

WEEKLY UNITY

"Ye shall know the truth, and the truth shall make you free"

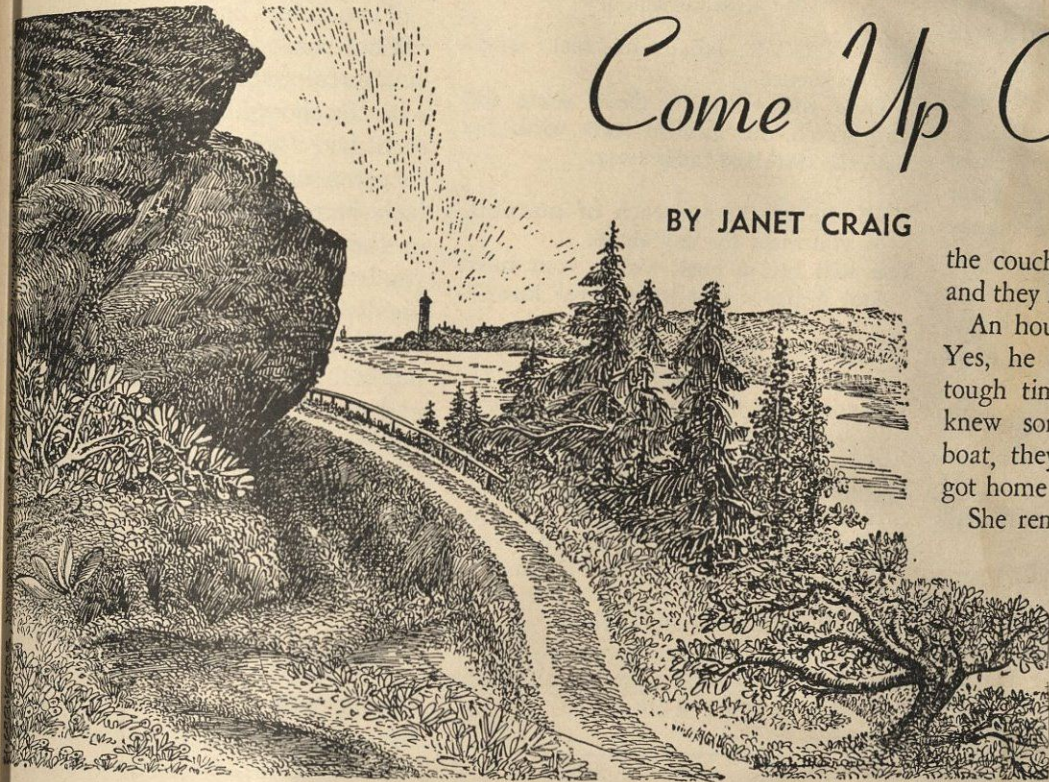
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5 CENTS A COPY

Come Up One Step

BY JANET CRAIG



the couch with the three youngsters, and they had all prayed.

An hour later Bob had come back. Yes, he admitted, they had had a tough time in the storm. But Rance knew something about handling a boat, they all obeyed him, and they got home safely.

She remembered too how her heart had been crying all that day, "Thank You, Father-God, thank You."

The little drama unfolded before her as she sat there. But she remembered too what she had done with this evidence of God's grace

in an emergency of life. She had accepted the easy verdict of her friends: "Oh, that wasn't an answer to prayer. It would have happened anyway. Rance Sims is a good sailor. They were all tough, athletic youngsters. It's a good sailboat. They'd have gotten in even if no one had prayed."

Then she had forgotten it until Tommy spoke about it today. Now she was facing another emergency. This was not an imminent threat to anyone's life, but it was a menace to the well-being of the entire family. Was there a God close at hand who cared what happened to His children? She did not know enough about Him. Could she pray to Him about this? What could He do about it?

Then she remembered that somewhere she had read that we do not need to tell God how to do the seemingly impossible. He knows better ways than ours. We are to put the problem in His hands, leave it there, and go on doing what He points out to us. She thought: "I'm ashamed to come to Him with this. I didn't even give Him credit for that other time. After that first day

she thought quickly. Aloud she said, "Yes, Tommy, we will." Then the children were off to school.

When she sat at the table alone, she leaned her head upon her hands and with closed eyes saw the scene of that summer day. She had given Bob, the eldest son, permission to go out on the lake in a sailboat with young companions. On Lake Erie sometimes a fierce storm rises suddenly out of a clear summer sky. The boys had been out only half an hour when a violent storm came up, with wind and driving rain. She could see the lake from her window, and the white-crested waves were racing up the beach. Not one of the boys was more than sixteen, and they would not have the judgment to handle a sailboat in this emergency. They were all good swimmers, but what could a swimmer do in such a raging storm? The children were as terrified as she. But summoning just ordinary common sense to her aid that day she had said: "Children, we can't help Bob by worrying. Let us all pray to God to help him." She had stopped pacing the floor, sat down on

AURA'S husband had just left the breakfast table to go to town. She had said good-by to him and had seen that his brow was dark with foreboding and worry. She had a fleeting thought that he could not attend to his work with his mind so troubled; then she returned to her own unhappy thoughts. So possessed was she by them that she voiced her trouble to the children still at the table.

