The Hidden Man of the Bible

The Duality of Man - Male and Female, Cain and Abel. Contrast a necessity in soul education.

Cora Fillmore: Meditation and Silence.

In our silence again tonight, let us realize that these body temples are pure and holy. Meditate upon this thought: "My body is the pure and holy temple of the living God." Together: My body is the pure and holy temple of the living God. Now I am going to ask you to realize that the finer forces of the mind and body, which we had in our lesson last week, are really that mystical Garden of Eden. The finer forces of mind and body are in truth that mystical Garden of Eden.

Let us realize that we dwell tonight in this wonderful Garden of Eden within. You will remember, last week in the lesson, that a great river arose in this Garden of Eden, divided into four heads; this wonderful river that rises in the Garden of Eden is within each one of us on the mystical side, the invisible side of life, but none the less real. That wonderful river that divided into four heads! The first one, Fishon, represents the quickening power of the Spirit throughout the whole being. We meditated upon that river last week.

Tonight, we will take the second, Gihon. This wonderful river Gihon, that rules in the crown of the head and flows down through the whole body being truly the 'deific breath' of God. Can you realize in the Invisible a wonderful river, rising in the crown of the head, the Spiritual Center, the essence, the very breath of God, the Deific Breath of Deity breathing itself through every atom of your being, breathing itself through the lungs, through the pores of the skin, through every cell and fibre of the whole being; breathing itself through the palms of the hands and the soles of the feet; cleansing, purifying, invigorating every part of the whole being. Let us see if we can get that realization - the wonderful flow of God's breath infusing the whole soul and body consciousness.

Now if you will center the attention just between the shoulder blades, and realize that the very breath of God is breathing itself through your lungs, cleansing, purifying, invig-
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orating. Feel the Deific Breath of God breathing itself down throughout the whole body temple into the very bowels of the earth, cleansing, purifying, invigorating; breathing itself into the very bowels of the earth, cleansing, purifying and invigorating; through the palms of the hands and soles of the feet.

Know that the Deific Breath of God is breathing its breath through your nostrils, cleansing, and invigorating the eyes, the ears, every atom of the being. God's Deific Breath breathes itself through us from the crown of the head to the soles of the feet. One of the most wonderful healing powers of which we can even think! Vitalizing, invigorating and purifying.

In the Bible we read of an account where Jesus breathed upon his disciples and said, "Receive ye the Holy Spirit." Let each one in this room realize that Jesus Christ is now breathing upon us, saying, "Receive ye the Holy Spirit." - Now for the balance in this realization - perfect balance in the mind and in the body, let us know that Wisdom and Love is breathing itself through the whole Solar Plexus. Wisdom and Love. Center the attention, if you will, just back of the heart. Meditate upon a thought like this: INFINITE WISDOM INSPIRES ME, DIVINE LOVE COMFORTS ME AND I EXPRESS PEACE, POISE AND PERFECTION, BOTH MENTALLY AND PHYSICALLY." I will read this once more. (Repeat) Together: "Infinite Wisdom Inspires Me Divine Love Comforts Me and I express Peace, Poise and Perfection, both mentally and physically." Please realize it. In the Name of Jesus Christ. Amen.
Charles Fillmore: Address:

It is universally accepted that we need a better understanding of man. Man is still a mystery to most of us. To understand man, we must understand man's source, and know more about his environment. What really is the kind of a country he lives in? How we must get this from a study of the Scriptures, - not only our Bible, but all the scriptures, and sum up and strike a trial balance, if you will, between what has been taught and what we get through our inner revelation.

Now we find that the religion as it is handed down from the fathers doesn't always meet our practical needs. It is traditional and historical; it is composed largely of what has been done by the spiritually wise; what he has been taught by the writers of the Scriptures; but there is very little first hand knowledge of God and man, and the powers invisible.

