

Hypertension (Acute) – 10.085

INDICATION:

Systolic B/P > 220mmHg; Diastolic B/P > 130 mmHg (B/P > 160/110 in pregnant) and symptoms of end organ compromise, i.e. CHF, Pulmonary Edema, unstable angina, changes in mental status, CNS changes and renal disease.

TREATMENT:

- A. Treat per Universal Patient Care.
- B. See Stroke Protocol
- C. If Pregnant, and B/P > 160/110:
 - 1. Consider prophylactic **Magnesium Sulfate 5 grams IV/IO in 250 ml over 20 min.**

NOTES & PRECAUTIONS:

Consider Eclampsia in hypertensive patients up to 6 weeks postpartum.

KEY CONSIDERATIONS:

The overall goal in pharmacologic therapy is to reduce the patient's blood pressure slowly. Contact OLMC for guidance if needed.