

WEEKLY UNITY

"Ye shall know the truth, and the truth shall make you free"

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5 CENTS A COPY

EACH OF US is a builder of thoughts, a designer from whom may come original styles of thoughts, often divinely inspired but executed and modeled by us. Each of us is his own thought stylist.

It is in this ability to mold and construct that we may find confidence in ourselves, power to progress, and joy in living. We think of artists as great creators, as a class by themselves on

whom this gift has been divinely bestowed. But the gift of creating belongs to all of us, and in this sense we are all potential artists.

Our thoughts direct the course of our life. A noted writer has said: "For the measures of heaven and hell, of stars and dominions, are in our own souls."

There is a great woman leader in our city. Her influence and direction has been felt by many. She has helped

lated by work misfortune overtook them, illness claimed the husband, and grief and despair might easily have possessed her. Instead she took her best tools, her thoughts, and turned to God. With His help and right thinking she has created for herself a life so full of abundance and love that it overflows, enriching and blessing all those about her.

The other day a man said to me: "I am unhappy. I am in a rut. I have very poor health. My wife is ill. I am unable to earn my living. I have lost the wealth that I worked so hard to gather together. I have no friends. I want all of this changed in my life, but I have no time to fool away to get it changed. I want it adjusted quickly."

Well, when the needle on a record playing machine gets stuck in one of the grooves and the record keeps repeating and repeating itself, there is only one thing to do quickly, and that is to lift up the arm holding the needle and put it in another groove. Even this much change from

groove to groove demands the effort of moving the needle.

My unhappy friend who wanted a quick and painless adjustment to life, wanted someone else to change his thinking processes for him, and this no human being can do for another. God has created us, and because we are a part of God we too have the gift of creating, the ability to mold, the power to build. Our thoughts are all ours. God can help us change them, and He will do this when we desire and seek His counsel. Our state of mind is the product of our thinking, and whatever condition we find it in, the problem of changing it is up to us.

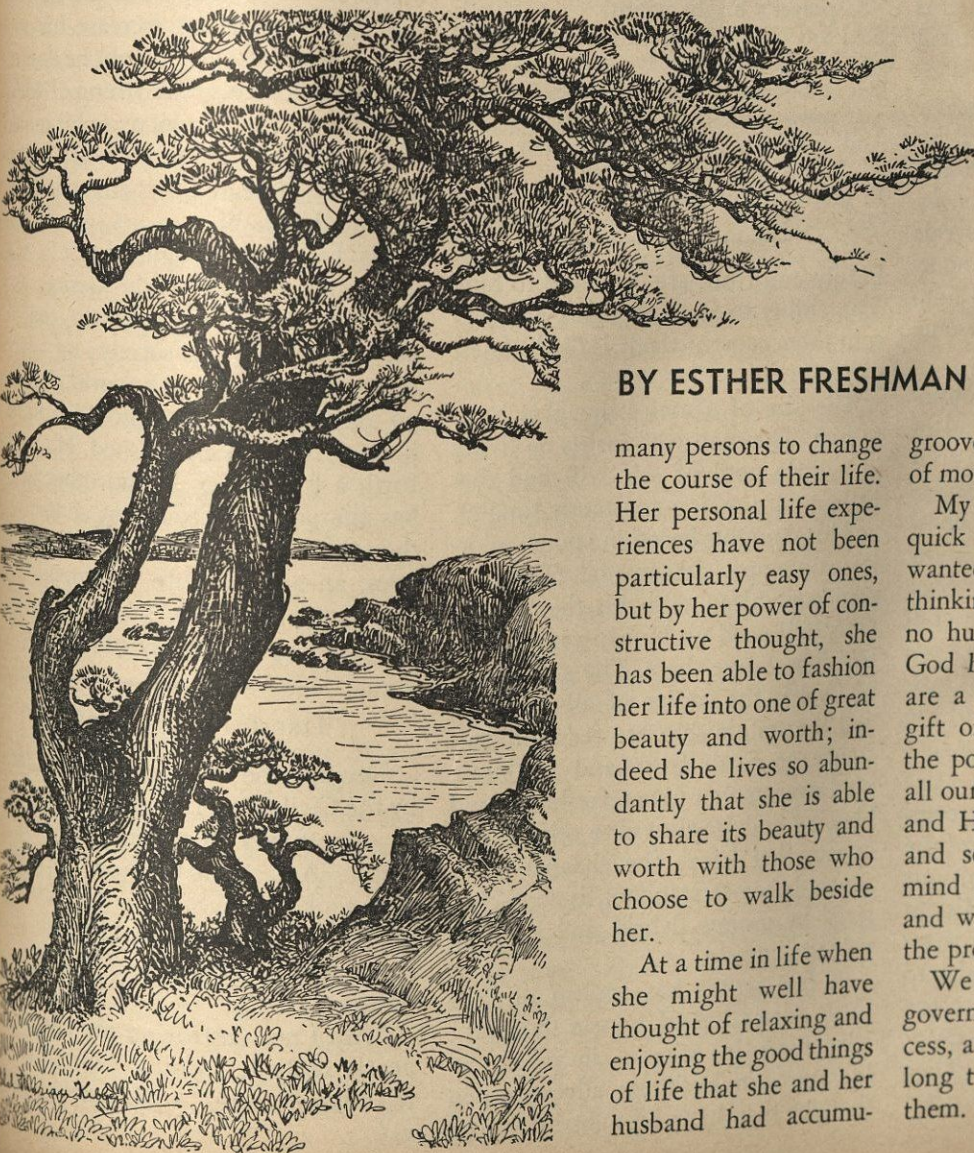
We live by our thoughts. They govern our joys, our sorrows, our success, and our failure. Our thoughts belong to us, we make them, act upon them. So we become mighty power

BY ESTHER FRESHMAN

many persons to change the course of their life. Her personal life experiences have not been particularly easy ones, but by her power of constructive thought, she has been able to fashion her life into one of great beauty and worth; indeed she lives so abundantly that she is able to share its beauty and worth with those who choose to walk beside her.

