

WEEKLY UNITY

"Ye shall know the truth, and the truth shall make you free"

VOL. XXXVIII No. 12

KANSAS CITY, MO., SUNDAY, JULY 7, 1946

5 CENTS A COPY

WHILE I was a staff writer in a motion-picture studio, I met a brilliant author who was also a charming, courteous gentleman. We worked together on several stories, and became good friends.

One afternoon, a third writer in the studio invited the staff to her house for tea. Cocktails were served instead of tea, and soon the party became boisterous and noisy. As a nondrinker, I was bored and somewhat disgusted by the antics of my usually serious col-

leagues, and I looked around for my friend to take me home. I found him—at the bar. Under the influence of alcohol, he was an entirely different person, rude instead of courteous, vulgar instead of charming.

I found out later that he had "sworn off and been on the wagon" during the time I had known him. After the party, I was warned that once he started drinking, he would be unreliable. For a few days he made a sincere effort to concentrate on the story we were

At this time I had not yet begun the study of Truth and had no idea of how to help him. My repeated attempts to reason with him, to point out how drink was wrecking his life and work, had no effect.

After the final break with pictures he was smart enough to realize that something drastic had to be done. In talking over the situation with me, he said hopelessly: "I honestly try to break the drink habit, but it's no use. In every generation of my family there has been one drunkard, and I'm it for this generation."

That gave me a clue. Without knowledge of spiritual healing I could only think of psychology. I realized that the trouble was mental and recommended his consulting a psychologist or a psychoanalyst. He went to a well-known psychoanalyst. The result seemed to justify my faith. "I'm on the wagon," my friend said. "I know now that my trouble was in believing that I was foreordained to drink because of my family history. That's a lot of apple sauce. If you have will power, you can throw false ideas out of your mind; and once out of your mind, the rest is easy."

His "cure" lasted six months.

I know now what I did not know then, that the use of personal will power alone is not enough; that it will not eradicate a negative habit permanently unless a positive force is substituted in its place.

My friend sincerely wanted to break himself of the drink habit and get back his position as a writer. He tried spiritualism, and he took several of the so-called "physical cures," but nothing lasted more than a month or two. Each experiment gave him new hope, and a new depth of depression when it proved worthless. Meanwhile he was going downhill physically, mentally, and professionally.

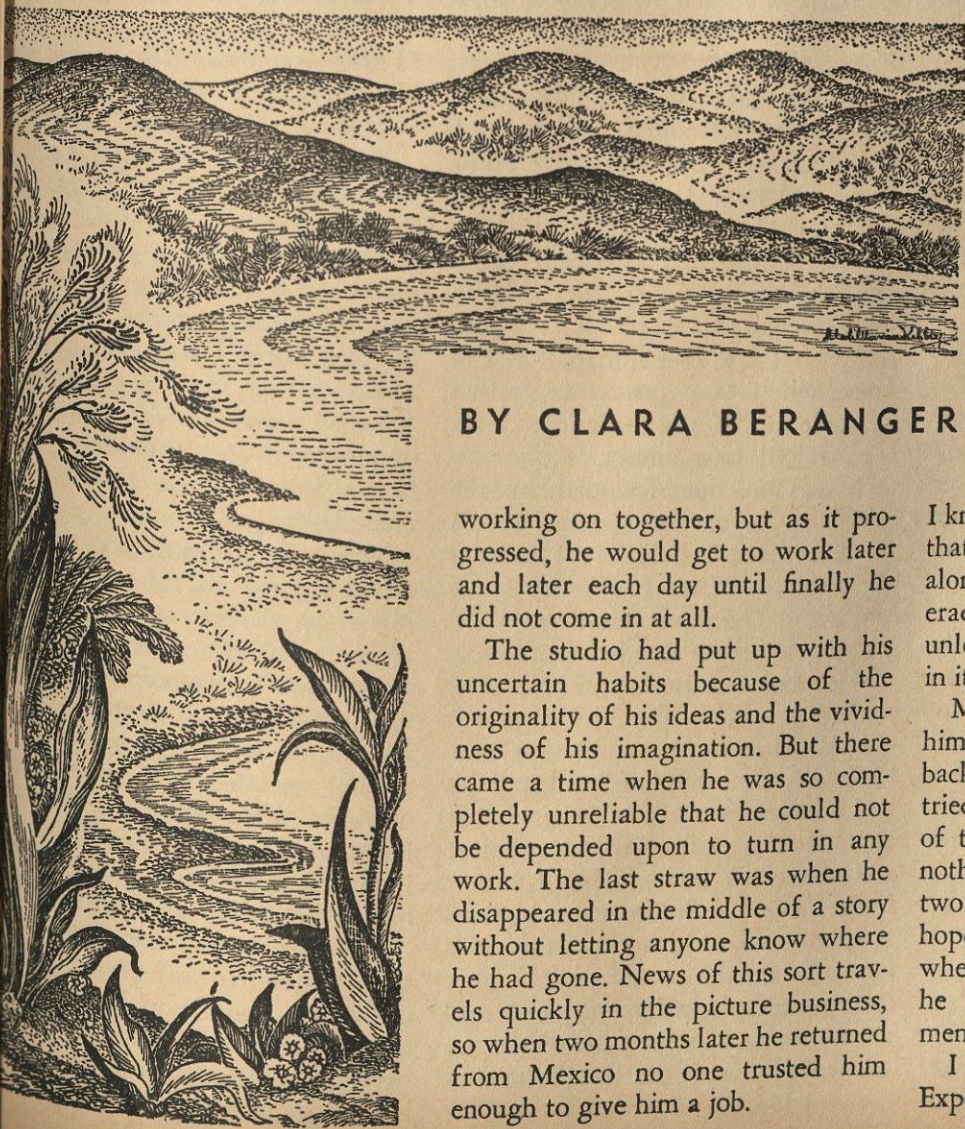
I had to leave for the East just then. Expecting to be gone three months,

BY CLARA BERANGER

working on together, but as it progressed, he would get to work later and later each day until finally he did not come in at all.

