

## Incorporating the Approaches to Learning in the Classroom



Here's some questions to think about to help you utilize the 8 approaches to learning in your classroom.

- Do I know my own learning style?  
*Know how you best process information. Recognize that there will be activities that you are not going to relate to.*
- Do I frequently get outside my “comfort zone”?  
*We tend to teach according to our strengths. We need a willingness to stretch beyond our safe zone and teach through activities that we don't relate to.*
- Do I know the preferred learning methods of the kids I teach?  
*Begin recognizing in what ways your kids best process information. This will help you select activities that work best for them and know when a child will need extra help with an activity.*
- Do I recognize the learning approaches in my curriculum?  
*Begin to identify the one or two most prominent approaches to learning.*
- Recognize that some lessons are best taught through a particular learning approach.  
*Sometimes an activity is the best choice to apply what the kids are learning.*
- Do I mix it up during the month?  
*Start a chart with the activities listed for the month. Are you utilizing every type of learning throughout the month?*