At a time in life when she might well have thought of relaxing and enjoying the good things of life that she and her husband had accumu-

Thought Stylist, Inc.



plants. By our thoughts we know endless freedom or helpless bondage. Each fine thought is a casement opening on a new horizon.

In his thoughts man finds his freedom. As man fashions his thought so he builds his life. With his thought threads he weaves a mighty tapestry, and these threads determine its beauty.

A man looking forward to a career dedicated to helping humanity was stricken with infantile paralysis and confined to a wheel chair. His studies were still to be completed; the men, women, and children he hoped to aid by his knowledge were still there to be served. His body was confined to the wheel chair, yes, but his thoughts had not been confined. By dint of his inspired ideas, he conceived a way to continue his studies. He went to every class, every lecture that his fellow students did, and today he has become an international authority on a subject that is bringing great freedom and help to other persons. He has found his wholeness, and though he still goes about in his wheel chair, his thoughts reach farther than human measurement can follow.

The boundaries of our life are set by our thoughts. Thoughts conceived by a mind in tune with God's mind know no limitations. Such thoughts convey understanding, a viewpoint that reveals the heights. Such thoughts are nourished and go forth to be put into actions and deeds that are wholesome and constructive for many.

The human mind requires continuous replenishment from the mind of God. Without this replenishment spiritual growth stops. Man was meant to grow spiritually, to expand, to know his power, to feel the glory of going toward his good. He grows in service to mankind, in the acts that he contributes toward the building of a finer world. Here is man's strength, his lasting happiness, his interpretation of the meaning of life as it is meant for him to read it.

Thoughts are our means of communication with God. They are the instruments by which we transmit our thoughts to God and receive His inspiration into our life. Through them we bring more and more of God into our daily activities. Thoughts are the tools by which man meets every challenge and obstacle in his life. They are the vessels by which happiness and



I Thank You, Lord!

By Myrtle Vorst Sheppard

I THANK You, Lord,
For all the kindness You have shown,
For all the loving care that I have known
Through this past year.
I have been blessed abundantly.
I face the coming winter without fear,
Feeling Your presence ever near,
Knowing Your love surrounds me night
and day.
Oh, I would shout from highest mountains
All the thanks I have to say,
Or sing out with the volume of the
mightiest sea
My gratitude for all the blessings
You've bestowed on me:
For home and food, for freedom, hope,
and love.
But thanks, I find, are humble, heart-
bound things
That must be lifted heavenward on
prayer's bright wings.
So I am one with silent men who kneel
to thank You
For a bounteous yield from seeds they
sow,
And gentle womenfolk who bow their
heads and whisper low
In gratitude for simple joys they know!

beauty and truth are conveyed to him. The ability to form thoughts and pattern them constructively is God's finest gift to man.

The size of a man's thoughts is up to him. The man who insists on living in a little pool of self will find that little pool growing constantly smaller, and his thoughts becoming puny, colorless, unhappy, detrimental. The man who goes often with his thoughts to God, will need no human yardstick by which to gauge them. The great mind of God is the source of all thoughts, and the waters that are fed from this source go forth fresh and sparkling, vital streams that give refreshment and blessing and loveliness to others. The stream that keeps the channel to its source becomes stagnant, is soon cluttered by useless debris, and is of no value to anyone.

A fine writer has spoken of "the great adventures of human thought"; adventures in science, in music, in literature, in business; adventures in thought that have brought inventions

that have conquered the seas and the airways. A man left without other resources than his ability to form constructive thoughts is still a man wealthy beyond measure.

Man's silent partner in the fabrication of fine thoughts is God. God is there as counsel, as inspiration, as guidance and light. God has put before man in the natural world an abundance of materials with which to work. He has given him examples of His own design to follow. He stands ever ready to give His loving guidance and aid whenever man seeks Him out. He has given man His greatest gift—that of creating so that man may design his own labors of love, his joys, his part in the construction of a world beneficial to all mankind.

By his thinking, man has access to the great thoughts of the world. He has access to the ideas that may bring him wealth of every kind; but more important, he has access by his thinking to God. By virtue of his thinking man need never stand alone, he need never know bondage nor poverty. By his thinking he can increase his soul stature to whatsoever height he desires; he can have access to anything of which he has need; he can increase his mind's boundaries as far as he will; he can never be defeated by any challenge that confronts him.

As his own thought stylist a man can move forward as he desires as a powerful being equipped to contribute the best to his society; as adventurer and explorer in a world that has no frontiers, for the mind's frontiers have never been established. He walks forth a free being, for no other being has the power to touch or control his thoughts against his will. Blessed he goes, an artist of life, equipped with the power to create, the greatest gift bestowed upon him by his Creator.