The studio had put up with his uncertain habits because of the originality of his ideas and the vividness of his imagination. But there came a time when he was so completely unreliable that he could not be depended upon to turn in any work. The last straw was when he disappeared in the middle of a story without letting anyone know where he had gone. News of this sort travels quickly in the picture business, so when two months later he returned from Mexico no one trusted him enough to give him a job.

A Modern Miracle



I stayed four years. During this time I had a serious problem of my own that seemed impossible of solution. I was fortunate enough to meet a woman who introduced me to the Unity teachings, and I learned from her how to work and pray spiritually. My first demonstration of the power of God came in the form of a revelation showing how to solve my problem.

Like all beginners, I was eager to help others, and I wished I could pass on to my friend the Truth that I was so earnestly studying. Although he had written, "I am on the wagon and have not touched a drop for months," I did not believe him, because he had said the same thing so often when it was not true. I wanted to write him that God was the only power that could really cure him, but as I expected to go home shortly, I decided that personal talks would be more convincing than letters.

He came to see me almost immediately after my return to the West Coast. His eyes were bright and alert, his step was firm, his whole manner self-confident and assured. "I have my old job back with the Blank Studio," he told me. "I had a hard time convincing them that I had stopped drinking for good. I even offered to work for nothing until I could prove I was permanently cured."

He turned and looked me straight in the eye. "I am cured, Clara. I'll never touch another drop as long as I live."

I asked what had happened; and the story I shall give you is exactly as he told it to me.

"I was brought up by a stern, bigoted father," he said. "He constantly threatened me by saying that God sees everything I do and would punish me if I was bad. To my boyish imagination God became a fearful person whom I first dreaded, then hated."

"About six months ago, a plainly dressed man whom I had never seen before came to my door and walked in. I had been drinking and with my usual drunken profanity I ordered him out. Instead of leaving he walked past me into the room, which was in a state



Summer

By Myrtle Vorst Sheppard

COME, walk the open fields
Before it is too late,
And revel in this season
Born at heaven's gate!
Come, do not hesitate.
This beauty is a fleeting thing;
Daisies will not forever bloom,
Nor birds forever sing.
Summer is such a brief, sweet span;
Drink deeply while you can
Of warmth and growth.
Be loath to accept less
Than your full share
Of this green loveliness.
Come, walk in quiet joy
While skies are sunny over head.
In this rich season
Are the hopes of mankind fed.
In this bright hour,
When bird song floods meadow and hill
And blossoms, cool and still,
Press lovingly the pulsing sod,
Do hearts of men grow closer to their
God!

of disorder and filth. Without a word, he began to straighten things up. I tried again to swear him out. He just turned and looked at me. There was something about his eyes that made me feel humble and ashamed.

"Who are you and what do you want?" I shouted.

"Who I am does not matter. I've come to help you. Just relax in that big chair until I get this place clean. Then we will have dinner."

"I was so dumbfounded by the quiet way he gave me orders that I did what he asked. Before I knew it I was asleep. When I woke up I was cold sober. The room was cleaned and a table was set for two before the fire."

"He made me eat the simple meal he had prepared. Then he began to talk. His story was not unlike my own. He had been a drunkard and nothing had cured him until he learned that God was not a power for punishment and vengeance but a God of beneficence, ever ready to help humans in trouble. He told me that God was the only answer to my trouble, that God promises help for every need and always keeps His promises. Then he asked me to repeat the 91st Psalm with him out loud.

"It had been years since I had thought of that psalm or of any other part of the Bible, but it came back to me. I can't describe the effect of peace that came over me as I said those beautiful words: 'He shall call upon me, and I will answer him; I will be with him in trouble; I will deliver him, and honour him.'"

"We talked far into the night. I knew then for a certainty that God would be the only answer to my trouble."

"Every day for a month, that man came and worked and prayed with me. He taught me that I was a perfect and spiritual child of God, free from false appetites; and that I desired only the good that God has prepared for all of His children. The exact words of my denial were 'I am not in bondage to any physical habit'; and the affirmation was 'The Spirit of God is the only presence and the only power in my life. I am free, as Spirit is free.' Suddenly, as though it had never existed, my thirst for drink was gone. I have never even wanted a drink since then."

"Who was the man?" I asked.

"That's the miracle," he answered. "I never found out. When later I asked him again, he said simply that he was a messenger from God."

"I know God sent him to me in my great need. Every day of my life I give thanks to God for him."

This happened ten years ago, and my friend has never touched any kind of alcoholic drink since. His cure by the power of God was a miracle no less awe-inspiring than the miracles of Jesus. Whoever his visitor was, he was unquestionably an embodiment of the Christ Spirit sent to help a human being in distress.

The story comes back to me whenever I see unrestricted social drinking. Many physicians say that a small amount of alcohol does no harm to the system; and a number of ministers of the gospel offer no objections to mild indulgence. But the great danger with alcohol, as also with cigarettes and narcotics of any kind, is that they are habit-forming. One drink offered lightly may start someone on the road to a habit that no human agent can break.

