

Discovery Group Process

The “**LOOP**” STUDY METHOD

How should your time be spent with family members during the study?

1) **LIVE** the Word: *(Italics start second time.)*

- What are you thankful for today?
- How did you experience God today?
 - *How did it go with your “I will...” statement?*
 - *Who did you share with? How did it go?*
 - *What more can you do to help others?*
- What challenges have you had today?
- How can we help?

2) **OPEN** the Word: Read, reread, retell, details

Read and learn to tell the scripture passage to others. *See steps 7 and 8 on the backside.*

- Rewrite the Passage/Key verse in own words.

Discuss —*See steps 3 and 9*

- What is this passage about?
- What do we **discover about God**?
- What do we **discover about people**?

3) **OBEY** the Word: - “I Will ...” Statements.

Based on what we’ve learned:

- How does this change how we see God?
- How does it change how we treat others?
- What will you do? “I will”
- What will we do? “We will”

4) **PASS ON** the Word today:

- Do you have any more questions?
- “Today **Lord**, who do you want me to PASS this ON to? *(Make a plan to do it.)*
- Is there someone who needs help? What can I (we) do to help them? *(As a group or individually make a plan to meet the need of someone outside your family group.)*

LESSONS:

Cover 3-7 verses, max 10-15, each meeting.

INTRODUCTION SERIES:

John 14:9-27 Obedience brings God’s presence
Deuteronomy 6:1-19 Called to live and proclaim
Matthew 23:1-11 God’s word teaches us

DISCOVERING GOD SERIES:

Genesis 1:1-25 God Creates the World
Genesis 2:4-24 God Creates Man and Woman
Genesis 3:1-13 Man and Woman Eat the Fruit
Genesis 3:14-24 God’s Curses
God Regrets His Creation: Genesis 6:5-22
God Saves Noah’s Family: Genesis 7:1-22
Covenant with Noah: Genesis 8:13-22
Covenant with Noah: Genesis 9:1-19
Genesis 12:1-8; 15:1-6; 17:1-7 God’s Covenant with Abraham
Genesis 22:1-19 Abraham Gives His son as Offering
Exodus 12:1-28 God Spares His People
Exodus 20:1-21 The Commands of God
Leviticus 4:1-35 The Sin Offering
Isaiah 53 God’s Righteous Servant
Luke 1:26-38; 2:1-20 Jesus is Born
Matthew 3; John 1:29–34 Jesus is Baptized
Matthew 4:1-11 Jesus is Tested
John 3:1-21 Jesus and the Religious Leader
John 4:1-26, 39-42 Jesus and the Samaritan Woman
Luke 5:17-26 Jesus and the Paralyzed Man
Mark 4:35-41 Jesus Calms the Storm
Mark 5:1-20 Jesus and the demoniac.
John 11:1-44 Jesus raises Lazarus
Matthew 26:26-30 Last Supper
John 18:1-19:16 Betrayal of Jesus
Luke 23:32-56 Jesus is crucified
Luke 24:1-35 Jesus overcomes death
Romans 3:21-31 Justified by faith

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You can find further Bible studies and training videos at <http://cityteam.org/dmm/> (There are 4 levels which move from “Discovering God,” to “Obedience Based Discipleship,” then “Church Planters,” and finally “Emerging Leaders.”)

What is a Family DBS?

A family “Discovery Bible Study” includes all adults and children in a household who can listen and talk.

- Meet frequently to discover God
- Read, discuss, learn to tell, and apply what they learn to their lives
- Are committed to helping and encouraging one another
- Are committed to helping and reaching others outside their family

Video Training Resources:

1. Introduction to DMM (6 min.): <https://vimeo.com/76341533>
2. Group Process (4 min.): <https://www.youtube.com/watch?v=dHggzCWYL-Q>
3. Discovery Study Process (5 min.): <https://www.youtube.com/watch?v=azJq4Mck7uc>
4. The Foundation (12 min.): https://www.youtube.com/watch?v=x_Ma5fwYaYM

This daily Bible Study Guide is designed for Christian families who want to deepen their walk as disciples of Jesus. There are additional topical studies as well.

There are other guides for use by people from other backgrounds who want to discover God.

Please contact: JamesALilly3@gmail.com or 612.222.1211 for information.

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Leading a Family Discovery Group

Group Guidelines

1. Meet at a place where everyone would be comfortable (e.g., around dining room table.)
2. One person prepares (*What are the key discoveries?*) and facilitates the study.
3. Participants are required to confine their remarks to the passage.
 - ◇ This keeps everyone equal, i.e. there are no "experts" in the group
 - ◇ Knowledge of all group members increases together
 - ◇ Everyone grows confident to share.
 - ◇ Keeps extraneous doctrines from being introduced.
 - ◇ Allows group to finish in allotted time.
 - ◇ Challenge question: "Where does it say that in this passage?"
4. Study 3 to 7 verses per session. When you have covered the entire passage take one study time to review it all.
5. Family studies should only take 15 to 30 minutes every day - everything is done "orally" - No writing during family study.
6. Written study should happen previous to family study. Give written assignments to those who are able to write.
7. During the family study time, have someone read the verses at least twice. The second time one person reads while the others just listen.
8. Then take turns trying to tell the passage in each person's words covering all of the main points, the group should
 8. 7. (Continued) add missing parts. The **goal** is to learn together and be able to share this passage with someone outside the family.
 9. Discuss the passage and what each person learns about God and mankind.
 10. Application statements must be a clear response to God's grace revealed in this passage that can be completed in a week. (*Facilitator records these.*)
 11. Pray as a family that someone with whom you share will want to start a study in their family.
 12. If someone in another family wants to learn about God, help them do a study at their home. Coach and encourage them, but don't lead it.
 13. Encourage people to apply what they discovered and share with others. — Keep to this standard even with occasional breakdowns.

Remember: Establish **all** of this process from the beginning. Once a group gets started it is hard to make a change.

A First Century Disciple would endeavor to:

- ◆ **Obey** all Jesus' commands.
- ◆ **Commit to memory** all Jesus' teachings.
- ◆ **Know** all the Bible and Jesus' understanding of it.
- ◆ **Imitate** Jesus in everything (actions, thoughts, etc.)
- ◆ **Make disciples** after the model of Jesus— We assist—*Jesus (word of God) and Holy Spirit are the disciplers.*

(Used by permission of Dr. Ed Gross)

Study Format

First Page		Second Page	
Passage from the Bible	Your Own Words	Application To self; Of Group; * See Group Guidelines 12	Our Discovery: about God/Jesus; and man; Who will I tell, when, and how

*How to do a written Discovery Bible Study:

*See 6. of Group Guidelines on the backside of this folder

- Using a note book, open and fold each sheet to make four (*or three*) columns.
- In each of the four (*or three*) columns in sequence:
 - ◇ **Passage:** Write the passage as written in the Bible.
 - ◇ **Your words:** Write the passage in your own words.
 - ◇ **Application:** Write what you will do to apply it to your life.
 - ◇ **Discovery:** (*Do this column with your group*) Write what you learn from it about God, and man. Then write who you will tell, when and how.

FOUNDATIONAL SCRIPTURES:

(Mt 28:16-20; Mt 9:35-10:16; Mt 16:13-21; Lk 10:1-12)

(See inside for list of group study scriptures)