



LGIT Health Coop Online Campus 2017-18 Course List

Health & Wellness	
• Diabetic Emergencies	• Understanding Anxiety Disorders
• Eating Right for Health and Fitness	• Understanding Behavior, Burnout and Depression 101
• High Blood Pressure - Reducing Your Risk	• Understanding Carpal Tunnel Syndrome
• Managing Your Healthcare	• Understanding Depression and Bipolar Disorder
• Pandemic Planning - Elements of the Plan	• Understanding Eating Disorders
• Pandemic Planning - The Planning Organization	• Understanding Nutritional Information and Labels
• Public Pools and Public Health	• Understanding Prediabetes
• Sleep and Your Health	• Walking Your Way to Fitness
• Smoking Cessation	• Youth Sports Injuries
• Stress and Your Health	• Understanding Anxiety Disorders
Law Enforcement	
• Excited Delirium	