

IMPERSONAL
HEALING

Annie Rix Militz

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IMPERSONAL HEALING

TRUTH is the foundation of the health that is permanent, and true healing is based upon principles that do not change—the Truth that is eternal. Many methods have been, and still are, used in solving the problems of disease, and all have their adherents. But what method results in lasting health?

If you were to ask doctors who use material methods such as medicine, serums, massage, magnetism, operations, etc., whether their methods will finally give a person such health, that he will never be sick again and will never die, your query might be looked upon as absurd, if not actually idiotic. Yet every true art or service strives towards perfection, and the true practice of healing should bring its subject nearer to perfect health with every treatment that is given, and finally confer upon the benefited one the knowledge and skill of self healing, with the final triumph of a divine art, the perfection of health—health in perpetuity.

But the more the material doctor doctors a person, the more unhealthy he is held to be. "He is al-

ways doctoring!" is synonymous with the assertion that he is very unhealthy. Whereas, if a violinist is described as always practicing upon his violin, there is an expectation of great results that tend to perfection. A Paderewsky practicing eighteen hours a day signifies an artist that is mounting the heights of a great musical career.

Many a physician is leaving the ways of the old treatments of disease because of the hopelessness that comes over him, as to any final victory over disease. The more people he heals the more there are to be healed. His successes cannot be repeated with unvarying character, and many of his greatest miracles he cannot honestly acclaim as the result of his knowledge and skill. He must give credit where he believes it to be due—to the faithful nurse, to some "old wives' remedy" or, in simple faith, to God alone with whom nothing is impossible.

But the healing that comes through the chief method which Jesus Christ gave—the Word of Truth—does not bring such a sense of hopeless ignorance and blind working. On the contrary, it opens the healer to more and more light upon every case, and with each treatment of recurring cases, the patient advances towards immunity, until at last the Truth has been appropriated consciously that exempts the patient forever from that certain disease.

While it is always Truth that heals, the methods of applying the Truth are greatly varied with a spiritual healer. Jesus was filled with the consciousness of the omnipotence and omnipresence of Health and of Life and of Strength—he was the embodiment of the Truth that heals. And while radiating this Health, he reached different people by such a variety of ways,

that it is very evident that he had a super-knowledge of human nature, and a vision of God's working with each man, woman and child, that was perfect. He said that all that he did was a following of what he saw God doing. "The Son can do nothing of himself, but what he seeth the Father do," "I do nothing of myself but as my Father hath taught me, I speak these things," "The Father that dwelleth in me, he doeth the works."

How did Jesus acquire this knowledge of the way to deal with every human being, so as to be such a great success? He tells us, in giving us directions how to do the same works that he was doing. He turns everything upon *believing*. "Only believe!" "All things are possible to him that believeth!" "He that believeth on me the works that I do shall he do also." "This is the work of God that ye believe on him whom he hath sent."

So Jesus' success arose from his believing power. And ours is in the measure of our believing. "According to thy faith be it unto thee." Of course that believing must be in Health, not disease; in Life, not death; in Seeing, not blindness; in Walking, not lameness; in Virtue, not vice; in Spirit, not matter; in Good, not evil; in God, not devil; in the Divine Self, not the mortal.

And to advance in healing power we must *train* our believing. Sometimes Jesus was all night in prayer upon the mountains, to charge himself with this believing, and he who tells us to pray always, himself, walked communing with God, night and day.

Some of us have fallen into irregular ways of thinking concerning disease, etc., by meditating on its unreality only occasionally, when called upon to give a treatment to a patient. The times between

may be given over to all kinds of idle thoughts and imaginations about cases and experiences which we remember, or hear about or read about. And unless we can go by ourselves or sit down in the Silence, we think we are not helping our patients. Yet we, who are as faithful as we know how to be, know that many a time people are healed at the very moment we consented to give them treatment. Some have needed only to write us a letter, and before it was mailed they were healed. Some have needed only to think toward us and the healing began. And in some cases it could not be the *conscious faith* of the patients, for, unknown to them, the appeal has been made by someone else.

And what was the cause of this healing wherein you seemed to do so little, consciously. It was because of the true thoughts and loving faith which imbued your being, proceeding from the Truth you have incorporated in moments when there was no demand upon you, but you walked with God and were as "the Lord in the midst of them who healeth them."

Jesus did not give long treatments. He consented with "I will," and it was done. He gave a direction, demanded faith or obedience. He touched one. He followed some strange and unprecedented ways in healing some conditions, as when he healed a deaf and dumb man once, and at another time, a man born blind. But whatever he did must have symbolized what he saw his heavenly Father doing.

All his cases were healed at the first meeting—not all instantaneously, such as the man who was partly healed of blindness, "seeing men as trees walking," and requiring another application of the Master's touch, also the epileptic who fell down like one dead after the first word was spoken, but revived as Jesus took him by the hand.

And how was Jesus prepared to do such quick work. By hours and hours of impersonal healing. Of meeting the suggestions coming to him with silent prayer and meditation. Then when a person came running to him for help he needed only to voice something from his meditation, for the man to be flooded with his (Jesus') consciousness, one with that of God in himself.

Charging himself with the God thinking and feeling, it needed only, that he be touched at the hem of his garment to radiate the healing-power that stopped a chronic hemorrhage.

And this will be our final method of healing, by using Truth in silent Word, or audible, regardless of whether any appeal, personal, is being made upon us or not.

When we shall hear of some condition that seems to us a very difficult thing to meet, instead of dismissing the thought, perhaps with a secret relief that it is not a case for us to treat, we shall begin to work with our own mind about it, until there is a change of view. Perhaps it is some growth that is abnormal, and to us seems very fixed. Instead of thinking about the person, we will begin to attend to our own belief. And moment by moment, we will dwell upon Spirit as the only substance, and of how collapsible this nothing (called a growth) is, with nothing to hold it up. And we practice until we can see with the eyes of Christ—only the manifestation of God—grace and beauty, health and freedom—and our minds are relieved of the spell of that appearance.

Day by day, opportunities may come to us to erase our old habits of unbelief or false belief about the fixidity of matter, and one day a specific case is pre-

sented to us and it is so nothing that while the patient sits in our presence the tumor melts, the cataracts clear, the eczema fades away just as the leprosy yielded before the Master's word, "Be thou clean!"

Our great goal as healers is the perfection of our Master, the great Jesus Christ, the unfailing Physician, and so surely as we are faithful and will know no case incurable, but "will pray always and never faint," all the wisdom, inspiration, love, faith and power of the greatest Healer that ever walked the earth shall be ours.

Let us give ourselves to this impersonal healing day after day. You who have no patients, get ready for the multitude that will yet flock to your doors by reasoning daily about some race belief in cancer, consumption, insanity, vice or some other false condition, meditating upon the Truth, thus to change your own mind with the very opposite thoughts of the one Presence and Power. You need deal only with your own unbelief and fill yourself with believing, believing, believing in the omnipresent Good, the one pure, perfect Substance, the one Divine Self, all in all, all that ever was, is now and ever shall be, world without end. Amen.



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Compiled by
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