

WEEKLY UNITY

"Ye shall know the truth, and the truth shall make you free"

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The Three Wise Monkeys

PERHAPS ONE of the most familiar and amusing souvenirs and symbols of an everyday truth is a statuette of "The Three Wise Monkeys." It is a simple teaching that they impart, but it is more difficult to practice than appears at a glance. The three monkeys hold the answers to many a difficulty or problem that may be presenting itself to us at this very moment.

Consider the first little monkey, the one holding his hands over his ears: Hear no evil. It was wise of the ancients—who conceived the idea thousands of years ago in India; then carried it over the Himalayas to the millennium-wise Chinese, and thence to the rest of the world—to consider the "hearing" factor first. To the ancient wise ones the ear was the instrument through which ideas of good or evil entered the human mind, there to be retained, forgotten, or given out to others. It was the responsibility of the individual to hold or reject each idea.

Every day of our life we hear many things good and bad. We must be alert to sift and weigh what is worthy or unworthy. The ear is the medium through which destructive, corroding gossip reaches us. It is the medium through which ideas of doubt reach us regarding our own immediate circle, our friends and loved ones. It is the way in which the results of much erroneous thinking come to us, and if we do not at the same time use the instrument of spiritual understanding to interpret to ourselves what we hear, we shall vacillate and wonder and speculate and worry until our whole state of mind is warped and unhappy.

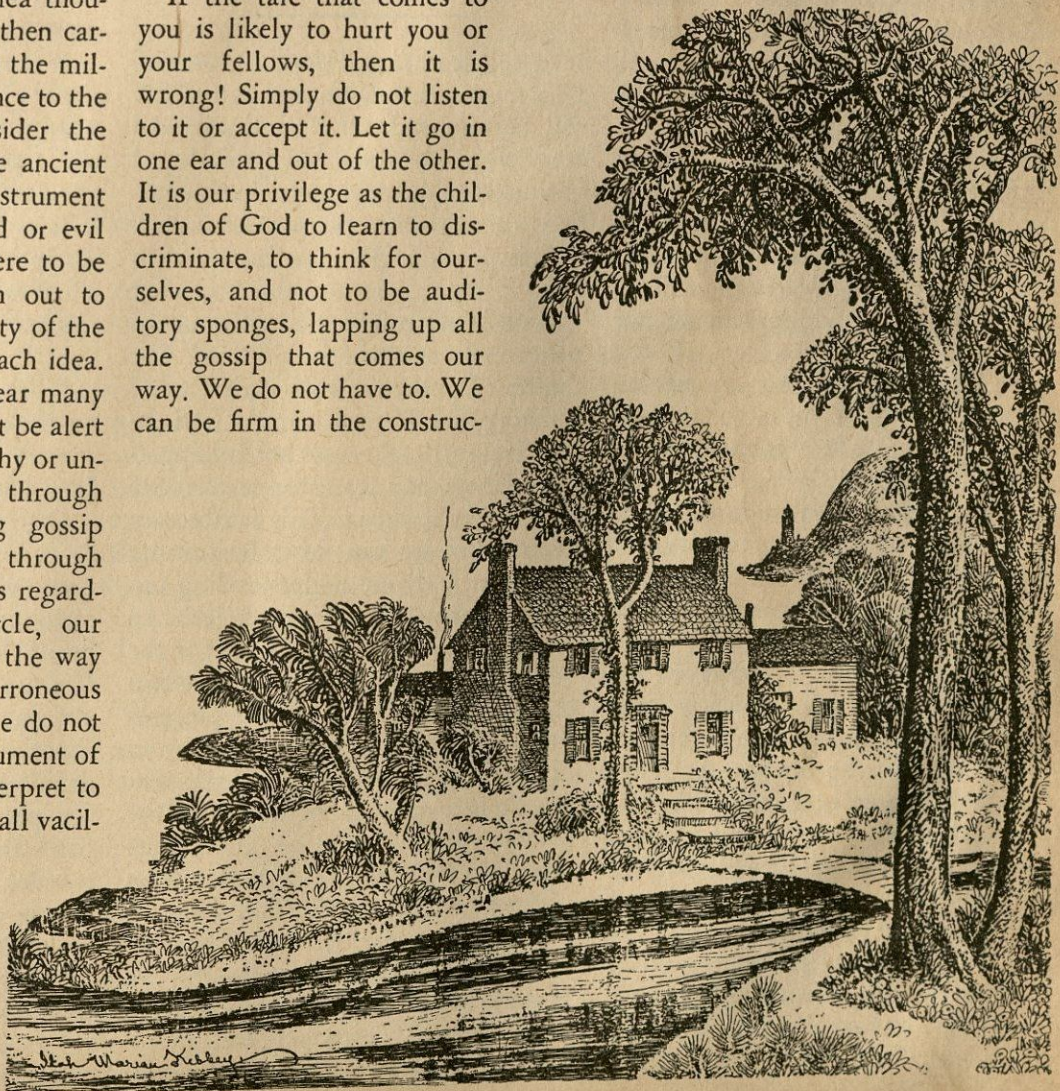
But there is a simple

remedy, and the first little monkey has it. In the pathetic little gesture of placing his small hands over his ears, he represents to us our happy privilege of being able to shut out evil gossip from our hearing! That is our prerogative. We can reject the wrong, the negative, by the simple expedient of saying to ourselves: "This information that has come to my ears—is it positive in its import? Is it negative? Is it constructive or destructive? Is it helping or harming someone, myself included?"

