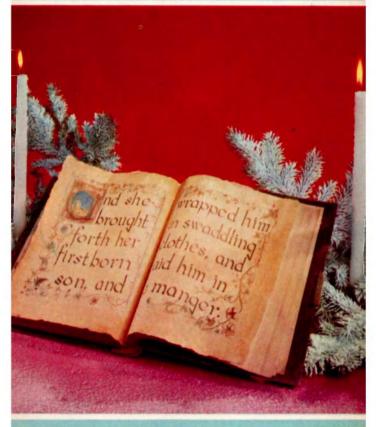
MILLA



The King of Kings Is Born

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Monthly Thoughts

BY CHARLES FILLMORE

To be Used from December 1 to December 31

Illumination: The Spirit that quickened Jesus is active in me, and I am reborn into the Christ consciousness of light. "The night is far spent, and the day is at hand."

Prosperity: The Spirit that quickened Jesus is active in me, and I am reborn into the Christ consciousness of prosperity and success. Every need is bountifully met.

Healing: The Spirit that quickened Jesus is active in me, and I am reborn into the consciousness of health and wholeness. "Be strong in the Lord, and in the strength of his might."

For instructions about these thoughts turn to page 48

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Holy Spirit Fulfills the Law

from the writings of

CHARLES FILLMORE

THE SPIRIT of wholeness quickens and heals me. The Spirit of wholeness is called the Holy Spirit in the New Testament. In classical mythogy it is called Hygeia. Modern medical men er to it as the restorative power of nature. It has en recognized by savage and civilized in every land dage. It has many names, and they all identify it a universal urge toward perfection in man and e universe and toward keeping things going redless of any interfering force.

We may look on this restorative power as merely tendency of the cells in an organism to retain it homogeneity, and when we look at it in this ht our consciousness robs it of any of the divine alities it may possess. This is the way the scientific orld regards what we call the Holy Spirit. To such view the Holy Spirit has no warm heart. To per-

sons holding such a view the Holy Spirit is not the Comforter referred to by Jesus but merely an a stract principle that works just the same way wheth it is praised or blamed.

But to the Christian metaphysician the Ho Spirit is just what the name implies, the whole Spirof God in action. In the Hebrew Jehovah is writte Yahweh, Yah being masculine and weh feminine. the New Testament Christ stands for Jehova Jesus talked a great deal about the Holy Spirithat it would bear witness of Him, come with Hir and help Him to the end of the age.

Do not be misled by the personality of the Ho Spirit and the reference to it as "he." This was the bias of the Oriental mind, making God and a forms of the Deity masculine.

Holy Spirit is the love of Jehovah taking care the human family, and love is always feminine. Louis the great harmonizer and healer, and whoev calls upon God as Holy Spirit for healing is calling upon the divine love.

Just here, in connection with the Holy Spirit, an important point for a good Christian healer consider. Do not regard the Holy Spirit altogether a restorative principle without feeling, sympathy, love. This reduces your healing method to intelectual logic and the slow process of mental scienc Under this method the patient must always be ed cated in Truth principles before he can be heale No instantaneous healing ever takes place under th method.

The Holy Spirit is sympathetic, comforting, loing, forgiving, and instantly healing.

"Who forgiveth all thine iniquities; Who healeth all thy diseases."

Do not fear to call mightily upon the Holy Spirit, who has all compassion and healing power at his command.

Thy perfect plan of bodily perfection is now made manifest in me.

That Mind, which designed the universe, must have planned for man, its leading citizen, a body in harmony with the universe is good logic. This conclusion does not require inspiration but merely common sense.

The religions of every race have taught this perfection of the body but have usually assumed that it was to be given to God's elect in some heavenly place after death. They have not thought it possible that the body of flesh with its many apparent defects could be transformed into an ideal body. In consequence man has put the stamp of inferiority upon his body, and through the creative power of thought he has built into the race mind a consciousness of corruptible flesh instead of the inherent incorruptible substance of God-Mind.

This race thought of man's body as impure and perishable in time became so dense that no human thought could penetrate it. It was gradually consuming the little life left in human bodies and would have ended with their total destruction if it had not been for Jesus, who was incarnated as demonstrator of the perfection and immortality of man's body.

That the body of flesh had within it life elements that could be released and incorporated into a much finer body has always been beyond the comprehension of the sense mind, and it required a physical demonstration to convince men that it could be done. Jesus made that demonstration, and some of His followers were convinced that the body with which He appeared to them after the Crucifixion was the identical body that suffered on the cross. Thomas, for example, was allowed critically to examine that body for the marks and wounds of the cross, and he found them and was convinced.

But the majority still doubted and do so to this day. Not understanding that the body that Jesus occupied for the thirty-three years of His earthly incarnation could be transformed into an imperishable body, they have assumed that Jesus really died on the cross and went to heaven where God gave Him a glorious body. There is no foundation for this in the facts given in the New Testament.

"God is Spirit," said Jesus. "Know ye not that your body is a temple of the Holy Spirit which is in you, which ye have from God?" wrote Paul. Here are two statements by accepted authorities on fundamental Christian principles. If God is Spirit and He dwells in man's body, that body must have within it certain spiritual principles. Here modern science comes to the rescue of primitive Christianity, telling us that the atoms that compose the cells of our body have within them electrical units that, released, can change the whole character of the organism. Jesus had attained an understanding of the law that releases these electrical units, and He knew before the Crucifixion that He could thus make His body unkillable; which He did.

When Elohim God created man in His likeness.

He imprinted upon man's supermind two body pictures: first the picture of a natural body, and secondly the picture of a spiritual body. In the primal cell He then inclosed the elements necessary to the building of the natural and the spiritual body; that is, electricity on the inside and flesh on the outside. Then to man was given dominion and authority over these living atoms and cells out of which he must build mind and body into visibility. As God created man, His image and likeness, by the power of His word so man, God's image and likeness, projects his body by the same power.

Our physical bodies are carried in our minds as thoughts and they obediently reflect every mental attitude. When in the course of our evolution we discern that an all-wise Creator must have designed perfection for all His creation and we begin to affirm that perfection, then the transformation from the natural to the spiritual body begins, and it continues antil our body is wholly regenerated and appears objectively in its divine perfection.

Thou art the strength of my life, and I am made whole.

The mighty truth that everything in this universe is the product of thought few persons let sink deeply into their minds. Mankind have wandered in thought so far from the parent Mind that they do not reflect or observe that everything they do originates in mind. A very little observation and reflection will convince anyone that mind acts on matter in every part of life. The story of creation begins in the first chapter of the Bible with God's command that the dry land appear. Then in the second chapter Jehovah

God formed man out of the dust of the ground Not only here in the beginning do we find mine molding matter; all through the Bible runs the same story. Jesus said of His body that He could raise i up.

When the truth dawns on man that mind rule matter in both the great and the small, he has the explanation of myriad mysteries, strange episodes reputed miracles. This great truth that mind is the source and moving factor in all creation would, i studied and practiced, prove of tremendous worth to religion, science, and art. Jesus taught the su premacy of mind in many illustrations, but His fol lowers have not understood the metaphysical significance because they have not analyzed the mind or directly applied its spiritual powers. When Jesus aid that the Father was within Him and that the words He spoke were not His but the Father's, He must have referred to God as an interpenetrating mind.

Everything in this universe has both its menta and its physical side. Heaven and earth are paralle everywhere. Even the so-called elemental forces o nature are dual. Our men of science are puzzled be cause light sometimes appears as waves in space and again as particles. To a metaphysician the waves ex press the mind and the particles the matter. Wher Jesus walked on the water He blended His mind with the mind of the water and it obeyed His concentrated will.

Nature's mind is always the servant of man' mind when man lifts his thoughts to Spirit. Nature will even obey a determined will on an inferio

plane of consciousness. Concentration of will as practiced by metaphysicians of the Orient, African witch doctors, and a horde of occult adepts bears testimony to the power of the mind to manipulate matter visible and invisible.

"God lives in me; no more I pine; For love, and health, and joy are mine."

That God is the animating principle of all creation is not a new or startling teaching. It has been the conclusion of thinking minds ever since the birth of logic, and it will never be discarded so long as the faculty of logic continues to be exercised. Where there is an effect there must be a cause, and no amount of sophistry will erase the straight line from premise to conclusion. Timid men will cry pantheism and scare both themselves and others with a bugaboo they do not understand. Nevertheless the fact remains that intelligence and design and all the other evidences of an omnipresent planning Mind are so palpable in us and the world about us that we cannot boast of our sanity and at the same time deny them.

When logic presents these mighty truths to us and we begin to turn our attention to the omnipresent principle eternally active and flashing its presence into us and the whole universe, we awaken within ourselves a consciousness of it, and it begins to think and plan through us. This is the first movement of Omnipresence, creating man as a self-conscious replica of itself, that is, of God. This replica is the Son of God or Christ, the exact reproduction in miniature of the mighty cosmic Mind. When this man of cosmic Mind arrives at full manifestation of

Himself in habitation and place, we have Jesus Christ, the Son of God or God glorified in man. Jesus in ecstasy beholding this climax exclaimed "Glorify thou me with thine own self with the glory which I had with thee before the world was."

So if we have not begun our glorification by realizing this quickening life within, let us commence right now to recognize it in thought and word. James Russell Lowell wrote, "It may be that the longing to be so helps make the soul immortal." A great truth, spoken by a great man. Desire from within shoots a ray of energy from the imprisoned I AM to the all-infolding Spirit, and a thread of golden light unites parent and child. Darwin taught that desire for light in the protoplasmic cell shot a ray from its center to its surface and formed the primary eye. If this be true, and it seems logical, it is possible for us to animate the thirty-nine trillion cells estimated by Doctor Crile to be present in our body and eventually make them all luminous, as did Jesus. Thus science is revealing to us the movements of mind in forming the primary or physical body, which by the quickening of the Spirit is raised to the glorified immortal body.

We should not lose sight of the fact that the completion of this glorified body that God has planned for us devolves on us. We must become conscious of God-Mind and co-operate with it in making His plan manifest in us. As Jesus said, "My Father worketh even until now, and I work."

The childlike simplicity of this primary work seems so insignificant that great men who have delved into philosophy and worked with weighty intellectual problems deem it beneath them to become as a little child and concentrate their thoughts on nursery rhymes. They do not realize that instead of molding and animating the cells of their bodies they have projected their thoughts outwardly in speculating about the universe and its laws. So the cells left to themselves gradually starve for want of mind stimulation and finally die.

If you, dear reader, have attained eminence in some earthly field of action and yet have not demonstrated health, it may be that you need to take sound words in some simple form and go unto your Lord.

I am strengthened and healed by the power of

the Spirit in the inner man.

We all need a better acquaintance with that phase of creative Mind that reveals and forms a connecting link between the Most High and the mind of the natural man. Most of us have not made conscious contact with the Spirit within but are thinking and acting in the outer crust of our being. Consequently we cannot hold communion with God in His omnipotence but must have a mediator or equalizer of the light and power that proceeds from the originating source of existence.

This is illustrated in high-powered electric systems: a transformer is necessary to lower the voltage and adapt it to the capacity of small industrial motors. If the full current from one of the big electric cables were turned directly into our small motors it would burn them up.

If the full current of God life were turned directly into the ordinary man's nervous system, it would destroy it. An equalizer has been provided—

the Holy Spirit or Spirit of truth-through Jesus Christ.

Our human family has lost contact with the Spirit of truth, and our only salvation is through a soul strong enough to re-establish the connection. Jesus released the electric atoms in His body and formed a conduit in the ether through which divine life is again flowing to the inhabitants of this planet. Without this purified life substance we should be unable to receive life or any message direct from God.

In John 14:16 Jesus said, "And I will pray the Father, and he shall give you another Comforter, that he may be with you for ever, even the Spirit of truth: whom the world cannot receive." Again in John 16:14 He makes His identity with the Spirit of truth stronger: "He shall glorify me: for he shall take of mine, and shall declare it unto you."

All who have faith enough to believe these things are comforted and guided by the Spirit of truth. Read John 17:20: "Neither for these only do I pray, but for them also that believe on me through their word."

It is the Spirit of truth that talks to us in dreams visions, and inner urges. The more we acknowledge the Spirit as our indwelling inspiration and life the stronger its consciousness will be to us.

Through the Spirit of truth God moves the whole creation; hence any man may constantly increase his understanding of the source and relation of al things by claiming his unity with the Spirit of truth

In all thy ways acknowledge him.—PROVERBS

Now Is the Time

RICHARD HEWITT

THY SHOULD ANYONE peek into the future and conjure up imaginary troubles? It is plainly evident that most of them cannot possibly occur. Thus does human thinking run.

However, when we come face to face with ourselves and do a little careful soul-searching, we discover a similar trait active within ourselves. We find a strong tendency to look into the future and give way to keep concern over what might take place. This concern actually hampers us and prevents us from living the sort of life God has intended us to live. Many of our actions are guided—misguided, I should say—by the thought of the obstacles or difficulties that we think we may meet in days to come.

But what assurance have we that we will meet them? What makes us so certain that we must provide for this eventuality or prepare for that possibility? Are we providing ourselves with loopholes of escape in case something goes awry? Do we give consideration to what can go awry because of an unacknowledged thought that maybe the promises of God are not true? In plain words, do we secretly wonder if God will guide our ways and provide for our needs?

Suppose we look at this question from another angle. Are we concerned with possible future trouble because we think we might not be able to handle it

properly? How do we know we cannot handle such trouble properly? Being part of the future, it has not yet come into our lives, and, for that matter, may never come.

Jesus spoke very directly on this matter. "Be not therefore anxious for the morrow: for the morrow will be anxious for itself." He plainly declared that we should live each day for itself and not fret or get ourselves into a stew over what tomorrow may bring. "Sufficient unto the day is the evil thereof."

There are those people who will say: "But I must make preparations for the future. If I don't, who knows what may happen!" They miss the vast difference between fulfilling our obligations and responsibilities, and borrowing nonexistent, improbable troubles. There is a tremendous difference, you know.

When we get down to bare facts, we see quite readily that the only possible preparation we can make for the future is to live each day to the very best of our ability. There is much that can be done today which will build and reinforce our realization of the God power within us. In fact, today is the only time we have in which to accomplish this. And as our inner realization is thus made stronger, we are better able to meet in undisturbed fashion the events of the future. Our old habit of borrowing trouble from the future weakens and fades, giving us greater freedom for living in the immediate moment.

It seems to me that most of us have but the faintest idea of the marvelous life which could be ours if we would live one day at a time, and put into that day the best that is in us. So few actually do, be-

cause what it really means is to live in the now and not next week, next month, or next year.

