students) determined on a basis unrelated to athletic ability.

Friendships or acquaintances with individuals established during the recruitment process or after a student-athlete's arrival on campus in most instances are considered to result from the student's status as a student-athlete; therefore, receipt of benefits from these individuals by a student-athlete, their relatives, or their friends is prohibited by NCAA regulations.

The University recognizes that a student-athlete may befriend individuals or families in the community who might wish to provide the student-athlete with a more "home-like" atmosphere. However, student-athletes must keep in mind that friendship with a fan, a representative of the University's athletics interests (also known as a "booster") and/or employee of the University does not change the person's status under NCAA rules; therefore, all rules and restrictions pertaining to extra benefits continue to apply. For example, the provision of any type of material item (e.g., birthday gift, use of car, meals, lodging, loan of money, Christmas gift) by such an individual or family to a student-athlete, his/her relatives and/or friends could result in an NCAA rules violation and jeopardize the student-athlete's eligibility to compete.

Examples of non-permissible extra benefits include, but are not limited to:

- Free or reduced-cost services
- Use of telephone or credit card without charge
- Use of tickets to any event, dinner, use of a car, etc. from commercial establishment without charge or at a discounted rate
- Receipt of loan
- Use of an automobile
- Free or reduced-cost lodging or meals
- Free or reduced-cost transportation
- Receipt of gifts or merchandise
- Receipt of expenses by a student-athlete's friends/relatives to visit the student-athlete (at any site)
- Receipt of free admission or free meals in conjunction with a team and/or booster club function (e.g., tailgates) by a student-athlete's friends/relatives

Receipt of extra benefits by a student-athlete or the student-athlete's friends/relatives will render the student-athlete ineligible.

Student-athletes seeking assistance or clarification regarding the NCAA's extra benefit rules should contact the Athletics Compliance Office.

SPORTS WAGERING & GAMBLING

NCAA rules prohibit student-athletes and Department of Athletics staff members from participating in sports wagering activities and from providing information to individuals involved in or associated with any type of sports wagering activities concerning intercollegiate, amateur or professional athletics competition.

Pursuant to NCAA Bylaw 10.3, student-athletes and Department of Athletics staff members shall not knowingly:

1. Provide information to individuals involved in organized gambling activities concerning intercollegiate athletics competition;
2. Solicit a bet on any intercollegiate team;
3. Accept a bet on any team representing the institution;
4. Solicit or accept a bet on any intercollegiate competition for any item (e.g., cash, shirt, dinner) that has a tangible value;
5. Participate in any gambling activity that involves intercollegiate athletics through a bookmaker, a parlay card, the Internet, or any other method employed by organized gambling, including gambling activity conducted in a state sanctioned casino;
6. Solicit or accept a bet on a professional athletics team for a sport that has a NCAA-sanctioned championship; or
7. Provide information to any individual (including students and non-students) involved in organized gambling activities concerning intercollegiate athletic competition. Such information might include (but is not limited to) the mental attitude of a team or certain members of a team, the physical condition of certain individuals on a team, etc.

GAMBLING SANCTIONS

Student-athletes who violate NCAA sports wagering rules will be permanently ineligible for competition. The student-athlete may request his or her eligibility for competition be reinstated through the NCAA's Committee on Student-Athlete Reinstatement.

EXAMPLES OF NON-PERMISSIBLE GAMBLING ACTIVITIES (this list is not exhaustive):

- Soliciting or accepting a bet on a Bowl Game or a Final Four Game;
- Participating in a football or basketball pool, regardless of the size of the entrance fee or prize, **including Fantasy Leagues** via the Internet;
- Soliciting or accepting a bet on a NFL, NBA, or MLB game; or
- Soliciting or accepting a bet on any aspect of an intercollegiate competition even on statistical categories (number of home runs, number of penalties, yardage earned, etc.)

AMATEURISM

As a student-athlete, you are **not eligible** for participation in a sport if you have ever:

- Taken pay, or the promise of pay, for competing in that sport.
- Agreed (orally or in writing) to compete in professional athletics in that sport.
- Competed on any professional athletics team (defined as an organized team that provides any of its player's more than actual and necessary expenses or declares itself to be a professional team).
- Used your athletics skill for pay in any form in that sport.
- Accepted benefits (transportation, money, meals, etc.) from an agent for purposes unrelated to Name, Image, and Likeness.
- Agreed (orally or in writing) to have an agent market your athletics ability or reputation in that sport for purposes unrelated to Name, Image, and Likeness.
- Because of your athletic ability, been paid for work you did not perform, paid at a rate higher than the going rate, or paid for the value an employer placed on your reputation, fame, or personal following.

AGENTS

The NCAA prohibits any **oral or written** agreement between a student-athlete and a professional team or agent before the student-athlete's eligibility expires for purposes unrelated to Name, Image, and Likeness. Student-athletes are also prohibited from accepting any money, transportation, or other benefits (e.g., good, services) from an agent or agent's representative for purposes unrelated to Name, Image, and Likeness

The NCAA forbids a coach or staff member from representing and/or promoting an athlete, professional team, sports agent, or any other third party. Additionally, institutional staff members are prohibited from receiving extra benefits for arranging meetings between student-athletes and sports agents, agent's representative(s), and/or financial advisors.

COMPLIMENTARY ADMISSION

According to the NCAA, complimentary admissions shall be provided only for individuals designated by the student-athlete through a pass list. "Hard tickets" shall not be issued. You may not receive more than four complimentary admissions to any University of Maryland athletics event. You may not sell or exchange a complimentary admission for any item of value. Individuals who receive your complimentary admissions are also not permitted to receive any type of payment for these admissions, or assign them for any value. Individuals who receive your complimentary admissions must present a valid photo ID at the time of entering the athletic venue. The name on the pass list and valid photo ID must match. Please refrain from using nicknames, Mr./Mrs., Grandma/Grandpa, etc. All complimentary admission tickets must be requested by the student-athlete using the Front Rush Athletics software. Please refer to the Tickets section of this Handbook for additional information regarding requesting and receiving complimentary admissions.

STUDENT-ATHLETE EMPLOYMENT UNRELATED TO NAME, IMAGE, & LIKENESS

General Rule

As a student-athlete you may receive earnings from legitimate employment throughout the year provided:

- you receive payment for work you actually perform;
- wages received are consistent with what is typical or that which any other employee performing the same duties would receive;
- you do not receive compensation based on athletic ability; and
- compensation does not include any remuneration for value or utility that you may have for the employer because of publicity, reputation, fame or personal following that you have obtained because of athletic ability.

If you are employed during your tenure as a student-athlete, you are required to complete the Employment Form. The Athletics Compliance Office will have you complete the Employment Form in Team Works at the beginning of each academic year for both summer AND academic year employment. If your academic year employment changes during the year, please contact the Athletics Compliance Office for a new Employment Form to be added to your Team Works account for you to fill out.

EXIT INTERVIEWS

In accordance with NCAA bylaws, student-athletes who have exhausted their athletics eligibility may be asked to complete an exit interview with the Director of Athletics or his designee. Such interviews shall include questions regarding the value of the student's athletics experiences, the extent of the athletics time demands encountered by the student-athlete, proposed changes in intercollegiate athletics, and concerns related to the administration of the student-athlete's specific sport(s). This interview may be done face-to-face or through the completion of a questionnaire.

ENROLLED STUDENT-ATHLETES AS RECRUITERS

Interactions with Prospective Student-Athletes

- Off-campus, in-person, recruiting contacts between enrolled students or student-athletes and prospective student-athletes ("prospects") are permissible only if such contacts are incidental and do not occur at the direction of a coaching staff member.
- An institution may not provide an enrolled student-athlete with transportation or expenses to recruit a prospect, except those permitted when the student-athlete serves as a student host on a prospect's official visit.
- An enrolled Maryland student-athlete may not telephone prospects at the request of coaches or use any intercollegiate athletics resources (e.g., telephones) to contact prospects.

Hosting a Prospective Student-Athlete during an Official Visit:

- A student host may be provided a maximum of \$75 for each day of a prospect's visit to cover the actual costs of entertaining the prospect.

- A student host may be provided with an additional \$20 per day for each additional prospect he/she entertains.
- The student host is prohibited from purchasing or offering alcoholic beverages to a prospect and from taking an underage prospect to bars during an official and/or unofficial visit.
- Several students may host a prospect, but the institution may provide only one student with entertainment money (\$75/day). All other student host(s) shall pay for his or her own entertainment and meals.
- The institution, coach, or any booster may not provide a car, meals, or other benefits for use by a prospect or student host.
- A meal may be held for a prospect on an official visit at the home of a Department of Athletics staff member, provided the meal is not excessive in nature.
- Entertainment on an official visit is limited to the prospect and up to four family members accompanying the prospect within a 30-mile radius of the institution's main campus.

ATHLETICALLY RELATED ACTIVITIES

Competition and Practice Activities During the Declared Playing & Practice Season

A student-athlete may participate in up to a maximum of four hours per day and twenty hours per week of countable athletically-related activities during the official playing season determined by the NCAA. There must also be one scheduled day off per week. Examples of countable athletically-related activities include, but are not limited to:

- competition (counts as 3 hours regardless of the actual duration of the competition);
- Practice;
- required weight training or conditioning;
- watching film or
- athletically-related meetings initiated by coaches.

Examples of non-countable activities include:

- training table meals;
- training room services;
- study halls, tutoring, and/or other academic meetings;
- compliance meetings;
- travel to and from practice and competition;
- travel to and from a doctor's office; and
- voluntary conditioning drills.

Weekly countable athletically-related activity logs, commonly referred to as CARA logs, are completed and submitted on a regular basis to the Athletic Compliance Office by a member of each coaching staff. Each month, one or more student-athlete(s) may be selected at random and sent copies of the completed CARA logs from the previous month. If selected, the student-athlete will receive an email message directing him/her to log in to the Team Works software system and review all selected CARA logs. If the logs are accurate, the student-athlete should simply approve all countable hours. If there is an error regarding the hours listed on the CARA log, the student-athlete should not approve it. Student-athletes should make any comments in the "comments" section.

Practice Activities Outside the Declared Playing and Practice Season

During the regular academic year, but outside the declared playing and practice season, in sports other than football, student-athletes' participation in athletically related activities is limited to a maximum of eight (8) hours per week, of which no more than four (4) hours per week may be spent on skill-related workouts.

In sports other than football, from the institution's first day of classes to one (1) week prior to the beginning of the institution's final examination period at the conclusion of the academic semester, student-athlete's participation in required weight-training, conditioning, and skill-related instruction shall be permitted.

In football, activities between the institution's last contest and January 1 are limited to required weight-training, conditioning, and the review of game film. All activities beginning January 1 and outside the playing season shall be conducted pursuant to Bylaw 17.11.7.1.1 of the NCAA Manual.

Men's and Women's Basketball and Football

Student-athletes may participate in required athletically-related activities for up to eight (8) weeks during the summer vacation period, provided the student-athlete is enrolled in and attending a summer term or meets the academic benchmarks outlined in the chart below. **In men's and women's basketball**, countable athletically-related activities are limited to eight (8) hours per week, with no more than four (4) hours of skill instruction per week. **In football**, countable athletically-related activities are limited to eight (8) hours per week, with no more than two (2) hours of film review. Student-athletes who are not enrolled in and attending class are permitted to participate in required summer practice activities only if he/she has achieved a cumulative GPA of at least 2.200 and has successfully completed the following academic benchmarks:

| | |
|---|---|
| After two semesters: 30 credits hours | After three semesters: 45 credits hours |
| After four semesters: 50% of degree | After five semesters: 62.5% of degree |
| After six semesters: 75% of degree | After seven semesters: 87.5% of degree |
| After eight or more semesters: Baccalaureate degree | |

VOLUNTARY ACTIVITIES

Voluntary Weight Training & Conditioning Activities

Subject to the following guidelines, student-athletes are permitted to engage in voluntary weight training and conditioning activities during the summer and/or at any time during the regular academic year:

- You may meet individually with a coach, provided the meeting occurs at your request and no practice activities occur.
- You are not required to attend.
- All activities are initiated and requested solely by student-athletes.
- Attendance at and participation in voluntary activities must not be recorded for the purposes of reporting information to the coaching staff.
- You must not be rewarded or subject to penalty for choosing to participate or electing not to participate.
- You are permitted to track your weight lifting and conditioning progress, but any records or progress logs must be kept for your use only and must not be submitted to the coaching staff.
- Only strength coaches, athletic trainers, and/or managers are permitted to view voluntary activities. Your coaches, directors of operations, video coordinators, etc are not permitted to attend or view voluntary activities.

Involvement of Coaches

Strength and Conditioning Coaches may design and conduct specific workout programs. In individual sports, (i.e., Cross Country, Golf, Gymnastics, Tennis, Track & Field, Wrestling), a coach may participate in individual workout sessions with student-athletes, provided the request for the assistance is initiated by the student-athlete(s). In all other sports, coaches **may not** observe student-athletes participating in voluntary athletically-related activities during the summer or at any other time.

TIME MANAGEMENT PLAN (TMP)

Every sport program must develop a time management plan (TMP) to provide student-athletes with greater predictability and transparency in their athletic schedules for the upcoming academic year. TMPs are intended to provide student-athletes adequate advance notice of future athletically-related activities in order to effectively plan their academic and non-athletically related activities. All TMPs must, at a minimum, include the following:

- All countable athletically-related activities (practice, film, weights, conditioning, etc.);
- All required athletically-related activities (institutional promotions, media activities, community service, student host/recruiting duties, etc.);
- One (1) day off per week during the playing season;
- Two (2) days off per week outside of the playing season;
- One (1) day off per week during preseason and vacation periods;
- Seven (7) days off immediately after the end of the championship playing season;
- Fourteen (14) additional days off during the academic year while classes are in session or during breaks that occur within the playing season; and
- Continuous eight-hour overnight period when no required activities can take place (no activities prior to 5AM).

The head coach (or his/her designee) must complete and submit a playing season declaration preliminary and final TMP for each semester to the sport administrator. The sport administrator and head coach will identify two student-athletes from each sport to be involved in the TMP review. An annual end-of-the-year review and report to the university president of all TMPs is required.

OUTSIDE COMPETITION

At any time during the year, you must obtain written approval before participating in “outside competition” (or practice related to the competition). “Outside competition” occurs any time you (a) represent only yourself (i.e., “unattached”) in competition or (b) receive expenses from or represent any team other than the University of Maryland (including, but not limited to, participation in Olympic Games, Pan-American Games, and National Team tryouts).

