



BIBLE TEACHINGS ABOUT SICKNESS.

I write the following for the benefit of those whose orthodoxy makes them afraid of the doctrine. I could not have accepted it, if I had not found the proof in the Bible. I believe there are many others, who, like myself, could accept Christian Science more readily if they could see the proofs of it more plainly drawn from the scriptures than is done in "Science and Health."—ELLEN C. ELDRIDGE.

FIRST.—Sickness is the result of sin.

Proof: Luke 13: 16; Matt. 9: 2-6; John 5: 14; Ex. 15: 26; Deut. 28th chapter. It is not necessarily the result of some particular sin, as in John 9: 3. Trench says, "The Lord neither denies the parent's sin, nor his—it is the chastening of no particular sin."

In the direction of sin, we are hedged in with fearful penalties, the more we follow it, the more we are given over to believe a lie. John 8: 44-45. In the direction of goodness we are absolutely without limitation. John 17: 20-22; Rom. 8: 17; Eph. 1: 3-8 and ch. 4: 13; Col. 1: 9-13.

SECOND.—We are not under the dominion of sin.

Proof: Rom. 6: 2-7, 11-19; Rom. 8: 1, 2, 3, 32, 34, 37; 1 John 1: 7; Heb. 2: 14-18, John 1: 12; and cf. John 1: 9 with ch. 3: 19.

THIRD.—Therefore we are free from the consequences of sin or sickness. Rom. 8: 11; Eph. 5: 23, 1st. c.; 1 Thess 5: 21; Mark 16: 17-18; Luke 10: 19; Matt 10: 8; and 8: 17.

FOURTH.—Then why are people, and especially Christians, ever sick?

Because they, like all the world, have not understood the truth that they are free (John 8: 23) from the law of sin (sickness) and death. Rom. 8: 2. Man is made in the image and likeness of God (Gen. 1: 26-27). God is never sick. Why, then, need we be? We need not be, if we will realize that health is among the ALL things (Rom. 8: 32) which God has freely given us. Mark 11: 24 Jas. 1: 5-7; Matt. 14: 28-31; Matt. 9: 29; John 15: 7; ch. 14: 12-14; ch. 7: 17.

FIFTH.—Must we be perfect before we can heal or be healed from sickness? Acts 14: 14-15; Jas. 5: 14-18; Luke 10: 1-22. We know that not one, even of the disciples, before the resurrection had attained to such a knowledge of the truth as we may any of us reach to-day. Then should it be hard to believe the promise of John 14: 12?

SIXTH.—In Acts 17: 25, 28, we learn that God gives to ALL life and breath. Then is it a diseased life, or sickness that he gives to some? By no means. Acts 10: 34; Gen. 1: 31. He renews His good gifts every moment, Isa. 27: 3, but they are of no avail to us if we do not believe that we have them, Jas. 1: 6-7. We are liable to sickness so long as we believe ourselves under the law of sickness or sin, Rom. 6: 11, 12, 16. Do not admit this any longer; recognize that you are a spiritual and immortal being,

made for dominion and not for subjection, Gen. 1: 26-28; Ps. 8: 5-6, (Rev. Ver.)—which reads "Thou hast made him but little lower than God." Sin, and therefore sickness, have no power over you except as you yield yourself to them: you have only one Master, even Christ, Matt. 23: 8. If you would gain the victory over sickness, do not FEAR it. Have faith in God, Mark 11: 22-24. Whatsoever is not of faith is sin, Rom. 14: 23.

SEVENTH.—As a help towards overcoming the fear of sickness, let us approach it from another side.

God, the infinite Mind, the eternal Thinker, said: "Let us make man [Sanskrit to think] in our image." The man, the thought of God, was made a thinker. Not in the sense that man can create thought: God is the only Creator, but man can reflect or think God's thoughts after Him. 2 Cor. 3: 5, 18. Now thought must be clothed with some sort of a body before it can express itself, and man, the spiritual thought of God, was clothed in a spiritual body, and placed in the spiritual garden of Eden. Here man began to believe that he had life apart from God, the fountain of Life, John 17: 3, and that good could be found elsewhere than in God, the eternal Goodness. This belief of separateness from God was sin, and arose from man's ignorance of the ALLNESS of God. 1 Cor. 15: 28; John 1: 3 (Rev. Ver., margin). All things were made through Him; and without Him was not anything made. That which hath been made was life in Him; and the life was the light of men. As man turned from thoughts of truth to thoughts of error, the body of his thoughts was changed also. From having a spiritual body expressing the immortal thoughts of God, he became clothed in a mortal body expressing the thoughts of sin, which are sickness and death. Rom. 6: 23. Thus it is evident that the body in which man now appears to himself and to his fellows is not the body which God made for him; but the body God made must still exist, as it is the expression of God's thoughts and they are eternal. Herein we see the literal fulfilment of Gen. 2: 1, 7. "In the day that thou eatest thereof thou shalt surely die"—or, as in the margin, "dying thou shalt die." That this change in their bodies was apparent to the man and woman themselves is shown in Gen. 3: 7. Before, they had had no thought of separateness from God and his holy angles, therefore nothing to conceal; now their sin had exposed itself, and they vainly tried to hide it under garments of fig leaves. Paul understood this truth and gives us the remedy. Rom. 7: 24. "Who shall deliver me from this body of death?" (margin) and verse 25; ch 8: 1, 2, 11; Rom. 6-8 chs., explains the whole subject.

