## Gracie Survival Tactics (GST) Military/Law Enforcement Instructor Certification Course LEVEL 1 CERTIFICATION



## Host Accommodations & Training Facility Information

City & State of GST Training:	Alexandria, MN (USA)
Date of Training:	July 15-19, 2024 (Mon - Fri) for Certification & Re-Certification
Training Hours (30 hours total / 5-Days):	8:00 am to 2:30 pm daily (30 min Lunch Break) - Total 6 hrs. daily
First & Last Name of Host:	Jason Childers
Title of Host:	Use of Force Instructor
Agency Host:	Alexandria Technical and Community College-LE program
Work Telephone:	320-762-4478
Mobile Telephone:	651-315-5786
Host Email:	jasonc@alextech.edu
Name of Training Facility:	ATCC Law Enforcement Training Center
Full Address of Training Facility:	1601 Jefferson St., Alexandria, MN 56308
Square Footage of the Training Room:	10,000 sqft
Square Footage of Matted Area:	3,800 sqft
Parking Information:	LE training center parking lot
Are Lockers available?	Yes
Are Showers available?	Yes
Are weapons allowed in facility?	No
Describe Security access to facility:	Door are unlocked during training hours
Nearest Major Airport:	MSP international (145 Miles)/ Fargo airport (112 Miles)
Driving minutes from airport to facility:	2hr/1.5hr
Hotels in Area:	Hampton Inn and Suites, Arrowwood Resort, Best Western, Fairfield Inn and Suites, & Holiday Inn
Nearby Restaurants:	Pike and Pint, DJ's Tap House, Longtrees Woodfire Grill, Subway, Jimmy John's, Taco Bell, & Great Hunan
Nearby Attractions:	Lots of lakes, beaches, and golfing.

## Attire & Equipment to Bring for Participants:

- Tops: T-shirt (Long Sleeve recommended) or sweats. No Gi top!
- Bottoms: Long loose fitting athletic pants, tactical pants or Gi pants. Shorts acceptable but not recommended.
- Feet: Barefoot recommended- no footwear other than wrestling shoes.
- **REQUIRED** on the Last Day of Training: Duty Belt / Gun Belt with training gun (injection-molded, plastic or rubber) Please no live lethal guns, chemical/OC sprays, knives live TASERs/CEWs in the training site.
- If you are a detective or in CID and only wear a belt with a holster, then it is acceptable to wear that holster (or a similar training holster) with a training gun (injection molded, plastic or rubber gun).
- Don't forget to wear inner belt so that the gun belt can be securely fastened.
- Optional: Groin & mouth protection. Load bearing equipment (helmet, body armor, gear, duty belt, etc.) is not part of training but may be used with permission from instructor on last day of training.
- Other: Bring snacks, fruit & hydration drinks. Finger & toe nails must be clipped.

## **GST Overview:**

- The GST course consists of 23 stand-up & ground techniques, taught in 30 hours over a 5-day period.
- Techniques address most common threat scenarios encountered by Military& Law Enforcement personnel in the field.
- These Gracie Survival Tactics (GST) are extremely effective when you are up against much larger & stronger opponents.
- Instructors reduce liability for their agency when they learn safe, effective & proven reality-based techniques.
- What sets GST apart from all other similar Instructor Certification Courses is the Gracie University Instructors' exclusive teaching techniques. Drawing from over 85 years of experience, teaching thousands of military & law enforcement personnel & many thousands more students from all walks of life, the Gracies' have developed a detailed, systematic approach in presenting their knowledge known today as the Gracie Teaching Methodologies. This will insure that course graduates can effectively impart their newfound knowledge & skills of GST to other members of their organization, using the best teaching skills ever developed in this field. In addition to the Hands-On course, graduates will receive the entire Level 1 video course online (www.GracieUniversity.com) to use for future reference and refresher training. The online GST access will remain for the duration of the certification period.
- Open only to active (reserve/guard okay) Military personnel, Law Enforcement personnel, and Firefighters/EMTs. <u>Disclaimer:</u> All non-US based LE and MIL personnel must be pre-approved before registering. To begin the approval process, please contact our GST Director below. All GST courses are taught by a Gracie University Master Instructor.

Gracie University GST Website:	www.GracieUniversity.com/GST
Gracie University GST Contact Info:	Phone: 310-893-0400 x 3   Email: GSTSupport@GracieUniversity.com