Excursion Guide
Coffee Shops

Our Favorites:

The Horn
619 Murfreesboro Pk
Nashville, TN 37210
https://www.facebook.com/TheHornCoffee/

Barista Parlor
519 Gallatin Ave B
Nashville, TN 37206
https://baristaparlor.com/

Crema
15 Hermitage Ave
Nashville, TN 37204
https://crema-coffee.com/

Frothy Monkey
2509 12th Ave S
Nashville, TN 37204
https://frothymonkey.com/

Humphreys Street
424 Humphreys St.
Nashville, TN 37203
https://humphreysstreet.com/

The Well
147B 4th Ave N
Nashville, TN 37219
https://www.wellcoffeehouse.com/locations/downtown/
Coffee Shops

A Few More Options:

Frothy Monkey - https://frothymonkey.com/
8th and Roast - https://www.8thandroast.com/
Dose - http://dosenashville.com/
Red Bicycle - https://www.redbicyclecoffee.com
Ugly Mugs - http://www.uglymugsnashville.com/
Milk and Honey - https://milkandhoneynashville.com/
Retrograde - https://www.retrogradecoffee.com/
Three Brothers Coffee - https://threebroscoffee.com/
Fido - https://www.bongojava.com/fido-cafe/
Falcon - https://www.flamingococktailclub.com/falcon-coffee
Steadfast - https://steadfast.coffee
Stay Golden - https://stay-golden.com/
Tempo - https://www.temponashville.com
Terminal Café - http://theterminalcafe.com/
Café Coco - http://cafecoco.com/
Restaurants

McDougal’s Chicken - http://www.mcdougalschicken.com/

Hattie B’s Hot Chicken - https://hattieb.com/

The Pharmacy

Baja Burrito - http://www.bajaburrito.com/baja_burrito_website/

Sunflower Café - https://www.sunflowercafenashville.com

(vegan/vegetarian options)

M.L. Rose - https://mlrose.com/

Mas Tacos

Cookout - http://cookout.com/menu/

Two Ten Jack - https://twotenjack.com/
Restaurants

Taqueria del sol - http://taqueriadelso.com/

Edley’s BBQ - https://www.edleysbbq.com/

Martin’s BBQ Joint - https://www.martinsbbqjoint.com

Vui’s Kitchen - https://www.vuiskitchen.com

Otaku Ramen - https://www.otakuramen.com/

Clawson’s Deli - https://www.clawsonspub.com/

The Grilled Cheeserie - https://grilledcheeserie.com/

Five Points Pizza - https://fivepointspizza.com/

312 Pizza - https://www.312pizzaco.com/

The Loveless Café - http://www.lovelesscafe.com/

Biscuit Love - https://biscuitlove.com/

King Solomon’s Gyros
Restaurants

- Pfunky Griddle - https://www.thepfunkygriddle.com
- Pinewood Social - https://www.pinewoodsocial.com
- Slim and Husky’s - https://www.slimandhuskys.com/
- The Pancake Pantry - https://www.thepancakepantry.com/
- Gabby’s Burgers and Fries - https://www.gabbysburgersandfries.com
- Proper Bagel - http://properbagel.com/
- Cori’s Doghouse - http://www.corisdoghouse.com
- San Antonio Taco Co. - http://www.thesatco.com/index.cfm
- Elliston Place Soda Shop - http://www.ellistonplacesodashop.com
- Ginger Thai - https://www.gingerthairestaurant.org
- Holler and Dash - https://holleranddash.com/
Desserts

Jeni’s Splendid Ice Cream - https://jenis.com

Mike’s Ice Cream - https://mikesicecream.com

Five Daughters Donuts - https://fivedaughtersbakery.com/

Bobbie’s Dairy Dip

Las Paletas - http://laspaletasnashville.com

The Pied Piper Creamery - https://thepiedpipercreamery.com/

The Soda Parlor - https://www.starcadet.com/pages/soda

Cosmic Creamery - https://www.cosmiccreamery.com/

Goo Goo Shop - https://googoo.com/find/downtown-nashville
Music Shops

Grimey’s New & Preloved Music
1060 E Trinity Ln
Nashville, TN 37216
https://www.grimeys.com/

Phonoluxe Records
2609 Nolensville Pk
Nashville, TN 37211

Third Man Records
623 7th Ave S
Nashville, TN 37203
https://www.thirdmanrecords.com/

The Groove
1103 Calvin Ave
Nashville, TN 37206
Outdoor Activities

Natchez Trace Parkway (Birdsong Hollow)
https://www.nps.gov/natr/planyourvisit/tennessee.htm

Radnor Lake State Park (Hiking)
https://tnstateparks.com/parks/radnor-lake

Long Hunter State Park (Hiking)
https://tnstateparks.com/parks/long-hunter#directions

Warner Parks (Hiking)
https://www.nashville.gov/Parks-and-Recreation/Parks/Warner-Parks.aspx

7 Oaks Disc Golf Course
https://www.pdga.com/course-directory/course/seven-oaks-disc-golf-course
Outdoor Activities

Naval Hill Disc Golf Course
https://www.pdga.com/course-directory/course/naval-hill-disc-golf-course

Crockett Park (disc golf)
https://www.pdga.com/course-directory/course/crockett-park

Shelby Bottoms
Outdoor Activities

The Crag Nashville (Indoor rock climbing)
https://iloverockclimbing.com/

Climb Nashville
https://www.climbnashville.com/

Cummins Falls
https://tnstateparks.com/parks/cummins-falls

Mammoth Cave
https://www.nps.gov/maca/index.htm

Great Smoky Mountains
https://www.nps.gov/grsm/index.htm
Nashville Sights to See

It’s Gonna Be Okay wall - 3020 Charlotte Avenue at 28th Avenue N

Sunflowers Mural - 3636 Murphy Road

Wish for Peace wall - 4822 Charlotte Avenue

Three Brothers Coffee hallway art - Three Brothers Coffee

Stay Tuned Nashville mural - Center 615 on 625 Main St.

Little Octopus mural - 604 Gallatin Avenue

Nashville Balloons mural - 1003 Russell St.

East Nashville mural - 311 Gallatin Avenue
Nashville Sights to See

I Believe in Nashville Wall - Clinton Street, 625 Main St. and 12th S. Ave (3 locations)

Kindness Is - 1120 4th Ave. N
(on the side of Juice Bar Germantown)

What Lifts You Wings Wall - 11th Avenue South (near biscuit love)

Country Music Icon Murals - 711 6th Avenue S

Life Can Be Sweet - 1512 8th Ave S

Hillsboro Village Dragon wall - 2102 Belcourt Avenue

Nashville at heart wall - 2705 1th S Avenue

Flowers Mural - 2900 12th Avenue S

Avocado Wall - 3 City Avenue

Link to a full list of Nashville murals and what they look like and where to find them: https://www.camelsandchocolate.com/nashville-murals/