EIGHTH.—Then would you be well, assert that God is life and health; and hold fast to it with the unwavering faith which comes of understanding the truth of your real

possessions. The truth shall make you free (John 8: 32) from the bondage of sickness, imposed by error. Resist the fear of sickness; fear is a terrible sin, Rev. 21: 8. Deny the power of disease or sin over you, 1 John 1: 7. We often bring disease upon ourselves by failing to seek First the kingdom of God. Matt. 6: 33. We are like Martha, cumbered with much serving; in this way we come to exalt the material over the spiritual.

Remember that God is the only Cause, and God is Mind. Jesus came to bring the message of God, or Mind, to us, and Jesus said, "The words that I speak unto you, (or the thought of God that I bring), they are Spirit and they are life." John 6: 63. The carnal mind (Rom. 8: 6) claims power, but it is a liar (John 8: 44); it would have you think that food, climate, medicine, etc., are causes of sickness or health—that the image and likeness of omnipotent Life is subject to that which has no life! Christ said, "I am the bread of life," John 6: 35. Then let us trust Him only for life and health. Realize as already belonging to yourself and to those you desire healed, the blessing of Aaron (Num. 6: 23-27), and your desires, or good thoughts, will go to them—according to the measure of your faith—in the same way as the Holy Spirit comes to you, and you will prove the promise true: "And they shall put my name (character, power, holiness, peace, strength, health, etc., etc.) upon them."

SPIRITUALIZE YOUR FOOD.

In support of this Idea that it was his *spirit* which entered into the loaves and fishes and multiplied them, *i. e.*, was transmuted there and then into bread and meat, please read his own declaration (see Mark xiv ch., 23d and 24th verses, Luke xxii, 19, Matthew xxvi 27, 28, 29). "Take and eat, this is my body," etc., "Drink! this is my blood!" "I and my Father are one." How beautiful, and yet so simple! God is in everything, and is everything. We eat him, we drink him, and we breathe him. These things support these bodies, but the thoughts we think are the breathing in of our spirits from his spirit. The elements composing food are the same as those composing our bodies. Attraction is the soul and life of every atom of matter in existence, this principle is in humanity termed affection or love, and Jesus said, "God is a Spirit,"—*not a form, but a Spirit*. JOHN, the "beloved APOSTLE," in speaking of the same thing afterwards, wrote, "God is Love," and "No man hath seen God at any time." Why? because spirits are not seen but felt. Anger, pride, avarice, etc., are spirits, but they have no form except as they take form in acts, they are felt within us, and manifest themselves outwardly. Thus God or love dwells in all that is;—and he who hath most love in his heart sees and feels the most of God in all outward manifestations, because he *feels* him within. So when you eat your meals, consider it is partaking of "the sacrament." The thoughts you shall have of your food shall call the spirit uppermost in your minds thereto, and charge it with life and health; or if you eat with an envious, covetous, or an angry mind—then disease and death attends your eating and drinking. If you love your food, it does you good, but if you loathe it for any reason, you better not partake. Be thankful for what the Good Lord doth send; for in so doing you do become full to overflowing with the spirit, and food becomes spiritualized and multiplied, assuming any quality desired. Not only that, but food may be produced spontaneously, as Jesus produced it, or any poisonous substance be made harmless—solid matter moved from place to place without visible force. The methods by which this may be done are not easily explained, even when one possesses the power. Why? because the power does not exist wholly in *mind*. Mind leads up to it, as it leads to the soul. Faith is a soul-power which descends into the man at times by

reason of the union of Belief and Knowledge. Faith knowledge is a thing *felt* by the soul, as well as comprehended by mind. I do not believe 2 x 2 make 4 I know—it is a demonstrated certainty; and my soul rests satisfied in its fullness of this truth. Belief is in things of which the soul may glimpse in an uncertain twilight,—which when found out becomes a CERTAINTY to the soul, and knowledge to the mind—thus the soul and mind are connected or the door opens, for Spirit with its satisfaction and readiness to enter into the man in power. The nature of the knowledge determines the elevation and satisfaction of the soul and the degree of power given. Thus does one enter in the Spirit, and the Spirit enters into him, first by evolution, second by involution. The Mind by concentration and limitation of thought evolves a stream of light in one direction, which when at its ultimate height receives a rush of Spirit in which Power resides. In view of the principle of evolution Jesus said: "First seek the kingdom of God, and then all other things shall be added unto you." The kingdom "is within you;" it "is like unto a pearl of great price;" or "like a little leaven which a woman hid in *three measures of meal*." The meal is type of the body, mind and spirit.—*From Temple of the Rosy Cross.*

"ALL RESTS WITH HIM WHO READS."

An old man, strongly inclined to belief in error—oppressed in bodily ills and pain—exclaimed in his despair "There is no God!" and to prevent any reference to the subject in his presence, had a large motto made and hung conspicuously before his bed: "God is nowhere."

During one of his violent attacks of suffering, a little grandchild entered the room, and, just learning to read, began to spell out the words, forming her own sweet baby's vision of syllables:

"G-O-D— God
"I-S— is
"N-O-W— now
"H-E-R-E—here."

