

NUTRAGENESIS

Making Foods FunctionalSM

New Research Demonstrates the Superior Joint Health Benefits of Sensoril® Ashwagandha Nutraceutical Extract

Supporting healthy joint function is vitally important as we age and also for athletes who stress their bodies during workouts and competitions. Sensoril® is a multi-patented, self-affirmed GRAS, full-spectrum, standardized root and leaf extract of Ashwagandha (*Withania somnifera*), an Ayurvedic adaptogen that is revered for its ability to revitalize the body and support overall health including healthy joint function.

Previously, Sensoril® has been evaluated in 10 randomized, double-blind, placebo-controlled human clinical trials which have demonstrated its stress-reducing, health-enhancing, adaptogenic properties. Now, in a just-completed clinical trial, Sensoril's ability to help provide significant joint support was clearly demonstrated.

*The 12 week study involved 60 subjects with knee discomfort who, twice daily, **took either 125 mg of Sensoril®, 250 mg of Sensoril®, or a placebo.***

Subjects filled out a modified WOMAC (Western Ontario and McMaster Universities Arthritis Index; mWOMAC) questionnaire which evaluated their level of joint comfort. Researchers also assessed the amount of knee swelling (based on joint circumference), conducted a physician's global assessment, and noted tolerability. Data was assessed after 4, 8, and 12 weeks.

Both Sensoril® doses resulted in significantly improved joint health based on mWOMAC at Week 8 and Week 12, and based on all other variables at Week 12. The 250 mg twice daily dose also showed significant improvements in all assessed variables at Week 4 and Week 8.

*Sensoril® helped support healthy joint function in a dose-dependent manner **with the lower dose showing significant benefits and the higher dose resulting in even greater levels of improvement and at a faster rate compared to the lower dose.***

This is similar to what has been observed in previous human trials conducted on Sensoril® with regard to other health benefits.

"This recent study is the latest in a series of "Gold Standard" human clinical trials that have confirmed Sensoril's comprehensive health benefits", said Dr. Bruce Abedon, Director of Scientific Affairs at NutraGenesis. "Its superior efficacy, high bioactive content (standardized to ≥10% Ashwagandha bioactives, the highest in the industry), self-affirmed GRAS status, and comprehensive safety profile are why Sensoril® continues to be the best-selling, branded Ashwagandha root and leaf extract of choice in the North American market and worldwide", added Dr. Abedon.

Contact a NutraGenesis Account Executive for more information! Call 802-527-5345 or email info@nutragenesis.com

*For informational purposes only. The above study was conducted on one of the active ingredients used in Evolv Fix, not on Evolv Fix itself. **Each stick pack of Evolv Fix contains 125mg of the active ingredient Sensoril®. Taking either 2 or 4 stick packs of Evolv Fix per day would offer the equivalent amount of Sensoril® as used in the above study.***

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*These statements have not been evaluated by the Food and Drug Administration.

This product is not intended to diagnose, treat, cure or prevent any disease.