We find to our dismay that when we essay to accomplish this, our thoughts behave in a most unruly fashion. The instant we relax our vigilant watch over them, they escape to a contemplation of all the unhappy things that may occur some day. Our only recourse is resolutely to fetch them back and firmly set them to a consideration of today's activities, and do this as often as may be necessary until they begin to stay put of themselves.

A strong and detailed lesson on the supreme value of taking no thought for the morrow is a part of the Sermon on the Mount. Clearly did Jesus set forth that our heavenly Father will meet in generous measure the needs of any man who has implicit faith in Him. In equally clear fashion the Nazarene stated His key point: that man should rely on God and God alone for the answers to the problems of living.

To live in implicit faith is to live one day at a time. A deep and abiding faith in God renders unnecessary any worrisome thought for next week or next year. Inspired ideas appear, obstacles are diminished or dissolved, supply is made manifest, inharmonious events are rightly handled, and all through deep-rooted faith in the goodness of God.

through deep-rooted faith in the goodness of God.

If we will live one day at a time, we will discover that our problems (so-called) shrink greatly or disappear entirely. We find to our joy that most of those "problems" were manufactured out of thin air by the misuse of our imagination, which is one of our greatest powers when rightly used and our greatest handicap when wrongly directed.

The blockades, the hurdles, the obstacles we see ahead all have been reared by our imagination and, by the reversal of those imaginative visions, they can be demolished. Strong faith in God's guidance clears many such obstacles from our path and enables us to meet and handle rightly all the rest. Our assurance of being able to handle everything rightly makes it unnecessary to take any anxious thought for tomorrow, as "one on God's side is a majority," and to such a majority, worry, fear, anxiety, and the like are utterly unknown.

THESE THINGS BELONG

Grace Noll Crowell

These things belong to Christmas
As stars belong to night:
Red berry wreaths in windows,
Hearth fire and candlelight,
Clean snow across far meadows
That feet have not yet marred,
Sparkling in the moonlight
Like a frosted Christmas card.

These things are part of Christmas:
A home where love is found,
A child's clear happy laughter,
And the joyous silver sound
Of a bell in some far steeple
Calling a people to go
And join together to worship
A child born long ago.

My Gift to Thee

L. STEVENS HATFIELD

op so loved the world, that he gave his only begotten Son, that whosoever believeth on him should not perish, but have eternal life."

"And the people piped with pipes, and rejoiced with great joy, so that the earth rent with the sound of them."

"And an angel of the Lord stood by them, and the glory of the Lord shone round about them . . . And the angel said unto them . . . behold, I bring you good tidings of great joy which shall be to all the people."

"And suddenly there was with the angel a multitude of the heavenly host praising God, and saying,

Glory to God in the highest,

And on earth peace among men in whom he is well pleased."

With the birth of Jesus, Christmas was born "that your joy may be made full." Not full for a day or a week or a month but for always, every hour of every day. The invitation is "Deck thyself now with majesty and excellency; and array thyself with glory and beauty." Constantly give your mind beautiful, useful, joyous things with which to work. Quicken your appreciation of the beautiful things with which the world is filled. Turn to the Christ Mind within and you will find poise, purposefulness, vitality, and joy in living you have never known before.

The keynote of Jesus' life was giving, not at stated intervals and upon special occasions but at all times. He gave joyously, generously, and with no thought of return or recompense. He knew that when we share freely our own joy is increased beyond measure.

I can find no record of Jesus' giving material gifts such as houses and lands and vast inheritances. With the exception of food and drink His gifts were spiritual: sight to the blind, health to the sick, comfort to the sorrowing—gifts the recipients could not handle or lay away or hoard in secret, but gifts that filled them with unspeakable joy and gladness. Every day was Christmas to Jesus, a day of happy giving and of joy. He declared, "Your joy no one taketh away from you."

Are you established in Christ joy, so that it radiates from the center of your being to the very circumference of your world? Do you keep this joy active by using it daily, by drawing more of its essence from God, by letting it shine into the world to bless others? Through the Christ Spirit within you, you can express joy in all situations. His joy dispels all melancholy, all sadness, and all depression. It lifts up your heart and makes radiant each step of the way before you.

Jesus became so conscious of His birthright, the presence of God's Spirit within Him, that He became known as the Christ. He shared His Christhood with all who could grasp it. He gave them knowledge of His Father and assurance of power.

"Ye shall receive power, when the Holy Spirit is come upon you"—power to make you wise, joyful,

loving, healthy, and prosperous. The blessings of heaven are poured out upon you when you are receptive to them.

Christ is the fulfillment of your dreams and your hopes. He is your health, your wealth, your satisfied longings, your own awakened divinity, your means of access to the Father. Place yourself and your affairs completely under His directive power and see how completely His law of giving and receiving works for you.

"Stir up the gift of God, which is in thee." He will be with you every moment, inspiring, guiding, counseling, and blessing you. He has given you the gift of a victorious spirit, which is greater than any need you can experience; a spirit that gives you power to meet life triumphantly, to establish a consciousness that is all-accomplishing, miracle-working. Give yourself joyously to the living of this life, and He will guide your feet "into the way of peace."

Give yourself joyously to the living of this life, and He will guide your feet "into the way of peace."

As you stir up the gift of God, you will find opportunities for giving just as Jesus did. Do not allow yourself to believe that you have nothing to give. You are endowed with divine powers and capabilities that will bring satisfaction to you and contribute a great measure of good to the world.

Jesus knew His purpose in life. He said "I came that they may have life, and may have it abundantly."

This life is in every part of your being. Every nerve, cell, and atom knows its essential purpose and works always to maintain a state of health and harmony. When this is accomplished "then shall thy light break forth as the morning, and thy healing shall spring forth speedily."

The same gift of Spirit that made Jesus strong, vital, and radiantly alive dwells within you. You are free in the same way. When you proclaim your renewal in Christ the cells of your body are quickened, energized, and stirred into increased activity.

"I will cause breath to enter into you, and ye

shall live."

As long as you live, God's gift of pure life will fill your body with vibrant health. It will permeate every nerve and muscle and cell. Every organ will function in perfect co-ordination. Rise to the consciousness that there is something within you that is unmoved by things of the world. Know that no person or thing can take from you the all-conquering Spirit of God within you.

"Greater is he that is in you than he that is in the

world."

God made it so. When He gave His Son as a gift to you He established that gift in you as life eternal.

"As they were eating, Jesus took bread, and blessed, and brake it; and he gave to the disciples, and said, Take, eat; this is my body. And he took a cup, and gave thanks, and gave to them, saying, Drink ye all of it."

God the Father gave the gift of life to His Son. Jesus the Son gave the gift of life to you, His brother.

The life of God is a swift, strong, vigorous current that flows continuously and uninterruptedly through you as a healing stream. God is a strong tower of rest and refuge for those who trust Him.

"God gave unto us eternal life, and this life is in his Son. . . . ye have eternal life . . . you that be-

lieve on the name of the Son of God."

Life is the abundant gift of God to us through His Son Jesus. When we are called upon to meet a new or unusual situation, we can overcome the condition by giving our attention to the Spirit of Christ within us. We can open our mind and body to its inflow; we can let it surge through us renewing, revitalizing, restoring, making us completely whole.

"Thy life shall be clearer than the noonday."

The pattern of the mature plant is inherent in the seed. God said, "Let us make man in our image, after our likeness." He also said, "This is my beloved

Son, in whom I am well pleased."

We often give and receive gifts with little thought as to their usefulness. We deplete our purses and clutter our homes to celebrate Christmas, completely overlooking the real meaning of the birthday of Jesus.

"That they may have life."

"That my joy may be in you."

"Understanding is a wellspring of life."

"Already are ye filled, already ye are become rich "

"Let the peace of God rule in your heart."

"Be not anxious for your life."

"Be strong and of good courage."

"A tranquil heart is the life of the flesh."

These are gifts of Spirit, gifts that neither burden you nor deplete your purse. "Choose you this day whom ye will serve."

Jesus said, "Seek ye first his kingdom . . . and all these things shall be added unto you."

The inexhaustible bounty of God is as much a part of you as His inexhaustible life and strength. You can call upon His Spirit in the midst of you for substance and receive it as surely and as freely as you receive healing or forgiveness or any other good.

"The earth is full of thy [His] riches."

God's gift, the Christ, dwells in every one of us as the source of our life and health, yet it becomes manifest in us only as we are willing to have it so. We become conscious of the Christ life when we resolutely turn away from ill-health and affirm our oneness with health and perfection and accept them as tangible, visible gifts. Even as we display our material gifts to our friends on Christmas, so can we display our spiritual gifts. Our gift of health will be like a candle set on a hill—its glow will warm and cheer all whom we contact. Our gift of peace will be like the warm sun after a dreary winter, filled with quiet repose and promise of new life. Our gift of wisdom and understanding will make us kind and loving under all circumstances. Our gift of power will make us reliable, stanch, and dependable-one whom our friends call upon in time of trouble. Our gift of joy we will share with all the world through a smile, a cheery word, a happy disposition, a peaceful thought. Gifts from the Father to the Son, from the Son to us, His brothers.

Let these supreme gifts stir in you a mighty power for good. Let a new current of joy and thankfulness course through your being, let your consciousness expand, let it push against any walls and limitations so that they move upward and outward into universal dimensions. Let your life, which may be confined and inconsequential, take on the dimensions of God. It is His life; yet through His Son, our Lord Jesus, He has made it yours.

"He himself giveth to all life, and breath, and all things."

Through Christ you are one with health, strength, and perfection. When Paul said exultantly, "It is no longer I that live, but Christ liveth in me," he affirmed a truth that is true of every child of God who intuitively perceives his divinity. In the light of the Christ, newborn in you this day, you walk confidently, fearlessly, steadily forward. You are wise with His wisdom; you are illumined and blessed by His holy presence; you are filled with His joy and peace. As you meditate daily upon your oneness with the Christ, you are aware that you can attain the highest ideals of your heart's desire. Because you follow the star of your divine ideals, infinite wisdom bestows upon you its richest gifts of health, wealth, and happiness.

As sons of God we have the mighty strength that enables us to overcome temptation, surmount difficulties, and put away discouragement. When we know that God is with us nothing can prevail against us. Whatever the outer condition may be with which we are faced, we can turn within and find peace and serenity, reassuring faith, renewed strength, and unerring wisdom.

Let the life of Christ lift you up this moment. Let His healing presence cleanse, heal, vitalize, energize, and make you whole. There is plenty of substance for everyone, for God is bountiful beyond description. He gives richly, so let us receive in kind. He is all-powerful, and because you are His child, one with His Spirit, you are one with His almighty

power. His power in you is your power to live, to serve, and to achieve great aims. Established in His omnipotence, you are secure, victorious, and free. Established in the consciousness of your divine sonship, you grow each day in the knowledge of ultimate divinity and you realize more clearly that you are an all-wise, all-loving, all-conquering son of God. Through the Spirit of His Son in you, you have power to rule supreme in all the affairs of your life.

Rejoice in the knowledge that your life is one with the Christ. Rejoice that His good is present in your world. Rejoice in the presence of His life, strength, love, happiness, and plenty. By establishing yourself in the Christ consciousness you fulfill the will of God, which is to know Him, to live for Him, and to express Him.

God's way is the perfect way. As you turn to Him daily in prayer and ask that His will be done, you may know that you will receive only good. From the beginning of His life Jesus had but one aim—to do the will of His Father—and He said: "It is your Father's good pleasure to give you the kingdom." "Whosoever shall do the will of God, the same is my brother." Thus, when you do the Father's will, power and glory are yours.

As we celebrate the birthday of Jesus, we are assured that we can live as He lived, manifesting eternal life, light, holiness, strength, purity, and substance. We can be grateful that His presence is born anew in us this Christmas Day. As we reconsecrate ourself to His work and Spirit, a paean of joy fills our heart, and we feel a new birth in our soul. The joy that was released the first Christmas finds in

our heart a willing place for its continuation. Neither war nor rumors of war can dim the glory and radiance of the joy that dwells in us. This joy fills our being with tireless energy, strength, and beace. It makes our whole world bright and right.

On this glad Christmas Day lift up your heart and voice in songs of praise and thanksgiving for the realization that the Christ Spirit has been born into your consciousness. The healing life of the eternally newborn Christ radiates through every cell of your being. The radiant ideas of the Christ Mind flood our consciousness.

"Glory to God in the highest, And on earth peace among men."

As you ponder the old, old story, be still and feel heavenly peace permeating your whole being. Physical tensions are released. Nervousness vanishes. Problems assume their correct proportions, and heir solutions appear miraculously. Christ is born n you, and you are filled with His peace. He has vrought a miracle of healing in your mind, body, and affairs.

The gifts of Christ are marvelous beyond the power of words, yet each of us, no matter how numble his station, may receive abundantly without lepriving another of what is rightfully his.

Rejoice that the Spirit of Christ is in you no mater where you go, no matter what the appearance in our life or in the world about you. His Spirit is our guide, your light, your way-shower. No matter vhat you are called upon to do, you cannot fail; for Christ is with you.

Light a candle of faith at the altar of your heart,

a candle that will send the light of Christ to earth's far corners. Let Spirit illumine you, making you a radiant center that attracts those who seek the lighted path. Let your faith in men's ability inspire them to heights sublime. Let your faith in the weal make them strong, your appreciation of the lowly reveal to them their heritage. Give to the wear and heavy laden a new song of hope and joy.

"The spirit of man is the lamp of Jehovah."

"There is born to you this day . . . a Saviour who is Christ the Lord."

"Make known the riches of his glory."

THE PEACEFUL SEASON

Beverly Boone

The lights are shining brightly on the tree,
The holly wreath is hung upon the door;
Each treasured gift is wrapped in secrecy,
The peaceful season now is here once more.
The manger scene is staged on mantle shelf
With molded figures that each year portray
The humble birth of One who gave Himself
To teach mankind to live a better way.
Sweet carols fill the piny Christmas air,
Serenity flows with each church bell's ring;
Then from our hearts there comes a fervent prayer—
That everyone throughout the world may cling
To yuletide's hope and tranquil atmosphere,
That we may have true peace throughout the year.

Above the Stumbling Block

HAROLD A. SCHULZ

NE OF THE COURSES at a summer camp was creative art. In this class the pupils with or without a knowledge of the principles of art expressed their desires or needs creatively with certain materials. One girl had taken a piece of clay and shaped it into a block.

"This," she explained, "is my stumbling block, my mistakes and errors and negative thinking." On

top she engraved the words Stumbling Block.

"But it is more pleasant not to have a stumbling block, so I turn this block over and cause my hindrance to become a blessing. I change my stumbling block into a steppingstone of happiness." On the bottom of the block she had written the word Step-

ping Stone.

