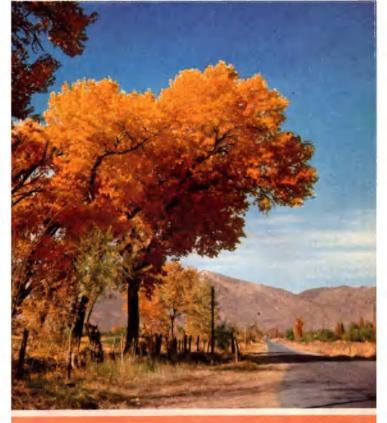
OCTOBER 1950

15 CENTS

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"He Will Direct Thy Paths"

CONTENTS

I Am One with Perfect Life, Charles Fillmore -	1
There Is No Failure, Mary L. Kupferle	5
Plant Your Seed, Patricia Nelson	11
New Light on the Beatitudes, Georgiana Tree West	17
Child of God, Irene Stanley	26
What Christianity Means to Me, Audrey B. Sims -	27
Goldenrod, Cora May Preble	32
Beauty for Ashes, Mary Olive Hudson	33
The Truth Shall Make You Free, L. Stevens Hatfield	38
What Do You Want? Cy Lance	47
Sunday Lessons	53
Cover Kodachrome-Cy La Tour	

Healing & Prosperity Thoughts

BY CHARLES FILLMORE

TO BE USED FROM

OCTOBER 20 to NOVEMBER 19

Healing: I am one with perfect, harmonious life, substance, and intelligence.

Prosperity: The splendor and opulence of infinite Mind are now being expressed in me and my affairs.

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I Am One with Perfect Life

from the writings of

CHARLES FILLMORE

Prayer is communion with the Father. It is for the purpose of putting man in constant mental touch with Divine Mind so that he may listen to the still, small voice. The prayer for realization attains its consummation when with concentrated spiritual attention you affirm first that God is omnipresent, and next you take a strong statement of Truth and hold it in mind until you have the assurance that with all His power the Father is bringing to pass the perfect illumination, or health, or substance desired. When your thoughts radiate with the speed of spiritual light they blend with the creative mind, which Jesus called "heaven"; then you know the thing you have asked for will be done.

Therefore, "take with you words, and return unto

Jehovah." Affirm:

"I love Thy light. Thy spirit goes before me and

makes clear the way."

Concisely stated, three great factors enter into every consciousness—intelligence, life, substance.

Consciousness is the sense of awareness, or knowing; the knowledge or realization of any idea, object, or condition. It is the sum total of all ideas accumulated in and affecting man's present being.

Divine intelligence is that which accords with or comes from Divine Mind. It knows, sees, and perceives the relation of all things, and just how they

must be grouped to produce a given result.

Intelligence is the light of the world. The development of spiritual light, divine intelligence, is the destiny of us all; we often see the light and are mentally aware of its flashing into expression and going before us and guiding us along life's pathway.

In Divine Mind, life is the perfect life idea. In the phenomenal world, life is the energy that propels all forms to action. Consciousness of eternal life places one in the stream of life that never fails. Without this consciousness dissolution will result, and spirit, soul, and body will be separated. It is the nature of life, combined with substance, to vivify with perpetual life all things that it touches. When these mighty powers function in divine intelligence, health of soul and body result.

The higher life is a higher state of mind. It exists as God, and we know it when we realize I AM, the Son of God.

The body can be so charged with spiritual life through prayer that we will finally overcome death, as promised by Jesus.

The formula of Jesus was: "Ask, and it shall

be given you; seek, and ye shall find; knock, and it shall be opened unto you." "And all things, whatsoever ye shall ask in prayer, believing, ye shall receive."

Job's formula of prayer was: "Thou shalt also decree a thing, and it shall be established unto thee."

God-Mind rests in a perpetual realization of life and health, and that which seems to be sickness does not exist in Truth. When man becomes so much at one with God-Mind that he abides in the consciousness of health, he enters the eternal peace in which he knows that "it is finished."

As you realize that it is yours to know the deep things of Spirit and that you are open and receptive to the healing powers of Almightiness, you will penetrate deeper into the silence and realize anew your oneness with God. This prayer will aid you in your demonstration:

"I am one with perfect, harmonious life, substance, and intelligence."

Substance is an invisible thought stuff on which the mind acts, making things through the application of a law not fully understood by man. Every thought moves upon this invisible substance in increasing or diminishing degree. When you praise the richness and opulence of your God this thought stuff is tremendously increased in your mental atmosphere and reflects into everything your mind and your hands touch. Meditate much upon this omnipresent law and then affirm:

"The splendor and opulence of infinite Mind are now being expressed in me and my affairs."

No man has attained that supreme place in con-

sciousness where he wholly gives up the material man and lives in the spirit as Jesus did. Man has a concept of such a life, and Jesus' example shows that it can be attained. Man shall attain it when he escapes the mortal. That does not mean he must die to get free from mortality, for mortality is but a state of consciousness. He dies daily and is reborn by the process of eliminating the thought that he is material and replacing it with the conviction that he is spiritual. One of the great discoveries of modern science is that every atom in this so-called material universe has within it superabundant life, substance and intelligence. God is Spirit, and He is in every atom. Man releases this spiritual-life quality by de nying the crust of materiality that surrounds the cells and by affirming that they are spirit. This is the new birth that takes place first as a concept ir the mind, followed by an outworking in body and affairs. Here is the way that leads to the new birth Deny the old thoughts of lack of life, health, and prosperity, and affirm the new thoughts of perfec tion and abundance.

Join in this prayer for world peace:

Liberty, justice, righteousness, and peace are now established throughout the world, in the name of Jesus Christ.

There Is No Failure

MARY L. KUPFERLE

o You know, beloved, that there can be no failure for you on your progress in God's universe? There may be times when you seem unable to make a demonstration, unable to behold the manifestation of the good that you know can become visible; but every prayer, every minute thought of trust, every fleeting bit of hope, every smallest effort advances you toward an eventually perfect recognition of the reality of good!

One morning some years ago my husband and I had difficulty with our automobile. The trouble occurred at a time when the car was urgently needed and no help was available. As we tried every possible means to get the motor to running, the thought suddenly came to me that our "most present" help was always the Father, and just as suddenly the engine started. Not content however to remain in a consciousness of faith with respect to the problem, I thought and spoke of it in a negative vein, again planting seeds of difficulty.

In accordance with my anticipation, the trouble with the starter motor recurred, and this time, with the background colored more with misgiving than with faith, the results were discouraging. The demonstration was very slow in appearing, requiring renewed persistence, renewed rejection of doubt, and tenewed acceptance of faith. This may seem like a tather small and unimportant matter when we con-

sider the many more vital issues of life, health, and supply, but it is typical of the wavering attitude of the reasoning mind. Thus we may profess faith at one moment yet succumb to discouragement the next, standing on the side of courage one day and on the side of fear the next, on the side of strength today and the side of weakness tomorrow.

When we seem unable to make a comeback in health as quickly as we think we should, when we seem unable to draw upon abundance as easily as we think we should, when we have a series of ups and downs that bring alternate inspiration and despair, our need is for renewed effort to remain stead-

fast, renewed effort to "abide" quietly.

The Way-Shower understood the trials that would confront His followers. He knew they would be disturbed by the appearance first of success, then of failure; that their trust would be besieged by rebellion, that they would be sorely tempted by vacillation of faith. For that reason, just before His own great trial, He stressed the importance of learning to "abide," urging: "Abide in me . . . He that abideth in me . . . the same beareth much fruit ... abide ye in my love." At the same time He promised, "If ye abide in me, and my words abide in you, ask whatsoever ye will, and it shall be done unto you." He wants us to know today that in spite of the many appearances of failure, delay, disillu sionment, He has faith in the Christ Spirit withir us, faith that we too can gradually turn from a wavering consciousness to one that is poised in God

Sometimes we pass up an opportunity to use the faith we have because the occasion seems unimpor-

tant, the matter too small to justify our bothering to apply to it the principles of Truth. But there is never a problem too small or too unimportant to receive the benefit of prayer, of the attention of the all-loving Father; too unimportant for us to bring to bear upon it a new realization of His ever-present and all-powerful law. The Master never hesitated to use the Truth He knew, regardless of the problem presented. Although most of the incidents reported by the evangelists concern relatively important deeds and demonstrations, we know that He did not reserve His use of faith and understanding and compassion for the big problems, but was ready to declare the Truth about any kind of negative appearance, whether large or small.

Recently an acquaintance of the author's was relating the story of the loss of a pair of lovely oil paintings intended for a wedding present. As she unfolded the details she became more and more disturbed about the situation and the fact that duplicates or similar pictures could not be secured. Knowing that she read Truth literature, I gently suggested that she place the problem in the hands of the Father. I suggested that if the gift was, as she thought, the perfect one for the young couple, it would reach its destination safely. If on the other hand there was something more suitable and desirable, the way would be made clear and easy for her to make another purchase.

She stopped for a moment, then said hopefully: "You know, I did pray about a similar situation once before, when I had lost an expensive giftwrapped article in a large department store. There

was no possible way to locate it; but when I finally asked the Father to help me, He did; suddenly the package was found lying on a strange counter, as though it were waiting for me."

As she spoke I could see that she was remembering how present a help God is; she was beginning to turn from anxiety and doubt to a renewed belief that He could again help her in her difficulty. A few days later I learned that, although the oil paintings had been "lost" for over two weeks, had not been located by the store personnel, apparently had followed unknown truck routes through a gigantic Christmas rush and been left at the wrong address, the morning following our conversation they were safely delivered to the proper person!

On another occasion another acquaintance of mine firmly and seriously protested: "But it's a lot easier for me to take a pill than to try to affirm statements of Truth by the hour!" This may seem true for many, but times arise when we need help and strength that neither pills nor any type of human assistance affords, times when we must turn to something above and beyond materiality for sustenance. It is then that the faith we have established within our heart and soul day by day truly counts; it is then that the hour-by-hour affirmations and declarations of our faith in the Father, in the Master's promises, prove their worth, giving us a foundation upon which to establish victory and happiness.

Through small problems, irritations, we can learn to become firm in our faith, consistent in the application of this faith. It is step by step that faith grows, step by step that good increases in mani-

festation. Every time we set aside a negative thought and accept a positive one, every time we acknowledge a divine power for good we gain in spiritual advancement and increase our capacity to receive more of the blessings of the Father's kingdom. Whether the manifestation becomes immediately apparent or not does not delay that greatest portion of our victory, which is a victory within ourself, for every effort inevitably opens our eyes a bit more clearly to the established law of divine action.

Let us for a moment forget our own personal, individual conception of success, of "demonstration," and accept God's greater and more glorious plans and ideas. Instead of calling a setback or a delay of demonstration a "failure," let us begin to realize that such an experience holds something for us far more precious than limited human reason can expect. Let us begin to realize that through them our mind will be filled and thrilled with the remembrance of the treasures of heaven to which God's children are entitled, which we may claim by abiding in the consciousness of good.

The thousands of words written but never seen by anyone but myself, the hours upon hours of seeming unproductivity before a typewriter, I may count as human failure, but they have helped to teach me how to "abide" more consistently, how to be more patient and steadfast. The repetition of certain appearances of ill-health I may count as physical failure, but they have helped me to see that beyond the importance of outer demonstration lies the greater importance of steadily increased faith and understanding of the Master's promises. The seeming de-

nial of certain heartfelt desires I may count as worldly failure, but they have helped me to learn of an infinitely more satisfying inner life.

Take heart, beloved; turn your gaze from all appearance of lack and failure, even from all effort to demonstrate, and listen! "O the depth of the riches both of the wisdom and the knowledge of God! how unsearchable are his judgments, and his ways past tracing out!"

"Canst thou by searching find out God?

Canst thou find out the Almighty unto perfection? It is high as heaven: what canst thou do?

Deeper than Sheol; what canst thou know?"

"For my thoughts are not your thoughts, neither are your ways my ways, saith Jehovah. For as the heavens are higher than the earth, so are my ways higher than your ways, and my thoughts than your thoughts."

Again listen, beloved! To one who understood those high "ways" and "thoughts" far better than we: "If ye abide in me, and my words abide in you, ask whatsoever ye will, and it shall be done unto you." The Master of life has asked of us neither high wisdom nor intellectual understanding, He has not asked for brilliant outer demonstration; He only wants us to learn to "abide," to stay our thoughts on all that He tells us is true and right and good. Light or darkness, blessings or trials, high places or low, smooth places or rough, He wants us to stay our thoughts on His Truth until we come into unwavering consciousness of reality, able to behold clearly the unlimited eternal riches God has prepared and established for all His children!

Plant Your Seed

PATRICIA NELSON

WANTED A HOME, but I wasn't sure just what kind I wanted. I had dreamed of living in a cabin almost all my life. In fact the desire must have started even before I was eight years old. For at that time something happened that became a standing joke in our family.

The other children were playing together when my mother missed me from the group and came out to investigate. She found me behind the barn in an old feed box turned on its side sitting on a block of wood with a small box in front of me. On it were a newspaper, a cheap blue-lined tablet, and a short, stubby pencil.

My mother asked, "What are you doing, Pat? Why aren't you playing with the other children?" "I'm too busy to play," I replied seriously. "I'm

"I'm too busy to play," I replied seriously. "I'm writing a piece for a newspaper, and I'm living in this cabin."

One of my sisters overheard the remark and laughingly told the others. "Pat is playing like she is a writer and living in a cabin. She says she's too busy to play."

They all thought it very funny that I was really playing but still too busy to play. In later years they

often told of the incident.

Nevertheless I did want to write and I did want to live in a cabin. The first, I have done in a way, but the cabin never materialized. The main

reason of course is that I became unsure of what I wanted. Besides a cabin never seemed feasible, as my husband's type of work is done in a large town or city—also, he isn't "the cabin type!"

Then one day last summer I was looking through some old magazines preparing to discard them when I read a poem by Virginia T. Hassler entitled "Blueprint," published in *Progress* magazine in June, 1947. It cleared my mind completely, for it expressed my wish exactly. I wanted a home:

"Dimensions small and neat,

Depict the answer to our needs . . .

With room for love and play.

We seek a place where there is peace."

We had been living in an apartment for nine years—ever since we moved to S—. My husband had never mentioned buying a home, and being so unsure of what my desire for one would be like if I planted it in Divine Mind, I never planted it at all for fear I'd get something I did not want. I was like the person who has held a seed in his hand many times, but not knowing just what kind of seed it was, has feared to plant it, and so time and again has tucked it away again in a secret place.

Every time I thought of a cabin many thoughts crowded in to show its drawbacks. It would have to be in the country for the right setting, which would necessitate a long drive for my husband daily. It would be away from market places, and since I don't drive—aside from the fact that we have only one car—it would burden my husband with the shopping, which he dislikes. A dozen disadvantages would always pop into my mind. So

with a sigh I'd tuck my seed away again, afraid to plant it. Perhaps after all I didn't want a cabin.

Then I read the poem. What had I been "stewing" about all these years? God knew more what I needed than I did. I could trust Him to give me the perfect blueprint. So I cut the poem out, placed it in my desk drawer where I would see it often, and planted my "desire seed for our need" in Divine Mind. I didn't mention it to my husband, nor did I go house hunting.

