

Ultimate Key To Freedom

QA-Shares-Comments Master Index

UKF-QA-5-28-13

00:00 Question from Adam in CA about another Seeing experience and whether it's a transitional phase

UKF-QA-6-21-13

00:00 Question from John in OH about whether TCE will rewrite the Mind Machine's output surrounding the character's way of living in regards to what would have been previously judged harshly as unhealthy
10:31 Share from Michael in CO about struggling with visualization and experiencing anxiety around understanding the concepts being presented

UKF-QA-6-28-13

00:00 Question from Daniela in Germany about night time/dream space and day time/Story Space

UKF-QA-7-5-13

00:00 Thanks from Daniela in Germany about last week's question

UKF-QA-7-12-13

00:00 Question from John in OH about an awareness that there is not only one way things should look or would look during times the character would describe as difficult and the opportunity is just to watch

UKF-QA-7-18-13

00:00 Question from Mark in New Zealand about pure raw experience when it comes to splitting from the story
16:13 Question from Mark in New Zealand about focus of viewpoint through the True Creative Essence window
20:11 Share of a video from Mark in New Zealand

UKF-QA-7-26-13

- 00:00 Question from Vincent in UK about intuition, how it works, and the definition of it respective to TCE's different layers
- 09:55 Question from Vincent in UK about inspiration as TCE is writing the novel
- 20:33 Question from Vincent in UK about the reason for following this course material other than to reach Phase 3
- 29:30 Question from Vincent in UK about the character appearing in the movie of "life"
- 32:02 Question from Mark in New Zealand about taking supplements
- 36:22 Clarification from Mark in New Zealand about pure raw experience and story in Inner Space

UKF-QA-8-2-13

- 00:00 Continuation of question from Mark in New Zealand about pure raw experience and story in Inner Space and Story Space
- 05:33 Share from Michael in CO about one of the closed eye process statements

UKF-QA-8-9-13

- 00:00 Continuation of question from Mark in New Zealand about pure raw experience and the story in Story Space
- 02:49 Continuation of question from Mark in New Zealand about the story in Inner Space
- 16:25 Question from Mark in New Zealand about whether the character as True Creative Essence wrote the story or True Creative Essence as the character wrote the story
- 19:05 Question from Mark in New Zealand about whether the story is a positive or a negative thing

UKF-QA-8-23-13

- 00:00 Share from Adam in CA about quitting a bad habit/food addiction/exercise

UKF-QA-9-12-13

00:00 Question from Michael in UK about how to view Phase 2 tools now
12:28 Question from Mark in New Zealand about what Seeing is

UKF-QA-9-27-13

00:00 Question from John in IL about difficulty dealing with/caring for handicaps and mental limitations of children and grandchildren

UKF-QA-10-4-13

0 - 5:58 Mark Hastings asks how Robert knows that everything that happens in The Human Story is pre-scripted or written in advance
5:59 - 34:22 Michael Brooman asks about the possibility that characters have some “autonomy” and choice in their stories, explains his theories, and Robert responds

UKF-QA-10-11-13

0 - 42:36 Bobbie Stasey asks about very “painful” thoughts and feelings that arise when she sees what is typically called “cruelty to animals.”

UKF-QA-10-21-13

0 - 14:15 Rhonda Darling asks for feedback on a complex structure she sees appearing in Inner Space
14:17-17:06 Colleen Smith asks about providing feedback as she goes through the Experience and how long she’ll have access to q&a like this with Robert

UKF-QA-10-25-13

0 - 20:10 Michael Brooman expresses concern about potentially “bad” side effects/losses from Experiencing Ultimate Freedom
20:12-38:07 Colleen Smith asks about becoming quiet in social and work situations after Ultimate Freedom

UKF-QA-10-30-13

0 – 45:55 Adam Bereki expresses thoughts and feelings about cause and effect, “feeling like shit” physically, and what appears to be slow progress with being able to **See** and **Experience Truth** and **Ultimate**

Freedom

- 46:00–57:45 Dr. Ken Davis asks about whether True Creative Essence changes its mind and rewrites the script in the middle of a story
- 57:50-1:21:30 Rhonda Darling asks: How does The Mind Machine hijack pure, raw experience? Does Robert still think of Story Space as a hologram? Is “energy” a story and what is True Creative Essence? What about talking to others about Ultimate Freedom content?

UKF-QA-11-15-13

- 0 – 11:40 Miriam asks questions about knocking out cloud cover and expresses confusion over why Robert is still offering the “older” Teachings

UKF-QA-11-22-13

- 0 – 14:34 Colleen Smith shares about what an amazing “scam” much of The Human Story is, Seeing it is lie, illusion, story. She also asks about Death and the afterlife and also about “cause and effect” as it relates to the eyes, brain and seeing

UKF-QA-12-2-13

- 0 – 11:40 Rhonda asks about Robert’s use of the word “lies” in The Teachings, feeling that the word is inherently judgmental and therefore, possibly unsupportive.

UKF-QA-12-6-13

- 0 – 20:14 Adam asks about what Robert calls the “de-stabilization” stage of the Truth Virus work and Robert explains the “weird things” that can happen in that stage.

UKF-QA-12-13-13

- 0 – 37:00 Jan DeWever asks about his ongoing “struggle” with “depressive moments,” doubts that anything has ever happened in the cloud cover from all his work over the years, and feelings of frustration and futility with the journey into Truth and Ultimate Freedom in his story.

UKF-QA-12-27-13

- 0 – 19:09 Sheldon asks about emotions he’s noticing after a relationship with a woman did not turn out as he hoped.
- 19:10-54:30 Rodger Ruge describes “frustration” with Ultimate Freedom not

awakening in his story, understanding it intellectually but not Knowing or Experiencing it.

UKF-QA-1-3-14

0 – 5:30 Sheldon comments again about emotions he's noticing after a relationship with a woman he loves didn't turn out as he hoped.

UKF-QA-1-10-14

0 – 32:08 Lorraine asks about patterns in The Field, how they might get changed as Ultimate Freedom is awakening or when it is awake, and about her feelings of being directionless and not having goals.

UKF-QA-1-17-14

0 – 32:03 Rhonda narrates her experience with the UKF Teachings and asks about how to interact with other characters, personally and professionally, when they have an attachment to other spiritual or personal growth models she once embraced but does no longer.

UKF-QA-1-24-14

0 – 11:44 Steven Murray asks about "collective experiences" like all Americans knowing George Washington was the first President or Barack Obama is the current President.

11:45-28:33 Lorenz asks about how to deal with pressure to set goals, be "teachable" and using proven systems in a MLM business he's involved with.

UKF-QA-1-30-14

0 – 21:16 Bobbie asks about what Robert called "PPP" in a previous audio and shared a story about her horse dying, which Robert commented on.

UKF-QA-2-14-14

0 – 12:54 Sheldon asks about a dream in which he had passionate sex with a woman he cares about and also about the law of attraction appearing in his story.

UKF-QA-2-21-14

0 – 14:42 Sheldon asks about everything in The Human Story seeming to be pointless.

14:43-25:45 Rhonda discusses feeling lonely and sad when around other

people who don't See and Know what she does. She also asks about Robert setting up a private Facebook page where UKF participants can interact with each other.

25:46-37:26

Rodger asks about Suicide as it relates to the UKF Teachings

UKF-QA-2-28-14

0 - 4:04

Pablo shares his excitement to begin the UKF Experience and shares a book resource.

4:05-20:14

Lorenz expresses appreciation for these Q&A sessions and also shares some challenges with UF awakening and day to day living.

20:15–34:56

Mariana first shares that nothing has been changed, improved or fixed in her story, but then explains several changes. She also talks about feeling in “no land,” not feeling clear on where she is, where she’s going, etc. Robert comments.

34:57--

Lorenz continues his dialogue by discussing reflections, fear, and The Heroes Journey approach to storytelling.

UKF-QA-3-7-14

0 - 2:35

Giselle expresses appreciation for how “her” story has changed since attending the Sedona live event.

UKF-QA-3-28-14

0 – 9:02

Pablo shares the appearance of having challenges sleeping at night and curiosity about a pattern of projects being started and quickly abandoned. He also expresses appreciation to Robert or the UKF Experience.

9:03–57:24

Julia asks about feeling Bored, disinterested in everything, having no motivation to do anything, feeling like she’s “been there, done that” to such a degree that there’s nothing left of value for her, and asks for Robert’s comments.

UKF-QA-4-18-14

0 – 24:33

Mariana asks questions about a recurring set of appearances in Inner Space and the “work” she has done on them.

UKF-QA-4-25-14

0 – 54:54

Rodger expresses great “frustration” and “exhaustion” from understanding The Truth and what Ultimate Freedom is all about,

54:55-1:11:00 but not being able to actually Experience it. He asks Robert to tell him what to do so he can start enjoying his Story.
Andrea asks about “the afterlife.”

UKF-QA-6-6-14

0 – 23:48 Eddy asks about what Robert calls “stories within stories,” wondering, since everything that happens is a “story” and True Creative Essence in motion, how and when The Mind Machine enters the picture.

UKF-QA-7-31-14

0 – 31:27 Irene discusses challenges “she” is having with bodily sensations called pain and itching, and also questions the reading a novel metaphor.

31:28 – 58:28 Irene also asks about being in a phase where lots of “bad” things seem to be happening in her story and seeking something to do to better cope or deal with it.

UKF-QA-10-6-14

0 – 30:35 Adam discusses changing perceptions and Experiences of “panic attacks” and asks for Robert’s advice.

UKF-QA-10-17-14

0 – 32:55 Lynn asks about the appearance of feeling depressed and unmotivated after returning from the Ultimate Key To Freedom Intensive.

UKF-QA-11-14-14

0 – 16:28 Lynn asks about the appearance of her mother being in the hospital and it looking like she will pass away.

UKF-QA-11-21-14

0 – 12:39 Kevin’s Mind Machine asks several speculative questions about TCE’s Experience of The Human Story and about the details of “his” life.

UKF-QA-11-29-14

0 – 8:00 Jolee expressed appreciation for the UKF Experience, explains how the role of The Mind Machine has changed in her story, and

asks if The Mind Machine “narrates” what’s unfolding in The Robert Story as it unfolds.

