

2017 Spring Textbook List *Organized by class number

CSL 5100 01 Introduction to Psychological Research

Required:

Mitchell, M. L., & Jolley, J. M. (2013). *Research Design Explained, 8th edition*. New York, NY: Wadsworth/Cengage Learning. **ISBN-13: 978-1133049838**

American Psychological Association (2009). *Publication manual of the American Psychological Association, 6th edition*. Washington, DC: Author. **ISBN-13: 978-1433805615**

CSL 5220 01 Lifespan Development

Required:

Kail, R.V. & Cavanaugh, J.C. *Human Development: A Life-Span View*. (7th Ed.) Cengage Learning. **ISBN: 978-1305116641**

CSL 5230 01 Career Counseling & Professional Development

Required:

Andersen, P., & Vandehey, M. (2011). *Career counseling and development in a global economy (2nd ed.)*. Boston, MA: Lahaska Press. **ISBN-13: 978-0840034595**

Shipler, D. K. (2005). *The working poor: Invisible in America*. New York, NY: Vintage Books. **ISBN: 978-0375708213**

CSL 5231 51 & 52 Theories of Counseling/Psychotherapy

Required:

Prochaska, J. & Norcross, J. (2013). *Systems of Psychotherapy: A Transtheoretical Analysis*. Pacific Grove: Brooks/Cole. **ISBN-13: 978-1133314516**

CSL 5240 51 & 52 Advanced Abnormal Psychology

Required:

Butcher, J., Mineka, S., and Hooley, J. (2014). *Abnormal Psychology (16th ed)*. Boston: Pearson Education, Inc. **ISBN: 978-0205965090**

Diagnostic and Statistical Manual of Mental Disorders (5th Edition). (2013). Arlington, VA: American

Psychiatric Association. **ISBN-13: 11-0743488109**

Yalom, I., (2002) *The Gift of Therapy*. New York: Harper Perennial. **ISBN: 978-0061719615**

CSL 5250 01 Counseling Diverse Populations

Required:

Thomas, A.J. & Schwartzbaum, S.E. (2016). *Culture and identity: Life stories for counselors and therapists* (3rd ed.). Los Angeles: Sage. **ISBN-13: 978-1506305677**

Sue, D.W. & Sue, D. (2013). *Counseling the culturally diverse. Theory and practice* (6th ed). Hoboken, NJ: John Wiley & Sons, Inc. **ISBN-13: 978-1118022023**

CSL 5260 51 Helping Relationships

Required:

Granello, D. H., & Young, M. E. (2011). *Counseling today: Foundations of professional identity*. Upper Saddle River, NJ: Pearson Education. **ISBN-13: 978-0130985361**

American Psychological Association (2009). *Publication manual, 6th ed.* Washington, DC: American Psychological Association. **ISBN-13: 978-1433805615**

CSL 5330 51 Chemical Use and Abuse

Required:

Perkinson, R. R. (2016). *Chemical dependency counseling: A practical guide* (5th ed.). Thousand Oaks, CA: Sage Publications. **ISBN: 978-1506307343**

Recommended:

May, G. G. (2007). *Addiction and grace: Love and spirituality in the healing of addictions*. San Francisco: Harper Collins. **ISBN: 978-0061122439**

Pita, D. D. (2004). *Addictions counseling: A practical and comprehensive guide for counseling people with addiction*. New York: Crossroad. **ISBN: 978-0824522629**

CSL 5390 01 Effective Treatments in Therapy

Required :

Reichenberg, L. & Seligman, L. (2016). *Selecting Effective Treatments: A Comprehensive, Systemic Guide to Treating Mental Disorders*. (5th Ed.). Hoboken, NJ: John Wiley and Sons, Inc.