In September our daughter came down from Oakland. I was as busy as a bee crocheting a bright

rag rug. She asked,

"Who are you making that for?"

"For me," I replied. "It's for our bedroom. I shall need two—one to go beside the maple four-poster bed and one to go in front of the 'Mr. and Mrs. dresser."

"Why, I didn't know you and Dad were plan-

ning to buy a home."

"He isn't so far," I laughed. "But God and I are."

"What kind of a house do you want?" she asked.

"That part is God's. What He gives us I know

will just suit Dad's and my needs."

At Thanksgiving she came again. I had finished the two rag rugs. She admired the design and the bright colors, then asked,

"Any signs yet of a demonstration?"

"No visible ones, but I feel sure it will be soon as I feel so confident inside me. I'm going to have gray rugs in the living and dining room and chartreuse drapes and chartreuse throw rugs."

"Sounds nice," she agreed. "Does Dad know?"

"Not unless God has told him. I haven't."

"Have you furnished any more of the rooms?"

"The dining room. The table will be a dropleaf, and it will be in a light and cheery wood."

"Mother, you are so sure, you make me see it

as plainly as you do. More power to you."

"The power isn't mine. All I did was to plant the seed. No one but God can make a seed grow, flower, and fruit."

She smiled. "Well, you are doing plenty of

cultivating."

"Not yet. I'm only trusting. First the seed, then the blade, then the fruit. That is the law. When the blade comes I'll then start cultivating—doing my part."

"It is a good thing I was reared on the Truth teachings or I'd think you were losing your sanity."

It was one night after supper in the early part of December. My husband was reading the local paper. Suddenly he broke the quiet by saying,

"Here's an advertisement for a small house for sale in a good neighborhood. How about investi-

gating it?'

"Read it to me." My heart sang.

"'Well-built small cottage. Excellent condition. Good neighborhood. Owner leaving town. Must sell.'"

"Perhaps we are the answer to the owner's prayer, just as he may be to mine."

"Why, have you been praying for a house?"

My husband asked.

"Well, I planted a seed in Divine Mind for one," I replied. "This could well be it coming into being. Do you want a house too? Seems so by your reading the real-estate ads."

"To be truthful I'm a bit tired of living in an apartment. We need a lawn and flowers. I've been

watching the ads for a couple of months."

So Divine Mind had opened my husband's mind to our need!

The next morning I called the owner for an appointment and at noon my husband and I drove out to see the house. It was small—four rooms. Large living and dining room, bedroom, kitchen, bath, and service porch. It fitted our needs exactly, so exactly that it seemed to have been built especially for us. And the astonishing thing was that the house was on a beautiful new tract that I had always admired, and I had many friends living in the neighborhood.

The owner didn't want to give possession until the first of January, which suited us, as I had made plans for Christmas visitors. The price was reasonable. We had the cash to pay for it, so the deal was easily made, and both parties were perfectly satisfied with it.

We moved in January. In the bedroom is the four-poster maple bed and the "Mr. and Mrs. dresser" with its large mirror and roomy drawers and the bright rag rugs. In the living room are the gray frieze rugs, the chartreuse throw rugs, and the chartreuse drapes. In the living room is a large frieze davenport that doubles for a bed when our daughter and her husband visit us and deep com-

fortable chairs and reading lamps with yellow shades, a white-and-yellow bookcase for our books, small white-and-yellow wicker tables for convenience. Yes, the dining-room set is of light and cheery wood: Ashcraft drop-leaf table and four chairs with green upholstery. The kitchen is in yellow, red, and white, and with its many cabinets and drawers my dream of convenience. A friend from Sacramento said at her first sight of the interior of the little house, which was on a dreary, foggy day, "The sun seems to shine in here even on a dark day." How that pleased me, for that is the way I want it to be always both from the physical standpoint and from the emotional standpoint—a bright and welcoming home.

The yard has high hedges and many bright flowers, all here for us to enjoy and springing from the one seed of desire for the right home planted in Divine Mind. God knew our need even when I was afraid to plant my seed. But He could do nothing for me or it before I first trustingly

planted it.

So if you are afraid to plant any seed of desire, do not hesitate. Give it to God and trust Him to bring it into manifestation aright. He didn't fail me, nor will He fail you. For His law is first the seed, then the blade, then the fruit. It is infallible.

Jehovah will give strength unto his people; Jehovah will bless his people with peace.

-PSALMS.

New Light on the Beatitudes

GEORGIANA TREE WEST

Part One

Blessed are the poor in spirit, for theirs is the kingdom of heaven.

THE GOSPELS OF Matthew and Luke give us a resume of the greatest sermon ever delivered, the Sermon on the Mount. It takes but little imagination to travel back through the centuries and picture ourselves as members of that great gathering that listened spellbound to the words of Jesus. People had come from all directions and gathered on the grassy slopes, for word of the great teacher had gone abroad throughout the countryside. It must have been a motley gathering, shepherds who had been tending their flocks, tradesmen from nearby towns, fishermen, carpenters, farmers, women with babes in their arms, the sick and the lame—all waiting patiently for His healing, comforting word; and "he opened his mouth and taught them."

His opening words or declarations on this occasion have become known as the Beatitudes. The word beatitude means "blessedness," a state of highest felicity or happiness. To get the greatest value out of the Beatitudes we must understand the meaning of the word "blessed." It comes from a Greek word meaning "happy." To bless then means to bring happiness or good fortune. The dictionary also defines it as "to guard; keep; protect," as when

we say, "God bless you." Each one of the Beatitudes begins with the words "Blessed are," which imply that those whom Jesus described are "kept in ways of happiness," "protected by the Almighty," "guarded from evil."

The first group that He called blessed are the "poor in spirit," for theirs, He said, "is the kingdom of heaven."

It is interesting to note that in this beatitude the word spirit is spelled with a small s, denoting that the word refers to the human and not the divine in man. The spirit of man is too often the spirit of personal pride and self-assurance and self-aggrandizement. The "poor in spirit" are those who are poor in pride of mental accomplishment and worldly possessions, poor in self-conceit.

It is entirely erroneous to believe that Jesus approved of ignorance and poverty. It was intellectual snobbery and greed for wealth that He condemned. Too often pride in worldly attainment causes us to neglect spiritual values. We are so busy laying up treasures on earth, "where moth and rust consume, and where thieves break through and steal," that we neglect to lay up for ourselves spiritual values that are the only treasures that we never lose. In this beatitude Jesus might well be saying that those are blessed who do not take pride in worldly accomplishment and who do not place their hope of happiness in worldly wealth but rather in their heavenly Father, who is Himself the source of all good. It is only the "poor in spirit" who can say that they are "as having nothing, and yet possessing all things."

We oftentimes speak of high-tempered rebellious children or adults as being "high spirited." We say the same of a horse that is difficult to handle—unwilling to be taught. There are times when all of us rebel against authority; even at times against spiritual discipline. So when Jesus said, "Blessed are the poor in spirit," He was saying blessed are the unrebellious; blessed are those who are willing to cooperate; blessed are those who are willing to be taught; for only those who are eager to learn can ever know the kingdom of heaven.

Blessed are they that mourn: for they shall be comforted.

The loving heart of Jesus yearned toward all who were sorrowful. Out of this yearning He spoke when He said, "Blessed are they that mourn, for they shall be comforted." He was promising the healing power of divine love to all grieving hearts. It is in times of deep grief that we turn from the world to God for comfort. If we are mourning the death of loved ones we find comfort in seeking God's presence, for there we feel the assurance of the continuity of life, and with this assurance in our heart we can say to our loved ones, "God bless you on your way!"

We remember the promise of Jesus "In My Father's house are many mansions," many abiding places, where the soul may dwell as it continues its journey on the pathway of life, ever progressing in spiritual understanding. We know that our loved ones are spiritual beings moving in the realm of eternal life and we realize that death is an experience that we frequently meet as we continue in life. It

is an experience that ushers us into other modes of life of which we know little as yet; although we do know this, that both here and beyond the veil of the senses that separates us from our next experience in life we continue to progress in understanding of life itself and how to live it in order to fulfill the purpose for which God created us: namely to reveal the perfection of His image within us. We can trust our Father who created us to provide ways and means for us always to continue making good use of the life that He has given us.

One of the most graphic expressions of faith in immortality is found in the epitaph of Benjamin Franklin, which he wrote himself: "The body of Benjamin Franklin, Printer, like the cover of an old book, its contents worn out, and stript of its lettering and gilding, lies here food for the worms. Yet the work itself shall not be lost, for it shall, as he believes, appear once more in a new and more beautiful edition corrected and amended by the author."

What makes a book? Ideas. What makes a man? The ideas he entertains. The body and the possessions are but the binding of the book of life, and when we are through with this present edition we are ready to revise and correct it and get out a new and better one. So let the wings of faith lift us above all fear and doubt when we think of ourselves or our loved ones passing from this earth plane into one of those "many mansions" of which our Elder Brother told us.

Sometimes we are sorrowful because we feel deeply distressed in the face of the injustice or un-

kindness or dishonesty of our fellow men. Again we shall be comforted when we have faith in the harmonizing power of God's presence to adjust all things perfectly in our life; we shall be comforted when we learn to rest in God's security.

When we are sorrowful because of our own mistakes and misdeeds we shall be comforted when we remember that "if our heart condemn us, God is greater than our heart," and turn to Him for cleansing and future guidance. No matter what the cause of our sorrow, we have the blessed promise that we shall be made peaceful of heart and happy once more; for "blessed are they that mourn, for they shall be comforted."

Blessed are the meek: for they shall inherit the earth.

Our Old Testament was Jesus' Bible, and He loved to quote from it. He did not accept as final every statement in it. There were times when He made it plain that ideas suitable to times past must be improved upon as people progress spiritually and have a better understanding of God. For example, in referring to a statement made not only in Exodus and Leviticus but also in Deuteronomy He said, "Ye have heard that it was said, An eye for an eye, and a tooth for a tooth: but I say unto you, Resist not him that is evil."

Although the truth as Jesus knew it oftentimes transcended many of the statements in His Bible, He referred to it frequently with deep reverence. He particularly loved to quote the Psalms. The word Psalm means a sacred song, a prayer of praise. Jesus' whole being was attuned to worship and

praise, so it was natural for Him to clothe His ideas at times in the words of the Psalms He loved so well. When He said, "Blessed are the meek: for they shall inherit the earth," His mind might have been recalling the Psalmist's words:

"The meek shall inherit the land

And shall delight themselves in the abundance of

peace."

The word meek is much misunderstood. It is erroneous to think of it as meaning servile or downtrodden. Its true meaning is humble and unassuming. Jesus was the perfect example of true meekness. He was unassuming; never desiring personal prestige or claiming personal authority for the tremendous power that He wielded. He said, "I can of myself do nothing." On many occasions He avoided personal acclaim by giving the credit to God. It was His great endeavor to help us to understand that only as we are willing to set aside our personal will and be richly receptive and obedient to the divine will do we become imbued with spiritual power. True meekness is devoid of opposition; receptivity is its very essence.

We always come through receptivity and obedience to mastery and authority. For instance, an electrical engineer has to know and conform to the laws that govern the action of electricity if he would demonstrate his ascendancy in the field of electricity. The same is true in any field of endeavor. One who is humble toward God, giving willing obedience to God's laws, does not have to fight for his rights; through his humble receptivity and obedience to God's will he becomes imbued with the spiritual

power to "be not overcome of evil, but overcome evil with good."

The promise is not only that the meek are blessed but that they shall "inherit the earth." There is a wealth of meaning in these few words. Those who are humble toward God are able to command outer conditions. Charles Fillmore was a striking illustration of one who demonstrated authority over worldly conditions through humble receptivity to spiritual power. On one occasion he gave to a group of center workers an affirmation that he said he frequently used himself. "I am dignified and definite, yet meek and lowly in all that I think and say and do."

One of our Bible commentaries (Abingdon) says that this third beatitude "conveys the daring thought of the Master that the world will be ultimately peopled by men and women who exemplify His spirit in their lives. The possession of the earth by any other spirit leads to war, hate, and oppression."

"Blessed are the meek: for they shall inherit the earth"—blessed are the humble toward God, for all power in heaven and earth is given unto them.

Blessed are they that hunger and thirst after righteousness:

for they shall be filled.

Strong and intense desire to acquire any object is often represented metaphorically as hunger and thirst. We speak of hunger for fame and wealth or thirst for power. In our Scriptures the words hunger and thirst are used to imply intense spiritual longing. Isaiah says of those who seek the Lord: "They shall not hunger nor thirst . . . for he that hath mercy on them shall lead them, even by the springs of water will he guide them." In Revelation

there is a similar promise that they who serve God "shall hunger no more" but shall be led into "living fountains of waters of life."

Righteousness or holiness is the food the soul craves. Just as the body must have physical food and drink even so the soul must have spiritual nour-ishment. The soul in its contemplation of the things of the Spirit is not only nourished but strengthened. Samuel recognized this when he declared, "God is my strength and power: and he maketh my way perfect." Paul cried, "I can do all things in him that strengtheneth me."

Through prayer and meditation the soul absorbs spiritual values, its hunger is satisfied, and its thirst is slaked. The Psalmist sang:

"He leadeth me beside still waters.

He restoreth my soul:

He guideth me in the paths of righteousness for his name's sake."

"Name" in our Scriptures refers to the revelation of the nature of Spirit, and in this beautiful word picture the Psalmist is telling us that when the soul is refreshed through meditation and prayer, it feels the guidance of Spirit, which leads it into paths of right thought and action, the "paths of righteousness."

Jesus also used word pictures to reveal the things of the Spirit as the food of the soul. In talking to the woman of Samaria He spoke of Himself as the living water. At the Last Supper He spoke of the bread that He broke and the wine that He passed around as symbols of His flesh and blood. He told

the apostles to eat and drink; in other words, appropriate unto themselves the very substance and life of Spirit, which His flesh and blood symbolized. Only in prayerful meditation on the things of the Spirit can we obey the command "This do in remembrance of me."

We all yearn to develop spiritually. Such development is a process of unfoldment from within. The soul well nourished in meditation and prayer is growing in spiritual stature, and this spiritual growth is demonstrated in the character and daily life of the individual. We do not have to wait until we are full grown spiritually to receive the rewards of our endeavor; like the climbing vine, every time we reach we grow, and we are blessed while we are growing.

All spiritual enlightenment must be well assimilated and manifested in some way in our outer actions, for our daily life is the fruitage of Spirit. Jesus said, "Herein is my Father glorified, that ye bear much fruit; and so shall ye be my disciples." Fruit is defined as "product or result . . . consequence." All the effort of growth and the richness of the plant is in the fruit. Each one of us may think of himself as a "tree of life." Our actions, not our pious claims, are the fruit of the tree. Jesus said, "By their fruits ye shall know them . . . every good tree bringeth forth good fruit." If the fruits, the daily actions of life, are sound, we are transmitting spiritual power through enlightened thought and feeling with good results. Our hunger and thirst for righteousness is bringing rich blessings into our life.

TO BE CONTINUED

Child of God

Child of God, in my mind I see
Clearly the beautiful self of you,
Healthy and happy, strong and free,
Calm and courageous, pure and true;
Seeking upbuilding love and joy,
Tempted not by things that destroy,
Busy at wholesome work and play.
Thinking of you in this wonderful way,

Speaking these words alone, aloud, Loving and praising you, I know Safely beyond all storm and cloud Happily forth your feet shall go. Trusting Him who is able to do All that is for His glory in you, Placing you consciously in His care, Child of God, I leave you there!

