



GROUP ACTIVITY OFFERINGS

ACTIVITIES

The below activities are **private** and **\$20 pp**; min. **\$250**/max. **\$750**.

- **Yoga Nidra**
- **Private Yoga on the Deck or Venue**
- **Sound Bath Session**
- **Art of Authentic Movement**
- **Ayurveda Talks**

Vibrant Health with Ayurveda, an Introduction, Reduce Stress and Increase Energy, Exploring the Ayurvedic Daily Routine.

ADDITIONAL ACTIVITIES

The below activities are **private** and priced accordingly.

Guided Hike.....	\$150
1 hour includes guide 30 person max	
Bonfire.....	\$200
2 hours	
Ayurvedic Cooking Demo + Tasting.....	\$350
savory or sweet 10 person max	
Pottery Class.....	\$400
1 hour includes instruction, glazing, & shipping 5 person max	
Yoga Class in Sattva Studio.....	\$250
\$15pp min. \$250 20 people or less	
Meditation Session.....	\$250
\$10pp min. \$250 20 people or less	