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Nice guidelines for dyslipidemia

Heart disease (CVD) accounts for up to a third of deaths in England and Wales, with the majority related to IHD. Some evidence is to suggest that although CVD mortality rates are decreasing, morbidity is increasing. Non-modified CVD risk factors include age, gender, ethnicity and family history. Modified risk factors include increased smoking, high blood pressure and raised cholesterol levels. Lipid measurement current good guidance recommends using non-HDL cholesterol instead of LDL cholesterol levels. 1 non-HDL cholesterol is total cholesterol minus HDL cholesterol. The measurement of LDL cholesterol requires fasting samples and triglyceride levels $\leq 4.5\text{mmol/L}$. non-hdl cholesterol does not = risk = assessment = nice = recommends = formal = assessment = of = patients = if = their = estimated = 10-year = risk = of = CVD = is = 10% = or = more. = the = risk = assessment = may = be = used = to = identify = patients = under = 85 = years = of = age = who = might = benefit = from = primary = prevention = of = cvd. = patients = over = the = age = of = 40 = years = may = have = their = cvd = risk = status = reviewed, = but = nice = does = not = state = the = frequency = at = who = this = should = take = place. = risk = may = be = , = clinical = used = = should = judgment = = also = be = employed. = for = example, = a = decision = on = primary = prevention = of = cvd = may = be = made = in = the = context = of = a = family = history = of = premature = cvd. = this = this = tool = may = be = used = type = 2 = diabetes , = but = not = type = 1. = it = should = not = be = used = if = the = egfr = is = less = than = 60 = and/or = there = is = albuminuria = in = the = context = of = familial = hyper-cholesterolaemia = those = with = existing = cvd = there = is = an = increased = cvd = risk = in = patients = being = treated = for = hiv, = those = taking = antipsychotics, = which = may = cause = dyslipidaemia, = and = those = taking = steroid = therapy. = it = is = important = to = exclude = other = causes = of = dyslipidaemia, = such = as = excessive = alcohol = and = uncontrolled = diabetes. = management = for = primary = prevention, = atorvastatin = 20mg = may = be = initiated = in = those = with = a = 10% = or = greater = 10-year = risk = of = cvd, = in = conjunction = with = management = of = modifiable = cvd = risk = factors. = in = those = aged = 85 = and = over, = a = statin = may = be = considered = because = it = may = reduce = the = risk = of = non-fatal = mi. = nice = advises = considering = statin = therapy = for = adults = with = type = 1 = diabetes = who = are = over = the = age = of = 40 , = who = have = had = diabetes = for = more = than = 10 = years, = or = those = with = nephropathy = or = other = cvd = risk = factors. = atorvastatin = 20mg = may = be = used = for = primary = prevention = of = cvd = in = patients = with = type = 2 = diabetes = who = have = > 10% risk of developing CVD, and in patients who have chronic kidney disease. In patients with established CVD, atorvastatin can be given 80mg. The dosage should take account of possible side effects and drug interactions, and patient options. In patients who if you do not want to start therapy, it may still be useful to reassess the risks in the future. Good advocates annual drug reviews for patients taking statins. Referral if total cholesterol is >math>7.5\text{mmol/L}</math> and has a family history of premature heart disease, family thoughts >math>4.5\text{mmol/L}</math> and >math>4.5\text{mmol/L}</math>. The option of fall is included People have produced guidance on an increased risk of CVD due to age alone, especially those who smoke or have increased blood pressure communication about risk assessment and treatment Eat less than 2 parts, one one Must contain nicotinic acid or omega-3 fatty acids Treatment of primary (hetero-familial and non-familial) hypercholesterolemia © Nice 2016 is considered for Ezetimibe treatment for Ezetimibe treatment. Heart disease: risk assessment and reduction, including lipid modification. Available from: www.nice.org.uk/guidance/CG181. All rights reserved. Subject to notice of rights. Good guidance is ready for the National Health Service in England. All good guidance is subject to regular review and can be updated or withdrawn. Nice accepts no responsibility for the use of its ingredients in this product/published date: July 2014. Last updated: 27 September 2016. 2016.

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