



**LGIT Health Coop Online Campus  
2017-18 Course List**

<b>Health &amp; Wellness</b>	
Basic First Aid	Stress and Your Health
Diabetic Emergencies	Tourette's Disorder and Other Neurological Disorders
Drug and Alcohol Awareness	Understanding and Managing Asthma
Eating Right for Health and Fitness	Understanding Anxiety Disorders, OCD, and PTSD
High Blood Pressure - Reducing Your Risk	Understanding Asperger Syndrome
Individual Classroom Plans	Understanding Autism Spectrum Disorder
Managing Your Healthcare	Understanding Behavior, Burnout and Depression 101
Pandemic Planning - Elements of the Plan	Understanding Behavior, Burnout, and Depression 102
Pandemic Planning - The Planning Organization	Understanding Carpal Tunnel Syndrome
Public Pools and Public Health	Understanding Depression and Bipolar Disorder
Recognizing Child Abuse	Understanding Eating Disorders
Recognizing Domestic Violence	Understanding Nutritional Information and Labels
Sleep and Your Health	Understanding Prediabetes
Smoking Cessation	Walking Your Way to Fitness