

December 22, 2023

Hello Mark,

Thank you so much for Fillmore Study Bible. How wonderful! It is much appreciated.

Enclosed is a pamphlet of my dad's and some other writings.

One of my goals for 2024 is to catalogue all the things I have of his. I have many Unity Magazines, Good Bussiness, Daily Words, etc that he had articles in. They are all in boxes! When I get a good list I'll let you know what I have and if you would be interested in any of them.

You had asked about a preface. The only thoughts that come to mind are these.

My father thought of himself as a teacher. He gave a talk on Sunday morning, not a sermon. He wanted to teach people basic Truth principles that they could use in their daily life. His writings were clear and easy to understand. He always tried to include "how to" steps. He had a remarkable understanding of Truth that he wanted to share.

Thank you so much for keeping my father's words available to anyone who is seeking a greater understanding of Truth.

With kindest regards,

A handwritten signature in cursive script that reads "Amanda".

Amanda Roth

There are many ways of being happy.

First, you must love others,

but you can't love others

until you love yourself.

Part of loving yourself

is being discontent with yourself — reaching.

The person who is satisfied with himself (herself)

cannot really love —

for love is reaching further,

beyond but thru,

Self.

*Written by Charles Roth
December '94*

Charles Mack Roth

date of birth: November 26, 1916

date of passing: January 7, 1995

Memorial Service

Unity of Pasadena

3:00 p.m.

Sunday

January 15, 1995

Officiating: Rev. Maya Branden-Berger

E4 • THE INDIANAPOLIS STAR • TUESDAY, JANUARY 10, 1995

Obituaries

Rev. Charles M. Roth had served local Unity Truth Center for 30 years

Memorial services for the Rev. Charles M. Roth, 78, Pasadena, Calif., a Unity minister and writer who had served Unity Truth Center in Indianapolis for 30 years, will be at 6 p.m. Sunday in Unity Truth Center.

He died Saturday in Pasadena.

Rev. Roth served Unity Truth Center here for 30 years until his retirement in 1985, when he moved

to California. Under his service, the church's current sanctuary at 907 N. Delaware St. was built, opening in December 1961. It was the first sanctuary to be built in the Downtown area in nearly 25 years.

Rev. Roth also was known for a

popular Sunday morning radio program, *Unity Viewpoint*, that was heard throughout the Midwest. He had published several books and numerous articles.

Unity Truth Center is a non denominational church affiliated with the Unity School of Christianity at Lee's Summit, Mo. Unity also is well-known for its Dial-a-Prayer phones, in continuous operation since 1955. At one time, the Silent Unity prayer ministry was the largest in the world.

Memorial contributions may be made to the Charles Roth Memorial Fund, in case of Unity of Pasadena, 3053 E. Del Mar Blvd., Pasadena, Calif. 91107. The fund will be used to publish other writings of Rev. Roth's. The family requests no flowers.

He was the widower of Elizabeth Roth.

Survivors: wife Marilyn Roth; daughters Amanda, Carolyn Roth; son James Roth; two grandsons.



Rev. Roth

My Birth Day Prayer

What lies concealed from my sight
Among the days and hours of
This new year . . . The year ahead . . .

What "causes" have I started
That will take form and
Shape as the days unpeel . . .

What new good awaits in
Embryo for the nourishing
Substance of my faith . . .

I live in the Now . . .
And yet, threads of thought
Trail into the past, and
Extend into the future . . .

Am I but a cork bobbing hither
And yon on the stream of Life;
Or is there that in me,
Or of me, that can give direction
And meaning?

O Christ indwelling, Thou
Art my Direction and Director!
Take my tangled threads of thought
And weave of them a year my
Soul has been longing for . . .

. . . the year in which
the vain, prideful little
"me" is swallowed up
in Thee!

- Charles Roth

Expect A Miracle!

A miracle is not the
suspension of natural law
But the natural operation
of a Higher Law.