ISBN: 978-1-118-79135-6

American Psychiatric Association (2013). *Diagnostic and Statistical Manual of Mental Disorders. (Fifth*

Edition). Arlington, VA: American Psychiatric Association. **ISBN-13: 011-0743488109**

American Psychological Association (2009). *Publication manual, 6th ed.* Washington, DC: American Psychological Association. **ISBN-13: 978-1433805615**

MFC 5400 51 & 52 Marital Therapy: Crisis Situations and Sexuality

Required:

Hertlein, K.M., Weeks, G.R., & Gambescia, N. (2015). *Systemic sex therapy* (2nd Ed.). New York: Routledge Press. **ISBN 978-0-415-73824-8**

Penner, C., & Penner, J. (1993). *Restoring the pleasure*. Nashville: W Publishing Group (formerly Word Publishers). **ISBN: 0-84993-464-8**

Binik, Y., & Hall, K. (Eds.). (2014). *Principles and practice of sex therapy* (5th Ed.). New York: The Guilford Press. **ISBN: 978-1-4625-1367-3**

American Psychiatric Association (2013). *Diagnostic and Statistical Manual of Mental Disorders*. (Fifth Edition). Arlington, VA: American Psychiatric Association.

CSL 5430 01 & 02 Group Therapy and Process

Required:

Corey, M. S., Corey, G., & Corey, C. (2013). *Groups: Process and Practice* (10th ed.). Belmont, CA: Brooks/Cole, Cengage Learning. **ISBN-13: 9781305865709**

Corey, G., Corey, M. S., & Haynes, R. (2006). *Groups in action: Evolution and challenges*. DVD and workbook. Belmont, CA: Brooks/Cole, Cengage Learning. **ISBN-13: 978-1285095059**

Yalom, I. D. (2006). *The Schopenhauer Cure*. New York, NY: Harper Perennial. **ISBN-13: 978-0060938109**

CSL 5441 51 Introduction to Psychological Testing

Required:

Hays, D.G. (2013). *Assessment in Counseling: A Guide to the Use of Psychological Assessment Procedures* (5th ed.). Alexandria, VA.: American Counseling Association. **ISBN 978-1-55620-318-3**

Eyde, L.D., Robertson, G.J., & Krug, S.E. (2010). *Responsible Test Use: Case Studies for Assessing Human Behavior* (2nd ed.). Washington, DC: American Psychological Association.

ISBN-13 978-1-4338-0556-1

Rath, T. (2007). *Strengths Finder 2.0*. New York, NY.: Gallup Press. **ISBN 978-1-59562-015-6**

Recommended:

Seligman, E.P. (2002). *Authentic Happiness: Using the New Positive Psychology to Realize Your Potential For Lasting Fulfillment*. New York, NY.: Free Press. **ISBN-13 978-0-7432-2297-6**

Silverlake, A.C. (1999). *Comprehending Test Manuals: A Guide and Workbook*. Los Angeles, CA; Pycszak Publishing. **ISBN 1-884585-12-4**

Comprehending Test Manuals: A Guide and Workbook Answer Key

CSL 5472 51 Ethical Standards and Legal Issues

Required:

Cory, G., Cory, M.S. and Callanan, P (2011) *Issues and Ethics in the Helping Professions* (8th Ed)
Pacific Grove, CA: Brooks/Cole Publishing Company. **ISBN: 978-0495812418**

CSL 5482 01 & 5483 51 Techniques and Interventions I & II

Required:

Hodges, S. (2010). *The counseling practicum and internship manual*. New York: Springer
Publishing. **ISBN: 978-0-8261-1832-5** E-book **ISBN: 978-0-8261-1833-2**

MFC/CSL 5510 01 & 02 Divorce and Divorce Adjustment

Required:

Hetherington, M and Kelly, J. (2002). *For better or worse: Divorce reconsidered*. New York:
W. W. Norton Publishing Company. **ISBN 0-39304-862-4**

Elliott, S.J. (2009). *Getting past your breakup: How to turn a devastating loss into the best thing that ever happened to you*. MA: Cambridge. Da Capo Lifelong books. **ISBN: 978-0-7382-1328-6**

MFC 5700 01 Marital Therapy I

Required:

Weeks, Odell, Methven (2005). *If Only I Had Known....Avoiding Common Mistakes in Couples Therapy*.
W.W. Norton **ISBN: 978-0393704457**

MFC 5710 51 Marital Therapy II

Required:

