Charles & Cora Fillmore  
Tues. 8 p.m., 10/16/34

Lesson 2 THE HIDDEN MAN OF THE BIBLE

The Four Rivers of Eden - Man's Supply
Pishon (Spirit)  Gihon (Breathing)
Hiddekel (Nerve Fluid) Euphrates
(Blood Stream)

Charles Fillmore:

We are gathered to listen and confer on a lesson on the Hidden Man of the Bible. You doubtless are all familiar with our rules of order, and the registration of the class. All students are expected to register at the door and leave their names and have their tickets punched as they come in. All who come in to the end will receive a little lesson which will be condensed, a resume of all the lessons, and which will be quite valuable to you as a reference.

The compensation for these lessons, as for all of our work here in Unity, is in free-will offerings. Mr. Miller will be in the lobby, and the contribution you would like to make, give it to him with your name. As I said before, we would like to have the names of all our students and bless the offerings.

I would like to announce to you, at our next Friday meeting, we will begin here a series of meetings, - we call them Prosperity Meetings, - the six weeks preceding Thanksgiving and you are all invited to come to this next meeting. I will have charge of it. It is then we make what we call Prosperity Demonstration. The meeting begins at eight o'clock, Friday evening.

The title of the lesson tonight is "Man in his environment", "In the Garden of Eden" to bring it out. we have within us the capacity which, if released, will make us masters of our environment.

The next lesson will be "The Holy Spirit". How the Holy Spirit is manifesting in various of its activities. To show that the Holy Spirit is manifesting as a quickening Spirit.

The lesson tonight will be the Holy Spirit manifest as Spiritual Breath. Jesus Christ breathed on them and said, "Receive ye the Holy Spirit".

These Rivers of Eden represent in symbol that which we find within ourselves as currents of life. This will be brought out in the series of lessons.

Mrs. Fillmore will give us some Scripture readings, and the Silence. I would like to say to you also that these silences that we have as part of our lessons are very important, very essential to the development of the Spiritual Man, and that is what is the Hidden Man to most of us. But it may become the manifest man if we will give a little attention to the kingdom within.
Cora Fillmore: Silence

Let us become very still. Relax, if you will, in mind and in body. Make yourselves very comfortable. Know that it is necessary to get in touch with this wonderful Holy Spirit in order to receive the import of the lesson which is to follow. Hold these words at the beginning: "Be still and know that I am God." Together: "Be still and know that I AM GOD." Give God your whole attention.

As Mr. Fillmore has announced, the main point in the lesson tonight is the Garden of Eden, the activity of the Holy Spirit in the Garden. Let us realize that the Garden of Eden is in Truth the finer forces of our own minds and our own bodies. The very finest forces of the soul and body represent the Garden of Eden which was given to us to keep and to trim. Let us realize this Truth.

We find that in this wonderful Garden of Eden that we are to hear of where a wonderful River rose and flowed down through the body temple, the Garden of Eden, and divided into four heads, representing the Holy Spirit in action. The first river that we are to hear about and which is really the subject of the lesson tonight, is, Pishon—the Holy Spirit in action as a quickening power.

I am going to read this little Scripture from the Bible and as I read, please interpret it within your own souls and know that the Garden of Eden is the finer forces of your own souls and bodies and that this wonderful river of Eden is right in the Garden—in the crown of the head—the Spirit center—and flows down through the holy temple tonight as a quickening Power.

"And Jehovah God formed man of the dust of the ground and breathed into his nostrils the breath of life, and man became a living soul. And Jehovah God planted a garden eastward in him, and there he put the man he had formed. And out of the ground made Jehovah God to grow every tree in the midst of the garden, and the tree of knowledge of good and evil, and a river went out of Eden to water the garden, and thence it was parted and became four heads. The name of the first is Pishon, that is it which compassed the whole land of Havilah, where there is gold and the land is good; and the name of the second river is Gihon, the same encompasseth the whole land of Cush; and the name of the third river is Hiddekel and that is that which goeth towards the east of Assyria; and the fourth river is Euphrates. And Jehovah God took the man and put him into the Garden to dress it and to keep it" (My Bible reads "Ethiopia" for 'Cush')

Let us realize that we are the man; that we are in the Garden to dress it and to keep it. As we know, Spirit is the final source of all things. And from Spirit goes forth the different attributes which we see in the manifest. As stated in the Edenic allegory, Pishon, the first river, represents the quickening of the Holy Spirit. The second river, Gihon, represents the Deific Breath of God—God Breathing Himself through us. The third river is Hiddekel, representing the Divine Nerve Fluid that descends from the Spiritual Center when we are attuned with Spirit and bathes us in this wonderful soothing balm; and the fourth river, Euphrates, represents the Life of the Spirit—the Life of Spirit in the blood. They are all carried
forward to their appointed work by Spirit in the Power of Life and Energy in Spirit.