If the tale that comes to you is likely to hurt you or your fellows, then it is wrong! Simply do not listen to it or accept it. Let it go in one ear and out of the other. It is our privilege as the children of God to learn to discriminate, to think for ourselves, and not to be auditory sponges, lapping up all the gossip that comes our way. We do not have to. We can be firm in the construc-

tive qualities of our mind, and can mentally train ourselves to see whether an idea is worthy or unworthy. From our strength of character and conviction flows our duty to stop harmful gossip from going any further. In this way we not only help ourselves and our brothers, but God's evolution of progress in His world. It is definitely our responsibility to let the erroneous ideas and expressions coming to us stop right with us and go no further. We are, as it were, a lead wall through which evil cannot pass.

Here is another thought regarding the "hearing of evil." So much that we hear is opinion, supposition. One wise



By Gene Dorante

writer has called it succinctly enough "suppositional error." The fact that it is supposition often proves it to be erroneous. How much of the worry and anguish of the world roots itself in the passing on of a story without foundation in fact? How many times have we ourselves been guilty of passing on a story that we were not absolutely sure about, and have helped to hurt another person; repeated gossip based on supposition with respect to another's marital or emotional experiences; sowed seeds of doubt in the mind of another about a loved one, because we have not heard all of a story.

Many years ago, a wise and good man, a lawyer, taught me a sound lesson. He said to me: "Child, do you know all the circumstances in the case? Could you certify them under oath? Were you there and thus able to gain all the evidence in the case? If you could not give your evidence before a judge, then it is wise to keep quiet and not pass on what you think you know!"

I had casually repeated a bit of gossip about another person, a friend. I was young. I did not realize that I might be doing harm. But my friend was kind. He helped me. I have tried never to forget what he told me. The amazing thing is that there is actually very little to repeat about others, except the constructive generalities of Truth. The first requisite is to weigh and sift everything we hear, and decide what we should or should not pass on.

The second little monkey has an equally important message for us: "See no evil." It is a tremendous responsibility to realize that we can see only what we want to see, and thereby manifest in our life what we wish to behold there in actuality. You see what you want to see, what you are attuned to spiritually and mentally.

It is an amazing fact that we are drawn to those things which we continually think about. You remember it is written in the Scriptures, "Thou . . . art of purer eyes than to behold evil." This can apply to our affairs if our state of mind is lifted above the average degradation and sordidness that may be about our feet if we let ourselves be conscious of it. The Psalms are full of wisdom about such things. In John we read, "If a man keep my word, he shall



Meditation for a Summer's Day

By Rowena Cheney

BEHOLD within this summer's day
God's wondrous law revealed
In full-blown leaf and blossoming bough,
In garden, wood, and field!
Bright sunshine, warm on growing things,
The busy hum of bees,
The whispering summer winds, that move
Among the listening trees
Reveal today, as He has willed,
Spring's promise once again fulfilled.

So in each heart let summer bloom,
And faith shall come to flower,
And truth and peace and brotherhood
Shall blossom hour by hour.
Unhampered by the weeds of doubt,
The buds of joy, unfurled,
Shall lend their quiet loveliness
To beautify the world—
His kingdom come on earth at last,
The victory won, the winter past!

never see death," and similar promises. This means that suffering and death will be removed from our individual experience when we have developed spiritually to the degree that such negations do not enter our consciousness.

This is difficult to achieve when there is such suffering about us, but again it is our privilege to give our experience its spiritual significance. We can try to understand what death and suffering are. We can learn to find the beautiful spiritual causes behind apparent ugliness, and learn to see correctly with spiritual vision. This is not easy at first, but we can do it by turning the light of divine understanding upon every situation. We must learn to see, learn to like and to look for the beautiful everywhere. If there are two choices, and even if the evil presents itself as colorful, human, and interesting, try to find the lovely and the lasting. It is a question of adjusting the mental vision, just as an artist must adjust his eye to the more subtle points of line and color. We find that we have finer sensibilities, that when we do not see evil, and reject it—for evil is only negation of perception from our individual viewpoint—we can adjust ourselves and our mental vision

to new beauties everywhere, even in the direst circumstances, even in the vilest slums.

Some of the greatest paintings and the most beautiful literature have been produced under the most squalid circumstances. A recent English novelist Elizabeth Myers, in her novel "A World Full of Leaves" has found great beauty in the most unexpected and superficially ugly places. Our seeing of good or evil originates in our own mind and sympathies! We can decide what we shall see in our daily experience.

Now for the third little monkey. It is a very human and a very unworthy characteristic immediately to pass on the morsels of delectable gossip the minute we get them. It is an instinct to make ourselves interesting and important; it is a defense mechanism that we use to help us overcome our own inadequacy.

Study any group of inveterate gossips that you know—every town or village has them and wishes to run from their scorpion tongues—and you will find that the worst gossips are the most audible since they wish to be heard and to be the center of their own pathetic group.