So we may have stumbling blocks in our lives that barricade the passageway to happiness. An acquaintance once told me how he had disliked a man with whom he worked. "He was always coming to me with a problem, or he was criticizing someone else. This irked me, and I tried to avoid him. I often wished he would be fired. Then one day I realized that both of us needed help. I decided that I should try to help by blessing him and praying for him. My prayerful attitude was soon evident in our activities and working relations. Helping him made me feel better. Since then our whole relationship has been friendly, harmonious, and happy."

Many of our own personal problems would not exist if we were to change our own attitudes to good and positive ways of looking at life. We are what our thoughts cause us to be.

"What," I asked him, "were some of the prayers

you prayed for your friend?"

"I used the Beatitudes," he replied. "Each one begins with the word blessed, which means 'happy.' They are powerful prayers, each one of them. I also kept in my own mind the words, 'Give, and it shall be given unto you.' The whole story of Jesus is an example of how to turn trouble over to God and to cause blessings to be realized in many lives besides our own."

"It's like taking a stumbling block and making it a step upon which to rise into the kingdom of happy relations," I said.

'Yes, it is," he agreed.

A block that lies in our path is a barrier to progress. The worst kinds of blocks are negative attitudes: worry, fear, self-centeredness, and self-pity. But when these detriments are recognized, we can rise above them. When thunderclouds appear the world looks gray and stormy. But on the other side of the clouds, and on the other side of the storm, the sunshine glows and waits with a rainbow to arch the sky after the storm.

"High above the clouds" one finds a healthier climate, atmosphere, and spiritual consciousness. Thus, to overcome a negative habit one must rise above it. To rise above any obstacle is a beautiful art to master in life, for in rising above a situation or condition one can raise others to a higher joy and

gladness. Those who have found this joy will also attract to themselves other "higher ground" seekers.

"If then ye were raised together with Christ, seek the things that are above, where Christ is, seated on the right hand of God. Set your mind on the things that are above, not on the things that are

upon the earth."

God, give us grace to seek Your heavenly virtues and by them to be blessed. Help us to be filled with Your love and devotion, so that there is no room for anything else, anything less. May we keep our minds on this higher level and continue to rise. We thank You that "every good gift and every perfect gift is from above . . . from the Father of lights, with whom can be no variation, neither shadow that is cast by turning."

Thank You, God, for leading us to the founda-

tion of Your Truth. Amen.

ATTENTION REGULAR SUBSCRIBERS

The heavy holiday mail often causes delay in magazine delivery during the Christmas season, so the January issue of your Unity periodical may be slow in reaching you. Practically no mail is lost in this seasonal rush, but delays do occur. We shall appreciate your waiting patiently for the January issue of your magazine to arrive.

Thank you for your patience and co-operation!

Perpetual Christmas Joy

CHARLES H. MATTERN

T IS A CERTITUDE that the true spirit of Christmas projects a tremendously powerful influence on all who come into contact with it. We are more loving, more joyous, and more completely at peace than at any other time during the year. There is a general suspension on all negative thoughts, as doubt, fear, resentment, and anxiety lose their holds on consciousness. In their place is an unshakable conviction that all is well. There develops a certain patience that sees others as children of God, all striving for right answers. Forthcoming is an ability toward perfect understanding in the most controversial issues. Yes, Christmas is a joyous season.

Indeed, it does seem as if the joy of the Christ is more immanent, more accessible to us during this time when we celebrate His advent. But this is not necessarily the case. At this time of year thoughts are centered on Him who was to give to all men God's Truth; the avenue to complete freedom over all adversity and to the perfection of life. Meditation on the humble Carpenter's promises that never fail and on His power that knows no limitations fills the heart and mind with courage, joy, love, and faith in His Truth. We cannot help but emulate Him and verify His Truth for our lives and our affairs. When the Christ ideas become central in consciousness there is always the harvest of good will, peace, and joy.

UNITY FOR DECEMBER 1955

Children often remark, "I wish it were Christmas every day." Of course, the actual celebration must be confined to its allotted time of year. But there is no reason why we, as individuals, cannot experience throughout every day of the year the joyous spirit that we know, feel, and use at Christmas.

Two plus two always equals four on any day of the year. And God's perfect law is operative every moment of the year. It is definitely His will that each day be a joyous "peace among men in whom he is well pleased." The loving presence of the Christ is just as close to us, just as omnipotent to give us joyous lives at any hour of any day as at Christmas. The Master assures us, "I came that they may have life, and may have it abundantly." God's Truth, when practiced daily, is a veritable continuity of Christmas, for the Christ is born anew each day in our hearts.

Many Truth students have demonstrated this. They enjoy spiritual dominion over their lives and affairs. Their presence projects good will into all situations. Their joy, peace, and love are keenly felt by those with whom they come in contact. There is always a reciprocation, full and running over. Each day is a joyous experience, reaping the very best life has to offer. Arising problems never perplex them or mar their serenity. Truth principles are applied to the challenge, and it is handed over to God in prayer. Their faith is rewarded.

You and I can acquire this spiritual dominion. If we do not have the necessary spiritual understanding to live permanently in Truth, we can generate it through daily periods of communion with the Father, affirmation of Truth, and study of the Christ mes-

sage. God made us in His image and intends that we have perfect dominion over all circumstances in which we live. Thus, Truth is not difficult to attain, for as heirs to His kingdom (all things par excellence), it is perfectly natural that we enjoy our divine inheritance.

A friend may ask, "How can I ever hope to throw off the chains of fear and doubt and make such a pronounced turning point to permanent buoyancy of life?"

A very understandable question we admit. However, it is much easier to accomplish than we can possibly imagine. When we sincerely seek God's Truth of joy, love, and power, Spirit works hand in hand with our efforts, directing, encouraging, and aiding us inestimably in achieving full manifestation. We are not alone. As the hand of the Master lifted Peter from the raging billows, so His hand takes ours and lifts us up to His Truth, in which all things are made right and perfect.

Saul's awareness of the presence of the Christ on the road to Damascus was as sudden as it was lasting. From a relentlessly bitter and intolerant man came one of love, patience, spiritual joy, good will, and a genius for teaching the Christ message.

A friend, while in an alcoholic stupor, sluggishly determined to live in Truth. When sober, he remembered his decision. He put the burden in God's loving care through daily prayer periods, affirmations of constant sobriety, and Truth study. The demonstration proved far easier than he had anticipated. Soon he had no desire whatsoever for the beverage. And while demonstrating sobriety, he

built up a most profitable business. Today his life is lived loftily in Truth, helping others to overcome acute alcoholism through God's loving aid and care.

A beautiful garden needs preparation of the soil so that God's lovely flowers may bloom. And the ever-flowing supply of divine blessings requires a consciousness stayed on Him. "Thou wilt keep him in perfect peace, whose mind is stayed on thee," was Isaiah's affirmation of this truth.

Thus, we weed out the feelings of isolation, fear, resentment, doubt, and anxiety. We plant the Christ ideas of perfection, love, courage, joy, abundance, and health. Affirming our oneness with the Father, we state boldly our decision to live constantly

in His joy.

"Today and every day is God's day, filled with joy, perfect health, and blessings for my every need. I am conscious of the peace and joy of the Christ within me. His peace quiets the storms of experience. Spirit inspires me with absolute confidence as I perceive His perfect working in all of my affairs. The peace, joy, and power of the Christ go before me each day, fashioning events for my good."

Thus, we sow the seeds of Truth, which blossom

in tangible results.

Experience bears out the age-old proverb that asserts that a day begun in and dedicated to peace will be lived in peace. And there is no better way to begin each day than with God. While we meet Him in the early calm, our needs are made known and put in His care. We partake of His assurance that the day will be lived in blessing and joy and that His divine wisdom will guide us in all decisions. Throughout

the day as we find time, we enter into the silent place of the Most High and commune with Him. Nothing so soothes, nourishes, and generates faith in His power as the moments we spend with Him in prayer. Jesus said that faith moves mountains (all problems).

If a problem threatens, we remain poised and calm in His peace. We do not judge blindly or criticize, for we acknowledge the Christ in all men. Knowing that God always has the right answer, we apply a Truth statement to the situation: "The Christ in me decrees and molds the most constructive adjustment." We take the burden to Him in prayer. There is instilled within us His courage and wisdom to see and to do, clearly and distinctly, the correct thing. This method of facing challenges soon becomes a fixed habit. We achieve right answers with hardly any effort, for we do it through faith in God. A Truth student I know never makes a decision

A Truth student I know never makes a decision on a controversial business issue until it has been handed over to God in prayer. Always, just the right leading is forthcoming. This friend assures me that the Christ ideas apply perfectly to all business issues. The result is that all concerned are profited through God's wisdom.

A daily period in the study of the Christ message soon projects the essence of Truth into affairs. It is a tested and meaningful truth that we grow like that which we study and make of prime importance. The more we understand the Truth the Master taught and demonstrated, the more Truth becomes operative in all we say, think, or do. God works through ideas; and as we grow in spiritual

consciousness of our oneness with Him, we sense His definite leadings for courses of action that always prove to be so opportunely right. And as Christ ideas become more dominant in our consciousness, we see that joy, health, and abundance are the only genuine forces and the true state of being. Negative aspects have no being whatsoever in the presence of the Christ.

An elderly woman, suddenly obliged to live alone, at first felt quite left out of things. Through the help of a Truth student friend she learned to apply the Christ message to her life. Today she relates that life is a glorious adventure. Her heart is always filled with His peace and joy as she works in her garden, performs household chores, and conveys words and deeds of love to those living about her. Neighbors often tell her that her spirit

of joy does them much good.

I 'most every family is a joyous group at Christmas. But in the home where God's love holds continual sway there is perpetual joy and good will. There is always a feeling of tranquillity in such a home, for members of the family meet Him each day, affirming His presence and radiating His love. Before dining there is always the prayer of thanks for the Father's sustenance, making the meal one of fine fellowship. Domestic friction is unknown in this home. Little differences, all too often magnified by negative attitudes, are evaporated quickly through spiritual understanding. A visit in such a home endows one with the truth that when His Spirit is a veritable part of the home the family knows Christmas joy each day.

No matter what may be our activity—housewives, businessmen, tradesmen, professional persons, school or college students, or even retired—God's Truth can be applied beautifully to any situation despite its perplexing aspects. When we fully realize and use His Spirit of joy, peace, and power within us, all negative conditions become things of the past.

The joyous spirit of Christmas is ours to have and to enjoy always. God bids us live in His Truth

and accept His wonderous blessings.

"And the peace of God, which passeth all understanding, shall guard your hearts and your thoughts in Christ Jesus." Thus, from this day forth His joy, peace, and power are ours for richer, fuller lives.

THE SPARK DIVINE

Olive Marie Blough

The world has need of more Wise Men Whose vision travels far
Beyond the things the eye can see
To find again the star
That shines as brightly now as when
Its brilliance lighted Bethlehem,
Who, seeing, know it is the spark
Divine in every human heart.

The Gift I Have

A CHRISTMAS STORY

ZELIA M. WALTERS

THE MAN WALKED down from the furrowed hills slowly and wearily. There was a long bench beside the door of Jephone's cottage. His wife Thersa sat in the early morning light, taking a few needed stitches in little Machir's garment. The rest of the family was not yet astir.

The man hesitated near her, and she looked up

smiling. "Will you not rest here awhile?"

He sat down, inclining his head in recognition of her courtesy, but still not speaking. She glanced at him again, not wishing to stare, yet she was curious about him. He was not a neighbor or a merchant on a journey. She could not place him; neither could she guess why a stranger was in this lonely place.

"Rest as long as you will," she said as she rose to go inside. Then misgivings came upon her. She should invite him to breakfast. He must be hungry as well as weary, but there was so little to eat. She and Jephone tried to give the children enough, and then they ate what was left. There would be cheese and bread and goat's milk. But something within compelled her. "Will you come in and break bread with us when the meal is ready?"

He turned to her with a look that puzzled hernot smiling, but looking as though he understood. "Yes," he said and thanked her.

She went in and placed the food on the table,

making everything neat. There could be no special preparation; her goods were so poor and scant. Jephone was up and moving about the room. She roused the two boys and gave each his single garment. She said defensively, "There is a guest for our meal."

Jephone looked at her in amazed disapproval. "I know of our obligation to strangers, but surely not

now."

"See for yourself," she said shortly. She was tormented by the conflict between her desire to serve

and the lack of supply.

The children went out and frankly stared at the stranger. Then she could see through the doorway that he was talking with them. They drew closer to him. He was pointing to the distant shimmer of the sea. Had he come from beyond the sea?

Thersa called them to the meal. The stranger bowed his head for an instant. He was giving thanks for the food, and Jephone had an instant of regret that he had not offered thanks aloud. Then he hardened himself. What had he to give thanks for? This stranger had no right here! And yet—

Machir took his bread in his hand and went to lean against the stranger's knee. Thersa watched in anguish. So often people turned away from the child. Besides being lame, Machir's face was frightfully scarred from the time he had stumbled and fallen into the fire. But, no—the stranger was looking at the child lovingly. His hand was caressing the little head.

Then suddenly Thersa rose to her feet. Could it be true? Before her eyes, the twisted little face grew straight and fair. Then Machir stood up straight. "I can walk now?" he questioned wonderingly. "Yes," answered the stranger.

Machir took a step or two, and then with a shout of joy ran around the room. But he came back to lean against his new friend.

To Thersa and Jephone came the wonderful realization of who this guest was. Jesus, the prophet of Galilee, sat at their table!

Even in this remote place they had heard stories of His teaching and His marvelous deeds. The stories were contradictory. Some gave a half faith to His claims, and some ridiculed and said He was just another impostor, tricking the people by some feats of magic. The people of this neighborhood had hardly thought of Him. What did it matter? They would never see Him. Great teachers went to the cities, where they could gather large crowds about them. They never visited the lonely countryside.

But He was sitting at their table! He was turning a look of tenderness on the two children who

crowded against Him.

Thersa finally found her voice. "Master! What can we render unto You for this great blessing? We are poor people. We have no gold. But is there some service?"

He turned a look of approving love on her, for this was the thanks He liked most to hear: to give service in His ministry was more than gold laid at His feet.

"Yes," He said. "Give freely as you have received to those who have not known of Me."

For a moment, there was silence in the room. Even the children, who could not understand, seemed to feel that some momentous thing had been said. The parents looked at each other as the meaning sank into their minds. Were they called to be ministers of His? Were they to rise and to follow Him? But could they do that?

Jephone spoke. "Master, do You mean we are to leave our home and journey with You and minister?"

Jesus looked from one to the other. They could feel His tenderness reaching out to them. Here were two of the humblest of people, ready to do anything He might ask of them.

"No, My friends," He said. "Abide here in your house and tell what great things the Lord has done for you. I do not call you from your needful work.

Only serve Me here in your place."

"Oh, Master, Lord, we will!" they cried.