"I don't know what in the world we are going to do about this."

"Mother," said twelve-year-old Tommy, "you remember last summer when Bob was out on the lake and that terrible storm came up? Weren't we all worried that he would be drowned? You told us to pray, and we all prayed with all our might. Well, he came back safe, didn't he?"

"Yes," she said.
"Well, why don't we pray about this, all of us, with all our might? If God helped us then He'll help us now. You and Dad have worried for a week without getting anywhere. I think we ought to stop worrying and pray."
"Out of the mouths of babes—"

the doubts came, and I never felt thankful again. Perhaps if I had kept in mind that the blessing was direct from His hand I'd have known better how to turn to Him in everything, and then this matter might not have come up at all. We'd have taken care of it before it happened.

"I'm going to pray now, and if I see that God has come in now, I will never forget Him again. I will keep close enough to Him that I will pray before the danger threatens us."

She did pray at once, as Jesus Christ directed, "in spirit and truth." After praying she went to the telephone and called her husband, saying, "Don't worry about the matter another minute. I've turned it over to God, and He said He'd take care of it. Let us leave it with Him now."

When the children came home she met them with a smiling face.

"It's all right now," she said. "I asked God to take care of things, and tell us what to do."

"So did we," said the children. "We prayed on the way to school."

Anyone who has tried faithful prayer can write the end to Laura's story. The family did really leave the problem with God. When they ceased clouding their minds with worry God showed them things to do. Again He moved in what we call His mysterious ways His wonders to perform. The threat was removed. The trouble never came upon them.

In Laura's story we all see the first lesson: that we take our problems to our Father, and leave them there. Then with mind cleared of worry we are ready to do the things the Divine Mind directs us to do. Working with God, we see His purpose and work it out.

But there is a second lesson we need also. Laura had had one arresting experience of God's immediate grace in time of need. Yet after the first thrill of thankfulness she had put it aside, and said that the thing would have happened anyway as it did whether she had prayed or not. So when the next time of stress came she did not feel close to God, she was not prepared to turn to Him naturally, to believe that His love and power were there to bring release. She worried just as though she had never known a miracle.

We are all likely to do this. It is one of the errors in our human thinking. We do not gain all we could from



With the Dawn

By Rowena Cheney

IF YOU'VE failed to feel God's presence,

Then rise with the dawn some day
And watch the faithful stars wink out
As the darkness fades away.

With the bright approach of morning,
As you meet the day alone,
You will feel a hush within your heart
And a peace you have never known.

Then out of this wondrous stillness,
Symbolic of vanquished night;
You will truly wake to the Christ within,
Baptized in eternal light.

For there in the sky at dawning
Is written in rainbow flame
His message of beauty, truth, and love—
Your birthright, yours to claim.

Upbreaching joy will flood you:
With a newborn day begun
You will know at last beyond all doubt
That God and you are one!

past experience. Is there one of us who has not had a miracle in his life? Look back now over the past. As you recall the times of stress, your mind brings the old scenes alive. There were the times when no help of man could avail, and perhaps ignorantly, half doubtingly, you cried out to the invisible Presence. Suddenly you knew God was there. His presence moved through the darkness and confusion. There was light, and the confusion fell into order.

This suggestion was made to a study class in Truth: that each one look back over his life to the times when there seemed no possible help, and when God nevertheless answered the cry, answered the prayer. Faces lighted up with comprehension as they recalled half-forgotten things. One told of the time when as a boy he had been rashly crossing a trestle, and a train appeared. Another told of finding the one way to rescue an unconscious person in a fire. One person told of needing a large sum of money immediately. Frantic running to and fro brought no plan. Then after she had turned it over to God, she was sorting a box

of old papers and came upon an old insurance policy, paid up years before and forgotten. The proceeds of the policy were nine thousand dollars, which was more than enough for the need. Everyone in the group recalled more than one "miracle" in his life. Some did not tell theirs, but all said there had been miracles.

Then the question was asked: "What have you done with those wonderful experiences? Did you live with the thought of them in your mind each day? Did you use them as a step to come up higher, to know God a little better, to keep using that power in the common affairs of life? Did you learn to pray before the emergency or danger comes so that you were ready always to meet whatever a day might bring forth? One step higher, and you will have a clearer view. You will see more of God's Truth in every situation, more of the way that you ought to take."

Most of them confessed that they had not used the experience, and when the next crisis came they were just as terrified as before. Instead of clearing their mind for God to act, they filled it with worry and rushed to and fro with frantic, futile effort.

Benet reminds us of the two memorials of Lincoln. One is the marble memorial in Washington before which we stand silent in the presence of beauty while our hearts swell with thankfulness for all that America means. The other is the Lincoln penny. What a symbol that is! Lincoln in his natural life touched the lowest depths of living and the very highest heights. In childhood he spent one winter in an open-faced cabin, scarcely better than an animal shelter. Step by step he rose until he was leader of the people at a time when they were passing through the crisis that would decide for them whether they were a group of little feeble States or a world power for righteousness and peace.