"God is now here."

"What?" said grandpa, "read that again." And again the little one read, "God is now here." And thus, the motto of his own marking being so transformed, caused at once a revulsion of feeling in the old man's heart which lifted him out from the shadow of "nowhere" into the light of the ever-present God. Now the motto reads differently, and beside it hangs another: "And little child shall lead them."—*Wayside Lights.*

"We are coming to see that penalty is not external penalty inflicted by a governor for crime perpetrated. The law is in ourselves; the disease and disorder are in ourselves; and the penalty is in ourselves. We are coming to see that every sin comes back to plague the sinner. Every man flagellates himself. No God in heaven nor devil in hell is needed to kindle the fire that is not quenched or to breed the worm that dieth not. Every man kindles the fire and breeds the worm in his own soul. This is not new. The old Greek tragedians saw it and wrought it into their tragedies. Dante saw it and reported it in the story of the *Inferno*. Shakespeare saw and revealed it in 'Macbeth' and 'Othello.' Browning and Tennyson have seen and interpreted it." Dr. Lyman Abbott in *Christian Union*.

"Wisdom ripens into silence as she grows more truly wise, and she wears a mellow sadness in her heart and her eyes. Wisdom ripens into silence, and the lesson she doth teach, is that life is more than language, and that thought is more than speech.

THE IDLE WORD.

"For every idle word that men shall speak, they shall give an account thereof in the day of judgement."

Every whisper of scandal, every unkind surmise and innuendo meant for another returns to wound the one who utters it, untunes the Mind and by this is reflected upon the body, where it becomes a source of that so-called disease and pain. The body is but a mirror, or better still sensitive-plate which shows forth that in the thought. This law is inevitable as fate;—if we distort and darken Mind in the utterance of lies and gossip, the day of judgement shall declare it in pain, distress and physical ailments. "Not that which goeth into the man defileth him," but that which he sends from his thought. This is mathematical Truth.

Oh ye who seek healing, both mental and physical, listen to this truth; it is the cause of your negative treatment!

THE GREATEST OF ALL EVIL IS THE CONDITION WE SET FOR OURSELF. LEARN THIS. LEARN THIS. "Satan is the law of limit," self-limit, and when I say "self" the universal self is meant.

When I avow that evil of any kind exists in myself or my brother who is also myself, I dig a pit at my own feet. When I hint a doubt of anyone's progress, sincerity or worth, I pass judgment upon myself and damn my own soul.

If we would be perfectly sound and well in every part let us hearken, and not forget. We each and all must utterly refuse to make or tolerate any sort of condition for any soul on earth. We must not only quit talking, but cease thinking meanness, malice, fear or disease of any description.

We must not set a damning condition for our neighbor or self, nor put upon him a crushing burden by saying and thinking, "Oh, he is very sick; in great agony; very low; in high fever and likely to die any moment."

Every such thought sent him is exhaled poison for soul and body; a tormenting blow-fly for his condition. This is what is meant when the inspired writer says, "The poison of asps is under the tongue." Fear and lies have been known to make a perfectly well man take flight from his body.

We must get behind the last shadow of condition to God. We must know that in him we live, move and have our being. All other supposed condition is a lie of ignorance and fear. We must learn once for all that there is absolutely NOTHING to fear. To do so, we must set a guard upon our lips, and if the ghosts of lying thoughts come upon our horizon we must banish them by uncompromising declarations of Truth. We must utterly refuse the very appearance of evil. Through Christ we are one with God, and in Him is no darkness at all. We can see nothing in others that does not belong to our own thoughts; and when made perfectly free by the Truth, we shall know that "the Image of God" is as it always was,—PURE.

Oh, how shall this Truth be emphasized so that its vital meaning may abide with us! Unless we get the idea clearly, we shall long be confused by shadows. Let us adopt as the very keynote of our souls, "Only the Good is True." Evil is a shriveling lie, and the tongue that utters it is a serpent full of deadly poison to joy, health and spiritual power. How shall lies be harmless if we suckle them with our thoughts and give them the wings of our lips! How can the body show forth health, when that which makes its condition is discordant, clashing jargon?

There is one golden rule for health of mind and body. Cease to think, do and speak the lie called evil; learn to say, love and do that which is Good. Condense this train of thought, and when treating anyone, say to him in consciousness of power.

There is absolutely no condition for you. Truth is your very life; your soul's food and strength. There is no evil in you; no ignorance, no sin. You are a perfect child of the Living God, and you are working out the Divine Likeness of health, joy and power.—From "Seven Lessons on Christian Science," by Robert Casey.

Extracts from Letters we have written:

"It comes to me just now that you do not appreciate or recognize the wisdom and understanding which is now yours, therefore, you should hold some such thought as this:

'I am wise with the wisdom of the Spirit.' 'I know just what course to pursue and see clearly the truth always.'