Their hearts were running over with the great thing that had been spoken. Thersa wanted to cast herself at His feet and to ask many questions.

But Machir, with a child's assurance, interrupted her thoughts. "Master Jesus, tell us a story."

The guest looked pleased at the request. Again,

both boys pressed close to Him.

"There was a good shepherd who cared for his sheep," He began. "But one sheep would not stay close. It often ran away, and the shepherd sometimes had to go bring it back. But one day it wandered so far that it was lost and could not find its way back to the fold."

As the Master told His story, the listening family could picture the wandering sheep, weary, hungry, torn with briers, and at length lying down in his misery, not knowing which way to turn. And then

the shepherd noticed that one sheep was missing. He set out to find it, the search was long, but he would not give up. He found the suffering sheep, unable even to get up on its feet. The good shepherd put the sheep upon his shoulders and carried it the long way home. Then it was fed and put in the safe fold for the night.

"What a bad sheep!" said little Joses. "I wouldn't

have carried it."

"But the good shepherd did," said Machir slowly. "He was good even to the bad ones. Does he always find the lost ones?"

"His love never fails to find," said the guest.

They knew some great truth had been told them, although this was a story for children.

Thersa and Jephone looked at each other. They knew the same thought was in both hearts. But how could they ask more when so much had been given?

Then the guest was looking at them. "What will you?" He asked. Did He, indeed, read the thoughts of their hearts?

"Lord, Master," Jephone began. There was no hesitation. He was not afraid that the guest would be cold to the asking for more favors. "We would ask another gift from You. It is for our neighbor Abithar. He is a builder and goes into the villages every day to work. The day before the last Sabbath he fell from a roof and was hurt sorely. Men carried him home, and they summoned physicians from the village. They put oil upon him and gave him medicines. But nothing helps him. He lies upon his bed and moans and sometimes cries out in agony. He has a wife and four small children. I visited him

yesterday, and he turned his pain-clouded eyes to me and said, 'Who will care for them when I am gone?' I tried to comfort him saying the neighbors would do what they could. But he knows we are all burdened caring for our own families, and he only moaned the more. 'Is there a God over Israel? Does He care for one of the least?' he asked. Master, we have seen the gifts of the Most High flowing from Your hands. Will You come and heal our neighbor?''

He was not offended. With a fast-beating heart

Jephone saw that He was pleased.

"Do you believe that I am able to do this?" He asked, and He looked from one to the other.

"Yes, Lord, we believe!" they cried with one voice. "This is the prayer of our hearts," said Thersa.

"According to your faith be it done unto you," said Jesus.

They knew that it was so. In this brief half hour

they had learned that He was love and power.

"Abithar is healed," said Thersa. Her voice was hushed, as though she prayed. Even the children looked at her with amazement. She was thinking of what He had said: "Abide here in your house and tell what great things the Lord has done for you." This was it. They were not called to abandon their home with its homely duties. They could serve right here. They had served. They had carried a suffering neighbor in the arms of faith to ask for healing.

Through the open door they could see far down the road a group of men approaching. Jesus was gathering His outer garment about Him. He was go-

ing on His way.

"Lord Jesus," said Jephone, "we would know

Your commandments that we may keep them and always show to the world that we are Your disciples."

"There are but two," said Jesus. "You shall love the Lord your God with all your heart, and your neighbor as yourself; all of the law depends on these."

"These will we keep with our hearts," they said. "We shall be thinking of the gift You have given. Would that You might ever abide in our house, that we might minister to You."

"I will abide," said Jesus. "Whatever you do to the least of these, My brethren, you do to Me."

The men were at the door. "Master," said one, "will You come now to the village? The people are gathered and waiting for You."

Jesus, with a last word of thanks for hospitality,

went with the men.

"He is going to teach," said Thersa. "We must go, too, and hear Him."

They started at once. The parents' hearts thrilled with joy as they saw little Machir sturdily running ahead with his brother.

It seemed that everyone in the surrounding country was there. They listened to the Master's words of counsel, words that found a response in their hearts. They saw Him heal the sick, some of whom came falteringly before Him, not daring to hope even though they had heard of wonders.

And after a while the Master and His men went on toward the next village. Jephone's family went

home. But home was glorified now.

Had He not said He would abide! He had given His great gift; they would pass it on.

Even Our Faith

KATHRYN SANDERS RIEDER

PART SIX

Having Done All, Hold Fast

A WELL-KNOWN BIOLOGIST finds no tension between science and faith. "The more you study biology," he says, "and observe the outstanding things that happen in nature, the less you can escape the conclusion that there is a designing intelligence that far transcends the human mind. To me it is sheer loose thinking to assume that the world

of nature 'just happened.'

Living the life of faith means continuing to use the good one has learned, which is so important. "Prove all things; hold fast that which is good" applies to us today. Jesus taught this truth in the parable of the sower. We recall that some of the sower's seeds fell by the wayside and were eaten by the birds. Others fell in rocky places, where there was little soil. They sprang up quickly but wilted in the heat of the sun because they had poorly developed roots. Others fell on thorns that grew up and choked them. But others fell on fertile ground and yielded fruit abundantly.

We are responsible for providing the fertile or good ground. Many persons begin the life of faith, see its vision and thankfulness, and use it to make life hold new meaning. But many times they fail to continue in faith as a way of life. Then trouble comes, and a real crisis brings the realization of forgotten faith. If faith is to be valid as a way of life, it must be our way consistently.

Holding fast in faith brought triumphant living for many of the great men and women of Biblical times. "By faith Abraham, when he was called, obeyed to go out unto a place which he was to receive for an inheritance; and he went out, not knowing whither he went. . . . By faith Abraham, being tried, offered up Isaac . . . By faith Moses, when he was grown up, refused to be called the son of Pharoah's daughter; choosing rather to share ill treatment with the people of God, than to enjoy the pleasures of sin for a season."

Paul continues the account with: "And what shall I more say? for the time will fail me if I tell of Gideon, Barak, Samson, Jephthah; of David and Samuel and the prophets: who through faith subdued kingdoms, wrought righteousness, obtained promises, stopped the mouths of lions, quenched the power of fire, escaped the edge of the sword, from weakness were made strong, waxed mighty in war, turned to flight armies of aliens."

Each person may learn to occupy a worthy placein life if he remains faithful. There is a children's story about the heroes of all ages. The story gathers them and their deeds into "halls of heroes." In onehall are gathered all those who, in various ways, gave their lives so that their country might live. In another are the men who devoted their lives to science in the service of mankind. Each field of worthy human endeavor is represented. At the closeof the story a boy, who has been told of the heroes, is asked which hall he will occupy, and he realizes that he and everyone else can make their lives count

for good.

It should not surprise us that holding fast to a life of faith requires a spiritual routine. Religious faith is nourished by prayer, reflection, and the reading of suitable material. We may begin each day with good resolve and high faith, but many things come up to try our sincerity, patience, and skill. We need to return to the refreshment of prayer or uplifting thought for new energy and strength. It is good that it is so, for it draws us closer to God and reminds us that of ourselves we can do nothing. Jesus said that He Himself did not do the works for which He was credited, but that they were accomplished by the Father abiding in Him.

Periods of waiting may also bring growth in faith if we continue to hold fast. One man grew very ill after doing some heavy work and was told that he must have a long period of rest. As the man waited and recovered, he realized that God might be speaking to him through this experience. "I wonder if God may not be pointing out that I should be busy about more important things that are my particular work." He began to look at each experience as God speaking to him, and he was able to resume his work and to go on to better things. An attitude of asking what God is saying to us in each experience would enable us to draw more good from living. We would grow ready for fuller lives at a rate that would surprise us.

We need to hold fast to the faith that even in the midst of trouble God is present to help and to bless. He is with us as quickened intelligence, as fresh stores of strength, as new wisdom and insight, as confidence based on His past help and guidance. He is with us, teaching us patience and trust. Sometimes, instead of holding fast to the good with patience, we are like children digging up garden seeds to see if they are growing. Like children, we have to learn the lessons of waiting and continuing in faith to seek a good outcome. If the outcome is not as we plan, our faith must not end there. We must acknowledge a greater wisdom and plan at work. We know that many of our past prayers, if granted, would have brought us unhappiness. And as we love, we can learn to trust.

A prayer of faith always includes the thought, "Not my will, but thine, be done." If there is any testimony of the Christian, it is that God's plan and will for us is good, and "to them that love God all things work togther for good." We must discourage all negative thinking, and study, prayer, and useful activity will enable us to promote constructive living.

Thomas A. Edison was once asked what was his most satisfying achievement. He thought a moment. Then he said: "I know what you want me to say, but that isn't it. I consider my own greatest achievement is that I have been able to make a few true friends."

A woman who had served her church choir many years felt she must resign because her voice seemed to be failing in quality. She feared that she was being kept on only out of kindness. To her surprise, the choir held special recognition for her at the next rehearsal after her fearful thought. They honored her for her faithfulness and her many contributions

to the choir. They had appreciated her for a quality she had not even considered. She had done many little jobs no one else seemed to have time for. She did not mind doing these things, for she was working not only for the choir but also for God. She was thankful that she could serve in this way.

The way of faith that holds with perseverance and courage becomes easier as these qualities become habitual. "I am always optimistic," said one outstanding newspaper editor, "because that is the only way it pays to be." His optimism did not prevent his seeing the work to be done. It spurred him on to do it with high energy.

A young pilot who lost a leg in World War I lay in his hospital bed in deep despair. Being shot down, having to crash land, and then having the last bomb explode as he landed seemed to finish everything for him. But a wise nurse saw his need and said to him, "Remember that a man is as strong as his inner life."

The young man decided the nurse was right, and he later said he owed his career to her. He went on to become a master of airplane design and production, and today the whole world knows him as Major Alexander P. de Seversky.

At no time are we justified in giving up the life of faith. It is our hope for a better future. These promises we should remember:

"They that wait for Jehovah shall renew their strength; they shall mount up with wings as eagles."
"Jehovah will give grace and glory;

No good thing will he withhold from them that

walk uprightly."

"In quietness and in confidence shall be your strength." "Be strong, and of good courage; fear not, neither be dismayed." "With us is Jehovah our God to help us."

Nothing is more important for us to do than to live lives dedicated to holding fast to the way of faith. For, as John wrote and lived so unforgettably,

"This is the victory . . . even our faith."

(The End)

SILENT NIGHT

Rowena Cheney

"Silent night! holiest night!"
Again the notes ring true and clear;
Again the great star lends its light,
Proclaiming that the hour is here;
That in the stable of an inn
The Saviour King is born again,
To teach us peace where strife has been,
To bring good will unto all men.

"Silent night! holiest night!"
O may that silence truly be
A hallowed interlude made bright
By true at-one-ment. Let us see
The beckoning star and hear once more
The words as shepherds heard them then,
But clearer now than ever before:
"On earth peace, good will toward men."

I Meet My God in Silent Prayer

from the writings of

CHARLES FILLMORE

Illumination: The Spirit that quickened Jesus is active in me, and I am reborn into the Christ consciousness of light. "The night is far spent, and the day is at hand."

Prosperity: The Spirit that quickened Jesus is active in me, and I am reborn into the Christ consciousness of prosperity and success. Every need is bountifully met.

Healing: The Spirit that quickened Jesus is active in me, and I am reborn into the consciousness of health and wholeness. "Be strong in the Lord, and in the strength of his might."

INSTRUCTIONS—In silent communion with the Father our work is to unify our minds with the all-knowing mind of God, to declare that through Christ we are consciously attached to the parent stem. It behooves us to always retain as much as possible this attachment in order that we may go forward in spiritual unfoldment and be crowned with eternal life.

UNITY FOR DECEMBER 1955

ILLUMINATION

Our experience in rebirth points the way into a new state of consciousness. In the rebirth or new birth, we study motives when we want to know the causes lying back of acts. Mind is the moving power back of every act.

When Jesus went up into the mount to pray He was transfigured before His apostles Peter, James and John. True prayer brings an exalted radiation, and when it is accompanied by faith, judgment, and love, the word of Truth bursts forth in a stream of light that, when held in mind, illumines, uplifts, and glorifies.

Neither the religious nor scientific world has associated Jesus and His doctrine with the physical elements of the universe, although Jesus often compared Himself to light and substance or bread. Now as we begin to delve into the primal source of matter, radiant and static, we find that it emanates from ideas, from which all things proceed. When Jesus announced, "I am the light of the world" He was stating a scientific fact that modern science is beginning to grasp. Jesus not only proclaimed that He was the light of the world, but He included us in that light, "Ye are the light of the world," which was followed by the call to action: "Let your light shine before men; that they may see your good works, and glorify your Father who is in heaven." Affirm:

The Spirit that quickened Jesus is active in me, and I am reborn into the Christ consciousness of light. "The night is far spent, and the day is at hand."

PROSPERITY

The Spirit that quickened Jesus is God as the moving force in the universe; it is divine Principle as the breath of life in all creation.

Spiritual quickening is a waking up of the whole man; man wide awake to the full consciousness that he is a son of God and heir to every good thing.

Words are seeds, and when dropped into the invisible spiritual substance, they grow and bring forth after their kind. "Do men gather grapes of thorns, or figs of thistles?" Farmers and gardeners choose their seed with the greatest care. They reject every defective seed they find and in this way make sure of the coming crop. To have prosperity in your affairs you will have to exercise the same intelligent discrimination in the choice of your seed word.

Declare that your words of Truth are energized and vitalized by the living Spirit, and that your mind is now open and receptive to an influx of divine ideas that will inspire you with the understanding of the potency of your own thoughts and words. Know that you are prospered, that your consciousness is a magnet of love, drawing to it all good from the unfailing inexhaustible reservoir of supply. Your increase comes because of your righteous application of God's law. In truth you are a radiant son of God, a productive channel for His good, and you are abundantly prospered. Affirm:

The Spirit that quickened Jesus is active in me, and I am reborn into the Christ consciousness of prosperity and success. Every need is bountifully met.

HEALING

Healing by the power of the word did not originate with Jesus, although it is from Him that we get a new quickening, a new awakening, a new consciousness of faith in the Holy Spirit to free from all beliefs in sin, sickness and death.

Whoever realizes that God is the underlying creative perfection and that man is His mouthpiece has laid the foundation for performing miracles of healing through the power of the word. But in order to do the miracles he must speak the word that he knows to be true.

Jesus used words as the vehicle of the healing potency. He always spoke to the patient "as having authority." He had a certain assurance, an inner conviction, that He was speaking the truth when He said "Thou art made whole," and the result of His understanding carried conviction to the mind of the patient and opened the way for "virtue" that went forth from the speaker.