—Irene Stanley

What Christianity Means to Me

AUDREY B. SIMS

FEW MONTHS ago a magazine with a nation-wide circulation published a series of 1 articles entitled "What Christianity Means to Me." Noticing that one article after another was written by well-known persons in public life, I thought idly, It's always difficult for me, an average, ordinary, person, to identify myself with famous, successful people like these. Somehow I can never really apply their experiences or suggestions to my own everyday living. And it is the same with our church magazines. The articles are almost invariably written by trained, experienced people, leaders of one kind or another. I find it hard to identify myself with them. Why don't the editors give us articles by average, ordinary people so that we can say, "Why that could happen to me!" or "That writer could be me." The thought persisted and grew, and I suddenly realized that if I want articles like that there must be other average persons who do too. Why shouldn't I try to tell them what Chistianity means to me?

Although at a very early age I had a profound belief in an all-powerful God, I was not very clear in my mind as to what being a Christian meant. As near as I could determine, you either were one or you weren't. There were no good and bad Christians. There appeared to be a very rigid and difficult set of rules that one must follow. If you

broke one rule you might as well break them all because you were doomed anyway. So although I wanted very badly to go to heaven, I had very little hope, since I was sure I was failing miserably in keeping the rules.

My first thought that this was not the true state of affairs came when I shared a hospital room with the local Baptist pastor's wife. I was sixteen and had been a church member for two years. During the course of our conversation—I was trying vainly to remember how we had come to be discussing this embarrassing subject of religion anyway—she asked forthrightly, "Are you a Christian?"

It was difficult to decide how to answer so I said truthfully, "I don't know. I want very much to be one, but I imagine most of my friends would say I'm not."

She asked, "Do you believe in the story of the

divine birth and life of Jesus?"

I answered immediately, "Why, yes, of course." She settled back contentedly and closed her eyes.

"Then you are a Christian."

There were many questions I wanted to ask, but I could not find the words. I had heard the simple words all my life. "Believe and you are saved." If that were true it would make things ever so much easier; but how could it be true? It was the very simplicity of the statement that made it so hard to accept. However if the wife of a preacher said that was all that was necessary, then it must be so. I felt I could rightfully call myself a Christian.

That conversation must have helped me become more aware of the teachings I had heard all my

life. One question after another began to occur to me, and as I searched for the answer to it still other questions would come.

The answers did not come immediately. It was a long, sometimes a doubting road. I remember one of the first to bother me. I had told the pastor's wife I believed in the story of Jesus. In one of my spells of doubt I questioned myself: "What proof have you that the story is true?" One of our contemporary American authors gives the answer in one of his more recent novels. A sneering cynic is asking a pastor for this very proof. The pastor answers quietly, "To one who does not believe, there is no proof; to one who believes there is no need of proof." And this is true. I no longer search for proof because I do not need it. I know in my own heart that it is true. Christianity means to me a deep and abiding belief in the story of Jesus.

Another thing that bothered me was how to be a good Christian. I had come to the conclusion that one could be a Christian without being a saint; but I felt that God rightfully expected us to try to be more like Jesus each day. The logical way seemed to be to try to see my faults, then attempt to conquer them. However when I analyzed myself I ended up with an astonishingly long list of un-Christlike traits. The thought of trying to overcome them one by one was dismaying. Then I found the answer in a newspaper, in this paragraph:

There are two ways to become a good Christian. The first is to make a list of our undesirable traits and attempt to overcome them one by one. This is a very trying method, which is seldom successful. The other is to meditate often

on Christ, His character and His deeds. The more we think of Him the more like Him we grow. Christianity also means a conscious desire to grow in grace by constantly thinking on higher moral and spiritual levels.

I thought often of the statement "Ask, and it shall be given." "When may I ask?" was my question. Surely I can't expect God to help me with just any little odd job just because it is difficult for me. Besides I know people who have asked and been sure their requests were not granted.

Then I had an experience that made me reach a conclusion to this effect: No job is too small if we need His help. There is only one "catch." If we ask God's help, we must sincerely expect to receive it or we shall not recognize it when it comes. That is why so many people feel that their prayers go unanswered. Those of us who believe know that God is answering our prayers when our tasks are accomplished or our problems solved.

My experience came on a bitterly cold day in midwinter when my daughter was only a few months old. Our only heat came from an ancient, unreliable, kerosene heater. During the morning it began to sputter threateningly, and finally it went out completely. The room grew cold as I struggled unsuccessfully to find the cause of the trouble. Full tank, fuel line clear, wicks clean—nothing seemed to be wrong. Yet each time I attempted to light it the heater would flicker feebly for a few moments and then go out. The baby was beginning to whimper from the chill in the room. A full two hours had passed while I hunted for the trouble. At last I once more touched a match to the wick, and when it gave

forth only a pale yellow flame instead of the clearblue one I expected, I shoved the door shut and dropped defeated into a chair. "Dear God," I thought desperately, "maybe I shouldn't ask your help with something like this, but my baby needs a fire. I've done everything I can. Please make it burn." The moment the thought was finished another followed. "Do you really think God would pay any attention to you and a kerosene heater?" Suddenly a feeling of absolute faith and assurance filled me. It would be impossible to describe, but there, in that cold room, with my grimy, soiled hands, spots of kerosene and my tools scattered around me, I was acutely aware of His presence. A faint sound came from the heater, and gradually the bright, clear blue of a steady flame crept up around the globes. My eyes filled with tears and I whispered, "Thank You, thank You, so much. I don't think I'll ever find it hard to call on You again."

That was the first of many times when I feel I have received His help directly in answer to a request. Each time it becomes easier to ask, and always I remember to say, "Thank You," when my prayer has been answered. Christianity means I have the right to ask God's help in my daily living and feel confident that it will be given.

To me Christianity is not a vague word in a book that promises me a blessed future life if I keep trying hard enough. It is not a term that describes people who go to church and worship together on Sunday and then forget the presence of God until another week has passed.

It signifies instead my active participation in a

living, growing, working relationship with God my Father, which I fully expect will become closer and richer with each passing moment of my eternal life.

Goldenrod

Goldenrod brings me golden dreams! Again I am a child, it seems, Treading barefoot down a lane Wet with silver after rain! When sprays of yellow line the road Like a fairy's golden load. Again I am a princess child Where the winds blow sweet and wild: Dreaming dreams of fairyland, A golden wand within my hand To make my dearest dreams come true-And oh, what precious ones I knew! Goldenrod takes me back again Down a winding wildwood lane In a charming country town, Where hearts seemed light as thistledown, And dusk and dew and flower scent Mingled with peace and sweet content. When goldenrod casts its magic spell, God seems near, and all is well!

—Cora May Preble

Beauty for Ashes

MARY OLIVE HUDSON

The Spirit of the Lord God is upon me... to comfort all that mourn... to give unto them beauty for ashes, the oil of joy for mourning, the garment of praise for the spirit of heaviness.

The words from the Book of Isaiah quoted at the head of this article were addressed to the Jews in Jerusalem, "them that mourn in Zion," some time after their return from the Babylonian captivity. Great words of optimism, they were uttered in a setting of sorrow and desolation and spoken to a discouraged people, who nevertheless were given this assurance: "They shall build the old wastes, they shall raise up the former desolations, and they shall repair the waste cities, the desolations of many generations!"

Metaphysically Babylon signifies the state of

Metaphysically Babylon signifies the state of confusion and chaos of the material consciousness. There are times when we find ourselves bogged down in this material consciousness to such an extent that we seem to be in complete subjection to error. Such a condition is symbolized by the captivity of Babylon.

Jerusalem, on the other hand, signifies a habitation, foundation, vision of peace, a state of harmony, an abode of prosperity. The prophetic message may therefore be said to be for those who have turned away from the belief in materiality and are endeavoring to find their fulfillment in

Truth. It definitely refers to a change in viewpoint to be followed by a change in circumstances.

Ashes always imply something that is no more, something that has been burned up; is irrevocably gone. It can therefore apply only to things, to forms,

to the passing phase.

Perhaps there is here an allusion to the phoenix, the sacred bird of Egyptian antiquity. The myth of the phoenix is that it lived for an age and then flew back to the sacred altar's flame, where it offered itself up in sacrifice. From the ashes of the dead phoenix always arose a new phoenix, full fledged and feathered.

The phoenix of this myth may be accepted as a Truth symbol, as the symbol of everlasting, indestructible life, which changes its form but can never change itself; for life is, always has been, ever shall be. Out of the past age emerges the new age. Last year's compost is this year's fertilizer. From the caterpillar by metamorphosis emerges the beautiful butterfly. From failure we learn how to succeed. The shutting of one door means the opening of another. From ashes comes beauty.

But what is the nature of the beauty that is to replace the ashes? Most of us think of beauty as comeliness or prettiness. There is a much deeper

meaning.

In his "Edinburgh Lectures on Mental Science" the author, Troward, tells us that the creative impulse of God—that is, the desire for the expression of good through every conceivable avenue—is love, but that expression is impossible without form; and that the only form that love can take is beauty.

We can therefore define beauty as the offspring of love, the perfect expression of the divine. Troward says that "Beauty is not yet universally manifested," but "the principle of Beauty is inherent in the Eternal Mind" and "is demonstrated by all that is beautiful in the world in which we live."

To live beautifully is an art. It is a very ancient idea that morality, that is the good life, and art are synonymous. This idea was especially widespread among the Greeks, and it was natural for them to speak of a virtuous person as we speak of a beautiful person. In other words, the "good" was the "beautiful" and the supremely beautiful was the supremely divine.

This Greek attitude toward beauty is well expressed in the Enneads of Plotinus, a third-century Alexandrian Greek, the last of the great pagan philosophers, a mystic and a profound metaphysician.

Plotinus taught that although beauty addresses itself chiefly to sight, there is also a beauty for hearing. Also for those minds that lift themselves above the realm of sense to a higher order there is an awareness of beauty in the conduct of life, in actions, in character and in the pursuits of the intellect. He says that "the face of justice and of moral wisdom is beautiful beyond the beauty of the evening and the dawn" but that "such vision is for only those who see with the soul's sight, and at the vision they will rejoice, and awe will fall upon them, for now they are moving in the realm of Truth."

"What is it," asks Plotinus, "that gives comeliness to material forms and draws the ear to the sweetness perceived in sounds? What is it that attracts the eyes

of those to whom a beautiful object is presented which fills them with joy at the sight? What is the secret of beauty? Is there some one principle from which all that is beautiful takes its grace? Undoubtedly this principle exists. Beauty perceived in material things is borrowed. Divine mind is the authentic existent. It is beautiful of itself. It imparts to soul something of itself, and the manifestation is but the image, the imitation. When we behold beauty, we recognize it as that which is of God. It is that to which in our highest nature we are akin, and so we thrill to it or vibrate in harmony with it, and that is why we recognize it as beauty." Then Plotinus asks the question "What is common between beauty here and beauty there? The answer is that the loveliness of this world comes by communion in ideal form." "Ugliness," he says, "is the result of isolation from the divine thought."

Here then is the secret of how we may turn our ashes into beauty. We all have ashes: a past that cannot be recalled; sins of omission and commission; doors have closed that will not open again. But these need not depress us. God is love and manifests Himself as beauty. Divine Mind is in the everlasting here and now, and the point of contact between God and man is the mind of man, which has the capacity to hold fast in faith to divine ideas of love until they can become manifest as beauty, beauty of harmony, peace, happiness, health, plenty.

The supreme beauty is a consciousness of the kingdom of heaven on earth. Having a consciousness of the kingdom, we have all. Is that not the meaning of the admonition that appears some half-

dozen times in the Bible: "Worship the LORD in the beauty of holiness"? "Holiness" is wholeness, perfection, in fact the harmonious whole that is beauty. To me this means to give your entire devotion, to consecrate your mind completely, to the task of realizing the wholeness, the perfection, the all-goodness of God. This is harmony; this is to be in tune with the Infinite; and this is beauty, the beauty of holiness, and it will manifest itself as a beautiful life experience.

Keeping the mind poised and centered in All-Good, we shall bring forth the realization of the indwelling kingdom. Thus do we receive "beauty for ashes, the oil of joy for mourning, the garment of praise for the spirit of heaviness," and thus are we enabled to build up the waste places, the desolations of many generations. Out of the ashes of that which is gone, we build a stronger and a better life. That which is gone was the illusion of materialism. That which is to be is the pressing forth of God into visibility.

Only by stepping in with the march of spiritual progress can we hope to be successful, peaceful, and happy. At-oneness with divine principle works always for good and for the good of all. It is constructive and, therefore, "creates new business" or manifests clearly in our human affairs. When everybody works with everybody for good only good can come to everybody.

There is one way to success—just one; one way to peace; one way to happiness: the Christ way.

-ADELAIDE HENSLEY.

The Truth Shall Make You Free

HEALTH

L. STEVENS HATFIELD

Reprinted by Request

ESUS BROUGHT to us the truth of our perfection. His truth sets us free from the belief in and manifestation of disease. The science of healing as taught by Jesus is reliable and exact. Its basic law is that of right thinking.

Spiritually we are all created perfect. Our body is created from the very substance of God. It is motivated, sustained, and renewed by His pure and perfect life. When we accept the health and vitality of Spirit, God's love flowing through us as our very life will fill our every need of wholeness.

Since our body is made out of the universal substance, which is an expression or "pressing out" of Spirit, it responds readily to the healing energy of Spirit when it is called into activity by faith and prayer.

If you have a health problem turn within and affirm your oneness with God's life and wholeness. If you are lonely or unhappy turn to God's love and joy within you. If you have a feeling of lack turn to God's substance surrounding you. Realize your oneness with His good and call upon His Spirit within you for all that you need to satisfy and complete the perfection of your life.

Health and wholeness is the outward and visible expression of God's life within you. This life is expressed in you to the degree that you are conscious of its perfect activity in your mind, your body, and your affairs.

A disturbance in your body indicates a need for soul healing as well as physical healing. A step toward soul healing is to affirm that the freeing, forgiving love of God is healing you now. God in your mind is greater than any negative thought or emotion you may have experienced or expressed. When you have become really free in your mind all the limitations in your life will disappear.

When your body is filled with pain, your mind distraught, your spirit at low ebb, it may seem foolish to declare that you are pure and perfect but the true perfection of your being is never disturbed by outer conditions no matter how alarming they may seem to be. God is your health, divine, eternal, perfect. Your part in healing is to change your thinking from the false and limiting to the true and constructive. If you have been thinking selfishly, fearfully, resentfully; if you have been thinking of yourself as diseased and weak and imperfect, you must begin at once to think life and wholeness and perfection. Thought is creative, and you will create in your body that to which you lend the power of your thought.

Spiritual healing is not an imaginary thing, neither is it a vain hope. It is as real and certain as God Himself. When the lame, the blind, and the sick came to Jesus for healing He wasted no time telling them how to go about recovering their health in outer ways. He did not give them long preachments about their sins. He looked through the appearance of physical disability to the innate spiritual

divinity within them, and by His faith He called that divinity into expression and healed them at once. By the same power, vested in you, you will be healed of every sickness and every maladjustment in your body, mind, and affairs.