Transforming Enemies

Despite the bitterness engendered by the Civil War, Lincoln never missed an opportunity to speak kindly of the South. An ardent Union supporter once took him to task for this attitude. "Why try to make friends with your enemies?" he protested. "You should destroy them."

"Am I not destroying my enemies," gently replied Lincoln, "when I make friends of them?"—*Milwaukee Journal*.

With Praise and Thanksgiving

By Ida F. Killian

I RECEIVED a letter saying I had won one of the first prizes in a national soap chips contest: six pairs of nylon stockings. The letter promised delivery of these lovely sheers in about two weeks. Not having had any since prewar days, I was overjoyed and soon had told half a dozen friends and relatives of my good fortune.

In the midst of my rejoicing however this very sobering question suddenly possessed my thinking. Why do I not find that same elation and captivating joy in God's promises? I had not the slightest fear that this soap company would refuse to honor its promise, nor had any of my friends. Genuine happiness filled my being, and I was as thankful for those nylons as if they were already in my possession. Yet God's promises are so much surer, more durable and more satisfying. I am quite certain too that my friends would shake their heads somewhat dubiously should I profess equal happiness because of some blessing expected through prayer.

So often we willingly accept the mere words of men but fear to rely wholeheartedly on the unfailing promises of our all-powerful God. If our prayers were always followed by this same positive joy our spiritual life would be transformed and demonstration could not fail to find expression.

We have but to read our Bible for assurance of the glorious results of praise and thanksgiving. In II Chronicles we read, "And when they began to sing and to praise, Jehovah set liers-in-wait." King Jehoshaphat, a godly ruler, once found his nation threatened by enemies. His people were greatly outnumbered. From a human standpoint resistance seemed futile. But Jehoshaphat obeyed the secret of divine demonstration. He appointed singers to march unarmed before the army, their sole duty being to sing and praise the Lord. Did it require trust and firm faith to face an invading throng without an instrument of self-protection? It surely must have. But God had promised that the battle would be His, and without fear they took Him at His word. As soon as they demonstrated trust with praise and singing, God set liers-in-wait against

the enemy and the nation was saved.

Paul and Silas found cause for rejoicing in spite of chains and stocks. Their joyful praise overflowed into hymns of gladness. Such spirits can never be confined by time or space. Is it any wonder the prison doors were opened and their chains fell away? So often we expect events to happen in reverse order. We like to see tangible results before showing signs of joy and gratitude. But this calls for no real faith.

Like Paul and Silas we shall receive abundant fulfillment when our praise precedes any visible answer. Only as we are emptied of doubt by a cleansing flow of thanksgiving can we be sure the good we desire is ours. Confident expectancy automatically creates gratefulness and joy, which in turn make us wholly receptive to the blessing sure to become manifest.

When my grocer promised to get me some heavy cream last week I was certain he would make good. Doubts that he would forget or for some reason withhold his promise never entered my mind. I was so confident that I immediately prepared the dessert for that evening, a dessert that must be topped with a generous portion of whipped cream. Readiness to receive answers to prayer surely merits such concrete, confident preparation.

Genuine jubilation has a twofold effect on our attitude and receptivity. First, it quells fear, a detriment to all fulfillment. Absence of fear and worry make room for free-flowing, harmonious thinking. No one can be receptive to good while he is saturated with worry thoughts. Conversely no one can be immersed in little nagging fears and have his soul overflowing with joyous expectation. Secondly, thankfulness starts us on a course of positive thinking or acting. It helps make a place in our life for the good about to enter.

When we ask a guest to spend the night in our home we prepare the guest room even before he arrives. It must be immaculate and comfortable. We make provision for his every convenience. Only gross neglect of hospitality would allow him to come into a room cluttered and dusty, without the clean

linens and other amenities usually provided for a guest's comfort. Yet we expect the things we pray for to burst into a life totally unprepared, a life cluttered with fear and unbelief, showing an utter neglect of spiritual hospitality.

Giving thanks confirms our readiness and opens the door for a welcome to our good. It raises blinds to let in the purifying sunshine of happiness. It dusts away the old clinging particles of doubt and provides a setting for a warm welcome to the good we have invited in.

Praise God, for your answer is on the way! Prepare the place it is to occupy. Let it come like a newborn child receiving a loving welcome because its happy parents have planned for its coming with thorough and loving preparation.

"Rejoice in the Lord always; and again I will say, Rejoice . . . In nothing be anxious; but in everything by prayer and supplication with thanksgiving let your requests be made known unto God."

Underline those words "with thanksgiving." Saturate your prayers with praise and thankfulness. Live in a spirit of happy expectancy. That good thing you desire is yours.

The Purpose of Unity

The purpose of Unity School is not to found another sect, but to show all men their common aim and their common brotherhood; not to separate them or to emphasize their differences, but to bind them together more closely. Through helping churchgoers to apply to their daily living the principles taught by Jesus Christ, Unity makes any church affiliation even more practical.

Unity School spreads its teachings largely by means of its literature, which interprets the Scriptures metaphysically and explains the action of the mind—the connecting link between God and man. How the mind affects the body, producing discord or harmony, sickness or health, here and now, is made clear in the Unity publications.

Unity centers and study classes are places of religious research for all people, regardless of creed; and places where helpful instruction in Christian living may be received.

Things to Be Remembered

By Lowell Fillmore

+ The Silence

REMEMBER that God speaks to you in the silence. God spoke to Elijah in the mount; He did not speak out of the earthquake, the mighty wind, or the fire; but His still small voice came to Elijah in the silence after these dramatic disturbances had ceased.