UKF-QA-12-5-14

- 0 – 11:05 Arlene asks about appearances of “same old same old’ upon returning home after the live Ultimate Freedom Experience.
- 11:05–17:05 Jolee continues her discussion from last week about “narration” of her story appearing in Inner Space.
- 17:05–40:35 Kevin asks various what Robert calls “Mind Machine Curiosity Questions” about the UKF Teachings and also the Teachings of Arnold Patent.
- 40:35–48:25 Arlene asks if there’s any “point” to prayer.

UKF-QA-12-19-14

- 0 – 8:10 Maria shares how things have changed for her since attending the live Ultimate Freedom Intensive in Ojai California, and Robert responds to comment about her losing interest in self-help teachings.

UKF-QA-12-23-14

- 0 – 17:52 Cheri asks about feelings of foreboding and sadness (so-called), feeling withdrawn from family and friends with little to say, and having thoughts that her marriage isn’t going to continue as Ultimate Freedom awakens in her story.

UKF-QA-12-30-14

- 0 – 10:15 Jayne asks about forgiveness and free will.
- 10:16 - 28:06 Arlene asks about how to live and what to do when being sick (which never ever happens to her), and when experiencing back pain.
- 28:07–48:24 David asks about old habitual patterns continuing to repeat after The Truth is seen about them, and expresses a lot of appreciation for what the UKF has set into motion in his story
- 48:25–1:09:29 David asks about free will, choice, and our lives being scripted.
- 1:09:30 – 1:14:18 Troy asks about hormone therapy.
- 1:14:19 – 1:53:51 Davis has more questions about what Robert calls “destabilization of The Mind Machine” and what is appearing as a result.

UKF-QA-1-9-15

- 0 – 23:25 Dara talks about her Experience of The Truth as shared in the UKF, before and after the experience, asks about non-dual resources Robert recommends, and asks if Robert has anything to say about her share.
- 23:26 – 45:58 David shares the discomfort he’s experiencing as what once seemed like a concrete floor he could count on about how to look at and live life has been shattered, and he asks Robert for advice on how to deal with the instability.
- 45:59 – 108:19 Dara discusses the Heroes Journey content from UKF about The Art Of Storytelling sections, her desire to answer a question about Identity and Essence offered by Michael Hauge in it, and how amazing the journey unto and through the answer to that question was for her.

UKF-QA-1-16-15

- 0 – 8:33 David speaks about how his story is changing, how Ultimate Freedom is actually awakening and **Expressing Itself** in his story and he thanks Robert for “his” support
- 8:34 - 33:19 David shares more of his experience and asks Robert for his take on the answer to the question, “What’s the point of The Human Story?”

UKF-QA-1-23-15

- 0 – 7:17 David shares several quotes from Nisargadatta Maharaj that are supportive to the Ultimate Freedom Teachings.
- 7:18 - 32:40 Lucy asks several questions about practical day to day things like making money, choosing careers, etc. while on the journey through the cloud cover and into Ultimate Freedom Awakening. She also asks about The Sedona Method.
- 32:41- 34:21 Lucy clarifies what videos she has actually seen and reiterates her request for help to “manage” what’s happening to her
- 34:22 – 54:22 Arlene asks Robert how he proposes that we go about getting what we really want in life

UKF-QA-1-30-15

- 0 – 10:18 David asks Robert is he says an “upgrades” being “installed” to people right now in the Story, especially in business.
- 10:19 – 22:57 Cheri asks about creativity and creative projects in Phase 3.
- 22:58 – 42:00 Arlene discusses challenges with the old habit of being The Doer and asks questions about appearances in her relationship with her husband.

- 42:01 – 61:17 Lucy asks questions about “negative” feelings she feels seeing her daughter struggle in her relationship, asks about Robert’s experience of emotions, asks for help to “detach” from her feelings, asks Robert to discuss his feelings when his father died, and also asks Robert to speculate how he would feel if something “terrible” happened to one of his children.
- 61:18 – 75:32 Lucy shares some “altered state of consciousness” Experiences and asks Robert for his insights into them.

UKF-QA-2-6-15

- 0 – 6:10 Arlene asks Robert to explain TCE and how it is her and everyone else.
- 6:11 – 22:16 Regina talks about how she has fully immersed herself in The Teachings Robert shares, Phase 2 and Phase 3, in a short time, and asks about living day to day when she is unsure of what career to choose and how money will flow.
- 22:58 – 32:35 David gives an update on the unfolding of “his” story and asks for help on how to make the “right” decisions and take the “right” actions in daily life and work.
- 32:36 – 52:06 Lucy asks about what she can do to support the process of pure, raw experience separating from stories, True Happiness awakening, etc.

UKF-QA-2-13-15

- 0 – 22:31 Maria shares many stories of what happened since the UKF live event in Ojai and asks about various twists and turns in their housing situation and tightness of the money supply.
- 22:32 – 40:32 Debbie talks about feelings and hormones and changes after the UKFI at Robert’s home she attended in January 2015.
- 40:33 – 69:59 Cheri shares a lot of changes in her story and Robert comments about them, including a few comments about how The Mind Machine in her story seems to be distorting her “progress” and what’s actually happening in her story as it relates to Ultimate Freedom and Phase 3 through its buzz whirr.
- 70:00 - 1:04:55 David continues his narrative of the last several weeks sharing how things are changing in his story across the board.
- 1:04:55–1:17:23 Cheri continues her narrative and asks about the element of surprise in Phase 3 and what Robert’s Experience of “getting” we’re all characters in a story was like.

UKF-QA-2-18-15

- 0 – 9:18 Cheri asks for advice in options for supporting Ultimate Freedom Awakening in her story.

9:19 – 27:18 Arlene asks about the Abraham teachings, “you create your own reality,” and time/no time.

27:19 – 39:09 Cheri shares a changing Experience of emotional energy and Robert comments on that and her use of Transformational Vocabulary

UKF-QA-3-4-15

0 – 22:18 David asks about a desire to return to “old teachings and systems” appearing again in his story, and also growing “frustration” with not reaching “the destination” yet.

22:19 – 25:39 Kaori asks about Ultimate Freedom opportunities and connections in the Japanese language.

25:40 – 38:12 Cheri asks about various appearances as Ultimate Freedom reveals Itself more and more in her story, including why “depressing” things happen, and what appears to be the fluctuation of Seeing Truth and being mesmerized by lies, illusions and stories.

38:13 – 42:41 Benjamin asks about the “power” that appears to be in meditation, working out, and “practicing presence” to make him feel “better.”

42:42 – 54:03 Paige asks Robert to talk more specifically about “what’s IN the cloud cover” and also about the nature of change in Inner Space and Story Space as Ultimate Freedom awakens more and more.

54:04 - 64:58 Arlene asks about the appearance of a bulging disc in her back.

64.59 – 70:33 Benjamin asks Robert what Amir Zoghi thinks about The Teachings Robert shares.

UKF-QA-3-13-15

0 – 26:25 Yani describes “negative” feelings and thoughts that have been appearing after attending the live 5-day Ultimate Freedom in Australia.

26:26 – 46:54 David narrates his unfolding story and Robert shares “great excitement” about how The Truth Virus is doing its work in David’s story in response.

46:55 – 55:57 Lucy shares a recent workshop experience and asks Robert about his recent Ultimate Freedom events in Sydney, Australia.

UKF-QA-3-20-15

0 – 14:46 Isabel asks about love and the twists/turns of romantic relationships.

14:47 – 15:47 Alberto shares an image supportive to The Truth and the link to it is posted beneath the index link.

15:48 – 26:22 Lucy asks about connecting with other Ultimate Freedom grads in Australia, about connecting with Amir Zoghi (who hosted Robert in Australia for a live 5-day Ultimate Freedom), and also about how

26:23 - 36:46 Story Space and the world might change of Ultimate Freedom awakened in more and more stories around the world. Sandy narrates an unusual appearance after her dog died and asks about what Robert shared about the pure, raw experience of emotion appearing first, then a story about it, then the bonding of the story and energy.

36:47 - 46:25 Yukako asks about the Revolver movie Robert recommended.

46:26 - 58:31 Cheri asks about the Truthful and helpful perspective when going through "unpleasant circumstances" in the story.

UKF-QA-3-26-15

0 – 5:01 Justin asks about Robert’s favorite non-dual authors.

5:02 - 13:10 Justin asks for confirmation that True Creative Essence (TCE) is “responsible” for everything that happen, even “bad stuff,” and also about how “impossible” it seems that someone could be OK with “bad stuff” and “unfair stuff” happening in their stories, especially when “good stuff” happens in other people’s stories. (“bad” and “good” stuff” are Robert’s wording, not Justin’s)

13:11 - 15:14 Justin asks Robert to consider re-doing the Q&A indexes from one index per audio to one master index for all the audios.

15:14 - 42:48 David gives another update on the “ups” and “downs” in the unfolding of his story and the process of Ultimate Freedom awakening.

UKF-QA-3-31-15

0 – 14:08 Isabel asks about what’s really happening when she works with her clients as a hypnotherapist.

14:09 – 21:49 Elmar asks about lucid dreaming and for recommendations from Robert about exploring that appearance.

21:50– 39:02 David gives another update on his journey, talks about spiritual masters and what feels like a “battle” (Robert’s word not David’s) with The Mind Machine.

UKF-QA-4-10-15

0 – 30:50 Linda asks about what to do when she doesn't feel motivated to do anything, she keeps hearing The Mind Machine say "What's the point of doing anything?" and so on, and she asks Robert for examples of how he lives his life, makes decisions, etc.

- 30:51 – 73:01 Justin asks about where Robert got the Ultimate Freedom Teachings from; about Hitler and the need for taking responsibility for one's actions; and what Robert calls "the illusion of self-discipline and willpower" for characters.
- 73:02 – 1:04:49 Dara shares a lot of Mind Machine output and drama (Robert's words, not hers), insights, challenges, doubts and fears about career and life as her story unfolds.
- 1:04:50 – 1:24:25 Linda makes some personal comments about how the Robert character has changed through the years and she asks about why a lot of "crazy" and "frustrating" things have happening lately in her story.