Every life that history records as great has touched the depths and the heights. Jesus' life sets the pattern. He knew the mount of Transfiguration, where He felt fully the complete union with all God's purpose and power, and He died like a criminal as if He had been a traitor to His own nation.

Our ordinary life follows the pattern. We all pass through the low places of life, the times of doubt

sense of futility, apparent loss, and defeat, but if we follow the pattern all through we lay hold on divine power at the most desperate hour, we come up out of darkness into light. But what then? Too often we do not keep our place on the higher step of life. We come down to the lower level of material thinking, of acceptance of the doubts of those about us, of taking the way of self-interest. So we remain uneducated spiritually. We are not preparing for the next test. When we send our little children to school we do not have them begin on algebra and Greek. They begin with the commonest English words. At the next promotion time we hope they will go a grade higher. We should be troubled if they remained in first grade for another year. But we older children sometimes stay in the primary grade of our spiritual education year after year! It is time for promotion. Take that next step upward.

As we look at Jesus Christ's method of education we find it different. True, He starts the souls in the lower grade, but on the first day of school He points out to them the heights to which they are to rise. According to Matthew's Gospel the first lesson Jesus gave His people was the Sermon on the Mount. Consider the crowd to which He spoke. It must have been a typical Oriental throng. They had heard that this new teacher did wonderful things. They wanted both to see and hear. There would have been sick, blind, cripples among them. The thieves and prostitutes would be out for a chance to ply their trade. The respectable artisan and the housewife followed the crowd. Perhaps the man had something new to say.

The orthodox would be there. They were looking for any kind of weapon to use against this upstart who was disturbing the comfortable old *status quo*. The spiritual minded and the mystics had heard rumors about this man, and they were following eagerly. Children ran on the outskirts of the crowd. There were all the kinds of people listening to that Sermon that could be found in a crowd today. Then Jesus sat down and began to talk, and not one person moved as he heard the revolutionary words of the first lesson. After a while the ringing voice of the Teacher cried out: "Ye therefore shall be perfect, as your heavenly Father is perfect."

It is somewhat like pointing the first grade child to the happiness of commencement day. But there the vision is before us. We can have no scattered aims, apply ourselves in no desultory fashion to the work before us, do no wandering into bypaths leading nowhere. If we are going to finish the course certainly we must come up one step today.

Are we facing danger, difficulty, lack, misunderstanding today? We do face them at some time in life. "But none of these things move me." Let us give no room to doubt and worry. Here is the omnipotent God of the universe close beside us in the close, tender relationship of Father, ready not only with wisdom and strength but with the material help we need.

The experience of today is wonderful, yes, a miracle, we say in awe. Then we must never go back to the dusty road. Holding His hand that has lifted us we must go up at least one step, and stand firmly there. Now we can see our Father more clearly. Now we have a longer view of the open road before us, and the tomorrows will show other upward steps. But take the first step today.

In Gratitude

Dear Christian Friends: I want to refer once again to your loving-kindness which came to me about five years ago and which I can never, never forget. We were passing through a dreadful period of the war in England, and during the first year of the war both my dear parents passed on within ten months of each other. At that time I knew about you dear people and had been subscribing for WEEKLY UNITY, but I had not renewed my subscription owing to the war, thinking my order would not reach you or that I would not be able to receive it. Then when my days were at their darkest, someone kindly made it possible for me to receive WEEKLY UNITY again, and it has come continuously ever since. What the magazine meant to me just then you can never guess, nor can I make you understand, for verily the heart knoweth its own bitterness, but WEEKLY UNITY lifted me up out of the miry clay and set my feet upon a rock.

All the numbers have been passed around and read and reread, and quite a few of my friends have become interested and are members of Unity-London. Needless to say, I shall be glad when it is possible for me to send you a gift in appreciation of all your love and kindness, but money can never repay. However the memory of it will live for ever. I pray that God will richly bless you all and all your glorious work a thousandfold.—A. A. C.

Unity or Separation

By Beverly E. Finch

IT HAS been truly said that the Lord cares for His own, for those who are drawing ever nearer to Him, the Most High.

On the other hand, John lamented the fact that "he came unto his own, and his own received him not."

He comes to us with outstretched hand. We may receive Him, accept His offerings of love, wisdom, guidance, inspiration, and protection, for the day; or we may close our consciousness to His Spirit and leave Him out of our life. The choice is ours. But if we choose to draw nigh to Him, near enough to become conscious of Him, our whole day is made radiant with His presence.

A long time ago I accidentally broke a thermometer, and the quicksilver it had contained suddenly separated into dozens of small globules that scattered in every direction over my table. Idly I began to play with them, and found that when I pushed one toward another they were drawn together and merged, so that where there had been two, there was one.

This is an apt illustration of the intimate union man establishes between himself and God as he draws near enough to Him to feel His presence and appropriate the wisdom that knows everything and the power that can do anything—the wisdom and power he needs momentarily to solve problems of all kinds—business, social, national, and international.

