

TPK FENG SHUI & DESIGN

[How to Have an Inspired Home] Allow New Opportunities

Know What You Want Worksheet

It's time to journal your goals & boil down the *feeling* you want in each area of your life. Don't worry right now about how you're going to get there. This is the time to **think big!**

JOURNEY/CAREER: What is my intention or goal for this aspect of my life right now?

What *feeling* do I want to have in this area of my life? (ex: support)

SELF KNOWLEDGE/CULTIVATION: What is my intention/goal for this aspect of my life?

What *feeling* do I want to have in this area of my life? (ex: groundedness)

FAMILY/ANCESTRY/PARENTING: What is my intention for this aspect of my life right now?

What *feeling* do I want to have in this area of my life? (ex: joy)

ABUNDANCE/WEALTH: What is my intention or goal for this aspect of my life right now?

What *feeling* do I want to have in this area of my life? (ex: abundance)

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FAME (RECOGNITION OF MY STRENGTHS): What is my intention/goal in this aspect of my life?

What *feeling* do I want to have in this area of my life? (ex: ease)

RELATIONSHIPS/LOVE: What is my intention or goal for this aspect of my life right now?

What *feeling* do I want to have in this area of my life? (ex: passionate)

CREATIVITY/JOY/PRODUCTIVITY/CHILDREN: What is my intention for this aspect of my life?

What *feeling* do I want to have in this area of my life? (ex: flow)

HELPFUL PEOPLE/COMMUNITY/TRAVEL: What is my intention for this aspect of my life?

What *feeling* do I want to have in this area of my life? (ex: openness)

HEALTH--PHYSICAL, MENTAL, EMOTIONAL: What is my intention for this aspect of my life?

What *feeling* do I want to have in this area of my life? (ex: well being)