UKF-QA-4-17-15

- 0 – 30:52 Debbie addresses comments she made in a previous Q&A and shares her stories (Robert's language, not hers) about hormones, her hysterectomy, how hysterectomies affect women and her passion for helping other women, and her thoughts about feelings. Robert responds and also invites her to consider The Truth Level of various aspects of her share.
- 30:53 - 45:18 Cheri talks about changes in her unfolding story, business and personal, as The Truth Virus continues its work.
- 45:19 - 78:02 Justin asks about how TCE can be Experienced; about what is "real" and "not real"; how do we go about making decisions and setting priorities with Ultimate Freedom awake; and asks if EVERYTHING is TCE.
- 78:03 - 101:51 Linda expresses "frustration" at TCE "wreaking havoc" in her story and asks for support.
- 101:52 - 116:34 Linda asks about what to do when a change-fix-improve desire appears, like wanting to lose 30 pounds, and also the significance of Robert sharing the van Morrison "Enlightenment" song.
- 115:35 - 1:30:24 Linda asks about limitation and restriction in Phase 2 and Phase 3 and also asks "what's the point" for doing anything?

UKF-QA-4-24-15

- 0 – 8:37 Mika asks about Perceiving the Total Immersion Reader (TCE) and comparisons to what yogis call "activation" of the third eye.

UKF-QA-4-30-15

- 0 – 25:05 Isabel asks about goals and planning and also about things she's learned about quantum physics, unified field theory, memory and "the past."
- 25:06 - 51:25 Alex expresses "irritation" and "feelings of betrayal" with making a quick leap from using the Busting Loose and Phase 2 tools he discovered in the Masters Of Light program into The Ultimate Freedom Teachings, and says he doesn't feel The Truth Virus is at work or that any "benefits" have been derived from The Ultimate Freedom Experience.
- 51:26 - 62:18 Kaori asks if there is a "how" or "to do" for awakening Ultimate Freedom which she really wants to experience.
- 62:19 - 81:42 Elmar talks about wanting to get rid of fear and asks Robert for support doing that.
- 81:43 - 86:46 In an email that arrived to Robert 2 days after her first question, Kaori clarifies some of the things from her first question, shares how she was able to answer some of her questions, asks for additional clarity, and shares some recent Experiences of Truth and Ultimate Freedom.

UKF-QA-5-8-15

- 0 - 27:44 Juergen expresses some thoughts/feelings about losing something valuable from when he was using the Phase 2 tools in "adjusting" to the Ultimate Freedom Teachings and Robert responds to his share.

UKF-QA-5-15-15

- 0 - 31:47 Cheri gives an update on "her" experience of the journey through Ultimate Freedom awakening, claiming that her character is not experiencing pure, raw experience and the reader isn't present much. Robert comments on her share, questions some of her claims, and asks for more detail on segments.
- 31:48 - 36:33 Mia shares how her 9 year old daughter began to watch The Ultimate Key To Happiness videos and then the Ultimate Freedom videos and is "hooked" by them which fascinates her (as it does Robert)
- 36:34 - 47:00 Daichi comes to UKF after having the Being In Truth Experience which was Robert's first Phase 3 online course offering many years

ago. As a new participant in the UKF Experience, she explains how many aspects of Truth are being Experienced and several others she perceives are not yet being Experienced. Robert comments.

47:01 - 67:04 Lucy asks Robert about the "conscious movement community" and the use of plant medicines like DMT and Ayahuasca.

UKF-QA-5-22-15

0 - 16:53 Jenny asks for help to be able to make decisions, especially on how to discern between The Mind Machine and TCE appearing in Inner Space as decisions are made.

16:54 - 77:42 Richard shares his story about being on The Truth Path for so many years, shares the so-called betrayals, losses, dead ends his character has experienced, his doubts and fears and caution about making yet another commitment to The Ultimate Freedom Teachings, and asks Robert a few questions and for his advice on what to do.

77:43 - 85:00 Daichi asks about the different types of thoughts that appear in Inner Space and asks for clarity on when to watch the films The Firm, Shrek, and V For Vendetta.

UKF-QA-5-29-15

0 - 24:56 Sherri expresses confusion over why she started going through the Ultimate Freedom course videos and then stopped and couldn't continue even though she wanted to.

24:57 - 61:10 Avon asks a series of questions, skimming about apparent contradictions between what was said in the Busting Loose Teachings and the UF Teachings. He then asks a series of additional questions about the "affirmations" used in the closed eye process audios and about other affirmations he came to believe in in Phase 1.

61:11 - 82:47 Jenny expresses discomfort about and not liking the idea that she's not in control and doesn't actually make decisions.

82:48 - 91:02 Cheri responds to a question Robert asked her last week, defines "phase 1 perspective" and "reader perspective" which she perceives as being different. Robert responds and clarifies.

91:03 - 97:11 Nanami asks about parallel universes and if they are evidence of

power and free will for characters.

97:12 - 1:11:57 Cheri describes her Truthful Experience of emotions, about them appearing to be "neutral" versus "positive," and her hope that one day they will be "positive" like for Robert.

1:11:57 - 1:22:37 Isabel shares the Experience of Ultimate Freedom awakening in "her" story (Robert's language, not hers); explains how the "Good Will Hunting" clip and movie Robert shared was supportive to her, and asks a question about the symbolism of the machine world, The Architect and The Oracle in the Matrix movies.

UKF-QA-6-5-15

0 - 27:33 Cheri answers a question Robert asked her a few weeks ago about which specific areas of her life "weren't working" that she is aware of appearances/characters in Inner Space wanting to change, fix and improve.

27:34 - 36:24 Isabel explains she feels she's in the Destabilization Stage of The Truth Virus doing its work and asks Robert what suggestions he has for moving through it and what the "way forward" is for her story.

36:24 - 55:18 Yukako asks about cause and effect and how it appears in Robert's story.

55:19 - 67:12 Yukako talks about and asks about "suicidal thoughts," ripples from them, and an interesting appearance recently related to it.

67:13 - 98:33 Juergen asks several idea and concept questions about the Busting Loose/Phase2/Masters Of Light Teachings and tools as they relate to and compare to the Ultimate Freedom Teachings.

98:34 - 1:28:48 Cheri asks Robert to talk about how "his" life changed after Ultimate Freedom Awakened because while her life is "different," she doesn't see it as "better."

UKF-QA-6-12-15

0 - 19:42 Santo asks how could TCE have fun experiencing a Human Story when it already knows everything that's going to happen because it has all been scripted in advance; and what's the point of even being here if it's all been scripted and we have no control over what happens.

19:43 - 30:43 Jenny asks if it's possible when in Phase 3 to help people move through Phase 2, knock out cloud cover, when knowing that it isn't "necessary" to get them into Phase 3.

UKF-QA-6-19-15

0 - 27:28 Sanjula makes a movie recommendation, shares how her story unfolded prior to coming to the UKF Experience, and asks a few questions about how Total Immersion Reading and Ultimate Freedom awakening happens and what it feels like.

27:29 - 35:04 Cheri gives an update on what Robert calls "miraculous progress and transformation" in her story as Ultimate Freedom awakens more and more.

35:05 - 67:00 Echoing Robert's language in his response, Diane's Mind Machine buzzed and whirred about the Ultimate Freedom Teachings and concluded there's a lack of feeling in the Ultimate Freedom Experience, a disconnectedness, a "masculine" energy, a lack of "juice" in it. Robert responds focusing on the actual Experience of Ultimate Freedom, versus ideas and concepts about it, analysis of it, and speculation about it.

67:01 - 99:18 Sanjula asks other questions and shares other things that Robert describes as the "Destabilization of The Mine Machine" stage of the Truth Virus doing its work and answers from that Perspective.

UKF-QA-6-26-15

0 - 16:39 Daichi narrates Experiences of TCE and Ultimate Freedom and asks questions about the focus changing between character and TCE, and how is it possible for TCE to see and be aware of itself.

16:40 - 28:04 The question is asked about noticing a desire to watch bondage and force "porn" and feeling uncomfortable about it.

UKF-QA-7-17-15

0 - 8:05 Cheri narrates how things are changing in "her" story, most notably as it relates to change-fix-improve desires and Robert responds, celebrating "her progress" and congratulating "her," and also clarifying that change-fix-improve appearances do not "need" to go away in a Phase 3/Ultimate Freedom Fully Awake story.

8:06 - 20:30 Steve asks for confirmation on TCE being The Writer, our

characters not having any say or power in what happens, and suggests "strategies" he could use to live his life going forward based on that. Robert confirms what he says and then shines a light on Mind Machine buzz-whirr related to his suggested strategies.

UKF-QA-7-17-15

0 - 4:28 Andrena shares she has been having some vivid and disturbing dream which she looks at as a sign that something big is happening. She also shares that the vibration and frequency the UKF is eliciting is profound.

UKF-QA-8-7-15

0 - 6:45 Steve asks about the law of attraction and a few other things Robert explains are the operation of The Mind Machine.

6:46-18:58 Steve also asks about making decisions day to day with Ultimate Freedom Awake in Phase 3.

UKF-QA-8-14-15

0 - 15:25 Steve asks about death and how to deal with the death of loved ones.

UKF-QA-8-21-15

0 - 15:23 Kerri asks about Phase 1 and Phase 3 stories and creations as it relates to the healing work she does.

15:24 - 29:05 Elmar asks about whether our stories are planned or decided in advance or not.

UKF-QA-8-28-15

0 - 21:00 Kerri shares numerous Mind Machine opinions about non-duality, non-dualistic language and "her" perspective on Truth, and Robert comments.

21:01 - 35:01 Kerri discusses how many things are changing for "her" but other things haven't changed and new things have surfaced that "she" wants changed. Robert comments.

35:02 - 47:22 Dale asks what can be done to finally separate from past pain.

UKF-QA-9-4-15

- 0 - 22:10 Steve asks about the teachings and universal laws shared by Abraham, as channeled by Esther Hicks, the Conversations With God teachings shared by Neale Donald Walsh in his books and related questions. Robert responds and clarifies his Seeing.
- 22:11 - 48:23 Kerri shares an amazing "spiritual experience" (Robert's words not hers) she had and asks for Robert's feedback on it.
- 48:24 - 57:46 Cheri shares thoughts about cause and effect and Robert responds.