To request approval, submit a completed Outside Competition Permission Form via Team Works at least one week prior to participating in outside competition (as defined above), practice-related to that competition, or even travel related to the practice or competition. The form must be completed and signed by your head coach, a member of the Athletics Compliance Office, and the Faculty Athletics Representative (“FAR”) before permission can be granted (except the signature of the FAR is not required during the summer). Pursuant to Big Ten rules, if you participate in outside competition after being denied permission to do so, you will become immediately ineligible to travel or compete for Maryland.

Additionally (with the exception of men’s basketball student-athletes who have declared for the NBA Draft), unless you have exhausted your eligibility, you may not try out with a professional athletics team in a sport or permit a professional athletics team to conduct medical examinations during any part of the academic year while in enrolled at the University of Maryland.

FINANCIAL AID

Definition of a Grant-in-Aid

A full grant-in-aid includes the cost of tuition, some mandatory fees, room, board, required course related books, and other miscellaneous costs associated with cost of attendance. A full grant-in-aid does not cover expenses such as application fees, late registration fees, some course fees, reference books, parking tickets, penalty fees, etc.

Yearly Renewals/Non-Renewals

When necessary, the Office of Student Financial Aid provides all renewal and non-renewal scholarship notifications to student-athletes by July 1 prior to the upcoming academic year. All multi-year scholarship awards are automatically renewed on July 1 prior to the upcoming academic year.

Effect of Failing a Class

If you fail a class and a contributing factor according to the professor or your GSAC Academic Counselor is your voluntary absence from class or study hall and/or not utilizing tutors, the Department of Athletics has the right to deny financial assistance to help you “make- up” for those hours in a subsequent term.

Reductions/Cancellations During the Period of the Award

The University of Maryland may reduce or cancel your financial aid during the period of the award if you:

- Drop below full-time enrollment, which is defined as being enrolled in at least 12 credits per semester for undergraduates and 48 units per semester for graduate students (unless enrolled in the final semester of designated degree program and you have received written prior authorization from GSAC);
- Become ineligible for intercollegiate competition;
- Give false information on your application, letter of intent, or financial aid agreement;
- Engage in serious misconduct warranting substantial disciplinary action;
- Voluntarily withdraw from the sport or the University for personal reasons (if you voluntarily withdraw for personal reasons subsequent to the first competition, the reduction or cancellation may occur on or after the date you withdraw from the sport);
- Graduate from a degree program;
- Request that your name be entered in the notice of transfer database (Transfer Portal);
- Violate a non-athletically related condition outlined in your financial aid agreement or violate a documented institutional rule or policy (e.g., academics policies or standards, athletics department or team rules or policies);
- Are convicted of a crime or found in violation of the Conference Sportsmanship Policy, the University’s Code of Student Conduct, Sexual Misconduct Policies & Procedures, Code of Academic Integrity, Drug Testing Policy, or Student-Athlete Code of Conduct; Fail to notify your head coach and sports supervisor within 24 hours of being charged with a crime or receiving notice of an allegation that you violated the Conference Sportsmanship Policy, the University’s Code of Student Conduct, Sexual Misconduct Policies & Procedures, Code of Academic Integrity, Drug Testing Policy, or Student-Athlete Code of Conduct.

Financial Aid Appeals

If you feel that an upcoming reduction or non-renewal of your financial aid is unfair or unjustified, you have the right to request a hearing as provided by NCAA regulations. The request for an appeal hearing must be submitted in writing within 10 days of receipt of the scholarship

reduction or non-renewal notification and must come from the student-athlete, not the student-athlete's parent or guardian.

All written inquiries should be directed to scholarships@osfa.umd.edu or the Office of Student Financial Aid, 0102 Lee Bldg., University of Maryland, College Park, MD 20742.

Any request for an appeal will be submitted for consideration to the Athletic Scholarship Hearing Board Committee and a hearing will be scheduled. If you have any questions regarding the process, please contact the Office of Student Financial Aid at 301-314-9000.

Exhausted Eligibility Aid

Financial aid may be available to a student-athlete who has completed his/her athletic eligibility but has not yet finished his/her degree (such aid may be guaranteed if you signed an aid agreement that contained The Maryland Way Guarantee). Any such aid will be awarded at the discretion of the Director of Athletics and/or his designee and **in no case** may exceed the percentage of athletically related aid that was awarded during the student-athlete's last period of enrollment.

To apply for exhausted eligibility aid, a former student-athlete must request an application from an GSAC Athletic Academic Counselor. The former student-athlete will be responsible for completing the designated section(s) while ensuring that the University-designated major/College advisor provides the required academic review (confirming graduation), and that the Head Coach signs and endorses the application. The former student-athlete should return the completed application to his/her sport's GSAC counselor by the published deadline for further processing.

The Associate AD for GSAC will forward all applications for exhausted eligibility aid to the Athletics Compliance Office, which will in turn submit the applications to the appropriate Sport Supervisor for his/her required approval and signature. Following the Sport Supervisor's review of the application, the Athletics Compliance Office will provide written notice to the student-athlete regarding whether the student-athlete's application was approved. Student-athletes who are denied exhausted eligibility aid are permitted to appeal the denial. All such appeals are to be made in writing to the Faculty Athletic Representative (FAR).

Winter/Summer School Athletic Aid Procedure

If you are on an athletics scholarship during the academic year, you may be eligible for winter/summer aid, but winter/summer aid is **not guaranteed**. If approved, the financial aid award you receive for winter/summer will be proportionate to the percentage of athletics aid awarded to you during the academic year. Winter and/or Summer athletically-related financial aid is intended be used by student-athletes who need to enroll in additional classes in order to maintain NCAA eligibility for competition, graduate on time and within the four-year plan filed with each student-athlete's major College, to attend classes in the summer or winter sessions immediately prior to the start of their competitive NCAA season, to participate in required summer activities if men's basketball, women's basketball, or football, or to remain on campus if unable to return home during University breaks (e.g., international student-athletes who do not have the means to return home for holidays and/or University breaks).

A student-athlete may not drop any winter/summer school course without the express written permission of the Associate AD for GSAC. If a student-athlete drops a course without receiving permission in advance, he/she may be charged the amount that your athletics aid originally covered. Additionally, if a student-athlete drops a course, he/she may be required to meet with the Director of Athletics to explain the drop.

Failure to Earn Degree Credit when Receiving Winter/Summer or Exhausted Eligibility Athletics Aid

For students receiving Winter, Summer, or Exhausted Eligibility athletics aid, all courses attempted must be completed with a grade that permits the course to count toward your degree and NCAA progress-toward-degree requirements. Failure to complete the course(s) as required may result in a mandatory meeting with the Director of Athletics and/or your student account being charged the amount that your athletics aid originally covered. You may appeal the decision if your student account is charged, but any reasons you assert for failing to earn a grade that can be utilized for your degree program must be supported by documentation.

Winter/Summer Financial Aid "Charge" Policy

When a student-athlete does not earn a passing or degree applicable grade or drops a class without prior permission, he or she may be held financially responsible for the full balance of financial aid awarded by the Athletics Department. Financial responsibility will be determined by and combination of the Winter/Summer Financial Aid Committee and/or the Director of Intercollegiate Athletics or designee.

The Committee and/or Director of Athletics or designee will always assume good effort/intent, on behalf of the student-athlete, to pass the class but also know that extraordinary circumstance may be present precluding acceptable academic performance. Student-athletes who do not earn a passing or degree applicable grade or dropped or withdrew from a class without prior permission will be reviewed by the Winter/Summer Aid Committee to determine if the student-athlete should be charged for the class or classes. Student-athletes who can demonstrate a good faith effort (i.e., attended all classes, received tutorial support) will not be charged. Those who cannot, may be required to pay for a portion of all of the financial aid costs awarded. The committee's recommendations will be forwarded to the Director of Athletics or his/her designee for review and final determination.

Federal Pell Grants

Student-athletes are encouraged to apply for this federal entitlement grant program by completing the Free Application for Federal Student Aid (FAFSA). This grant is based on financial need and may be used to supplement other funds. A student-athlete may receive a Pell Grant in combination with institutional financial aid even if the student-athlete is already receiving a full scholarship up to the cost of attendance. You may complete a FAFSA online at www.fafsa.ed.gov or pick one up at the Office of Student Financial Aid in 1135 Lee Building. If you have additional questions concerning Pell Grants and other sources of financial aid, you may contact the Office of Student

Financial Aid at (301) 314-9000.

Student-Athlete Opportunity Fund (SAOF)

All current student-athletes are eligible to apply for support from the SAOF. Applications can be submitted at any time during the calendar year. Funds will be available each year beginning September 1st. Efforts will be made to assure that funds are used by student-athletes in all sports and in a manner that reflects the University's commitment to gender equity.

Student-athletes shall submit an application for funds to the Athletics Compliance Office. In the application, the student-athlete must specify the purpose of the request and justify why the SAOF should be used (i.e., why other sources of funding are not available or appropriate). The Athletics Compliance Office will review the application to make sure it is complete and consistent with the purpose of the SAOF. The application may then be reviewed and approved by the Faculty Athletics Representative (FAR) and, if approved, will be submitted to the Business Office in the Department of Athletics for payment.

When approving applications for funds, the Athletics Compliance Office, Business Office and the FAR will consider the following principles:

1. whether the expenditure is directly related to the academic success or welfare of the student-athlete;
2. whether the request is for an expenditure in the high priority area;
3. whether the need for the expenditure has been clearly demonstrated; and
4. whether the student-athlete has received a previous award from the SAOF during the year in which funds are requested.

Any excess funds in the SAOF account at the conclusion of each fiscal year shall be allocated as such: up to 80% of the remaining funds shall be allocated to GSAC improvements that directly benefit student-athletes (e.g. laptop computers, computers for the computer lab, printers, etc.). The remaining funds shall be rolled over into the coming year's SAOF account. Any allocation designated for GSAC improvements shall receive prior approval from a committee comprised of the SAAC Chair, Faculty Athletics Representative, and Associate Athletics Director/GSAC.

All SAOF funds received by the University of Maryland will be used to directly benefit student-athletes. Funds may be requested for the following reasons:

HIGHEST PRIORITY (NOT RANKED WITHIN THIS CATEGORY):

- Postgraduate or internship fees
- International student fees and taxes
- Graduate school exam fees
- Professional program testing
- Educationally related expendable supplies
- Course related educational supplies
- Learning disability testing
- Medical expenses for student-athletes (not covered by another insurance program)
- Dental/vision expenses for student-athletes (not covered by another insurance program)
- Medical and dental expenses for student-athlete's spouse/dependents
- Clothing allowance. Non-PELL eligible student athletes must complete the FAFSA form

in order for the Financial Aid Office to determine unmet need. Only student-athletes determined to have unmet need are eligible for the clothing allowance.

- PELL-eligible student-athletes may request up to \$500 per academic year for clothing needed for team travel, internships, job interviews, and/or work.
- Student-athletes who have completed 60% of their degree or more must limit clothing allowance requests to clothing needed for internships, job interviews, and/or work (up to \$500 per academic year) and must demonstrate financial need that justifies the request.
- Student-athletes who have completed less than 60% of their degree must limit clothing allowance requests to clothing needed for internships and/or work and must demonstrate financial need that justifies the request. Additionally, extensive documentation outlining internship/work details is required prior to approval (up to \$250 per academic year).
- Student-athletes who request assistance for team travel and/or seasonal clothing must demonstrate financial need which justifies the request (up to \$250 per academic year).
- Emergency travel and expenses up to the state mandated limits (e.g. per diem, mileage) for student-athletes, spouses, parents/guardians and/or dependents.
- Other educational expenses.
- Emergency expenses for student-athletes, spouses and/or dependents.
- Travel expenses for family members to be present when a student-athlete is honored (priority will be given to national recognition of individuals).
- Travel expenses for team members being honored by a governmental body.
- Additional student-athlete travel home (available only to PELL Grant recipients one-time per academic year up to \$500).
- Health insurance premiums and/or supplemental health insurance.

LOWER PRIORITY (Only to be requested when other sources are not available)

- Fifth and sixth year aid
- Post graduate scholarship
- Other personal expenses
- Additional student-athlete travel home
- Other health and safety expenses

TEXT BOOK SCHOLARSHIP INFORMATION

The University of Maryland may provide to a student-athlete financial aid that covers the actual cost of required books and required course materials. Each student-athlete receiving a book scholarship will be notified of the scholarship by his/her coach prior to the start of each academic year (or, for mid-year enrollment, prior to the start of the semester of enrollment). Eligible participants are responsible for adhering to the procedures for receiving and returning the books that are issued through the book scholarship program.

Student-athletes receiving a book scholarship are not permitted to get books for non-scholarship student-athletes or other students.

Procedures to receive required books, supplies, and/or course packets

1. Before the start of each academic term, the Athletics Compliance Office will provide GSAC and the University Book Center (“UBC”) a list of all student-athletes who have been awarded a book scholarship for the upcoming term.

Prior to the start of each academic term, the GSAC staff orders required textbooks and course materials for scholarship student-athletes. The UBC will compile all orders and distribute books to scholarship student-athletes at an agreed upon time and location at the beginning of each semester. If the UBC does not have a student-athlete’s required text book(s), supplies, and/or course packet, the student-athlete should contact his or her AAC in GSAC for assistance.

WITHDRAWING FROM SCHOOL/DROPPING BELOW FULL-TIME STATUS

If, for any reason, you withdraw from the University during any semester of enrollment or drop below full-time enrollment (defined as 12 credits for undergraduate students and 48 unites for graduate students), you may be billed the entire cost of your athletics aid and/or any other scholarship. You will also immediately forfeit your athletics eligibility for the remainder of that semester and potentially jeopardize your future eligibility status.

Prior to withdrawing from the institution or dropping below full-time status, all student-athletes are expected to:

1. Schedule an appointment with your Academic Counselor in GSAC to discuss your reason for withdrawal.
2. **YOU** are responsible for contacting the residence life and dining services offices directly. The Department of Athletics **is NOT permitted to process your cancellations** for housing, course registration, room, board, or any other service. In addition to cancellation of all agreements, you must immediately return your textbooks to the Compliance Office. You will be responsible for any and all fees incurred as a result of a failure to complete withdrawal procedures in their entirety.
3. Should you wish to transfer to another institution, refer to the Transfer Procedure section above and follow all relevant steps therein.