It is very little to ask that in accordance with the sincere and real kindness of our own heart we should remain in silent prayer when something reaches our ears that would make a good story. It is a real solution, for it takes self-discipline to force ourselves to remain silent when a juicy bit of information reaches us, and not let it go any farther. It makes our face red when we look back and think how many times we have spoken out of turn and passed something on that we should have been wise enough to keep to ourselves.

Often we repeat it out of a kind of "social nervousness." We do not know quite what to contribute to the occasion, and so we repeat what we have heard. We do not mean to be unkind. We are merely thoughtless. It is not always easy to say something kind about someone whom we may find definitely repellent. But it is at that very point that the second little monkey helps the third little monkey. It is no wonder that they sit side by side! For it is at the very moment when we are undecided whether to repeat what we have heard that we must use our "spiritual vision" and place a "spiritual interpretation" on the matter and say something constructive and good.

He Refreshed Me

By Grace Gordon

WE KNOW little about him, for his name, long and hard to pronounce, is mentioned just once in the Bible. Paul, writing to his beloved Timothy from his Roman prison, refers gratefully to one Onesiphorus who "refreshed me." That is all, just this faithful friend who visited him in prison, and whose visit "refreshed"! Blessed are those humble and cheery souls today who as they go on their way bring refreshment to others!

Kathleen Collins is that kind of soul. For instance, she stopped at Mrs. Dayton's the other afternoon, and found her busy ironing a frilly blouse, for she does fine laundering for a number of customers. Kathleen brought a few bright crimson roses.

"My bush has just begun to bloom," she said, "so I wanted you to have these. But what I stopped for especially," she went on, taking a glass from the shelf and arranging the roses in it, "was to tell you how well I thought your Mildred played at the high-school entertainment last evening. That Debussy thing isn't easy; it's quite tricky in fact! She played it beautifully, and a number of the folks near me commented on it. She has talent."

Mrs. Dayton's tired face glowed. "You think so? I'm glad. I was afraid I wouldn't get her dress done in time."

"Did you make that lovely dress she wore? You're clever! It was very becoming!" Then after a brief chat Kathleen was on her way, leaving a "refreshed" mother. The piano lessons were paid for by the fine laundering.

Mrs. Leslie is another "refresher." Jack was to have part in a school playlet and had forgotten to bring his book home, so she stopped at the school for it. Miss Carlson, his teacher, was working over papers, and found the needed book for her.

"Jack wants to memorize his lines this evening," explained the mother, "and I thought I'd help him. He certainly likes you, Miss Carlson," she went on, slipping the book into her bag. "He says 'Miss Carlson is a good egg,' which is a boy's way of complimenting you."

The "good egg" smiled gratefully. "I'm happy to hear it. You don't know how a thing like that cheers me."

"Well," said the mother, "you've done a lot for Jack and his father, and I appreciate it." Then she left, and the teacher picked up her blue pencil, and started work again on the arithmetic papers, refreshed by the praise.

Paul Erickson stopped in the office of his friend Scott Baring, for their offices were in the same building.

"How about coming out to lunch with me, Scott?" he asked. "There goes the noon whistle."

Scott looked up from a mass of papers with a troubled frown.

"Can't, old man! I've got a problem here that has me worried, and I can't seem to straighten it out. Couldn't eat a bite."

"See here, Scott," said the other earnestly. "Why don't you get good advice about it? 'And his name shall be called Wonderful, Counsellor,'" he quoted. "Leave out the comma and I think it makes the verse stronger. We may not always think of our Saviour as a wonderful counselor, but He will be if we let Him."

The other looked up surprised. "Why, it would seem queer to me, to pray about a shipment of refrigeration material."

"Why?" returned his friend positively. "Haven't you read in your Bible how the disciples, after the Resurrection, went fishing one night on the Sea of Galilee. They worked all night long casting their heavy net, and didn't catch a thing. Then in the morning, when they were tired and chilled and discouraged, they saw the Master on

the shore. And He gave them wise counsel about a simple thing like fishing! They cast the net as He directed, and met with great success. Not a spiritual matter, but a simple question of everyday work. Now you put those papers away, have a good lunch with me, and when you come back tell your secretary you don't want to be disturbed for a while. Then take it up with your 'Wonderful Counsellor.'"

That evening Scott was talking it over with his wife. "Erickson just put the heart into me," he told her, "when he suggested I ask the Lord to direct me about that shipping problem. I quit worrying, and felt rested and refreshed. It all smoothed out, and I know I found the right solution!" Another refresher, like good Onesiphorus!

"I heard something real nice about you." When the something nice is repeated, how it will hearten and refresh! Are you afraid it will make a person vain to have you repeat a deserved compliment? I doubt it, but if so, the percentage is very, very small compared with those who will be encouraged and helped on their way.

So let us remember Onesiphorus in the early days of the church. Down the long, long years there has come only one fact about him, but it is a beautiful one. He refreshed!

The Purpose of Unity

The purpose of Unity School is not to found another sect, but to show all to found another sect, but to show all men their common aim and their common brotherhood; not to separate them or to emphasize their differences, but to bind them together more closely. Through helping churchgoers to apply to their daily living the principles taught by Jesus Christ, Unity makes any church affiliation even more practical.