God's wisdom is revealed to those who drop their personal desires and ambitions and open their inner ears to the Father in the silence. When confused personal emotions are quieted it is possible for clear, sane thoughts to come to you from a higher source than the world of appearance. If you should be disturbed and feel like pouring out a stream of bitter or angry words just be still a moment before you speak and silently ask God to help you find the right words to say.

You may find that no words are necessary, and that just being silent will suffice. Maybe if you just smile that will help, or if you say something pleasant or utter a fitting word of praise, or agreement, it will bring peace. No matter what happens, there is always some good thing present that you can honestly be thankful for. If you are able to think of this good thing and hold onto it you will find it to be a lifesaver.

Finding one good thing leads you to others. There is always more good present with you than evil. If this were not so you could not live, for life depends upon constructive elements. What if someone has disappointed you? Remember that you still are alive and can breathe and think. Therefore give thanks for life and lungs and air and sunshine, and you will begin to see that the little thing that disappointed you is very trivial after all.

Forget the things that make you unhappy and remember the things that are good and pleasant. Your view of life is determined by what you think

and feel about the things that happen to you. Are you going to let a misprint in a book spoil the whole story for you?

Be still when you are angry, jealous, or afraid. Seek God in the silence, and let His great love erase anger, fear, and jealousy from your mind. Perfect love casts out all fear. Remember that impulsive negative words are usually better never said. When your words have left your lips you cannot retract them. You will never regret keeping silent when you are disturbed. Peace is found in the silence, but seldom in unbridled words. Mighty oaks grow slowly in silence, not by noisy eruptions.

If you can keep your peace and poise when others are disturbed you will be able to guide them out of their confusion. Do not speak or act too hastily when you are upset. Get still and call upon the Spirit of God's good judgment within you before you speak or act unwisely.

When you retire at night do not allow the troubles of the day to torment you. You do not need to let your mind drift with them. Let them roll on to their own destruction while you remain secure in the silent, protecting presence of God's love.

There is a place within you where peace and quiet prevail, and the still small voice can speak to you there. Enter into the presence of this inner peace and let the cares of the day go back into their native nothingness. Remember that you, a child of God, have nothing to do with them. Put yourself in God's hands and He will show you how to handle each difficulty as it presents itself.

Most of your worries concern things that never will happen. You can prove this to your own satisfaction. Look back in memory over some of the things you worried about last year and note how few of them were worth the time you spent on them. In the light of today's understanding they shrink into nothingness. They have no place in eternity. What will that disappointment of yesterday amount to in a hundred years? Most of the little cares

that fret you today will be forgotten before a year rolls by.

God is eternal. In His sight these things are nothing. When in the silence you see eye to eye with God your difficulties will be washed out in the ocean of His eternal, forgiving love.

In God's eternity, which is now, all things that worry you cease to exist. When you enter into the kingdom of God within you you find that nothing can make you angry, afraid, jealous, impatient, or unhappy. The Spirit of infinite love and wisdom will banish all childish fears and imaginary nightmares out of your world.

God is always with you, waiting silently to help you when you allow Him to do so. Leave the storm, the earthquake, and the fire, and go within to His peace and quiet, and He will surely protect and comfort you.

Suggestions for Daily Meditation

(Beginning Sunday, November 17)

Sunday. *In sincerity and silence I seek God's approval, and He is blessing me now.*

Monday. *Nothing in the world can disturb me when I abide in the peaceful presence of my loving Father, God.*

Tuesday. *I train my faculties to recognize good everywhere, and I find my good every day.*

Wednesday. *All things are working together for my good because I am working together with all things for good.*

Thursday. *Instead of merely wishing for good to come to me tomorrow, I behold God's infinite good as a spiritual reality now present.*

Friday. *God's love fills my life, setting me free from fear and discord.*

Saturday. *Instead of wasting my time and energy in contention I use my God-given powers to promote His kingdom on earth.*

Help Us to Serve You

When you request us to CHANGE YOUR ADDRESS, please give your former address. Be sure to state which of our six magazines you are receiving and whether you are now using a Prosperity Bank. This will assist us very much, and also assure you that your address will be changed on all lists affected. Please notify us before you move if possible.

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Unity periodicals may be obtained from Unity School and from Unity centers.

The High Watch

Getting Satisfaction Out of Life

If living is to mean anything more to us than drifting with the tide of race life, we must be convinced of the importance of our contribution to the universal endeavor. The writer who dealt with "the importance of being earnest" understood the necessity of a sense of mission. In "Little Lessons in Spiritual Efficiency" Roy L. Smith admonishes his readers to keep their "sense of mission." His remarks are worth quoting here:

All too long it has been assumed that those who preached the gospel were in a sacred calling, but that those who practiced the preaching were in a *secular* pursuit. The kingdom of Christ will never be established on earth, as the Master prayed it might, until all men invest their lifework with a holy sanctity.

Confusion in this matter has arisen as a result of the fact that we have never drawn a clear line of distinction between the business of making a living and the more serious business of making a life. The Christian faces a simple program. We are in the business of making a living in order that we may make a life!

This means, of course, that anything about the business of making a living which despoils us as persons making a life, is poor business. In such cases we defeat ourselves. This was the mistake the rich young ruler made.

It has been said that if we find no pleasure in our work we will get no satisfaction out of life. The man who finds no "mission" in his work soon grows discouraged with "the daily grind." The one who cannot feel that sense of mission in his work will always be "just a cog in the machine."