UKF-QA-9-11-15

- 0 - 18:12 Maggie asks questions about gaining eight and the old formula of changing diet and exercise to lose weight on her journey through the cloud cover.
- 18:13 - 32:15 William asks again about a pattern of watching forced sex videos, enjoying them, and Seeing all sorts of Mind Machine buzz-whirr about it.
- 32:16 - 36:58 Steve summarizes what being in a Truthful relationship with everything is all about and asks Robert to clarify and confirm his vision of it.
- 36:59 - 45:44 Steve comments on how Robert appears to be a lone wolf sharing what he shares and asks how other Spiritual Teachers feel about what he's sharing.
- 45:45 - 47:41 Steve asks Robert what his philosophy on life is.
- 47:42: - 50:00 Steve asks Robert if he's seen an episode of "Through The Wormhole" with Morgan Freeman that talks about us living in a Matrix and touches on many of the things shared in The Ultimate Freedom Teachings.

UKF-QA-9-18-15

- 0 - 5:18 Steve asks what's happening when Esther Hicks channels Abraham at the story level.
- 5:10 - 14:02 Cheri shares different experiences of Total Immersion Reading,

when it appears to be present and to disappear.

14:03 - 17:24 Bethanie asks where True Creative Essence came from.

UKF-QA-9-25-15

0 - 14:15 Dale asks about free will versus determinism.

UKF-QA-10-2-15

0 - 3:47 Bethanie shares how she's Seeing The Truth Virus is completing tasks and "the veils are lifting"

UKF-QA-10-9-15

0 - 11:04 Bethanie asks about the significance and why there's much fascination with such things as pyramids, the Sphinx, monasteries, etc. that are part of the human "past."

11:05 - 22:05 Joyce asks about the Eckhart Tolle quote that ego and Awareness cannot co-exist.

22:06 - 30:29 Lars asks about using the Phase 2 tools (The Process, etc.) along with experiencing the Phase 3 Ultimate Freedom Teachings.

UKF-QA-10-16-15

0 - 19:34 Joyce asks about not feeling like the UKF Teachings are new or mind-blowing suggests an issue of some kind that needs to be addressed; about Robert's DMT experience; if there's an "editor" to our stories; about intuition; and if Robert still "questions" the Teachings and current Awakening experience.

UKF-QA-10-30-15

0 - 18:35 Kim asks for advice, after completing the core videos, about how to deal with confusion, getting it but not getting it, having health and financial issues she's struggling with at the story level.

18:36 - 27:06 Dale asks where True Creative Essence came from, what is it, and how does it actually appear in daily life.

27:07 - 56:22 Angie asks for come "comforting words" as she moves through what Robert calls "The destabilization phase of The Truth Virus work" as it relates to here career as a life coach, finances and fear.

- 56:23 - 68:21 Joyce narrates changes in what's appearing in Inner Space as a result of what Robert shared in a previous Q&A and asks if she should be concerned about an aspect of what she narrated.
- 68:22 - 74:04 Joyce shared additional insights into what is appearing in Inner Space as The Truth Virus does its work.
- 74:05 - 82:16 Someone who did not give a name shares amazing things happening on their journey and asks what actually happens in Inner Space when The Robert Character gets glimpses of "his" future.

UKF-QA-11-6-15

- 0 - 18:51 Cheri asks about how Phase 3 is different, in general, and for Robert in specific, and whether judgment is present in a Phase 3 story.
- 18:52 - 45:40 Emeer asks about numerology; about life being compared to a play or a school; and whether the Ultimate Freedom Teachings are really making a permanent difference in the lives of participants.
- 45:41 - 47:57 Joyce shares how Ultimate Freedom is awakening and how it has changed how she is Experiencing and Perceiving things, even things that would have once been experienced and perceived as very difficult or challenging or negative.
- 47:58 - 73:22 David gives an update on what's been happening in his story and the hope that "this process will complete," The BIG Shift will happen, and he'll find himself with "zero identification" and be able to just "rest in the window of TCE."

UKF-QA-11-13-15

- 0 - 10:51 David gives an update on what's happening in his story, including looking at the Advaita Teachings which he has found supportive too.
- 10:52 - 37:13 Joyce expresses confusion and frustration with what appears to be "her" being in Ultimate Freedom in one moment, and then "losing it" again in the next.
- 37:14 - 43:03 Cheri asks Robert what the "theme" or "through-line" of "his" story is/was.
- 43:04 - 77:20 Chelsea describes the strong appearance of very old, very powerful fears and asks for reassurance and support.

UKF-QA-11-20-15

0 - 12:03 Ben asks about how Robert sees "appreciation" from a Phase 3, Ultimate Freedom perspective.

UKF-QA-11-28-15

0 - 25:42 Joyce asks multiple questions related to doing "good work" in the world, not having such a strong reactions to something like the recent Paris shootings, feeling like an alien when others are having such strong reactions, etc.

UKF-QA-12-11-15

0 - 3:34 Bethanie shares some recent Insights into how her character was built, beginning in infancy, and also expresses appreciation for the Robert Character.

3:35 - 55:23 Caroline asks for support as her character goes through a confusing time where thoughts are appearing that she might be going crazy.

UKF-QA-12-19-15

0 - 2:18 Joyce shares how Robert's feedback on a previous audio was supportive to her and "kicked her butt," and also shares how she decided to attend the live 5-day Ultimate Freedom Intensive at Robert's home.

2:19 - 33:05 Ben asks about the appearance of "being lonely" and "loneliness" and being social.

UKF-QA-12-28-15

0 - 40:48 Angie asks about a video she watched about "hacking reality" and being able to create what "you" want in your daily life.

UKF-QA-2-12-16

0 - 37:26 Helen shares many thoughts, feelings, and stories from what has been appearing after she returned home from the live Ultimate Freedom Experience at Robert's home.

37:27 - 62:58 Helen continues her narrative from above.

UKF-QA-2-26-16

0 - 28:56 Joyce talks about "her" Mind Machine still trying to understand The Truth; about some unique sensations appearing in Inner Space; asks Robert if there is something she can do to get clear on things that are confusing or blurry now; and speaks of a desire appearing to be Experiencing Ultimate Freedom consistently now instead of having to wait and watch for it to happen later.

UKF-QA-3-18-16

0 - 8:48 Michael shares the Experience of change with Emotions as a result of completing the Forever Free From Negativity Experience, and asks about The Red Pill Robert mentioned.

8:49 - 31:39 Matt asks about control in your story, about living with Ultimate Freedom Awake, and what happens if there's no meaning, inspiration or enjoyment in the story that unfolds after Ultimate Freedom Awakens.

31:40 - 42:04 Ruby asks about Robert's 2 ways of talking about True Creative Essence (TCE): 1. TCE shapes itself into everything that appears; 2. TCE writes a story and we are the characters in the story. Robert comments because she feels they don't fit well together.

UKF-QA-4-1-16

0 - 26:04 Michael shares his Experiences after completing The Ultimate Freedom Ruby Experience and Forever Free From Negativity Experience and asks "Where do I go fro, here? What do I do?"

UKF-QA-4-8-16

0 - 2:13 Michael shares his excitement after completing the entire UKF Experience plus listening to ALL the audios in the support archive.

UKF-QA-4-15-16

0 - 14:46 Matt asks is there's some point of "realization: when the mind machine is no longer answering queries.

UKF-QA-5-6-16

0 - 16:53 Bharat asks about "The Process" tool and "Appreciation" from the

Busting Loose/Phase 2 Teachings and also about "desires" in Phase 3.

UKF-QA-5-9-16

0 - 17:40 Joannelys shares that she's seeing changes in her Mind Machine. She also shares concern, and asks for advice, about having shared some of The Teachings with a friend who got so offended and angry about them that she's considering ending the friendship.

UKF-QA-5-20-16

0 - 36:56 Melanie asks about Ultimate Freedom not being a technique; about an "itchiness" sensation that is appearing; and about what she calls "social anxiety."

36:57 - 56:44 Jackie shares frustration that she doesn't "feel different" after completing the Experience and asks if Robert had the same Experience.

56:45 - 73:35 Bharat shares insights into knocking out cloud cover, asks Robert to share more about the experience of The Truth Virus "finishing the job" and what his experience was like, and how to get The Mind Machine to "shut up."

UKF-QA-5-27-16

0 - 3:18 Jo thanks Robert for his answer last audio and clarifies what she meant in it.

3:19 - 9:26 Michael gives an update on how his story is unfolding since completing both Forever Free From Negativity and Ultimate Freedom 1.0, and thanks Robert for the gift of Ultimate Freedom 2.0.

UFE 2.0-QA-6-3-16

0 - 11:43 Bharat asks a question about "deep sleep" and True Creative Essence being "at rest"

UFE 2.0-QA-6-3-16

0 - 32:35 Melanie shares her excitement about Ultimate Freedom Experience 2.0; asks questions about free will and our characters being able to participate in creating story details with TCE; asks TCE being both the reader and writer; and shares a desire to have a friend to talk to

about all of this

32:36 - 53:00 Jo asks 3 questions: 1. If an experience she has of Truth in the morning, with her eyes closed, is common; 2. About esoteric teachings that focus on using sexual energy to experience Truth; 3. About Ayahuasca.

UFE 2.0-QA-6-17-16

0 - 36:21 Melanie asks about: 1. Feelings of confusion and powerlessness that have appeared as she's going through the Waves; 2. About other teachings that encourage forgiveness, compassion, acceptance, letting go, self-love, etc.; 3. Why TCE created The Human Story; 4. The difficulty verifying The Truth of what's shared in The Waves; 5. Why music affects us emotionally as it does; 6. She shares how meaningful one of the Wu-Hsin quotes was to her.

UFE 2.0-QA-6-24-16

0 - 45:39 In Robert's language, in a destabilized state, Katrin's Mind Machine dumps out a lot of "negativity" and questions about True Creative Essence, about people being victims and marionettes of TCE, about what happens to so many people as The Human Story unfolds, about suffering, death, and struggle.

45:40 - 62:09 Elaine asks about the recent shootings in Orlando and what appeared after it in Inner Space.

UFE 2.0-QA-7-1-16

0 - 4:42 Elaine asks if there is a "more effective way" to go through the videos in The Ultimate Freedom Experience.