Unity School spreads its teachings largely by means of its literature, which interprets the Scripture metaphorically and explains the action of the mind—the connecting link between God and man. How the mind affects the body, producing discord or harmony, sickness, or health, here and now, is made clear in the Unity publications.

Unity centers and study classes are places of religious research for all people, regardless of creed; and places where helpful instruction in Christian living may be received.

Do you ever realize that the ancient wise men were called such for the simple reason that they were able to place a God interpretation upon matters presented to them for adjustment? We too can become wise men, if we will let God think through us and for us about every matter that presents itself to our eyes and ears, before we let ourselves pass it on to the world for public consumption. It is a great responsibility, and an individual one; and if the world is to be a better place to live in, if our own personal environment is to be happier for all those we love, it is certainly worth assuming.

Things to Be Remembered

By Lowell Fillmore

+ Rejoice and Relax

REMEMBER that God has given you certain spiritual abilities, which you are to use to make your association with other persons rich and harmonious. One of these, which I feel is seldom fully appreciated, is the ability to express joy.

Joy comes out from within you, where it was placed by your Father-God. Many are hunting for joy in outer events, but they are disappointed. Laughing and joking are not necessarily proof that a person feels joyful. It is possible to feel true joy without even smiling.

The spirit of joy is a source of strength to those who find it in the spirit of Christ within themselves. Jesus Christ proclaimed that He came to bring us His joy so that our joy might be full. Those who express the joy that springs from the depths of their Christ self are always attractive and charming no matter how commonplace their outer appearance may be. The spirit of joy shines through their faces and makes them beautiful.

When you find the well-spring of joy in yourself and let it flow perennially through your life, your way will become smooth and you will draw many friends and much good to you.

The joy of Spirit is undefeatable, and it helps you to rise above the personal problems that are continually presenting themselves to everyone every day. Those who keep the real spirit of joy alive do not let unpleasant happenings get under their skin. They are able to give thanks even when an unpleasant experience comes to them. As a result of joy they are able to relax and to obtain a good, clear, impersonal view of their problem. These persons will also maintain a hopeful spirit, which will enable them to find a new and better way to deal with the situation confronting them.

There may be something disconcerting in a situation that at first makes it seem to be entirely bad, but when it is approached in a fearless, joyous manner it will lead to something better. When we meet the world with a spirit of Christian joy we need have no fear, for if one door is shut in our face another door will open, revealing new and better things.

If we have a spirit of sadness or discouragement we shall not be able to recognize the new door when it opens. But when we relax, realizing that we are living in a good universe created by our loving Father-God, we shall be able to discover good in every experience, and we shall be able to prove that the thing we called bad was good in essence if for no other reason than that it compelled us to turn out of an old rut and enter on a new line of thinking, which will produce better results for us.

I have observed that many knotty problems, when they are blessed in the spirit of joy, change from a rod into a growing plant that bears flowers. A joyful, thankful attitude works wonders for those who cultivate it. If we continually give thanks to God because we appreciate His loving-kindness in bestowing so many blessings upon us, we shall become attuned to the frequency upon which blessings ride, and we shall find that they fill our life.

When you are tense you cannot do your best nor can you think clearly enough to see through your problem. After a difficulty has passed and you are far enough away from it so that you are no longer tense when you think of it, you will be able to see where you made a mistake in handling it when it seemed so real to you. If you will relax when a difficulty arises and will place the whole matter in God's hands, you will see the right solution, which will prove to be easy and pleasant. A little problem comes along today, but it soon passes away. Why should we let it tie us in a knot? Why not relax and let it go?

There is a tendency to harmony always trying to prevail in our life, and

it is always sweet and beautiful, but many of us have turned away from it and sought our good in the land of discord. If we will attune ourselves to the joy of the Lord that is within us and relax, we shall be able to find this harmony which is worth more than worldly riches and power. You are familiar with the saying:

"Laugh, and the world laughs with you;

Weep, and you weep alone."

This contains a good suggestion for those who want to attract friends. People need joy, and when you are truly joyous you will draw friends and blessings to you. Laughter does not always indicate joy, but it is one of the expressions of joy.

Therefore let us relax and rejoice, and we shall live upon the abundance provided by our heavenly Father for those who abide in His joy. When you have His joy you will have this substance out of which all the houses and lands necessary to your welfare are made manifest.

Suggestions for Daily Meditation

(Beginning Sunday, July 28)

Sunday. *The joy of the Lord makes my way smooth and easy.*

Monday. *My joy is made full by the love of Christ within me.*

Tuesday. *I am charming when the Lord's joy shine out through me.*

Wednesday. *No worldly incident can cause me to be unhappy, because I am entrenched in the joy of Jesus Christ.*

Thursday. *The joy of the Spirit is the key that opens the door to abundance of good.*

Friday. *I give joyful thanks continually to God, because He is pouring out His manifold blessings upon me.*

Saturday. *I relax and enjoy the blessings that my heavenly Father has prepared for me to use every day.*

Speak Now

Do not keep the alabaster boxes of your love and tenderness sealed up until your friends are dead. Fill your lives with sweetness. Speak approving cheering words while their ears can hear them and while their hearts can be thrilled by them.—Henry Beecher.