If you have settled down into a rut, and if life seems to have gone stale for you, then study your daily work and find in it that point at which it serves the nation, the public, the customer, or the cause. Having found this element of service in the business, then count yourself a partner in the enterprise. . . .

No one ever gets any satisfaction out of life unless he has this sense of mission in his work. The teacher who only teaches for pay, the clerk who only clerks because he must make a living, the woman who has no share in the neighborhood enterprises—all these are living on subsistence standards. Every one of us was destined to get the fun out of being a part of an important and necessary task. If you are not finding such fun, then you need to restudy your work.

"To me it was just another meal to carry out from the kitchen, but to him it was the big event of the day," said a wise little

waitress. "So, I made a special effort to make it a happy occasion for him. I did a few extra little things that I don't always do. I went past his table two or three times and smiled, for he seemed very lonely. And when he had gone I felt like a personal guest had had dinner with me. I guess it was all on account of the way I felt, inside of me." And for thirty minutes she had been a polite and considerate hostess to a heartsick man. Her "sense of mission" had saved the evening for two—for the diner, and for herself.

"We put that deal across," said the secretary. "I took things off the boss's mind so he could put his mind on his work. And the two of us landed the contract." She was keeping her sense of mission alive.

"The preacher and me are partners," said the old janitor. "I makes 'em comfortable so 'at he can make 'em uncomfortable." It was a bit of the old man's jest, but faithfulness to duty and a sense of mission saved him from being a drudge.

Our Sufficiency Is from God

Due appreciation of our blessings is in itself a gift of God. Not everyone has developed it, but everyone can do so, and everyone who learns to look for and see the grace of God made manifest in life is richly blest with the same quality of appreciativeness. A letter from a correspondent expresses what the Progressive Farmer calls "all the peace and sun-clean beauty of rural living" in the columns of that periodical. We quote the Progressive Farmer:

No velvety carpets for our feet, only the soft, green grass on the hillside washed by April rains. No symphony orchestra, only the song of the mockingbird in the tulip tree. No priceless jewels, only the dew-drops that glitter like diamonds in the morning sun.

No fine lace but that of Queen Anne which bedecks the meadows. No old wines, only the clear, sparkling water from the well. No Whiteway, only the graveled road gleaming in the moonlight. No gardenias and orchids, only the dogwood and redbud in the grove nearby. No art galleries, only the sunset painted on the western sky. No sculptured marble, only the steep, red bluff where the children love to play. No landscaped parks, only the wooded slopes that God has planned. No colored signs that glitter and scintillate, only the stars twinkling in the azure sky. No stately monuments, only the towering oaks that whisper the secrets of ages when the wind stirs their branches. No tall skyscrapers, only the wide sweep of high hills and low, colored with the greens and browns of forest and pasture. No lectures and study groups, only a favorite book by the open fire. No spacious mansion, only a cottage under the dome of a friendly sky. No roses from the florist, only lilacs and apple blossoms. No thrilling excitement, only the drowsy peace of a quiet spring day. No great and noble tasks, only

the consciousness of small ones faithfully performed.

The Voice of Brotherhood

When Truth is applied to human relations it expresses itself as universal brotherhood. Compared with the conception of the brotherhood of man Protestantism, Catholicism, and Judaism are one and all "cribbed, cabined, and confined" within the narrow limits of sectarianism. That these great religious movements are trying to burst these bonds and expand into the universal is apparent from the following extracts from an article by Lynn W. Landrum entitled "Under One Flag," in the Dallas Morning News not long ago:

The National Conference of Christians and Jews is a sort of voice of brotherhood across religious lines. Out of the bigness of heart and the breadth of view of such men as Newton D. Baker (secretary of war in World War I), Carlton J. H. Hayes (former ambassador to Spain), Charles Evans Hughes (former chief justice of the Supreme Court), Dr. S. Parkes Cadman (Congregational pastor and radio preacher), and many others, representing in their coming together practically all shades of credal organizations, there has come into being this practical form of co-operation between Catholics, Protestants and Jews in America for one great purpose and one only—to make religious freedom understood, respected and practiced in the United States of America.

There is no reason to try to prove how much you love God by how much you hate your fellow man. . . .

If the National Conference had any thought of making all men of one creed and conscience toward the Supreme Being, it would be, of course, an utter fraud upon those who now support it. For everywhere you find, from national headquarters down to the local representation in a given city, that there are three co-chairmen, one a Protestant, one a Catholic and one a Jew. And everywhere these three faiths make common cause for the right to be different.

There is no record that the organization has ever sought to favor any political party. Politics has nothing to do with God. There is no record that the national conference ever took a stand or sought to take a stand for or against the left or the right, the rich or the poor, the liberal or the reactionary side of anything. It has one message, one purpose, one objective.

Good men of good will can differ in their faiths and still be good men of good will. By sitting down together and breaking bread together, they acknowledge a common heavenly Father, a common country and a common flag. And out of that association, they rise up no different in theology than they were before, but closer to one another in affectionate regard and considerate understanding.

THE SOCIETY OF SILENT UNITY

THE HEALING DEPARTMENT OF UNITY SCHOOL

* A Message to You:

Power of Thanksgiving

Dear Friend:

"With thanksgiving let your requests be made known unto God. And the peace of God, which passeth all understanding, shall guard your hearts and your thoughts in Christ Jesus."