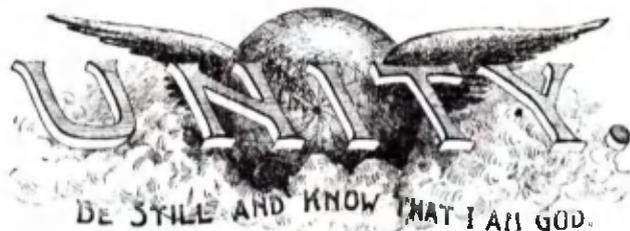
Hold this line of affirmative wisdom and understanding and do not spend any time in longing or wishing for anything. It is a waste of energy. Claim that you have all things now, and your invisible constructive thought will build them for you, and they will show forth at the proper time. Looking forward to a future realization puts you mentally in the condition of the donkey with a pole strapped to his back, to the end of which and just beyond his reach is fastened a wisp of straw. We shall think of you often as *one who knows*."

You ask *why* you do not enter into the understanding you so earnestly desire. I will tell you: You *have it already*. "The kingdom of God is within you," the *key* to that kingdom is acknowledgement or affirmation. As you must open your eyes to take in the sunlight, and your lungs to the fresh air, provided by the Ever-present Supplier of all bounties, so, you must *let* consciousness open to its boundless supply of life, love, wisdom, *now*. It is already supplied, it is your birthright. "All that the Father hath is mine," says pure mind. So, don't struggle to attain. Just affirm what is already yours, and it will burst upon your realization in some Silent moment.

It is the senses that can't perceive this truth; and so they would make it seem an attainment of great effort. But all you need to do is, "Be still and know" the great atmosphere of Being enfolds you, and will merge your being right into its glorious secret just so soon as you set *sense* aside and *know* that to think is to live. To live is to be, to be is Being, and Being is your inheritance from everlasting to everlasting. Enter and abide, claiming all that its abundance holds.

I am acquainted with Christian Scientists who give so much of their mind to hunting up and locating what they call "impersonal error" that they have no room left for the glory of the All Good. I have experimented along that line just enough to find out, that such thinking *creates* what we would destroy, and keeps alive, just as the pulpits do, the (devil's) cause, by free advertising. Thought is the vitalizing energy of the world; let us keep it sacred to the Good. "Blessed are the pure in thought, for they shall *see* Good."

We are full of these superstitions of sense, the worship of magnitude. God loveth not size; whale and minnow are of like dimension. But we call the poet inactive, because he is not a president, a merchant or a porter. We adore an institution, and do not see that it is founded on a thought which we have. But real action is in silent moments. The epochs of our life are not in the visible facts of a calling, our marriage, our acquisition of an office, and the like, but in a silent thought by the wayside as we walk; in a thought which revises our entire manner of life and says, "Thus hast thou done, but it were better thus." And all our after years, like menials, do serve and wait on this, and according to their ability do execute its will. This revisal or correction is a constant force, which, as a tendency, reaches through our lifetime.—Emerson.



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The work of this Society is wholly voluntary and no fees or dues of any kind are imposed upon members. Those who have been helped through its ministrations, or those who feel that it is a worthy cause, contribute for its support as they are moved. We thank the following members for aid during the past month:

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HAVE YOU A FRIEND IN NEED.

This paper carries an unseen healing force and mental stimulant wherever it goes. We understand the law through which this is accomplished and it is especially invoked to that end. Many people testify that they have sensed this force while reading it and a very considerable number have been healed of long standing maladies in the same way. We know absolutely that everyone who reads it becomes thereby connected with a spiritual realm which, when welcomed, will pour out every blessing the heart can wish. This is not an idle claim but a fact that is verified by those who see behind the veil of sense into the white light of cause. We are so certain that this law will work out that we offer to send the paper to whoever wants it, with the understanding that if it does not in one year give the reader a thought that is worth more than the subscription price in his work-a-day life, he need not pay for it. We know that all men and women are strictly honest at the core and we leave the decision entirely with them. The law has proved itself in a great many instances as evidenced by the letters received from those who have taken advantage of the offer.

SEND US THE NAMES OF ALL YOUR FRIENDS AND ACQUAINTANCES AND WE WILL MAIL THEM SAMPLE COPIES.

The Mosaic Affirmation practically applied opens the way to a realm of spirit that only the brave dare enter. When the "I Am" was revealed to Moses he begged hard to be excused from the responsibilities which were involved in its unequivocal recognition. He was afraid those people down in Egypt would not believe him; he was not eloquent, etc. When he did acknowledge God as I Am he eventually manifested the ability which the affirmation

idealizes. Every man and woman is a Moses and the time always comes when God says, *I Am* "is my name forever, and this is my memorial to generation and generation." If Moses heeds not, but excuses himself on the plea of inability he puts away the divine illumination, glowing enthusiasm and consequent power which that supreme thought finally brings.

All who study mind know that its ideals are externalized through thought and that thought is action, and that action manifests in the external world with power proportioned to the impetus given it by mind. A high ideal firmly held in mind must sooner or later show forth in act like unto it. This being the universally admitted law is it possible for man to place his ideal too high?

Joseph Adams is right in the van of spiritual progress and we glory in his freedom. The September number of his magazine comes to us as the *Chicago Truth Gleaner*. In a clean cut editorial he says:

"From *Chicago Christian Scientist* to *Chicago Truth Gleaner* has not been made without mature deliberation, and a following of that, which to us, is the leading of the Spirit of Truth. A name is nothing in itself, but it signifies a great deal, and when spoken, brings to perception that which it is a sign and symbol of. Our reasons for dropping the name "Christian Science" will be found in the following sermon we felt constrained to preach to the flock, over which I have felt called to be an under Shepherd."

