

14
SERVINGS
DONATED



SHAKE UP YOUR FAT-BURNER STATUS

Discover the science of the Reboot for a fat-burning reset! Flip the switch with the perfect blend of food sourced vitamins, minerals, healthy fats and fiber, moderate plant-sourced protein, low net carbs and absolutely no GMO's, whey protein or gluten. Fortified with probiotics and digestive enzymes so your gut feels great while you discover the secret of losing weight for good!

- Food sourced vitamins and minerals
- Fortified with probiotics and digestive enzyme's to support good gut health
- High in healthy fats and fiber
- Low net carbs
- Moderate plant-sourced proteins
- no GMO's or whey protein
- Gluten Free
- No artificial flavors
- No artificial sweeteners
- Vegan friendly



REAL PEOPLE, REAL RESULTS



"Good nutrition is the core of my philosophy and livelihood. I recommend Evolv Shake to anyone seeking better weight management and nutrition."

Heidi Kerman, RD, LD



WHAT IS INTEGRATIVE HEALTH?

"Integrative health" combines conventional medical practices with nutritional support to achieve best patient outcomes. Supporting the body with good nutrition during any type of medical treatment provides an ideal environment for success, and the best health possible.

ēvolv₂shake™

Evolv Shake can support our Customers & Members during a Reboot for goals involving weight loss, improved nutrition, and healthier living. Every serving of Evolv Shake purchased also helps to nourish a child in need through our Buy 1, Nourish 2SM giving initiative. For details, visit EvolvHealth.com/hopemovement.



DELICIOUS NUTRITIONAL DRINK POWDER TO BOOST METABOLISM AND SUPPORT GOOD GUT HEALTH!

Nutrition Facts

Serving Size (44g)
Servings Per Container

Amount Per Serving		% Daily Value*	
Calories 170		Calories from Fat 70	
Total Fat 8g			12%
Saturated Fat 2.5g			14%
Trans Fat 0g			
Cholesterol 0mg			0%
Sodium 200mg			8%
Total Carbohydrate 19g			6%
Dietary Fiber 11g			43%
Sugars 2g			
Protein 12g			
Vitamin A 0%		Vitamin C 35%	
Calcium 6%		Iron 8%	
Vitamin D 30%		Vitamin E 30%	
Vitamin K 30%		Thiamin 35%	
Riboflavin 30%		Niacin 30%	
Vitamin B6 30%		Folate 0%	
Vitamin B12 40%		Biotin 30%	
Pantothenic Acid 30%		Phosphorus 2%	
Iodine 30%		Magnesium 8%	
Zinc 30%		Selenium 30%	
Copper 30%		Manganese 30%	
Chromium 30%		Molybdenum 30%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g

VANILLA

Pea Protein Isolate, Inulin (Contains: Chicory root fiber, Chicory root extract, Inulin, oligofructose), Olive Oil Powder, Tapioca Maltodextrin, BevGrad (Flax), MCT Oil Powder, Natural Flavors, Palatnose® (Isomaltulose), Fermented Vitamin Mineral Premix (contains: Zinc, Vitamin C, Copper, Vitamin E, Beta Carotene, Niacinamide, Selenium, Biotin, GTF Chromium, Iron, Folic Acid, Pantothenic Acid, Manganese, Molybdenum, Vitamin B2, Vitamin B6, Iodine, Vitamin K1, Vitamin B1, Vitamin B12, Vitamin D2), Chiamax TM, Organic Hemp Protein, Organic Brown Rice Protein, VitaFiber, Xanthan Gum, Salt (Sodium Chloride), Stevia RA 60% total 95%, Natural Sweetness Enhancer Powder, Bacillus Coagulans, DigeSEB, ImmunAloe Aloe Vera Powder.

Nutrition Facts

Serving Size (45g)
Servings Per Container

Amount Per Serving		% Daily Value*	
Calories 170		Calories from Fat 70	
		Calories from Saturated Fat 25	
Total Fat 8g			12%
Saturated Fat 3g			15%
Trans Fat 0g			
Cholesterol 0mg			0%
Sodium 210mg			9%
Potassium 170mg			5%
Total Carbohydrate 19g			6%
Dietary Fiber 11g			43%
Sugars 2g			
Protein 12g			
Vitamin A 0%		Vitamin C 35%	
Calcium 6%		Iron 15%	
Vitamin D 30%		Vitamin E 30%	
Vitamin K 30%		Thiamin 35%	
Riboflavin 30%		Niacin 35%	
Vitamin B6 30%		Folate 0%	
Vitamin B12 40%		Biotin 30%	
Pantothenic Acid 30%		Phosphorus 4%	
Iodine 30%		Magnesium 10%	
Zinc 35%		Selenium 30%	
Copper 35%		Manganese 30%	
Chromium 30%		Molybdenum 30%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

CHOCOLATE

Pea Protein Isolate, Inulin (Contains: Chicory root fiber, Chicory root extract, Inulin, oligofructose), Olive Oil Powder, Tapioca Maltodextrin, BevGrad (Flax), MCT Oil Powder, Natural Flavors, Cocoa Powder, Isomaltulose, Fermented Vitamin Mineral Premix (contains: Zinc, Vitamin C, Copper, Vitamin E, Beta Carotene, Niacinamide, Selenium, Biotin, GTF Chromium, Iron, Folic Acid, Pantothenic Acid, Manganese, Molybdenum, Vitamin B2, Vitamin B6, Iodine, Vitamin K1, Vitamin B1, Vitamin B12, Vitamin D2), Chia Powder, Organic Hemp Protein, Organic Brown Rice Protein, VitaFiber, Xanthan Gum, Salt (Sodium Chloride), Stevia RA 60% total 95%, Natural Sweetness Enhancer Powder, Bacillus Coagulans, DigeSEB, ImmunAloe Aloe Vera Powder.

ALLERGENS

Contains Soy. Soy is one of the plant ingredients fed to the cultures in the fermentation process of our whole food vitamins and minerals, but exists in levels less than the 2.5 ppm required for disclosure. May also contain Vegetable or Vegetable Derivatives, Yeast.

SUGGESTED USE

For healthy weight management and nutrition, mix 2 scoops of Evolv Shake with 8 oz of cold water, milk, or other non-dairy beverage, 1-2 times daily.

Use before or after workouts to aid the body's recovery, or as a healthy snack anytime. May also be mixed with added ingredients for a meal replacement according to the Impact Phase of the Reboot Program.

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These statements have not been evaluated by the FDA. EvolvHealth makes no healing or medical claims regarding its products, which are not intended to diagnose, cure, treat, heal, or prevent any disease, illness, or medical condition. Consult with your physician before beginning this or any other health program.

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