Drawing nearer and nearer to God every day in every way develops in us a constant feeling of the infolding, protecting Presence, creating an invisible wall around us that is unseen by others but felt by us; and the deeper the feeling the greater the power and fruitfulness of it.

In unity there is fullness of joy, trust, and peace.

Truth Is Perfection

After all, the most natural beauty in the world is honesty and moral truth; for all beauty is truth. True features make the beauty of a face and true proportions the beauty of architecture, as true measures that of harmony and music. In poetry, which is all fable, truth still is the perfection.—*Shaftebury*.

Things to Be Remembered

By Lowell Fillmore

+ Friends of God

REMEMBER that a father rejoices exceedingly when his son develops in understanding and good judgment to the degree that he becomes a companion and co-worker with his dad.

When boys and girls grow up and prove they appreciate what their father has done to care for and educate them, and have grown sturdy in character by meeting wisely and fearlessly experiences in daily life, they become helpful companions and counselors in the home by aiding their father. Such children are a comfort and a blessing to their father.

How it must delight a father when he realizes that he has a child who understands him and can help solve the family problems. A son or daughter who is a true companion with whom at the close of day he can talk over the joys and the problems of the day, glorifies such a father. In this way the father and child each contributes something constructive to the life of the home. When the son becomes a real pal to the father he gets full measure of co-operation in return from the father.

It seems to me that our Father-God must also rejoice when one of His human children grows in spiritual understanding until he becomes a son who realizes the blessed meaning of his having been created in his Father-God's image and likeness.

When Father and son become unified in spiritual understanding the Father will then be in a position to do His mighty works through the son. In this way the Father will be glorified in the son. When the son recognizes and has faith in his Father's power and authority, and realizes how great in His love for him, he will become a real companion to the Father.

The Almighty, our Father-God,

created man with all the possibilities of perfection, but man is free to accept or refuse the blessings of the kingdom. Man is an individualized creation having free will, and not merely an automaton. Therefore when a man of his own choice consciously accepts his spiritual heritage from his Father, the Father knows that here is

Suggestions for Daily Meditation

(Beginning Sunday, August 25)

Sunday. *I am one with my Father-God in Spirit.*

Monday. *My heart is filled with love for everybody because God loves me.*

Tuesday. *I am willing that God's will may be done in me and in all of my affairs.*

Wednesday. *Father, I am willing that the glory of Your righteousness be expressed in and through me.*

Thursday. *Because I have faith in God I trust Him at all times, and His guiding light shows me the right way.*

Friday. *My Father knows what I need before I ask Him and He has provided for it lavishly.*

Saturday. *Give me an understanding heart, O God, that I may be able to recognize and rightly use the answers to my prayers.*

a worthy son who elects to be like his Father, and is therefore different from a creation that is good only because it cannot be otherwise. Here is a man who is consciously aware of his Father-God. All that the Father has is at the disposal of the son when he steps out on faith to prove his ability to use these powers rightly.

It is not fitting that a son of God should beg and cry to his Father for the good things of the kingdom when he understands that they are his already to use wisely under divine law. When he finds his true relationship to his Father he knows that all the Father has is gladly given him to use to the degree that his ability will permit.

God, the Father, yearns for His children to understand and love Him,

and to walk with Him fearlessly. He rejoices when His sons and daughters are ready to share the responsibility of bringing His kingdom into the earth. He rejoices in the companionship of obedient sons and daughters who glorify Him by their good works. They are His loving children who take time to talk things over with Him daily, because they love to be near Him and seek His wise counsel in all their ways.

He dotes on sons who have faith enough in Him to ask His advice and guidance, and who seek His instruction before they make any new plans, in order that they may avoid the mistakes of the world; sons who accept the responsibility of becoming like Him in doing His good works, which include forgiveness, love, generosity, tolerance, order, harmony, and peace.

Jesus Christ, who was the first man to demonstrate His true sonship and consciously to unify Himself with the Father, advised His followers to become perfect also, as their heavenly Father was perfect. He realized that Father and children are all one in Truth when the children grow in understanding and accept their unity with the Father. Jesus said it this way: "That they may all be one; even as thou, Father, art in me, and I in thee, that they also may be in us."

The Purpose of Unity

The purpose of Unity School is not to found another sect, but to show all men their common aim and their common brotherhood; not to separate them or to emphasize their differences, but to bind them together more closely. Through helping churchgoers to apply to their daily living the principles taught by Jesus Christ, Unity makes any church affiliation even more practical.

Unity School spreads its teachings largely by means of its literature, which interprets the Scriptures metaphorically and explains the action of the mind—the connecting link between God and man. How the mind affects the body, producing discord or harmony, sickness or health, here and now, is made clear in the Unity publications.

Unity centers and study classes are places of religious research for all people, regardless of creed; and places where helpful instruction in Christian living may be received.

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THE SOCIETY OF SILENT UNITY

THE HEALING DEPARTMENT OF UNITY SCHOOL

* A Message to You: The Restorative Power

Dear Friend:

The restorative power of God is quickened in you. It is the power within you that works ceaselessly to sustain you in health and wholeness.

The restorative power of God within you is quickened, and you are healed.