So in our work, we want to emphasize the practical application of the spiritual revelation. We don't ignore the study of the Bible. We don't ignore any revelation. I don't care where it comes from or who gives it. But we don't always get a right slant upon these revelations. We find that they are almost always rather impractical. They tell us about something that we are going to reap in the future and fail to emphasize the present. We see great upheavals in foreign countries along these lines. The Russians for example: they tell us that they are telling their people that religion is - well - something that acts like an opiate; that is that it is the opiate of the people; that it is keeping them asleep. And in Germany, they are preaching that the old idea of God is a myth. "We must have something different." And they have cast out all religion. The reason for this is that religion hasn't demonstrated it's power to reform man; it being mind, it hasn't demonstrated an understanding of what man is.

I saw not long ago where right here in America, some man had revived dogs that were dead, and he wanted to try this method on criminals that were killed by the state. They asked a lot of ministers about reviving a baby after it was dead. Some said that it was opposed to the Great Resurrection of the Dead which must take place at a certain future time; and some said that it is impossible to bring a soul back into the body; some had other ideas. That is all mythical - based on some extract from the Bible, and this has been the cause of so many sects in the world. The various ideas that men have gotten from the study of the Scriptures - some sacred point, some little idea that has been accepted by them, and they have set up a new religious sect based upon that idea.
Now you have to take the Bible as a whole if you want to understand its teachings—beginning with Genesis and carrying right through. You must understand the Bible to get an understanding of man, to get a first-hand revelation that man is a spiritual being, and that his instrument of action is creative mind like God. God is the Source, the Mind, Invisible, Omnipresent Principle, and that God-Mind is forming man constantly in His Mind and that He is giving him expression, and that we are an expression of the Omnipresent Principle.

If you get that key to the situation, then as we study the Bible we see it gives us the revelation of the spiritual man, the psychical man and the physical man. As we get this and begin to apply it to ourselves and others, a dual consciousness of man will come to us and we will find we are in the midst of that Garden of Eden that the Scriptures tell us about and all of its attributes, all of its activities are right here and and have been here all the time. But we have been in the dark as to ourselves, and we have been in the dark as to the character of God. We haven't known that God can create just as we form in our minds, ideas.

Now, I am going to call your attention to some of the creative processes in the first second and third chapters of Genesis, and apply them to man and show you that we are right now, in this process of unfolding and bringing forth the different -well- personalities as given in the Scriptures that they most symbolically apply to.

In the first chapter, first day, we are told "In the beginning God created the heavens and the earth" and goes on -- well, that is a rather bald statement, and as we also know, it is based upon the translation of the Hebrew. And the Hebrew language is quite different from ours. So we have many interpretations. But the one that appeals to me is by Farrar Fenton, and he says of the first day's creation: "By periods, God, created that which produced the sun, then that which produced the earth" - He didn't create the earth, but "that which produced" the earth and the heavens and the sun.

Now I want to call your attention to that as a key to the whole process of the development of man and the universe. God the Spiritual Mind, first images or "produces that which" afterwards comes into manifestation. If you will get that, you will find that XX in your mind, 'that which' afterwards produces a visible thing. If you will remember that, you will see that all visible things were first pictures in mind, images; so God created man in His image and His likeness, and you are in the mind of God a perfect image of that Infinite Mind, and that image is coming into manifestation.

We are told by modern science that they are beginning to catch the idea that there is an invisible sun, which is the picture or the source, of this visible sun, and so they are gradually arriving at what the Scriptures tell us: That God, Infinite Mind, first formed that which produced the visible thing.
Paul tells us man has a spiritual body and he calls it "the lord's body", which is the image and likeness of God, male and female. If you can realize that this Infinite Image, this Perfect Body is right here all the time, awaiting its incorporation through your conscious mind into this visible body and that it is perfect, then you can poise your mind on that manifestation, and you will begin to come into the manifestation of Jesus Christ. Jesus Christ was the expression of the Invisible, or the visible manifestation of this Lord's Body, and this perfect body he had is what grew in his consciousness, that he told his disciples about at the Last Supper, that, "This wine—this juice of the grape—is my life. Drink it". Then he gave them bread and said, "This substance is—well, typical of my substance. Now eat it". Now there was the key to the putting on of this image and likeness body, the perfect body. We first appropriate the Invisible Substance and the very cells of our body go through a transformation and "dress it", and the light (life) flow in the body is charged (changed) and that electrical energy which we are told is at the center of every cell, is quickened, and we quicken to a new consciousness of our body; we put on the Lord's body.