Yes, there is power, mighty power in the thankful heart. Consider the thankfulness of Jesus Christ. Consider the power of His thanksgiving. It went before some of His mightiest prayers. In the wilderness He gave thanks as He broke the loaves and passed the food on to the multitudes. At the tomb of Lazarus, after the stone had been rolled away, the very first words that Jesus spoke were "Father, I thank thee." He did not spend a second on words of misgiving, grief, or doubt. He lifted His eyes from the body of the friend He loved, He lifted His thoughts, His faith to the God of all life, and said simply and wholeheartedly, "Father, I thank thee that thou heardest me."

Jesus could not have developed such power of thanksgiving had He not practiced giving thanks to God in all that He did. May it not be that if His followers knew and practiced giving thanks as He knew and practiced it, the answers to many prayers that seemed unanswered might not be forthcoming?

There was lasting, living power in the words of Jesus Christ, when He took the cup at the Last Supper, and gave thanks before He passed it to the disciples. He was thankful that He could give His body, His blood to mankind, thankful for the power within Him that could so fill the outer symbols of bread and wine, that they could be as His body, His lifeblood, to partakers of holy communion for as long as the world remained. It was the way He chose to keep some tangible form of His life before all who loved and needed the outer symbol.

Jesus did not spend His last hours with those He loved in grieving or fearing the dreadful persecution that lay ahead. He used those precious moments to give thanks for the bread

and the cup that He passed on to His disciples, giving thanks in His heart for this means of making His friends know for all time to come that He was one with them in substance and in life forevermore.

You may have reached the place where you can partake of the communion with Christ without using the

Daily at 11 a. m. join us in this thought for spiritual illumination:

Steadfastly proclaiming God as the source of my wisdom, I know and understand spiritual things.

At high noon each day concentrate your attention on this thought for prosperity:

God speaks to me from within and assures me of prosperity, because I trust Him as the source of my good.

At nine each night let us acknowledge the healing power of Spirit with this prayer:

I believe that Jesus Christ is yesterday, today, and forever the same and that I am, through Him, restored to health here and now.

outer symbols, but if so you have arrived at this exalted spiritual state through thanksgiving to God for His unspeakable gift of His Son in spirit and in truth to you. You are as vividly thankful for the living bread, the eternal life stream of the Christ as was Jesus Christ when He served the communion supper to those who were with Him in the upper room.

Even as Jesus Christ with thanksgiving resurrected Lazarus, fed multitudes, gave the substance of His life to mankind, and opened the new era of Christian life to the world, so you by thanksgiving can do many of the greater Christ works.

No prayer is complete without thanksgiving. As faith takes on the measure of the Christ, the method of the Christ, thanksgiving precedes

prayer, and the power of the thanksgiving makes clear the way for the manifestation of the answer.

"Many favors which God gives us ravel out for want of hemming through our unthankfulness; for though prayer purchases blessings, giving praise keeps the quiet possession of them."

Nothing draws God closer to you than your feeling and expression of thankfulness to Him. Many a home has been broken up because the art of thanksgiving was lost. Thanksgiving does something fine for both the giver and the recipient. A young man and woman are married. Each appreciates the other. She is thankful for the little things he does for her, thankful for his comments about the things she tries to do for him. Sparkling eyes greet sparkling eyes as words of appreciation are spoken. Then gradually responsibilities mount, financial obligations come due and must be met, the newness of life together wears off. Where once words of thanksgiving sprang to smiling lips, now words of criticism and faultfinding accompany a frowning face.

Will thanksgiving and appreciation restore happiness and harmony? If your home relations are slipping, try it and see. Remember that thanksgiving is a heart quality, a feeling of gladness and gratitude to God for bountiful good momentarily received. There can be no real thankfulness without an undercurrent of thankfulness and love toward God.

Parents, teach your children to be thankful. Bring them up in an atmosphere of thanksgiving and praise to God and in the practice of thanking one another for every good received. Heart and home will shine with happiness. Try it and see.

"Be filled with the Spirit; speaking one to another in psalms and hymns and spiritual songs, singing and making melody with your heart to the Lord; giving thanks always for all things in the name of our Lord Jesus Christ to God, even the Father."

There is not a single obstacle between you and your heavenly Father, not a single obstacle between you and your good. If you think there is, disperse it now by making melody in your heart to the Lord. The Son of God is the Lord of your being. Be filled with His Spirit. His is ever a thankful, joyous Spirit, a Spirit of harmony and

Someone Prayed

Bountifully Blessed

Dear Friends: I have been a Truth student for less than four years—four of the roughest years of my life. But because of a copy of WEEKLY UNITY that was handed to me by a friend, plus all the inspiration that I have received from you since, they have been victorious years and have brought rich rewards in faith and peace.

It is wonderful to realize these Bible truths: "With God all things are possible." "Then came the word of Jehovah . . . is there anything too hard for me?" "Fear not, little flock; for it is your Father's good pleasure to give you the kingdom." "Thou shalt also decree a thing, and it shall be established unto thee." Thoughts like these have kept me "keeping on"; but for them it hardly seems that I could have hung onto life during some of these trying times.

I wired you when it seemed as though my brother was going to be sent to the State prison for an act for which he was not responsible. Our prayers were answered then in a last-minute deliverance.

I wrote to you when someone very dear seemed to be slipping from me. My friendship with this person has continued, and she has become nearer and dearer than ever before.

My friend's grandmother (in her late eighties) was dying from a fractured hip. I wrote to you and she was made well.