This Higher Law recognizes
neither color or creed,
poor or rich
sick or healthy
It operates when the conditions
are fulfilled.

You fulfill its conditions
when you.....

1. Ignore the apparent power of a negative and threatening problem.
2. Acknowledge the existence and supremacy of the Higher Law.
3. Steadfastly TRUST the operation of the Higher Law even though you don't understand the various phases of its process.
4. Give thanks for the expected

MIRACLE!

--Charles Roth

PRAYER AND MEDITATION

by Charles Roth

We can talk to others about the power of God and assure them that God will take care of them. However it is in quiet, prayerful meditation that we can truly experience the miraculous power of God active in our lives.

One day a woman called me for spiritual counseling. She said that she had been a Truth student for years. She did not want to sound as though she was bragging, but she had helped countless people by giving them Truth ideas. "I can help others," she said. "Why can't I help myself: I believe in God's power. I have seen it work in the lives of others. Why can't I be helped in my present situation? What am I doing wrong?"

And of course, the answer to this woman's question was that she was not doing anything wrong. She was simply not spending frequent, quiet moments in prayerful meditation, experiencing the presence and power of God.

It is possible to help others and still not be able to help yourself? In reality, when you help others you are not doing for them. You are giving them the ideas, prayer support, and love needed so that *they* can do for themselves.

To illustrate this kind of help, let's say you give seeds to some friends, and they plant the seeds in their own gardens. In a few months, your friends have gardens full of fresh vegetables. You may then say: "Look at the beautiful gardens my friends have from the seeds I gave them. Why don't I have a garden? I have all kinds of seeds here in the cupboard."

The answer is obvious. You have not *planted* any seeds! You may have talked about planting a garden but never got around to actually doing the planting. Prayer is planting and nurturing divine idea seeds. For a time of prayer and meditation, become quiet. Think thoughts of relaxation. Let out a sigh if you want. Now affirm to yourself: "*Be still, and know that I am God*" (Ps. 46:10).

As you repeat that phrase, think about what the words "be still" mean. Still your busy thoughts and give your undivided attention to thinking about the presence and power of God in you and all around you.

"*Be still, and know that I am God.*" Think about the words, "I am." Think of God as the life - perfect life - within you. The words "I am" represent the God-life within you. Dwell for awhile in the realization that you are connected to and ever one with God.

Now take into your mind other words of Truth. Here is a Silent Unity affirmation of Truth that you can take with you into the secret place of your being: *I live each day thankful to God for light, inspiration, and the courage to follow divine direction.*

Say this statement of Truth slowly to yourself, thinking of the power for good being generated. Think of Truth as a light that you switch on to illumine a dark, unfamiliar room you have just entered. Immediately you breathe a sigh of relief. You can see where you are. You are not afraid to move.

Nothing has changed in the room. The chairs and tables – the potential obstacles – are still there. The light did not remove anything from the room. All that was really removed was any feeling of fear or uncertainty.