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Unity periodicals may be obtained from Unity School and from Unity centers.

THE SOCIETY OF SILENT UNITY

THE HEALING DEPARTMENT OF UNITY SCHOOL

A Message to You: The Voice of Jesus

Dear Friend:

Have you ever thought about the voice of Jesus, how it carried across the water, how it must have reached to the far edge of the multitudes? What was there in the voice of Jesus that drew little children to Him, that waked one little girl out of the sleep of death, brought Lazarus forth from the tomb, and held the Pharisees speechless before Him?

Once you learn to listen to the voices of people about you and to interpret rightly the many voices you hear life will be full of new interest for you.

Jesus heard much in the voice of those who spoke to Him. Just one word, and He could tell whether the speaker was discouraged, fearful, or full of doubt. He knew the whining voice of the beggar, the wheedling voice of the street vender, the timid voice of the fearful one, the harsh, hard voice of the slave driver, the trembling voice of the defeated.

Even as the eyes have been called the windows of the soul so the voice might almost be called the sounding board of the soul, for every soul quality may be heard in the voice when ears are trained to listen.

Two ministers might use the self-same text and preach identical sermons. Before one you might sit bored and unresponsive, attentive only to the ticking of your watch as it checked off the dragging minutes. Before the other you might rise to new heights of aspiration and spiritual understanding. You might leave the presence of one speaker thinking, "That is all I ever want to hear of that," and of the other speaker you might think: "That fellow really gave me something to go on. He spoke right from his heart. I will come back and hear him as often as I can."

The voice of one man was as flat and feelingless as the notes that lay before him, the voice of the other was fired by the faith and enthusiasm of his very soul. Which voice would you prefer to listen to, and why? Which

one would you want your own voice to be like?

When you were a child and you were not feeling very good for one reason or another did you ever cuddle close up to your mother with your head against her breast, or sit on your father's knee with your ear pressed

Daily at 11 a. m. join us in this thought for spiritual illumination:

I hear the voice of God saying, "Let there be light," and I understand.

At high noon each day concentrate your attention on this thought for prosperity:

The promise "Whatsoever ye shall ask in my name, that will I do," is now fulfilled in my abundance.

At nine each night let us acknowledge the healing power of Spirit with this prayer:

I hear the voice of Jesus saying, "Thy faith hath made thee whole," and I am healed.

against his chest and just let the murmur of a comforting voice soothe your entire being? All feeling of misunderstanding, or hurt, or anger, or pain melted and passed away in the comforting current of sound as Mother sang a bit of an old lullaby, or Father talked things over with you in a deep, low voice that finally took up a few measures of a favorite hymn.

What is in a voice that soothes and comforts? What is in a voice that strengthens and heals? What is in a voice that gives courage and purpose? What is in a voice that spurs you on to new endeavor, to prosperity and success?

Your voice is one of the talents God has given to you. It is not exactly like any other person's voice, for it is meant to express your own God-given soul qualities of faith and love and harmony. You may never have sung a tune in your life. You may feel that

you cannot sing, yet the very harmony of Truth has been given you to voice. That harmony can and will sound through every word you speak as you let your soul give voice to the Truth you know. As you call to your children love will sound through your voice. As you speak to a discouraged neighbor faith will sound clear and strong through your voice and he will be quickened because Christ will speak through you.

The very elements were controlled by the voice of Jesus. You may wish, as many another person has done, that you might have heard the voice of Jesus, that you might have been one of those who listened to the Sermon on the Mount. You may wish that you might hear Him tell you to arise and be made whole.

Beloved, you can do something far more satisfying than wishing. Faith that is quickened to wishing that it might have heard the voice of Jesus, can readily take one step more, for this very moment from within your heart Jesus Christ is saying, "Thy faith hath made thee whole."

The love that wishes and longs for healing is made active in the faith of Christ that heals you now.

You hear the voice of Jesus saying, "Thy faith hath made thee whole," and you are healed.

What a difference there must have been in the sound of the voice of Peter when he said to the cripple at the gate Beautiful of the Temple, "In the name of Jesus Christ of Nazareth, walk," and when he said to the woman on the eve of the crucifixion of Jesus, "Woman, I know him not." The same voice that denied the Saviour for the sake of self-preservation spoke with the power of divine healing in His name.

Your voice can spread the healing power of Jesus Christ also, and we will be with you in His name as you declare for others:

You hear the voice of Jesus saying, "Thy faith hath made thee whole," and you are healed.

So let it be.

Your friends in
Silent Unity.

If you are in need of spiritual help, Silent Unity will be glad to pray with you for the right adjustment of your problem. Write, giving your full name and address, to

SOCIETY OF SILENT UNITY
917 Tracy, Kansas City 6, Mo.

Someone Prayed

Of One Mind

Dear Silent Unity: It was in March, 1944, when we realized we needed a church house in our community in which any of God's children might worship Him according to the dictates of their own conscience, regardless of church denomination.

We were not able of our own possessions to build a church house, nor did we even have a site on which to build it. There was no established church in the community; but each family had a choice of some denomination. At that time, on Thursday or Friday night each week, we met at the schoolhouse for prayer meeting, and on Sunday we had Sunday school. But this was not quite satisfactory since the school seats were not suitable for grownups, and besides our meetings were more or less a hindrance to the activities of the school.