Impact on Athletics Aid

If a student-athlete receiving athletically-related financial aid (even exhausted eligibility aid) decides to withdraw from classes, drop below full-time enrollment, or drop/withdraw from any winter or summer course, the Department of Athletics reserves the right to cancel that student-athlete’s athletics aid and/or charge the cost of the dropped course(s) back to the student-athlete’s account.

STUDENT-ATHLETE NAME, IMAGE, LIKENESS GUIDELINES

PURPOSE

Maryland Athletics is committed to supporting student-athletes and their pursuit of name, image, likeness (NIL) activities in accordance with applicable NCAA, state, and/or federal laws while continuing to uphold the mission of the Athletics Department. These NIL guidelines apply to all student-athletes participating in intercollegiate athletic programs at the University of Maryland and establish clear expectations surrounding a student-athlete's involvement in permissible NIL activities. Furthermore, these NIL guidelines apply to prospective high school and transfer student-athletes who may attend the University of Maryland.

STUDENT-ATHLETE NAME, IMAGE, LIKENESS GUIDELINES

Under Maryland law, and in accordance with NCAA rules, the following name, image, likeness guidelines are applicable to University of Maryland student-athletes:

- You may receive compensation for your NIL activity.
- Compensation may not be earned based on your athletics performance or achievement(s).
- Compensation you earn for your NIL activity must be commensurate with fair market value.
- NIL compensation opportunities are not performed when you are engaged in official team activities, on- or off-campus (e.g., athletically related and academic activities). This includes, but is not limited to media activities, team travel, community service, and UMD fundraising events.
- Compensation may not be arranged or provided to you by UMD employees.
- UMD may prohibit you from using your NIL for compensation if such opportunity conflicts with an existing institutional sponsorship agreement or contract or goes against the values of the institution, including but not limited to; tobacco products, adult entertainment, and NCAA banned substances.
- Use of University or athletic department registered trademarks, products protected by copyright, or official logos or marks, is prohibited without the express written permission from the University and/or the Office of Trademarks and Licensing. For information regarding trademarks within the University please refer to: <https://osc.umd.edu/licensing-trademarks/>
- You may secure representation (agent or lawyer) **ONLY** for Name, Image, Likeness, or persona and **NOT** for future professional athletic contract negotiations. NIL agents must be registered and certified to operate in Maryland pursuant to state law. You must compensate your NIL agent with their regular rate. Failure to do so will jeopardize your intercollegiate eligibility. You may not hire an agent to directly or indirectly represent you for the purpose of marketing your athletics ability or athletics reputation.
- You may be compensated for your NIL by UMD boosters, provided the activity is in accordance with Maryland Athletics policy, is not an impermissible inducement, and it does not constitute pay-for-play.

- Use of University or athletic department facilities for NIL activities is prohibited without express written permission from the University and/or athletics department. Please contact a UMD staff member in the Facilities, Events, and Operations Office (<https://umterps.com/staff-directory>) for additional information related to athletic department facility rental contracts.
- International student-athletes may face additional NIL limitations due to visa requirements where employment is prohibited. It is recommended that international student-athletes seek guidance from the University of Maryland International Students & Scholar Services office (<https://globalmaryland.umd.edu/offices/international-students-scholar-services>) to prevent any potential immigration issues.
- Pell Grant or need-based financial aid could be impacted based on compensation from Name, Image and Likeness. Those questions should be directed to the University of Maryland Office of Student Financial Aid and Scholarships (<https://financialaid.umd.edu/>).

DISCLOSURE OF NAME, IMAGE, LIKENESS ACTIVITIES

You must disclose all compensated NIL activities within 14 days of the activity occurring to UMD through Opendorse. The required information in your disclosure includes, but is not limited to the compensating third-party, business category of the third-party, individuals and businesses connected to the activity, type of compensation, and all verbal or written NIL agreements.

Failure to disclose your NIL activities may jeopardize your NCAA eligibility for practice and/or competition. Also, you may be subject to the applicable penalties pursuant to state law.

Student-Athlete Code of Conduct/ Policies & Procedures

In this chapter the Maryland Student- Athlete Code of Conduct and several other significant University Policies & Procedures are outlined in detail. Please familiarize yourself with this section in order to best understand the policies & procedures that may govern your actions.



MARYLAND STUDENT-ATHLETE CODE OF CONDUCT

The University of Maryland has established a tradition of ethical conduct at all levels of university life. In accordance with this tradition, all student-athletes involved in the intercollegiate athletics program are expected to represent the university in an honorable manner at all times.

ACADEMIC CODE OF CONDUCT

The University of Maryland and its Department of Intercollegiate Athletics (hereinafter referred to as “Department of Athletics” or “ICA”) are committed to providing all student-athletes with the best possible opportunities to succeed academically.

In accepting admission to the University, student-athletes assume the responsibility of meeting not only athletic obligations, but also those obligations that come with being serious students interested in earning degrees.

All student-athletes are expected to:

1. **Acknowledge that earning an undergraduate degree is the primary goal of being a collegiate student-athlete.**
2. Attend all classes except when traveling to represent the University in intercollegiate competition.
3. Be prepared for class and participate in class discussions.
4. Complete all academic assignments on time and take all course examinations.
5. Meet with college academic advisors to seek approval for course registration and assistance with procedures related to course schedule adjustments and academic matriculation.
6. Attend all Gossett Student-Athlete Center (GSAC) consultations, tutoring, study table, and review sessions as scheduled by assigned Athletic Academic Counselor.
7. Maintain the status of full-time enrollment while obtaining an undergraduate degree within four to six years of the time you first enrolled as a full-time student in any college or university.
8. Make satisfactory progress towards a degree as defined by your designated college and the NCAA.
9. Maintain academic eligibility for practice and competition as defined by the University of Maryland, the Big Ten Conference, and the NCAA.
10. Properly inform instructors (i.e. provide authorized team travel letter), by the 10th day of fall and/or spring semesters, of expected class absences due to travel to official intercollegiate competitions.
11. Abide by the University of Maryland rules and regulations governing student conduct.

STUDENT-ATHLETES ARE SUBJECT TO ALL UNIVERSITY POLICIES

Student-athletes are required to follow all University of Maryland policies regarding academics, residence life, and general conduct. Violations of any such policies are handled by the University in the same manner as for the general student body. Please consult the Code of Student Conduct and Code of Academic Integrity found at the following links:

<http://www.president.umd.edu/administration/policies/section-v-student-affairs/v-100b>

<http://www.president.umd.edu/administration/policies/section-iii-academic-affairs/iii-100a>

Additionally, the Department of Athletics will take additional action pursuant to the procedures as outlined below.

DEPARTMENT OF ATHLETICS ADMINISTRATIVE PROCEDURES FOR STUDENT-ATHLETE CHARGES AND CONVICTIONS:

- Criminal Charges and Convictions
 - University Code of Student Conduct and Student-Athlete Code of Conduct violations, including violations of the codes that occur online or through the use of social media
 - University Code of Academic Integrity
 - Sexual Misconduct Policy
 - Drug Testing Policies
 - The Conference Sportsmanship Policy
- I. Student-Athlete’s Duty to Notify: In all instances, a student-athlete shall immediately notify his or her head coach and the sport supervisor when he or she has been charged with a criminal offense or a violation of the Conference Sportsmanship Policy or the University’s Code of Student Conduct, Sexual Misconduct Policy, Code of Academic Integrity, or Drug Testing Policy. Failure to notify the head coach and the sport supervisor will result in appropriate administrative action, which shall be determined by the Director of Athletics and/or his designee.
 - II. Additionally, any person may refer one or more student-athlete(s) suspected of violating any laws, the Conference Sportsmanship Policy, or the University’s Code of Student Conduct, Sexual Misconduct Policy, Code of Academic Integrity, Drug Testing Policy, or Student-Athlete Code of Conduct. Persons making such referrals are required to provide information pertinent to the case as necessary throughout the investigation of the allegations
 - III. The SWA/Senior Associate AD for Academics & Student Development serves as a clearinghouse for receipt and sorting of information involving alleged violations of the law, the Conference Sportsmanship Policy, or the University’s Code of Student Conduct, Sexual Misconduct Policy, Code of Academic Integrity, Drug Testing Policy, or Student-Athlete Code of Conduct from the Office of Student Conduct, University Health Center, UMCP Police, Prince George’s County Police, and/or all other agencies or sources.
 - IV. The SWA/Senior Associate AD for Academics & Student Development provides notice of the alleged crime or violation to the involved student-athlete’s head coach and the applicable sport supervisor. Additionally, when appropriate and/or necessary, the SWA/Senior Associate AD for Academics & Student Development and/or sport supervisor notify the Director of Athletics.

- V. The Department of Athletics does not investigate allegations.
- VI. But within 72 hours of receiving notice of allegation, the head coach and sport supervisor discuss potential administrative actions (e.g., playing and practice status, suspension from team activities, dismissal from the team, community service) and make a recommendation to the Director of Athletics or his/her designee, who will then decide what administrative actions will be imposed, subject to the following restrictions:
 - A. Crime of Violence/Serious Drug Offense
 - a. Includes the following:
 - i. A crime as set forth in Maryland Annotated Code Criminal Law Art. § 14-101 (a) (2012) (hereinafter referred to as a “Crime of Violence”).
 - ii. A drug offense that constitutes a felony under Maryland law or U.S. Federal Law, including, but not limited to, felony offenses set forth in Maryland Annotated Code Criminal Law Art., Title 5 Controlled Dangerous Substances, Prescriptions, and other Substances (2012) (hereinafter referred to as “Serious Drug Offense”).
 - iii. A crime in another jurisdiction that would be classified as a Crime of Violence or Serious Drug Offense if committed in Maryland.
 - b. If charged with any of the above, a student-athlete shall be suspended immediately from all competition and related travel. This suspension will remain in effect at least until final disposition of the student-athlete’s case unless and until information arises that clearly warrants review of the suspension.
 - c. If a student-athlete is convicted or pleads guilty to (VI)(A)(1)(a)-(c) above, he/she shall be dismissed permanently from his/her team.
 - d. If a student-athlete pleads no contest or receives probation before judgment for any of the offenses in (VI)(A)(1)(a)-(c) above, the sport supervisor and head coach make a recommendation to the Director of Athletics or his/her designee regarding the student-athlete’s playing and practice status.
 - B. All Other Crimes
 - 1. If a student-athlete is charged with a crime not listed in (A)(1)(a)-(c) above, the sport supervisor and head coach shall make a recommendation to the Director of Athletics or his/her designee regarding
 - a. the predisposition playing and practice status of the student-athlete; and
 - b. the post-disposition playing and practice status of the student-athlete.
 - C. Significant Violations of the Code of Student Conduct or Sexual Misconduct Policy includes the following:

- a. A violation of Part 10, Sections (a)(1), (b)(1), (d)(1), (d)(2), (d)(3), (e)(4), and (f)(1) of the University’s Code of Student Conduct or Sexual Assault I as defined in the University’s Sexual Misconduct Policy.
- b. Any offense accompanied by “aggravating factors” (as defined by subparagraph k of part 8 of the University of Maryland Code of Student Conduct) and/or bias (pursuant to part 10 of the University of Maryland Code of Student Conduct) and determined by the Office of Student Conduct as a potential aggravated violation such that dismissal from the University is a potential sanction.

2.If charged with either of the above, a student-athlete shall be suspended immediately from all competition and related travel. This suspension will remain in effect at least until final disposition of the student-athlete’s case unless and until information arises that clearly warrants review of the suspension.

3. If a student-athlete admits responsibility or is found responsible for a violation of the Code of Student Conduct or Sexual Misconduct Policy, his/her playing and practice status shall be determined by the final sanctions imposed under the applicable code.

D. Other Violations of the Code of Student Conduct, Sexual Misconduct Policy, or Code of Academic Integrity

- 1. If a student-athlete is charged with a violation of the Code of Student Conduct, Code of Academic Integrity or Sexual Misconduct Policy not listed in (C)(1)(a)-(b) above, the sport supervisor and head coach shall make a recommendation to the Director of Athletics or his/her designee regarding the pre-disposition playing and practice status of the student-athlete.
- 2. If a student-athlete who has previously been found responsible for a violation of the Code of Student Conduct, Code of Academic Integrity or Sexual Misconduct Policy is charged with a second violation, the sport supervisor and head coach, in consultation with the Faculty Athletics Representative, shall make a recommendation to the Director of Athletics regarding the pre-disposition playing status of the student-athlete.
- 3. If a student-athlete admits responsibility or is found responsible for a violation of the Code of Student Conduct, Code of Academic Integrity, or Sexual Misconduct Policy not listed in (C)(1)(a)-(b) above, his/her playing and practice status shall be determined by the final sanctions imposed under the applicable code.

VII. Student-Athlete Right of Appeal

A. Violations of the University of Maryland Drug Testing Policy may be appealed through the appeal process outlined in that policy.

B. For alleged violations of the law, the Conference Sportsmanship Policy, or University policies other than the Drug Testing Policy, if the student-athlete disagrees with the course of action imposed pursuant to this Athletic Council

Policy, he/she may appeal to the Faculty Athletics Representative in writing within 72 hours of receiving from the sport supervisor the of disciplinary measures that will be imposed

1. The student-athlete's written request for an appeal must explain how the recommended disciplinary measures are too harsh.
 2. The student-athlete's written request for an appeal must include any and all relevant supporting documentation.
 3. The Faculty Athletics Representative will provide a copy of the student-athlete's written request for appeal to the appropriate sport supervisor and the Department of Athletics will be given an opportunity to respond to the student-athlete's assertions.
 4. Pending the final outcome of the appeal, any administrative actions identified pursuant to Section VI above will be imposed (i.e., the administrative actions will not be suspended during the appeal process).
- C. If a particular violation or offense triggers the imposition of a minimum disciplinary measure mandated by University, Conference or NCAA policy, that particular disciplinary measure cannot be appealed through this process. Therefore, if a student-athlete appeals the imposition of a mandated disciplinary measure, the portion of the appeal pertaining to that disciplinary measure will be dismissed immediately.
- D. Within 72 hours of receiving the request for an appeal, the Faculty Athletics Representative will render a decision and notify the student-athlete of the decision in writing. That decision is final and cannot be appealed.

UNIVERSITY TICKETS AND FINES

You are responsible for paying all university fines assigned to you by the Office of the Bursar. This includes, but is not limited to, fines for dorm damages, overdue library books, telephone charges, and unpaid parking tickets. Failure to pay such fines could jeopardize your eligibility and the ability to participate in priority registration.