The sermon referred to is one of the strongest arguments in defense of his position that we have ever read. It is a monument to individual freedom and towers way above anything that Mr. Adams has heretofore written. We should like to publish it in full but have room for a few extracts only, as follows:

"And at the time I received this new light, and apprehended more clearly what the gospel really is, there came to me this thought (and the impression was so strong at the time that it seemed as though a person was speaking the words to me). *If the cure of sin and sickness is accomplished by an understanding, and heart's belief of the gospel of God, why should it not be called Gospel Healing, instead of Christian Science?* You will remember that it is said these signs shall follow them that believe. Believe what? In the teachings of Christian Science? or, the teachings of the Gospel of Jesus Christ? There was nothing in those days that was called Christian Science, and it is only within this last quarter of a century that we have had what is called Christian Science. If sin and sickness was cured two thousand years ago, through a belief in the glorious gospel of the ever blessed God, and that was called Gospel Healing, why do we not call the healing of to day Gospel Healing?"

In short, Christian Science is a name given by its author to the best exposition and practical application of the gospel of God that I know anything about, and right near to this fact, I find one of the strongest reasons which impels me to drop the name, and that is, *This exposition of the Gospel of God, called Christian Science, is being substituted for the Gospel itself*, and men and women by hundreds are looking at the opinion of the Author of "Science and Health" concerning the gospel, instead of looking at the gospel itself.

I do not think for a single moment that the author of 'Science and Health' would knowingly subvert the gospel of Christ and attract the attention of the people to that which is not another gospel but an explanation of it. Almost imperceptibly I have found myself referring to 'Science and Health' as *greater* authority than the Bible.

The truth is just this, that neither 'Science and Health' nor the Bible itself should be regarded as authority, or the standard of final appeal, or, as is expressed by many in these words, "The bible says so." If you regard either of these books as the standard of appeal, you have got another God. The *only* authority is God within me and I recognize no other. There is no other. There may be a belief of another, but "the light which lighteth every man that cometh into the world," is the only standard of appeal, it is the only "Thus saith the Lord," and if in the Bible and 'Science and Health, you find an explanation that "Thus saith the Lord," the explanation is not the authority, only the confirmation of the voice within. The moment you transfer the authority to the opinion of another that moment you reject God within you and set up another.

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We find that as a matter of fact, after 5 years of study and experience, that the name *Christian Science* is misleading, and excites unnecessary prejudice and antagonism. The moment you use the word *Christian Science* to one who has not studied it, or had it explained to them that very moment you excite the inquiry, What is that? And you instantly generate in the mind a thought that *Christian Science* is something separate, distinct, apart from and antagonistic to the gospel of God. We know it is so. The moment I attempt to present *Christian Science* to those unfamiliar with it, they think it is something different from and opposed to the gospel of Jesus Christ.

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The name of *Christian Science* has given birth to another caste or sect, which for jealousy, bigotry, intolerance, selfishness, unrelenting persecution and the deification of personality exceeds any sect in Christendom that we are acquainted with to-day.

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If I should go to a place where they have never heard of *Christian Science* (not as a *Christian Scientist*, but as a gospel preacher and practitioner) Jesus would tell me to say to my audiences, "Be preaching to the people that God reigns, the kingdom of heaven is at hand and if you will believe in and trust in the everywhere present and all powerful good, you will be saved from all your sin and sickness. That is the Jesus method. *Christian Science* would say, "You tell the people, "There is no life substance or intelligence in matter, all is Mind." Spirit is immortal truth, matter is mortal error.

Spirit is the real and eternal, matter, is unreal and temporal. Spirit is God and man is his image and likeness, hence man is spiritual and not material."

God is Mind and you are mind. God is all powerful and you are *potentially* all powerful. That is, your power is just in proportion to your realization of your relation to the infinite whole, and your acknowledgement of that relation. As a thought of Infinite Mind you have attained a consciousness of the "I", and by virtue of that consciousness you are henceforth the arbiter of your own happiness or unhappiness. You are the center of forces which you can command to your bidding and thereby place yourself master of all circumstances. Or you can by denial of your God given powers put away from yourself every desirable thing. It rests entirely with you whether you will be healthy, wealthy and wise—or a poor, ignorant beggar. These are stern facts and the sooner men probe the secret of 'Causation' and understandingly apply the law, the quicker will the millennium come.

When a man has no design but to speak plain truth he isn't apt to be talkative.—*Prentice*.

There are no "idle words" in the philosophy of Jesus Christ. His very name stands for principles. There is therefore an occult meaning and peculiar power in this month's class thought, that will be the subject of an article at some future time. We can assure those who are persistent in holding it every night, that there will come to them new revelations as to the meaning of Jesus Christ's teaching, which must necessarily be followed by good health, peace and happiness.

In a generous note in regard to Unity work from Miss A. A. Chevallier, one of the editors of the *Problem of Life*, and now at Santa Rosa California, she says:—

"Thomas Lake Harris, whose guest I am, thinks your work a grand one, and that concentration of thought will hasten God's reign in human consciousness."