Dismiss from your mind all doubt that you can be healed. Know that with God all things are possible. Rejoice that your soul, mind, and body are now cleansed, vitalized, and healed. Refuse to entertain doubts about your energy, your power to act, your vitality. Know that you are a child of God in whom can be no weakness or imperfection. Let your faith be strong and limitless. Give thanks that you are made whole in His name. In turning to God you will find rest and blessing. In His love you will find surcease from pain.

The healing work of Spirit is constantly going on in your body because life is constantly present throughout your organism, and it is the very nature of life to renew, to restore, to rebuild itself. If you have some special healing problem you are working on take time each day consciously to still your thoughts and to realize your oneness with God's life and wholeness. As you keep your thoughts attuned to life and wholeness for yourself and those you know to be in need of healing, all ills, however large or small, will disappear and you will become a radiant and vital channel for the perfection that is your divine heritage. Let go now of every thought of imperfection and know that you were created perfect and that this perfection is now made manifest in you.

Life is yours to express. As you stir it into flame through faith in God's divine guidance you are

vitalized, strengthened, renewed in every cell and nerve and muscle and organ and bone in your body. Life, deathless, eternal life is within you as an unquenchable light, a living flame only awaiting your full acceptance and expression of it.

God is your health. Throughout the day turn quietly to Him in thought. Recognize the life in your body as one with the life of God so closely attuned that it cannot become disorganized, it cannot know pain, it can only reflect the perfection of God.

God has put His Spirit within you. It breathes into you new life from on high, the very life of God. Do not let any past failure or present discouragement divert you from knowing with your whole heart that God is the perfect health in your body. Rejoice in this realization. Release all inharmony in mind, body, and affairs and face your future joyous, free, and unafraid. Feel the health of God flowing through your being. Give thanks that every element in your mind and body is touched by this healing power. Feel divine harmony surging into every cell, every atom of your body, clearing away every negative condition. Let the Spirit of health engulf your whole being. When you realize that God is the only presence and power in your body there will be no room for thoughts of imperfection and your body will outpicture health and wholeness.

Relax. Let go. Let your mind and body absorb the healing, freeing power of God. Bless every cell in your body for its obedience to your spiritual word. Behold your body radiant with Christ perfection. Praise every organ and function for the splendid work that it performs. If you are sick at heart or ill at ease or are suffering in mind or body call upon God for aid. Relax from all stress and strain. Take your attention from the chaos of the outer world and direct it within. Rest in the assurance that all is well. Let the quietness, calmness, order, and harmony of God bless your mind and body. God is ever with you and He will lead you into paths of health and harmony if you will place your whole trust in Him and follow the guidance that His wisdom reveals.

When you are in need of healing yield yourself entirely to God. Let go of all thoughts of fear and pain and worry and fill your heart with courage and love and faith. Your body will respond to your thought of confidence and trust and will react positively to your good. God is the life in your body, His temple. Realizing this, you cannot be sick. Every moment of your life His loving arms infold you. He is the very life and light of your being. Think of Him as your help in every need. Give more thought and attention to Him as life. Become more deeply aware of His presence in you as perfect life. Each time you express your faith in Him as life you draw nearer to the divine standard, the perfect wholeness, health, and vitality that is your Father's plan for you.

If you have a health problem do not become discouraged if you are not healed immediately. Teach your mind to think health thoughts. Do not dwell on symptoms of illness. Fill your consciousness with thoughts of health. Be still and feel the healing power of Spirit within you cleansing, vitalizing, healing, making you every whit whole.

Sometimes we forget that health must include

our whole being, soul, mind, and body. All healing takes place in the mind first and then shows up in the body. The manifestation of health should be a relaxed unfolding rather than a strained, forced demonstration. Perfect health and wholeness is more than a merely hoped-for ideal state. It is a reality that we can attain by co-operating with God in expressing His love as fully as we can in every department of our being.

If you are in need of health take your mind off the condition that is troubling you and give thanks that God's health-giving love is overflowing in your body and affairs and that your perfect health is manifest now. Take time each day to bless your body by realizing that there is but one life in it and that this life is the pure and perfect life of God. See it as being as perfect as it was created, each cell filled with His renewing life, each function directed by His intelligence. Look past any seeming imperfection and see the truth of your health and wholeness in God. God in the midst of you is working with you and for you. Trust in Him and He will bring forth your health in the right way at the right time.

When you understand the truth of your oneness with the life of Spirit you understand that there is no limit to the energy and vitality that is yours every moment of your life. Through the Christ within you your body is free to express wholeness and perfection so that the divine plan and purpose of your life may be fulfilled easily and triumphantly.

There is a spirit of good ever at work in your life, but you cannot reach your goal just by talking about it or reading about it. You must approach life

with a new heart, mind, and soul. As you become more and more attuned to the source of your health, your consciousness of God as your health will blossom forth into satisfaction, happiness, and wellbeing, and through Him your every need will be filled. If you have been thinking of yourself as weak, diseased, or imperfect turn your thoughts about and begin thinking of yourself as whole, sound, and perfect. Thought is creative, and you create in your body that to which you lend the power of your thought.

Spiritual healing is not an imaginary thing, nor is it a vain hope. It is as real and as certain as God Himself. If you have faith in God as your Creator and Father you can extend this faith to include Him as healer. When you feel that you need more of a consciousness of life and health direct your thoughts toward God's presence within you. As you meditate on Him you will find that your consciousness of life and health increases momently.

When you turn to God for healing you must be willing to give up every belief in disease. As His temple your body can only express His presence of perfection. Never think of your body as being under bondage to physical or material laws. Know that God's temple is governed entirely by His law of good, His law of health, His law of prefection.

Jesus brought suffering humanity the message of health. Living in the Christ consciousness you are filled with His health and life. You are alive with the cleansing, purifying, vitalizing, strengthening, healing life of Christ. The life of Christ is your own life when you feel within you the pulsating presence

of Spirit and know that you are unified with Him.

Through the teachings of Jesus we learn that the body is not the habitation of disease. It is the temple of God. So instead of condemning it we should bless it in Truth. Healing is a spiritual gift. When we are identified with the healing presence and power of God we know there can be no presence of sickness or disease in us. Healing comes to us through God consciousness. We should keep our thoughts clear of any belief that would limit our realization of God as our life and health. We should live in the assurance that our life in Him cannot be limited in any way. The presence of God within us is the presence of cleansing, vitalizing, strengthening life.

To believe in laws of disease is to believe in something other than God. As God's temple our body must be respected as something worthy of Him. Healing comes to us when we cast from our mind every thought that would oppose healing. Healing is primarily mental. In the highest realm of mind and Spirit we are free from all thoughts of disease. Begin now to live in this consciousness. Realize that you are ever one with the blessings of God. In His sight you always have been and ever will be perfect. He dwells within you as the presence of your life. When you attain health through knowledge of the divine presence within your own being you find within yourself that which will forever keep you whole and well. Created perfect, you always have recourse to this perfection. In the sight of God you are always whole and perfect. When you adapt your mind to this mighty Truth you will be whole and perfect at all times.

Never speak despairingly of your body. Never put the mental stamp of imperfection or disease upon it. The inexhaustible life of God in the midst of you cannot be depleted. Its supply increases as you draw upon it.

If you need more health increase your consciousness of health. When your thought of health and perfection is more real and true than your belief in disease and inharmony your health and perfection will spring forth speedily. Become so conscious of the health of God at the heart of your being that you cease to believe in disease in any form. Become so conscious of health that you can feel no lack of it. Realize the presence of God in you at all times. You can be healed this day no matter what the nature of your seeming illness if you will give your self completely to the presence of God within you and about you and realize that He is your health and perfection.

"I will restore health unto thee, and I will heal thee of thy wounds, saith Jehovah."

To appoint unto them that mourn in Zion, to give unto them a garland for ashes, the oil of joy for mourning, the garment of praise for the spirit of heaviness; that they may be called trees of right-eousness, the planting of Jehovah, that he may be glorified.—ISAIAH

What Do You Want?

CY LANCE

downtown restaurant the other day. "What do you want?" The attractive waitress behind the counter punctuated her question with a pleasant smile. Vainly I scanned the menu a third time, closed it resignedly, and then—not to try the girl's patience any longer—I ordered the first thing that came into my head, something I did not want at all.

All too frequently in the past I have done the same thing, and I have seen other people do much the same thing. The simple truth is, that very often

we just do not know what we want.

Many of us who do not really know what we want think we want more and more material possessions. We want bigger and better automobiles, larger houses, newer refrigerators, television sets, vacuum cleaners, washers, and all the other appliances. We persuade ourselves fully of the urgency of our need for these wants of ours.

Frequently we measure our strength, our wealth, and our success and importance by the size and newness and quantity of the possessions we have acquired because we thought we wanted them and because we convinced ourselves that we just had to have them.

Often it comes about though that these acquired possessions of ours do not really belong to us at all. We belong to them. Possessions frequently tend

to possess the possessor, especially in the case of imaginary wants.

This is not true however of possessions we get in satisfying spiritual wants, real wants, wants based on a true sense of values.

The important thing is to know what we want, to know positively without any question that this want is a very real one and not just a weak call of vanity, of desire for the mere possession of material objects.

Christian believers know for sure that they can have anything they truly want. The Bible tells them so very often. How sweetly familiar are the words of the Master in the Sermon on the Mount, "Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you."

We find the same glorious promise recorded in the 24th verse of the 11th chapter of Mark, where Jesus says: "All things whatsoever ye pray and ask for, believe that ye receive them, and ye shall have them."

In John 14:14 the evangelist records the Master's words: "If ye shall ask anything in my name, that will I do."

The scriptures abound in further examples. The Lord told many times of His love for mankind in this way, and in His acts He proved His words. He knew well that without performance words are nothing.

It surely follows then that anything that we truly want can be ours for the asking and the believing. We have Christ's inviolable promise with reference to that; we do not question it.

But many of the things we think we want are not true wants; they are vain desires, and fulfillment of them would often be to our detriment rather than for our good. That is the reason, I believe, why our prayers are not always answered as we think they should be. God in His wisdom knows that it is better for us to be without the things we momentarily desire.

How many times we find on acquiring something long wished for that all our pleasure in it is gone. How casually we appropriate these material possessions which seemed so very precious when we did not have them! In this respect we are like little children, desiring purely for the sake of desiring.

To know what we want, to want wisely, is the cure for the disappointment we experience so often when acquiring material possessions. We never feel disappointment in acquiring desired spiritual possessions; they invariably exceed all human expectations. The disciples who followed Jesus were first perhaps to realize this to the full, and in their devotion to the Master they attested to their joy in the knowledge.

Desire for wisdom in things of the spirit is truly a genuine need and one that the Lord could never fail to heed when it it uttered in the heart. To desire the wisdom that is understanding, that is indeed a need.

In Proverbs 4:7 the author of this book of wisdom and understanding urged:

"Wisdom is the principal thing; therefore get wisdom:

Yea, with all thy getting get understanding."

Wisdom would enable us to know just what we do want of life. It would free us from the calls of empty, fruitless desires. It would teach us that the

real treasures are heavenly and not earthly.

With the knowledge of our true wants clearly outlined for us, we can pray wisely and well, we can name our wants rightly and with full justice. What believer can doubt that we shall receive what we pray for-health and happiness and security; assurance and ever greater understanding.

Is that what you want? If it is, concentrate on the spiritual rather than the material. Pray wisely. Want wisely. Your heavenly Father will surely take care of the rest.

NOTICE

Unity Asks Your Help!

During the busy Christmas season nearly 350,000 subscriptions for various Unity periodicals will expire! And this at a time when our office is already stacked high with great piles of Christmas orders!

Will you help us? Will you send in your advance renewal order now, if your subscription expires at any time in the next few months, so that we can handle it before the rush season? Your renewing now will be appreciated by every Unity worker. In addition, it will enable us to make some other person very happy on Christmas morning with a Unity publication.

Thank you!

New Magazine Out in November

Dear Reader:

For many years the editors and teachers of Unity have recognized that adolescence is a time of great temptation and bewilderment. They realize that young people face soul-searing problems and that they desire Christian guidance in solving those problems.

In recognition of the need for wholesome, entertaining reading material for young people and in an attempt to help them solve their problems, Unity School is proud to announce that, effective with the November issue, Progress becomes You, A Magazine for Young People. You will round out the family of Unity publications by providing a periodical published especially for the teen-age reader. You will be the appropriate magazine for readers who have "outgrown" Wee Wisdom, which will continue to be a magazine for grade-school children.

Many months of sincere prayer, thoughtful planning, and careful preparation lie behind the first issue of You. We are sure that young people will like its sparkling make-up. Modern as tomorrow in format, You will contain colorful pictures and other illustrative material of interest to young readers.

You will feature articles and stories by writers whose friendly counsel has helped young people along life's highway. The editorial content of You will stimulate right thinking in young people without being "preachy" or dull. The reader will find You completely unbiased and tolerant of all races and creeds.

We sincerely believe that this new magazine will provide encouragement and guidance in Christian living for young people. We believe they will enjoy reading You and that it will become an essential aid in their everyday living.

We are sure that you will want to join in blessing this new magazine in its mission of bringing the message of Truth to young people everywhere.

Unity School of Christianity

PRAYER

Grace Meredith

Let me forsake in this good hour all thought Save one: God, grant me power that Thy will Be done. Let me be still and know Thy blessings tower higher than any mountain, Which stands so sturdily in rain and wind And sun. And may some of the godliness That Jesus taught be mine this day, so that In word as well as thought I may convey A little message that may lift some sadness From a troubled heart. For this one thing I pray. Knowing, dear God, that Thou art near, I realize that Thou wilt hear and heed This need and I may share the joy Of blithely answered prayer. And so I thank Thee now that Thy good will this hour Bestows on any who may seek Thy help Some of Thy gracious, understanding power.

Sunday LESSONS.....

These lessons point out the symbology of the Bible and interpret it according to the Unity teaching. Study with an open mind and Truth will convince you. Bible text is taken from the American Standard Version of the Bible, copyright, 1929, by the International Council of Religious Education; lessons are developed from outlines prepared and copyrighted by the Council; both are used by permission.

Lesson 1, October 1, 1950

UNITY SUBJECT—The Life of the Christ.

INTERNATIONAL SUBJECT—What Is Christian Living?—Matt. 5:13-16, 20; Phil. 1:27-30; I Thess. 5: 15-23; James 1:22, 26, 27.

13. Ye are the salt of the earth: but if the salt have lost its savor, wherewith shall it be salted? it is thenceforth good for nothing, but to be cast out and trodden under foot of men.

14. Ye are the light of the world. A city set on a

hill cannot be hid.

15. Neither do men light a lamp, and put it under the bushel, but on the stand; and it shineth unto all that are in the house.

16. Even so let your light shine before men; that they may see your good works, and glorify your Father who

is in heaven.

- 20. For I say unto you, that except your righteousness shall exceed the righteousness of the scribes and Pharisees, ye shall in no wise enter into the kingdom of heaven.
- 27. Only let your manner of life be worthy of the gospel of Christ: that, whether I come and see you or be absent, I may hear of your state, that ye stand fast in one spirit, with one soul striving for the faith of the gospel;

28. And in nothing affrighted by the adversaries: which is for them an evident token of perdition, but of your salvation, and that from God;

29. Because to you it hath been granted in the behalf of Christ, not only to believe on him, but also to suffer

in his behalf:

- 30. Having the same conflict which ye saw in me, and now hear to be in me.
- 15. See that none render unto any one evil for evil; but always follow after that which is good, one toward another, and toward all.