TEAM RULES

Every head coach is responsible for preparing team rules that apply for each new season and, in some cases, have the ability to add further penalties. Team rules shall be provided to student-athletes in writing.

TEAM TRAVEL CONDUCT

Any student-athlete and/or student serving in an official capacity for the Department of Athletics are representatives of the University of Maryland. As a representative of the University, such students traveling individually or as a team/group to an intercollegiate athletic contest agree to abide by the laws of the State of Maryland and any state(s) through which the student travels, University policies, Department of Athletics policies, and team rules. Student-athletes and/or students serving in an

official capacity for the Department of Athletics shall be responsible for acting in accordance with such laws, policies, and rules during the entire period of travel and competition.

ETHICAL CONDUCT – SPORTS PARTICIPATION

- You must compete with honesty and sportsmanship at all times so that you represent the honor and dignity of fair play [NCAA Bylaw 10.01.1].
- You are **not eligible** to compete if you have shown dishonesty in evading or violating NCAA regulations [NCAA Bylaw 14.01.3.3].
- Review the Policy on Conduct and Ethics for Student-Athletes, V-2.00(C), <http://www.president.umd.edu/administration/policies/section-v-student-affairs/v-200c>

POLICY ON EVENT-RELATED STUDENT MISCONDUCT, V-8.00

Event-related misconduct includes rioting, assault, theft, vandalism, fire-setting, or other misconduct related to an institutionally sponsored event, occurring on or off campus that results in harm to persons or property or otherwise poses a threat to the stability of the campus or campus community. Campus disciplinary action for event-related misconduct may take place regardless of the existence, status, or outcome of any criminal charges in a court of law related to the misconduct. Student Affairs. A record of any suspension or expulsion under this policy shall be noted on the student's transcript. For more information on this policy see <http://www.usmh.usmd.edu/regents/bylaws/SectionV/V800.html>.

SPORTSMANLIKE CONDUCT (UNIVERSITY OF MARYLAND)

All student-athletes are expected to conduct themselves both on and off the field in a manner that will bring respect to their teammates, coaches, and the University. Inappropriate or unsportsmanlike conduct will be handled in accordance with the current policies of the Department of Athletics, the University, and the State of Maryland. In addition, all student-athletes are expected to adhere to the Maryland Sportsmanship Principles adopted by the President's Commission on Sportsmanship when serving as an athlete and as student. These principles are as follows:

FOUNDATIONS. The University of Maryland College Park fully supports the principles of sportsmanship adopted by the National Collegiate Athletic Association and the Big Ten Conference. It does so not only because it is a member of those organizations, but more importantly because the concept of sportsmanship embodies the principles on which this and other great universities have been established: the attainment and celebration of excellence, respect for and acceptance of those with whom we differ, and our commitment to the highest standards of integrity. Our campus mission statement, the President's Statement of Freedom Expression, the Human Relations Code and the codes of conduct for students, faculty, and staff are the primary campus documents that embody these principles. As the goals for campus sportsmanship are articulated, it must be remembered that sportsmanship in intercollegiate athletics must be connected to these broader campus values and standards of behavior. The approach to intercollegiate athletics must be embedded in our notions of the rights and responsibilities that come with being a member of the campus community.

ATTAINING AND CELEBRATING EXCELLENCE. Whether it is grades, pro- motion and tenure, or graduation, our university is committed to the principle that the rewards it bestows should be granted on the basis of adherence to community standards. These celebrations are the

time when the campus recognizes those who have excelled in meeting these standards and the campus's ultimate goal – acquiring and advancing knowledge. In sponsoring intercollegiate athletics, the University provides opportunities for students not only to achieve excellence in sports, but also to attain the life skills associated with participation in sports that will benefit them personally and professionally. It is entirely appropriate that we as a community enthusiastically support their efforts. In doing so, we gain a source of campus unity and an appreciation of the commitment of student-athletes to achieving personal excellence. Maryland sportsmanship implies, and perhaps requires, that we support our teams as they strive for excellence in their sport.

RESPECT. In an environment that celebrates diversity and freedom of expression, we must respect the opinions and rights of others. As the President's Statement of Freedom of Expression notes, our commitment to freedom of expression must not result in the denial of others' rights and/or the creation of an environment that discourages an individual's participation in campus life. Achieving the right balance amongst these sometimes conflicting interests is one of the most difficult challenges a civil society faces. In intercollegiate athletics, this balance can be achieved only by maintaining respect for the game, our teams, our opponents and our institution. We celebrate the contest and the spirit of competition, but must remember that the value of victory is measured by the esteem one holds for the opponent. Thus, sportsmanship entails respecting our student athletes and their opponents, as well as the officials, coaches, and fans. It means celebrating performance – by either side. Our campus values require that respect – for the game and our campus – must be a fundamental component of our understanding of sportsmanship.

INTEGRITY. Acts that violate our integrity strike at the very heart of our campus. Whether plagiarism, cheating or fraud by students, faculty or staff, they cannot be tolerated. Increasingly, the campus has focused attention on the integrity of the educational enterprise and research. No less important is an intercollegiate athletics program that meets the highest standards of integrity. For this reason the campus has positioned itself as a leader in the NCAA certification process. Winning within the rules must be one of the components of our understanding of sportsmanship. Maryland sportsmanship means that administrators, coaches and participants must know the rules and be committed to following them.

BIG TEN SPORTSMANSHIP POLICY

AGREEMENT 10. SPORTSMANSHIP POLICY

(Adopted 1974; revised 1991; 1995; 2000; revised 6/2/13 & effective 8/1/13)

10.01 General Purpose and Scope. The Big Ten Conference expects all contests involving a member institution to be conducted without compromise to any fundamental element of sportsmanship. Such fundamental elements include integrity of the competition, civility toward all, and respect, particularly toward opponents and officials. Accordingly, each member institution, through the actions of the individuals or groups of individuals listed in Agreement 10.1.1 below, has an obligation to behave in a way that does not offend the elements of sportsmanship described above. Actions that are offensive to the integrity of the competition, actions that offend civility, and actions of disrespect are subject to review and are punishable in accordance with the terms of this policy. Although this policy will apply most commonly to actions that occur within or around the competitive arena, the scope of its application is intentionally left unrestricted in order to accommodate any behavior, which may occur in any setting, deemed by the Commissioner to offend the underlying objective this policy seeks to achieve. (Note that throughout Agreement 10, use of the term "Commissioner" shall refer to the Commissioner or the Commissioner's designee.)

10.1 Role of Member Institutions

10.1.1 Responsibility and Accountability. An institution is responsible for, and therefore, may be held accountable for, the actions of its employees, coaches, student-athletes, band, spirit squads, mascot(s), general student body, and any other individual or group of individuals over whom or which it maintains some level of authority. In addition, any member of the above groups may be held individually accountable if found to have committed an offensive action as contemplated by this policy.

10.1.2 Obligation to Cooperate. Each institution is obligated to cooperate with the Commissioner during the course of an investigation as to whether an offensive action has occurred. An institution's failure to cooperate shall result in a breach of this policy, which shall be punishable in accordance with the terms of the policy.

10.1.3 Presumption of Commitment to Sportsmanship. Each institution is presumed to be committed to sportsmanship as contemplated by this policy, and is encouraged to take any action it deems appropriate to further the underlying objective of this policy. Such actions may be proactive in nature (e.g., education, sportsman- ship campaigns); such actions may be reactive in nature (e.g., institutionally imposed suspensions in response to offensive actions). Although the Commissioner has the ultimate authority to impose disciplinary action in accordance with Agreement 10.2 below, nothing in this policy shall be construed to suggest that institutions are limited in their ability to impose any disciplinary action deemed appropriate in advance of any action that may be taken by the Commissioner.

10.2 Authority of the Commissioner

10.2.1 Exclusive Authority to Determine Whether Offensive Actions have Occurred.

The Commissioner shall have the exclusive authority to determine whether an offensive action, as contemplated in Agreement 10.01 above, has been committed by anyone referenced in Agreement 10.1 above. In making this determination, the Commissioner may consider any evidence that he or she deems relevant. The Commissioner may accept any information provided by any source, but except as outlined in Agreement 10.3.1 below, has no formal obligation to do so.

10.2.1 Authority to Take Disciplinary Action. In the event the Commissioner determines that an offensive action has occurred, the Commissioner shall have the authority to impose any disciplinary action in response to the offensive action, subject to the provisions of Agreement 10.3.3.1 below.

10.2.2 Factors that may be Considered when Deciding upon Disciplinary Action. In deciding whether to impose disciplinary action, factors to be considered by the Commissioner may include, but shall not be limited to, the following:

- a) the general nature or severity of the offensive action
- b) any injury or damage that results directly from the offensive action
- c) the manner in which the offensive action fits within the context of the rules of the game for the sport at issue
- d) any action taken or imposed in accordance with the applicable rules of the game (e.g., actions taken by game officials)
- e) the response of and/or any action taken by the involved member institution(s)
- f) the response of and/or any action taken by any other entity that may have jurisdiction over the offensive action (e.g., law enforcement)
- g) any prior offensive action(s) as contemplated within this policy

10.3 Procedural Elements

10.3.1 Commissioner’s Discretion, Timeliness, and Due Process. The Commissioner has the discretion to pursue, or choose not to pursue, an investigation as to whether an offensive action has occurred. In the event the Commissioner decides to pursue such an investigation, the Commissioner shall commence the investigation as expeditiously as possible upon notification that such an offensive action may have occurred. Upon commencement of such an investigation, the Commissioner shall determine, as expeditiously as possible, whether an offensive action did occur. Any involved institution or individual at risk of disciplinary action shall be provided an opportunity, which may be waived, to offer its or his or her position as to whether an offensive action occurred. The time frame within which an institution or individual shall provide its or his or her position shall be set by the Commissioner, and shall be reasonable in light of the circumstances. Upon determination that an offensive action did occur, the Commissioner shall, as expeditiously as possible, determine whether disciplinary action should be imposed, and if so, what it should be.

10.3.2 Notice of Disciplinary Action. In the event it becomes clear that an institution is likely to be subjected to disciplinary action, the Commissioner shall notify that institution or individual at the earliest reasonable opportunity. Under no circumstances shall the Commissioner comment publicly regarding either an investigation or disciplinary action without having first provided notice to any involved institution or individual.

10.3.3 Categories of Disciplinary Actions.

10.3.3.1 Standard Disciplinary Action. Standard disciplinary actions shall include admonishment, reprimand, fines that do not exceed \$10,000, and suspensions from no more than two contests. Any combination of the preceding actions shall be considered to be a singular standard disciplinary action. Decisions by the Commissioner to impose a standard disciplinary action shall be final and are not subject to appeal.

10.3.3.2 Major Disciplinary Action. Disciplinary actions exceeding those listed in Agreement 10.3.3.1 above must receive prior approval by the Joint Group Executive Committee (JGEC). In any case for which prior approval is sought, the JGEC shall be provided, in writing, the involved institution’s or individual’s position as described in Agreement 10.3.1 above. The JGEC may only approve, deny, or lessen the proposed penalty; it shall not increase the proposed penalty. Further, the JGEC may not lessen the penalty to a level lower than that for which its approval is required. Review and action by JGEC shall occur as expeditiously as possible, and its decisions shall be final and are not subject to appeal.

10.3.3.2.1 Interim Action. Prior to receiving approval, the Commissioner may impose as interim action any lesser disciplinary action (i.e., any disciplinary action for which prior approval would not be required), which shall be in effect until the JGEC has had the opportunity to review and act upon any proposed major disciplinary actions.

10.3.4 Annual Review. Any case for which the Commissioner has pursued an investigation as described in Agreement 10.3.1 above shall be reviewed by the Joint Group on an annual basis, regardless of whether any disciplinary action has been imposed. The purpose of the annual review is to ensure the Commissioner is administering the policy in a reasonable, fair, and consistent manner.

10.3.5 Notice of Closure. For any case in which an institution has been provided notice of

being at risk, the Commissioner shall notify that institution when the matter is closed, regardless of whether disciplinary action was or has been imposed.

ATTENDANCE POLICY FOR STUDENT-ATHLETES

The University Athletic Council (“Council”) has determined that poor academic performance by a number of our student-athletes is significantly influenced by the fact that those students do not maintain consistent class attendance. During the past few years, numerous efforts have been made by coaches and administrators to address this issue, with mixed results. Furthermore, the Council has determined that students who do not meet our academic expectations and who have excessive unexcused absences should not be allowed to fully exercise the opportunity provided them to represent the University of Maryland as varsity student-athletes. Therefore, the Council recommends the following policy:

- A. Teams that have a four-year moving average NCAA graduation success rate below 70% will be subject to the following attendance policy:
 - 1. Any member of that team who has a cumulative GPA of 2.3 or lower OR who has passed fewer than 9 credits in the previous semester will have his/her class attendance checked by staff from the Gossett Student-Athlete Center.
 - 2. These students will be allowed maximum of two unexcused absences per term in each class. Following the third and each subsequent unexcused absence, the coach must withhold the student from the next regularly scheduled competition(s) that are equal to 5% of that sport’s NCAA regular season contest maximum, as follows:

NOTE: Whether a class is missed or not will be determined by the Director of the GSAC. A missed class occurs when the student-athlete is more than ten minutes late for a class. Appeals of GSAC missed class decisions will be heard by the Faculty Athletics Representative. Any appeal must be made via email to the Faculty Athletics Representative within 24 hours of the time of the class in question. If a student- athlete is withheld from a contest as a result of this policy, his/her attendance at the contest cannot be deemed an excused absence from classes.

- B. At any time, the Faculty Athletics Representative may place a student-athlete under this policy if the student-athlete has a cumulative GPA of 2.3 or less and, in the judgment of the FAR, is not making sufficient effort to improve her/his academic performance, regardless of the team’s NCAA GSR. In addition, nothing in this policy precludes a head coach from implementing more stringent requirements.

SOCIAL MEDIA

I. Introduction

Examples of social media include, but are not limited to Instagram, Twitter, TikTok, YouTube, Snapchat, LinkedIn, Flickr, Foursquare, Facebook, Vine, and blogs of all types. The rapid growth of social media technologies combined with their ease of use and pervasiveness make them attractive channels of communication. However, these tools also hold the possibility of a host of unintended consequences. Applications that allow you to interact with others online require careful consideration to assess the implications of “friending,” “liking,” “following,” “geolocating,” or accepting such a request from another person. These guidelines are designed to help you

understand your unique responsibilities as a Maryland student-athlete, identify and avoid potential issues, and protect your reputation and privacy as you utilize social media technologies.