Man is apt to overrate the strength of his personal will power. He will drink and smoke socially "to relax" or take a sleeping powder "to quiet the nerves," confident that he could never become a slave to the habit. Yet acc-

al or narcotics, at first seemingly harmless, may become master of the will and senses, and lead to a bondage that murders the finer sensibilities of the soul.

We all, I think, have known some person addicted mildly to the use of alcohol or narcotics. Perhaps we have heard him say: "I can stop any time I want to, but why should I? Smoking isn't a sin. Neither is drinking. There are plenty of references to wine-drinking in the Bible." True; but there are many more injunctions against drinking of any kind.

There is a direct command from the Lord to Aaron in Leviticus. "Do not drink wine nor strong drink, thou, nor thy sons with thee, when ye go into the tabernacle of the congregation."

Isaiah warns: "They also have erred through wine, and through strong drink are out of the way . . . they err in vision, they stumble in judgment."

In Proverbs we find: "Wine is a mocker, strong drink is raging: and whosoever is deceived thereby is not wise."

Paul preaches against wine in many places. In I Corinthians he says: "For he that eateth and drinketh unworthily, eateth and drinketh damnation to himself, not discerning the Lord's body." And in Ephesians he says: "Be not drunk with wine, wherein is excess; but be filled with the Spirit." In Romans Paul brings out two other sides of the question of drinking. "It is good neither . . . to drink wine, nor any thing whereby thy brother stumbleth, or is offended, or is made weak."

Offering one "harmless little drink" socially may be the cause of making a brother stumble or grow weak, and it is therefore a dangerous thing to do. The other point brought out by Paul is the secret self-condemnation that often afflicts alcoholics or narcotics users. We know the ill effects of holding in consciousness any thoughts of condemnation or shame; and if something we do makes us feel guilty, we must learn to stop doing it. "Hast thou faith? is he that condemneth not himself in that thing which he alloweth."

If we need help to break any habit that we secretly believe is not good, let us start with a denial. "I am not in bondage to any physical appetite." Let us affirm: "The power of God, ever active in me, gives me strength to triumph over all temptation. I am,

therefore I can, therefore I will."

Let us "stand fast therefore in the liberty wherewith Christ hath made us free, and be not entangled again with the yoke of bondage."

Let us constantly express gratitude: "Thanks be unto God, who always leadeth us in triumph."

Let Your Light Shine

By Mary L. Kupferle

AT CHRISTMAS time last year the homes in our little town were festive with decorations. Especially at night the spirit of cheer and friendliness was evident when the Christmas-tree lights shone warmly and beautifully in many windows. What lovely expressions of color and individuality they were! Some were large and twinkled with dozens of lights, others were small and dainty; some were ablaze with myriad colors and others were soft-hued in an aura of blue.

As you passed the homes in the darkness and cold of the winter night, each tree seemed to glow with a happy blessing especially for passers-by, and it seemed to say: "I'm here to shine and sparkle just for you. Am I not beautiful? My owners put me here for you to see and enjoy and to give you a special wish for a merry Christmas. God bless you." So the many windows carried the same friendly greeting until the holidays passed. The lights shone for a special occasion only, beautiful while they lasted but leaving a little emptiness as they were laid away until next year.

Sometimes that is how we handle our own very special "lights" or talents. We bring them out for special occasions for others to glimpse and admire, and then we lay them aside and forget them for a while, whereas we ought to express them continually.

Child of God, your talents, your gifts of friendliness and love, tolerance and patience, cheerfulness and joy are year-round lights! They bless all those to whom you turn; they fill others' lives with warmth and glory and perhaps dispel any little bleakness in their hearts.

Let your light shine. Do not wait for a special day or season. Let your light glow until it becomes a natural and everyday occurrence, as spontaneous as it is God-given. "Every good gift and every perfect gift is from

above, coming down from the Father of lights." Our Father has given us diversified talents, but it is "the same God, who worketh all things in all." Some may become famous in their line, while others quietly glow with simple beauty of expression.

Whether your lights are more colorful than another's or softer-hued, less brilliant, does not matter. Your light will bless and perfect and fulfill with the same magnificence and glory. So let your light shine to protect and heal and benefit not only your loved ones but friends and strangers, all people. Then will the season of love and good will lengthen into continuous months and years as the Spirit of God finds expression through His children, who light the windows of their hearts with universal warmth and cheer, infolding and blessing all mankind for all time.

Cheese and Crackers

By Grace A. Thompson

ONCE I heard a speaker tell the following story. A certain woman had long wanted to take a cruise and had saved her money to that end. Finally the day came when she was able to purchase a ticket for the much-desired voyage.

As she carefully planned for the trip she said to herself, "Of course it would be wonderful to eat in the dining room on the boat. I won't have money enough to eat all meals there, but I can take some cheese and crackers along for the first part of the trip and then I can go to the dining room for the last meal. I'll have money enough for one meal on the boat."

In high spirits the good woman set out for the thrilling experience of her first water trip. At mealtime, after wistfully watching the other passengers file into the dining room, she would go off into some corner and eat her cheese and crackers, trying all the while not to be envious.

Then the last day arrived, and time for the final meal aboard ship. She went in with the other passengers "to eat in style," as she put it.