16. Rejoice always;

17. Pray without ceasing;

18. In everything give thanks: for this is the will of God in Christ Jesus to you-ward.

19. Quench not the Spirit;20. Despise not prophesyings;

21. Prove all things; hold fast that which is good;

22. Abstain from every form of evil.

23. And the God of peace himself sanctify you wholly; and may your spirit and soul and body be preserved entire, without blame at the coming of our Lord Jesus Christ.

22. But be ye doers of the word, and not hearers only,

deluding your own selves.

26. If any man thinketh himself to be religious, while he bridleth not his tongue but deceiveth his heart, this

man's religion is vain.

27. Pure religion and undefiled before our God and Father is this, to visit the fatherless and widows in their affliction, and to keep oneself unspotted from the world.

Golden Text—Let your manner of life be worthy of the gospel of Christ.—Phil. 1:27.

SILENT PRAYER—By keeping God in my thoughts, words, and conduct I help to create a world consciousness of peace and good will.

Salt is indispensable as a seasoning. If however it should lose its saltiness it would become worthless for this purpose; for its presence in food could not then be detected. Aside from becoming tasteless its value as a preservative might also be lowered. Except for its distinctive savor we would not keep salt on our tables.

The Christian in like manner is of value to society because of the savor of Christlikeness that he contributes to the life of his community and to those within the radius of his influence. Unless his words are true, kind, reasonable, gentle, and convincing, those coming in contact with him for the first time and knowing nothing of him except the impression he himself makes on them do not suspect that he is a follower of the Christ.

To be recognized instantly as a Christian our thought, words, and acts must savor of Christianity. "A city set on a hill cannot be hid," and a Christian who makes his faith in Christ the chief object of his expression cannot be mistaken for other than what

he is, a good man and true.

To make the way clear before us our faith must be something more than theory. It must be a rule of action, a way of approaching life. Without faith in God life grows flat, insipid, tasteless, whereas active faith gives meaning to life and lends zest to it. Where faith is strong enough to hold us true to our convictions we know neither boredom nor monotony nor loss of interest in life.

The purpose of a light is to illumine what otherwise would remain obscure, to bring into visibility what without it would remain unseen. To

this end the light must not be obstructed, but must be placed where it will shine to best advantage. The object of the Christ-filled life is to register and express Christlikeness. Faith is shown not by profession but by works. Love is shown by loving; thoughtfulness for others by taking thought for them now. Whatever Christlike traits we have developed best and can most fully express we are to express. We cannot hide our capabilities and remain capable without effort. We are responsible for using aright the wisdom that we have. Our light must be allowed to shine in order that all may have an opportunity to see clearly what is already clear to us.

If our manner of life is to be worthy of the gospel of Christ we must follow the teachings of Jesus and pray for those who deny all that we hold true. Loving our country, we are to pray for it and at the same time for those other countries whose way of life is opposed to our way. We should pray earnestly for those who believe in world revolution, that they may see the light of peace and the blessings of good will and of democratic living. "In one spirit, with one soul striving for the faith of the gospel; and in nothing affrighted by the adversaries."

Time was when Christians felt equal only to praying for and meeting their individual needs in the Christ. Now the time is thrust upon us when we must include the world in our prayers, as Jesus commanded; for the world has reached such an impasse through the dominance of materialistic philosophy that we can save it only by the faith of the

Christ expressed in prayer and in our daily living. Abstinence from every form of evil is not enough. Constructive living, thinking, and speaking alone can meet the situation that confronts us. Prayer alone will create a world consciousness of the desirability of peace and good will.

The word of Truth affirmed and held to in thought and deed can cleanse our life of error and cause us to know life and peace. It can take away our fears and give us security. But it is not enough to declare Truth with our lips; we must make our daily life conform to the Christ standard of justice and righteousness.

QUESTIONS

1. What is the true savor of Christianity?

2. What is the Christian's chief object of expression?

3. Is faith that is mere theory ever effectual?

4. How is faith best expressed?

5. How can each of us advance the cause of world peace?

Lesson 2, October 8, 1950

UNITY SUBJECT—Giving Direction to Life.

INTERNATIONAL SUBJECT—Giving Ourselves to Christ.—Matt. 16:24, 25; Mark 1:16-20; Phil. 1:19-26.

24. Then said Jesus unto his disciples, If any man would come after me, let him deny himself, and take up his cross, and follow me,

25. For whosoever would save his life shall lose it: and whosoever shall lose his life for my sake shall find it.

16. And passing along by the sea of Galilee, he saw Simon and Andrew the brother of Simon casting a net in

the sea; for they were fishers.

17. And Jesus said unto them, Come ye after me, and

I will make you to become fishers of men.

18. And straightway they left the nets, and followed him.

19. And going on a little further, he saw James the son of Zebedee, and John his brother, who also were in

the boat mending the nets.

20. And straightway he called them: and they left their father Zebedee in the boat with the hired servants, and went after him.

19. For I know that this shall turn out to my salvation, through your supplication and the supply of the

Spirit of Jesus Christ.

20. According to my earnest expectation and hope, that in nothing shall I be put to shame, but that with all boldness, as always, so now also Christ shall be magnified in my body, whether by life, or by death.

21. For to me to live is Christ, and to die is gain.

22. But if to live in the flesh,—if this shall bring fruit from my work, then what I shall choose I know not.

23. But I am in a strait betwixt the two, having the

desire to depart and be with Christ; for it is very far better:
24. Yet to abide in the flesh is more needful for your

sake.

25. And having this confidence, I know that I shall abide, yea, and abide with you all, for your progress and joy in the faith;

26. That your glorying may abound in Christ Jesus

in me through my presence with you again.

GOLDEN TEXT—To me to live is Christ.—Phil. 1:21.

SILENT PRAYER—In living the life of the Christ I lose my petty, personal self in service, and am lifted up into the life universal.

In work that holds our entire attention we lose

ourself completely. We then give ourself as well as our time to the task, and can experience no sense of monotony or boredom. Instead we are alert, alive, full of interest and initiative, our faculties fully awake and concentrated on the subject in hand. We give a full measure of effort to every job.

An item in a daily newspaper last winter told of the building of a complete six-room house in eight hours. Seventy-two carpenters and craftsmen finished in eight hours a job that ordinarily would have taken several weeks. All labor and most of the material was donated. The house was presented to a disabled veteran. Building contractors who watched the construction marveled at the energy shown by the men. One of the contractors said: "It's for a good cause, and the men have caught the right spirit. You would never catch these men working this hard for wages." Under the impetus of zeal for a good cause these workers outdid themselves, doing far more work without charge than they ordinarily would do for their full wage. The spirit in which people work makes all the difference.

In the work of the Christ enthusiasm and self-lessness are alike chief qualifications. We deny the personal self and devote our full energy selflessly to the expressing of the Christ. Whatever stands in the way of devotion to our ideal must be taken up (our cross) and carried along with us until we learn to deal with it and deposit it by the way.

To express life in terms of service we first choose the form that our service is to take as well as the equipment that we bring to it. First we choose four faculties: faith (Peter), strength (Andrew), judgment (James), and love (John). Jesus served in every capacity, but He first chose His apostles and began their training. He healed the sick without drugs, without wearisome delay or half measures. He taught the multitudes with authority, omitting the "Thus saith the scriptures" of the scribes and Pharisees. Jesus was ready and able to supply every need as it arose.

We direct our life into the way of Truth by getting a clear understanding of principles. Faith, love, judgment, and spiritual strength aid us in this undertaking. Anyone who calls these four faculties into action in the cause of Truth can render effectual service.

We give life the right direction when we develop belief in All-Good. To see good in adversity requires faith of a high order. To so master the inner life as to bring good out of external circumstances is proof of the Christ consciousness in action. It is complete direction of life in the channels of the Christ.

To control the inner life is more important than overcoming all adverse appearances in an external sense. Instead of demonstrating his freedom from prison Paul saw in his bonds an opportunity to bring Truth home to the whole Praetorian Guard whose members doubtless took turns in watching him. The power of the Christ whom he preached was in Paul even in prison, causing him to forget his own limitations in his zeal to bring those who heard him to an understanding of Truth. Under the justice and tolerance of the Roman law he was able to do this. Roman law was in marked contrast to

the procedures of some courts today in countries where individual liberty is no longer recognized or tolerated. "The supply of the Spirit of Jesus Christ" must be evoked without ceasing, that it may result in the magnifying of the Christ in the world.

QUESTIONS

1. What is the secret of doing good work?

2. Is the spirit in which work is done important? Why?

3. How do we begin to express life in terms of service?

4. In getting an understanding of principles what faculties aid us?

5. How do we give life the right direction?

6. Which is more important, to control the inner life or the outer circumstances?

Lesson 3, October 15, 1950

UNITY SUBJECT—Divine Law Discerned.

INTERNATIONAL SUBJECT—Using the Bible.
—Psalms 19:7-11; Acts 8:26-35:

7. The law of Jehovah is perfect, restoring the soul:
The testimony of Jehovah is sure, making wise the simple.

8. The precepts of Jehovah are right, rejoicing the heart: The commandment of Jehovah is pure, enlightening

the eyes.

9. The fear of Jehovah is clean, enduring for ever:
The ordinances of Jehovah are true, and righteous altogether.

10. More to be desired are they than gold, yea, than

much fine gold;

Sweeter also than honey and the droppings of the honeycomb.

11. Moreover by them is thy servant warned:

In keeping them there is great reward.

26. But an angel of the Lord spake unto Philip, saying, Arise, and go toward the south unto the way that goeth down from Jerusalem unto Gaza: the same is desert.

27. And he arose and went: and behold, a man of Ethiopia, a eunuch of great authority under Candace, queen of the Ethiopians, who was over all her treasure, who had come to Jerusalem to worship;

28. And he was returning and sitting in his chariot,

and was reading the prophet Isaiah.

- 29. And the Spirit said unto Philip, Go near, and join thyself to this chariot.
- 30. And Philip ran to him, and heard him reading Isaiah the prophet, and said, Understandest thou what thou readest?
- 31. And he said, How can I, except some one shall guide me? And he besought Philip to come up and sit with him.
- 32. Now the passage of the scripture which he was reading was this,

He was led as a sheep to the slaughter; And as a lamb before his shearer is dumb, So he openeth not his mouth:

33. In his humiliation his judgment was taken away:
His generation who shall declare?
For his life is taken from the earth.

- 34. And the eunuch answered Philip, and said, I pray thee, of whom speaketh the prophet this? of himself, or of some other?
- 35. And Philip opened his mouth, and beginning from this scripture, preached unto him Jesus.

GOLDEN TEXT-

Thy word have I laid up in my heart, That I might not sin against thee.

-Psalms 119:11.

SILENT PRAYER—Through studying to keep my-

self in harmony with divine love, peace, and wisdom I discern the divine law.

For the finite to comprehend the Infinite is perhaps beyond the bounds of possibility. Many years before the theory of relativity was announced to an uncomprehending world a French writer, Victor Hugo, wrote, "Side by side with the infinite of space is the infinite of time," and he continued: "Imperceptible beings upon our imperceptible globe during the second which constitutes our life, are we not very small and very miserable creatures compared to this overwhelming Infinite?" His answer then was, "No, since we comprehend it."

Whether we actually comprehend it or not, we comprehend that divine law is absolute. Our faith rests on this immovable rock, the conviction that in life where all things are subject to change there is yet an element that is changeless. Without this constant foundation we should have no place on which to fix our faith, no basis of operation in the conduct of our life. The assurance we long for has been found by others before us who have felt the same longing, and they have left their findings to us.

In the face of adversity, the Jews found this assurance of faith in the law of Jehovah: "The law of Jehovah is perfect... the precepts of Jehovah are right... The commandment of Jehovah is pure... The fear of Jehovah is clean... The ordinances of Jehovah are true... By them is thy servant warned: In keeping them there is great reward."

The Truth that others have discerned and recorded warns us to keep the divine law. When we arrive at the consciousness of this "place whereon thou standest" we can move the world to discern still more of the nature of the universe and its law.

In olden times, thinkers, prophets, and wise men studied the nature of the universe with the naked eye. They lacked the telescope, the microscope, and the many other scientific aids we use. That they discovered so much of the material universe with the puny means at their disposal is remarkable. That we should discover much more with our greater means is inevitable.

It would be futile for us to search the universe to discover only its material order and nature, ignoring its underlying spiritual significance and testimony. Our deepest, most insatiable hunger is to know the source of our inmost thoughts, hopes, and aspirations. In the Christ all things gain significance and we have the satisfaction of knowing that at the heart of things is a core of absolute good, impalpable yet real. This is what Philip preached to the Ethiopian eunuch who overtook him on his way through the southern desert to Gaza. He might have begun from almost any verse of Scripture and preached Jesus to him, for Jesus said, "Ye search the scriptures . . . and these are they which bear witness of me."

To be led by the Spirit of God is not to act on impulse, but on instinctive wisdom awakening to conscious action in us. Philip's leading was so clear and unmistakable that it is described as "an angel of the Lord" speaking to him. His teaching of Jesus included baptism, a symbol of denial. We can ask ourself what hinders us from denying out

of mind and so out of our life the things that prevent the expression of our true nature. As we do this we solve our daily problems.

QUESTIONS

- On what does our faith rest with respect to the Absolute?
- 2. What assurance do we gain from the 19th Psalm?
- 3. In our search for Truth are we heirs of the ages?
- 4. Can we correlate our findings with the inner life of the universe?
- 5. Where do all things gain significance?

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Lesson 4, October 22, 1950

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UNITY SUBJECT—Learning the Language of the Kingdom.

INTERNATIONAL Subject—Growing through Prayer.
—Matt. 6:9-13; Luke 11:9-13; Phil. 1:3-11.

9. After this manner therefore pray ye: Our Father who art in heaven, Hallowed be thy name.

10. Thy kingdom come. Thy will be done, as in heaven, so on earth.

11. Give us this day our daily bread.

12. And forgive us our debts, as we also have forgiven our debtors.

13. And bring us not into temptation, but deliver us from the evil *one*.

9. And I say unto you, Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you.

10. For every one that asketh receiveth; and he that seeketh findeth; and to him that knocketh it shall be opened.

11. And of which of you that is a father shall his son

ask a loaf, and he give him a stone? or a fish, and he for a fish give him a serpent?

12. Or if he shall ask an egg, will he give him a

scorpion?

- 13. If ye then, being evil, know how to give good gifts unto your children, how much more shall your heavenly Father give the Holy Spirit to them that ask him?
 - 3. I thank my God upon all my remembrance of you,
- 4. Always in every supplication of mind on behalf of you all making my supplication with joy,

5. For your fellowship in furtherance of the gospel

from the first day until now;

6. Being confident of this very thing, that he who began a good work in you will perfect it until the day of

Jesus Christ:

7. Even as it is right for me to be thus minded on behalf of you all, because I have you in my heart, inasmuch as, both in my bonds and in the defence and confirmation of the gospel, ye all are partakers with me of grace.