August 3rd, a friend wrote as follows:—

Publishers of *UNITY*:—Enclosed please find 50 cts. in stamps for subscription to your little paper, which came to me like a beam of light yesterday as I lay on a bed of pain, to which I had been confined about seven days, with a very bad case of piles, from which I have been suffering more or less for the last four years. Kindly consider me a member of your Society and please take up this thought for me, for I have great faith in the good I shall acquire in your little meetings, where two or more are gathered ("in my name").

August 17th he wrote again after this wise:—

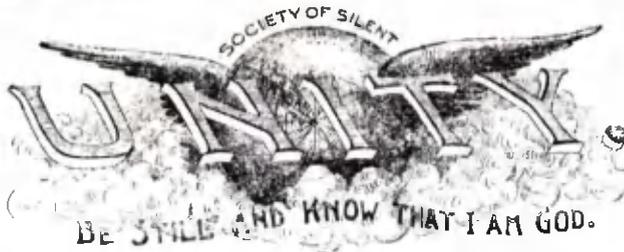
Your very kind letter of the 7th inst. received. I purposely delayed answering it until I could send you what to me at least, is the glorious news of complete recovery. Words cannot express my thankfulness; for only one who has suffered as I have, can appreciate my position. I am a new man. I sincerely thank you. My wife and I go into the Silence regularly every night. It is a grand idea. These little societies will do a world of good.

S. W. B. writes:—Your very helpful treatment of sciatic rheumatism in my case I take pleasure in acknowledging. The pain left me gradually, but within a week it was entirely gone. It does not trouble me now and I hope never will again. It is a blessed relief and a blessed way to get relief. It is a grand work to relieve suffering and at the same time bring to the soul such peace and joy.

L. H. A. writes:—Mrs. V.'s little girl, the one thirteen years old, stepped on a rusty nail while wading in the creek near the house, and it pushed clear through her foot and raised the upper skin, but did not break through. She pulled it out at once and was carried in the house fainting and bleeding. It began to swell and ache in a terrible manner, when her sister, ten years of age, said, "Rilly, I will treat you and you will be so you can walk on your foot very soon. God can heal you." She had simply heard me talk about the Science to her mother. She did treat her sister, and the pain left her foot and the swelling disappeared. The same day she walked and the fourth day walked a mile and a half to church perfectly cured.

Our young people are diseased with the theological problems of original sin, origin of evil, predestination and the like. These never presented a practical difficulty to any man, never darkened across any man's road who did not go out of his way to seek them. These are the soul's mumps and measles and whooping-coughs, and those who have not caught them cannot describe their health nor prescribe their cure.—*Emerson*.

God works for all. Ye cannot hem the hope of being free
With parallels of latitude, with mountain range or sea.
Put golden padlocks on Truth's lips, he callous as ye will,
From soul to soul o'er all the world, leups one electric thrill.—*Lowell*.



FORMERLY SOCIETY OF SILENT HELP.

All over the land are persons yearning for Truth, yet so dominated by the surrounding error that they find it almost impossible, without a helping hand, to come into harmony with that Divine Spirit. To open a way for those and to help to overcome their sins, ills and troubles is the object of the Society of Silent Unity. The wonderful success of silent healing demonstrates that bodily presence is not necessary to those in spiritual harmony. Jesus said: "If two of you shall agree on earth as touching anything that they shall ask, it shall be done for them of My Father which is in heaven." Those who have had experience in asking understandingly know that this is absolutely true.

Hence, a little band in this city, have agreed to meet in silent soul communion every night at 9 o'clock, all those who are in trouble, sickness or poverty, and who sincerely desire the help of the Good Father.

Whoever will join this society, the only requirement being that members shall sit in a quiet, retired place, if possible, at the hour of 9 o'clock every night, and hold in silent thought, for not less than fifteen minutes, the word that shall be given each month by the editor of this department. The difference in the solar time, between widely separated places will not materially interfere with the result, for to spirit there is neither time nor space, hence each member should sit at 9 p.m. local time.

NOTE.—Nearly every letter received from those wishing to become attached to this society asks the cost of membership, therefore we find it necessary to definitely state that there are no specific fees or dues of any kind. There are certain expenses, however, which have to be met, and from those who feel that they have been benefited and desire to help spread our literature, contributions will be gladly received. It is good for you to give, for only in giving, either in love or money, will you ever receive.

Address all Communications to UNITY,
820 Walnut Street, KANSAS CITY, MO.

The Class Thought, Sept. 20th to Oct. 20th. will be:
Love and Wisdom—Christ Jesus.

Suggestions to SILENT UNITY SOCIETIES.

Start a society at once, if you have but two persons to begin with. Do not seek numbers, but harmony in those who meet with you. Meet regularly every Tuesday night and the Spirit will eventually draw to you those desired. Two persons in perfect harmony will do the work of the Spirit more effectually than a hundred in discord.

Begin with music and sing frequently during the entire time of the meeting. Immediately after each song hold in the Silence for a moment some thought of Truth. You cannot overdo this feature of the meeting. It is always uplifting and harmonizing to hold in unison some high spiritual thought. "Speech is silver, Silence is golden."