It was one of life's big moments for her, and she lingered long to enjoy it. When she had at last finished the meal she sat patiently waiting for her check, but when none was presented to her she beckoned the waiter and

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Things to Be Remembered

By Lowell Fillmore

+ Who Made You the Judge?

REMEMBER that one who passes judgment on his fellow men assumes a very grave responsibility, for Jesus has warned us about passing judgment in these ringing words: "Judge not, that ye be not judged. For with what judgment ye judge, ye shall be judged: and with what measure you mete, it shall be measured unto you."

It is easy to pass biased judgment on others when we judge by appearances and do not know all the facts of the case. We ourselves should not like to be judged without having an opportunity first to present our side. Judging by appearances, a squirmy little angleworm that digs in our garden may seem to be destroying our crop; but when we investigate we find that he is really helping us to improve the condition of our soil.

The man who disagrees with us on some matters, and criticizes us, may in fact impart information that we need to consider. We should not be angry with him for frank criticism, but we should thank him down in our heart, if not audibly, and accept his words with open mind, for he might be one of the means chosen by God to improve us. It is not always the words that are pleasant to hear that help us most. When you are criticized use what you find helpful in the words and forget what is not, but do not forget to thank the critic even though he may have hurt your feelings.

When you give thanks it helps you, for thanksgiving opens the way for new good to come to you. A thankful attitude prepares the way for more pleasant relations with other people. Bitter disagreements drive away your good and lessen your opportunity for success. Jesus recommended that we agree with our adversary quickly. But someone may say that Jesus did not agree with Satan, who tempted Him in the wilderness. Jesus did not contend with Satan, but accepted his challenge as an opportunity to develop His spiritual strength. He did not berate Satan's personal character for making tempting suggestions, but He did not accept those suggestions. He

strengthened His power to do good by using it to overcome Satan's evil suggestions. He overcame evil with good.

One of the spiritual principles used by a follower of Jesus Christ to increase his power to do good is this: "With what measure ye mete, it shall be measured unto you." If you want to enjoy peace and justice let your

Suggestions for Daily Meditation

(Beginning Sunday, July 7)

Sunday. *I judge all things by the light of spiritual truth.*

Monday. *All things are working together to promote my good, because I accept my good from everywhere, even from critical remarks about me.*

Tuesday. *I find great joy in finding the roses instead of the thorns in my associates.*

Wednesday. *I find helpful goodness in all experiences, even in adverse criticisms of myself, because they help me to overcome my weaknesses.*

Thursday. *I grow strong in the Truth by daily practicing its principles of love, justice, and good will toward others.*

Friday. *My own good comes to me in harmonious abundance under the divine law of harmony and righteousness.*

Saturday. *No one can take my good away from me for I preserve its essence within me.*

thoughts, words, and actions be peaceful and just. Be courteous and kind. Be slow to judge and criticize people if you want to be free from criticism.

Even Jesus did not accept the challenge to judge men. In the 12th chapter of Luke this incident is related: "And one out of the multitude said unto him, Teacher, bid my brother divide the inheritance with me. But he said unto him, Man, who made me a judge or a divider over you? And he said unto them, Take heed, and keep yourselves from all covetousness: for a man's life consisteth not in the abun-

dance of the things which he possesseth."

Each person must ultimately accept the responsibility of making his own decisions. We must all decide, each one for himself, whether we will follow God or Mammon.

A wise man always asks God to help him with his important decisions. Solomon asked God for wisdom to perform the duties of a king, and when God gave him wisdom He added also riches and honor.

Riches and honor are associates of wisdom, and they are useless when separated from wisdom. Good judgment, which is righteous judgment, is founded upon wisdom and love. In order to make a just decision we must understand all sides of a proposition, and our decision must be tempered by love. It is more important to have love and harmony in your life than certain material things that cause contention. Therefore a decision concerning material possessions should never be allowed to stir up discord. If a person who has to make a decision remembers this he need not be afraid to make a righteous, harmonious choice. What happens inside a man's character is more important than what happens to his worldly goods.

Recently there appeared a short account of a decision made by a judge somewhere in the United States. It was a masterful decision, it seems to me, solving a very ordinary but difficult problem. It seems that two brothers who happened to be Scotsmen, had inherited an estate consisting of various properties, both real and personal. A judge was appointed to see that a fair and honest division of the property was made between the two men. He happened to be a man of unusual practical wisdom, a modern Solomon, it would seem, and this is the way he solved the problem: First, he appointed one of the brothers to divide the property equally into two parts as he thought fair, and the other brother was given the first choice of these. The masterfulness of this decision prevented petty controversy, and compelled the two men to decide upon a division that would be just and fair to both of them. The one who divided the property realized that if he attempted to take advantage of his brother he would harm himself. A just division was his only protection.

Something like this really happens

every time we make a decision involving the property of another. What we plan for others affects our share. If we do not make a fair plan we may eventually have to suffer the consequences of our greed. When we are fair and just to the other fellow we shall be fair and just to ourselves, for we are all one in spirit. "Inasmuch as ye did it unto one of these my brethren, even these least, ye did it unto me," said Jesus. He meant that what you do to your fellow man you do to the Son of God; so if you give him love, praise, and justice you lift up the Son of God in yourself. When you are cruel and unjust you crucify the Son of God in yourself.

"Vengeance is mine . . . saith the Lord," and because God is love, the cleansing vengeance will be wrought by love and not by hate. Therefore it does not behoove anyone to take vengeance into his own hands and by violence punish those who offend him. Put the offender in God's hands and let Him burn out the dross with the fire of love. Be fair, honest, loving, and kind and thus become unified with God's love in action.