Now tonight, we are to take up Plshon especially, the Holy Spirit descending from the crown of the head, spiritual center, permeating and penetrating our whole being, even to the outermost cells of the body, wrapped us about in a mantel of quickening life. Let's realize that from the crown of the head to the soles of the feet, we are bathed in the Holy Spirit which is quickening us into new life. Hold this thought, if you will: "IN MY SPIRITUAL DOMINION AND AUTHORITY, I CONSTANTLY AFFIRM AND REALIZE THE BAPTISM OF THE HOLY SPIRIT." I will read it once more: "In my spiritual dominion and authority, I constantly affirm and realize the baptism of the Holy Spirit." Together: Z(repeat) This baptism of the Holy Spirit is quickening us into life; cleansing, purifying, vitalizing us. Let us feel this quickening life.

Now I am wondering if during the whole lesson, each one in this room can keep the heart wholly stayed on God, when the Holy Spirit within is doing this mighty work. Amen.

Charles Fillmore:

Paul wrote, "Your life is hid with Christ in God" -- "Your life is hid with Christ in God." You doubtless wonder why the life should be hid from man. The fact is, that everything is hid from man. The real man - man is "I", simply "I", naked "I" - "I" without consciousness. That is the beginning of man. Man in his spiritual identity. The great work of man is to realize and to bring to his consciousness and become aware of his divinity, his divine source, and the privilege that come with that source. Life is hid from man. But it is very near to man. It is like the word of God. It is in your heart and in your mouth. The word of God. But until man gets and understanding of what Spirit is and his relation to these hidden things, they are as if they were not. So that the great work of man is to reveal that which is hidden. This revelation comes through an understanding of that great Truth that Spirit, that Invisible, Omnipotent, All-powerful Something that we feel can look right through us, is here - always here - always has been here, just awaiting our recognition of that life in man which is hid with Christ in God. That doesn't mean Jesus Christ. It means the super-man in each one of us. This Spiritual Man which Jesus Christ demonstrated is here within the mind, the inner Spiritual Mind of every individual, and that Christ Mind has access to Love, has access to its Substance, Intelligence, Power, - everything that exists in Infinite Mind is poured into man's outer consciousness through this one door which is the Christ or the I AM Mind.

Now there is the key that will release the forces of man, the powers of man; all that man is may be released and brought into manifestation, brought to his immediate attention if he will first apply - first his understanding, and then its application.
Man has great power of naming things, giving character through his activity, or his faculties of mind which are based upon the innate character or the recognition and application of certain characteristics, of certain abilities to himself.

In the Allegory of Eden, we read that this Hidden Man had brought to him all the animals of the Garden; and the animals represented elemental forces; and whatever the man called every living creature, that was the name thereof. Whatever man called every living creature, that was the name thereof. This gives us the key to our capacity because we represent the Hidden Man, this man that is constantly building new, building a thought we call a mentality. That mentality has crystallized into what we call the body-man. He has built that through this naming power. He is like a rubber stamp. He stamps upon the Universal Substance, Life, that which he sees in his mind. He gives it character.

Shakespeare says, "Birth gives airy nothings a local habitation and a name." There doesn't seem to be anything here, and yet through your imaging power, which is one of the faculties of the mind, you give character to the Invisible Substance, and you give action thru the thought of life, and you give it cohesion and attractive power through love. So we can see, through the naming power, or this character-giving power within us, we are moulding and making our minds and our bodies. Whatever we call it, that it becomes.

Jesus emphasized "Faith" as the "big idea" in man that makes character. He says, "Whosoever shall not doubt in his heart, but shall believe - that is, have faith - that what he saith shall come to pass, he shall have it". That is a very broad statement, but it gives to this inner quality which we call "Faith" or belief, a power beyond anything we can conceive; that if we only believe in our heart, what we say will come to pass, it will, and we shall have it.

Now if we can conceive of anything greater and mightier than this you can go beyond even the Infinite, because it is an Infinite power, this power of naming, and giving character to the things that we have no consciousness of and no apprehension, except that through that Something called the Mind. And this is hidden from us also. This ability which we all are exercising every day, every moment, and we are reaping the reward of our acknowledgement and use of this power which is constantly with us. I think even sometimes when we are asleep, we are using this power of the mind to give character to the images that flit into consciousness.