Daily we are declaring this affirmation of health for all who seek healing. We ask all who are praying with us to be faithful in declaring the healing word with us.

You may not see the need of speaking words of Truth, you may not realize that every word of Truth spoken by you is destined to help not only you but also others who need healing. Words of healing declaring the restorative power of God live on, and their quickening work goes on forever. Jesus realized this truth, and He said His words were alive and eternal. Therefore be faithful to your declaration of Truth, even as Jesus was, and you will see the restorative power of God at work to heal and to bless.

Instead of grieving over the illness of someone you love, instead of discussing the problems of sickness with neighbors and friends, you can declare the restorative power of God. You can light the torch of health that will lead many out of the entanglements of suffering and disease.

You may have a need for healing just now. Instead of giving way to it, instead of permitting suffering to take possession of your feelings, turn your attention to the restorative power of God. Know that it is an infallible power, a divine light of life within you. When you turn your attention toward it you turn on the switch that illumines your mind and fills your body with the restorative power that heals. You expose yourself to the divine healing power that frees you from sickness or disease.

If any thought or feeling of not being well comes to you, do not tolerate it. It will be powerless when you fearlessly face it with the Truth. Declare firmly and as often as is needful:

"The restorative power of God with-

in me is quickened, and I am healed."

If you never turned on the switch, you would never receive the benefits of the electric current that lights your home, scatters the darkness, and makes many tasks easy for you. If you never release the restorative power of God with which He Himself has quickened

Daily at 11 a. m. join us in this thought for spiritual illumination:

The Spirit of Jehovah is with me, and I see clearly.

At high noon each day concentrate your attention on this thought for prosperity:

The prosperity that God planned for me in the beginning is now manifest and I am bountifully supplied.

At nine each night let us acknowledge the healing power of Spirit with this prayer:

The restorative power of God within me is quickened, and I am healed.

you in life, you deprive yourself of the light that makes health radiant and assured.

Would it not seem a bit queer if you went to a neighbor's home in the evening, and he received you into the darkness of an unlighted house? More than likely you would not tarry there long, nor would you feel that you had been very graciously welcomed.

You have been quickened by the light of Truth, dear friend. You may feel that your light is but a glimmer, as wavering as a candlelight by an open window, but Jesus Christ said not to hide that little candle under a bushel. So when reports of illness come to you, when someone tells you of his many ailments take your stand in Truth. Welcome him into the light of God's presence. Turn on the light of His restorative power so that the shadows, the discussions, beliefs, and appearances of disease, may fade away. Thus you will carry on the healing work of Jesus Christ. You will

receive no one into the darkened house of doubt and gloom, you will welcome one and all into the healing light of Truth, and the restorative power of God will work mightily through you—"that thy way may be known upon earth, thy saving health among all nations."

The restorative power of God does not stop with physical ailments. His power restores mind, body, and soul. As we appreciate this wondrous power and use it, it works through us to heal the nations, and restore harmony to the entire world.

"So there may come seasons of refreshing from the presence of the Lord; and that he may send the Christ who hath been appointed for you, even Jesus: whom the heaven must receive until the times of restoration of all things, whereof God spake by the mouth of his holy prophets that have been from of old."

The restorative power of God is never withheld from anyone. It comes to you and works through you for good as freely and liberally as the air you breathe. Because you are His child, His channel of expression, you can hasten the day of the "restoration of all things," by the reception you give, and the use you make of His restorative power.

God is but fulfilling His perfect law of life when He heals. It is His joy to have you manifest perfect health, and to help your neighbor in the way of divine wholeness also.

Not a single person, not a single soul is devoid of God's restorative power. Therefore you speak truly and you can speak with complete assurance when you proclaim God's life-giving power, saying:

The restorative power of God within you is quickened, and you are healed.

Jesus Christ will be with you, and in His name we will be with you in prayer and faith, proclaiming and acclaiming the restorative power of God. Let the "seasons of refreshing from the presence of the Lord" and "the times of restoration of all things, whereof God spake," come quickly in His name and by His power.

Silent Unity.

If you are in need of spiritual help, Silent Unity will be glad to pray with you for the right adjustment of your problem. Write, giving your full name and address, to

SOCIETY OF SILENT UNITY
917 Tracy, Kansas City 6, Mo.

Hello

By Anonymous

HELLO, child.

I'm not attempting to belittle you. But you are, after all, just a child. I don't care how young or old you are, or how short or tall you are, or how much you know or do not know, you are still only a child. You are a child of the eternal Father.

So I too am a child of that same Father. That means we belong to the same family, you and I, and I am your brother.

But I do not want you to think of me as just one person, one child. That is why I have asked the editor not to publish my name. I had rather you thought of me as all mankind speaking to you, all the people in the world, all the children of God, all your brothers and sisters speaking as one.

I need you. You need me. We need each other.

Always remember that. No matter what the color of your skin is, or which church you attend and belong to, or what pattern and color your national flag flies, always remember that we need each other.

Why? Because, since we are both children of God, we are therefore essentially alike. Among other likenesses, we have like appetites for the humanities.