Cheese and Crackers

(Continued from page 3)

asked for it. "Let me see your ticket, madam," said the waiter, and when she handed it to him he gave it back with "Madam, all your meals were included in the price of the ticket."

Of that woman, without hesitation, we say: "How stupid! Why didn't she look at her ticket? Or why didn't some other passenger tell her she could eat on the boat?" But of ourselves what do we say?

Are we not all passengers on God's big universal ocean-going liner? In our ignorance of what our ticket includes do we, like the woman in the story, eat "cheese and crackers?"

"Come; for all things now are ready."

"It is your Father's good pleasure to give you the kingdom."

"Hitherto have ye asked nothing. Ask, and ye shall receive, that your joy may be made full."

"Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love him."

And yet we do stick to "the cheese and crackers!"

Someone Prayed

Greatly Blessed

Dear Unity: I wish now to thank you for your many prayers, which I have requested, and to let you know how Silent Unity has helped so much in my life, especially of late.

Two and a half years ago my husband was drafted into the army. After living together four and a half years in perfect harmony and happiness, we were totally unable to understand how God could permit this awful separation to come to us.

Unity had been a boon to my strength and belief for many years, and at that time I delved deeper into its teachings to find relief from my unhappiness. I followed my husband until he was sent overseas, and I was thankful that before he left we had both found strength and faith that we were well cared for and would be reunited safely in God's own time. To this belief we clung, and while I received WEEKLY UNITY at home my husband received it overseas. We were extremely grateful for the comfort we received, for without it I do not know what we should have done.

I wrote you for prayers for my husband's safety and also for strength and health for me to carry and bear our baby. My son was born two months after his daddy went overseas, and I feel sure that if God had not taken complete charge of us one or both of us would have died. This is what the doctors expected. But I wired for your prayers when I went to the hospital, I put myself and baby completely in His care, and after a twenty-four hour ordeal we were both in excellent condition.

My baby and I have been in perfect health ever since he was born, and he has always

been a complete joy to me. I consecrated him to God before birth.

When our son was twenty-one months old his daddy came home from overseas with an honorable discharge from the service. He looks wonderful and is in perfect health and never received a scratch even though he was in active duty the whole two years.

Now we are receiving our reward for our heartaches. My husband received a very attractive offer of a large salary and stockholder in a very promising business here. We have also been enabled to buy a beautiful new home, planned exactly as I have always dreamed. God has blessed us and is blessing us greatly day by day.

Thank you for your many prayers and thank you for a greater understanding of His words and plan. Our constant prayer is "Thy will be done."—Mrs. H. M. K.

As Ye Have Believed

Dear Unity: A year ago I wrote to you asking for prayers for my eleven-year-old son, who had been rushed to a hospital. The doctors, several of them, told me he was a very sick boy with a serious heart condition and rheumatic fever. Because of the crowded conditions in the city hospital, he was sent home in four days, and for two weeks was either in bed or in a wheel chair. I then managed to get him into the children's hospital here. During this time I prayed hard for his complete recovery, holding the thought that he was well and strong. One night a strong feeling came to me—it was almost like a picture—that his heart was healed. Two days later, following tests, the hospital called to have me take him home, saying they had no place for a well child and there was nothing the matter with him.

He is in school now and living the life of any normal boy his age. He is checked at the hospital every month, as they demand this, and the report is always the same, that his condition is almost perfect.

You will never know how deeply grateful I am for your help and prayers. I felt too worried and uncertain to do anything.

Two years ago I found some old copies of *Unity* among some papers the boys were collecting and have studied and tried to learn to live so that I could have a happy and healthy life for myself and family.—F. M.

In Appreciation

Dear Friends in Silent Unity: Inclosed find an offering to be used in your wonderful work. I just feel that I have to send an offering as I have asked for prayers several times, and I do want you to continue to send out the word for me.

I am getting splendid results since using the prayers you sent, and I sincerely like the *Unity* way. I feel more love in my heart, and all around I am much better. Thank God for bringing me to *Unity*. I am thankful, and God bless your work.—C. K.

When man lifts his thought he lifts himself

UNITY, a 100-page, monthly magazine of Truth presents articles by outstanding metaphysicians and Truth writers, who urge their readers to lift their thinking to Truth standards; they keep ever uppermost the importance of attaining a Christ consciousness, which assures perfect ideas for one's highest good.

UNITY magazine also carries each month several outstanding features that help a reader keep his thought lifted to Truth. Among them are: Help from Silent Unity, Prayers Answered, Unity interpretation of the International Sunday school lessons, the Unity Book Review page, and News from Unity.

UNITY magazine, published monthly, is \$1 a year.

UNITY SCHOOL OF CHRISTIANITY
917 TRACY, KANSAS CITY 6, MO.

THE SOCIETY OF SILENT UNITY

THE HEALING DEPARTMENT OF UNITY SCHOOL

* A Message to You: The Call to Freedom

Dear Friend:

Listen quietly within your heart. The stirring call to freedom is ever resounding from the Spirit of Christ within you.

"Ye, brethren, were called for freedom," freedom from sickness, bondage, slavery; freedom from anything that would thwart or delay the fulfillment of Truth in you.

Can you not see Jesus standing straight and fearless before the congregation in the synagogue on the Sabbath morning when he opened the book of Isaiah and read these words: "The Spirit of the Lord is upon me, Because he anointed me to preach good tidings to the poor:

He hath sent me to proclaim release to the captives,
And recovering of sight to the blind,
To set at liberty them that are bruised,
To proclaim the acceptable year of the Lord.