4:43 - 31:33 Melanie shares several thoughts and feelings about the Experience of Ultimate Freedom Awakening and asks 6 questions: 1. Is it true that The Mind Machine changes how it operates when The Truth Virus gets introduced; 2. is Robert "constantly aware: of TCE; 3. Does Robert have an "identification" with TCE?; 4. Does Robert enjoy all the waves of emotional energy that appear in Inner Space?; 5. She shares that Robert's story about "multidimensional realities" was super helpful to her; 6. What's it like to "Total Immersion Read"?

UFE 2.0-QA-7-8-16

- 0 - 33:00 Nick shares that he has completed Ultimate Freedom 1.0 and not much seems to have changed, not much cloud cover seems to have been knocked out, and he's having trouble with that.
- 33:01 - 53:10 Bharat asks about so many people in "his" story appearing to have multiple personalities, not being "real," and how "lonely" and "disheartening" it appears when he keeps seeing them, especially in "his" close relationships.

UFE 2.0-QA-7-15-16

- 0 - 13:57 Elaine asks about multiple personalities appearing in Inner Space.
- 13:58 - 15:34 Nick thanks Robert for his support last week and expressed appreciation for the time, detail and effort Robert invested to do it.
- 15:35 - 59:42 Melanie asks about: 1. Cause and effect and pure, raw experience and stories; 2. Does Robert feel the urge or need to share The Ultimate Freedom Teachings with other people he meets and interacts with personally?; 3. Other spiritual and healing teachings and popular catch phrases; 4. How "absolutely crazy" it is that Robert keeps giving her all the puzzle pieces she searched for over many years; 5. Thoughts, their ability to "change" things, and quantum physics; 6. How does Robert perceive other characters?; 7. She loves the TCE t-shirts Robert created and asks for additional variations.

UFE 2.0-QA-7-22-16

- 0 - 19:32 Elaine speaks about and asks about using transformational vocabulary in her daily life, especially when spoken aloud to others.

UFE 2.0-QA-7-29-16

- 0 - 28:21 Melanie asks: 1. About DMT and Ultimate Freedom and healing; 2. About the inner and outer journeys discussed by Michael Hauge and the diagram Robert showed after them about the 3 journeys Ultimate Freedom participants can take; 3. How do you know when "you" are Total Immersion Reading and what's it like?
- 28:22 - 42:27 Elaine asks about the appearance of "fear" related to being reminded of an event experienced in the past.

UFE 2.0-QA-8-5-16

- 0 - 10:52 Joann asks about what appears to be "much stronger Mind Machine noise" appearing in Inner Space on "her" journey.
- 10:53 - 25:59 Elaine shares an update on a recent discussion here with Robert, and asks about what to do if "fear" appears and lasts for several hours

UFE 2.0-QA-9-2-16

- 0 - 14:24 Patrick asks about using the tool called "The Process" (that was shared in the Busting Loose books and other Teachings I shared in the past) now that he is having The Ultimate Freedom Experience.

UFE 2.0-QA-9-9-16

- 0 - 15:52 Patrick narrates his Experience of Ultimate Freedom Awakening and asks questions about healing modalities like what's called Reconnective Healing and Matrix Energetics.

UFE 2.0-QA-9-16-16

- 0 - 8:44 Dean asks Robert to discuss quicksand pits and how to avoid them.
- 8:45 - 40:52 Patrick asks about how things appear in Inner Space as many appearances "he" experiences don't seem to match what Robert shared in the UFE.

UFE 2.0-QA-9-23-16

- 0 - 14:17 Mary asks about when Robert shared he discovered he had anger at himself for not standing up for himself when he was younger, and also asks about a similar pattern she sees in herself.

UFE 2.0-QA-9-30-16

- 0 - 13:17 Gail asks about being alone so much of the time and mentions the anger that has come up about it.
- 13:18 - 19:08 Mary shares her excitement about what's happening in her story as she goes through the UFE and asks about a Community of UFE participants.

19:09 - 33:58 Mary asks for a way to deal with consistent feelings of being tired during the day.

UFE 2.0-QA-10-7-16

0 - 26:37 James shares stories from his life and asks about drinking alcohol and taking drugs as it relates to navigating The Truth Path and the Awakening of Ultimate Freedom.

26:38 - 35:22 Dean shares stories from his journey beginning with Robert's Busting Loose From The Money Game book, continuing through the Masters Of Light Experience, continuing through the first live Ultimate Freedom Experience in Sedona, and now Ultimate Freedom 2.0.

35:23 - 44:33 Ciara shares stories from her journey, asks Robert about Ultimate Freedom being a "religion," and also asks if Robert would be interested, with or without her help, in coming up with some sort of visual image that symbolizes Ultimate Freedom being Awake that grads of The Ultimate Freedom Experience could use (she wants tattoo it on herself).

44:34 - 73:28 Mary gives examples and asks questions about everything we experience being TCE shaping itself into it.

UFE 2.0-QA-10-14-16

0 - 7:18 James responds to Robert's question from last week about how drug use led him to The Ultimate Freedom Experience, and asks a question about why he's simultaneously involved with another program which feels a bit like overload to The Mind Machine.

7:19 - 9:02 Dianne shares a major thumbs up to Robert for how amazing the Ultimate Freedom Experience is.

UFE 2.0-QA-10-21-16

0 - 43:37 Raphael asks 4 questions: 1. About Robert's comments about souls not really leaving bodies, and his experience of leaving the body he shared in the My Story Section of Wave 3; 2. About other planes and life after death; 3. About voices that appear in Inner Space and which ones can he trust; 4. About "worrying" about the safety and well-being of children after Ultimate Freedom Awakens.

UFE 2.0-QA-10-28-16

0 - 14:49 Raphael asks about "who" is Total Immersion Reading when

Ultimate Freedom is Awake.

UFE 2.0-QA-11-4-16

0 - 39:51 Raphael asks about: "The Process" from the Busting Loose/Phase 2 Teachings; about "who" is creating "who" as it relates to other people; what happens to everyone and everything else after the Raphael character dies; what about "influencing" children, friends, and family members, and how Robert "guides" his children; how will he know when he has Awakened?

UFE 2.0-QA-11-11-16

0 - 26:46 Marcia shares that she's not yet in a Truthful relationship with emotional and other appearances in her story, and asks about that. She also asks Robert to share how he experiences various things now - a rock falling on his toe, a car accident, etc.

26:47 - 43:24 Raphael asks several questions about "other people" in our stories.

UFE 2.0-QA-11-18-16

0 - 22:37 Ivan asks how to speed up "deleting" repeating patterns.

UFE 2.0-QA-11-25-16

0 - 29:29 Elizabeth asks about emotional storms, fear, anxiety, meltdowns, and the "beautiful place" that can be experienced afterwards.

UFE 2.0-QA-12-2-16

0 - 24:43 Elizabeth expresses appreciation for Robert's answers to last week's questions, shares some insights about changes in how emotions are being seen, and asks about a different response appearing to death and about voices showing up in Inner Space speaking The Truth about things.

UFE 2.0-QA-12-9-16

0 - 63:56 James shares an update about the drug experiences he discussed in a previous Q&A session, narrates how difficult things are appearing to him now, and asks Robert what he can do because he what's appearing is he can't handle what's happening anymore.

63:57 - 67:41 Elizabeth shares many experiences on her unique journey in general, and also with The Ultimate Freedom Experience.

67:42 - 78:49 Elizabeth shares some BIG changes in her story and asks about The Mind Machine being "busy" and "stuttering" when writing to Robert here.

UFE 2.0-QA-12-23-16

0 - 18:32 Avani shares many experiences from her story, other Teachings Robert shared, and her Ultimate Freedom Experience, and also asks about Robert's experience of Experiencing more and more pure, raw experience and Truth consistently.

18:33 - 34:41 Sheldon asks about his frequent perception of "pulsating energy" in his story and also about "Black Magic" and "Voodoo magic."

34:42 - 37:09 Sheldon recommends that people watch the film, *The Truman Show*, with Jim Carry, and Robert agrees with a few caveats.

UFE 2.0-QA-12-30-16

0 - 17:37 Elizabeth shares many stories from her journey and involvement with many disciplines, including Native American ceremonies and medical intuition.

17:38 - 42:14 Kent talks about the Wu-Hsin exercise and asks why TCE would want to separate from pure Oneness.

UFE 2.0-QA-1-6-17

0 - 10:29 Kent answers some of the questions Robert asked in his response to his comments about the Wu-Hsin exercise last week, and shares a few other appearances from his story.

10:30 - 28:11 Sheldon shares several story appearances that he defines with "it not being a happy new year" for him as things appear on 1/1/17.

28:12 - 48:21 Sandra asks about body, health and wellness, for herself and also because helps others with body, health and wellness issues.

48:21 - 60:14 Elizabeth shares details from her journey, including about her son who has "special needs."

60:15 - 68:17 Kent updates us on a different response to the 2nd Wu-Hsin exercise.

UFE 2.0-QA-1-13-17

- 0 - 22:40 Sandra shares one scene from her story where she appeared "very relaxed" during a "stressful situation," and it appeared Ultimate Freedom was awake, and another scene here she was "not relaxed" and asks if Robert recommends using The Process in such cases.
- 22:41 - 60:33 Lorna shares some details of her long journey in Robert's sphere of influence, of changes that have taken place as Ultimate Freedom is Awakening, and shares a story of a major drop in her pond 3 years ago with her career that's still rippling out in "challenging ways" that she ask Robert to comment on.

UFE 2.0-QA-1-20-17

- 0 - 18:17 Sheldon shares some recent experiences of sensations appearing in Inner Space related to dental work and being cold.
- 18:18 - 39:14 Lorna responds to Robert's comments from last week and also shares a variety of details and scenes from her story as Ultimate Freedom Awakens more and more.
- 39:15 - 60:44 Raphael asks 6 questions: 1. Does thinking "this is all a story" mean that Ultimate Freedom is Awakening? 2. Is it possible to know, with accuracy, where a story is headed in advance; 3. How does Robert treat other characters with UF Awake? 4. Will TCE remember Robert when his story ends? 5. Did Robert have a Mentor? How did he come to know The Truth; 6. Does TCE only exist to play with stories?

