

Two young women with blonde hair, wearing green and white checkered outfits with white collars and green bows, are smiling and holding up green PSALM candy bars. The background is a solid green color. The candy bars have the word "PSALM" written in white on a black background.

PSALM

PSALM

Sister Psalms

The Happy Song

Psalm 1 & 32



How happy is the man who does not follow the advice of the wicked, or take the path of sinners, or join a group of mockers! Instead, his delight is in the LORD's instruction, and he meditates on it day and night. He is like a tree planted beside streams of water that bears its fruit in season and whose leaf does not wither. Whatever he does prospers.

The wicked are not like this; instead, they are like chaff that the wind blows away. Therefore the wicked will not survive the judgment, and sinners will not be in the community of the righteous. For the LORD watches over the way of the righteous, but the way of the wicked leads to ruin.

Psalm 1: Happiness is...

The one who doesn't walk in wickedness (v.1)

The one who doesn't stand with sinners (v.1)

The one who doesn't sit with mockers (v.1)

The one who values the Lord's way (v.2)

Prosperity in the Lord (v.3-6)

How happy is the one whose transgression is forgiven, whose sin is covered! How happy is the man the LORD does not charge with sin, and in whose spirit is no deceit! When I kept silent, my bones became brittle from my groaning all day long. For day and night Your hand was heavy on me; my strength was drained as in the summer's heat.

Then I acknowledged my sin to You and did not
conceal my iniquity. I said, "I will confess my
transgressions to the LORD," and You took
away the guilt of my sin. Therefore let
everyone who is faithful pray to You at a time
that You may be found. When great
floodwaters come, they will not reach him. You
are my hiding place; You protect me from

trouble. You surround me with joyful shouts of deliverance. I will instruct you and show you the way to go; with My eye on you, I will give counsel. Do not be like a horse or mule, without understanding, that must be controlled with bit and bridle, or else it will not come near you. Many pains come to the wicked, but the one who trusts in the LORD

will have faithful love surrounding him. Be glad
in the LORD and rejoice, you righteous ones;
shout for joy, all you upright in heart.

Psalm 32: Happiness is...

Forgiveness (v.1-2,3-6)

Honesty & Humility (v.2)

Deliverance & Protection (v.7-10)

Instruction (v.8-9)

What About You?

What company are you keeping?

Do you rejoice in what the Lord has provided?