And he closed the book, and gave it back to the attendant, and sat down: and the eyes of all in the synagogue were fastened on him."

They were not all friendly eyes. Many of them bore a look of malice in them. They were not all smiling eyes. Some of them blazed with wrath. They were not all seeing eyes. Some of them were blind.

Undaunted, free from fear, freed from any concern about what they might say or do, Jesus "began to say unto them, To-day hath this scripture been fulfilled in your ears. And all bare him witness, and wondered at the words of grace which proceeded out of his mouth."

Today this Scripture is fulfilled for you too if you will but listen to the Christ call of freedom.

"He hath sent me to proclaim release to the captives."

All captives are not confined by iron bars. Some are made captive by their own thoughts. Some permit themselves to be held captive by the thoughts and demands of others. Some are imprisoned in a maze of ill will and greed. Some are enslaved by cir-

cumstance. Whatever the form or cause of captivity, Jesus Christ's mission is to set the captive free. He has the intelligence, love, understanding, and power to do it. He would leave no man bound.

Are you captive to your own beliefs, habits, negation, suffering? Do you feel

Daily at 11 a. m. join us in this thought for spiritual illumination:

Jehovah is the light of my life, and I see with the inner eye.

At high noon each day concentrate your attention on this thought for prosperity:

Jehovah makes all things to prosper as I realize His presence and power in my affairs.

At nine each night let us acknowledge the healing power of Spirit with this prayer:

Jehovah vitalizes my mind and body, and I am restored to health.

responsible for everything that happens in your country? Are you confined to your bed? Does any limitation beset you?

Christ within you, Christ around you, Christ above you is calling you to the freedom of Truth. He will reveal, He will inspire others to teach and reveal the way of Truth to you.

This message is written prayerfully in the name and love of Jesus Christ to free you, even as the Scriptures were written for the same purpose. The Bible is designed to set men free, free from all limitations, free from fear, free from hatred and bondage of any description.

(Said Horace Greeley, "It is impossible to enslave, mentally or socially, a Bible-reading people. The principles of the Bible are the groundwork of human freedom.")

The principles of the Bible are a living thing. They are an active power, active now through Christ in you to set you free.

"The Spirit of the Lord is upon me, Because he anointed me to preach good tidings to the poor."

Christ is calling you to freedom today. Heed Him. Step out from all thought of insufficiency, from any thought of lack. Christ abides in you to speak to you through your own thoughts and feelings a message of freedom from want. It may be that you feel lacking in faith or love, in knowledge or wisdom, poor in spirit, in pocketbook, ability, success. Whatever your sense of lack may be Jesus Christ came to set you free, to tell you the glad tidings of your Father's all-sufficiency, your all-sufficiency as His child.

"He hath sent me to proclaim . . . recovering of sight to the blind."

Are you suffering from any stage or state of blindness, either of eye, mind, or heart? Christ is calling you to the freedom of the unfailing light of God, the perfect vision of the Son of God, the clear understanding of the heart of God, the unobstructed radiance of the thought of God. Whatever the darkness, whatever the shadow, whatever the blindness, whatever its cause, Jesus Christ now bids you come into the light of Truth and be illumined. Come into the light of your freedom in Spirit and let all blindness be gone forever.

Eyes blinded by tears, disease, or accident; hearts blinded by hatred, injustice, or ill will; minds blinded by false beliefs, bigotry, or misunderstanding can be freed into the perfect and eternal light of Truth in which there is no darkness at all. Answer the Christ call, accept your freedom now "He hath sent me . . .

To set at liberty them that are bruised.

Bruised heart and feelings, bruised mind and body, bruised aspirations and ideals—Jesus Christ has come to set them free. Perhaps nothing in the world stands more firmly between a person and his good than bruised feelings. If you are in bondage to hurt feelings heed the call of your Savior and be freed from them now.

"If therefore the Son shall make you free, ye shall be free indeed."

Christ is calling you to freedom now.
Silent Unity.

If you are in need of spiritual help, Silent Unity will be glad to pray with you for the right adjustment of your problem. Write giving your full name and address, to

SOCIETY OF SILENT UNITY
917 Tracy, Kansas City 6, Mo.

The High Watch

Go and Do

That believers in God should do more than pray for all whose circumstances commend them to the compassion of mankind goes without saying. They must do more if their prayers are to avail anything. Unless we follow up our prayers with action that is consistent with our prayers not much good is accomplished. The good neighbor is more than the well-wisher; he is the active doer of good, the one who stands ready to lend a hand when it is needed. The editor of "Topics of the Times" in the New York Times discusses the church's opportunity today in terms of practical Christianity to meet a world-wide need. We quote the Times:

Criticism of a church or a religion is an editorial step fraught with hazard. Yet one may perhaps, as a church member, venture some reflections on the opportunity that beckons to organized religion of all faiths today to take a more energetic hand in the world's diverse troubles.

It must be admitted at the outset that ministers, rabbis and priests differ on the extent to which they should pass outside the purely spiritual in their addresses from the pulpit or in the programs they suggest for congregational action. Nevertheless, when due allowance is made for this justified difference of opinion, there are several practical problems facing our people today in which churches and synagogues might well act with more initiative than many of them are showing.

We offer this comment by way of appeal and invitation to action, rather than as criticism, in a time when need for leadership and resolute action exists to a point where many thinking people view our condition with concern.