I wrote you when I was undecided as to whether I wanted my present position—due to the location. I took it and have been bountifully blessed in my associations here.

May God continue to bless you in your wonderful work.—P. K. R.

God in All Our Work

Dear Unity: I always enjoy the short stories in WEEKLY UNITY that illustrate some spiritual truth through a homely experience of everyday living, especially housekeeping. Olive V. Fasset's story "Connect with the Source," in the issue of June 30 was especially applicable; and it suggested to me to share with your readers a further bit of thinking that has come to me while engaged in the same task of ironing.

I have often thought that one advantage of mechanical tasks is that they leave the mind free to think of higher things; but a remark of Emmet Fox's that I either heard or read gave me pause—that we should always concentrate our thoughts only on what we are doing at the moment. Taking this

love, whose melody cannot be silenced.

Let your garden of life be sown with seeds of thankfulness, and the fruits you reap daily will be exceeding good.

Thanks be to God!

Silent Unity.

thought more deeply made me realize that there is no conflict between thinking of what I am doing at the moment and thinking of higher or spiritual things; for when I stop to think while ironing just what I *am* doing, I realize that I am not only making smooth and presentable some article of clothing or household use but that in this very act I am in direct contact with the infinite power of God and am applying this power to my own needs and problems.

Then I have had a further thought in connection with other applications of this same power which helps to make the ironing easier. While this power is manifesting itself as heat through the iron, it is also giving me light to see and accomplish my purpose. When the weather is hot, the same power manifesting itself through a fan keeps me comfortable while I work; and the ice cubes that I keep at hand for the same purpose have been frozen by the same Power manifesting itself through the refrigerator. If only I had more outlets in the room, I could at the same time be entertained by music produced by the very same power manifesting itself through a radio!

So it goes. In the prosaic task of ironing

Neutralization

By Sheila O'Neill

No scornful look can find a place
In a mind filled with Christian grace.
No bitter word can scar the heart
If God dwells in its inmost part;
No thought can enter save to bless;
Truth neutralizes ugliness.

—not prosaic at all when we realize all the miracles that have made the task easy through the use of universal power—I find another illustration of the Biblical story of the widow who found the supply of oil unlimited—until her own empty vessels gave out. I realize afresh that there is no limit to the power nor to the variety of ways in which the power can manifest itself; the limit of our enjoyment of these manifestations is only the limit of the outlets that we provide through our own faith in and obedience to this power and our understanding of the ways in which we can connect with the one Power and the one Presence of the universe.—A. P. B.

Unity Greeting Booklets Appeal to Everyone

Just right for inclosing with a gift to a friend, or as a gift in itself, are the small, attractive Unity greeting booklets, each containing a message of Truth easy to understand yet soul-stirring enough to find a welcome in the heart of any friend.



A NEW GREETING BOOKLET JUST IN TIME FOR CHRISTMAS

The Christmas Spirit

This booklet is a collection of Christmas poems, articles, and meditations that are favorites with Unity students. Collection includes "Age-Old Christmas Greeting," "It Is Christmas in Your Heart," and "Christmas Soliloquy." This booklet is certain to be read immediately and will be cherished long after Christmas.

OTHER GREETING BOOKLETS

Challenge of the Dawn, First Things First, The Great Helper, Gifts for the Christ, God Is Blessing You Now, Holy Bread, Life Is Consciousness, The Mental Equivalent, The Protecting Presence, Song of Life, White as Cotton.

Unity greeting booklets are artistic, colorful, and printed on fine paper. They are 3¾ by 5⅞ inches in size, and with them come attractive Christmas mailing envelopes requiring only one cent postage. (Booklets are sent to you for remailing; we do not address them individually to your friends.) Price of the booklets, 10 cents each; 12 assorted (your selection or ours) for \$1.

UNITY SCHOOL OF CHRISTIANITY, 917 TRACY, KANSAS CITY 6, MO.

Responsive Service

Sunday, November 17, 1946

Unity Subject—*Aggressive Christianity*

INTERNATIONAL SUBJECT—*How Christ Changes People.*—Acts 17:1-7; I Thess. 1:2-8

Unless otherwise specified, the Bible text used in this lesson is taken from the American Standard Version of the Bible, copyright, 1929, by the International Council of Religious Education, and is used by permission.

1. Now when they had passed through Amphipolis and Apollonia, they came to Thessalonica, where was a synagogue of the Jews:

2. And Paul, as his custom was, went in unto them, and for three sabbath days reasoned with them from the scriptures,

3. Opening and alleging that it behooved the Christ to suffer, and to rise again from the dead; and that this Jesus, whom, *said he*, I proclaim unto you, is the Christ.

4. And some of them were persuaded, and consorted with Paul and Silas; and of the devout Greeks a great multitude, and of the chief women not a few.

5. But the Jews, being moved with jealousy, took unto them certain vile fellows of the rabble, and gathering a crowd, set the city on an uproar; and assaulting the house of Jason, they sought to bring them forth to the people.

6. And when they found them not, they dragged Jason and certain brethren before the rulers of the city, crying, These that have turned the world upside down are come hither also;

7. Whom Jason hath received: and these all act contrary to the decrees of Cæsar, saying that there is another king, *one* Jesus.