Represent the University of Maryland with Honor

As a Maryland student-athlete, you are responsible for your social media activities and are expected to follow the same behavioral standards on-line as you are in your everyday life. The same laws, rules, and guidelines for interacting with family, friends, teammates, coaches, faculty, staff, and fans apply on-line as in the real world. Conduct or activities that would violate the Student-Athlete Code of Conduct offline are also considered violations online. Never compromise your personal reputation and integrity – or that of your team and university – through your use of social media technologies.

Think Before You Post

There is no such thing as a truly “private” social media site. Search engines can turn up posts and pictures years after the publication date. Comments can be forwarded or copied. Archival systems save information even if you delete a post. If you feel angry or passionate about a subject, it is wise to delay posting until you are calm and clear-headed. Post only thoughts and pictures that you would be comfortable sharing with the general public. Use good ethical judgment and always err on the side of caution.

Does It Pass the Publicity Test?

If the content of your message would not be acceptable for face-to-face conversation, over the telephone, or in another medium, it will not be acceptable for a social networking site. Ask yourself, would I want to see this message or image as the result of a Google search tomorrow or 10 years from now? Would I want my mother or my grandmother to see it?

Remember, too, that comments made via social media can be and have been used by members of the media as attributed quotes.

Be Respectful

Remember that with rights come responsibilities. While you may have the right to freely express certain ideas or beliefs, you should weigh the values of civility and mutual respect when deciding to engage in certain forms of expression on-line. Think before you post to consider the hurt that may result from the use of slurs or epithets intended to discredit, for example, another’s age, ethnicity, gender, handicap, national origin, political beliefs, race, religion or sexual orientation. Your on-line expressions also reflect on your team and your university.

Be Authentic & Transparent

Be honest about your identity. In personal posts, you may identify yourself as a Maryland student and student-athlete. However, always be clear that you are sharing your personal views and are not speaking as a representative of your team, Maryland Athletics, or the University of Maryland. If you identify yourself as a Maryland student-athlete, ensure your profile and related content are consistent with the Student-Athlete Code of Conduct and how you wish to present yourself to your family, friends, teammates, coaches, faculty, staff, and fans.

Protect Your Identity

While you should be honest about yourself, think twice before providing personal information that could be used by scam artists, identity thieves, stalkers, or others who may wish to do you harm. The same is true for the information of your family, friends, teammates, and coaches. You should avoid providing your home or campus address, phone number or date of birth on social media. It is a good idea to create a separate email address that is used only with social media sites.

Maintain Privacy

Do not discuss a situation involving named or pictured individuals on a social media site without their permission. Do not publish the personal information of others without their explicit permission. Do not collect sensitive information, such as phone numbers, ID numbers, social security numbers, payment information, etc., via social media, as those are not secure channels. As a guideline, do not post anything that you would not present in any public forum.

Understand Your Personal Responsibility

You are personally responsible for what you post on your own site and on the sites of others. Individuals have been held liable for commentary deemed to be copyright infringement, defamatory, proprietary, libelous or obscene. Be sure that what you post today will not come back to haunt you.

Abide by NCAA Rules

Ensure that you do not violate NCAA rules in your use of social media. For example, it is impermissible for student-athletes to promote or endorse any product whether on-line or off-line. It is also not permissible for current student-athletes to contact prospective student-athletes (recruits) in any manner, including via social media. Student-athletes must also be cautious in their social media interactions with athletic boosters.

Always “ask before you act” and speak with the Maryland Athletics Office of Compliance Office (301-314-1349; 2601 XFINITY Center) if you have any questions regarding NCAA rules.

Correct Mistakes

Ensure that you have all the facts before you post. If you do make a mistake, correct it quickly and visibly. If you are posting to a blog, you may choose to modify an earlier post – just make it clear that you have done so.

Monitor Comments

Most people who maintain social media sites welcome comments as a way to engage their audience and build community. However, you may be able to set your site so that you can review and approve comments before they appear. This allows you to respond in a timely way to comments. It also allows you to delete spam comments and to block any individuals who repeatedly post offensive or frivolous comments.

Do Not Use Maryland Logos

Do not use University of Maryland or Maryland Athletics word marks, logos, or images without written permission. Complete University of Maryland logo and trademark guidelines can be found at: www.trademarks.umd.edu.

Respect for Gossett Student-Athlete Center (GSAC) Time and Resources

Use of social media is strictly prohibited on GSAC computers and during time spent in study table, with GSAC Athletic Academic Counselors, and with tutors or other various support staff. ACSDU computers and time spent in GSAC is exclusively for your academic work. You should participate in personal social media conversations on your own time outside of GSAC. Any exceptions must be specifically approved by the GSAC staff member(s) on duty.

II. Team Guidelines

Individual teams and head coaches may implement additional guidelines regarding the use of social media by their student-athletes. For example, a head coach may prohibit the use of social media technologies immediately prior to, during, and following competition. Student-athletes are responsible for knowing and abiding by any such additional guidelines implemented by their

respective teams. Violations of additional team restrictions regarding the time, place and manner in which student-athletes can use social media may subject student-athletes to progressive remedial actions as determined by their respective head coach.

III. Safety & Privacy Tips for Social Media

The internet is open to a world-wide audience. When using social media technologies, ask yourself:

1. Did I set my privacy settings to help control who can look at my profile, personal information and photos? Even if you did, you can limit access only somewhat, not completely, and you have no control over what someone else may share.
2. How much information do I want strangers to know about me? If I give them my cell phone number, date of birth, address, email, class schedule or a list of possessions, how might they use it? With whom will my information be shared? Not everyone will respect your personal or physical space.
3. Is the image I am projecting by my communications and photos the one I want my parents, friends, teammates, coaches, faculty/staff, and fans to know me by? What does my profile say to potential graduate school interviewers? Potential employers? Which doors am I opening and which am I closing?
4. What if I want to remove information from my posts? Have I read the social networking site's privacy and caching statements? Removing materials from network caches can be difficult. Posted material can remain accessible on the internet until you complete the prescribed process for removing information from the caching technology of one or multiple (potentially unknown) search engines.
5. Have I asked permission to post someone else's image or information? Could I be hurting someone? Am I infringing on their privacy? Could I be subject to libel suits or other legal actions?
6. Does my equipment have spyware and virus protection installed and is it up to date? Some sites collect profile information to spam you. Others contain links that can infect your equipment with viruses that potentially can destroy data and infect others with whom you communicate. Remember to back up critical files on an external source in case of destructive attacks.

POLICIES IMPACTING STUDENT-ATHLETE HEALTH & WELFARE

I. ALCOHOL & DRUG POLICIES

All students attending the University of Maryland are required to abide by the State of Maryland criminal laws regarding alcohol possession and use, as well as drug possession and use. In the State of Maryland, the minimum age for the purchase and consumption of alcoholic beverages is 21. Those who are of the minimum age and older are prohibited from selling or providing alcoholic beverages to anyone under 21 years of age.

The Department of Athletics does not condone the illegal use of drugs, or irresponsible use of alcohol under any circumstances. If legally of age, student-athletes who consume alcoholic beverages are expected to do so responsibly, understanding the risks associated with alcohol use and abuse.

All student-athletes are prohibited from the consumption or being under the influence of alcoholic beverages or drugs in connection with any team function. A team function for purposes of this policy includes the following:

- When traveling to or from a site or at that site with the team, as a representative of the

team or coaching staff, and/or serving in an official capacity for the Department of Athletics,

- At any intercollegiate athletic event, including parties organized by team members, on or off campus, and
- At any time in public while representing the team or the University (e.g., summer camps, clinics, recruiting activities, community service).

In addition, student-athletes are expected to adhere to the University's Resident Life Alcohol Policy, V-1.00(D) and Drug Policy, V-1.00(E):

<http://www.president.umd.edu/administration/policies/section-v-student-affairs/v-100d>

<http://www.president.umd.edu/administration/policies/section-v-student-affairs/v-100e>.

Any student-athlete violating any of these policies may be subject to disciplinary action according to the policies as well as the Department of Athletics. Please see the Department of Athletics Administrative Procedures for Student Athlete Charges and Convictions section for penalties related to underage drinking. Students serving in an official capacity for the Department of Athletics may be subject to disciplinary action by the Department of Athletics, and/or the University.

II. BINGE DRINKING & HIGH RISK ALCOHOL CONSUMPTION

The University of Maryland adheres to the principle that there is no place in intercollegiate athletics for substance abuse of any kind. The Department of Athletics recognizes that for student-athletes there are additional pressures associated with participation in intercollegiate sports. As a consequence of such pressures, student-athletes may be at higher risk for unhealthy behavior patterns to cope with stress. Therefore, the Department of Athletics considers the misuse and abuse of alcohol as an unhealthy and inappropriate response to stress. Experimental and/or recreational intoxication can have harmful effects on the overall health of student-athletes. Hence, the Department of Athletics does not condone drunkenness and/or public intoxication at any time for any student-athlete.

Student-athletes who become drunk will be held accountable for their actions as stated in this Handbook and according to University policy. "High-risk alcohol consumption" in any form is abusive alcohol consumption. High-risk alcohol consumption is strictly prohibited for student-athletes. Behavioral examples of high-risk alcohol consumption include, but are not limited to, drinking games, drinking to the point of physical illness, the possession or use of any instrument of alcohol abuse (i.e. beer bong), and binge drinking. Binge drinking, as defined by University of Maryland health professionals, is five (5) or more drinks in a sitting/row for males and 4 or more drinks in a sitting/row for females.

III. USE OF TOBACCO PRODUCTS

The use of tobacco products by a student-athlete is prohibited at any team function (See definition of team function under *Alcohol and Drug Policies* above). Pursuant to NCAA rules, a student-athlete who uses tobacco products during practice or competition shall be disqualified for the remainder of that practice or competition (adopted by NCAA 1/11/94, effective 8/1/94). In addition, smoking is prohibited on University property. For more information, see Policy on Smoking at University of Maryland, VI-8.10(A) -

<http://www.president.umd.edu/administration/policies/section-vi-general-administration/vi-810a>.

IV. SEXUAL MISCONDUCT

Sexual Misconduct is a form of sex discrimination prohibited by federal and state discrimination laws, including Title IX of the Education Amendments of 1972 and Title VII of the Civil Rights Act. In addition, some forms of Sexual Misconduct violate the criminal laws of the State of Maryland. Sexual misconduct is not tolerated at the University of Maryland. Sexual misconduct is a broad term used to describe behavior of a sexual nature that is unwelcome. Sexual misconduct includes sexual harassment, indecent exposure, non-consensual sexual touching, non-consensual sexual intercourse, relationship violence, and stalking.

The University of Maryland has an affirmative consent policy. Consent means a knowing, voluntary, and *affirmatively communicated willingness* to participate in a particular sexual activity or behavior. Only a person who has the ability and capacity to exercise free will and make a rational, reasonable judgment can give Consent. Consent may be expressed either by words and/or actions, as long as those words and/or actions create a mutually understandable agreement to engage in specific sexual activity. **It is the responsibility of the person who wants to engage in sexual activity to ensure that they have consent from the other party, and that the other party is capable of providing Consent.**

- Lack of protest or resistance is not consent. Nor may silence, in and of itself, be interpreted as Consent. For that reason, relying solely on non-verbal communication can lead to misunderstanding.
- Previous relationships, including past sexual relationships, do not imply Consent to future sexual acts.
- Consent to one form of sexual activity cannot automatically imply Consent to other forms of sexual activity.
- Consent must be present throughout sexual activity and may be withdrawn at any time. If there is confusion as to whether there is consent or whether prior consent has been withdrawn, it is essential that the participants stop the activity until the confusion is resolved.
- Consent cannot be obtained by use of physical force, threats, intimidating behavior, or coercion. Coercion is pressuring another person into sexual activity.

Retaliation

Retaliation for reporting or participating in a sexual misconduct investigation is prohibited. Retaliation means intimidating, threatening, coercing, or discriminating against an individual for the purpose of interfering with any right or privilege secured by law or University policy relating to Sexual Misconduct, or because an individual has made a report, filed a complaint, testified, assisted, or participated in any manner in an investigation or proceeding related to Sexual Misconduct. Retaliation includes retaliatory harassment.

Amnesty for Students Who Report Sexual Misconduct

The University and Athletics Department recognize that a student athlete who is under the

influence of alcohol and/or drugs when an incident of Sexual Misconduct occurs, may be reluctant to report the Sexual Misconduct out of concern they may face disciplinary sanctions for engaging in prohibited alcohol or drug use. As such, a student who reports Sexual Misconduct to the University or law enforcement, or who participates in a Sexual Misconduct investigation either as a Complainant or third party witness, will not face disciplinary action for violating University drug and alcohol policies. This amnesty provision applies when (1) the drug/alcohol violation occurred during or near the time of the reported Sexual Misconduct; (2) the student acted in good faith in reporting or participating as a witness; and (3) the violation was not likely to place the health or safety of another individual at risk.

Reporting Sexual Misconduct

Reports of Sexual Misconduct in violation of this Policy may require immediate protective measures to protect the safety and well-being of the parties and/or the University community. Interim protective measures may include a *No Contact Order*. A no contact order is an official University directive that serves as notice to an individual that they must not have verbal, electronic, written, or third party communications or contact with another individual. Other remedies available include *Academic Accommodations*, such as, assistance in transferring to another section of a lecture or laboratory, assistance in arranging for incompletes, leaves or withdrawal from campus, or rearranging class schedules, and *Housing accommodations*, such as, facilitating changes in on-campus housing location to alternate housing, assistance in exploring alternative housing off-campus, and *Employment accommodations*, such as, arranging for alternate University employment, different work shifts, etc., and *Transportation and parking* accommodations.

Student-athletes are expected to conduct themselves in a manner where the rights of others are respected. Violations of the Sexual Misconduct may result in sanctions by the University, Department of Athletics, and criminal or civil authorities.

Victims of sexual misconduct are encouraged to call the Campus Advocates Respond and Educate (CARE) to Stop Violence – a **confidential resource** on campus for students, located on the ground floor of the University Health Center. **CARE 24 hour Resource Line/Text: 301.741.3442.**

V. DISCRIMINATION & HARASSMENT

Discrimination and harassment (a form of discrimination) occurs when someone is treated unequally because of a characteristic or trait they may have such as their religious beliefs or sexual orientation. It is against the law and University Policy to treat people unfairly because of their religious beliefs, sex, color, age, race, national origin (country or birth), marital status, sexual orientation, gender identity or expression, physical or mental disability, veteran status, political affiliation, genetic information and personal appearance.