Our official leaders are beset with problems so grave that they seem not fully equal to their task. One possible reaction to this state of things is to criticize these public officials for incompetence, inaction and lack of courage. But such criticism, essential and helpful as it may be, does not fully meet the bill when great causes are meanwhile going by default, when human suffering is widespread, and the church, if it would, could do something about it.

We are, at the moment, giving much thought and public discussion to one of these obvious problems, which is world hunger in the midst of America's comparative plenty. Travelers from Europe who are on our shores are amazed and dismayed to find that business, at the American table, is going on pretty much as usual. They are disturbed that Washington has

not laid down some specific pattern by which every man, woman and child will save food so that someone else, abroad, shall not starve.

We ask if this is a cause in which the church can legitimately concern itself. Or perhaps we should ask, rather, is this not a cause in which the church must concern itself.

We wonder whether any sermon preached today can conscientiously omit a stirring appeal for the self-sacrifice that this country should be making, and isn't. We submit that no prayer offered can rightly fail to ask the strength and the will to abstain so that a distant brother may eat. We suggest that if Washington continues to fail to lay down a program of self-denial, our churches should be proposing one among themselves that rests on the principle of the Golden Rule.

The churches and their members have not ignored the problem of hunger abroad; it has probably been mentioned in every church in the land. But have they faced up to their full moral obligation of meeting this suffering of millions of human beings and of taking a position of strong leadership in their communities?

Some weeks ago it was suggested—and this newspaper editorially and in its columns on veterans' affairs took a part in the movement—that if each of the 250,000 churches in this country provided, through its members, a home or rooms for four returned veterans, a million of these men would be supplied with shelter in their time of great need.

Religious leaders discussed this idea of a "share your home with a veteran" program with President Truman, who supported it. We should be happy if we could report that the churches in great numbers put themselves enthusiastically behind this plan, that it spread like wildfire over the country, and was generally effective. We do not

know why, but this did not take place. The idea was sound. The response was what may be called spotty, at best. Some good was done. It was not nearly enough.

These are immediate, practical steps that churches can take, and they cry out for heart and hand to help. We need, still stronger than it can now be heard, the voice of the church in the fight for racial and religious tolerance and against the hatred and discrimination that exist all around us.

These are burdens of responsibility for social action that do not and should not rest on churches alone. They weigh heavily upon all of us in this critical hour in world history. But they are causes that should appeal most forcefully to men and women who profess the good will for all that is a part of true religion. We who are laymen of the church, in one creed or another, await a leadership that puts the church nearer the battle line in this urgent hour.

Field Activities

ST. LOUIS, MO.—Unity Society of Applied Christianity, 119 N. 7th, announces the following activities: Sunday, 9:45 a. m., Sunday school; 11 a. m., devotional service. Wednesday, 8 p. m., midweek service. Daily noon silence. Center open daily, except Saturday, 10 a. m. to 3:30 p. m. Elsie M. Abbott, leader.

ST. LOUIS, MO.—Unity Church of Christ, 4621 S. Kingshighway at Murdoch, announces the following activities: Sunday, 10:45 a. m., devotional service and Sunday school. Wednesday, 2 p. m., class in Unity fundamentals; 8 p. m., midweek service. Thursday, 2 p. m., class in *Christian Healing*. Daily noon silence. Center open daily, except Saturday, 11 a. m. to 3 p. m. Florence K. Brummer, leader.

ST. LOUIS, MO.—South Side Unity Center of Practical Christianity, 3616 Bates St., announces the following activities: Sunday, 9:30 and 11 a. m., devotional service; 11 a. m., Sunday school. Monday, 8 p. m., class in *God Is the Answer*. Tuesday, 2 p. m., prayer service; 8 p. m., class in *Mysteries of Genesis*. Wednesday, 2 p. m., class in *Know Thyself*; 8 p. m., class in *Jesus Christ Heals*; class in *Lessons in Truth* for children. Thursday, 2 p. m., class in *Lessons in Truth*; 8 p. m., class in *Talks on Truth*. Friday, 8 p. m., class in *Lessons in Truth*. A men's study class is held on the second and fourth Monday of each month, at 8 p. m. Daily, 12 m. to 1 p. m., healing, prosperity, and peace service. Center open daily, 10 a. m. to 4 p. m., and 7 p. m. to 9 p. m. Hilda Louise Eilers, leader.

A complete list of the Unity centers offering a ministry of devotional services and class instruction in the Unity teaching appears in each issue of *Unity* magazine under "Unity Centers," or this information may be secured by writing to the Field Department of Unity School. Attend your nearest Unity Center for further enlightenment in the spiritual principles set forth in the Unity literature.

The Best Example

A famous atheist once said: "I can stand all the arguing of Christian apologists; but I have a little servant who is a disciple of Jesus, and her pure, honest, truthful life staggers me sometimes." The one irresistible argument for the gospel's truth and power is a regenerated and consecrated life.—*Banner*.

KNOW THYSELF

THROUGH the ages man has made persistent efforts to solve the mystery of his own being. He has believed himself to be a poor worm of the dust, a miserable sinner born to suffer and to lack. He has been slow to grasp the truth of his sonship to God.

Man's true status is explained by Richard Lynch in his book *KNOW THYSELF* in which he brings you fifteen chapters of rich teaching to aid you in your spiritual growth.

Why not give yourself the help and benefit that this book will bring you? In the standard binding it is \$1; in the lovely de luxe binding, \$2.