At that time about five families were WEEKLY UNITY readers, so we decided to come together to study WEEKLY UNITY at one of the homes each Sunday afternoon. As extra reading we purchased one dozen of the little greeting booklets, one of which was *The Mental Equivalent*, by Emmet Fox.

One afternoon two of us, my brother and I, were discussing prayer demonstrations. He had read *The Mental Equivalent*, so he said: "The Lord will give us anything we pray for if we fulfill all righteousness; that is, to love the Lord God with all our heart, soul, mind, and strength, and our neighbor as ourselves. Then ask Him once, and then each time we think of the thing we need just thank Him for it."

I said, "All right, let's try that with the prayer for a new church house." So on Friday night at prayer meeting I suggested we build a church house. The group of people there thought it a good idea and were willing, but where were we to get material and a site? We were reminded that "all things whatsoever the Father hath" are ours and will be available when we do our part. The financial side was started with a donation of fifty cents! Yet in a few days we received a cash donation of five dollars and so the cash came from far and near.

One family donated an ideal site on a good road. Others donated timber, many gave labor, until the building was usable. Then came a gasoline lamp, seats, a stove, and many other gifts, until now we have a nice frame building, ceiled overhead, walls, and flooring of beautifully matched dressed-pine lumber, which was donated partly by the Forest Service and the remainder by individuals in the vicinity. The walls outside are covered with brick-pattern composition siding and the gables and roof with composition roofing shingles. It is beautiful! God's house built by "good will." Thank the Lord!

Many times in connection with the work and purchase of material we had to use much patience, and many times our hearts

were grieved; but when we thanked the Lord, the clouds of doubt and despair would pass from view and our hearts were light again.

We are very happy on prayer-meeting nights when our house is filled with people. Some come as far as thirty miles to worship with us.

We call our church the "Union Church," because we united to build it and so many different denominations come. Quite often there will be six or more different denominations represented in one meeting by preachers. We sing and pray and read the Bible in unity of spirit. Praise God!—Mrs. E. J. P.

Pray in Faith, Believing

Letter to Silent Unity dated September 8, 1945:

Dear Silent Unity: You have given me much help before, so I am asking you for another little "boost." It seems that my baby girl of five and a half months has had a weakness of the tear duct in her right eye, and it has not been cleared up yet by the doctor. Although I have tried hard to keep the right thoughts about her, I feel the need of a little help, as my three children keep me busy every minute of the day, and it seems as though there is not enough time to devote to working on regular prayer treatments for my baby. Otherwise she is mighty healthy and sweet. Being a Truth baby she would be! God bless you.—E. J. L.

Letter to Silent Unity dated November 15, 1945:

Dear Friends: Some weeks ago I wrote and asked for your prayers for my baby girl's right eye. It is perfectly normal now, thanks to the divine healer who works through you. The morning your letter arrived I had a strong feeling that it was in the mailbox before I found it and that all was well. From that morning on her eye showed marked improvement, and within a week's time it functioned perfectly and still does. The doctor had not given me any encouragement about the seemingly imperfect condition. Once again I was brought before

my divine Healer. Please accept the inclosed love offering.—E. J. L.

Living in the Good

Dear Unity: I feel I must write to thank you for your help, your prayers, and your letters. I have been greatly blessed lately.

My problems have been literally disappearing under my eyes. Day by day my good seems to be pouring in in ever larger amounts.

It was a real effort not very long ago to find my good. Now I feel as if I were truly living in it. Today especially I have noticed a tremendous increase. After a seeming fight with a household problem, a long and weary one, I broke down and went to rest. In my prayer period I suddenly felt: "I don't care any more about these seeming problems. I have so much to do that is good and enjoyable that I can lose myself in it." I arose very much refreshed and for the remainder of the day lived in harmony with the children and all those that live with us. I accomplished much and still felt rested. "I don't care for all my so-called problems" is a magic formula for me. I know now my good is always with me.

Thank you, and God bless you and your work.—Mrs. J. G. W.

According to the Law

Dear Unity: I was raising baby chicks with electric brooders, and one day one of the brooders quit operating. I had five hundred little three-day-old chicks in it, so I had to rush to town and to the factory where the brooders were made to ask them to repair it. It was noon, and I approached two men and told them my trouble, saying that if they could not send a man out, I would appreciate it very much if they could give me some idea of what might be wrong. Another man was approaching. One of the men turned to him and said, "There is the boss now," and they related my troubles to him. He finally agreed to come out to my place, a distance of twelve miles, after five o'clock and fix it before midnight when it would be so necessary. I went home praying silently that the Father would take care of this situation in the right way for me. I was also afraid he might charge me a high price, and I did not have any too much money.

At about five-thirty the owner of the factory came out, and in a few minutes adjusted the electrical device, and it worked perfectly. Walking down the hill with him, I expressed my thanks and appreciation for what he had done, adding that I knew it was no small matter for him to come twenty-four miles to do the job, and I would pay him for his trouble. I can see him now as he bowed his head and seemed to forget I was there. He said, "There is a law of compensation, which, when acknowledged, works far better than any money can."