We then should begin to discover how, through the use of this wonderful power of the mind, we can bring into consciousness a better and higher expression of that inner Spiritual Man which is the Son of God.
Now Jesus Christ called himself both the Son of God and the Son of man. When he was talking about his inner spiritual ability and character; that image and likeness of God, he called himself the Son of God; and when he was talking about the outer expression, the personal, he called it the Son of man. If you make that distinction in reading the Scriptures, you see he realized he was not closing his consciousness, he was growing it into an understanding of all the real Spiritual Man is, and that the outer expression of that man could have, in a right understanding and application of the law, everything that belonged to the Kingdom of God. If we can apply the teachings of Jesus in this very practical and personal way, we will see that he was bringing to us a scientific expression and application of laws of mind and not only mind but scientific Truth - what the laws of science have found to be true, bringing them right into our everyday lives, and we can apply them and come into the same place he experienced and obeyed.

Also, he told Peter, "Whatever thou shalt loose on earth shall be loosed in heaven and whatsoever thou shalt bind in heaven shall be bound on the earth". Heaven is not a place, but a condition; Heaven is that higher spiritual plane of mind, that is what Heaven is. The earth is the lower sphere; it is the visible; and Heaven is the Invisible. Here we can function in everyday life in the affairs of the earth. Whatever we affirm here without thought in the higher will bind it on earth, in spirit or in mind; those higher ideals will work into the lower; so, the positive working down through the negative, working through into consciousness, we are raised in mind and body. Whatever we loose in this everyday consciousness will be loosed in mind and affairs of the superman. You can see it is a sort of give and take between the Spiritual Mind and the material mind; between the Spiritual "I AM" within us and hidden within us and its expression declaring life comes from the within to the without. Simply that. You can see it portrayed practically in your every day thought. We also should remember that Jesus was going through a process of discovering himself. He was revealing the Hidden Man, just as we are revealing him. But he was a great Super Man in the great universal revelation and we who follow him will come into the same plane of consciousness that he attained.

We are seeking in these lessons to bring the scientific facts of the world into the religious world, to unify them, to show that the recent discoveries of science are paralleled by the work of Jesus Christ. The Bible from - well -Genesis to Revelations treats of this Spiritual Mind and reveals it in the scientific relation that is the true relation of ideas and our modern scientists have found the same thing true in an outer relation in the activity of certain forces, but they all originate in the mind. They are things that have their beginning in mind and they can be expressed in body and affairs and if we apply them as Jesus applied them, we will come into a new great Race Consciousness. There are changes in the world. Changes are all the results of new ideas that we have received from within. Seed ideas Jesus planted two thousand years ago are now coming into fruition we may not give credit to the Christian religion, but if we analyze the
the action of mind and see how the mind works from ideas to ex-
pression and manifestation, we will see that the things that we hope
for, the things that we idealized a few years ago -- or the things
we have failed to hope for -- are now coming into manifestation --
and in our failures as well, and consequently our ills are the result
of a lack of understanding and application of this law of planting
of ideas in the soil of the mind.

The physical man, the Adam Man was the man who planted in this
Garden the ideas that brought forth great results -- the results are
today what we are reaping. Some are reaping the naming of the
elemental forces, the animals, good, and we are reaping good. But
some of them we saw as evil, and thought they were evil, and those
we are reaping as discordant elements in the world about is, in
ourselves.

Now the remedy, of course, is to know the law, and that is what
we are striving to apply. And then, knowing the law, give it ex-
pression in everythought. As we find we are constantly thinking
these thoughts, and we need to know how we get out, we will
see into the present condition.

We are told there was a 'fall of man'. That is the teaching of
Christianity. What is our explanation to that idea? We can see that
everyone of us have in a measure separated ourselves from this Hidden
Wisdom that is the Jehovah God within us. Man in his beginning, had
access to the illumination in consciousness, knew just what to do.
Everything he expressed in naming these things in the beginning, he
names them according to their character, in the elemental forces.
That which represented Love was given the name love; that which rep-
resented Life was named energy. But when the time came, man began to
feel his own activities, he thought "maybe I can stir these new
elemental forces into action without the Lord God" without the illu-
mination, and that is the way man separated himself from God, and we
represent Adam.