You are a child of God, and to you is entrusted the creative, healing power of the word. When you know this you can forgive others their sins as you can forgive your own. You can speak the freeing, healing word, and it will accomplish that whereto unto you send it. This living healing word of God is a spiritual principle. It is omnipresent like the air we breathe. The word of God is powerful. Affirm:

The Spirit that quickened Jesus is active in me, and I am reborn into the consciousness of health and wholeness. "Be strong in the Lord, and in the strength of his might."

Who Is Your Sole Support?

WONDER IF any of my readers have ever been in a dry dock? It is a very impressive structure. The big ship is floated into what appears to be a miniature lake, encompassed by a rather wide platform. It is fixed in the center, great beams are adjusted to the sides of the ship, and the water is gradually pumped out. As the great entrance doors are jammed shut, the water gradually is lowered, until it disappears.

The ship, resting securely on an even keel, is thus exposed to the minutest observation, and the process of repair and cleansing begins. Sometimes it will be found that the entire bottom is covered with barnacles, those clinging shellfish which, little by little, have fastened themselves onto the surface, unseen from above. It is no easy job to get them off. In the old days, when copper plates were used to protect the bottoms of vessels, barnacles gathered more than they do nowadays. But steel or metal bottoms, no matter how painted, have to be looked after, depending somewhat on where the vessel has been cruising.

We can see here an almost perfect illustration of our own adventures in the waters of life, or of our work in the world. We have to do our work in this world, and the question as to whether it will be a clean work, a joyful work, and a prosperous work depends largely on how we keep ourselves fitted for the job, and this going into the dry dock is symbolic of the meditation that is essential to this cleansing.

The word "dry" is a very significant word, and we know how, all through the Bible, the word "waves" is used to symbolize the frequent chaos of the personal consciousness.

Thus, when Jesus was awakened during a tempest at sea, and arose and rebuked the waves, His disciples "marvelled, saying, What manner of man is this, that even the winds and the sea obey him?"

There are some friends who think that man is not making any advance spiritually; but let us carry our illustration a little further. It was not so long ago that all ships were dependent upon the water. They floated about rather helplessly when anything went wrong with the rudder, and the dry dock was the only means of repairing them. But now we have boats that rise easily above the water. Equipped with wings, in a practical or material sense they are able to still the waves by rising above them. This advance over the past has been due entirely to man's seeking. However much we may differ in our creeds and definitions, it is still true that all desire for improvement in conditions is right prayer. However defective to his blurred vision man may seem to be, his blind impulse to make himself better is a Godgiven faculty. As invisible power, hitherto unknown, is thus released for his use by this seeking, he rises not only materially, but mentally and spiritually, above his environment.

We all can see that, with the marvels of modern science constantly unfolding before us, the simplest intelligence must be impressed by this continual demonstration of the Infinite. The late Sir James Jeans, noted British astronomer, declared that the universe is a creation of mind. These are his words:

"The universe can best be pictured—though still very imperfectly and inadequately—as consisting of pure thought, the thought of what, for want of a better word, we must describe as a mathematical thinker." He then went on to say:

"All the choir of heaven and the furniture of earth, all those bodies which compose the mighty frame of the world, have not any substance without

the mind."

It is precisely these modern manifestations, reinforced by such statements from scientific head-quarters as I have just quoted, that confirm, in a very broad and easily understood manner, what has long been evident to those who have seen Truth through meditation, through their awakened consciousness of the indwelling Christ Mind.

We should not permit ourselves to be confused by the number of different terms; for, after all, many of them mean the same thing. When, with Sir James, we agree that mind is all, it is not so difficult to go back to Paul and realize that the whole process of life consists in the constant renewing of our minds, and that the main issue can be narrowed down to two things, namely, love and not-love.

There is an old tale from Persia, quoted by

Romain Holland, which illustrates this thought.

A lover came to knock at the door of his well-beloved. She asked, "Who is there?" He replied, "It is I." The door did not open. He came a second time, and called, "It is I, I am here!" The door remained closed. The third time the voice asked from within, "Who is there?" He replied, "Well-beloved, I am thou!" This time the door opened.

A moment's meditation enables us to see the lesson that it teaches. In our own attitude toward the infinite Intelligence, or we may say toward God the Father, using the simpler name employed by Jesus, the imperishable I AM within us, the immortal part of us, is that which belongs to God. It is indeed the "beloved Son." But when we allow the world, that is, the cares and anxieties of this world, represented by our human time-bound self or personal consciousness, to assert its fictitious power over us, and when, knocking at the door of the Father, we give this personal claim a false precedence, inevitably the door remains closed.

There is another very important word that in our meditations we find extremely useful, namely, discrimination. We need constantly to challenge all new statements, neither dismissing them nor embracing them until we have discriminated, and, if there be both chaff and wheat, we need to separate the one from the other.

The ascetics did not do this. They embraced, without discrimination, the idea that they must flee from the world of personal consciousness, absolutely denying and mortifying the flesh, submitting themselves to every form of mutilation. This one-sided method has long since been revealed as unworthy of any son of God.

Conversely, many have thought that they could serve God by living wholly in the personal consciousness. Swami Vivekananda once defined this distinction very nobly in his writing "God in Every-

thing":

If a man plunges headlong into foolish luxuries of

the world without knowing the Truth, he has missed his footing. . . And if a man curses the world, goes out into a forest, mortifies his flesh, and kills himself little by little by starvation, makes his heart a barren waste, kills out feeling, and becomes harsh, stern, and dried up, that man also has missed the way.

In difficult periods of what appears to be widespread material suffering and distress, it is indeed fortunate for us that in the words of the Master, of Him who found tribulation in the world but overcame it, there is a definite answer to the oft repeated

question, "Who is our real support?"

The reason why so many of us are likely to be confused is this same lack of discrimination. We do not quite understand (first) that we cannot just sit still and do nothing, and (second) that all effort or initiative that is the outgrowth of our false sense of responsibility combined with a frightened sense of our assumed material losses—that all such panicky action just sets us deeper in the quicksands of error.

When we come to see that our real work—and, believe me, our seeing it is no dilettante job—lies wholly in our own consciousness, in our own thought, or, if you will, in our within, and that we must constantly search ourselves, seeking for a higher understanding, then it is that we truly come into the realization of the kingdom, where all our needs are supplied.

We cannot dismiss any phase of our consciousness as being negligible, or even unreal; for what we justly term unreality from the standpoint of God is, in its time-bound sense, practical enough. Thus, Jesus did not wave Satan away. He faced him. He said, "Get thee hence," showing us how to treat this

divided mind: how to be positive, not negative; how to resist evil in one way, and to be nonresistant to it in another way. In short, how to discriminate.

Jesus being led up into the wilderness (which we may interpret as a period of dryness, which at times we all experience), Satan asked Jesus to worship him, which is equivalent to asking for acknowledgment, and the Master replied:

"Get thee hence, Satan: for it is written, Thou shalt worship the Lord thy God, and him only shalt

thou serve."

If we consider this for a moment, we shall see the enormous significance of "him only." Jesus was accustomed to quote from the Scriptures, and in this case He went back to Deuteronomy 6:13, the text of which reads, "And him shalt thou serve." Not only did Jesus add the word "only" but, by placing the "him" before it, He gave it additional

emphasis.

If we take this simple and emphatic declaration as a foundation-direction, and follow through His other sayings that bear on this one thought, we shall be amazed at the single-mindedness and the absolutely unswerving nature of His iteration of the first commandment, "Thou shalt have no other gods before me," and we shall see the reason for His own confirmation of the allness of love, and of the fact that when we love God before all else we are obeying this "great and first commandment."

For instance, consider His saying, "Ye cannot serve God and mammon." By "mammon" is meant this personal consciousness; and still more. It means, definitely, that we cannot serve any other personalities

in this sense, namely: we cannot bow down to them; however much we may be attached to them, we cannot permit ourselves any responsibility for them. It means not only that we must leave to God the Father those near and dear to us; it is much more. It means that, by allowing ourselves to think that they are dependent on us in any way, we are disobeying the "him only" of the Master, the ringing peal of which, after two thousand years, vibrates through the world.

Here, again, we have to discriminate, for we should not go to the other extreme, to that negative attitude which would hold us aloof from any expression of our ordinary human feelings. We must never forget that Jesus wept over Lazarus. Indeed, it is He who always sets us the example.

"It is strange that we should have missed the point," exclaims a Truth teacher, "for clearly the worth of our service to humanity must depend on our inspiration, and how can our inspiration be of the Highest-how can we even know how to receive and recognize such inspiration—if our minds are preoccupied by human needs, our hearts obsessed by human suffering?"

We may have to put ourselves in the dry dock at once, drawing off the waters of contention so that we can repair our defects, remove the barnacles of error. We take for our cleansing thought, "Be still, and know that I am God." Later-or even now in the sense that faith already solves our problems—we may develop additional wings whereby, at will, we shall ourselves rise above the waves, as modern seaplanes do.

Meanwhile, that Mind which, as Sir James says,

is now regarded even by scientists as substance is the Mind that, once we are cleared of the errors of covetousness, false desire, and sense of lack, and thus find release in our own sense of giving freely—it is this infinite Mind that can always be relied on to give us our "good measure, pressed down, shaken together, running over."—Thomas L. Masson.

BELLS OF CHRISTMAS

Fay Wilson

Ring, bells of Christmas, ring! The joyful day has come When brotherhood again proclaims The hope of Christendom.

Sing, Christmas carolers, sing! Let your songs never cease To echo wonders of His love And sweetness of His peace.

Come, worshipers, your percious gifts Of faith and Truth bestow. Show forth the love within your hearts, That peace all men will know.

Have faith, all men, for you can live Together in your land When each holds first the good of all— Extends a loving hand!

Sunday LESSONS.....

These lessons point out the symbology of the Bible and interpret it according to the Unity teaching. Study with an open mind and Truth will convince you. Bible text is taken from the American Standard Version of the Bible, copyright, 1929, by the International Council of Religious Education; lessons are developed from outlines prepared and copyrighted by the Council; both are used by permission.

Lesson 10. December 4, 1955

UNITY SUBJECT—Expressing the Truth in Christ.

INTERNATIONAL SUBJECT—Meaning of Discipleship.-Luke 9:23-36.

23. And he said unto all, If any man would come after me, let him deny himself, and take up his cross daily, and follow me.

24. For whosoever would save his life shall lose it; but whosoever shall lose his life for my sake, the same shall save it.

25. For what is a man profited, if he gain the whole

world, and lose or forfeit his own self?

26. For whosoever shall be ashamed of me and of my words, of him shall the Son of man be ashamed, when he cometh in his own glory, and the glory of the Father, and of the holy angels.

27. But I tell you of a truth, There are some of them that stand here, who shall in no wise taste of death, till

they see the kingdom of God.

28. And it came to pass about eight days after these sayings, that he took with him Peter and John and James,

and went up into the mountain to pray.

29. And as he was praying, the fashion of his countenance was altered, and his raiment became white and dazzling.

30. And behold, there talked with him two men, who were Moses and Elijah;

31. Who appeared in glory, and spake of his decease

which he was about to accomplish at Jerusalem.

32. Now Peter and they that were with him were heavy with sleep: but when they were fully awake, they saw his glory, and the two men that stood with him.

33. And it came to pass, as they were parting from him, Peter said unto Jesus, Master, it is good for us to be here: and let us make three tabernacles; one for thee, and one for Moses, and one for Elijah: not knowing what he said.

34. And while he said these things, there came a cloud, and overshadowed them: and they feared as they

entered into the cloud.

35. And a voice came out of the cloud, saying, This is

my Son, my chosen: hear ye him.

36. And when the voice came, Jesus was found alone. And they held their peace, and told no man in those days any of the things which they had seen.

GOLDEN TEXT—If any man would come after me, let him deny himself, and take up his cross daily, and follow me.—Luke 9:23.

SILENT PRAYER—I apply myself to expressing the Christ wisdom and love toward all persons and under all conditions.

Learning to express the Christ qualities of mind and heart and to use the Christ power is an undertaking that requires all the earnestness and application of which a man is capable. If we read the complete 9th chapter of Luke, we find that John did not learn readily to express the Christ quality of love. The 49th verse reveals him in an effort to learn greatness, an effort that failed of success at first. Intolerance and exclusiveness are not Christlike.

Although John's action may have seemed rather intolerant, Jesus met it with the words, "Forbid him not; for he that is not against you is for you." He who does not actively oppose an idea is open to conviction in favor of it, provided he has enough mental alertness to decide where he really stands and to recognize the real basis of his faith. This is the foundation of true discipleship. Intolerance and vengeance are far removed from the Christ Spirit of forebearance and love. At the time of which today's lesson treats, James and John had not learned to express either of these qualities as a matter of principle.

As we practice the expression of the Christ Spirit we find that we must unlearn selfishness. Although our own convenience and pleasure may seem to us to be the main consideration, this is not really true. We must learn consideration for others, which means that we must learn to see from the viewpoint of universal love and wisdom. In spontaneously taking thought for others, man obeys the divine law, but where force enters in free will and every other phase of freedom is dispossessed. The presence of force proves the absence of the Christ Spirit in active form.

A fixed purpose often deters man from accepting the world's way of peace and contentment. Jesus "stedfastly set his face to go to Jerusalem" in pursuance of His plan to express the Truth perfectly regardless of the effect of His movements on prejudiced observers. He who does this encounters opposition. He who is compliant alters or adapts his plan to appease those who are subject to the prejudices of the personal consciousness.

Where his previous allegiance has been to something adverse to Truth, the Christ Spirit does not find easy or ready expression through man. A change of mind is required before one who is bound by the personal consciousness can develop or express the Christ. At least one man who did not realize this necessity is disclosed by Jesus when He met a pledge of discipleship with the words "The foxes have holes, and the birds of the heaven have nests; but the Son of man hath not where to lay his head." We have no record of His discouraging others from following Him. That He had nowhere to lay His head was plainly mentioned for the purpose of making an impulsive but unsteady person who wished to become an active disciple realize what discipleship involved. No one is ready to express the Christ Spirit before he is willing and able to lay aside all considerations of the personal self in favor of the one aim. Complete concentration on the Christ ideal must be not only the dream but the reality to the one who applies for discipleship.

A sense of duty and responsibility is an asset to the disciple of Christ as it is to anyone in any undertaking. Where duties conflict, the higher prevails over the lower. One must put the Christ before all temporal interests. Not even the personal love of family takes precedence over it.

Love of family would seem and is entirely laudable and right. Yet the kingdom of God includes all objects of our devotion, and we cannot afford to forfeit the greater by looking back in longing to the time when the lesser was unbroken. All men are one family, and division into smaller units is of the nat-

ural, not the divine, order. He who follows the Christ and expresses the Christ Spirit keeps his eye on the unity of all life and goes steadily forward to spiritual perfection.