UFE 2.0-QA-1-27-17

- 0 - 22:39 Raphael asks for help in understanding what Total Immersion Reading would be like with a "tragic event" like a child being murdered. He also asks if Robert ever had worry appear about "bad things" happening since he had no free will or ability to change them.
- 22:40 - 35:21 Raphael asks additional questions about his first share and question
- 35:22 - 40:48 Lorna continues her shares from the last 2 weeks and talks about wanting to know what's going to happen in her story in advance.

UFE 2.0-QA-2-3-17

- 0 - 7:07 Raphael comments on Robert's answer to his recent questions about the death of a child, and expresses his appreciation for the UFE and Robert's character.
- 7:08 - 21:16 Sandra shares a way cool story about her car breaking down and where it led, and also asks about a friend who had cancer, surgery, and major issues with "pain."
- 21:17 - 30:36 Avani shares MAJOR breakthroughs as fascinating appearances as she after going through through Wave 3 - what she calls "BFOs" (Blinding Flashes of the Obvious).
- 30:37 - 50:29 Nancy asks about goal setting, getting clear on what you want, Universal principles, and the teachings of John Demartini and Dr. Joe Dispenza.
- 50:30 - 60:53 Nancy asks about Robert's claim that our stories are all written in advance.
- 60:54 - 80:56 Nancy share s that she is unsure how to proceed with career goals and plans she had prior to going through the Ultimate Freedom Experience and asks Robert for suggestions and advice.
- 80:57 - 89:21 Nancy shares a story of a drug-induced experience she had that Robert will call an "altered state of consciousness," lack of a better term, and she asks if that's what Ultimate Freedom being Awake is like.
- 89:22 - 92:26 Sheldon shares a thought ball that appeared to him in Inner Space and asks or Robert's commentary.

UFE 2.0-QA-2-10-17

- 0 - 37:08 Batya shares that she hoped the UFE would help her let go of several things that had been causing her pain, and that she doesn't feel any different. She also talks about free will and taking responsibility for our actions.
- 37:09 - 50:28 Joseph asks how do you live every day on this Path, how do you decide things day to day on this path, and how do you know if you're doing what TCE is asking of you day to day.

UFE 2.0-QA-2-17-17

- 0 - 7:10 Sandra some of her history, how much the UFE ahs already changed her story, and asks Robert about having a program to let other people

share the UFE in their own countries and languages.

7:11 - 12:31 Sandra summarizes many of the Key Points of Truth that are shared in the UFE and shares "it's very relaxing" to "see' things that way.

12:32 - 35:04 Sheldon shares that his character has a deep desire to have feelings go away, to experience oneness with the essence of God, and to feel it and not be involved with the "day to day pointlessness of story space."

UFE 2.0-QA-2-24-17

0 - 1:29 Nancy recommends a TV show called "Lemony Snicket" as supportive for knocking out cloud cover..

1:30 - 11:32 Avani shares numerous Experiences of Ultimate Freedom Awakening and Total Immersion Reading in her story.

11:33 - 19:35 Sandra discusses "wounds" as shared by Michael Hauge in The Art Of Storytelling Part 2, and also shares she feels she's in a "digesting time" on her journey, where what she has discovered and experienced through the UFE is being processed.

UFE 2.0-QA-3-25-17

0 - 45:11 Ami, who has been embracing the Busting Loose/Phase 2 Teachings and tools for 5+ years, shares that a lot of discomfort, fear and disorientation are appearing after going through the Ultimate Freedom Experience, and asks for support on dealing with that as well as more detail on what to expect in Phase 3 when Ultimate Freedom is fully Awake.

45:12 - 53:18 Natalie asks: 1. About the significance of lucid dreams that have appeared recently; 2. Whether falling asleep repeatedly while trying to listen to a particular video segment is The Mind Machine rebelling or not.

53:19 - 64:40 Luis offers a few shares and asks Robert for advice on how to describe his emotions to others, and asks if there's another live UFE coming soon.

UFE 2.0-QA-4-7-17

0 - 12:20 Susan shares her WOW! Experience of the UFE and also suggests a book others might find supportive on the journey. She then adds a few "qualifications" to her original share in a 2nd share.

- 12:21 – 36:28 Amy asks about death, religion and the bible, being stopped in her tracks, panic attacks, and thoughts invading her mind.
- 36:29 – 51:22 Amy asks about TCE and “sleep paralysis” she has struggled with for 10 years.
- 51:23 – 72:00 Natalie asks about “ego.”

UFE 2.0-QA-4-14-17

- 0 – 28:25 Sandra gives an update on her progress and asks questions about perceiving things that were once judged as negative, such as cold, flu and sinusitis symptoms, and impatience with Awakening not happening fast enough.
- 28:26 – 32:47 Christine shares and asks about the movie, *Stranger Than Fiction* With Will Ferrell.
- 32:48 – 46:55 MaryAnn shares an update on her “progress” and some Big changes in her story. She also asks if vibrations are truth.
- 46:56 – 62:00 Avani shares updates from her unfolding story.

UFE 2.0-QA-4-21-17

- 0 – 58:35 Laura asks: 1. Is the whole UFE a process to shut up internal dialogue; 2. Would it be beneficial to go through the UFE again; 3. What are my suggestions for “chilling out about it all”?; 4. Examples of what happened to other people when cloud cover got knocked out; 5. How many people has Robert trained globally; 6. She asks for reassurance she will not “go mad” on this journey; 7. When Ultimate Freedom Awakens, does the character have any influence on what happens?
- 58:36 – 78:09 Maryann gives an update on her unfolding story and asks about a persistent appearance of being triggered by the behavior of a best friend in various ways.

UFE 2.0-QA-4-28-17

- 0 – 5:47 Sandra shares what she has been Experiencing as Ultimate Freedom Awakens and also shares that the Teachings of Mooji helped her as well.
- 5:48 - 54:42 Laura shares some Mine machine noise appearing about The Teachings maybe not being true; about a bout of depression she experienced 20 years ago that’s still affecting her Mind Machine; and

asks these questions: 1. Where did TCE come from and how is it what it is? 2. Does this mean that tools and strategies like meditation, influence, NLP, etc. aren't worth pursuing? 3. Is there any value in doing anything other than watching your video stream? 4. How do I know when the cloud cover is gone? 5. Is there a network of people who are living Ultimate Freedom?

UFE 2.0-QA-5-5-17

0 – 44:55 Avani gives an update of what's unfolding in her story and Robert congratulates her and points to some distorted perspectives, lies, illusions and stories in what was shared.

44:56 – 73:03 Natalie gives an update of what's unfolding in her story Robert once again congratulates her and points to some distorted perspectives, lies, illusions and stories in what was shared.

UFE 2.0-QA-5-12-17

0 – 30:41 Iben asks: 1. About "sadness" appearing in Wave 3 as he watched the videos; 2. Are animals going through the same thing as us? 3. How does the accession of the Earth fit into this; 4. About getting annoyed by the music in the closed eye processes.

UFE 2.0-QA-5-19-17

0 – 18:52 Iben responds to Robert's shares with her last week and also talks about feeling like she doesn't belong, feeling apart and different different.

18:53 – 47:20 Debbie talks about the "struggle history" of her character, that things are a bit crazy right now, and asks Robert if there's anything he can share with her that might soothe her right now.

47:21 – 75:42 Debbie shares additional "mind machine going crazy" examples and asks for Robert's feedback and support.

75:43 – 1:17.12 Laura shares frustration being felt after finishing the Experience, feeling it was all a waste of time, hating the idea that she has no influence over anything.

UFE 2.0-QA-5-26-17

0 – 3:22 Debbie responds to Robert's shares with her last week.

3:23 – 14:18 MaryAnn talks about an experience if Reiki and Reiki training, and

also an Experience of Truth about her past and people from her past that appeared during a meditation in her Reiki training.

UFE 2.0-QA-6-16-17

- 0 – 16:55 Maryann asks about feelings of being “wide awake, super aware, totally present and open to infinite possibilities” appearing in and disappearing from Inner Space.
- 16:56 – 34:08 Maryann shares the story of the suicide of her sister and asks for some support on the “Real Perspective” about it.

UFE 2.0-QA-6-23-17

- 0 – 16:55 Maryann continues her discussion from last week by providing more details about her sister’s suicide, her “guilt” about it, and other things currently rippling out and appearing in Inner Space.

UFE 2.0-QA-6-30-17

- 0 – 12:02 Maryann shares several amazing Experiences that have been appearing in her story, in general and as she was going through the Coaching, Support And Inspiration archive.
- 12:03 – 17:58 Amy shares a “traumatic” experience that appeared in her story when she was 19 (she’s 33 now).
- 17:59 – 52:05 Debbie talks about a breakthrough between she and her partner and also about various forms of what she’s calling fear that are appearing.

UFE 2.0-QA-7-7-17

- 0 – 14:10 Maryann shares several additional Experiences that have been appearing in her story, including The Truth Virus working through old Mind Machine stuff about money, charging money for services rendered, having her own business, etc.
- 14:11 – 23:57 Randy asks what to do now, after completing the UFE. He also asks about Robert’s Grandfather and what he said about the unseen world.

UFE 2.0-QA-7-14-17

- 0 – 13:21 Maryann shares several additional Experiences that have been appearing in her story and asks about “Mind Machine BS.”

UFE 2.0-QA-8-4-17

0 – 29:30 Jackie asks: 1) If I have no free will no power to determine and change my life, what should I do? If everything is a determined fate, should I hope for anything? Shall I set goals in life and achieve them? Or should I do nothing and want nothing? If the life of my character is boring and suck, why I should go on reading? So, "What's the purpose of life?" 2) How can I get along with myself, my mind machine?

UFE 2.0-QA-8-11-17

0 – 54:34 Steve shares many “negative” appearances appearing in his story, focused mostly on unfulfilled desires for a mate, struggles with sadness, the desire to “wake up from the dream,” and strong feelings appearing for a woman he was involved with 30+ years ago.

UFE 2.0-QA-8-18-17

0 – 21:16 Kady asks how to make her life easy, fun and abundant “for real in all level”?

21:17 – 32:04 Shaun asks about “the dark side” of The Human Story.

UFE 2.0-QA-8-25-17

0 – 11:00 Debbie reports some “pretty cool experiences.”