We are the Adamic Race. We had to begin in the Garden. Let us
remember that. And we have come along these various steps. we find
ourselves outside the Garden. How did we get outside? Through
too much anxiety to know. Ignorance of how to deal with excessive
ideas after they were released. This we are told was the 'eating'
of the Tree of Knowledge of Good and Evil. That is a point we can go
into and analyze and show that the good is the result that we get
from the activity of the mind, and synchronizing and harmonizing
certain forces of life through the nervous system. The fact is, we
are constantly realizing pleasure through the activity of the Life
Forces in contact with the nerves. That Tree, that nervous system,
is the Tree of Knowledge of Good and Evil. We get pleasure out of
it. If there is an excess of that pleasure, there is a reaction.
Under divine law, we would not have an excess. We never have an ex-
cess of good and negation or evil. We find when we come into
spiritual consciousness we don't go off into excesses in any way, but
we rest in equilibrium. There is constantly a rest, constantly a
flow of this life force through the organism, and we no longer eat
of the tree of Knowledge of Good and Evil. And there was a tree of
Life in this Garden of Eden. The Tree of Life is this nervous system
that moves to action under danger impulses. We are told we have two
motor systems -- a motor system of the tree of sympathy, to know
good and evil, and a tree of life.

You see we have these trees within us. The activities of
these trees are life forces flowing over them and the different
attributes of mind that are translated into organisms of forces —
the microcosm and the macrocosm. We have a microcosm and a macro-
cosm in ourselves. We don't claim that man's body is a universal
body of ether but science tells us we live in an ether and that ether
creates everything we find in the earth and our bodies. But through
the action of the different elements, there is a storing up in the
earth and in the body of elemental forces, - life, substance, power;
or stored up in the oil, in the vegetables, in the minerals; that the
sun is storing up constantly and we are releasing them and this
releasing process is a flowing process -- comes from flowing.

There are four rivers in this Garden of Eden— Pishon, Gihon,
Hiddekel and Euphrates. These represent the activities of four
great streams of energy going through the body, coursing through the
body constantly. Where do they come from? We are told by modern
science there are cosmic rays constantly bombarding this earth.
Prof. Millikan tells us in one of his recent books that he has dis-
covered a ray finer than any yet discerned by the scientific world.
It is more penetrating in its character. We identify that ray as
Holy Spirit. That is, the Spirit of God, the Creative Mind, goes'
into action as one direct ray, but it is differentiated and separated
into many heads or many rivers, and these rivers flow all through the
universe. The very ether here, the very air is charged with this
flow of life and it is divided or separated and used in the building
of organisms according to the need of the organism.

This River, Pishon, represents the Universal Spirit in its
action. It - well it gives to everyone of us a consciousness of Love
a consciousness of Life, a consciousness of Strength; it is the
Counselor, the Consoler, the Comforter. It is God in his personal
expression. We often wonder why we think of God as Person. Well,
because God in his action as Holy Spirit - third in the Holy Trinity—
is personal. We build up in our consciousness that personal phase
and it separates itself from the outer and sinks into the inner and
we have right there "God in the midst of us". A small God, we will
say, but it is our consciousness and our idea of God. You don't
have any consciousness of anything outside of yourselves. We may
think we see things externally, but psychology and even physiology,
is proving to us that we must become aware that the sensations of
the eye or ear, or seeing or hearing, are some phase of the mind.

We must become aware in ourselves of that which is without.
And that which is without is the law of vibration. It is what one of
the greatest scientists in England (Sir James Jeans) says, it is just waves; the universe is made up of waves, nothing but waves.

So we find this first great river is Spirit and that Spirit is penetrating and permeating every fibre of our being. That is hidden from you, unless you give it attention, unless you will, as Jesus said, lift up your eyes to Heaven and think about it as a glorifying Principle, which it is, and ask that the Invisible Father glorify you. Jesus said "Glority Thou me as I glory Thee in the earth, having accomplished the work which Thou gavest me to do". We have thought that that was the personal Jesus. So it was in a way. But it is a rule of action in Spiritual development that can be applied to everyone of us.

Just think, you have the key, and through the application of a divine law that, as you know how, you are quickened with this universal Life, you live in an ether, a Spiritual Ether, and that Spiritual Ether is filling your body full of electricity, of Spiritual Substance and all those qualities that you see manifest are here in essence.

Now modern science is telling us that through synthetic action they can produce out of the ether, everything that appears in the natural world, and that the time is not far distant when it will not be necessary for us to plant seed to get the bread of life, it won't be necessary to have a vegetable garden, because we will have it all in tablets. You will get it direct out of the elements. That will be a short-cut on nature. But these short-cuts are being applied in a measure every day and we don't wonder in the Age of Miracles whether it would be any miracle when the chemical man can draw out of this Garden of Eden. It is in us and through us. We have here all the elements of the Great Macrocosm and the microcosm.