QUESTIONS

1. In what respect is it true that "he that is not against you is for you"?

2. How does the natural man unlearn selfishness?

3. For what purpose were the words spoken "The foxes have holes, and the birds of the heaven have nests; but the Son of man hath not where to lay his head"?

4. What must one who wishes to express the Christ

Spirit be prepared to do?

5. Explain the Golden Text for today.

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Lesson 11, December 11, 1955

UNITY SUBJECT—The Good Neighbor.

INTERNATIONAL SUBJECT—Who Is My Neighbor? —Luke 10:25-37.

- 25. And behold, a certain lawyer stood up and made trial of him, saying, Teacher, what shall I do to inherit eternal life?
 - 26. And he said unto him, What is written in the law?

how readest thou?

27. And he answering said, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy strength, and with all thy mind; and thy neighbor as thyself.

28. And he said unto him, Thou hast answered right:

this do, and thou shalt live.

29. But he, desiring to justify himself, said unto Jesus, And who is my neighbor?

30. Jesus made answer and said, A certain man was

going down from Jerusalem to Jericho; and he fell among robbers, who both stripped him and beat him, and departed, leaving him half dead.

31. And by chance a certain priest was going down that way: and when he saw him, he passed by on the other

side.

32. And in like manner a Levite also, when he came to the place, and saw him, passed by on the other side.

33. But a certain Samaritan, as he journeyed, came where he was: and when he saw him, he was moved with compassion.

34. And came to him, and bound up his wounds, pouring on *them* oil and wine; and he set him on his own beast, and brought him to an inn, and took care of him.

35. And on the morrow he took out two shillings, and gave them to the host, and said, Take care of him; and whatsoever thou spendest more, I, when I come back again, will repay thee.

36. Which of these three, thinkest thou, proved neigh-

bor unto him that fell among the robbers?

37. And he said, He that showed mercy on him. And Jesus said unto him, Go, and do thou likewise.

GOLDEN TEXT—Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy strength, and with all thy mind; and thy neighbor as thyself.—Luke 10:27.

SILENT PRAYER—In love and good will I am one with all men, for I am one with God.

The word neighbor may be used in an individual as well as in a social sense. Individually man is a community of close-knit factors: body, mind, and soul, which are ruled by the I AM.

The traveler who was robbed, beaten, and left half dead on his way to Jericho may be said to represent the body of man when it falls under the power of uncontrolled appetites and desires. The mind, like the priest on the Jericho road, is peculiarly fitted to repair the ravages done by those thieves, but it may shirk its responsibility to man and "pass by on the other side," leaving the abused body to gain what it can from medicine and surgery.

In the parable set forth in today's lesson, we find that the priest and the Levite did not follow the letter with any exactness, for the law required of every Israelite that he help his brother lift up even the ox or the ass that had fallen down by the way. Isaiah says moreover of the fast that Jehovah has chosen, "Is it not to deal thy bread to the hungry, and that thou bring the poor that are cast out to thy house? when thou seest the naked, that thou cover him; and that thou hide not thyself from thine own flesh?" Neither the priest nor the Levite that preceded the Samaritan could plead strict compliance with the law in extenuation of their conduct.

To continue with man as an individual, the mind may be overwhelmed by the thieves of worry, driving ambition, or personal care and responsibility. Unless man uses the I AM constructively to overcome these handicaps, he shirks a clear responsibility to the mind and cannot be the full-rounded, successful person that he would become through identifying himself with his divine self.

The soul of man, the emotional nature, may be taxed beyond the power of the natural man to resist. The help of the I AM is needed here also in order to hasten the return of man to his spiritual ascendancy.

As a unit in the social structure man is a good

neighbor when he does what most needs to be done for his fellow man. As in the parable, this is not the conventional help that someone else might give. The Samaritan did what the others had avoided doing. The Truth student has an unequalled opportunity to be a good neighbor to anyone whose body has been mistreated past his power to restore. He can speak the healing word of Truth either silently or aloud, holding meanwhile in mind an image of perfection. He can pour into the wounded body the wine of Truth, and can dress it with the oil of joy and praise. In so doing he will render first aid of the most urgent kind, a kind that the natural man does not think to offer. Rather he passes by on the other side when he offers stock words of comfort or encouragement culled from the race vocabulary.

The metaphysician is equally well fitted to befriend those who have been robbed of peace of mind and heart. He can affirm that the power of the Highest is manifest and can know that nothing can defeat its beneficent action.

To plead lack of time or inexperience in speaking the needed word is an evasion of duty. The Good Samaritan paid what he could to spare to the innkeeper, and promised additional payments as further debt was incurred. We can continue to speak the word from day to day, keeping the unfailing supply faithfully in mind. He who sees the one life, seeking expression through countless avenues, willingly undertakes the furtherance of its expression under divine law wherever the opportunity offers.

We show mercy toward one who is in the grip of disease or error by refusing to pronounce his case

hopeless or incurable. "Mercy and truth are met together" in the thought of all whose compassion flows toward the relief of another's distress of mind or

body.

The Good Samaritan did not wait till his help was asked. The man whom the thieves had left half dead was probably unconscious and past calling for help. The Samaritan saw the need and responded without hesitation, giving all the help he could. The metaphysician can take a valuable lesson from this fact, speaking the word silently or audibly, as may seem best, wherever he sees the need for Truth to be made manifest, following the word meanwhile with appropriate action where action is necessary or desirable. By giving time and thought to right thinking about a case of need, as well as by rendering material aid, the metaphysician becomes as much a pioneer as the Good Samaritan was. The trail thus blazed will be followed by many another after him, who will find the way easier because of his example. In this way the good that he does will be many times multiplied.

QUESTIONS

 Can the word neighbor be used in more than one sense?

2. What does the traveler represent who was beaten, robbed, and left half dead on his way to Jericho?

3. What avails to deliver the soul of man from forces that seem to be irresistible?

4. Give your conception of a good neighbor.

Lesson 12, December 18, 1955

UNITY SUBJECT—How Should We Pray?

UNITY FOR DECEMBER 1955

INTERNATIONAL SUBJECT—Jesus, Man of Prayer.
—Luke 3:21, 22; 4:42; 5:16; 6:12; 9:18, 28, 29; 10:21, 22; 11:1-4.

21. Now it came to pass, when all the people were baptized, that, Jesus also having been baptized, and praying, the heaven was opened,

22. And the Holy Spirit descended in a bodily form, as a dove, upon him, and a voice came out of heaven, Thou

art my beloved Son; in thee I am well pleased.

- 42. And when it was day, he came out and went into a desert place: and the multitudes sought after him, and came unto him, and would have stayed him, that he should not go from them.
- 16. But he withdrew himself in the deserts, and prayed.
- 12. And it came to pass in these days, that he went out into the mountain to pray; and he continued all night in prayer to God.
- 18. And it came to pass, as he was praying apart, the disciples were with him: and he asked them, saying, Who do the multitudes say that I am?
- 28. And it came to pass about eight days after these sayings, that he took with him Peter and John and James, and went up into the mountain to pray.

29. And as he was praying, the fashion of his countenance was altered, and his raiment became white and

dazzling.

21. In that same hour he rejoiced in the Holy Spirit, and said, I thank thee, O Father, Lord of heaven and earth, that thou didst hide these things from the wise and understanding, and didst reveal them unto babes: yea, Father; for so it was well-pleasing in thy sight.

22. All things have been delivered unto me of my Father: and no one knoweth who the Son is, save the Father; and who the Father is, save the Son, and he to whom-

soever the Son willeth to reveal him.

1. And it came to pass, as he was praying in a certain place, that when he ceased, one of his disciples said unto him, Lord, teach us to pray, even as John also taught his disciples.

2. And he said unto them, When ye pray, say, Father,

Hallowed be thy name. Thy kingdom come.

3. Give us day by day our daily bread.

4. And forgive us our sins; for we ourselves also forgive every one that is indebted to us. And bring us not into temptation.

GOLDEN TEXT—Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you.—Luke 11:9.

SILENT PRAYER—I receive divine blessings in proportion to the strength of my desire and the firmness of my faith.

The kingdom of heaven is at hand, but before anyone can enter into it and be at home in its atmosphere he must be able to speak its language. That language includes prayer. Through prayer we commune with God and learn the law of the high consciousness that we aspire to reach. We also learn to think the thoughts of Divine Mind.

Prayer develops awareness of God. We cannot talk to another person without feeling His presence. When we pray we are aware of being with God and of God's being with us. With God we are lifted up into a higher state of mind than is ordinary. Prayer develops elevation of thought. But how should we pray?

Should we pray in words that imply faith in a sure answer to our prayer, or should we ask meekly,

leaving the answer to the will of God? This proposition confronts most of us at various times, and our minds waver between the two attitudes, and the answer is always weakened by the wavering whether we realize it or not.

Whichever way we decide to pray we quote Scripture to fortify our position and usually find enough to satisfy us that we are right. The majority of Jesus' prayers are affirmations, according to English translations, which are not always in harmony with the original text. For example, the Lord's Prayer, which we so universally use, is in the original a series of affirmations. The translators had no conception of the majesty of man as the son of God and they twisted this prayer of decrees into a supplication for help. When we realize that we are the outlet of a Mind that seeks an adequate expression, we shall cease our begging prayers and elevate our thoughts and words to the high standard set by the Master.

Jesus filled every physical act with spiritual significance by means of prayer and acknowledgment of the Father's presence and approval. The prayer that He taught His disciples is a simple one, covering elementary truths, but when we realize its full meaning we shall have reached a high stage of spiritual development. First, we acknowledge God as the one source of all that is true and real. The whole spirit or Holy Spirit is the universal consciousness of Truth. "Hallowed be thy name." As we realize the immanence of this Spirit in us we enter it consciously and it takes possession of our mind.

To remember God on special occasions or in

crises is easy enough, and natural. To remember Him habitually is the test of the elevated mind and heart. "Give us day by day our daily bread." The daily round requires more grace in the following than does the rare heroic deed or the meeting of the occasional crisis. The reward in inner satisfaction and peace of mind is also greater in the one than in the other.

The prayer for daily bread is an acknowledgment that all our needs are supplied in the inner kingdom. Through faith in this kingdom we gain understanding and are lifted up above the plane of doubt and uncertainty on which the mind of sense seeks and finds not.

As we form the habit of frequent prayer we develop poise and balance, and these form the equilibrium of divine law. Prayer convinces us that the one life is shared by all in proportion as all maintain open minds. Apart from forgiveness, openmindedness is an empty term. As we forgive others we obtain forgiveness for our sins and shortcomings.

Jesus taught His followers to assert the affirmative in thought and word. We do not know the exact words He used in His most radical statements, but judging by the English into which they have been translated from the Greek, Jesus was very positive in His assertion of the power of spiritual man and especially of those who follow Him in the regeneration. He taught and demonstrated that the word could be used to build or destroy. The destructive power was illustrated in the fruitless fig tree. It was in this connection that He laid down the laws through which we can bring forth whatever we

desire. What could be stronger in this respect than this? "All things whatsoever ye pray and ask for, believe that ye receive them, and ye shall have them."

The temptation against which we are to be on our guard in prayer is twofold. We are not, through excess of zeal, to allow our feelings to outdistance our understanding. This practice makes for fervent worship, for begging, pleading, or thanking God outside our ken. We are not to become oversure of ourselves, like the Pharisee who "prayed thus with himself" instead of praying to God. He who once touches the hem of spiritual consciousness knows that infinity outreaches his power of comprehension and that he has more and ever more to learn.

Jesus taught that reverent love rather than fear is the true prayerful attitude. We are to pray "Our Father" when we think of the empowering Spirit of the Infinite, and not "Mighty God" or some other majestic term. We belong in the realm of Spirit and are at home there. Our Father is "in heaven" or the realm of peace and harmony. We can enter into it here and now by following the rules that govern it, by living the life of the mind and soul rather than that of the physical self.

QUESTIONS

1. What do we learn through prayer?

2. Interpret the Lord's Prayer in terms of our daily lives and needs.

3. What is the true prayerful attitude?

4. How do we bring forth that which we desire?

Lesson 13, December 25, 1955

UNITY SUBJECT—Good Tidings of Great Joy.

INTERNATIONAL SUBJECT—Songs of the Saviour's Birth.—Luke 1:32, 33, 46-50; 2:29-32.

32. He shall be great, and shall be called the Son of the Most High: and the Lord God shall give unto him the throne of his father David:

33. And he shall reign over the house of Jacob for

ever; and of his kingdom there shall be no end.

46. And Mary said,

My soul doth magnify the Lord,

47. And my spirit hath rejoiced in God my Saviour.

48. For he hath looked upon the low estate of his handmaid:

For behold, from henceforth all generations shall call me blessed.

For he that is mighty hath done to me great things;
 And holy is his name.

And his mercy is unto generations and generations
 On them that fear him.

29. Now lettest thou thy servant depart, Lord, According to thy word, in peace;

. For mine eyes have seen thy salvation,

31. Which thou hast prepared before the face of all peoples;

32. A light for revelation to the Gentiles, And the glory of thy people Israel.

GOLDEN TEXT-

Glory to God in the highest,

And on earth peace among men in whom he is well pleased.

—Luke 2:14.

SILENT PRAYER—The glory of the Christ consciousness now awakens in my soul, and my heart sings with new inspiration.

Christmas, the celebration of the birth of Jesus,

our beloved Way-Shower, is a time that inspires all of us to put forth extra effort to be loving and kind. It is a time to demonstrate the principles of Truth we believe in, knowing that we are children of God,

joint heirs with Christ.

At Christmas time we praise God and give thanks for the realization that Christ is born within us. As a consequence, our hearts are filled with good cheer and joy. Gladly we echo the songs of the Christmas season. We rejoice anew in the Christmas story, and in the promise of the birth of Jesus. Everywhere voices are raised in song, proclaiming, "Joy to the world! the Lord is come."

The salvation that was Jesus was sent not just to Bethlehem, not alone to the Jews, but to all the world, everywhere and forever. And the songs that heralded His birth hailed the dawning of a new day for humanity. The Christ child had come, the long-awaited Messiah, and with Him came hope and salvation. "Let earth receive her King."

At times peace and good will seem remote for all the earth. We still cling too tightly to the material things of the world. But as the Christmas season dawns again the gentle flow of songs depicting the kind of world most of us would like to see is portrayed in the melodies of the Yuletide. And for a time at least a kindly warmth tempers the conflicts of our day. "Let every heart prepare Him room."

We feel the wonder of a new spirit being born within us at this season when the stars seem to shine more brightly, gay carols and hymns ring out, when people respond to our greetings with more cheerfulness and glow, and when the very atmosphere seems literally filled with happiness and expectancy. "And heaven and nature sing."