8. For God is my witness, how I long after you all

in the tender mercies of Christ Jesus.

9. And this I pray, that your love may abound yet

more and more in knowledge and all discernment;

10. So that ye may approve the things that are excellent; that ye may be sincere and void of offence unto the day of Christ;

11. Being filled with the fruits of righteousness, which are through Jesus Christ, unto the glory and praise of God.

GOLDEN TEXT—Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you.—Luke 11:9.

SILENT PRAYER—I receive divine blessings in proportion to the strength of my desire and the firmness of my faith.

The kingdom of heaven is at hand, but before anyone can enter into it and be at home in its at-

mosphere he must be able to speak its language. That language includes prayer. Through prayer we commune with God and learn the law of the state that we aspire to reach. We also learn to think the thoughts of Divine Mind.

Prayer develops consciousness of God. We cannot talk to another without feeling his presence. When we pray we are aware of being with God and of God's being with us. With God we are lifted up into a higher state of mind than is ordinary. Prayer develops elevation of thought.

Jesus filled every physical act with spiritual significance by means of prayer and acknowledgment of the Father's presence and approval. The prayer that He taught His disciples is a simple one, covering elementary truths, but when we realize its full meaning we shall have reached a high stage of spiritual development. First, we acknowledge God as the one source of all that is true and real. The whole spirit or Holy Spirit is the universal consciousness of Truth. "Hallowed be thy name." As we realize the immanence of this Spirit in us we enter it consciously and it takes possession of our mind.

To remember God on special occasions or in crises is easy enough, and natural. To remember Him habitually is the test of true culture, of the elevated mind and heart. "Give us this day our daily bread." The daily round requires more grace in the following than does the rare heroic deed or the meeting of the occasional crisis. The reward in inner satisfaction and peace of mind is also greater in the one than in the other.

The prayer for daily bread is an acknowledg-

ment that all our needs are supplied in the inner kingdom. Through faith in this kingdom we gain understanding and are lifted up above the plane of doubt and uncertainty on which the mind of sense seeks and finds not.

As we form the habit of frequent prayer we develop poise and balance, and these form the equilibrium of divine law. Prayer convinces us that the one life is shared by all in proportion as all maintain the open mind. Apart from forgiveness, open-mindedness is an empty term. As we forgive others we obtain forgiveness for our sins and shortcomings.

The Christ consciousness is individualized in us, but each individual who enters it does so through disinterestedness. A higher state than that of the self must be reached; namely, that of mankind. The prayer "Thy kingdom come" is for all men.

The temptation against which we are to be on our guard in prayer is twofold. We are not, through excess of zeal, to allow our feelings to outdistance our understanding. This practice makes for fervent worship, for begging, pleading, or thanking a God outside our ken. We are not to become oversure of ourselves, like the Pharisee who "prayed thus with himself" instead of praying to God. He who once touches the hem of spiritual consciousness knows that infinity outreaches his power of comprehension and that he has more and ever more to learn.

Loving God, we cannot commune with Him in a sorrowful, depressed frame of mind. Paul's letters show that he understood the importance of a joyful, confident spirit in prayer. "In every supplication of mind on behalf of you all making my supplication with joy . . . being confident of this very thing, that he who began a good work in you will perfect it." He prayed that his fellow Christians might realize greater love in themselves and that this love might be "in knowledge and all discernment." Discernment develops intuition which someone has called "intelligence sublimated."

Jesus taught that reverent love rather than fear is the true prayerful attitude. We are to pray "Our Father" when we think of the empowering Spirit of the Infinite, and not "Mighty God" or some other majestic term. We belong in the realm of Spirit and are at home there. Our Father is "in heaven" or the realm of peace and harmony. We can enter into it here and now by following the rules that govern it, by living the life of the mind and soul rather than that of the physical self.

QUESTION

1. What do we learn through prayer?

2. Interpret the Lord's Prayer in terms of our daily life and needs.

- Does joy enter into true prayer? How does Paul make this clear?
- 4. To what does discernment lead?
- 5. What is the true prayerful attitude?

Lesson 5, October 29, 1950

UNITY AND INTERNATIONAL SUBJECT—Growing through Reading and Meditation.—Acts 17:10-12; Phil. 4:8, 9; I Tim. 4:12-16; II Tim. 2:15; 4:13.

10. And the brethren immediately sent away Paul and Silas by night unto Berœa: who when they were come thither went into the synagogue of the Jews.

- 11. Now these were more noble than those in Thessalonica, in that they received the word with all readiness of mind, examining the scriptures daily, whether these things were so.
- 12. Many of them therefore believed; also of the Greek women of honorable estate, and of men, not a few.
- 8. Finally, brethren, whatsoever things are true, whatsoever things are honorable, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things.

9. The things which ye both learned and received and heard and saw in me these things do: and the God of

peace shall be with you.

12. Let no man despise thy youth; but be thou an ensample to them that believe, in word, in manner of life, in love, in faith, in purity.

13. Till I come, give heed to reading, to exhortation,

to teaching.

14. Neglect not the gift that is in thee, which was given thee by prophecy, with the laying on of the hands of the presbytery.

15. Be diligent in these things; give thyself wholly to

them; that thy progress may be manifest unto all.

16. Take heed to thyself, and to thy teaching. Continue in these things; for in doing this thou shalt save both thyself and them that hear thee.

15. Give diligence to present thyself approved unto God, a workman that needeth not to be ashamed, handling

aright the word of truth.

13. The cloak that I left at Troas with Carpus, bring when thou cometh, and the books, especially the parchments.

GOLDEN TEXT—Whatsoever things are true, whatsoever things are honorable, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things.—Phil. 4:8.

SILENT PRAYER—I think the thoughts of God after Him.

That "reading maketh a full man" cannot be disputed. But let us inquire into the nature of that fullness. The reader of pulp magazines and the thousand and one thrillers that fill the newsstands is full of sensationalism and the trash of the sense consciousness, a fullness that satisfies only the sense nature, and that for a limited time. A craving for more excitement follows. The reader of the Scriptures according to the letter is filled with doctrines and inhibitions—the many "Thou shalt nots" in which the Mosaic law abounds. The reader with an eye to the spiritual content of his reading matter, who searches for the universal Truth that underlies the expressed thought of his predecessors or contemporaries, finds a fullness with satisfaction. He has the substance of Truth, and can distinguish it from the shadow.

The Scriptures bear witness to the Christ. They are not the only writings that do so, but they contain the clearest testimony, the best authenticated proofs of the Spirit of the Christ. In searching them for evidence of that Spirit we have a yardstick of measurement. It is the Golden Text for today. We need be in no uncertainty concerning the voice of God. We do not accept everything between the covers of the Bible as that voice, for much of it is solely the history of the Jewish people, enlightening when viewed in its metaphysical content, but

not the inspired voice of the Infinite. The teachings of Jesus are those of ageless Truth, and whether in the Old Testament or the New they form a mine of Truth that enriches life. We do well to heed them.

In our reading we first choose the subject on which we wish enlightenment or inspiration. Then we select the sources that promise the fullest, most reliable supply of information. Inspiration comes as we find what we seek and realize that the wise in every age know the Truth that governs human life and applies to it. We "search the scriptures" not because we believe that every word found there must be fulfilled literally, but because the Scriptures were written by men who, like ourselves, tried to understand the divine law and apply it to the daily living of their times and age. When their words express universal Truth we recognize them as our heritage and gratefully accept them. Not all Scripture is infallible, but all truth is, and when we are true we recognize truth wherever we find it.

In our reading we find not only what is true, but what is honorable, just, pure, lovely, and of good report. We pass over what is negative and fix our attension on constructive features, meditating on them until their full significance floods our thought with new and deeper meaning. The constructive approach is praiseworthy at all times and will prove helpful to us.

If we have any doubt of the right handling of the word of Truth we can resolve it by quoting the true words of others. To this end daily reading and meditation are invaluable. By this means we make contact with the best thought of all time, as though

we were intimately acquainted with the thinkers as our contemporaries. Thought that has been given true and adequate expression is the common property of all subsequent thinkers who can assimilate and re-express it. It is the impersonal, immortal part of each of us. We do well to develop it as faithfully as we can, and to this end we should make the daily reading of good literature and meditation on it a fixed habit.

QUESTIONS

1. Why should we show discrimination in the selection of our reading matter?

2. Where do we find the best authenticated teachings of the Christ and the clearest evidence of the Christ Spirit?

3. Is every passage of Scripture infallible?

4. What qualifies us to discern the truth wherever we find it?

5. Why are daily reading and meditation invaluable to us?

6. What is the immortal part of us here and now, and how can we increase it?

A PRAYER

Shine through me, love divine, Unceasingly;

Let Thy pure, radiant glow Increasingly

Heal, bless, and gently guide Humanity.

—Grace A. Thompson.

Silent UNITY.....

I love Thy light. Thy spirit goes before me and makes clear the way.

The Society of Silent Unity, founded more than fifty years ago, is the healing department of Unity School, ministering without seeing them, to those who need help.

Our purpose is to aid through prayer all persons who, having faith in the power of God, ask for help.

Our temporal needs are met by the freewill offerings of those to whom we minister. "Give, and it shall be given unto you; good measure, pressed down, shaken together, running over."

Our Silent Unity group numbers some hundred consecrated workers who are devoting their lives to God's work for humanity. They are proving daily that physical, financial, mental, and spiritual difficulties can be overcome by righteous prayer. Even though everything else may have failed, we shall pray with you, for we have faith that "with God all things are possible."

We pray with you and also instruct you how to pray to the Father in secret in order that you may help yourself. Silent Unity is praying always, and your co-operation in prayer is of mutual benefit. Do not hesitate to write to us for help because your problem is personal. All correspondence is confidential.

Address your request to Society of Silent Unity, Lee's Summit, Mo. Cable address: Unity, Lee's Summit, Mo.

Give your full name and address

Prayers ANSWERED

These testimonials come from persons who have been healed by the power of Spirit. Those who wish to gain inspiration from someone whom God has healed may write, in care of the Unity School Editorial Department, to givers of these testimonials. Each letter must be unsealed and give the initials and address of the person to whom it is to be forwarded; also the name and date of the periodicals in which the testimonial appeared.

1 Will Come and Heal

ABOUT four weeks ago I had an attack of appendicitis and it seemed as though I would have to have an immediate operation. I asked my husband to send you a telegram to pray for me, and the results were that I am again back on my feet and an operation is unnecessary. I wish to tell you that I prayed with you and said all the affirmations that I had learned. It's difficult to explain the way I feel about the marvelous things that faith and prayer can and will do for one.—E. U., Illinois.

MY HUSBAND was stricken on Good Friday with a cerebral hemorrhage while preparing to go to work. He was rushed to the hospital at once, and his physician told me he could promise nothing until after he had come out of the coma, which might not be for several days. After I had recovered from the shock I prayed and asked God to give my husband back his health. Then I went about my business in a normal way. Late that evening his doctor called me. I went directly to the hospital and spent time with my husband although he didn't realize I was

there. But I felt as light and free as if he had not been sick. Then a friend who knew that I read and studied Unity called and asked if I wanted Silent Unity to pray for him.

His recovery has been so remarkable that most people feel it is a miracle. He went back to work and is doing fine. He was left unimpaired and is

perfectly normal.—L. B. D., Kansas.

His Truth Is a Shield

A COUPLE of weeks ago I telephoned, asking Silent Unity to pray for me. I am manager of an apartment building. A young man has lived here for two years. He had always paid his rent by check and I also have cashed checks for him—as much as six hundred dollars, and they were always good. In December his rent check came back, also two other checks, one for a hundred and one for eighty-five dollars, and he hadn't paid January's rent as yet.

As this was my first experience with anything like that, I was frantic. The young man has a wife and two children. I didn't want to do anything to hurt his family. My husband and a friend said they thought I should call the attorney for the hotel. I did so to ease my husband's mind. The attorney said to give him a few days to see what he would do. That is when the thought came to me: No one can help me but God and complete trust and prayer. I knew that there were prayers for me, for I called Silent Unity, and for the first time I trusted God completely and knew that everything would be all right. There was not a doubt in my mind. After

talking with someone at Unity I called the bank and they said there was enough to cover the hundred-dollar check. Then a week later the young man paid in full, picked up the bad checks, and then checked out.—V. M., Missouri.

Unto Us a Child

I AM INDEED grateful for your prayers and your maternity lessons. Our little daughter was born on the 13th of October, and her spontaneous birth was the talk of the hospital. I was a very short time in labor, and I kept in mind that the labor pains were good pains. The time went by quickly—one and one-half hours from start to finish and only eighteen minutes from the time I signed in at the hospital.

When the attending physician heard that I had had no child for eleven years he anticipated trouble. But my one thought was "God is my help in every need." The next morning the head nurse came to me and asked if I had been studying natural birth. I said, "Yes, with God's help." She said: "I thought so. We don't have many deliveries like yours."—Mrs. E. C. S., Indiana.

Love One Another

My HUSBAND used to come home at night worn out by the day's activities. Grumpy, tired, silent, it usually took him two or three hours to "snap out of it." My practice had been to go into the living room with him for the few minutes before dinner and try to cheer him with gay talk. This never did any good I noticed, but I didn't see what more I could do. One evening as I was about to follow him into the living room again the inner voice said to me, "Let him go, you stay here. Why do you try to cheer him? Have you no faith in his indwelling Christ? Christ in him will cheer, soothe, and make him happy." A few minutes later we all sat down to dinner. Harry smiled and said, "Gee, it's funny what a few minutes at home can do for me! I feel better already!"

Well, that's what happened and, with variations, it happens every night.—Mrs. H. R. H., New York.

RECENTLY I wrote asking your prayers for reunion with a beloved daughter who had been estranged from me for over three years. Your kind letter of assurance arrived on August 22 and on August 25 my daughter came to see me and our misunderstanding was all straightened out. As this has been the heaviest cross I have ever been called upon to bear, words fail to express my gratitude for your prayers in my behalf.—Mrs. N. S., California.

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Give unto the Lord

THANK you from the very depths of my heart for your sincere prayers. Today I can say that the Christ rules in our home; we are very happy and daily we can see and feel His blessings everywhere. Since I began tithing, that part left after the tithes are paid just seems to grow and grow. I thank you again. —M. D., Michigan.

I'm INCLOSING \$10.00 to be used where it is most needed. I have just recently received a check quite unexpectedly, so I am sending the tenth part to be used for the Lord. I'm so happy to be able to do

this, aside from what I save in the prosperity bank. I have been blessed in many ways and Unity is my source of inspiration.—Mrs. A. L., Indiana.

THANKS so much for Silent Unity prayers with my prosperity bank. I have received so much benefit from them. I am self employed, and since I have been tithing I have gotten much more work. I started after I had read the article in July 24, Weekly Unity, "Prove Me Now Herewith." The laws of God always work.—M. A. O., New York.

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He Shall Have Abundance

IN MY last letter I asked for prayers to help make our vacation dreams come true. And this vacation was everything we had hoped for and more. Old friendships were renewed, new ones started and there was never a dull moment.

Since I have been using the prosperity bank everything we've hoped for and even things that seemed beyond our reach have come into being.—S. S., Missouri.

Hearken unto Me

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A FEW WEEKS ago I wrote you for help concerning a job. The job I spoke of did not materialize but another one, with more interesting work and a better salary, did. Moreover I have been fortunate enough to find a capable woman to help me at home and take care of my little girl. I feel that surely God has guided me in this undertaking.—M. W., Massachusetts.