At the University of Maryland, student athletes are part of a culturally and socially diverse community. They are expected to respect the dignity and sensitivity of all members of that community. Consistent with the University's Non Discrimination Policy, actions that intentionally intimidate, humiliate, or demean individuals or groups for having certain characteristics or traits are unacceptable and will not be tolerated. Student-athletes are expected to contribute to an environment that promotes community spirit and develops positive understanding and interactions. Discrimination and/or harassment should be reported directly to University's Office of Civil Rights & Sexual Misconduct (OCRSM). OCRSM can also provide additional information and resources about civil rights violations and your rights as a student at UMD.

Office of Civil Rights & Sexual Misconduct (OCRSM) www.umd.edu/ocrsm; 301-405-1142

VI. HAZING

Hazing is a fundamental violation of human dignity. In accordance with the Policy and Procedures on Hazing, V-1.00(K), hazing is strictly prohibited at the University of Maryland. The University defines hazing as conduct when engaged in “for the purpose of admission, initiation, or continued association with a group or organization, recklessly or intentionally: engaging in or enabling an act or situation that subjects another person to the risk of physical harm; emotional distress, humiliation, degradation; harm from unreasonable requirements which interfere with a student’s ability to function as a student, including financial requirements outside of membership dues; diminished physical or mental capacity; or causing or encouraging another person to violate any law or University regulation. The implied or express consent of another person is not a defense.”

Examples of hazing include, but are not limited to:

- Forced consumption of alcohol or other substances
- Sleep deprivation
- Use of alcohol in drinking games or contests
- Paddling
- Forced tattooing or branding
- Creation of excessive fatigue
- Severe shocks or humiliation (as defined by a reasonable person under all circumstances)
- Compulsory servitude
- Theft or misuse of property belonging to others

“Aggravated” violations of this policy, as defined in Part 2 (a) of the *Code of Student Conduct*, normally result in suspension or expulsion from the University; revocation, suspension, or expulsion from a student group; or denial of recognition or registration for a student group or organization, even for a first offense. Individuals who participate in acts of hazing are personally accountable under this policy and the *Code of Student Conduct* regardless of the outcome of any related case brought against a student group or organization.

For more information on penalties, procedures and reporting, see the University of Maryland Policy and Procedures on Hazing, V-1.00(K) - <http://www.president.umd.edu/administration/policies/section-v-student-affairs/v-100k>.

All members of the University community share the responsibility to challenge and make known to the Office of Student Conduct acts of apparent hazing.

Apathy in the presence of hazing or acquiescence to hazing are not neutral acts. Individuals who participate in acts of hazing as perpetrators or victims are personally accountable under this policy and the *Code of Student Conduct*.

SCOOTER POLICY

The University of Maryland Department of Public Safety has received numerous complaints from the public about the operation of bicycles and motor scooters on campus contrary to the Maryland Vehicle Laws. Common complaints include:

- ignoring of traffic control devices (stop, yield, and crosswalk signs)
- speeding
- weaving through stopped traffic (especially on Campus Drive)
- passing on a double yellow line
- riding on the sidewalk

- multiple passengers on a scooter designed only for the operator
- failing to yield right of way, and
- parking in a way that impedes pedestrian thoroughfare.

In response to these complaints, the University of Maryland Police will be taking a “zero tolerance” policy in this matter and actively enforcing these laws and regulations through the issuance of Traffic Citations and the impoundment of vehicles.

For clarification, here is a list of prohibitions regarding the use of scooters and bicycles on campus:

- Motor scooters and bikes must be registered with UMD and display a DOTS-issued license plate (available for purchase in DOTS office on campus).
- Motor scooters and bikes are not permitted on any sidewalk areas.
- Motor scooters are not permitted within any building, on any handicapped ramp, stairs, or any surfaced not designated or intended to be used by wheeled devices. *Buildings include residences – University Police have taken several scooters out of student’s rooms and apartments.*
- No person shall park, store, or leave a motor scooter or bicycle in such manner as to block or otherwise impede the normal entrance to or exit from any building or the access to or egress from any building on the University.
- No bicycle or motor scooter shall be left on any landscaped area except those areas designated as a bicycle parking area by the presence of racks, other parking devices, or signs specifically indicating the area is a bicycle parking area.
- No bicycle or motor scooter shall be chained or otherwise locked or attached to any handrail, tree, bush, door, signpost, lamp, utility post/ pole, fence, pipe, parking device, or other object not intended or designated for the purpose of securing bicycles.
- Bicycle racks are not to be used for long term bicycle storage.
- Illegally parked motor scooters and bicycles are subject to citation and impoundment at owner’s expense.

Please refer to published UM DOTS regulations on bicycle and motor scooter parking regulations: <http://www.transportation.umd.edu/scooter.html>; <http://www.transportation.umd.edu/bike.html>.

Maryland Vehicle Law: *Maryland Law requires that an operator of a motor scooter possess a valid Driver’s License issued in this State or if the operator is a non-resident of this State, the operator must possess a valid license to drive issued by their State or Country of residence or obtain a Moped Operator’s Permit issued by the Maryland Motor Vehicle Administration.*

Additionally, scooters and mopeds will be required to be registered and titled with the MVA. Registration will consist of a sticker for the scooter. This is independent of any DOTS requirements.

Liability Insurance on the vehicle is required and the operator must carry proof of insurance.

Operators must wear helmets that meet MVA standards same as motorcycles. Helmets such as bike, baseball, and lacrosse helmets will not be acceptable.

Operators must wear eye protection.

How do you know if it is a scooter or motorcycle? If the motor scooter has a motor rating greater than 2.7 brake horsepower or has an internal combustion engine greater than 50

cubic centimeter piston displacement, it is a motorcycle.

If it is a motorcycle, the operator is required to comply with all legal requirements in operating a motorcycle such as titling and registering, obtaining insurance, having a motorcycle license, and complying with applicable safety requirements (i.e. helmet & eye protection).

SPORT SUPERVISORS

Each team at the University of Maryland is assigned a Department of Athletics administrator who serves as the program's sport supervisor. Student-athletes are encouraged to contact their respective sport supervisor to discuss any special issues or concerns that may arise during their time at the University of Maryland. Sport supervisors work closely with their respective head coaches and support units within the Department of Athletics. At the conclusion of each athletic season, student-athletes are provided the opportunity to complete a Student-Athlete Experience Survey to provide feedback on various services provided by the Department.

FACULTY ATHLETICS REPRESENTATIVE

The Faculty Athletics Representative ("FAR") is appointed from the faculty by the President of the University for a five-year term. The FAR chairs the University Athletics Council and, with the assistance of the Council, advises the President on policies of the intercollegiate athletics program. The FAR is the voting representative of the campus to the Big Ten and the NCAA. The full duties of the FAR and the role of the University Athletics Council can be found [here](#). You may contact the FAR to discuss any aspect of your experience as a student-athlete. If you wish to recommend policy changes that you think the Athletic Council should consider, start by asking the Student-Athlete Advisory Council (SAAC) to support those changes.

The current FAR is Dr. Brad Hatfield. He can be reached by phone at 301-405-2485 or by email at bhatfiel@umd.edu.

TERPS ICA FEEDBACK

[Terps ICA Feedback](http://ter.ps/icafeedback) is an online platform that allows you to submit secure feedback surrounding any comments or concerns you may have. When you visit <http://ter.ps/icafeedback> you will be prompted to select your sport and then enter your feedback. You are encouraged to speak out if you have a challenge, concern or issue.

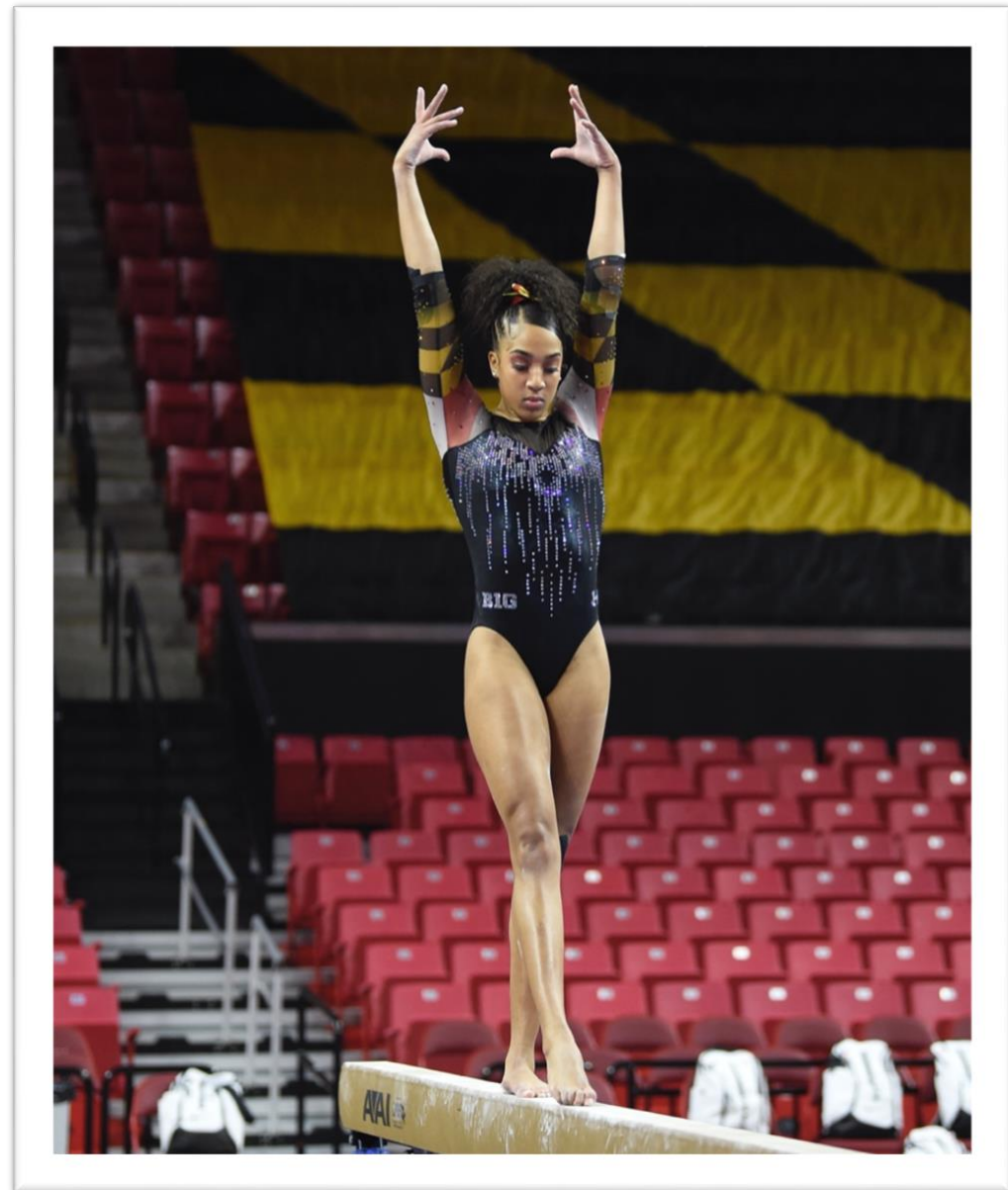
The following methods are still available as additional ways you can provide feedback:

- Meet with the athletic director, your sport supervisor, or the faculty athletics representative (FAR)
- Talk with your athletic trainer, academic counselor, learning specialist and/or SAAC representative
- Set up an appointment with our Sports Psychologist
- Complete a confidential Student-Athlete Experience Survey



Student-Athlete Health & Safety

In this section you will find important information specific to the policies and procedures governing the comprehensive services offered by an industry leading sports medicine team. In addition, University of Maryland and NCAA drug testing policies and procedures are outlined for ongoing reference.



MEDICAL CERTIFICATION FOR INDIVIDUAL STUDENT-ATHLETE PARTICIPATION

The University of Maryland Department of Athletics requires all student-athletes to complete a pre-participation physical examination prior to the student-athlete being issued equipment, being permitted to attend any practice or strength and conditioning session, and/or competing in any intercollegiate athletics activities. The pre-participation physical examination **MUST** be administered by a University of Maryland Team Physician and/or his/her designee and must be completed on an annual basis. The examination includes, but is not limited to:

- Primary Care Physical Exam
- Orthopedic Physical Exam
- Baseline Concussion Testing
- Sick Cell Screening/Lab-work
- Completion of Supplemental Forms:
 - Initial Health Appraisal History Questionnaire
 - ADD/ADHD Education, Acknowledgement, and Medical Exception Form
 - Authorization to Release Protected Health Information
 - Concussion Education and Acknowledgement
 - Institutional Drug Testing Consent
 - Medical Examination and Authorization Waiver
 - Nutritional Questionnaire
 - Sick Cell Education and Acknowledgement
 - Supplement Education and Consent

Selected individuals may be required to complete additional tests and/or examinations as needed. Upon successful completion of the aforementioned pre-participation physical examination process, the student-athlete will receive approval/certification from the University of Maryland Sports Medicine Department and be issued equipment prior to participate in practicing, strength and conditioning sessions, and/or competition.

If, for any reason, the student-athlete is not approved/certified for intercollegiate athletics participation, he/she will be notified by the University of Maryland Team Physician and/or a member of the University of Maryland Sports Medicine Department at the end of the pre-participation physical examination.

INSURANCE COVERAGE OF STUDENT-ATHLETES:

THE UNIVERSITY OF MARYLAND REQUIRES ALL UNDERGRADUATE STUDENTS TO BE ENROLLED IN A HEALTH INSURANCE PLAN. PROOF OF AN INDIVIDUAL HEALTH INSURANCE PLAN MUST BE PROVIDED BEFORE PARTICIPATING IN ANY PRACTICE, GAME, AND/OR COMPETITION.

The student-athlete's insurance will be considered the **PRIMARY** insurance coverage for all athletically related injuries. The student-athlete must complete a Medical Examination & Authorization Wavier form and supply a photocopy (front & back) of the health insurance card on a yearly basis.