Johnson, Susan (2004). *The Practice of Emotionally Focused Couple Therapy*. Brunner-Routledge.
ISBN: 978-0415945684

CSL 7003 01 Psychodynamic Psychotherapies

Required:

Cashden, Sheldon (1988). *Object Relations Therapy*. New York: W. W. Norton & Company.
ISBN: 978-0393700596

CSL 7010 01 Issues of Integration: Christian Ideology in a Professional World

Required:

Cashwell, C.S. & Young, J.S. (Eds.). (2011). **Integrating Spirituality and Religion Into Counseling: A Guide to Competent Practice**. Alexandria, VA: American Counseling Association.
ISBN 978-1-55620-310-7

Robert, T.E. & Kelly, V.A. (Eds.) (2015). **Critical Incidents in Integrating Spirituality Into Counseling**. Alexandria, VA: American Counseling Association. ISBN 978-1-55620-336-7

Stevens, B. (2013). **Snake Oil: The Art of Healing and Truth-Telling**. New York, NY: Jericho Books.
ISBN 978-1-4555-1905-7.

Post, S. & Neimark, J. (2007). **Why Good Things Happen to Good People: How to Live a Longer, Healthier, Happier Life by the Simple Act of Giving**. New York: Broadway Books.
ISBN: 978-0-7679-2018-6

Recommended:

Hodge, D.R. (2003). **Spiritual Assessment: Handbook for Helping Professionals**. Botsford, CT: North American Association of Christians in Social Work. ISBN: 0-9715318-0-3

CSL 7030 01 Qualitative Research and Program Evaluation

Required:

Rossi, Lipsey, Freeman (2003). *Evaluation: A Systematic Approach* (7th Ed.). SAGE Publications.
ISBN: 978-0761908944

Hill, Clara E. (2011). *Consensual Qualitative Research: A Practical Resource for Investigating Social Science Phenomena*. (1st Ed.) American Psychological Association. ISBN: 978-1433810077

Publication manual of the American Psychological Association (6th ed). Washington, D.C. American

Psychological Association. ISBN: 978-1433805615

Recommended:

Charmaz, Kathy. (2006). *Constructing Grounded Theory. A Practical Guide through Qualitative Analysis* (1st Ed.) SAGE Publications. ISBN: 978-0761973539

CSL 7102 01 Theories of Affect Regulation and Attachment

Required:

Johnson, S.M. (2004). *The Practice of Emotionally Focused Marital Therapy: Creating Connection*. New York: Bruner/Routledge. (This is the 2nd edition of the 1996 book.) ISBN: 978-0415945684

Johnson, S.M., Brent Bradley, J. Furrow, A. Lee, G. Palmer, D. Tilley & S. Woolley (2005). *Becoming an Emotionally Focused Couples Therapist: A Work Book*. New York: Bruner/Routledge.
ISBN: 978-0415947473

Recommended:

Johnson, S.M. (2008). *Hold Me Tight*. New York: Little, Brown and Company. ISBN: 978-0316113007

CSL 7104 01 Specialized Systemic Family Therapy

Required:

Gehart, D. (2014). *Mastering competencies in family therapy*. Belmont, CA: Brooks/Cole
ISBN: 978-1285075426

Publication manual of the American Psychological Association (6th ed). Washington, D.C. American Psychological Association. ISBN: 978-1433805615

CSL 7152 01 Professional Challenges for Counselors

NO TEXT REQUIRED

CSL 7300 01 Dissertation Proposal Development I

Required:

Heppner, P. P., & Heppner, M. J. (2004). *Writing and publishing your thesis, dissertation and research: A guide for students in the helping professions*. Belmont, CA: Brooks/Cole Thomson Learning.
ISBN: 978-0534559748

Publication manual of the American Psychological Association (6th ed). Washington, D.C. American Psychological Association. **ISBN: 978-1433805615**

Recommended:

Galvan, J. L. (2006). *Writing literature reviews: A guide for students of the social and behavioral sciences* (3rd ed.). Glendale, CA: Pyczak.

Pyczak, F. (2008). *Evaluating research in academic journals: A practical guide to realistic evaluations* (4th ed.). Glendale, CA: Pyczak.