# Gracie Survival Tactics (GST) Military/Law Enforcement Instructor Certification Course LEVEL 1 CERTIFICATION

Host Accommodations & Training Facility Information

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City & State of GST Training:	Arlington, TX (USA)
Date of Training:	October 7-11, 2024 (Mon - Fri) for Certification & Re-Certification
Training Hours (30 hours total / 5-Days):	8:00 am to 2:30 pm daily (30-minute lunch break) - Total 6 hrs. daily
First & Last Name of Host:	Jastin Williams
Title of Host:	Corporal
Agency Host:	Arlington Police Department
Work Telephone:	(817) 299-2887
Mobile Telephone:	(214) 384-5910
Other Telephone:	(817) 299-2895
Fax:	(817) 451-8109
Host Email:	Jastin.williams@ArlingtonTX.Gov
Name of Training Facility:	Arlington Police Training Center
Full Address of Training Facility:	6000 West Pioneer Parkway Arlington, TX 76013
Square Footage of Matted Area:	3,000 sqft.
Parking Information:	Parking available on site.
Are Lockers available?	Yes
Are Showers available?	Yes
Are weapons allowed in facility?	No
Describe Security access to facility:	N/A
Nearest Major Airport:	Dallas Fort Worth International Airport (DFW)
Driving minutes from airport to facility:	Approximately 25 minutes

#### **Hotels in Area:**

- To see a complete list of hotels in the area, please click on the following link:

https://store.gracieuniversity.com/gst hosting/ArlingtonHotelList.pdf

Nearby Restaurants:	Subway, Boston Market, Colter's BBW, Scholotzky's, Fuzzy's Tacos
Nearby Attractions:	Arlington Six Flags over Texas, Six Flags Hurricane Harbor, Sixth Floor
Nearby Auracuous:	Museum in Dallas, Stockyards in Fort Worth, Parks Mall

# Attire & Equipment to Bring for Participants:

- Tops: T-shirt (Long Sleeve recommended) or sweats. No Gi top!
- Bottoms: Long loose fitting athletic pants, tactical pants or Gi pants. Shorts acceptable but not recommended.
- Feet: Barefoot recommended- no footwear other than wrestling shoes.
- REQUIRED on the Last Day of Training: Duty Belt / Gun Belt with training gun (injection-molded, plastic or rubber) Please no live lethal guns, chemical/OC sprays, knives live TASERs/CEWs in the training site.
- If you are a detective or in CID and only wear a belt with a holster, then it is acceptable to wear that holster (or a similar training holster) with a training gun (injection molded, plastic or rubber gun).
- Don't forget to wear inner belt so that the gun belt can be securely fastened.
- Optional: Groin & mouth protection. Load bearing equipment (helmet, body armor, gear, duty belt, etc.) is not part of training but may be used with permission from instructor on last day of training.
- Other: Bring snacks, fruit & hydration drinks. Finger & toe nails must be clipped.

# **GST Overview**:

- The GST course consists of 23 stand-up & ground techniques, taught in 30 hours over a 5-day period.
- Techniques address most common threat scenarios encountered by Military & Law Enforcement personnel in the field.
- These Gracie Survival Tactics (GST) are extremely effective when you are up against much larger & stronger opponents.
- Instructors reduce liability for their agency when they learn safe, effective & proven reality-based techniques.
- What sets GST apart from all other similar Instructor Certification Courses is the Gracie University Instructors' exclusive teaching techniques. Drawing from over 85 years of experience, teaching thousands of military & law enforcement personnel & many thousands more students from all walks of life, the Gracies' have developed a detailed, systematic approach in presenting their knowledge known today as the Gracie Teaching Methodologies. This will insure that course graduates can effectively impart their newfound knowledge & skills of GST to other members of their organization, using the best teaching skills ever developed in this field. In addition to the Hands-On course, graduates will receive the entire Level 1 video course online (www.GracieUniversity.com) to use for future reference and refresher training. The online GST access will remain for the duration of the certification period.
- Open only to active (reserve/guard okay) Military personnel, Law Enforcement personnel, and Firefighters/EMTs. <u>Disclaimer:</u> All non-US based LE and MIL personnel must be pre-approved before registering. To begin the approval process, please contact our GST Director below.

# Texas TCOLE Certification

The Texas Commission on Law Enforcement (TCOLE) is the licensing agency for Peace Officers in the State of Texas. TCOLE accepts courses that are certified through the International Directors of Law Enforcement Standards and Training (IADLEST). Since GST is Nationally Certified through the IADLEST National Certification Program (NCP), TCOLE will grant credit for the GST Level 1 course. A Texas Peace Officer, who successfully completes any GST Level 1 in any state (outside of California), can present their GST certificate to TCOLE to receive credit. Any Peace Officer from outside of Texas who completes a GST Level 1 course in Texas may also qualify for POST credit if their state is a member of the IADLEST National Certification Program. To learn more, visit GracieUniversity.com/POST.

# **GST IADLEST Course Number:** 23641-2305

- All GST courses are taught by a Gracie University Master Instructor.

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Gracie University GST Website:	www.GracieUniversity.com/GST
Gracie University GST Contact Info:	Phone: 310-893-0400 x 3   Email: GSTSupport@GracieUniversity.com