Knowing each other's appetites, we can keep each other from starving, you and I.

I am hungry for your friendship. I want to be liked, just as you do. Sometimes I may not act that way. Sometimes my greed for other things, wealth, power, fame, may cause me to act as if your friendship were the last thing in the world I craved. But do not take your friendship away even if I refuse it at first. Leave it there before me. I cannot resist it. My appetite for it is too great, too intense. Sooner or later I will partake of your friendship, and we shall quarrel no more.

I am hungry for your understanding. Whether or not you can understand the words I speak is not important. I want you to understand that I am a child of God just as you are. I want you to understand that I can be hurt and suffer, that I can make mistakes and be sorry, that I can do wrong and be repentant, that I can do right and be misjudged, just as you.

I am hungry for your help. Because I am only a child, I am weak. I may boast about my strength and my courage, and then I fall and I am injured. I wander and I become lost, and I am frightened. And even though I was wrong to boast and though I was myself to blame for my fall, and even though I deliberately turned from the path of right and lost my way, still I need your hands to guide me, to soothe me, to help me stand erect.

These are only a few of my many hungers, only a few of the many ways in which I need you. I cannot name them all, for no one on earth can name all the good things in life. But I want them all, for I am but a child like you, and I need you to help me fill my appetite for them. And you need me, for we are both hungry children in the world.

This is not your world. It is not mine. It is our Father's. He has sent us here. We are His children, you and I, and He surely wants each of His children to live righteously and happily in the house He has given us here.

Our Father wants me to remember that you need me. He wants me to remember that you are hungry, as I am hungry, for friendship and help and understanding. He wants me to remember that I must give freely of these and many other good things.

But I may forget. I am not always so thoughtful as our Father wishes me to be. Will you keep me from forgetting? Show me your own good way of living so that I may have a shining example before me. Let me always see that you are there to help me, to make my hunger and need disappear, and I am sure I shall always remember that you too are hungry and in need, and I will serve you.

As you serve me you serve our Father. He will know, and He will remember.

The Light Bringer

Truth, as the Master taught it, was not only for the mystics but for the practical, ordinary man in the street, with his problems, his heartaches, and his fears. Truth is the salvation of man, for it gives him the light which brings an understanding of his relationship with God, and of the power he has to become consciously at one with the Christ in his own heart. —*The Path.*

Someone Prayed

Be Ye Not Dismayed

Dear Friends: For the past several months a thoughtful friend has been sending me copies of *Weekly Unity*. I assume he has read them and wishes to pass the blessing of these publications on to me. My vocabulary seems quite inadequate to express the joy and inspiration I have received from them.

I am a veteran of both World War I and World War II, and am consciously aware of the fact that I am back home with my loved ones because my trust was placed in God, His omnipresence and omnipotence. I am also aware of my meager knowledge of the Truth and also of my great need of understanding His word better.

One demonstration of the effectiveness of an affirmation of Truth will always be with me.

In the early part of the war several thousand men, including myself, were placed on a ship in New York and sent across the Atlantic without a naval escort. We did not know until the last minute that we were to travel this way, and all on board seemed to feel considerable fear. For the first two days I permitted this fear to control me. On the morning of the third day while I stood early morning watch, there then came to me these words from Isaiah 41:10: "Fear thou not; for I am with thee; be not dismayed, for I am thy God!" Those words stayed with me throughout the voyage.

As we neared the British Isles and the danger zones I was able successfully to keep those words in my consciousness. The night we entered the channel between Ireland and Scotland we had several alerts that our radar had picked up enemy bombers. Some of the men said, "This is it!" and even though it was difficult I held those words of Isaiah in mind. Suddenly a dense fog enveloped the entire ship. The bombers came, circled overhead for a few minutes, and then were gone. Next to me in the formation I heard someone say softly, "Thank You, Father." I spoke to this man about the incident in the morning and learned that he had been holding the same thought I had. He was an army chaplain.—*J. M. C.*

Let Go

Dear Friends: After trying for months to make some new business connections through many different channels, I finally relaxed and put my cares into the hands of divine providence.

An unexpected offer came in short order, so desirable and so much better than I had expected that I feel impelled to express my gratitude to Unity, which has been so helpful in many ways.

May God bless your valiant work.—*W. S.*

Responsive Service

Sunday, August 25, 1946

Unity and International Subject—
Purity in Heart and Life.—Exod. 20:
14; Prov. 4:14-23; Matt. 5:8; Phil.
4:8

Unless otherwise specified, the Bible text used in this
service is taken from the American Standard Version of
the Bible, copyright, 1929, by the International Council of
Religious Education, and is used by permission.

