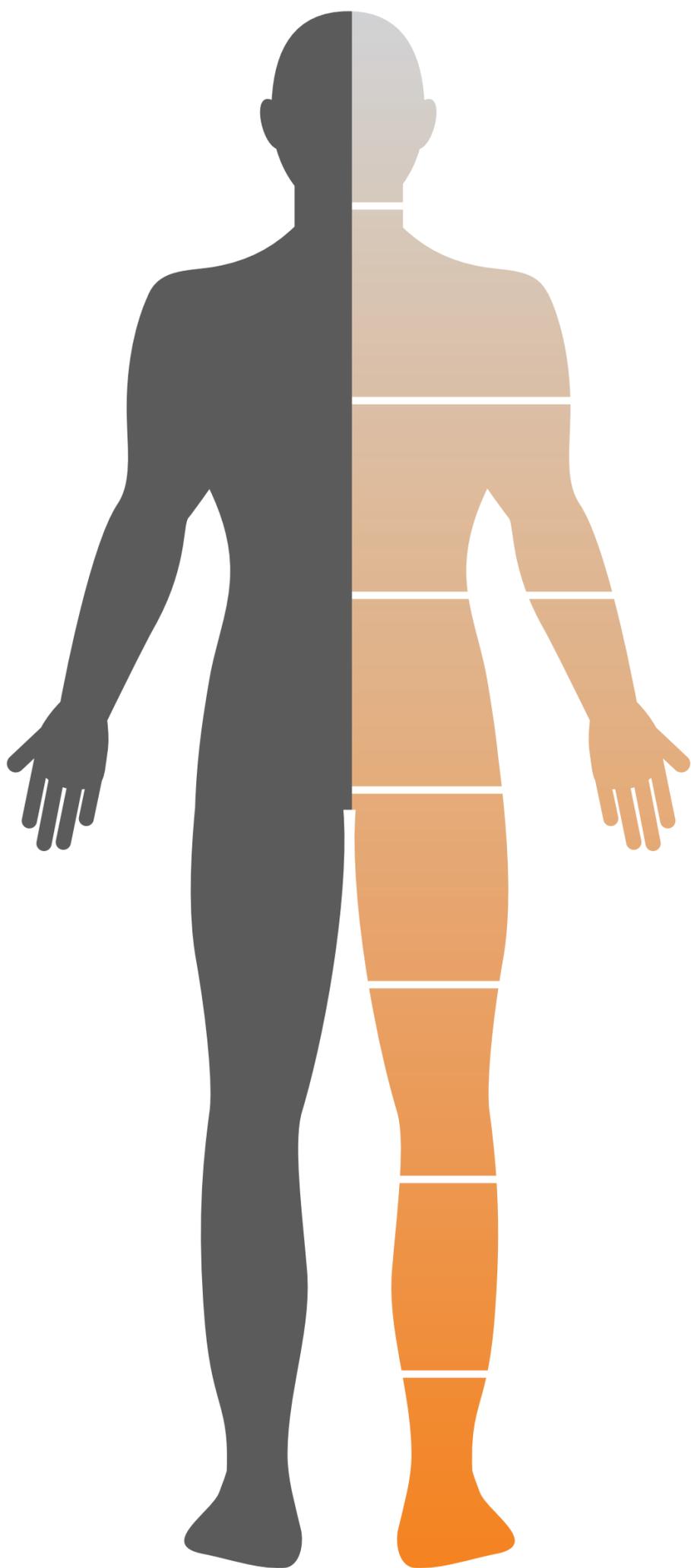


The Next Gen in Nutrition:

The Reboot

Today's leading scientists agree our most debilitating, costly, and life-threatening health conditions start – you guessed it – in the gut.



Shocking Facts...

- 75% of our total immune system is housed in the gut.
- 90 cents of every dollar spent on food in the US is spent on processed food.



Processed Foods...

...are filled with toxins, chemicals, pathogens and is deficient in essential nutrients. Much of what we eat, drink and breathe is an all-out assault on gut health.



The Truth About Fat

You have to eat fat in order to support your body's ability to efficiently burn fat.



Gut Ugly Facts

When your gut is compromised, the bad stuff leaks into your body causing a steady autoimmune response or chronic inflammation.



The "Secret Killer"

- Time Magazine called Chronic Inflammation the "secret killer." Here's why...
- It causes the release of cortisol that can contribute to insulin resistance, causing glucose to be converted into fat.
 - Been shown to inhibit leptin, the hormone telling your brain to burn fat.
 - Has led researchers to conclude being overweight has more to do with hormones than calories.



Time to Rethink It

Eating high amounts of healthy fats and minimizing your non-fiber carbs will help convert your metabolism from primarily burning sugar to the efficient burning of fat.



Average American:

69% are overweight
50% have inflammation
75% too tired to work



A Good Gut Reaction

Efficient fat burning is simply a byproduct of a healthy gut.



What is a Reboot?

- It's like flipping your body's master switch to help...
- Reset your metabolism to fat burner status
- Reactivate your immune system
- Reduce inflammation
- Recharge your energy



What Does A Reboot Do?

It feeds your body the right blend of whole foods with the right levels of vitamins, minerals, antioxidants, healthy fats, soluble fiber and healthy proteins.



Amazing Things Happen

Now you're feeding good bacteria and starving the bad. Getting 60-90% of your calories from healthy fats. Boosting the engines in your cells for sustained energy.



How Do I Make Rebooting Easy?

The EvolvHealth Reboot Kit optimizes your gut health while making reboot-friendly meals convenient and affordable.



A Reboot is a whole new way of thinking.

thanks to decades of research, there is now a consensus from leading scientists that when your gut is compromised, it triggers a steady auto immune response or chronic inflammation which has been recognized as the root cause of practically all poor health conditions, including obesity.



Want to learn more or get more details?
GET THE FULL STORY...
evolvhealth.com/reboot

évol_v²™

Eradicating Malnutrition While Rebooting the Health of Millions