The University of Maryland Department of Athletics provides a medical and catastrophic insurance program for its student-athletes. **THIS POLICY, HOWEVER, IS SECONDARY TO, OR IN EXCESS OF, PERSONAL FAMILY MEDICAL INSURANCE COVERAGE**, and covers only injuries/illnesses/accidents resulting from the direct participation in the intercollegiate athletics program during the dates of the primary competitive season and designated off-seasons according

to NCAA regulations for 156 weeks after the initial date of injury.

Compliance with Insurance Company Requests:

It is the responsibility of the student-athlete and his/her parent(s)/guardian(s) to understand the conditions that apply to their policy and comply with any requests for information, etc. from the primary insurance company. Any delinquent bills resulting in bad credit due to non-compliance with insurance company requests may be the responsibility of the student-athlete and/or his/her parent(s)/guardian(s).

In the event that a student-athlete and/or his/her parent(s)/guardian(s) receives payment/reimbursement directly from their insurance company for athletic related injury/illness claims, **the full account balance becomes the responsibility of the student-athlete and/or his/her parent(s)/guardian(s), until payment is turned over to the provider.**

HMOs:

If a student-athlete's primary insurance is an HMO, the University of Maryland Sports Medicine Unit strongly encourages the student-athlete and/or his/her parent(s)/guardian(s) to **request "guest" status or change the primary care physician (PCP) to a University of Maryland Team Physician or local physician.** This will allow the student-athlete to have a network of physicians in the Washington, DC/Baltimore metropolitan area, as well as better access to care. University of Maryland Sports Medicine personnel can assist in this process.

Insurance Policy Changes:

The University of Maryland Sports Medicine Unit **must** be notified of any changes to a health insurance policy as soon as they occur. If proper notification is not received, the University of Maryland Department of Athletics may not be responsible for any delays in payment, collections notices, credit reports, etc. that occur.

Medical Bills:

In the event that a student-athlete should receive a bill/statement for an injury/illness that occurred as a direct result of participation in intercollegiate athletics at the University of Maryland, the student-athlete must submit the bill/statement to a University of Maryland certified athletic trainer in a timely manner. Bills not received in a timely manner may be the responsibility of the student-athlete and/or the student athlete's parent(s)/guardian(s). **The University of Maryland Department of Athletics and/or the University of Maryland Sports Medicine Unit WILL NOT be responsible for any delays in payment, collections notices, credit reports, etc. that occur due to bills not being submitted in a timely manner.** Submit all correspondence to:

University of Maryland Sports Medicine
Attn: Insurance Coordinator
 4068 Field House Drive
 Gossett Football Team House
 College Park, MD 20742
 Fax: 877-863-2802
 Email: mroopnar@umd.edu

INJURY/ILLNESS REPORTING PROCEDURES

Any certified intercollegiate athletics participant who is injured/becomes ill must **IMMEDIATELY** report the injury/illness including, but is not limited to, signs and symptoms of concussions to University of Maryland Sports Medicine personnel. Costs pertaining to an injury and/or illness not reported in a timely manner may be the responsibility of the student-athlete and/or his/her parent(s)/guardian(s).

CONCUSSION

A concussion is a mild traumatic brain injury that damages the brain and affects normal brain functioning (e.g. concentration, balance, memory, vision, hearing, reaction time, analytical thinking etc.). Concussions range from mild to severe and present differently for each student-athlete. Concussions can happen even if you do not lose consciousness.

What are some of the signs and symptoms of a concussion?

- Confusion
- Headache/“Pressure in the Head”
- Memory difficulties
- Difficulty concentrating
- Loss of consciousness
- Balance problems
- Dizziness
- Sensitivity to light and/or noise
- Nausea and/or vomiting
- Concentration problems
- Slowed reaction time
- Double and/or blurred vision
- Feeling sluggish, foggy, or groggy
- Neck pain
- Fatigue/drowsiness
- Irritability
- Sadness/Depressed feeling

What should I do if I think I have a concussion? DON'T HIDE IT! REPORT IT IMMEDIATELY TO YOUR ATHLETIC TRAINER, TEAM PHYSICIAN, AND/OR COACH!

Get checked out by your athletic trainer and/or team physician BEFORE returning to practice or a game. Take the appropriate time to recover. While your brain is healing, you are much more likely to have a repeat concussion which can cause severe and permanent brain damage.

MISSED DOCTOR'S APPOINTMENT POLICY

Student-athletes who are late and/or fail to show-up for scheduled appointments with the team physician, medical consultants, and/or diagnostic tests/procedures will be financially responsible for any and all charges resulting from the missed appointment. In addition, the student-athlete may be responsible for rescheduling the appointment and providing his/her own transportation.

CONTACT LENS POLICY

Student-athletes in need of an eye exam and/or contact lenses will be referred to an optician by University of Maryland Sports Medicine personnel. If appropriate, student-athletes will receive an applicable supply of contact lenses during the athletic calendar within an academic year. Prescription polycarbonate goggles may be substituted for contacts. Student-athletes may not:

- Schedule an appointment without prior authorization and the proper referral from University of Maryland Sports Medicine personnel;
- Receive colored and/or novelty contact lenses; or
- Receive glasses / sunglasses in lieu of contact lenses.

PHYSICIAN REFERRALS/CONSULTATIONS

The University of Maryland Sports Medicine Unit has fostered positive relationships with many medical providers in the Maryland and Washington, DC area who have consistently provided high quality service to University of Maryland student-athletes. Members of the University of Maryland Sports Medicine Department will refer student-athletes to these providers, unless extenuating circumstances necessitate a different provider. Student-athletes with HMO policies are strongly encouraged to have a local primary care physician (PCP), so that timely care can be given.

All student-athletes must be seen and evaluated by a University of Maryland sports medicine unit through either a licensed athletic trainer or a team physician. University of Maryland team physicians may authorize the referral of a student-athlete for diagnostic tests and/or additional health care services of other physicians or medical consultants. These referrals should take into account each student-athlete's well-being, primary insurance coverage, and the time within the competitive season.

Second Opinions

If a student-athlete desires another physician's opinion on an orthopedic and/or medical injury / illness, a University of Maryland Team Physician and/or certified athletic trainer will make arrangements for the second opinion with a qualified local physician after consultation with a team physician. If a student-athlete decides to see a physician / medical consultant, and/or undergo a diagnostic test WITHOUT prior authorization / referral from University of Maryland Sports Medicine personnel, the student-athlete and/or the student athlete's parent(s) / guardian(s) may be financially responsible for any and all medical bills incurred.

Physical Therapy / Rehabilitation Procedures:

At times, it may be necessary for a student-athlete to utilize an “off-campus” physical therapy facility. In such situations, authorization must be granted from a team physician with a referral form. Arrangement for “off-campus” physical therapy should be made in advance of the student-athlete departing campus. The following correspondence must be sent to the physical therapy facility to assist with communication and proper billing of services:

1. Prescription for therapy from Team Physician
2. Student-athlete insurance cards
3. Request for a release of all treatment notes with University of Maryland Authorization for the Release of Health Information Form

All bills, statements, EOBs, and/or other insurance correspondence regarding the physical therapy visits should be submitted to the University of Maryland Sports Medicine Insurance

Coordinator.

If a student-athlete decides to utilize physical therapy / rehabilitation services without authorization from University of Maryland Sports Medicine personnel, the student-athlete and/or the student athlete's parent(s) / guardian(s) may be financially responsible for any and all medical bills incurred. Student-athletes may apply for financial assistance / reimbursement for non-reimbursed expenses through the Student-Athlete Fund (SAF).

DENTAL CARE

Mouthguards will be provided for student-athletes participating in contact sports (e.g. football, basketball, lacrosse, field hockey, wrestling) and other student-athletes that express a desire for them. Custom mouth guards are offered and available upon request.

Costs in excess of the student's primary insurance plan for dental care due to injuries resulting from the direct participation in the intercollegiate athletics program when mouth guards are worn may be paid through the University of Maryland accident insurance program.

*The University of Maryland Department of Athletics and its medical and catastrophic insurance program **WILL NOT** assume financial responsibility for dental injuries, head and facial injuries, and/or mild traumatic brain injuries (concussions) if the student- athlete is not properly wearing his/her required mouthpiece at the time of injury. Medical bills associated with such injuries may be the sole responsibility of the student- athlete and/or his/her parent(s)/guardian(s).*

Student-athletes may apply for financial assistance / reimbursement for non-reimbursed expenses through the Student-Athlete Fund (SAF).

MENTAL HEALTH SERVICES

The University of Maryland Clinical and Sport Psychology Program strives to enhance the mental health and performance of our student-athletes both on and off the playing fields by fostering mental wellness and building skills that will prepare them for success now and after graduation. Licensed mental health providers provide comprehensive mental health, psychiatry, and sport psychology services for the duration of a student-athletes time in intercollegiate athletics including, but limited to:

- Mental Health Screenings
- Initial Assessments
- Individual mental health appointments (confidential)
- Individual performance enhancement appointments (confidential)
- Performance enhancement group sessions/ Team workshops
- Outreach, prevention and psychoeducation
- Departmental Programming
- Coach education
- Campus and off campus referrals
- Rehabilitation and return to play group meetings

NUTRITION CONSULTATIONS AND SERVICES

The University of Maryland Sports Nutrition Department strives to provide up-to-date, evidence-based nutrition education, counseling, and food service to all student athletes in order to maximize

performance and improve overall health. The sports dietitian can work with each athlete on varying issues such as: weight gain, weight loss, weight maintenance, hydration practices, injury rehabilitation, unsafe or improper supplement use, medical nutrition concerns (Diabetes or Celiac Disease), and/or eating disorders or suspected eating disorders. Initial and returning athletes can obtain a consult through either self-referral or referral through physician, physician, coach, athletic trainer, or strength staff.

Initial Nutritional Assessments

Student-athlete individual screening and supplementation programs include Omega-3s, Vitamin D, Iron, Bone Mineral Density and Body Composition. Student-athletes may set up an initial appointment with the Sports Dietitian to assess past and present nutrition history and dietary practices and screen for possible nutrition concerns.

Meal Plans

Student-athletes can get personalized meal and snack plans outlining evidenced-based, specific guidance for their daily food needs.

RETURN TO PLAY POLICY

A University of Maryland Team Physician or his/her designee has the final authority in deciding if and when an injured student-athlete may return to practice and/or competition.

Any student-athlete seen by a physician other than the University of Maryland Team Physician, must return to the athletic training room for follow-up and final clearance prior to active participation status. If a student-athlete is under the care of a private physician for an injury or illness and the physician's treatment precludes or alters activity in intercollegiate athletics, the student-athlete must secure, **in writing**, a release to reinstate the student-athlete to full participation. No student-athlete will be allowed to return to participation until the University of Maryland Sports Medicine Unit has received a release from the private physician and the student-athlete is examined by a University of Maryland Team Physician and cleared for participation.

UNIVERSITY OF MARYLAND DRUG POLICY FOR STUDENT-ATHLETES, V-2.00(B)

(APPROVED BY THE PRESIDENT August 1, 1991; Amended May 10, 1997; Amended June, 2004; Amended August 7, 2006, Revised July 12, 2011, Revised March 28, 2016, Revised May 8, 2019)

A. Policy

The University of Maryland College Park adheres to the principle that there is no place in intercollegiate athletics for substance abuse of any kind. The primary intent of the University's policy concerning drug testing and screening is to preserve the well-being of the student-athlete. The University is interested in the prevention and control of drug abuse, as well as in helping student-athletes with drug abuse problems. The drug testing and screening program is regarded as a preventative measure for a potentially serious illness.

B. Definitions

For the purpose of this policy "student-athlete" is defined as:

1. All student-athletes who have been declared eligible for practice and/or competition

- by Big Ten and NCAA standards; and
2. All members of the Spirit Squad, student managers, video assistants, and student trainers.

For the purposes of this document a "confirmed positive result" is defined as positive result from Gas Chromatograph Mass Spectrometer testing.

C. General Information

Each student-athlete that enters the intercollegiate athletics program is provided with a copy of the University's Drug Policy for Student-Athletes and Substance Abuse Testing Procedures for Student-Athletes and required to sign a Consent to Testing of Urine Samples and Authorization for Release of Information Form which stipulates that he/she has read and understands the University's policy on drug testing and agrees to participate in the administering of drug screening, as required. If the student-athlete is a minor, the form must also be signed by the student's parent(s) or legal guardian(s).

D. UMCP Drug Education and Testing Program

The University of Maryland College Park recognizes that use of certain drugs (other than under a physician's care) is not in the best interest of the student-athlete or the intercollegiate athletics program. Use of these drugs:

1. can affect the physical and mental well-being of the student-athlete;
2. can alter the athletic and academic performance of the student-athlete;
3. can be dangerous to the student-athlete or to others, especially during any athletic activity; and
4. in most cases is illegal.

Accordingly, the College Park Campus provides a mandatory drug education and testing program under the direction of the Head Team Physician/Medical Review Officer (MRO). The Athletic Director is responsible for assuring the full cooperation of Athletic Department personnel and student athletes with the policy. The purpose of the program is:

1. to educate student-athletes about the problems of drug abuse;
2. to prevent drug abuse by student-athletes;
3. to avoid the problems attendant upon such drug abuse; and
4. to provide a common mechanism for the detection, sanction and treatment of specific cases of drug abuse.

The College Park Campus encourages student-athletes to seek help for themselves when they are concerned about their substance use. The Safe Harbor Program allows a student-athlete to refer him or herself for voluntary evaluation and counseling. Student-athletes may refer themselves to this program one time during their intercollegiate athletic career and will be removed from the ICA testing pool while compliant with treatment recommendations. Student-athletes are not eligible to enter the Safe Harbor program:

1. after they have been informed of an impending ICA, Big Ten, or NCAA drug test,
2. after being accused of or charged with possession or illegal use of a banned substance,
3. 30 days prior to postseason competition, or
4. if their coach has completed a reasonable suspicion form that has been approved.

Upon completion of the Safe Harbor Program, or upon non-compliance with recommended treatment, the student-athlete will re-enter the ICA testing pool.

A detailed account of the procedures for entering and completing the Safe Harbor program is contained in the University of Maryland Substance Abuse Testing Procedures for Student Athletes document.

Participation in a general program of drug education is required of every student-athlete.

E. Screening and Testing for Use of Illicit Drugs

The testing program is under the control and supervision of the Head Team Physician/Medical Review Officer. Tests may or may not be announced in advance. The number, timing, and other procedures for testing are determined by the Head Team Physician/Medical Review Officer. A detailed account of the procedures which are followed to administer the tests is contained in The University of Maryland Substance Abuse Testing Procedures for Student Athletes document.