Here you have the key to this Kingdom of Heaven. Jesus said it is within us. Can you realize that the Kingdom of God is within everyone of us, and all the elements, within man and every man? You don't have to look outside of yourself. Whatever you want, recognize it as coming from the Invisible Ether; speak to the Invisible Ether as God, and God is everywhere, in you, all about, above you. The Key is, you are to draw on this Universal Mind Substance through the quickening of these forces within you, and before you. Enlarge your love - the stronger you will draw on the great river of Love, the more you draw Spirit within you, the more you will draw upon the Great Spirit. Before you can find it, you must name it what you want - whatever you say, with Jesus, "believing it and in faith, you shall have it" - that is one of the great propositions and statements of the Master, that we can have whatever we name. But until you understand some of the fundamental principles of the mind, how to work in this Universal Substance and how every thought moulds out of the Universal Substance a picture of the thing, and by holding that picture in mind, it will come into manifestation.
Now are we ready to apply the viewpoint that I have called your attention to? Do you really believe in your heart that you can do these things? Do you really have faith in the power of the inner consciousness to bring into your kingdom, bring into your world, all the things that you desire, and bring them into manifestation? If you just have a little faith to start with, even as a grain of mustard seed, you shall remove these mountains of materiality that seem to stand in your way and the things you desire will come to pass.

We are going to take a word and get into that inner consciousness, that kingdom in us, the Garden of Eden. There is a key in man, which is, I say, the small replica of the Garden and the great Universal Eden is here watering this Garden of ours, fructifying it, giving it everything; the sunshine of Spirit, the different elements necessary to bring forth everything that exists in this Universe itself, in this Universe with all its galaxies of stars, its kingdoms, - it is a great world. This Universe is all in man, put in him in miniature. But it must be brought into larger expression through giving it attention. So let us give it attention.

We were talking about the Great River of Life that is expressing in us, Spirit, the first head, Pishon. The River coming down from the Kingdom of God is Spirit. That Spirit is coming into man's consciousness and filling him full of spiritual essence, spiritual life. Just think when you name Spirit Life, you have more life; name Spirit Love, more love will be developed. If you want Substance, think about that Substance in its essence, or the substance inside you will set, that is crystallize - before it has solidified it is constantly seeking to solidify. If you think too much on the solid side, you will harden your arteries, according to physical science - the result of keeping thinking about substance. Think about Spirit in you and through you, of the Spirit of Jesus that raised the dead and himself resurrected from the dead. We all need to resurrect this power. We are all too solid. We need lightening up, fluidity.

We need right now to get right down into consciousness as raising us. This resurrection begins right now in man. We are told by science that our bodies are too full of dead cells. Now the center of every living cell is this electrical energy, protons and electrons, that will give us undying life if we will only release them. Its recognition will release them now: "THE SPIRIT OF JESUS THAT RAISED UP FROM THE DEAD IS QUICKENING MY MIND AND BODY AND QUICKENING ME DAILY". Before you know it, you will come into a new consciousness of life; you are the old man, the seed, and that will disappear. That will come through the knowledge the Spirit of the Lord is here, will raise you from the dead, shall quicken your mortal bodies. I am going to ask you to join me in affirming: THE SPIRIT THAT RAISED UP JESUS FROM THE DEAD QUICKENS MY MIND AND BODY AND I AM BEING RESURRECTED DAILY". Repeat that together: (Repeat) Turn your attention within. Hold it, as if you were being at the Center within you; that is where you find Spirit. The Spirit is within you. The Spiritual Kingdom is within you. We are holding that the Spirit that
raised up Jesus from the dead quickens 'my mind and body and I am being resurrected daily'. Paul says, "If you have that Spirit"—there is no "if" about it—all you have to do is recognize that Spirit and release it and you will find that speech will slip from you. Speak it aloud again: (Repeat). Let us speak it with earnestness. Just as if you meant it: "The Spirit that raised up Jesus from the dead quickens my mind and body and I am being resurrected daily". Good! This speaking the word gives certain force to the vibratory power of the Life force in the body. It is good to speak the word aloud, then hold it silently. Hold it silently. Then speak it aloud. The spoken word is the outer expression of the inner mind; everything proceeds from the mind to the manifest.

Let us speak it again: "The Spirit that raised up Jesus from the dead, quickens my mind and body, and I am being resurrected daily". Good! We are tuning in on it. We are getting hold of that Spirit, the Spirit that has been here all the time. "The Spirit that raised up Jesus from the dead, quickens my mind and body, and I am being resurrected daily"

BENEDICTION: We praise Thee, Father, that the Hidden Man in everyone of us is now coming into manifestation; that the Hidden Man is coming out and revealing—even on the housetops, as Jesus said, that which has been hidden within. We are thankful and grateful. Amen

You are dismissed.