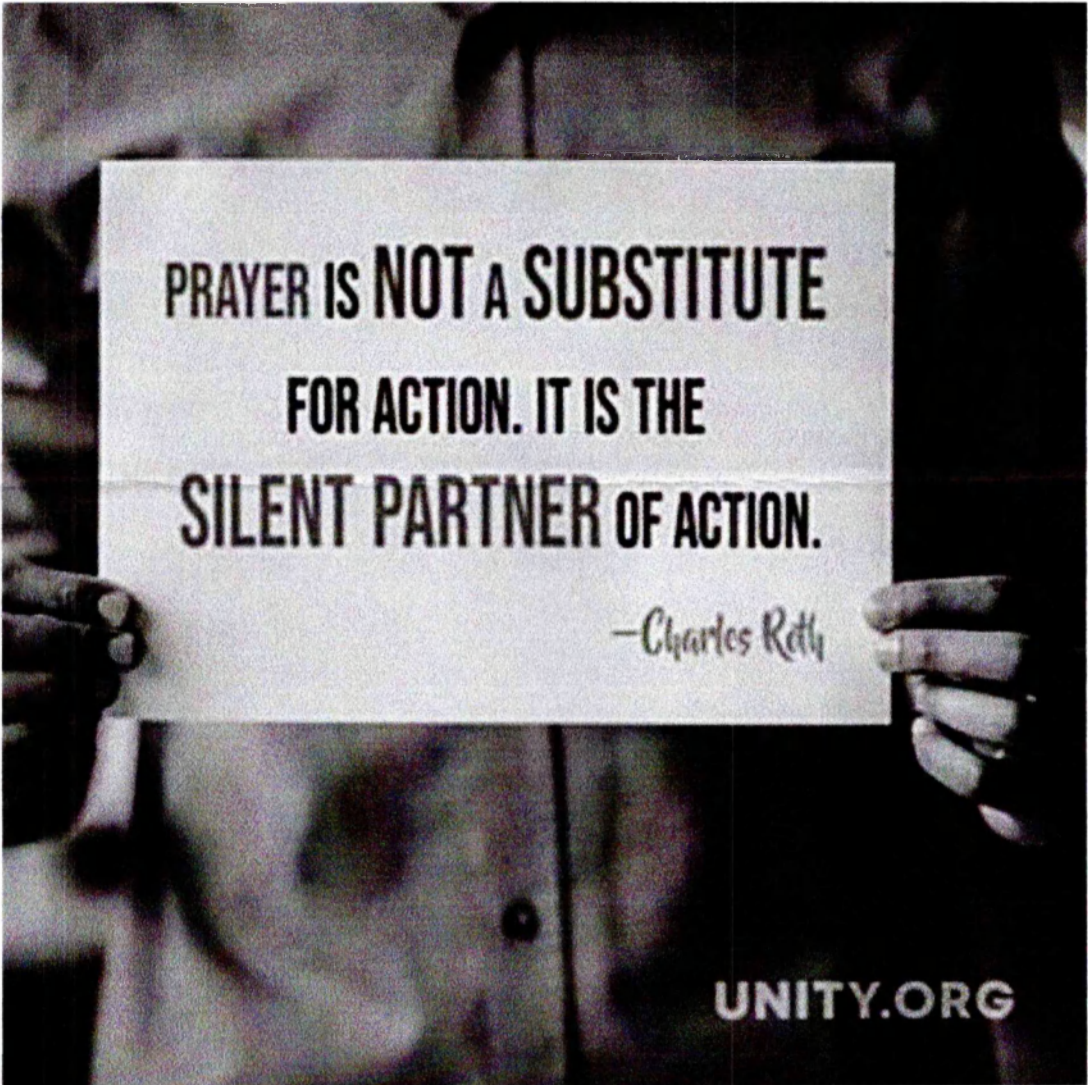
When in prayer you affirm and acknowledge God's light, you find fear disappearing. Perhaps nothing else has changed. There may still be seeming obstacles to your good, but you no longer feel powerless over them.

Now focus on the word, “inspiration.” Think of inspiration as breathing in divine ideas for guidance. You need not wait for ideas or specific guidance at this point. What you are doing is preparing your mind to be receptive to them, so that at the right time and in the right place you will receive divine ideas.

I live each day thankful to God for light, inspiration and the courage to follow divine guidance. This meditation statement carries with it the powerful idea of gratitude, which is a magnet that draws overflowing good into your life.

Things of spiritual nature cannot be measured. Measuring belongs in the world of form. Spirit works silently, invisibly through persons, conditions, and circumstances. And so, even after several days of using this statement in your meditation times, you may not be aware that anything at all has happened or is happening, but be assured, it is. Your life is taking on a new order. You will be courageous in all areas of your life.