The urinalysis may include procedures for detection of any one (1) or any combination of the following drugs:

1. all drugs or harmful substances prohibited as controlled dangerous substances under Schedule I through V of Article 27, Sec. 279 of the Annotated Code of Maryland (as amended from time to time);
2. all harmful substances, the inhaling or smelling of which is prohibited by Article 27, Sec. 301 (as amended from time to time);
3. all prescription drugs as defined in Article 27, Sec. 300 (as amended from time to time);
4. all harmful substances prohibited by NCAA By-law 31 (a copy of which is maintained in the office of the Director of Athletics and available for student review); and
5. all forms of steroids.

This testing of drugs includes, but is not specifically limited to, the commonly abused drugs:

| | |
|-------------------------|------------------------|
| Amphetamines | Phencyclidine (PCP) |
| Barbiturates | Cocaine |
| Methaqualone (quaalude) | Anabolic Steroids |
| Benzodiazepam (librium) | Marijuana |
| Opiates (Narcotics) | Synthetic Cannabinoids |

F. Notifications

The Head Team Physician/Medical Review Officer or his/her designee shall notify the Athletic Director of any student-athlete's confirmed positive drug test. The Athletic Director or his/her designee in turn shall notify the Head Coach of that student-athlete's team. The Athletic Director may make a determination to notify others as permitted by law and University policy.

G. Confidentiality

It is University policy to maintain the confidentiality of all drug testing results, including confirmed positive drug tests. Confidentiality means test results shall be disclosed only to those who have a legitimate need-to-know. The Athletic Director shall have sole authority to determine which Athletic Department personnel have a legitimate need-to-know drug test results. University personnel who receive information about a student-athlete's test results shall not disclose that information to any other person or entity, except as specifically authorized by the Athletic Director, or as permitted by law and University policy.

H. Sanctions

The following are sanctions adopted by The University of Maryland College Park for the imposition upon student-athletes testing positive for the abuse of drugs (e.g. Maryland Intercollegiate Athletics, NCAA, Big Ten, USOC, WADA). Any attempt to adulterate or any actual adulteration of a urine sample will be treated as a positive test result. Failure to comply in the specified time to a notice to appear for testing will be subject to the same sanctions as those imposed for a positive test unless otherwise determined by the Head Team Physician/Medical Review Officer.

Sanctions in addition to those listed below shall be imposed solely by the authority of the Head Team Physician/Medical Review Officer and/or Athletic Director. Additional team specific sanctions concerning drug (and alcohol) use in season are permitted with the approval of Sports Supervisor.

For all drugs except positive tests exclusively for marijuana:

1. First Offense

After a confirmed positive test, the student-athlete is subject to mandatory counseling in a program approved by the Head Team Physician/Medical Review Officer. Failure to attend mandatory counseling sessions result in a second offense status for the student-athlete. In addition to attending counseling sessions, the student-athlete is required to undergo further drug testing, as determined by the Head Team Physician/Medical Review Officer or his/her designee.

2. Second Offense

The student-athlete who incurs a second offense is suspended from any mandatory team activities, including team practice, and scheduled team events for two (2) weeks. Continued counseling and drug testing, as determined by the Head Team Physician/Medical Review Officer or his/her designee, are required.

3. Third Offense

The student-athlete who incurs a third offense, at the minimum, will be suspended from the team and all athletic activities, including but not limited to competition, practice, strength training, and team meetings for a period of one (1) year from the date of the test and shall be prohibited from entering Athletic Department facilities, except for the purpose of using the services of the Academic Support and Career Development unit and services authorized by the Athletic Department's Sports Medicine unit.

A student-athlete who incurs a third offense may be subject to additional sanctions, including but not limited to termination of athletic housing and/or financial aid, and expulsion from the team, based on the recommendation from the Head Coach to the Director of Athletics. Continued counseling and drug testing, as determined by the Head Team Physician/Medical Review Officer or his/her designee, are required.

Following the imposition of the minimum sanction of a one (1) year suspension from the team, the student-athlete will be given notice and provided the opportunity to appeal the matter to the Faculty Athletic Representative and to present information of any mitigating or other relevant circumstances. The student-athlete must institute the appeal within seven (7) calendar days after receiving notification of the sanction.

For positive tests exclusively for marijuana:

1. First Offense

After a confirmed positive test, the student-athlete is subject to mandatory counseling in a program approved by the Head Team Physician/Medical Review Officer. Failure to attend

mandatory counseling sessions result in a second offense status for the student-athlete. In addition to attending counseling sessions, the student-athlete is required to undergo further drug testing, as determined by the Head Team Physician/Medical Review Officer or his/her designee.

2. Second Offense

After a confirmed second positive test, the student-athlete is subject to continuing and more intensive mandatory counseling in a program approved by the Head Team Physician/Medical Review Officer. Failure to attend mandatory counseling sessions results in a third offense status for the student-athlete. In addition to attending counseling sessions, the student-athlete is required to undergo further drug testing, as determined by the Head Team Physician/Medical Review Officer or his/her designee. The student-athlete will also be assigned an appropriate community service project as determined by the Athletic Compliance Office.

3. Third Offense

After a confirmed third positive test, the student-athlete will be suspended from competition for a number of contests equal to 50% of their sport's regular season. (The suspension may include part or all of the post-season if the third positive test occurs in the second half of the regular season or during the post-season.) The student-athlete will continue to be subject to continuing and more intensive mandatory counseling in a program approved by the Head Team Physician/Medical Review Officer. Failure to attend mandatory counseling sessions results in a fourth offense status for the student-athlete. In addition to attending counseling sessions, the student-athlete is required to undergo further drug testing, as determined by the Head Team Physician/Medical Review Officer or his/her designee.

4. Fourth Offense

The student-athlete who incurs a fourth offense, at the minimum, will be suspended from the team and all athletic activities, including but not limited to competition, practice, strength training, and team meetings for a period of one (1) year from the date of the test and shall be prohibited from entering Athletic Department facilities, except for the purpose of using the services of the Academic Support and Career Development unit and services authorized by the Athletic Department's Sports Medicine unit.

A student-athlete who incurs a fourth offense may be subject to additional sanctions, including but not limited to termination of athletic housing and/or financial aid, and expulsion from the team, based on the recommendation from the Head Coach to the Director of Athletics. Continued counseling and drug testing, as determined by the Head Team Physician/Medical Review Officer or his/her designee, are required.

Following the imposition of the minimum sanction of a one (1) year suspension from the team, the student-athlete will be given notice and provided the opportunity to appeal the matter to the Faculty Athletic Representative and to present information of any mitigating or other relevant circumstances. The student-athlete must institute the appeal within seven (7) calendar days after receiving notification of the sanction.

NCAA DRUG-TESTING PROGRAM

In addition to the institutional drug testing program, student-athletes are subject to NCAA random drug testing year-round. All NCAA Division I student-athletes are subject to year-round drug-testing and are required to sign an NCAA consent form each year.

For a full review of the NCAA Drug Testing Program, please visit: <https://www.ncaa.org/sport-science-institute/ncaa-drug-testing-program>

The purpose of the drug-testing program is to deter student-athletes from using performance-enhancing drugs, and it impacts the eligibility of student-athletes who try to cheat by using banned substances. The NCAA tests for steroids, peptide hormones and masking agents year-round and also tests for stimulants and recreational drugs during championships

Before consuming any nutritional/dietary supplement product, **review the product with your Sports Nutritionist, Team Physician or your staff athletic Trainer!**

- Dietary supplements, including vitamins and minerals, are not well regulated and may cause a positive drug test result.
- Student-athletes have tested positive and lost their eligibility using dietary supplements.
- Many dietary supplement products are contaminated with banned drugs not listed on the label.
- Any product containing a dietary supplement ingredient is **taken at your own risk**.

It is your responsibility to check with the appropriate athletics staff before using any substance.

To learn more about specific medications or supplements that may be banned substances, visit Drug Free Sport AXIS, which provides confidential up-to-date research on supplements and over-the-counter and prescription drugs. Website: <https://dfsaxis.com/users/login> Password: ncaa1

COMMONLY ABUSED SUBSTANCES AND THEIR IMPACT ON ATHLETIC PERFORMANCE AND ELIGIBILITY

ALCOHOL: Alcohol is a nervous system depressant. At high dosages, effects include mood swings, impaired judgment and inability to control motor functions. Alcohol can impair an athlete's performance through dehydration, depleting vital nutrients and interfering with restful sleep and recovery.

TOBACCO: Tobacco contains nicotine, a stimulant, and a multitude of damaging chemicals. Smoking damages lung tissue and reduces lung capacity. Spit tobacco use contributes to inflammation of soft tissue in the mouth and raises the risk of oral cancer. Tobacco use in all forms **is prohibited during practice and competition** by student-athletes and game personnel, and may result in ejection from the game.

MARIJUANA (BANNED): Marijuana contains the active ingredient THC. Marijuana use is linked to anxiety and panic reactions, respiratory damage, short-term memory impairment and a decreased focus on goals and personal achievement. Marijuana use is **BANNED by the NCAA** and can result in suspension.

COCAINE (BANNED): Cocaine is a stimulant that can contribute to agitation, elevated heart rate and increased blood pressure; toxic levels can result in respiratory failure and heart attack. Cocaine is an illegal drug and is **BANNED by the NCAA**.

ANABOLIC STEROIDS (BANNED):

Anabolic steroids are synthetic versions of the male hormone testosterone. Steroid use changes the body's hormonal balance, exaggerating male sex characteristics, and can contribute to increased acne, mood swings, secondary sex characteristic changes and violent behavior. Long-term heavy use has been implicated in organ damage. All anabolic steroids are **BANNED by the**

NCAA.

NARCOTICS: Narcotic analgesics (pain killers) block pain and cause sleepiness, and at higher doses affect breathing, heart rate and blood pressure. Narcotics are not banned by the NCAA, but are controlled substances and should be obtained only from qualified medical personnel through a prescription.

STIMULANTS (BANNED): This group of drugs includes a wide variety of chemicals, ranging from caffeine and ephedrine to Ritalin and Adderall (amphetamine). Stimulant abuse can cause anxiety, panic, paranoia and delusions. Stimulant use during exercise can contribute to increased body temperature and dehydration. Stimulants are **BANNED by the NCAA** — see “Medical Exceptions” for prescribed drugs.

Please visit the following website to read about the program details, sanctions, and the list of banned drug classes and example substances: <http://www.ncaa.org/health-and-safety/policy/drug-testing>

Athletics Ticket Policies

In this chapter, student-athletes will find all of the policies and procedures regarding tickets. The NCAA rules are very specific when providing and distributing complimentary tickets to student-athletes. Complimentary tickets can be requested through Front Rush and how to do so is clearly outlined in this chapter.



Player Guest Tickets in Your Sport

The University of Maryland abides by NCAA regulations with regard to player guest tickets. Each student-athlete can have up to four (4) guests admitted to each home event in the student-athlete's sport. For all sports that require a ticket (i.e., football, men's basketball, women's basketball, men's soccer, women's soccer, women's volleyball, wrestling, men's lacrosse, women's lacrosse, and baseball), guest names are to be submitted on a pass list through ACS and those guests will be admitted into the event only after presenting valid photo identification.

A Ticket Office staff member will conduct a training session each year to review policies on submitting guest names.

Student Tickets for Football, Men's Basketball, and Women's Basketball

All students register for tickets to home games in football, men's basketball, and women's basketball on-line at: umterps.com/student. All pertinent ticket distribution information will be posted on that website. Student-athletes must follow the same procedures for ticketed events as the general student population. Higher demand games will sell out so make sure you request a ticket during the initial phase in order to have a chance at obtaining a ticket.

Admission for all other sports

For all athletic events with the exception of football, men's basketball, and women's basketball, you can show your student ID to gain entrance into the event.

FRONT RUSH – REQUESTING COMPLIMENTARY TICKETS

Building Your Guest List

1. Under Menu Options, click Update Complimentary Guest List.
2. For each guest, you must provide the correct first name, last name, and contact number as well as the guest's relationship to you.
3. After you have entered the required guest information, select the SAVE button.
4. You can add guests to your Master List anytime throughout the year, but you must always include the information listed in (2) above.
5. A guest will not be permitted to receive complimentary admissions until after the Compliance Office reviews and approves the request. Therefore, it is imperative that you provide as much information as possible about each guest and submit your requests well in advance of the game the guest plans to attend.

Requesting Tickets

1. After you have created your guest list, you can request tickets for games that are available by clicking Request Complimentary Tickets under Menu Options on the Main Page. Remember that if your guests have not yet been approved by the Compliance Office, they will not receive tickets.
2. Select the game for which you want to request tickets by clicking on the event name.
3. Select a person on your guest list or choose to transfer a ticket to a teammate. If you choose to transfer a ticket, that ticket will disappear from your list of available tickets.
4. If you have transferred a ticket to a teammate and want to get it back, you will have to speak with your teammate to get the ticket transferred back to you.
5. You may change the names of people for whom you are requesting complimentary admission so long as you do so before the deadline for requesting tickets to the event has

passed. Deadlines for requesting tickets for guests on your approved guest list are as follows:

- a. Home games
 - 1) Football student-athletes must submit requests no later than 8pm on the Thursday prior to the game for which you are requesting tickets.
 - 2) All other student-athletes in ticketed sports must submit requests no later than four (4) hours before the start of the game for which you are requesting tickets.
- b. Away games
 - 1) Football student-athletes must submit requests no later than 8pm on the Thursday prior to the game for which you are requesting tickets.
 - 2) For all other sports, student-athletes must submit requests no later than six (6) hours before the start of the game for which you are re-questing tickets.

6. If you have questions or issues, contact the Ticket Office at (301) 314-7070.

Campus Resources & Support Services

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[Department of Public Safety/University Police](#)

[Disability and Accessibility Policy](#)

[Gender Inclusive Facilities](#)

[Inclusive Language Policy](#)

[International Students & Scholar Services](#)

[Letters & Sciences \(Undecided Major Advising\)](#)

[Maryland Department of Intercollegiate Athletics](#)

[NCAA // NCAA](#)

[Non-Discrimination Policy](#)

[Office of Civil Rights and Sexual Misconduct](#)

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[Student Legal Aid Office](#)

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[Threatening and Intimidating Conduct Policy](#)

[University Career Center](#)

[University Counseling Center](#)

[University Health Center](#)

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