I often think that if people just knew this they could help their fellow men and live in security now, during these troublous times.—E. L.

Unity Sunday School Leaflet

The UNITY SUNDAY SCHOOL LEAFLET gives you the International Bible lesson for each Sunday, together with simple explanations of the lesson, suggestions for teaching, and the metaphysical interpretation of Bible passages.

The UNITY SUNDAY SCHOOL LEAFLET greatly simplifies Sunday school teaching; it may be used by any Christian denomination and is a valuable help in giving children Bible lessons.

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UNITY SCHOOL OF CHRISTIANITY
917 TRACY, KANSAS CITY 6, MO.

Responsive Service

Sunday, July 28, 1946

Unity Subject—*Attributes of Spiritual Power*

INTERNATIONAL SUBJECT—*The Supremacy of Spiritual Values*.—Exod. 20:7; Lev. 19:12; Matt. 5:33-37; Mark 7:5-8; 8:34-36

Unless otherwise specified, the Bible text used in this lesson is taken from the American Standard Version of the Bible, copyright, 1929, by the International Council of Religious Education, and is used by permission.

7. Thou shalt not take the name of Jehovah thy God in vain; for Jehovah will not hold him guiltless that taketh his name in vain.

12. And ye shall not swear by my name falsely, and profane the name of thy God: I am Jehovah.

33. Again, ye have heard that it was said to them of old time, Thou shalt not forswear thyself, but shalt perform unto the Lord thine oaths:

34. But I say unto you, Swear not at all; neither by the heaven, for it is the throne of God;

35. Nor by the earth, for it is the footstool of his feet; nor by Jerusalem, for it is the city of the great King.

36. Neither shalt thou swear by thy head, for thou canst not make one hair white or black.

37. But let your speech be, Yea, yea; Nay, nay: and whatsoever is more than these is of the evil one.

5. And the Pharisees and the scribes ask him, Why walk not thy disciples according to the tradition of the elders, but eat their bread with defiled hands?

6. And he said unto them, Well did Isaiah prophesy of you hypocrites, as it is written,

This people honoreth me with their lips, But their heart is far from me.

7. But in vain do they worship me, Teaching as their doctrines the precepts of men.

8. Ye leave the commandment of God, and hold fast the tradition of men.

34. And he called unto him the multitude with his disciples, and said unto them, If any man would come after me, let him deny himself, and take up his cross, and follow me.

35. For whosoever would save his life shall lose it; and whosoever shall lose his life for my sake and the gospel's shall save it.

36. For what doth it profit a man, to gain the whole world, and forfeit his life?

Lesson Interpretation

How does a person take the name of Jehovah in vain?

By using it profanely to give emphasis to his words and also, more importantly, by using wrongly the I AM or divine principle within him. Each time a person, using the words "I am," identifies himself with sickness, lack, or any other negative condition he takes the name of Jehovah in vain.

Is the I AM a means to the realization of spiritual power?

It is when we identify ourselves only with what is constructive and upbuilding instead of negative. To use the I AM constructively at all times requires strength of purpose, faith, and loyalty of a high order.

Why is swearing forbidden?

Because violent speech gives false weight to words and is harmful to the thought and character of the speaker. It is altogether profitless and reveals lack of reverence as well as of understanding.

What speech is proper and right?

Simple affirmatives and denials. "Yes" and "no" are clear and unmistakable, conveying neither overstatement nor understatement.

What immediate reward do we gain by the right use of words?

The delight of working with the divine law instead of counter to it. The

adequate expression of our real thoughts is no small joy.

Is the following of tradition a trustworthy standard?

It is untrustworthy because tradition is always at second hand instead of being a direct revelation of Truth by intuitive perception.

What does following the Christ mean?

It means denying the lower self, shouldering whatever handicap we may have, and living according to our best understanding of the truth of God.

How does anyone save his life and yet lose it?

By selfishly taking to himself all the good that he can command and turning a deaf ear to his brother's need he loses the larger life of service to others, with its attendant joy and satisfaction.

How do we "forfeit" our "life" when we "gain the whole world"?

Our life on earth is a God-given opportunity to grow in spiritual stature and in the consciousness of things eternal. We gain nothing of lasting value and waste our divine opportunity ("forfeit" our "life") when we devote our energies to gaining material advancement or acquiring material possessions.

To Be Held in the Silence

The Spirit of truth within me leads me unerringly in the way of life.

(The lesson for next Sunday is from Exod. 20:8; Mark 2:23-28; Matt. 12:9-13.)

Ideals

As you think, you travel; and as you love, you attract. You are today where your thoughts have brought you; you will be tomorrow where your thoughts take you. You cannot escape the result of your thoughts, but you can endure and learn, can accept and be glad. You will realize the vision (not the idle wish) of your heart, be it base or beautiful, or a mixture of both, for you will always gravitate toward that which you, secretly, most love. In your hands will be placed the exact results of your thoughts; you will receive that which you earn, no more, no less. Whatever your present environment may be, you will fall, remain, or rise with your thoughts, your wisdom, desire, as great as your dominant aspiration.—James Allen.

UNITY BOOKS ON HEALING

Any of the books listed below can guide you in your effort to find health by calling forth the healing power of Spirit within you.

