

Wednesday Prayer Points September 2nd

Fruit of the Spirit: Kindness Read Ephesians 4:32-5:2

Lord, cultivate in me kindness and help me...

1. Be Kind and Compassionate

"Be kind to one another, tenderhearted..." (v. 32)

Ask God to give you a kind heart — one that reaches out to others to meet needs and practically serve. Ask the Lord to help you be kind and compassionate to everyone in the church, not just friends. Ask God to put in your path people who are in need of a kind word or deed — and for eyes to see that opportunity.

2. ...To Those Who Hurt Me

"...forgiving one another, as God in Christ forgave you." (v. 32)

Thank God for forgiving all your sin through Christ. Confess the ways in which you've failed to be kind towards others. Pray that as God has forgiven you, so you would forgive others. Ask God to help you to be kind in your actions and thoughts towards those who have hurt you in the past.

3. ... Like God The Father

"Therefore be imitators of God, as beloved children." (v. 1)

Thank God for how kind He has been to you. He saw your need for salvation and He met it through Christ and adopting you into His family. Pray that this knowledge would liberate you to be kind to others, because God showed it towards you.

4. ... All The Time

"And walk in love..." (v. 2)

Sometimes, we want to do kindness on our own terms: only when we've got the energy for it or only when we'll get noticed. This command is all-encompassing. Ask God to transform your heart so that serving others and offering help would be instinctive. Pray for an opportunity to be spontaneously kind to someone today.

5. ... Even When It Costs

"...as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God." (v. 2)

Is there something particularly costly that God is calling you to do at the moment? Pray that, like the Lord Jesus, you'd be prepared to love others even when that requires great personal sacrifice.