The only way you can change anything in your life is to change you! And meditation changes you and your life for the better. Take time daily for prayer and meditation. You will be blessing yourself and others greatly.

A person is holding a white rectangular sign in front of their chest. The sign has a quote in bold, black, sans-serif capital letters. The person's hands are visible at the edges of the sign. The background is dark and out of focus.

**PRAYER IS NOT A SUBSTITUTE
FOR ACTION. IT IS THE
SILENT PARTNER OF ACTION.**

—Charles Reth

UNITY.ORG

The TAB Technique

by Charles Roth

Jesus' formula for attaining the fulfillment of your needs and good desires:

"What things whatsoever ye desire when ye pray,
believe that ye receive them, and ye shall have them."

Mark 11:24

The TAB Technique is a simple, effective way of applying this miracle-working promise of Jesus.

The word, TAB, was coined as an abbreviated symbol for a unique method of constructing a personalized statement of Truth. It enables the student to point his prayer statement right at the heart of his need or good desire.

1. Write across the top of a piece of paper the words,
I TOTALLY ACCEPT THE BELIEF THAT
2. Add to that statement, in your own words, an acknowledgement of God's presence in the situation and God's wisdom directing you toward right action.
3. On another sheet of paper, pinpoint and write down your actual need, including all of your negative feelings concerning its fulfillment. for instance, if you are worried or fearful or impatient, write down: worried, impatient, or whatever.
4. From this "worksheet" formulate a statement that outlines the perfect fulfillment of the stated need and also affirms the attitudes or feelings that are the direct opposite of the negative feelings you wrote down on your worksheet.
5. A very important part of the TAB Technique is the Law of Gratitude.
A TAB is always ended with the words.....**I AM GRATEFUL!**

A sample TAB might go like this.....**I TOTALLY ACCEPT THE BELIEF THAT GOD'S WISDOM IS GUIDING ME INTO RIGHT ACTION IN HANDLING MY NEW JOB. WITH GOD'S HELP, I AM CALM, CONFIDENT, AND QUICK TO LEARN.....I AM GRATEFUL!**

Repeat your TAB 3 times, and then put it out of your mind. Next time you feel concerned about the situation or anxious about your need, repeat it 3 times again, and release it. In this way you program your subconscious mind with this spiritually oriented belief. Soon it becomes established in your subconscious mind and you find that you truly do believe that you receive the good you have asked for, and true to Jesus' promise, God fulfills the "ye shall have it" part.

WHEN MY BODY IS SICK

From the writings of
Charles Roth

You are more than your body. The real you is Spirit; whole, harmonious, free. Your body is a wonderful God-fashioned instrument for the soul and Spirit to express through.

For the moment, lay aside your preoccupation with your sickness and consider the truth that your body is a temple and God's Spirit dwells therein. Don't shy away from the thought that your seemingly lowly body could house God's almighty Spirit. Whether you acknowledge it or not, the very life you feel is God expressing as life in you; the mind with which you are thinking is an expression of God giving you consciousness.

The following statement has been the trigger thought that has led many into a great realization of the health and wholeness that lies within you right this moment, waiting to be released when you are ready to accept it:

GOD IN THE MIDST OF ME IS MIGHT TO HEAL.

GOD'S HEALING FORCES ARE AT WORK IN ME NOW.

God is in the midst of you as an ever-ready, self-operative healing Spirit. The moment you cut your finger, healing forces go to work in you. The moment any organ departs from its orderly function, those same healing forces begin their work of mending, repairing, renewing, making whole. The only thing that impedes the work of the healing Spirit within you is your paralyzing fear-thoughts, your deep-rooted beliefs in the power of disease over the power of the healing forces of God within you.

This does not mean we ignore the skill and research of medical science. It means that we turn first to God in confidence and in faith, and then to man as God directs. If you or someone close to you is ill, center your attention on God's healing presence within through meditating on the prayer-thought given and let God prescribe and heal.