Music has been called the language of the emotions, and since we cannot adequately put our emotions—sorrow, sadness, adoration, joy, exultation into words, music translates them for us. Listening to music, we instinctively recognize a kinship between it and our inmost feelings. Great music is essentially spiritual in nature and is a link with God in one important particular: it is invariably a victory of spirit. For example, in Handel's "The Messiah," although written when the composer was bankrupt and ill, we find no self-pity, no defeat, no cynicism. True, it reveals yearning, sorrow, struggle; but its keynote reflects the underlying optimism, hope, and faith of men everywhere. It exults, and so do we when we listen to it. It lifts us up when weary, gives us back our faith, restores our balance.

From lofty towers of great cathedrals, from the slender spires of wayside chapels, in the humblest of surroundings, wherever those who love the Babe of Bethlehem gather in worship and adoration, we hear the bells of Christmas peal out the glad songs, we hear voices sing in exultation at His birth—songs of faith, of joy, of glad tidings to all people.

As Joseph Fort Newton has said in his interpretation of our text for today, "Christmas is the theology of a civilization yet to be. . . . Christmas is a prophetic day, looking not so much backward as forward. It is a song out of the heart of the world. It is not a mortal melody but a divine symphony. Because it is far off we know that it is not our own

music, but was sent into the souls of men by One who is as far above us as the stars are above the mists. . . . But the world will fill up with men of good will who keep step to its music and live by its law—men who know that man was made for love, because God is love, and that love and joy will blend in the final note of the great world-song."

To the world the spirit of Christmas comes again with its heart-lifting message of "on earth peace, good will toward men." In the heart of man there lives an eternal hope that will not be quenched; a hope of fulfillment, a conviction that the divinity within man will prevail and is now prevailing over the negative aspects of life that would cast down the human spirit.

A singing spirit is very close to God. Singing lifts and harmonizes and heals. But we need not sing only at Christmas. We can make every day a day of singing. We can keep our vision fixed steadily on the overcoming power of the Christ within; and let His spirit radiate through us to bless and uplift all whom we contact. We can keep our hearts joyous and serene in the assurance that God is ever with us, blessing and uplifting us.

Only the coming of the Prince of Peace could have inspired the beauty of our Christmas music. Beauty may be a fleeting thing, musical tones and phrases may pass, but we can keep the Christ with us, in us, forever. The heritage that is ours has come down to us through the ages because of the life lived by the Christ Child whose birth we celebrate at Christmas.

This is the season for rejoicing, for thought of

Him, not a time for doubt and a troubled mind. Only happiness, love, deep gratitude, and a sense of sincere humility deserve a place in the minds and hearts of God's people at this the most glorious season of the year for,

"The hopes and fears of all the years
Are met in thee tonight."

QUESTIONS

- 1. Why does the achievement of peace and good will throughout the world at times seem remote?
- Is there a kinship between music and our inmost feelings? Explain.
- 3. In what way is music a link with God?
- 4. What are the benefits to a singing spirit?
- 5. How do we keep our hearts joyous and serene?

BE STILL MY HEART!

Enola Chamberlin

Be still my heart! The stars hold sway
Above the world tonight.
Far in the east one pulses with
A pure and holy light.

Be still my heart! The bells will soon Their joyous anthem ring. But now above their towers I hear An angel chorus sing.

Be still my heart! This song I hear, This glowing star I see, Bear witness to the fact that Christ Is born again in me.

Silent UNITY

The Spirit that quickened Jesus is active in me, and I am reborn into the Christ consciousness of light. "The night is far spent, and the day is at hand."

The Society of Silent Unity, founded more than fifty years ago, is the healing department of Unity School, ministering without seeing them, to those who need help.

Our purpose is to aid through prayer all persons who,

having faith in the power of God, ask for help.

Our temporal needs are met by the freewill offerings of those to whom we minister. "Give, and it shall be given unto you; good measure, pressed down, shaken together, running over."

Our Silent Unity group numbers some hundred consecrated workers who are devoting their lives to God's work for humanity. They are proving daily that physical, financial, mental, and spiritual difficulties can be overcome by righteous prayer. Even though everything else may have failed, we shall pray with you, for we have faith that "with God all things are possible."

We pray with you and also instruct you how to pray to the Father in secret in order that you may help yourself. Silent Unity is praying always, and your co-operation in prayer is of mutual benefit. Do not hesitate to write to us for help because your problem is personal. All correspondence is confidential.

Address your request to Society of Silent Unity, Lee's Summit, Mo. Cable address: Unity, Lee's Summit, Mo.

Give your full name and address

Prayers ANSWERED

These testimonials come from persons who have been healed by the power of Spirit. Those who wish to gain inspiration from someone whom God has healed may write, in care of the Unity School Editorial Department, to givers of these testimonials. Each letter must be unsealed and give the initials and address of the person to whom it is to be forwarded; also the name and date of the periodicals in which the testimonial appeared.

He Shall Have Abundance

When I last wrote you it was to tell you that our prayers had been wonderfully answered in regard to my finding employment, and I had you send me another prosperity bank. Shortly after receiving the bank, and beginning my savings in it, two rather extraordinary things happened concerning my income. First, I received my terminal leave check for money due me when I left the government, and found it was considerably more than I had figured it to be. Then, on my new secretarial job, when the first pay day rolled around I was told that I was being paid the salary that was two steps above the starting salary, which was \$20 a month more than I had been promised when I accepted the job.

Naturally, I was very happy to know that my services were satisfactory, and my heart rejoiced with thanks to our Heavenly Father for leading me to this place.—Mrs. C. F., Maryland.

I WANT TO thank you for sending me the Prosperity Bank a few days ago and to tell you that the problem concerning our work, the loss of a good client, was cleared up perfectly and we have retained the audit.

As soon as you wrote me and sent an affirmation to be used, I ceased to be worried about it and when we met the committee we were at ease and with the problem in God's keeping and with your help, I know the answer has been perfect.—W.C., Minnesota.

My Help Cometh from Jehovah

MAY I SAY THAT I have a great thankfulness in my heart for your publications. I've come a long way to better health and happier living. But best of all, my understanding of humanity in general is so much greater that I no longer become discouraged over world conditions. Instead, deep in my heart there is a peaceful conviction that regardless of what seems hopeless on the surface, God is always present to guide us on to a better world. It's a wonderful feeling!—Mrs. L.W.C., Washington.

I Will Come and Heal

SOMETIME AGO I WROTE you asking for prayers for the healing of a broken ankle and other injuries to my foot. You replied immediately and sent me an

appropriate affirmation.

I faithfully repeated the affirmation many times a day, but it was not until I one day realized that while I was repeating the affirmation I was still worrying and not completely letting go of the matter. As soon as I realized this and stopped worrying and used faith instead, my foot started to improve and

is now almost well. Many thanks for your prayers. —E. H., Missouri.

Hearken unto Me

AFTER SEVERAL hours sleep, I awakened with an idea for a business letter I would write. I have just finished writing the letter at 2 a.m. As I wrote it I found myself praying for divine guidance. Each time my thought was, I am not praying alone—Sitent Unity is praying with me, and "Where two or three are gathered together in my name, there am I in the midst of them."

The thought came that I should and could express my gratitude to Silent Unity, for Silent Unity. I inclose a love offering.—M. E., California.

Give unto the Lord

TODAY IS MY birthday, and I can't think of anything I'd rather do than send you this cheque which is part of my tithe from recent sales.

In your last letter you said you expected exciting reports in my next letter. Well, my dears—and I mean that—in just sixteen days I made \$722.50 in commissions! Isn't that simply wonderful. Our bills are almost paid. It's amazing how quickly the money goes but, then, it comes in as quickly again. Since I took God in as a partner in my business and give Him His share, I never have to worry anymore.

Thank you again for your prayers.—S.R., British Columbia.

UNITY CENTERS AND CLASSES

The following leaders are conducting a ministry in keeping with the Christ teachings as interpreted by Unity School.

ALABAMA

Birmingham-Katheryn Jarvis, 2803 Highland ave

ARIZONA

Globe-Sarah Lightle, 117 E Oak Phoenix-Harold Irving, 1614 N 7 Tucson-Lilian Cook, 603 N 3d

ARKANSAS

Hot Springs-Mildred Brown, Waukesha Little Rock-Mildred Brown, 1504 Spring

CALIFORNIA

Alhambra-Albert Ransford, 25 N 2d Arcadia-Irene Malloy, 6 N 1st Auburn-John Hinkle, St Luke's Epis-

copal church

Berkeley-Susanna Scott, 2500 Durant Beverly Hills-Ruth Rac, 200 S Canon Burbank-Joseph & Mildred Haggerty, 1009 Cordova

Cambria-A Williams, Derby & Warwick Canoga Park-Mary Hider, 7429 Canoga Castro Valley-Edith Gruenwald, 1025

Crow Canyon rd

Colton-Harriet Nicholls, 1044 Mt Veron Compton-Margaret Butterworth, 115 N

Culver City-Dollee Phillips 3979 Tilden Escondido-Lola Mays, 143 W Grand

Fresno-Unity, 171 Blackstone Glendale-Clifford Carpenter, 236 So

Hermosa Beach-Winifred Dietz, 32d &

Highland Inglewood-Maude Galpin, 226 E Spruce La Crescenta-Mary Adams, 4004 La-

Crescenta La Jolla-Lola Mays, Woman's club, 715

Silverada Sarah

Beach-Louise Newman, Long

Switzer, 935 E Broadway

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Montebello Park-Gertrude Hall, 6169 Southside Napa-Helen Wade, Churchill manor,

Brown & Oak Hollywood-Joseph & Mildred

Haggerty, 4871 Lankershim blvd Oakland-Alma Morse, 144 Athol

Oceanside—Sonja Samiran, 1st & Ditmar Pasadena—Max & Frances Flickinger, 293 N Euclid

Pomona-C L Tuntland, 249 W Monterey Richmond-Winifred Deming, 1125 Nevin Saciamento-John Hinkle, 1025 9th;

Blanche Evans, 2441 Montgomery San Bernardino-Mr and Mrs H

Nicholls, 763 D st Diego-Marie Fleming, Robinson

bldg, 520 E st San Francisco-Mary Scully, 25 Fulton; Ethel Higgins, 133 Geary

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Santa Barbara-Robert Sikking, 227 E Arrellaga

Santa Cruz-Pauline Powell, 407 Broadway

Santa Monica—Sue Sikking, 1245 4th Santa Rosa—Helen Wade, 845 3d South Gate-Edna Drebert, 2945 Tweedy Stockton-Grace & Laurance Swannell,

48 W Poplar

Van Nuys-Rose Schneider, 14440 Hamlin; Vera Stenen, 5745 Woodman Ventura-Wm Noonan, 2095 Poli Visalia-Alice Stokes, Johnson hotel Vista-Sonja Samiran, 504 S Santa Fe Walnut Creek-Marie Giles, 1360 Locust Whittier-Adelyn Thomas, 103 S Friends Yucaipa-Unity, Woman's Club

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Mattoon-Grace Wright, Hotel Byers Peoria-Eva Conover, 733 Main Rockford-Bernice Biggers, 115 Regan Springfield-Eva Conover, 709 S 7th

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MAINE Portland-Unity, 93 High

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son

Flint-Michael Giannuzzi, 1201 Metropolitan bldg Grand Rapids-Leon Miller, 530 Scribner

ave NW

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Muskegon-Leon Miller, YWCA Roseville-Eve Edeen, 26429 Gratiot Royal Oak-Walfred Taurainen, 101 S Troy

Saginaw-Michael Giannuzzi, Woman's club St Clair Shores-Eve Edeen, 23462 Jeffer-

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Livingston-Mary Wessel, 3221/2 W Callender

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Reno-Robt & Fay Caswell, 847 University

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Tackensack-Eleanor Drew. Woman's cluh

Montclair-Gladys Stevenson, 6 S Ful-

Vewark-Edith Berry, Benzell hotel, 456 Paterson-Gladys Stevenson, YMCA 128

Ridgewood-Louise Gerhold, 1 W Ridge-

Frenton-Edith Berry, 135 Academy

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360 W 125, Rooms 2 & 3; Janet Holland, 2523 7th ave
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stone Muskogee-Ruth Jacques, 921 W Broad-

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Unity literature in French: ASTRA, 10 rue Rochambeau, Paris 9e, France; in Italian Eva Pasini, 5 Corso Genova, Milano (328), Italy; in German: Kathe Blenkner Deutschherrenstr 190, Bad Godesherg/Lannerdorf, British Zone; in Swedish & Finnish Malja Blomberg, Tervakoski, Finland: Shigesharu Uchida, 2997, 2 chome, Kasuga-che Nerima Ku, Tokyo, Japan; W A Dašilva, Caixa 1340, Sao Paulo, Brazil (Daily Wor. in Portuguese)

THE PURPOSE OF UNITY

UNITY SCHOOL OF CHRISTIANITY is a religious educational institution teaching the use of the Jesus Christ doctrine in everyday life, and is not a church. However in disseminating the teachings of Unity, based upon the Bible and especially upon the teaching of Jesus Christ, teachers have formed independent organizations for study and worship, and these organizations have evolved into groups called centers. societies, assemblies, and churches. These groups are a part of the Unity fellowship and work in close cooperation with the Unity School of Christianity, but Unity is not a denomination nor a sect. Those who study the Unity teachings and who attend a Unity church are free to keep their affiliation with any church they desire. Unity teachings explain the action of mind, the link between God and man. They explain how mind affects the body, how it brings man into an understanding of God. Accept what, in Unity, appears to you to be Truth, and withhold judgment on the remainder until you understand it.



Give the New Cookbook for Christmas

Be sure to include the new Unity Vegetarian Cookbook when you select Christmas gifts for your friends and loved ones. Introduced just this fall, this attractive blue-and-silver souvenir volume is much more than a cookbook, for in addition to its fine recipes it also includes twelve black-and-white photographs of Unity Village scenes, three pages of table blessings for children and adults, advice on menu planning, five pages on various herbs and their uses, a dietary constituents table, and an article on vegetarianism.

Many of the recipes included in the Unity Vegetarian Cookbook are served at Unity Inn and have been requested by visitors who have eaten there. Unity Inn is one of the largest vegetarian cafeterias in the world and has long been recognized for its outstanding vegetarian

cookery.

The fortunate cook who receives one of these new cookbooks will appreciate not only its tasty vegetarian dishes but also its washable cover and pages that lie flat or stand open on the counter when in use. The *Unity Vegetarian Cookbook* is only \$1 a copy, and you will probably want to order one for each of the cooks on your gift list.