11:01 – 25:57 Kady asks about a specific technique that promises to support Awakening.

25:57 – 47:34 Shaun asks a variety of clarification questions on the UFE and Teachings.

UFE 2.0-QA-9-1-17

0 – 12:00 Shaun asks about “the disease” of being “addicted” to crystal meth.

12:01 – 23:24 Kady asks for examples of when Robert experienced “putting words on a shelf” and Seeing/Experiencing the pure, raw, experience.

23:25 – 24:11 Kady asks for permission to edit together the silent subliminal soundtracks s she can listen to them all at once. ‘

UFE 2.0-QA-9-29-17

0 – 2:09 Lisa shares that she's getting a lot out of the UFE, many lifelong questions being answered, etc., and also that she enjoys Robert's sense of humor.

2:10 – 17:27 Kady shares a "frustration" from work and asks for advice.

UFE 2.0-QA-10-27-17

0 – 15:45 Sondra shares several scenes from her story and asks who she should listen to and what she should do if multiple characters appear in Inner Space disagreeing with each other on a course of action. She also shares a way cool experience at the beach when everything was Experienced differently and judgment was absent.

15:46 – 26:49 Sondra continues her first question by talking about a bunch of characters appearing in Inner Space, making their opinions about things known loudly, which is being perceived as being difficult and stressful, especially when she's at work.

26:50 – 49:35 Sondra continues her discussion of Inner Space appearances, seeking relief from them, etc.

UFE 2.0-QA-11-10-17

0 – 27:14 Marilyn asks about "panic attacks."

UFE 2.0-QA-11-10-17

0 – 28:36 Sondra shares several updates on what's unfolding in her story and asks about Total Immersion Reading appearing to come and go in different situations.

UFE 2.0-QA-12-1-17

0 – 11:44 Patrick asks about healing work and the Awakening of Ultimate Freedom.

11:45 – 26:23 Sondra asks about Robert's comment about the journey into Ultimate Freedom resembling what's called a detox and about crazy things happening.

UFE 2.0-QA-12-15-17

- 0 – 56:44 Solstice shares a lot that's appearing about not knowing what to do, how to live, etc., after completing The Ultimate Freedom Experience.
- 56:45 – 69:33 Solstice continues her questions about "What do I do ...?"
- 69:44 – 103:48 Solstice updates Robert on "positive" changes in her story and asks questions about what "awakening" looks and feels like.

UFE 2.0-QA-1-19-18

- 0 – 59:05 James asks many questions about God, Higher Self, Akashic Records, the purpose of The Human Story, reincarnation, The Matrix, 'enlightenment, and re-writing our stories.
- 59:06 – 78:08 James asks about the best way to use the closed eye process audios.
- 78:09 – 97:42 James asks what experiences led to Ultimate Freedom Awakening in his story and why it doesn't happen for everyone.

UFE 2.0-QA-1-26-18

- 0 – 59:05 James asks about the work of Tony Robbins and about whether Total Immersion Reading will happen or not in his story.

UFE 2.0-QA-2-9-18

- 0 – 8:30 Sondra talks about when The Mind Machine gets loud and noisy when she's watching the videos or listening to the audios from the videos.

UFE 2.0-QA-2-17-18

- 0 – 19:41 Freya shares what an amazing wow experience she's having with the UFE, talks about science, shifts in how her Mind Machine is operating, The work of Byron Katie, and asks a question about TCE knowing what's going to happen in our stories while we don't.
- 19:42-27:01 Sondra adds detail and clarity from a previous share, shares an insight she got about a repeating pattern in her story, and compliments Robert/TCE on the "brilliance" of the UFE.

UFE 2.0-QA-2-23-18

- 0 – 13:18 Freya shares more about what’s unfolding in her story and asks Robert about him continuing to share the Busting Loose Teachings now that Ultimate Freedom is Awake.
- 13:19 – 16:54 Freya asks about “beliefs.”
- 16:55 – 42:27 James asks questions about the TPA and UFE Experiences Robert offers, and expresses frustration that still nothing seems to work for him.

UFE 2.0-QA-3-2-18

- 0 – 14:39 Freya shares more about what’s unfolding in her story as she goes through the Destabilization of the Mind Machine stage, and the freedom that comes from Knowing and Experiencing The Truth that “she” cannot solve all the problems that appear in her story and must wait to see how things unfold.

UFE 2.0-QA-3-16-18

- 0 – 23:19 Maire-Ros shares 2 examples of appearances in Inner Space – one “positive” and one “negative,” and Robert comments and offers support for what appeared.

UFE 2.0-QA-3-29-18

- 0 – 4:00 James asks about the *Westworld* TV show Robert recommended.
- 4:01 - 9:23 Maire-Ros gives an update on changes in Inner Space.

UFE 2.0-QA-6-1-18

- 0 – 61:06 Megan asks about creating a successful career, career, direction and focus – and the apparent lack thereof.
- 61:07 – 79:01 Don asks about “choosing” at the story level

UFE 2.0-QA-6-8-18

- 0 – 20:28 Don shares a very detailed summary of what Robert shared in the UFE and asks if his understanding is correct.

20:29 – 28:38 Julie asks about gaining clarity on the impact we have on others in our stories.

28:39 – 57:01 Freya shares stories from her journey, and explains many things The Mind Machine is kicking into Inner Space.

UFE 2.0-QA-6-15-18

0 – 18:05 Megan asks about “losing everything” as a catalyst for the Awakening of Ultimate Freedom

18:06 – 50:32 Don continues the discussion from last week about choice, choosing and free will.

50:33 – 74:50 Megan asks about experience “extreme Highs and lows” and about how her perception of animals and nature seems to be changing.

UFE 2.0-QA-6-22-18

0 – 37:41 Don continues the discussion about choice, choosing and free will.

UFE 2.0-QA-6-29-18

0 – 33:13 Stacy shares a story about a romance that didn’t work out and asks for guidance and insight into what happened and is happening now.

UFE 2.0-QA-7-6-18

0 – 26:52 Stacy shares career up and down stories and asks Robert for feedback.

UFE 2.0-QA-7-14-18

0 – 39:37 Stacy continues her updates on her journey, asks about Total Immersion Reading, and also about next steps after completing the Waves of the UFE.

UFE 2.0-QA-7-27-18

0 – 36:52 Stacy continues her updates on her journey and asks about persistent thoughts and feelings about an ex-love.

UFE 2.0-QA-8-17-18

0 – 27:21 Kea summarizes the key messages of the UFE and asks for confirmation.

UFE 2.0-QA-8-24-18

0 – 20:25 Kea asks about Total Immersion Reading

20:26 – 28:28 Stacey shares an update from her Journey

UFE 2.0-QA-8-31-18

0 – 15:55 Kea shares what she calls “some of her mind noise and experiences.”

UFE 2.0-QA-9-14-18

0 – 37:41 Stacey shares a story about not making the time to prepare for a Women’s Retreat she was scheduled to do and asks questions about that appearance and how to respond to it.

UFE 2.0-QA-9-21-18

0 – 5:35 Kea asks about “The Magic Trick.”

5:36 - 20:48 Stacey shares an update about the topics Robert addressed from her share last week.

UFE 2.0-QA-9-28-18

0 – 18:18 Andrea asks questions about a Mind Machine “problem” that has appeared related to her profession and the professions of her friends.

18:19 – 25:26 Andrea asks about future technology and how it will impact stories that Ultimate Freedom is Awake in.

UFE 2.0-QA-10-5-18

0 – 4:51 Julia shares her enthusiasm for the UFE.

4:52 – 29:00 Andrea asks about love.

29:00 – 44:09 Kea asks for more detail on what Ultimate Freedom being Awake is like.

UFE 2.0-QA-10-12-18

0 – 4:49 Stacy shares an update on the new man in her life and being in a Truthful Relationship with Mind Machine noise in Inner Space.

4:50 – 22:51 Andrea shares about her history of studying esoteric teachings and asks about business things being pushed on by TCE while journeying along The Truth Path. She also shares a few movies and TV shows she has enjoyed.

UFE 2.0-QA-10-26-18

0 – 24:38 Nicole shares examples of her story which contain elements of what Robert called The Myth Of Sisyphus and asks how common such experiences are.

24:39 – 36:13 Liz shares changes that have occurred since she attended the live UFE at Robert's home in September, amplified by reviewing it through the UFE videos, and asks about emotions and sensations.

36:14 – 55:36 Kathy asks about cause and effect.

55:36 – 79:42 Andrea asks about headaches and pain and shares that the UFE is also helping her with her English since it is not her main language.

UFE 2.0-QA-11-2-18

0 – 20:10 Kathy discusses some new and unusual appearances on her Journey.

20:11 – 27:18 Andrea gives an update on her Journey and Experience of the UFE

UFE 2.0-QA-11-9-18

0 – 26:24 Tim asks what if Ultimate Freedom Awakening has not been written into his story.

26:25 – 58:59 Anonymous talks about wanting to commit suicide and end the story.

58:60 – 74:30 Liz gives an update on her Journey after attending a live UFE at Robert's house, then going over the videos again, and asks about "raw experience."

UFE 2.0-QA-11-16-18

0 – 20:34 Julie asks about the relationship between TCE and The Mind Machine.

20:35 – 48:06 Todd shares what has been appearing since completing the Waves.

48:07 – 71:13 John shares an update on what's appearing in his story and asks about

attachment and commitment in long-term romantic relationships.

71:14 – 80:16 Andrea comments on Robert’s answer to one of her recent questions and asks why more people aren’t traveling The Truth Path and about characters shifting on their journeys.

UFE 2.0-QA-11-23-18

0 – 8:58 Anonymous shares her response to Robert’s share last week and talks about “negative” emotions and her mother.

8:59 - 17:07 Andrew talks about inner space mind machine appearances and being able to consciously direct thoughts, emotions and sensations.

17:08 – 42:27 John asks about Roberts “fantasy 5 weeks” with his ex-wife before the divorce; about setting goals and a vision for your life; and about “men’s work.”

UFE 2.0-QA-11-30-18

0 – 36:55 Edwin discusses and asks about making decisions, discomfort with making decisions, and the pressure to go out on his own to earn his own money and carve out a career, in the midst of Seeing Ultimate Freedom Awakening.