2. We give thanks to God always for you all, making mention of you in our prayers;

3. Remembering without ceasing your work of faith and labor of love and patience of hope in our Lord Jesus Christ, before our God and Father;

4. Knowing, brethren beloved of God, your election,

5. How that our gospel came not unto you in word only, but also in power, and in the Holy Spirit, and in much assurance; even as ye know what manner of men we showed ourselves toward you for your sake.

6. And ye became imitators of us, and of the Lord, having received the word in much affliction, with joy of the Holy Spirit;

7. So that ye became an ensample to all that believe in Macedonia and in Achaia.

8. For from you hath sounded forth the word of the Lord, not only in Macedonia and Achaia, but in every place your faith to God-ward is gone forth; so that we need not to speak anything.

Lesson Interpretation

How has the thought of war or strife entered into our faith in a God of love?

The dual nature of mankind is responsible for the place that the idea of struggle holds in the field of religious faith. The sense nature must be overcome before the spiritual can take possession of man. Instead of viewing the change from sense to spirit as a transformation brought about by a quickened spirit or consciousness in the soul, we have been taught by traditional religion that "the good fight of the faith" must be waged constantly if we are to win through to spiritual consciousness.

In the contest between sense and spirit what part does the will play?

An outstanding one. Paul (representing the illumined will) liked to meet opposition and argue from the Scriptures. He advised his listeners to put on "the whole armor of God."

Can divine love be proved by argument?

No, and it never will be. Argument arises out of disagreement, love out of oneness. The two are incompatible.

Aside from his habit of arguing and exhorting, what do we learn from Paul's method of teaching on his missionary journeys?

The fact that he always looked for a synagogue and taught the Jews first shows that spiritual truth gains by being taught in surroundings that are in harmony with it. His teaching the Jews first emphasizes our responsibility to enlighten that part of our mind which is busy with religious convictions and traditions.

How is the Christ affirmed in this lesson?

As incarnated in Jesus. In the words of Paul, "this Jesus, whom, *said he*, I proclaim unto you, is the Christ."

Why were the "devout Greeks" more easily convinced of the truth of Paul's teaching than the Jews?

The Greeks represent the intellect. They were accustomed to engaging in logical argument and disputations and took delight in matching their wits against an adversary. The Jews trusted more the traditions of the fathers, in which their feelings were involved; therefore they were more difficult to reach and convince than the Greeks.

What teaching is most effectual?

That which shows earnestness, clean-

ness of mind, and sincerity.

Do our words prove more than the point we are attempting to make?

They prove us as well as our faith. If our teaching is tinged with error, if it is not unadulterated Truth, if it is insincere, instinct with flattery or swollen with covetousness, sooner or later these things make themselves evident and corrupt or dilute our teaching, reducing our influence and minimizing our power.

What is the outcome of the "much assurance" that comes to us as we gain deeper and firmer faith in the Christ?

Our faith and confidence are increased and we gain in understanding, love, and power.

To Be Held in the Silence

I know peace and safety, for in thought I dwell in the secret place of the Most High.

(The lesson for next Sunday is from Acts 17:22-28a; 18:1-4; I Cor. 1:22-25.)

Field Activities

SAN FRANCISCO, CALIF.—Unity Temple, now located in Room 800, Sachs Bldg., 140 Geary St., announces the following activities: Sunday, 11 a. m., devotional service. (This service is conducted in the Santa Clara Hall, Native Sons' Bldg., 414 Mason St.; all other services are held in the center quarters.) Sunday, 11 a. m., Sunday school. Monday, 7:30 p. m., class in human-relation pamphlet course. Wednesday, 2 p. m., healing meeting; 7:30 p. m., devotional service. Friday, 2 p. m., healing meeting. Monday through Friday, 12:15 p. m., silence. Center open daily. Robert Hulbert, leader.

VAN NUYS, CALIF.—Unity Church of Christ, 14416 Victory Blvd., announces the following activities: Sunday, 9:45 a. m., Sunday school and adult Bible class; 11 a. m., devotional service. Monday, 2:30 and 7:30 p. m., class in *Lessons in Truth*. Wednesday, 2:15 and 7:30 p. m., class in *Christian Healing*. Monday through Friday, 12 m., prosperity silence. Center open Monday through Friday, 10 a. m. to 4 p. m. Mary Hider, leader.

ALBUQUERQUE, NEW MEX.—Unity Center, 1210 W. Tijeras Ave., announces the following activities: Sunday, 9:45 a. m., Sunday school; 11 a. m., devotional service; 6:30 p. m., young people's service. Monday, 10 a. m., class in *Know Thyself*; 7:30 p. m., class in *Lessons in Truth*. Tuesday, 7:30 p. m., class in *The Great Physician*. Wednesday, 7:30 p. m., class in *Christian Healing*. Thursday, 7:30 p. m., class in *Lessons in Truth*. Friday, 10 a. m., class in *Teach Us to Pray*. Monday through Friday, 11 a. m., silence. Center open Monday through Friday, 10 a. m. to 12 m., and 2 p. m. to 4 p. m. Mina Stevenson, leader.

FRANCIS J. GABLE, Unity teacher, lecturer, and writer will speak as follows:

WICHITA, KANS.—November 17, at 11 a. m., and 8 p. m., and November 18, 19, and 20, at 8 p. m., at the Wichita Unity Center, 3241 Victor Place.

HUTCHINSON, KANS.—November 21, at 8 p. m., at the Women's Civic Center, 925 N. Main St., under the auspices of the Unity Study Class, 316 W. 15th St.

Authority must not forget humanity.—O'Reilly.