14. Thou shalt not commit adultery.
14. Enter not into the path of the wicked,
And walk not in the way of evil men.
15. Avoid it, pass not by it;
Turn from it, and pass on.
16. For they sleep not, except they do evil;
And their sleep is taken away, unless
they cause some to fall.
17. For they eat the bread of wickedness,
And drink the wine of violence.
18. But the path of the righteous is as the
dawning light,
That shineth more and more unto the
perfect day.
19. The way of the wicked is as darkness:
They know not at what they stumble.
20. My son, attend to my words;
Incline thine ear unto my sayings.
21. Let them not depart from thine eyes;
Keep them in the midst of thy heart.
22. For they are life unto those that find
them,
And health to all their flesh.
23. Keep thy heart with all diligence;
For out of it are the issues of life.
8. Blessed are the pure in heart: for they
shall see God.
8. Finally, brethren, whatsoever things
are true, whatsoever things are honorable,
whatsoever things are just, whatsoever
things are pure, whatsoever things are
lovely, whatsoever things are of good re-
port; if there be any virtue, and if there
be any praise, think on these things.

Lesson Interpretation

*What aids us in keeping pure in
heart and mind?*
Singleness of mind and the imper-
sonal outlook both aid us in keeping
our mind and life pure.
*In consciousness how is thought re-
lated to act?*
The thought precedes the act. The
impure thought leads to the impure
act.
*What is the way of wisdom for us
in living?*
The following of all that puts us in
harmony with universal law.
*Why is education of such tran-
scendent importance to youth?*
Because it enables youth to recog-
nize what is right and follow it with-

out the necessity of gaining this knowl-
edge by experience. It is not necessary
to undergo negative experiences in
order to learn to live the life of God.
Life is too sacred to be wasted in neg-
ative living.

*In what respect does man-made law
parallel the divine law?*

Man-made law takes account of
moral law and inculcates it. The divine
law includes the moral law.

*Is the keeping of the divine law
unfailing obligatory?*

It is. He who disobeys the divine
law shortens his days, besides putting
beyond his realization the satisfactions
that come from willing and faithful
obedience.

*Does the habit of doing what is
right improve our understanding of
Truth?*

Yes. Upright thought, speech, and
action clarify the thoughts and quicken
the understanding.

*How do we keep our heart with all
diligence?*

By guarding our hidden thoughts
and motives until our mental habits
become instinctively right and true.
A disciplined subconsciousness that is
ready to carry out the behests of the
will is an invaluable aid in this work.

*What standard is of help to us in
disciplining our thoughts?*

The standard that holds the mind
to what is true, honorable, just, pure,
lovely, and of good report. Sufficient
food for thought is found in this

category to occupy the mind through-
out our waking hours.

To Be Held in the Silence

*I guard my thoughts and desires by
keeping my mind single and fixing
it on the impersonal love of God.*

(The lesson for next Sunday is from
Exod. 20:15; Prov. 30:7-9; Matt. 5:25-33.)

The Great Man

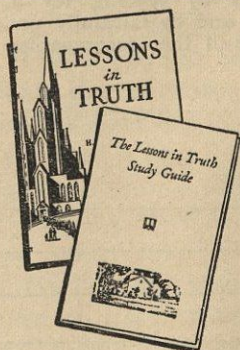
It is easy in the world to live after
the world's opinion; it is easy in soli-
tude to live after our own; but the
great man is he who, in the midst of
the crowd, keeps with perfect sweet-
ness the serenity of solitude.—Emer-
son.

Field Activities

BROOKLYN, N. Y.—Unity Society of Brooklyn,
3 Albee Square, announces the following activi-
ties: Sunday, 11 a. m., devotional service. Tues-
day, 8:15 p. m., public service. Wednesday, 12
m., healing service. Thursday, 2:15 p. m., study
class. Center open daily, 10 a. m. to 5 p. m.
Ella Pomeroy, leader.

BUFFALO, N. Y.—Unity Center of Practical
Christianity, 271 Delaware Ave., announces the
following activities: Sunday, 11 a. m., Sunday
school and devotional service. Tuesday, 8 p. m.,
study class. Wednesday, 8 p. m., midweek serv-
ice. Friday, 2 p. m., study class. Daily silence,
12:15 p. m. Center open daily, except Saturday,
11 a. m. to 4 p. m. Lillian M. Matthews, leader.

SYRACUSE, N. Y.—Unity Church of Truth,
now located at 110 Onondaga Ave., announces
the following activities: Sunday, 10 a. m., Sun-
day school; 11 a. m., devotional service. Monday,
7 and 8 p. m., study classes. Wednesday, 8 p.
m., midweek service. Friday, 2 p. m., study
class. Daily silence, 12:15 p. m. Center open
daily, 12 m. to 4 p. m. Mae G. Lundahl, leader.



You Can Reap a Rich Experience from LESSONS IN TRUTH WEEK--September 9-15

You can bring some rich new experience into your
life by observing Lessons in Truth Week in unison
with thousands of other Unity students.

Lessons in Truth Week Can Benefit You

H. Emilie Cady, a practicing physician, had firsthand knowledge of the needs of mankind.
Her message in *Lessons in Truth*, Unity's fundamental textbook, is as timely today as when
written more than fifty years ago. By devoting a week to the study of *Lessons in Truth* you
can increase your knowledge of Truth and thereby experience a consequent increase of
good in your life. Furthermore you become one of the countless students taking part in
this week of Truth thinking, thus contributing a steadying influence to the thought of
the whole world.