Now we are told that this whole universe, including our bodies, are in a state of vibration; that everything is alive with spiritual life and that we can feel that Life and that it is here as a creative being, something not made in the beginning, but always has been, but made visible through the action of the Infinite Mind.

In the Scriptures we are told that "The Spirit of God"—well—waved over the liquid surface and it became the dry land". In one of the Translations, the Dixon (?), we are told, "The Spirit of God waved over the face of the waters". Sir James—an eminent scientist, says, "Creative energy is vibrating in character, and the ether is composed of waves in vibration". He also said, "We live in a universe of waves and nothing but waves".

As we study this, we see that this process of creation is going on all the time, and that we are living right today in the Garden of Eden, and that our bodies are the temples of this Infinite Mind which is part of the "formed Garden". In other words, the Garden of Eden is a universal realm in which there are all kinds of vibrations, and that the character of the vibration makes the cell, and that cell is built into an organism. There is the key to the Kingdom—the key to the Universal Garden of Eden. Heaven is within man. We have the key to infinite possibilities through tuning in with this Infinite Mind and this elemental Substance of Life which is omnipresent, and it exists here for man's use. All we have to do is 'to keep it and trim it'.

That brings us down to the application of the powers of the mind—how the mind works. In previous lessons, we have had this poise and power of the mind to lay hold of ideas. Everything begins in the ideas—if you know how an idea works, why, you have the key to the formation of a new mind and a new body, or rather a transformation. It is a transformation! "Be ye transformed by the renewing of your mind". This process is what everyone of us has, but it is not used understandingly. We don't use the power of the mind constructively, because we haven't gotten into what might be called 'the mystical realm'. We haven't cultivated this mind in
its action in contact with the finer forces. And to do this, we need to know that there is - well - in the 'power of words' something that, if we use it, would give us the insight and awakening into new inspiration, new desires and new powers.

Now in the Scriptures, we have what is called a Sacred Name. Many of us are wondering what that Sacred Name was. It was given to Moses as "I AM THAT I AM". Jehovah was the Spiritual Man, the Man the Elohim God formed. That Spiritual Man becomes the animating principle of the Adam-man, and that animating Principle has contacted the Adam-man consciousness in an inner spiritual way. And that Spiritual Mind moved in the Seven Days creation - seven movements of the mind - so this inner movement of the mind has seven mystical meanings, and that mystical character is called MM "Jehovah", or "IAM THAT I AM", whiwhwh or "Jahva" or "Yawa" (Yawa) in the original way in which it is spelled - or "I am Jehovah" which means "the Self-Existing One who reveals Himself".

"Elohim" the first God-Mind, means Creative Mind with its attributes. These attributes are the 'positive and negative', or as we would say 'the Wisdom and the Love', and these two attributes which are given as 'male and female' form themselves and express themselves first in this mystical man, or mystical name, and that mystical name is "I AM", "I AM".

This "I AM" in the Hebrew has seven meanings. And if you understand how to apply that Jehovah Name through "I AM", you can get very remarkable results, through thinking of the Jehovah Mind as in its mystical spiritual sense, as impressive, as moving upon your mind along any of these seven avenues.

We have "Jehovah Jireh", that means "Jehovah provides". That name repeated in its mystical sense as applied to Spirit may necessitate a deeper understanding than the letter of the Law. You might read in the Scripture, "Jehovah provides", but would you get the inspiration, that current that would lay hold of Invisible Substance and make supply for you? No - unless you went a little deeper than that. It requires some little study, some application. For instance: "Jehovah Jireh", Jehovah Jireh" Jehovah Jireh" is the All-providing Spirit working in and through me." Pretty soon you open up within yourself this mighty Substance, this current of Life and Force.