Jesus Christ Heals brings you Charles Fillmore's teaching on the subject of spiritual healing. Mr. Fillmore declares that Jesus Christ heals today, here and now, if you will but put your faith in His healing power.

You Can Be Healed, by Clara Palmer, points out that any health problem will yield to the power of God when you use the divine principles of health outlined and explained in *You Can Be Healed*.

Truth Ideas of an M. D., written by a physician, Dr. C. O. Southard, who states that the physician of today relies on the healing power inherent in all living things when he strives to aid humanity.

These books are priced at \$1 each.

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The High Watch

The Efficacy of Faith

The efficacy of a prayer is limited only by the amount of faith that is put behind it. To those whose faith in God is strong truly nothing is impossible.

The London (Canada) Free Press conducts Mary Hastings' daily column for housewives, and recently published in the column under the title "The Miracle of a Housewife's Prayers" the account of a woman who told of her healing of cancer. We reprint the newspaper account in the hope that it will encourage those who read it to have increased faith in the all-accomplishing power of God.

During the past few years, many persons began to doubt the efficacy of faith and the power of prayer, as they saw in a world of stark realism brutality, greed and hate take precedence over finer instincts. Now we want to tell a little story which should lift that doubt from burdened hearts.

A short time ago a letter from one of our members appeared in our column. The member's penname was Mommie Dear, and she was frightened and in need of help—spiritual and physical. She wrote her letter to us just after her doctor had confirmed her fears—she had the dread disease cancer. In her distress she turned to our column, firm in her belief that the prayers of such a group of good women, especially the mothers of little children, would give her strength and perhaps aid in her recovery. And she was not disappointed.

Her plea met with instant sympathetic response. Letters poured in for her, containing encouragement and promises that she would be remembered in the prayers of understanding women, Mary Hastings humbly prayed too. And, oh! the joyful result.

Never have we published a letter with more wholehearted pleasure and thankfulness than the one which we feature today.

In a world seeking light in darkness, it reminds readers that the Bible says: "The effectual fervent prayer of a righteous man availeth much." And: "Faith is the substance of things hoped for, the evidence of things not seen."

Comforting, beautiful words which our helpful, kindly members have exemplified.

Under the circumstances we feel that the letter deserves special attention.

Dear Mary and Housewives: Four weeks ago I asked the members to pray for me to be cured of cancer. I want to thank everyone. Our prayers were answered.

On Friday the doctor told me to see a specialist as he could do nothing for me. I was terribly upset.

Saturday, while preparing supper, my attention was drawn to the sky... the coloring and formation was truly beautiful. In the clear space was a small cloud in the size and form of a dove. I felt it was a sign of peace. Shortly after a heavy weight lifted from me, and fear and trembling stopped. I felt like singing.

That night I went to see our parish priest and asked him to pray for me. I will never forget his words.

Sunday our three children and myself received and offered our communion for a cure. We returned home after mass. Asked to show the growth, we were amazed how the swelling and inflammation had gone down, also the pain had lessened.

On Monday the specialist said there was no cancer! After some surgery he could not find the stone he was looking for, then not during the second treatment.

Today, after mass, I went to see the priest again and I showed him inside my mouth. Only a very small scar is there. He had tears in his eyes, and was as happy as I am.

Please say another prayer for thanksgiving.

Sincerely,
Mommie Dear

"In all thy ways acknowledge him, and he will direct thy paths"—to Plenty!

You can find in the Bible many recipes for the abundant, joyous living that God wants you to experience! But "In all thy ways acknowledge him, and he will direct thy paths" is especially clear and definite.

Your part is to acknowledge God, if you are seeking His good in your life. By acknowledging God you accept His wisdom, guidance, protection, and supply, and you feel His presence at all times. Then God can do His part, which is to "direct thy paths." He will direct you into paths of plenty, because

He has inexhaustible good to pour into your life and affairs.

You can have a definite plan of acknowledging God if you use the Unity Prosperity Bank drill, a plan proved effective many times over by countless Unity students who have found the good they desired when they acknowledged God according to the Truth affirmations accompanying the Bank. Why not use the coupon below to send for a Bank and begin to acknowledge God, your good, the Unity Prosperity Bank way?

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Please send me a Prosperity Bank and ask Silent Unity to pray with me for my success. I will use the drill seven weeks and save \$3 for the three *Weekly Unity* subscriptions (one year each) here listed, the subscriptions to begin at once.



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The Power of Emotion

That the emotions may, when negative or adverse, interfere seriously with the digestive processes has long been accepted. That they may also affect so dense a medium as the teeth is a recent discovery. The following International News Service item from San Francisco to the Kansas City Star brings home to us the realization that our feelings play an important part in the entire bodily economy and should therefore be kept wholly normal. We quote:

Nagging wives and alcoholic husbands were blamed today for dental disorders.

Dr. Frederick Niemand, San Francisco physician, told closing session of the California State Dental Association convention that such emotional disturbances as caused by disagreeable spouses can lead to bad breath, inflammation of the gums and dental troubles.

He suggested the dentists recognize emotional upsets as the cause of some dental disorders and "treat the whole person."

Whoever acquires knowledge but does not practice it is as one who plows but does not sow.—*Chinese Proverb*

Saying.