It Is Easy to Participate in Lessons in Truth Week

All you need is a copy of *Lessons in Truth* and the new free study guide, which con-
tains daily assignments and suggestions for profitable study. *Lessons in Truth* can be
ordered at your local Unity center or by writing direct to Unity School. The price (study
guide included free) is \$1.

Unity School of Christianity, 917 Tracy Avenue, Kansas City 6, Missouri

The High Watch

Perfect and Entire

Perfection has always seemed unattainable to finite man despite the command "Be ye perfect." God is perfect in impartiality, showering His gifts on the evil and the good alike. To us, seeking to align ourselves with goodness, it seems impossible to smile indiscriminately on the evil and the good. Thus we come short of perfect impartiality. But another test exists: perfect patience. "Let patience have her perfect work." We can work with a clear conscience at developing patience, for in this respect everyone has himself alone to improve. The Rev. John W. Holland, writing in the *Progressive Farmer* on the subject "Learning Patience," gives some suggestions for self-help along the way. We quote:

Patience must have a spiritual quality that comes from understanding love. When Jesus was asked, "How often should a man forgive? Unto seven times?" He replied, "Unto seventy times seven." Later He talked about perfection, and James said, "Let patience have her perfect work, that ye may be perfect and entire, wanting nothing."

The best foundation for patience and serenity is found in first trying to do our best and then trusting the results to God. I knew of a student who had studied almost to the point of breaking. He was fearful that he might fail in his examinations, and had almost reached the place where, if he failed, he did not care to live. Then he prayed, and a great calm came to him, greater than he had ever known. He walked over to the open window, and stood talking to himself: "I have done the best that is in me, and, God, You will have to take charge of things. I'm going to throw all my worries out of the window." So saying, he literally made the movement with his hands, as if throwing something from the window. Then he lay down and slept peacefully, and the next day passed his tests. . . .

Yesterday afternoon as the late evening sun was throwing its shadows across our lawn and garden, I sat watching the robins and sparrows flying eagerly here and there

for a little food before the night came on. They would pause now and then, and let out songs such as only they could sing, and then go on with their food quest. Then cats began to prowl, but my little feathered neighbors hopped about, chirping their evening song. They spoke to me of the value of wakeful trust: the kind of trust that God honors in His children, whom He told to "watch and pray" at the same time.

And as I watched my bird neighbors hustle off to their tree beds, I found myself repeating the lines which some poet left for us:

"Said the robin to the sparrow:
I should really like to know
Why these anxious human beings
Rush about and worry so?"

"Said the sparrow to the robin,
'Friend, I know not, lest it be
That they have no heavenly Father
Such as cares for you and me.'"

Faith Is Rewarded

Strength to stand fast under tests comes to those who cast their burden on the Lord. Casting all care on the exhaustless mind of the Infinite calls forth inner resources that often enough are unsuspected. The following item from the periodical *Now*, published by R. G. LeTourneau, Inc., furnishes a case in point:

The following is a personal experience of an eighty-two-year-old reader of *Now*, living in Duluth, Minn.

"I teach my men's Bible class to cast all their cares upon God—and, of course, a teacher should practice what he teaches.

"Yesterday I lost my moneybag and contents, while trading. Seeking to pay for a purchase, I discovered it was missing.

"I returned to the store where I had made and paid for a purchase a few minutes earlier, but no moneybag had been found.

"So I soon started for home feeling pretty sad. But I remembered the Bible lesson, and silently rolled my burden over on to God—subject to His will, of course.

"When I reached home I was greeted with the good news of the finding of the moneybag.

"A young lady clerk assisting my son-in-law found the bag and recognized me as a recent customer; and my relative recognized the bag; and so, in a providential series of events my prayer was answered and my faith confirmed. To God be the glory."

The Singing Seraph

I'm just as rich as kings can be—
My wealth would load a train.
The setting sun makes all my gold;
I've silver in the rain!

—Carl Wright.

The Prosperity That Endures

You may have seen the affairs of persons change from a state of plenty to actual want, and you may have thought momentarily that this seems to be the natural course of life. But as a Truth student thinking from the standpoint of Truth you know this is not natural. No, you know that it is not God's nature to withhold His good from man but to bestow enduring prosperity upon His children, if they will but look to Him continually as the one source of their supply.

If you have found it difficult to keep the truth of God's abundance upper-

most in your consciousness, you will find the Unity Prosperity Bank a good reminder of the "giving" nature of God and a builder of a consciousness of enduring prosperity. Thousands of Unity students are now using the Bank plan of prayer and practice; they are overcoming their belief in lack, and are demonstrating the blessings they desire. Why not accept Unity's help in your building of a consciousness of enduring prosperity by sending for a Prosperity Bank and by faithfully using the prayer drill that accompanies the Bank?

UNITY SCHOOL OF CHRISTIANITY, 917 TRACY, KANSAS CITY 6, MO.

Please send me a Prosperity Bank and ask Silent Unity to pray with me for my success. I will use the drill seven weeks and save \$3 for the three *Weekly Unity* subscriptions (one year each) here listed, the subscriptions to begin at once.



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