Suppose you want 'healing'. Again: "Jehovah Hapha" - that means "Jehovah heals", "the Lord heals". That idea starts healing currents in your consciousness.

Here is the mystical use of the mystical name "Jehovah Nissi" - "Jehovah our power" or "Jehovah the banner carrier" for every one of us. And if you want more 'power' along any line, think of "Jehovah Nissi" "Jehovah Nissi" and dwell upon that idea, that Jehovah in you is mighty, mighty in power. Jesus Christ said "All power is given unto me". Power through the realization of "jehovah Nissi".
And if you are discouraged, all torn up, anxious and worried, you can't get in touch with the Infinite without pacifying your mind: God is stillness and quietness. We are told, "Be still and know I am God". How do you get that central universal peace and quietness? Affirm: "Jehovah Shalom". "Jehovah Shalom". "Jehovah is our peace". "Shalom" is that which is all finished. Repeat: "Jehovah Shalom" intoning it in the mind, and sometimes in the outer expression. We are told the Hebrew priests used to intone these words and they caught certain vibrations that drew into their consciousness the Power and peace-giving Spirit. We all need to know this.

Again, we sometimes long for guidance. We think if we could only have the guiding Light of the Spirit: Have we a word for that? Yes. "Jehovah Rava". "Jehovah our Shepherd". In the 23rd Psalm. Also in other places, but with almost another meaning. If you will think "Jehovah Rava", you will get right guidance, and you open up the Spirit of knowing in you to find God is here, always has been here, awaiting our recognition.

Now then, you may feel that you have been unjustly dealt with, or justice and righteousness has not been dealt out to you. There is a name there that will bring this justice and righteousness in your mind: "Jehovah the key-note" "Jehovah Sidkenu" or "Jehovah my justice, my righteousness". If you are not being justly dealt with in the courts, in your family, declare "Jehovah my justice, Jehovah my righteousness". Jehovah Sidkenu" (!)

We sometimes feel God is far away; we want to feel the Presence, and we get the better of that by realizing the name "Jehovah Shammah", God is present". We should have that fuller consciousness of God's presence. God is with us all times.

This word "Jehovah" has an inner spiritual meaning that we haven't thought about, haven't even recognized, but if we study Hebrew, we find it is made up of forms, essential qualities that bring it very close to everyone of us. "Jehovah" is made really of four Hebrew letters "JHVH" "Jah Ha Wah Ha" "God is", which means force, manifestation of life. It is a letter "J" with a little curlicue - attached to it is that hook, which represents the primal cell, it is spiritual, that is mystical, that is "Jah".

"HA" is like a dot/formed like a ring. It is life-giving force, and represents the "feminine" the "E" (EVE) everything comes through the door; all manifestation has to come through this door.

"Wah" is a connecting link.

And then we say "He". What does "He" represent here? We have the idea of multiplication, bringing forth into manifestation. So we are told "Eve" is the mother of all living things, of all life. You can see how here is raised up the word "Jehovah" or "Yahwe", the male and female, the Adam and Eve, the masculine and feminine. We have in our consciousness, this wonderful Jehovah Mind and its
manifestation such as man and woman. If we understand it, dwell upon it, and think about it, we would move upon the force bringing into manifestation the masculine and feminine elements.

We find this symbolized not only in the Christian religion, but in all religions - in the Hindu; in the Greek mythology. For example, Eve is represented by Athena, who is also represented as having sprung forth fully around (formed) from the head of the god Zeus; spring forth from the brain of this original god. She was the matron of all the industries with which we are all provided.