UNITY SCHOOL OF CHRISTIANITY
917 TRACY, KANSAS CITY 6, MO.

Responsive Service

Sunday, July 7, 1946

Unity Subject—*The Way of Truth Is the Way of Life*

INTERNATIONAL SUBJECT—*Jesus' Attitude toward the Law.*—Deut. 6:4-9; Matt. 5:17-19; Mark 10:17-22

Unless otherwise specified, the Bible text used in this lesson is taken from the American Standard Version of the Bible, copyright, 1929, by the International Council of Religious Education, and is used by permission.

4. Hear, O Israel: Jehovah our God is one Jehovah:

5. And thou shalt love Jehovah thy God with all thy heart, and with all thy soul, and with all thy might.

6. And these words, which I command thee this day, shall be upon thy heart;

7. And thou shalt teach them diligently unto thy children, and shalt talk of them when thou sittest in thy house, and when thou walkest by the way, and when thou liest down, and when thou risest up.

8. And thou shalt bind them for a sign upon thy hand, and they shall be for frontlets between thine eyes.

9. And thou shalt write them upon the door-posts of thy house, and upon thy gates.

17. Think not that I came to destroy the law or the prophets: I came not to destroy, but to fulfil.

18. For verily I say unto you, Till heaven and earth pass away, one jot or one tittle shall in no wise pass away from the law, till all things be accomplished.

19. Whosoever therefore shall break one of these least commandments, and shall teach men so, shall be called least in the kingdom of heaven: but whosoever shall do and teach them, he shall be called great in the kingdom of heaven.

17. And as he was going forth into the way, there ran one to him, and kneeled to him, and asked him, Good Teacher, what shall I do that I may inherit eternal life?

18. And Jesus said unto him, Why callest thou me good? none is good save one, even God.

19. Thou knowest the commandments, Do not kill, Do not commit adultery, Do not steal, Do not bear false witness, Do not defraud, Honor thy father and mother.

20. And he said unto him, Teacher, all these things have I observed from my youth.

21. And Jesus looking upon him loved him, and said unto him, One thing thou lackest: go, sell whatsoever thou hast, and give to the poor, and thou shalt have treasure in heaven: and come, follow me.

22. But his countenance fell at the saying, and he went away sorrowful: for he was one that had great possessions.

Lesson Interpretation

How do we place words upon the heart?

By holding them in mind and meditating upon them, probing their full meaning, until they become impressed upon the subconsciousness. The heart is the center of our deepest feelings.

What words are worthy of holding this supreme position?

Words of Truth, embodying the law of life.

What is the primary truth of life?

The unity of Being, namely our unity with the Supreme Being through aspiration and faith. "Jehovah our God is one Jehovah: and thou shalt love Jehovah."

Besides the full strength of the heart and soul what else is required of us in the keeping of the first commandment?

All our resources. This includes the weight of our influence over our children as well as our example to them and definite teaching of Truth to them, since they are our direct responsibility. In addition it includes the strength of our character and our daily living so as to express our character truly.

Should the commandment to write the words of the law upon the door-posts and upon the gates, as well as to bind them as a sign upon the hand and for frontlets between the eyes, be taken literally?

This part of the commandment is entirely metaphysical. We understand by it that our mind is to be pervaded by the thought of God until that thought irradiates our whole life.

What makes the fulfilling of the moral and divine law easy for us?

The Spirit of the Christ within us or the love of Truth and the consciousness of the good. "I [the Christ] came not to destroy, but to fulfil."

What irrevocability is indicated in

the words "Till heaven and earth pass away, one jot or one tittle shall in no wise pass away from the law, till all things be accomplished"?

The inescapable nature of Truth, of which our own nature is compounded. We must come to a full knowledge of Truth and to a faithful expression of it in life before we can fulfill our divine destiny.

Who is the "least in the kingdom of heaven"?

He who, out of the clearer understanding that he gains by keeping the divine law, makes the smallest contribution to the good of all and the progress of all.

What qualification do the majority of persons lack for entering into eternal life?

Willingness to give up the temporal and the personal for the enduring and the spiritual. Since no one can have both at the same time, each must choose for himself.

To Be Held in the Silence

I realize that the way of life is the way of the moral law combined with the way of divine love, and these are the ways that I take.

(The lesson for next Sunday is from Exod. 20:3-6; Josh. 24:16, 22-24; Luke 14:25-27.)

The Source of Power

Roger Babson, the statistician, teller of two captains of industry standing on the bridge at Niagara Falls. One of them turned to the other and said, "Behold the greatest source of undeveloped power in America." The other replied, "No, the greatest source of undeveloped power in America is the soul of man."—D. C. Hollinger.

UNITY TRAINING SCHOOL



THE UNITY TRAINING SCHOOL at Unity Farm continues its very successful 1946 season with the fourth and fifth terms (four weeks each) beginning August 12 and September 16, respectively.

Teachers for the August term are: George E. Carpenter, Fannie A. Baldwin, Ida M. Palmer, Mr. and Mrs. Charles Fillmore, Richard Lynch, Cleda Reynier, Francis J. Gable, Rose Emery, Hilda Walter, and Louise Abney.

Teachers for the fifth term are: Martha Boehl, W. I. Hoschouer, Margaret Strahle, Rose Emery, Richard Lynch, and Mr. and Mrs. Charles Fillmore. For further information about the Training School, write to Unity Training School, Lee's Summit, Mo.