36:56 – 55:28 Helle gives an update on what’s happening in her story as Ultimate Freedom and Total Immersion Reading Awaken more and more.

55:29 – 65:40 Kea shares an update on her journey before the coaching runs out and since she has completed the Waves.

65:41 – 74:14 John discusses getting maximum benefit from the Ruby coaching.

74:15 – 79:27 Andrea discusses all the stuff out there about quantum physics and the “Why?” piece being missing from them.

UFE 2.0-QA-12-7-18

0 – 25:33 Edwin gives an update on what is appearing on his Journey.

25:34 – 31:34 John talks about reading more fiction as support for Ultimate Freedom Awakening and also about movies and TV shows and asks Robert for recommendations.

32:35 – 51:18 Kathy shares details about the appearance of being scared, terrified, and wanting to be in control.

51:19 – 58:44 Tim asks if TCEs enjoyment of stories is diminished if Ultimate Freedom Awakens in them and why TCE doesn't shape Itself into more stories of Ultimate Freedom Awakening.

58:45 – 67:00 Tim asks about desires.

67:01 – 72:18 John asks Robert to compare “ego” with The Mind Machine.

UFE 2.0-QA-12-21-18

0 – 6:01 John shares 2 stories for his younger years and asks if they are examples of Truth.

6:02 - 10:43 Edwin asks about several Mind Machine appearances.

10:44 – 15:07 Andrea asks about TCEs perception of Human Story appearances.

15:08 – 34:54 Kathy shares details from her journey and asks about the Journey from identity into essence.

UFE 2.0-QA-12-28-18

0 – 25:33 Andrew asks about Mind Machine appearances, about emotions and thoughts, and about the subliminal recordings included with the UFE.

UFE 2.0-QA-1-4-19

0 – 20:09 Edwin shares various Mind Machine appearances and progress on the Journey.

20:10 -34:44 Jay talks about not being able to “get back on the horse” to resume writing and finish an important writing project.

UFE 2.0-QA-1-11-19

0 – 13:50 Andrea summarizes several insights and struggles from the UFE appearing in Inner Space in her story.

UFE 2.0-QA-1-18-19

0 – 6:19 John asks about the Retreats Robert has done in the past for Ultimate Freedom graduates.

6:20 - 15:54 John asks about options for receiving continued support after completing The Ultimate Freedom Experience.

15:55 – 24:49 John asks if Robert is planning to offer a program to certify other people to offer The Ultimate Freedom Experience

UFE 2.0-QA-1-25-19

0 – 9:28 Andrew talks about enjoying the UFE, re-reading Richard Bach’s book, *Illusions*, after going through the UFE, and asks: 1. If Robert still finds value in “other teachings,” and if language he uses to describe TRUTH is accurate.

9:29 - 27:06 Leslie shares the impact the UFE is having on her story and asks how to tell the difference between the mind machine and TCE when a desire to do something appears.

27:07 – 45:59 Tim asks about free will and upgrading to the Amethyst Experience.

46:00 – 73:08 Kathy shares changes that have appeared as she goes through the UFE and asks about the body.

73:09 – 112:03 Edwin narrates BIG changes in his story and uses lots of transformational vocabulary to describe appearances and Mind Machine noise in Inner Space.

UFE 2.0-QA-2-8-19

0 – 7:12 Leslie shares some of her experiences since completing the UFE, says she’d love to have dinner with Robert someday to exchange stories, and expresses interest in joining the pilot program to be a facilitator of The Ultimate Freedom Experience.

7:13 – 11:54 Leslie shares more stories about Ultimate Freedom Awakening and Experiences of being the Total Immersion Reader of the story.

11:55 – 17:16 Leslie shares more “postcards from the Journey.”

UFE 2.0-QA-2-15-19

0 – 26:51 Jay shares about the physical illnesses his romantic partner is struggling with at the story level, states it’s hard to keep a Truthful perspective on it, and asks Robert for feedback.

UFE 2.0-QA-4-12-19

0 –31:30 Laura asks about things that have been appearing on the journey relate to anger and other negativity .

31:31–43:23 Laura asks how Robert knows TCE is Truth and not just another character appearing in Inner Space.

UFE 2.0-QA-5-10-19

0 –47:04 Andreas asks about “getting it” and “losing it,” forgetting, and “fears” that Ultimate Freedom will never Awaken in his story.

UFE 2.0-QA-5-24-19

0 –26:16 Andreas shares more updates of what's appearing, primarily in Inner Space, on his Journey..

UFE 2.0-QA-5-31-19

0 –11:07 Yoshi shares what's happening one his Journey and asks about the Mind Machine and multiple personalities, and Westworld.

UFE 2.0-QA-6-7-19

0 –61:46 Peter asks many questions about TCE, The Mind Machine, and the True nature of reality.

UFE 2.0-QA-7-12-19

0 –10:38 William asks a question about a Wu-Hsin quote saying we cannot change our script.

10:38 - 16:30 Eric asks if he should relax and let The Ultimate Freedom Experience wash over him or try to push things

UFE 2.0-QA-7-19-19

0 – 8:08 Marlon asks if it's necessary to keep using The Process and reclaiming power in Phase 3 and about Westworld.

8:09 - 21:02 Marlon asks about our scripts already being written, goals, and manifesting.

21:03 - 30:49 Marlon asks more about the script being written in advance.

UFE 2.0-QA-7-26-19

- 0 – 18:31 Hattie asks about cruelty, torture and disease, and Dr. David Hawkins.
- 18:32 - 27:26 Lisa asks about PTSD.
- 27:27 - 34:31 Roy asks about being forever free from negativity not happening for him yet.
- 34:32 - 45:20 Marlon asks if we have any control over perceptions and experiences in Inner Space about Inner Space or Story Space.
- 45:21 - 50:58 Marlon asks, "How will we know when Ultimate Freedom has Awakened?"

UFE 2.0-QA-8-9-19

- 0 – 13:40 Hattie asks about Essence, essence and "The Real Me".
- 13:41 - 21:08 Hattie shares she's feeling less irritated by people and that's encouraging. Robert comments.

UFE 2.0-QA-8-16-19

- 0 – 32:58 Hattie asks about feelings of depression, loneliness, ambivalence about life, sadness, and "feeling bad about myself"
- 32:59 - 42:03 A question is asked about cannabis and cannabis addiction.

UFE 2.0-QA-8-23-19

- 0 – 42:39 Hattie asks about "tragedies" and not understanding TCE.

UFE 2.0-QA-8-30-19

- 0 – 17:59 Claudia asks about change, fix and improve dynamics with Ultimate Freedom Awake, and psychotherapy.

UFE 2.0-QA-9-13-19

- 0 – 22:44 Phil asks what percentage of people who attend the UFE end up experiencing Ultimate Freedom Awake and how long does it take on average.

22:45 - 36:47 Lutz asks about communicating with TCE to change your story.

36:48 - 46:42 Hattie asks about getting a glimpse of Reality being an illusion and also about a teacher named Satyam Nadeem.

UFE 2.0-QA-10-18-19

0 - 12:10 Sherif asks: 1. How does Robert know that the Truth Virus deletes and alters Mind Machine files?; 2. What is the relationship of "ego" and "subconscious" to The Mind Machine?; 3. Why doesn't Robert like the idea of being present?; 4. How does Robert know that TCE wants to be entertained and experience stories?

UFE 2.0-QA-10-25-19

0 - 41:39 Sherif asks about sharing wisdom with others; his "brain feeling scrambled," sensations, and asking questions.

UFE 2.0-QA-11-1-19

0 - 14:52 Sherif asks about letting go of being analytical and shares his appreciation for Wu-Hsin.

14:53 - 24:27 Claudia updates Robert on her Journey before her coaching expires.

UFE 2.0-QA-11-15-19

0 - 6:15 Haiyan asks about an experience of her heart racing when she discovered she left her iPhone in a restaurant.

UFE 2.0-QA-12-20-19

0 - 14:09 Sherif asks about the metaphor of Harry Potter and J.K. Rowling.

UFE 2.0-QA-12-27-19

0 - 15:32 Sherif asks about weight gain, weight loss, and acceptance.

UFE 2.0-QA-1-3-20

0 - 45:20 Sherif asks about change-fix-improve dynamics.

UFE 2.0-QA-3-27-20

0 – 28:40 Cathy asks about the CoronaVirus that's rippling through the world at this moment in time and history.

UFE 2.0-QA-5-15-20

0 – 40:17 Kate asks about: 1. Conspiracy theories surrounding the Corona Virus; 2. Whether the story continues after her death for her kids and other people she's aware of; 3. How to deal with "jealous thoughts and feelings" about the lives other people are living.

UFE 2.0-QA-5-15-20

0 – 25:21 Kate asks about: 1. If Robert is planning to do a live event at this home or in L.A. this year; 2. What are Robert's hobbies?; 3. How is Robert's book writing going?; 4. How does Robert manage his time and energy when there's a lot on his to-do list or others want to know when something will be done?

UFE 2.0-QA-6-12-20

0 – 16:04 Eric shares an experience that appeared as he was listening to one of the closed-eye UFE process audios, and then asks Robert questions about it.

UFE 2.0-QA-8-14-20

0 – 16:27 Columba shares initial reactions and appearances to Waves 1-4 and experiences from her 63 year story.

16:27 - 23:12 Columba shares some additional experiences Robert what do if someone tried to do physical to him or a loved one.

23:13 - 37:48 Christophe shares a perspective that appeared about life being just cells, biology, random and accidental happenings.

UFE 2.0-QA-8-21-20

0 – 10:12 Aria asks how Robert knows we are all TCE and that our stories are written before we're born.

10:13 - 23:56 Jean asks about appearances in Inner Space when with a client, asks about using The Process tool from Busting Loose, and being confused about things.

23:57 - 43:00 Aria asks: 1. About us only getting to Total Immersion Read one

story, "Our" story; 2. "Organizing" her life story to be able to see it as a "marvelous story"; 3. Separating pure, raw experience from stories with emotions.

43:01 - 68:27

Pamela asks many questions about techniques being "useless."

68:28 - 90:05

Pamela asks many questions about what is "needed" or "required" in order for Ultimate Freedom to Awaken.