The early part of the evening may be passed in a general discussion of matters spiritual. When the clock strikes nine go into the Silence and hold in consciousness a few moments:

"BE STILL AND KNOW THAT I AM GOD."

Then after music hold the class thought for the month, in unison, for a few moments. It is sometimes advisable to repeat it audibly, then silently, until the mental vibrations become harmonious. In holding these universal thoughts let your consciousness go out and take in all the minds of men. Feel that you are talking to every soul in the universe and that all are listening to your call. This mental drill will center your thoughts, and those of you who are spiritually alive will sense the vibrations of the Unity Spirit. Then is the time to do effective work. Take up those you desire to help and hold them in thought by name separately, always saying to each: "In the name of Divine Unity or Christ Jesus," as you prefer. Thought vibrates the mental atmosphere as sound does the physical, and every word is a symbol of the key-note of some silent principle. The "Word" *Divine Unity*, or *Christ Jesus*, is the key-note of the same principle, and its help can be invoked by silent concentration upon either. Thus there is an occult reason for working mentally "in the name" of a known powerful principle. Jesus Christ told his followers to do "in my name", and they always preceded their miracle working with, "In the name of Christ Jesus."

Always remember that the thoughts you send out are pregnant with power and will sooner or later produce ef-

fects. There is no exception to this and no one is exempt from the law. Selfish thoughts are engines of destruction that eventually react upon those who evolve them. Therefore, never give selfishness any part whatsoever in your work. Do all things from the standpoint of the Universal and the Universal will carry your plans to perfection without specific directions on your part. See only the good—the pure, the perfect, the just, the true—then will the Divine Principle of Life, Love and Truth manifest in all you do.

But these are only suggestions.

"For where two or three are assembled in my name, I am there in the midst of them." "The Helper, the Holy Spirit, which the Father will send in my name shall teach you all things." That spirit which you meet to invoke must in the end be your only instructor. It will direct you aright in every instance if you will only ask in the silence. The only object and aim of this society is to get people to listen to that "still small voice" and know that God will lead them into all wisdom, health and happiness if they will spend but a few moments each day in His company—the silent realm of Divine Unity. External rules are but temporary leading strings and must eventually all be put aside. "Behold the tabernacle of God is with men, and he will dwell with them, and they shall be his people and God himself shall be with them, and be their God. And God shall wipe away all tears from their eyes; and there shall be no more death, neither sorrow, nor crying, neither shall there be any more pain; for the former things are passed away."

UNITY. (Rock of Ages.)

Burst with praise, O gate of song!
Flow, O voice from sorrow free!
Let thy currents pure and strong
Roll in healing melody.
Till in one harmonious voice,
Pain-redeemed, shall earth rejoice.

Break thy bonds, O child of might!
Claim the freedom of thy birth,
Joy and wisdom shall unite.
Health and plenty claim the earth.
Peace and Love, one circling sea,
Compass man in Unity. —M. P.

THE UNITY KEY.

Apply Faithfully and All Doors Will Open to You.

You do not stand alone, as an independent creation, but, with all manifest life, you swim in, and draw every breath of your existence from a universal substance, which to your physical eye is invisible, but which in reality is the only light, life and intelligence.

That substance is Mind, Spirit or God, as you prefer to call it. It is universal in its nature and is the Supreme Cause and only moving power of the Universe.

It is not material nor is it limited by any physical law, but stands always as Cause, and never becomes involved in effects, hence it can not be known from the standpoint of matter.

This Supreme Cause being Mind or Spirit you can only come into conscious relations with it through your Mind or Spirit.

Spiritually you live, move and have your being in this Universal element and have in *potentia* its attributes, for as an individual you are its Thought.

Your individuality is your consciousness of yourself—your power to say "I am."

This conscious "I" of man is the wonder of existence and in it is involved the "Mystery of Godliness." "Ye are Gods and Sons of the Most High" is a startling statement but when one becomes conscious of the glories of right thinking, and the heaven that it discloses, the meaning is plain.

You think, and your thoughts take form as environments, your bodily condition, your health, your finances,

your intelligence, your energy, your domestic and social relations, in fact everything connected with your life is the result of your own or the race's thinking.

You float in a life essence that is pure and undeliled and it always takes form according to your consciousness. You have the power of drawing this essence into your being and becoming one with its glorious purity by holding in thought the attributes which are its inherencies.

When you know this you have the Key to the Mystery of the Ages. The "philosophers stone" the "divine elixir," "the universal solvent," the "fount of eternal youth," is yours. You have found the "elixir of life" for which the wise and mighty have sought since the world began.

This is a stupendous claim but it is strictly true, and you can *prove* it true yourself by a faithful application of the law. Thousands all over the land are now doing so, and are rewarded with health, peace and plenty just in proportion to their faithfulness.

Your thought is the creative or destructive force in the world in which *you* live.

If you continually think and say, "I can't," "I'm sick" "I'm poor," you deny away power, health and prosperity.

If you hold thoughts of envy, malice, jealousy, lust, anger, pride, hypocrisy, hate or fear, your body will show forth disease and you will be subject to accidents and all the destructive agencies which such thoughts call about you.

If you continually think and say "I am well," "I have plenty," "I am at peace with all men," health and success will come to you.