HELP from Silent UNITY

These are extracts from letters that Silent Unity has written to those who have asked our help in finding and obeying the divine law of life.

My life is such a turmoil from unsuccessful attempts at really living as Christ would have me live. I never have been able to throw off the compulsion to be dishonest. I don't give in to it. In fact, when I have a lot of responsibility and work with lots of money, as I am doing now, I seem to be able to resist temptation. But many times the situation seems almost too much for me. I cannot face God or myself with this attitude blocking my clear path. Please pray for me and let me know what I must or should do to get this clear.—From a letter received by Silent Unity.

Prayer will give you an understanding of your-self as a child of God so that you will no longer feel guilty or inadequate or resentful. When you learn to think of yourself as a child of God, you will know deep within you that you are not bound by any of the attitudes you developed as you grew up. You will know that you have undiscovered and unused resources for happy, prosperous living, that you do not need the money that is not yours. You will know that you can start today with a clean slate and actually be in thought and feeling God's beloved child.

In growing toward the awareness of one's spiritual nature, everyone develops habits of thought and feeling that disturb him. But when he awakens to the truth that he is far, far more than the prod-

uct of human heritage, environment, training, he is free to expand his life and to live his life in beauty and divine independence.

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I have been debating within myself whether or not I am using up and wasting too much energy by emotions. I become childishly emotional when it isn't at all necessary. I cry at a rebuke to myself or to others, at words of kindness, or an act of kindness to myself or to others, and to news items pertaining to these demonstrations. This condition is annoying and there are instances when it becomes quite embarrassing to me.

These outbursts of emotion upset me mentally and physically and I feel this isn't necessary, that it is detrimental to me. There must be some way to overcome this weakness, this obstacle, but I do not know how to begin nor where to start except by asking you."—From a letter received by Silent

Unity.

Apparently you are a sensitive, deep-feeling person with quick, intense emotional reactions. A person of that make-up does find that he is moved by so much that his energies become depleted without his having accomplished what he wants to accomplish. So he has to learn not to over-react to anything. He has to learn to delay his reactions for a moment until he can take conscious control and determine the importance of the situation, his part in it, and how much of his emotional energy it is sensible for him to give to it. We know that emotional reactions come so spontaneously that ordinarily one does not have time to determine how he shall react. But if you train yourself to delay your reactions for a second, you will find that you have the control

you are wanting. And you will find that you can evaluate a great deal in a few seconds.

I have the problem of how to explain death to my little boy, who is three years old. Right now it would concern only animals, birds, and the like, but I want to explain their death in such a way that the passing of some loved one or friend would not be too shocking or mysterious. Help me to give him the right impressions.—From a letter received by Silent Unity.

In the first place, at your son's age, your own thought toward life and death are of utmost importance. The passing of a friend or loved one will be accepted by this little boy in much the manner in which he sees and feels that you accept it. If you can, with all your heart, trust God to love and care for His children when they have passed beyond the realm of your sight and hearing, if you can feel sincerely that in God's love there is no separation, nor any real death, it will greatly simplify helping the child to feel the same way.

The falling of leaves in the autumn, the return of leaves and flowers in the spring, the flight of the birds he watches in summer and their return, all these things can be used to help your little son to know that all is well with those he loves when they are away from him. If a pet should meet with death, help him to know that the body is like a coat, a covering for the mysterious and beautiful thing we call life. Help him to feel a sense of confidence in and reliance on the loving Father in all the things he does understand.

Children are understanding little beings when this question arises, God will guide you in meeting it in a calm and helpful manner.

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My husband is very much interested in the study of the Bible, but any part of it for which he cannot find immediate practical application in his life is irksome to him. He cannot see why the Psalms were written or how to put them to use. To him the Old Testament is ancient history and of no practical value. Have you anything to help him to an understanding?—From a letter received by Silent Unity.

It is not odd that your husband cannot find practical application for all the passages in the Bible. Many passages can be taken literally, while others require a metaphysical interpretation to provide some meaning for the individual. Some of the problems that have been historically recorded and were confronted two thousand years ago, obviously will not have to be met today. However, it is interesting to discover why those problems were encountered, how they were met, and the spiritual growth gained in finding their solutions. Through speculation on such passages, we too can broaden our understanding of deeper truths and be able to apply such truths to our everyday living.

We suggest to your husband, in continuing his study, that he look beyond the printed page and seek the deeper truths. Whether the Bible is studied from the historical point of view, for its literary value, or for inspiration, it is truly a great book and countless blessings can be gained from it.

UNITY CENTERS

The following leaders are conducting a ministry in keeping with the Christ teachings as interpreted by Unity School.

ALABAMA

Birmingham—Blanche Joki, 406 N 22 Mobile—Eva Rosencrans, Woman's Club

ARKANSAS

Little Rock-Mary Wayman, 108 Linwood

ARIZONA

Globe-Sarah Lightle, 117 E Oak

CALIFORNIA

Alamo-Marie M Giles, Alamo Community Club

Alhambra—Certrude Hall, 204 S 2
Bakersfield—Della Shutts, Brower bldg
Berkeley—Susanna Scott, Durant hotel
Beverly Hills—Ruth Ree, 200 S Cannon
Burbank—Joseph & Mildred Haggerty,
705 E Olive

Compton-Margaret Butterworth, 115 N

Chester
Culver City-Dollee Phillips, Culver City

El Monte—Irene Malloy, Community bldg Escondido—Clarion Lindas, 143 W

Grand
Fontana—H P Nicholls, 371 N Citrus
Fresno—Alice Stokes, 171 Blackstone
Glendale—Geraldine Johnson, 119 S

Kenwood: Mary Adams, 724 South st Hermosa—Winifred Dietz, 77 17th Hollywood—Rose Schneider, 1162 N St

Andrews
Inglewood—Maude Galpin, 226 E Spruce
La Crescenta—Harold Irving, 4004 La

Crescenta

Laguna Beach-Myron Key, 678

Glenneyre Long Beach—Louise Newman, 935 E

Broadway

Los Angeles—Ernest C Wilson, Norma Knight Jones, C Franklyn Kelly, 635 S Manhattan Pl; Nina Fisher. 3010 Palm Grove; Emma Luke, 2120 S Union; Dollee Phillips, 3706 W Wash blvd; Alfred Williams, Arcade bldg; Helen Mouton (col) 4419 Mettler Monrovia—Irene Malloy, 201 E Lime Montebello Park—Gertrude Hall, Woman's club

Napa-Helen Wade, Churchill manor North Hollywood-Joseph & Mildred Haggerty, 4871 Lankershim blvd Oakland-Alma Morse, 144 Athol

Oakland-Alma Morse, 144 Athol Oceanside-Sonja Celia Samiran, 321 S

Freeman

Pasadena—Max & Frances Flickinger, 60

N Mich; Carrie Love (col) 80 Orange
pl

Pomona—Unity, 249 W Monterey Redlands—H P Nicholls, 116 W Fern Richmond—Winifred Deming, 1125 Nevin Sacramento—John Hinkle, 1025 9th; Blanche Evans, Eastern Star temple San Bernardino—Dr&Mrs H P Nicholls, 763 D st

San Diego-Marie Fleming, 441 C st San Fernando-Vera Stenen, 523 N

Maclay ave
San Francisco—Robert Hulbert, 25 Fulton: Ethel Higgins, 133 Geary hidg
San Gabriel—Ethel Turner, 325 S Pine
San Jose—Rose Emery, 40-B S 1st
San Leandro—Barbara Lyon, 561 La-

fayette

Santa Ana-Myron & Estelle Key, 2015

N Broadway

Santa Barbara—Robert Sikking, 227 E Arrellaga

Santa Cruz-Alice Hopkins, 916 Riverside Santa Monica-Sue Sikking, 1528 3d Santa Rosa-Helen Wade, 845 3d South Gate-Edna Drehert, 2945 Tweedy Stockton-Grace Swannell, 48 W Poplar Studio City-Herbert J Schneider, 12355

Moorpark
Tajt-Della Shutts, 631 North
Van Nuys-Mary Hider, 14416 Victory
Watsonville-Alice Hopkins, 31A Madison
Whittier-Louise Newman, 410 S Green-

COLORADO

Colorado Springs—Ann Winstead, 1307 W Colorado Denver—Alice Benson, Colorado bldg Pueblo—Edith Wilshire, YWCA

CONNECTICUT

Bridgeport—Helen Kersten, 610 Fairfield Hartford—Edna Titus, 926 Main Meriden—Bonnie Adams, Hotel Winthrop New Haven—Bonnie Adams, Hotel Tafi

DISTRICT OF COLUMBIA

Washington-Margaret & E Roy Feldt New Colonial hotel; Ann Sandefer 1733 Eye st N W

FLORIDA

Clearwater—Louise Beaty, Chamber of Commerce auditorium Daytona Beach—Mary Huck, 128 Broad

Delray Beach—Frances Jarrell, 34 S E
4th ave
Fort Lauderdale—Nora Campbell, Wom-

Fort Lauderdale-Nora Campbell, Wom-

Fort Myers—Fermor Guitteau, 829 Fire

Jacksonville-Wm & Bonnie Grenson
Lomax at May

Miami—May Stoiber, 158 NE 4th Orlando—Carolyn Parsons, 503 S Orange Sanford—Carolyn Parsons, Valdez hotel St Petersburg—Louise Beaty, 801 6 ave S Tampa—Ruby Wagner, 626 No B West Palm Beach—Fannye Treaster,

George Washington hotel **GEORGIA**

Atlanta-Kathryn Boyce, 684 W Peachtree; Mabel Butts (col) 382 Ashley NW

HAWAII Honolulu-Marie Handley, 240 Lewers rd

IDAHO

Boise-Christopher Scott, Pinney bldg ILLINOIS

Bloomington-Hazel Erisman, 108 Mulherry

Champaign-Viretta Sutherland, City bldg Chicago W I & Anna Hoschouer, 306 S Wabash; Unity, 64 W Rendolph; Edith Reynolds, 116 S Michigan; Janet Beaudry, 410 S Michigan; Margaret Halsey (col) 322 E 43d; Henrietta Gorden (col) 4307 S Mich

Decatur-Hazel Erisman, 317 W Decatur E St Louis-Florence Schaefer, Broad-

view hotel

Evanston-Maud Kellogg, Evanston hotel Jacksonville-Viretta Sutherland, Dunlap hotel

Mattoon-Ethel Maguire, Central Community Church, 16th & Charleston Rockford-Bernice Biggers, Empire bldg Springfield-Eva Conover, 709 S 7th

INDIANA

Ft Wayne-Faith Cornwall, Court & Berry Gary-Margaret Cain, YMCA Hammond-Margaret Cain. Masonic

temple Indianapolis-Margaret Strable, Claypool hotel; Frederick Andrews, 8 E Market

Des Moines—Betty Stitt, 3118 Grand Sioux City—Mary Robinson, 236 Insur-ance Exchange bldg Waterloo-Irene Duncan, 3241/2 E Fourth

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Hutchinson—Nona Kerfoot, 316 W 15th Topeka—Harriet Pfouts, Jayhawk hotel Wichita—Carl & Lois Moran, 3241 Victor

KENTUCKY

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Portland-Unity, 562 Congress

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Baltimore-E Roy Feldt, Emerson hotel

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Worcester-John Baughman, Academy bldg

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Ann Arbor-Marie Munro, 310 S State Battle Creek-Bess De May, YWCA bldg Bay City-Roxie Miller, YWCA Birmingham-Virginia Shipley,

bldg

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Flint-Michael Giannuzzi, Metropolitan bldg

Jackson-Eleonore Krafft, Security bldg Grand Rapids-Ida Bailey, Scribner & 2d N W

Kalamazoo-Amy Moffett, 209 W Dutton Lansing—Harvey & Ida Best, Olds hotel Pontiac—Eve Edeen, 72½ N Saginaw Royal Oak—Walfred Taurainen, 101 S Trov

MINNESOTA

Minneapolis-Lila Ranney, 2300 Hennepin St Paul-Nellie Hohenwald, New York bldg

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Jefferson City-Amanda Clibourn, 319 Ash

Kansas City-Louis E & Ethel Meyer. 707 W 47th Lemay-Julia McKee, 284 Lemay Overland-Kate Evans, 2422 Goodale

St Joseph—Osla Jones, 12 and Felix St Louis—James E Sweaney, 119 N 7; Hilda Eilers, 3616 Bates; Florence Brummer, 4621 Kingshighway

MONTANA

Billings-Mary Wessel, 101 Lewis Bozeman-Mary Wassel, 1031/2 Bridges Arms

Butte—Mary Wessel, YMCA
Great Falls—Lilian Cook, 1023 2 Ave S
Licingston—Mary Wessel, Elks hall
Missoula—Maidie Van Etten, 500 E Front

NEBBASKA

Lincoln-Mildred Brown, 138 N 12 Omaha-C N & Hallie Broadhurst, YWCA

NEVADA

Reno-Robt & Fay Caswell, 847 University

NEW JERSEY

Allenhurst-John Manola, 109 Main Hackensack-Eleanor Drew, Woman's club

Montclair-Gladys Stevenson, 6 S Fuller-

Newark-Edith Berry, Berwick hotel Plainfield-Unity, Babcock bldg

Paterson-Gladys Stevenson, Church & Ellison

Ridgewood-Louise Gerhold, YWCA, 180 Franklin Trenton-Elipor MacDonald. Studio

Theater, 541 E State

NEW MEXICO

Albuquerque-Mina Stevenson, 1219 W Tijeras

NEW YORK

Brooklyn—Ella Pomeroy, 3 Albee sq Buffalo—Lillian Matthews, Statler hotel Elmira—Elise Rosenburg Bank bldg

Flushing-Adele Woodruff, 135-42 40 rd Forest Hills-Adele Woodruff, Forest Hills Inn

Great Neck-Emma Jean Sartori, 73 Cutter Mill

Ithaca-Elise Rosenburg, I O O F hall New Rochelle-Ethel Nickelsen, Huguenot YMCA

New York-Georgiana West, 1 W 47; Crichton Boatwright, 57 Park ave; Josephine Siemon, 400 E 59; Stella Wrenn, 5 W 8 st; Courtenay Johnson (col) 2523 7th ave; Nanna Sutton (col) 137 W 110

Rochester-Elise Rosenburg, Seneca hotel

Roslyn Heights-Adele Woodruff, 58 Mineola

Schenectady-Marian Hoagland. fayette & Chapel Syracuse-Russell Kemp, 110 Onondaga A Troy-Marian Hoagland, 50 2d

Valley Stream-Stella Wrenn, Franklin White Plains-Ethel Wedemeier, Masonic

temple NORTH CAROLINA

Asheville-Velma Hoffman, Battery Park hotel

OHIO

Akron-Cleo Lee, 34 S High Canton-Daisy Daggett, 203 6th N W Cincinnati-Effie Smith, Erna E Wissmann, Madison & Andrews; Millie Leslie, Sinton hotel