UNITY BOOKS FOR CHRISTMAS

	Beginning Again	\$1.0
	Be! Doctor Houston Speaking	1.0
	Favorite Unity Radio Talka	1.6
	God a Present Help	1.0
	God a Present Help God Is the Answer Dutch, English Great Physician, The	1.0
	Great Physician, The	1.0
For	How I Used Truth German, English	1.0
Beginners	Lessons in Truth English, Italian,	
in Truth	Lessons in Truth English, Italian, Swedish, German, Spanish, Russian, French, Dutch More Wonderful You, A	1.0
	More Wonderful You, A	1.0
	Myrtle Fillmore's Healing Letters New Ways to Solve Old Problems	1.0
	Peace Begins at Home	1.0
	Prove Me Now	1.0
	Prove Me Now Story of Unity, The	1.0
	Things to Re Remembered	1.0
	Whatsoever Ye Shall Ask	1.0
For Healing	Christian Healing German, English	1.0
	Divine Remedies	1.0
	Jesus Christ Heals	1.0
	Truth Ideas of an M.D.	1.0
	Jesus Christ Heals Truth Ideas of an M.D. You Can Be HealedSwedish, English	1.0
P 1. 77	Unity Vegetarian Cookbook You and Your Child French, English	1.0
For the Home	You and Your Child French, English	1.0
Control of the Contro	Both Riches and Honor French, English	_
-	Prayer in the Market Place	1.0
For	Prosperity	1.0
Prosperity	Prosperity's Ten Commandments	1.0
	Working with God	1.0
TREE PROPERTY AND ADDRESS OF		
	Best-Loved Unity Poems	1.0
For	Be of Good Courage Household of Faith, The Lovingly in the Hands of the Father Mightier than Circumstance	5.0
Inspiration	Lovingly in the Hands of the Father	1.0
	Mightier than Circumstance	1.0
	Praver Lhanges Things	1.0
	Sunlit Way, The	1.0
For Devotion	Effectual Prayer	1.0
	Holy Bible, American Standard Version	6.5
	Keep a True Lent	1.0
	A C	1.0
n	Atom-Smashing Power of Mind	1.0
	Have We Lived Refore?	1.0
	Know Thyself	1.0
	Christ Enthroned in Man Have We Lived Before? Know Thyself Let There Be Light	2.0
For	Metaphysical Bible Dictionary Mysteries of Genesis	5.0
Advanced Study	Mysteries of Genesis	1.0
	Mysteries of John	1.0
	Selected Studies	1.0
	Talks on Truth Teach Us to Pray French, English	1.0
	Twelve Powers of Man, The	1.0
	What Are You?	1.0
For Children		7 174
	Adventures of the Seven Spartans	1.0
	Barky's New Home	1.0
	Barky and His Friends	1.00
	Jet's Adventures	1.0
	Jet and the New Country	1.00
	Jet's Choice	1.00
	Jet's Choice	1.00
	Thank You, God	1.00



Give Unity Records for Christmas

Here are two Unity records that your family and friends will especially appreciate for

Christmas:

CONSECRATION OF THE ROOM RECORD (new)—On one side of this newest Unity record Charles Fillmore's voice leads a blessing based on The Consecration of the Room. The reverse side features Myrtle Fillmore repeating and commenting on The Prayer of Faith. This record is made of unbreakable Vinylite, 10 inches in size, plays at 78 rpm, and is priced at \$1.50.

LORD'S PRAYER REC-ORD—"The Lord's Prayer," read by Charles Fillmore, cofounder of Unity, on an unbreakable Vinylite record, 10 inches in size and playing at 78 rpm. The reverse side feaures an organ solo of the song "God Bless You, Everyone," by Carl Frangkiser, the theme music on the "Unity Viewpoint" radio program. Price, \$1.50.

A De Luxe Book for Special Gifts

The Household of Faith
—This is a special book that
will carry rich blessings and
inspire the one who receives
it for many months to come.
This attractive volume tells
the story of Charles and
Myrtle Fillmore and how they
founded the Unity movement
and describes its growth and
progress up to today.

The author, James Dillet Freeman, knew and loved these two great personages, and he tells their story with humility and devotion to truth. In the foreword, their son Lowell Fillmore, now president of Unity School, says that reading The Household of Faith was like having

a visit with his parents.

Bound in rich brown Keratol and lettered in gold leaf, The Household of Faith includes color photographs of Unity School and its grounds and representative selections



from the writings of Charles Fillmore. This attractive 303page souvenir volume is priced at \$5 a copy.

New Unity Pamphlet Added to List

Through the Tunnels is the title of the new pamphlet that Unity now has ready for distribution. The article Through the Tunnels was written by Kathleen W. Welch and first appeared in Weekly Unity, where it received many favorable comments. It was then printed in pamphlet form for Silent Unity's use, and has now been added to the regular list of Unity pamphlets.

Copies of Through the Tunnels are priced at five cents each. Unity will also be happy to send you free upon request a complete list of the more than 150 five-cent Unity pamphlets that are available.

Coming Next Month in UNITY

"You can know all things you can do all things, you can accomplish great works with the getting of spiritual under standing," writes Van Scoter in her article entitled "Greate Understanding," which wil appear in the January issue of Unity.

Understanding, according to the author, is one of the most important qualities tha we can seek to acquire, fo it can help us to heal ou bodies, prosper our affairs and solve our problems. Bu we must not mistake intellec tual understanding for spir itual understanding, for she cautions that we cannot full depend on intellectual under standing. "We will alway get the right answer if we listen to the voice of Spiri within ourselves," she assures



If you have an importan decision to make, Van Scot en's instructions for findinguidance will be especially valuable. Be sure to read the article in the January UNITY

Christmas Books for Older Children

Unity has five books that children in the older grades and pre-teens will enjoy. The



Jet series comprises three books:

Jet's Adventures, Jet and the New Country, and Jet's Choice. These stories follow Jet Stockwell, a pioneer boy, from the time he and his family begin their journey across country in a covered wagon, through many exciting adventures to the new life and home they have established in the West. The Jet stories were written by Bula Hahn, are illustrated with pen-and-ink drawings, bound in red, and are priced at \$1 each or \$3 for the entire set.

Adventures of the Seven Spartans. This book contains fourteen of the popular stories about the Spartan Club that appear in Wee Wisdom magazine each month. The Spartans are Chink, David, Bob, Kegs, Red, Andy, and Coralee (the only girl in the club). They are in the same

grade in school and admire the ancient Spartans, whom they have studied about. They try to emulate the Spartans by living courageously and keeping themselves strong and healthy in mind, body, and spirit. This book by Lawrent Lee is bound in bright green Keratol and is \$1 a copy.

Teach Me to Pray. Here are thirty stories and prayers comprising a page for each day of the month. This excellent book by Bill and Bernard Martin is attractively illustrated throughout in full color and is priced at \$1 a

сору.

Christmas Books for Younger Children

Here are four Unity books that will especially delight boys and girls of pre-school and early school years. First are the read-aloud books by Georgia Tucker Smith:



Barky and His Friends, Barky's New Home (new last year), and Crybaby Kangaroo. These are the charming rhymed prose stories that children love so well, with the two Barky books telling the adventures of a little dog named Barky, and the latter about many animal characters, including a kangaroo. Price, \$1 each or \$3 for the set.

Thank You, God, by Bill and Bernard Martin, is a children's book on prayer containing devotional stories and prayers that they will love and use. Illustrated throughout with attractive drawings in full color, Thank You, God is \$1 a copy.

Gift Books for Bible Students

If there are Bible students on your Christmas gift list, here are two books that they will especially appreciate:

Metaphysical Bible Dictionary-This large book gives the inner, hidden meaning of scriptural names of persons and places mentioned in the Bible, and usually includes a brief explanation of the derivation of the words as well. Its 706 pages of enlightening definitions are the result of years of research and preparation. Bound in rich brown Keratol, the Metaphysical Bible Dictionary makes an especially valued gift for anyone who is studying the Bible. Price, \$5.

Let There Be Light—This book was conceived and writ-

ten by Elizabeth Sand Turner, former educational director of the Unity Training School, in response to numerous requests from students. A reference work containing 282 pages plus an index, it is Unity's first comprehensive textbook on the Old Testament. Bound in blue Keratol and stamped in gilt, Let There Be Light is priced at \$2 a copy.

For Carol Singing at Christmas

One of the most enjoyable parts of Christmas is gathering your friends and family around the piano and singing Christmas carols. Or you may enjoy organizing a group to go carol singing at the homes of some of your friends. The hymnbook Unity Song Selections is especially nice for such occasions, for among its 309 hymns are words and music for most of the familiar carols that are known and loved, as well as music for Thanksgiving, Easter, patriotic holidays, and other special events.

Unity Song Selections, bound in long-wearing dark-green Keratol, is \$1 a copy. You may obtain the copies you need from your local Unity center or direct from Unity headquarters at Lee's Summit, Missouri.

A UNITY MAGAZINE FOR EVERYONE

Each Christmas over 100,000 persons receive Unity magazines from friends and loved ones, for they make attractive gifts that carry practical, uplifting messages throughout the year.



WEE WISDOM—This enchanting, colorful magazine teaches boys and girls from 4 to 12 right living through Truth-in-action stories, handicraft projects, special departments. Redesigned beginning with the Christmas issue, with eight pages added. 12 issues, \$2.

DAILY WORD—Unity's most popular magazine offers a prayer, lesson, and Bible verse for each day of the month plus articles, poems, and cover photograph in full color. 12 issues, \$1.

YOU—Unity's lively Truth magazine for teenagers offers stories and articles that help them solve their daily problems and maintain high ideals. 12 issues, \$1.

WEEKLY UNITY—Eight pages of inspiring articles, poems, testimonials, a column by Lowell Fillmore, and other helpful features. 52 issues, \$1.

UNITY—Of course you know UNITY, and the coupon on a back page of this issue provides space to order it on the Bank plan.

GOOD BUSINESS—Articles by and about those who succeed by using Christian principles in the workaday world; also helpful feature departments. 12 issues, \$1.

UNITY SUNDAY-SCHOOL LEAFLET—A weekly Leaflet for teen-agers plus a monthly Teachers' Section for adults. 52 issues, \$1.

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI



Send Wee Wisdom to every youngster on your Christmas list—and add an extra subscription for an underprivileged child whose Christmas won't be so gay. Mail your

order now, and if you wish, save for

it in a Prosperity

Bank.

when you say
MERRY CHRISTMAS
with
wee wisdom
you say it in
the true spirit
of Christmas

Give every boy and girl 4-12 on your list a subscription to WEE WISDOM this Christmas, and you give them much more than a present.

You give them 12 big issues that they will love and look forward to receiving—issues filled with character-building stories that teach Truth during the formative years to be used through life—things that are fun to make and games to play—prayers and poems to learn and remember—a club to join—and pen pals to correspond with.

You couldn't choose a better gift, and this year WEE WISDOM is redesigned and is bigger by 8 additional pages. The price remains only

\$2 for 12 issues

wee wisdom

Lee's Summit, Missouri

1955

HRISTMAS GREETING BOOKLET ASSORTMENT

Treetings, Friend (new)
Christmas Blessing
The Christmas Spirit
For Thy Benediction
The Gift Imperishable
Holy Bread

God Is Blessing You Now The Mental Equivalent I Wish You Merry Christmas God Bless Your Christmas Merry Christmas to You The Week Before Christmas

Whether you give Unity Greeting Booklets as emembrances, send them in place of greeting cards, or slip them under the ribbons of gifts you wrap, they give full measure of cheer to the riends who receive them. Colorful, attractive, yet nexpensive, they require limited reading time and carry practical messages that anyone can use and enjoy. These Greeting Booklets come to you complete with special Christmas envelopes, ready to be addressed and mailed to your friends. Price, 10 cents each, 12 for \$1.

Greetings, Friend

The new Christmas Greeting Booklet for this year is entitled Greetings, Friend and is sure to make the holidays richer and happier for you and your friends. This booklet includes poems by Frank B. Whitney, R. H. Grenville, Ernest C. Wilson, and others, plus short articles by George E. Carpenter, Marcus Bach, William A. Clough, and others. The lovely winter farm scene in full color adds freshness and beauty to the booklet. Price, 10 cents each, 12 for \$1.



Christmas Gifts on the Bank Plan

"I was somewhat puzzled about the problem of Christmas gifts," writes a Unity friend in Canada, "when the thought came 'Why not send Unity magazines?' I know the friends who receive them will be blessed through reading them, and I shall receive a blessing while using a Prosperity Bank to save the amount needed. Please send me a Bank."

You can order UNITY magazine for three friends on the Bank plan by using the coupon below. The subscriptions will begin with the Christmas issue, and you can save the price by depositing a coin a day in the Bank for seven weeks. You will also be blessed by following the daily prayer drill as Silent Unity prays with you for your prosperity. Order from:

Old Control of Child Hall I Elect John Hall I Hall Control of Child Contro
Here is my order for three UNITY gift subscriptions and a Ban in which to save the \$3 cost of these subscriptions.
NAME
Street
City State
NAME
Street
City State
NAME
Street
City State
SENDER'S NAME
Street
CityState

THESE BOOKS WILL BE WELCOME FOR CHRISTMAS

BE!—New Book—An inspiring collection of James Dillet Freeman's best poems and articles. You and your friends will welcome Mr. Freeman's deep insight into life as a help to daily living. Price, \$1.

BE OF GOOD COURAGE—Poems and short articles by Frank B. Whitney to inspire the reader with courage and determination. Price, \$1.

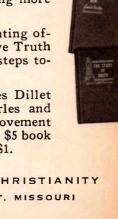
A MORE WONDERFUL YOU—Twentynine excellent articles on self-improvement by well-known Unity authors. Price, \$1.

PRAYER CHANGES THINGS—One of Dana Gatlin's most inspiring works, including such chapters as "Why Do I Pray?" "A World of My Own," and "As God Sees Us." \$1 a copy.

PROSPERITY'S TEN COMMAND-MENTS—Prosperity lessons by Georgiana Tree West to help the reader bring more good into his life. Price, \$1.

PROVE ME NOW—Gardner Hunting offers the reader a challenge to prove Truth and an invitation to take definite steps toward happiness. \$1 a copy.

THE STORY OF UNITY—James Dillet Freeman tells the story of Charles and Myrtle Fillmore and the Unity movement (an abridged edition of the de luxe \$5 book The Household of Faith). Price, \$1.



Unity SCHOOL OF CHRISTIANITY

Christmas Carol

Vivian Laramore Rader

Rejoice, my soul, the King of Kings Is born in every heart today! The angel choir its anthem sings In praise of this most holy day.

Look up, my soul, behold the light
That led the gentle shepherds far
Afield upon that holy night
Which crowned their mission with a star.

Have faith, my soul, to speak His name And listen for the swift reply His presence brings, a holy flame That lights a candle in the sky.

Yourself the gift, kneel down before The glory that His words release, And with the wise in heart adore The everlasting Prince of Peace!