Again, we have the symbol of the Serpent as tempting this "Eve" in each soul, that rises in our activities and minds, acting on the body produces pleasant sensations, that is, the serpent, and takes possession, in a way, of the mind of the woman, or the mind "Eve" the mind of the 'emotional nature'. We all have this Eve within us. But it is through the "Eve-mind" all things are brought into manifestation. We can't create now merely within the image; that has no life, that is only formed image. People work in the front brain trying to do things logically through arguing. If you can get that emotion into motion there you lay hold of substance and bring forth into manifestation.

So you see in the Scriptures this man and woman being possessed by emotions that ate up the substance of good and evil; they became naked; and it was necessary to put them out of the garden. But it is true of the Race in its condition. So we are told the Lord God drove out the man and placed at the entrance, at the east, the flaming sword that turned every way to keep the tree of Life. "At the east": that "east" means "flame ascending", flame running up the spinal cord and then becoming a flaming sword, and it is pure essence 'cherubims', and it keeps the way of Life, here is the way within us, that the prophet wrote about, it was something like, "Come in and keep out everything except the one spiritual life". We all have that. But, being ignorant of that, it doesn't do us much good. When you sit in the Silence and lay hold of the inner forces all that has been latent comes into manifestation.

There are many points in the Scriptures we haven't understood One is how Cain and Abel were brought into manifestation: Why Cain slew Abel." That is symbolical. Now "Cain" the name, means "tiller of the soil" - represents acquisitiveness; represents the selfish animal part of man: "cultivation of soil" means substance, means resisting in the flesh consciousness. We are told that Cain brought the fruit of the soil as an offering to Jehovah, for which Jehovah had not respect,-or he didn't favor it. We would naturally think that the offering from the soil would be more acceptable than from the animal realm which was the offering of Abel.

"Abel" means "keep of sheep". It is 'the lifting up, the breath of God'; 'a spiritual soul' - not that it was the spiritual Mind.
This brings us to a consideration of the development of man's soul. So many persons don't understand what the 'soul' is: Where it came from. It is your own creation; you get spiritual ideas formed in your mind and come into expression as your soul. So Eve and Adam were constantly making souls; they brought forth animal soul, which was Cain, and a spiritual soul, which was Abel. The animal soul, dominant selfishness, killed the Abel, spiritual soul, which was Abel. The animal soul, dominant selfishness, killed the Abel soul. So we see there was destruction of this spiritual man in the early development of our man. And we are told that Jehovah asked for Abel of Cain. "Where is Abel, they brother?" He said, "I know not. Am I my brother's keeper?" And Jehovah said, "The voice of thy brother's blood crieth to me from the ground. You are cursed from the ground. You shall till the ground. You shall not bring forth in strength. A fugitive and a vagabond shall you be in the earth". Cain said, "My punishment is greater than I can bear. Everyone shall slay me". And Jehovah said "Whoever slay Cain, vengeance shall be taken upon him seven-fold" And Jehovah appointed a sign, lest anyone seeing him (Cain) slay him.

We have wondered as to what this 'sign' was. It is that 'even the physical man has this inner Spiritual quality, because without that he couldn't exist at all' and that is the 'sign'.

"No man can slay, even the physical, without the vengeance of the law come upon him". We see that exemplified every day. So in your on-going, your unfolding, remember we are literally both as "Abel-spiritual soul", and "Cain" the animal soul. But in most of us it is the 'unregenerate' - until we have quickened the spiritual nature, the animal soul Cain, is dominant. The Cain-mind in most of us has possession of the body. This is a point in our regeneration. We must cultivate the Ego, we must breathe the breath of the infinite within; a meaning of "Abel" is the 'infinite Breath', "Breath of God". This brings us to the consideration again of the second River. Remember, the baptism of the Spirit is constantly being poured out into man's consciousness, but is not released in your mind and body until you begin to think about it in its various aspects. we see the processes of the Garden in the physical Cain-mind, in the consciousness of Spirit in this Spiritual River. We have had the River Pishon last lesson, in which we saw that quickening Spirit inter-penetrating and permeating the whole organism; that every cell was being kept alive by it. But if we were not conscious of it, it wouldn't do us much good, simply keep the mind man, the Cain-man alive.

