Process Chart
The Soul's Journey

MORTAL
Victim
Waiting
Unconscious
Development
of the
senses
Real heaven/
hell belief

METAPHYSICIAN
Victor
Doing
Conscious
Emotional-mental
development
Water baptism

MYSTIC
Vessel
Becoming
subconscious &
Superconscious
becoming conscious
Spiritual
intuitive
development
Holy Spirit baptism

MASTER
Verity
Being
Superconscious/
subconscious/all conscious
Christ consciousness
Eternal Life

Low or no self-
esteeem
Born of Water
Self-worth/
self-esteem
(Diagnosis)
Transformation
Repentance/forgiveness

Born of Spirit
Becoming
selfless/egoless
CRUCIFIXION
Integration
Regeneration

Eternal Life
Self-awareness
in Oneness
Unification
Transfiguration

Savior dependency
Protection
No control over
life
Begging/beseeching
Anthropomorphic God
Irresponsibility

Created through
Choosing Divine Will
Surrender/trust
God in me
Responding

Creating as
Chosen through
I AM awareness
God as me
Responsive

This process chart has been adapted and expanded from the book *The Incredible Journey* by Dr. Carol Ruth Knox.