Jesus taught and demonstrated that man must immortalize his body and soul from death and disintegration. He said to the Jews, "Destroy this temple and in three days I will raise it up."

The Jews then said, Forty and six years was this temple in building, and wilt thou raise it up in three days?"

But he spake of the temple of his body.
John 10:17

Therefore doth the Father love me, because I lay down my life, that I may take it again. I have power to lay it down, and I have power to take it again.

Paul taught that the body had in it the seeds of immortality, that it was the temple of the living God.

Rom 8:11

But if the Spirit of Him that raised up Jesus from the dead dwelleth in you, he that raised up Christ Jesus from the dead shall give life also to your mortal bodies through His Spirit that dwellith in you.
Rom 12:1

Paul taught that we should surrender our bodies to the Source, God.

I beseech you therefore, brethren, by the mercies of God, to present your bodies a living sacrifice, holy, acceptable to God, which is your spiritual service.

We say that our transformation would be accomplished by the renewing of our minds, as Jesus, Both John the Baptist taught the necessity of a change of mind in this proclamation, “Repent ye, repent ye,” which in the original meant, change your mind, change your mind.
1 Cor. 6:19

Or know ye not that your body is a temple of the Holy Spirit which is in you, which ye have from God? for ye are not your own; for ye are bought with a price: glorify God therefore in your body.

Philippians 3:20

For our citizenship is in heaven, whence also we wait for a Saviour, the Lord Jesus Christ: who shall change our lowly body of this humiliation, that it may be conformable to the body of his glory.
The only death of which we have evidence is the death of the body.
Consequently, the body plays an important part in man's successful existence. When the body is diseased, the whole man is ill at ease. The mind makes the body, but having made it, and put into the body the powers of mind, the body becomes a mind projection or son of mind, and son is like father.
The recent discovery of the atomic structure of the germ-cell's substance substantiates these claims of the potential immortality of the body.

The germ-cells compose the primal nervous system, and these cells are made up of electrical units, radiating into life. The secondary cells form tissues that build the body structure. The muscles are the end organs of motor nerves, spermatozoon (a male germ-cell) as well as with the activities of these as a great ocean liner.
also, the body was planned from the beginning by infinite mind and has within it all the elements of spirit. or know ye not that your body is a temple of the holy spirit which is in you, which ye have from god?

jesus taught that the life and substance which was in his body was in all bodies, and that it would be made manifest to us if we would enter into the same spirit that he had through mental faith and affirmation symbolized by drinking and eating. he went on...
the cup and said, this is my life, drink it; and the loaf and said, this is my body, eat it.

Paul wrote that when we partake of the Lord's supper without discerning this Lord's Body, we come under a material thought that ends in death-sleep.