But the moment we begin to think of it as inbreathing spiritual consciousness that brings us to the River Gihon, which means "breath" breathing in waves of Spirit", symbolical of 'energy' that is inner breathing. The meaning of "Gihon" inner inspiration and expiration, which flows through the land of Cush. "Cush" means darkness, breathed in. In physiology, we are told this extraneous breath is really a system of purification—that the body is forming poisons constantly and that these poisons must be gotten rid of. There are certain organs of the body that do take care of some of the poisons.
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But the Blood Stream is loaded with certain elements, like nitrogen, that has to be gotten rid of - that is Cush, the impurities; - Through the breath of the lungs, through breathing into the nostrils this rich oxygen of the air comes in contact with the nose, goes through the whole system. As you breathe in, every cell in your body is quickened by the River Gihon.

It is well to know when to sit in the Silence and think about Spirit, and especially the inbreathing of that Spiritual Breath, that will purify that whole mind. Swedenberg, the Swedish scientist, discovered when we breathe, there is a certain synchronization between the breath and the brain; that our brains are really cleared up by breathing. And all metaphysicians give attention to this deep breathing, and some have thought that we could breathe with the outer breath and quicken the action of the Solar Plexus; that through deep breathing you could become quickened in your spiritual soul. Now there is a point that you need to be a little bit careful about. Don't breathe your outer breath with the idea you are going to quicken your Spirit. Breathe "Spiritual Breath", is what we want. Spiritual Breath is imparted to you through your realization. You find yourself steadily breathing even, great, deep breaths, and sometimes you feel like a thrill is going from the top of your head, clear through your body, and every cell is a quiver.

But be careful how you exercise your lungs through the will, because the mind of the will isn't the Spiritual Mind. We want the Spiritual Mind. We want to inbreath the Jehovah Mind, and inbreathing the Jehovah Mind, we will inbreathe the Spirit. We read in Job, "The Spirit of God hath made me, and the breath of the Almighty hath given me life." You will find that in the 33rd chapter of Job. Remember, that the original inspiration of the Adam-man was by the Jehovah-man, who formed him "of the dust of the ground and breathed into his nostrils the breath of Life, and man became a living soul".

MEDITATION AND FINAL BLESSING:

Now let us all for just a moment think about this Spiritual Consciousness, this Jehovah Mind breathing into our consciousness the breath of Life. Now this was illustrated in the case of Jesus, where he came and stood in the midst of his disciples and said unto them, "Peace be unto you. As the Father hath sent us, even so send I you", and when he had said this, he breathed upon them and said, "Receive ye the Holy Spirit. Whosoever's sins ye shall forgive, they are forgiven unto them, and whosoever's sins you retain, they are retained". Now this illustrates 'breath' as cleansing, purifying, forgiving Spirit, and is one that gives man great power in forgiveness; and in this Breath, if you are condemning someone as evil, having a reputation of some sin of some kind, you retain that sin; but if you think about them as being free from all sins, they are forgiven by the Infinite Mind; you will breathe your inspiration upon them; Spirit will cleanse
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them from all sin. This is a wonderful thing to know—a wonderful thing!

Repeat: "The Spirit of the Lord hath made me, and the Breath of the Almighty hath given me life".

Now, as we affirm that, center your attention within. Let us all be still just a moment, and throwing your attention to the center down, say, about your Solar Plexus, or right behind your stomach, think about that for a moment. Center your attention there, then we will have a point of departure for the word—the Power of our Word. We are thinking about "the breath of the Almighty":

Now let us all repeat that aloud with the attention fixed on this Spiritual Center within: "THE SPIRIT OF GOD HATH MADE ME, AND THE BREATH OF THE ALMIGHTY HATH GIVEN ME LIFE".

Now let us repeat that again with a little deeper consciousness of the Spirit. "THE SPIRIT OF GOD HATH MADE ME, AND THE BREATH OF THE ALMIGHTY HATH GIVEN ME LIFE".  AMEN.

You are dismissed.