



GROUP ACTIVITY OFFERINGS

ACTIVITIES

The below activities are **private** and **\$20 pp**; min. **\$250**/max. **\$750**.

- **Yoga Nidra**
- **Private Yoga on the Deck or Venue**
- **Sound Bath Session**
- **Art of Authentic Movement**
- **Ayurveda Talks**

Vibrant Health with Ayurveda, an Introduction, Reduce Stress and Increase Energy, Exploring the Ayurvedic Daily Routine.

ADDITIONAL ACTIVITIES

The below activities are **private** and priced accordingly.

Guided Hike.....\$150

1 hour | includes guide | 30 person max

Bonfire.....\$200

2 hours

Ayurvedic Cooking Demo + Tasting..... \$350

savory or sweet | 10 person max

Pottery Class.....\$400

1 hour | includes instruction, glazing, & shipping | 5 person max

Yoga Class in Sattva Studio.....\$250

\$15pp | min. \$250 | 20 people or less

Meditation Session.....\$250

\$10pp | min. \$250 | 20 people or less