If you are loving and kind and treat all men and women honestly, justly, charitably, and really make your good professions a practical living reality, you will soon find yourself in the Kingdom of God.

Man has in consciousness strayed away from this Universal Principle of Good, and he must find his way back. That way is through *thought*.

Knowing that all good things are in the One Great Universal Mind, and that we can only come into a consciousness thereof through thought, we use in a systematized way this "I can't" and "I can," to bring about any desired change in our condition. We group under the head of "Denials" those false appearances of which we wish to be rid, and under "Affirmations" those desirable qualities which we know to be potential in Infinite Mind.

Never be discouraged because the evidences of your words do not show forth quickly. You may have been saying for years "I'm sick," or "I can't," or your disabilities may be the erroneous thoughts of generation after generation of ignorant ancestors, and you cannot, therefore, reasonably expect an instantaneous recovery. Yet radical changes for the better are the rule, and perfect health and satisfaction is always the reward of those who persist.

Let no man or woman doubt the efficiency of this method. It *will* accomplish the desired end and it is the *only way* that the ills and errors of humanity can be permanently overcome.

Take each day's formula conscientively and repeat it until you feel it visibly.

Make your "denials" in a quiet, indifferent way, and your "affirmations" with a strong, bold, vehement and positive mind.

Six Days Treatments Abridged.

FIRST DAY.

Deny.

I deny the belief that I am a child of the flesh and must suffer the sins of my forefathers "even unto the third and fourth generation." Perish all such ignorant claims.

I deny that I inherited from my ancestors lustful passions and sensual appetites.

I deny the belief that the race can reflect upon me lustful passions and sensual appetites. I deny the belief that those with whom I associate can reflect upon me lustful passions or sensual appetites. I deny my own ignorant belief in such erroneous conceptions.

Affirm.

God is spirit and I am spirit. I call no man father, for one is my Father, "even God." God is too pure to behold iniquity, and I am therefore, Pure Being, without a tinge of lust or passion.

SECOND DAY.

Deny.

I deny the belief that I have inherited disease, sickness, ignorance or any mental limitation whatsoever. I deny all belief in evil, for God made everything and pronounced all good. Therefore, no such deception as a belief in evil can darken my clear understanding of Truth. Those with whom I associate can no longer deceive me with their words of commiseration and sympathy. I can no longer deceive myself with such weakness.

Perish from my world these silly beliefs of darkened ignorance. I am now free from them all, and by my powerful word hereby erase them from my world.

Affirm.

God—Spirit—is my life and I vibrate with harmony and wholeness. I am free with the knowledge that all is Good. I am therefore perfectly whole and well.

THIRD DAY.

Deny.

I deny that the sins and omissions of my ancestors can reflect upon me in any way. Selfishness, envy, malice, jealousy, pride, avarice, arrogance, cruelty, hypocrisy, obstinacy and revenge are no part of my present understanding and I deny all such beliefs in the race, in those with whom I associate and in my own mind.

Affirm.

I am at peace with all mankind. I truly and unselfishly love all men and women. I now acknowledge the perfect law of justice and equality. I know that "God is no respecter of persons" and that every man and woman in the universe is my social, mental and moral equal.

I do love my neighbor as myself and I will do unto others as I would have them do unto me.

FOURTH DAY.

Deny.

I deny that I have inherited the consequences of fear from my ancestors, or that the race can reflect its fears upon me. The fears of those with whom I associate can no longer hold me in sickness or want, and my own understanding is now perfectly free from this illusion.

There is not and cannot hereafter be any fear in or about my bold world.

Affirm.

I am brave and bold with the knowledge that I am spirit and all, and therefore not subject to any opposing power.

Plenty and prosperity are mine by inheritance from God, and I now by my steady, persistent word bring them into manifestation.

FIFTH DAY.

Deny.

I am no longer foolish and ignorant and the foolishness and ignorance of ancestry can no longer be visited upon me.

I am free from the foolishness and ignorance of the race, and those with whom I associate. Let the foolishness and ignorance which may have been treasured up by my own darkened understanding be now erased.

Affirm.

I am wise with the wisdom of Infinite Mind and I know all things. I know that I am pure intelligence and

I hereby claim my Divine right to light, life and liberty in all goodness, wisdom, love and purity.

SIXTH DAY.

Deny.

I deny that I inherit any belief that in any way limits me in health, virtue, intelligence or power to do good.

Those with whom I associate can no longer make me believe that I am a "poor worm of the dust." The rice belief that "nature dominates man" no longer holds me in bondage, and I am now free from every belief that might in any way interfere with my perfect expression of health, wealth, peace, prosperity and perfect satisfaction in every department of life.

I now, in the sight and presence of Almighty God, unformulate and perish by my all powerful word every foolish and ignorant assumption that may impede my march to Perfection. My word is the measure of my power. I have spoken and it shall so be.

Affirm.

I am unlimited in my power and have increasing health, strength, life, love, wisdom, boldness, freedom, charity and meekness now and forever.

I am higher than nature and stronger than any mortal law. I know my birthright in Pura Being and boldly assert my perfect freedom. In this knowledge I am strong, pure, peaceful and happy.

I am dignified and definite, yet meek and lowly in all that I think and do.

Peace floweth like a river through my mind and I thank thee, O God, that I am one with thee.

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