Cleveland-Earl & Martha Anthony, Hotel Cleveland

Columbus-Dale and Donna Newsum, 50 W 5 Ave Dayton-Ethel Crouch, Canby bldg Hamilton-Louise Tabse, 117 Ross Marion-Mercedes Fossler, YMCA Springfield-Nora Elliott, 191/2 S Lime-

stone Toledo-Wallace Tooke, 2740 Upton Warren-Everett St John, 167 Main Ave

S W Youngstown-Everett St John. Home

Sav & Loan bldg

OKLAHOMA

Muskogee-Ruth Jacques, Equity bldg Tulsa-Grace Kehrer, 714 S Boston Oklahoma City-Alice & Schuyler Cron-ley, Midwest bldg

Okmulgee-Ruth Jacques, McCullough bldg

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Portland-Marion Lance, 811 NW 20 PENNSYLVANIA Philadelphia-Margaret Feldt, St James

hotel Pittsburgh-Andrew Carlson, 233 Oliver

PUERTO RICO San Juan-Rafaela Melendez, Carnegie Library, stop 1

TENNESSEE Memphis-Merton Thorpe, 1911 Madison Nashville-Susan Smartt, 1816 Broad

TEXAS

Amarillo-Eugenia Lane, 114 E 15 Dallas-Ruth Gillespie, 2030 Commerce El Paso-Mabel Peck, 130 E Rio Grande Fort Worth-Ruth Gilpin, Flatiron bldg Houston-Lilian Brass, 3500 Louisiana; Corine Smith (col) 1302 Schwartz

San Antonio-Mary Myles, Maverick bldg WASHINGTON

Bremerton-Marion Brown, 925 Park Everett-Estelle MacPherson, 2609 Wetmore

Kennewick—Beulah Scott, Arrow Grill Seattle—Donald O'Connor, Arcade bldg Tacoma—Warren Meyer, 1012½ A si Wenatchee—Maud McCulloch, Columbia hotel

Yakima-Beulah Scott, 109 S 4

WISCONSIN

Beloit-Bernice Biggers, YWCA bldg Milwaukee-Mae Lundahl, 1820 E North Racine-Lu Verna Bauer, 423 S Main

CANADA

London-Mary Dunning, Moose temple Montreal-May Duncan, Ritz-Carlton hotel

Ottawa-May Duncan, National bldg Regina-Unity, Thompson blk Toronto-Mary & George Dunning, York

Masonic Temple, 5 Eglinton E Winnipeg—Edna Bowyer, 360 Young

ENGLAND

Easington Village-Thomas Merrington, 11 Sea View, Co Durham Iver Heath-Dora Johnson, Ellsmere. Slough rd

London-Ruth Hacking, 6 Stanhope Terrace, W 2 Sunderland-Thomas

Merrington. Durham MEXICO

Mexico D. F .- Clara Kouns Lumpkin. La Palma 39

Unity literature in French: Unite, 93 rue Truffaut, Paris XVIIe, France. Unity literature in Italian: 7 Viz Angrogna, Tone Pellice (Torina), Italy.



Have We Lived Before?

By Ernest C. Wilson

This book was written at the request of many Unity students who were interested in the subject of reincarnation and who were seeking the answers to such questions as: "Is it true that we live more than one life?" "Where shall we be in the life after this?" "Why is the doctrine of reincarnation not mentioned specifically in the Bible?" "If we have lived before why do we not remember past experiences?" "How can our acceptance of the doctrine of reincarnation be of help to us in our present life?"

Ernest C. Wilson believes that we have lived before many times, and he offers convincing support for his belief in this book. He also gives an explanation of how the belief that we have lived before can be used to help us live more successfully here and now. Mr. Wilson once said, "There is as much evidence for reincarnation, I believe, as for any universally acknowledged reality of being; surely as much as there is for life beyond death in the generally accepted meaning of the

term death."

(Have We Lived Before? is a standard Unity book priced at \$1.)

Appearing in Other Unity Magazines This Month

"An Understanding Heart"

In an article entitled "An Understanding Heart," which appears in the October issue of Daily Word, Ralph Rhea asks the question: "If you could choose one thing above all others what would you choose? If you could have one prayer immediately answered what would you ask for?" Mr. Rhea then relates the story of Solomon, who, faced with this question, asked only for "an understanding heart." He goes on to explain how the development of an understanding heart leads to the attainment of all other desires.

A Story for Teen-Agers

Teen-agers will enjoy Myrtle Vorst Sheppard's story, "The Brain," which appears in the current issue of *Progress*. The story is told in the first person by Celia, who is a twin, but identical with her sister Celeste only in physical appearance. It is Celia who has the "brain," a fact that apparently fails to attract the male element of Brookville High—until a certain crucial night when the fate of the high-school football team depends on Celia.

All about Jackie Robinson

An especially inspiring story by Dena Reed appears in the October issue of Good Business. This is the story of Jackie Robinson, National League baseball star, who says, "On a ball field—as in an office or a shop—you practice your religion by treating the other

fellow the way you want to be treated. And you succeed in baseball, as in any other business, when you work with others for the good of all. It's teamwork that counts!"

Miss Reed's article, revealing Jackie Robinson's own formula for fame, is entitled "It's Teamwork That Counts."

A Story for Halloween

Wee Wisdom for October presents an unusual Halloween story by Adele Haberlein entitled "It Works Both Ways." The main characters are Lin and Tippy Wong, the son and daughter of a Chinese merchant, who are trying to adjust themselves to a new community after Mr. Wong's business is moved from New York to a small town in the Midwest. The adjustment seems even more difficult since the Wongs are the only Chinese family in Marietta. But Halloween provides the occasion for helping Tippy to learn that in order to make friends you must first be a friend.

A Forgotten Errand

"To This End Was I Born" is the title of Constance J. Foster's article in the October 1 issue of Weekly Unity. Mrs. Foster tells of sending her small son to the grocery store and how he became distracted by a shiny red fire truck, forgetting his errand. The author compares this incident to our being sent into the world on an "errand" for God and says that sometimes we become so distracted by insignificant matters that we forget why we are really here. "Each one of us," says Mrs. Foster, "has a gift or capacity that God needs."

UNITY BOOKS AND BOOKLETS

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	God Is Blessing Von Now 10	Way of Faith Th-	10
	Good News. The	Where I Am King	'IO
	Gift Imperishable, The10 God Is Blessing You Now10 Good News, The10 (12 copies of these booklets	or \$1. Envelopes included) .10
For Children	Jet's Adventures		1.00

NEWS Seprom Survey

In Unity Next Month

In the November issue of UNITY Fred A. Barrow in his article "Thanks Be to God" quotes the words of Seneca, the Roman author, statesman, and philosopher, who said, "We can be thankful to a friend for a few acres or a little money; and yet for the freedom and command of the whole earth, and for the great benefits of our being, our life, health, and reason, we look upon ourselves as under no obligation."

These words, though written long before the coming of Jesus, are "freighted with truth" and "as applicable to men of today as they were to those of Seneca's day and generation," says Mr. Barrow. "We are ready enough," he continues, "to express our thanks for material gifts but not quite so ready to express our gratitude for the imma-

terial things such as life and liberty and health and the power to reason intelligently or the sweet gifts of love and friendship and understanding, which flow into our life day by day. Far too often we accept these things as a matter of course, and yet they are gifts of God for which we should offer Him our sincere thanks."

Likes New Radio Book

Appreciative comments on Unity's newest book Favorite Unity Radio Talks are arriving daily. A friend in California writes:

"I just received and read Favorite Unity Radio Talks. It is one of the best and most practical books you have published. In other words it gets down to brass tacks.' All of your books and instructions are so usable. Nothing ever helps me so quickly and

permanently."

Favorite Unity Radio Talks, a standard Unity book, may be purchased from your local Unity center or direct from us for \$1 a copy.

More Free Unity Booklets

We still have on hand a supply of the free issue of



the booklet As You Tithe so You Prosper, by Louis E. Meyer. This is a small, unabridged, paper-bound edition of the regular fifty-cent Unity book published under the same title.

If you have never read "As You Tithe so You Prosper" or have never tried the tithing plan, now is your opportunity to send for this free Unity booklet on the subject of tithing and learn how putting God first in your life can miraculously affect your prosperity.

Also still available is a supply of the fourth edition of the free booklet *Health Is Catching*. This new volume contains testimonals of heal-

ing that have not appeared in previous editions of the book-

You may have free copies of either or both of these booklets by writing to Unity, Lee's Summit, Mo.

Greeting Booklet to Hospital Patient

The following letter suggests one of the occasions when the giving of Unity greeting booklets is especially appropriate. Mrs. A. W. D. of Minneapolis writes:

"While visiting my mother in the hospital today I had the opportunity to offer another dear old lady a copy of The Great Helper, by Dana Gatlin. I told her how much comfort I had received from



it and asked her if she would like to read it. She said yes. Within a few minutes she came over to Mother's bed and asked me if I could get her a copy for her own use. I was so pleased at her request that I would like to have you send me ten copies. Thank you, dear friends, for

the opportunity of spreading Truth among other patients in the hospital."

Unity has a large assortment of these inspirational greeting booklets, which may be purchased at a very nominal cost and are suitable for giving to friends on numerous occasions. For an order blank giving the complete list of booklets write to Unity, Lee's Summit, Mo.



Study Truth

If you wish to enroll for a systematic course of Truth study, the Unity teachings can be brought to you in your own home. This is made possible through the Unity Correspondence School. A staff of Unity teachers and specially trained workers plan a course of study that is mailed to you on your enrollment in the Unity Correspondence School. You study the lessons at home, write your papers, and send them back to the Correspondence School to be graded. After the papers are graded they are returned to you with helpful comments. For further information write to Unity Correspondence School, Lee's Summit, Mo.

Doctor Enjoys "Unity Viewpoint"

The following letter comes to us from a doctor in Florida:

"These words are in loving appreciation of the soul-satisfying messages broadcast over a local radio station giving us the 'Unity Viewpoint.' My work takes me over much of the city, and I have been impressed with the great number of folks of different religious denominations who listen to and praise the 'Unity View-



point' program. There is one thing each listener has to say, and it is that the 'Unity Viewpoint' makes the story of Christianity so easy to understand.

"For many years I have subscribed for UNITY for the same reason and, like many others, appreciated the ab-

sence of creeds and doctrines. rites and rituals, which lend beauty to our worship but are of lesser importance than applying the Christian principles to our daily living. I like the 'Unity Viewpoint' for it gives me something to weave into the pattern of daily living something to help make the going a little easier, to understand how to turn my thoughts toward all the good there is in life. Moreover, it is significant to note while studying the words of the Master that He told the story in easy-to-understand words, and that is why we like to listen to 'Unity Viewpoint.' Sincere good wishes to WTSP and thank you kindly for this program."

"Unity Viewpoint" is broadcast six days a week over more than thirty stations. Requests for a schedule listing all of these broadcasts will gladly be filled.

Fall Classes in Unity Centers

More than two hundred Unity ministers conduct devotional and healing services and study classes in many parts of the United States. Constituting the Unity Field ministry, these men and women serve all who come to them for prayer and instruc-

tion in the application of Truth to everyday living.

Devotional and healing services are conducted in the Unity centers the year round. Study classes in Lessons in Truth. Christian Healing, Talks on Truth, The Silence, and other Unity textbooks begin around October 1. As far as possible class instruction in the centers has been made uniform, the uniformity being worked out by the Field Department at Unity headquarters and the Unity Ministers' Association. This is of especial benefit to students who may move from one city to another during the season when the classes are in session, for they can continue their study in the center in the city to which they move.

If there is a Unity center in your city, why not plan to enroll in one or more of the study classes that will be offered in the fall and winter months? You will be blessed by your fellowship with others who attend the classes and you will be a blessing to them. As you learn more about Truth you will build a consciousness for a richer, fuller life.

For the location of the Unity center in your city consult your telephone directory or turn to page 84 of this magazine.

For Beginners in Truth

WEEKLY UNITY—An 8-page paper published weekly. Truth presented in a simple, friendly way that particularly appeals to beginners because it is easily understood. \$1 a year.

FAVORITE UNITY RADIO TALKS—A new Unity book containing brief, inspirational messages in radio-script form on subjects of interest to all. Each of the 27 scripts requires less than 15 minutes reading time. \$1 a copy.

DAILY WORD—A pocket-sized devotional magazine published monthly. It contains an affirmative prayer and a personal message for each day of the month; also special articles. \$1 a year.

MIGHTIER THAN CIRCUMSTANCE—A Unity book by Frank B. Whitney containing a message of assurance that any difficulty can be met triumphantly. No matter what the problem may be this book will give the reader new courage. \$1 a copy.

GOOD BUSINESS—A monthly Truth magazine for the business person. Contains accounts of actual instances where Truth put to work in the business world proved to be sound economy. \$1 a year.

When ordering these books and magazines for yourself and friends, remember that they will also make excellent Christmas gifts for those who would appreciate an introduction to Truth.

UNITY SCHOOL OF CHRISTIANITY Lee's Summit, Mo.

Possess Your Good

"Behold, I have set the land before you: go in and possess the land." God is setting the "land" before you today—all the good things that are needed to make your life happy, successful, and complete—and He is telling you

to possess it.

For many years the Unity Prosperity Bank plan has helped thousands of people to "possess" the good they are seeking, has taught them the true way to prosperity and success. This is not a miracle but the natural result of knowing how to turn to God in faith, how to claim through prayer and right action your supply, your peace of mind, the right answer to your problems.

The Bank plan also gives you an opportunity to share your good by giving UNITY gift subscriptions to your friends. Through giving you open the way for greater pros-

perity to be manifested in your life and affairs.

Unity School of Christianity, Lee's Summit, Mo.

Please send me a Prosperity Bank and ask Silent Unity to pray with me for a successful demonstration. I will use the drill seven weeks and save \$3 for the three UNITY magazine subscriptions (one year each) listed below:

Name	
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A New Magazine or Jeen-Agers!

YOU

Jnity is happy to announce the publication of YOU—a new Fruth magazine for young peole.

YOU (formerly *Progress*) is filled with the best in fiction and true stories appealing to teenagers. Among special departments of the magazine are:



- * TEEN TOPICS—a section of true-life stories, topics of current interest, and pictures
- * PHOTO FEATURE—inspirational ideas presented through the medium of descriptive photography
- * LET'S TALK IT OVER—a column of helpful advice on teen-age problems
- * DO IT YOURSELF—a page devoted to interesting and useful handicraft ideas
- * CONQUERORS—true-life stories by and about teenagers who have met trying situations victoriously by using Truth methods
- * TRI-CROSTICS—a stimulating page for puzzle fans

And this is only a partial list of the many bright features to be found in YOU! See that the teen-agers in your family tre among the first to have a subscription beginning with the first issue in November! One year—12 colorful issues of YOU—is just \$1, so keep it in mind as an ideal Christmas gift for young people too.

UNITY SCHOOL OF CHRISTIANITY Lee's Summit, Mo.

"In All Thy Ways"

GRACE NOLL CROWELL

In all thy ways acknowledge him, And he will direct thy paths.

I shall acknowledge Him today In all I do and all I say. I shall acknowledge His great power— No bird, no burning bush, no flower Shall I behold, unmindful of His marvelous creative love.

Throughout the day, the earth, the sky Will speak to me as I pass by. I shall acknowledge Him, and oh, His promise is that as I go Forward on my path that He Will hold my hand, directing me. No pathway ever will grow dim If all my ways acknowledge Him.

UNITY