



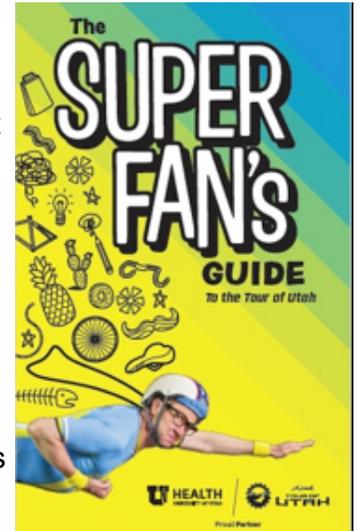
Larry H. Miller  
TOUR OF  
UTAH

News Release

## Tour of Utah Advocates for Healthy Lifestyles with Super Fan's Activity Book and Youth Bicycle Races

**SALT LAKE CITY (April 30, 2019)** – Tips on exercise, nutrition, and vocabulary are illustrated through the sport of cycling in a new educational workbook for elementary-aged children this spring. This 20-page, full-color publication, *The Super Fan's Guide and Activity Book*, is a collaborative effort by organizers of the Larry H. Miller Tour of Utah and event partner University of Utah Health. A total of 40,000 workbooks have been printed in time for the final month of school across Utah, and in recognition of National Bike Month in May.

Activity workbooks will be distributed to elementary schools and youth organizations in the communities which are hosting the 2019 Tour of Utah, the professional cycling stage race scheduled for Aug. 12-18. An [online version](#) in PDF format is available for all families to download and enjoy. This is the seventh year the Tour of Utah has produced an educational booklet for children.



In Brigham City, members of the Box Elder Composite High School Mountain Bike Team will be handing out 1,500 workbooks throughout the month of May at four schools - Discovery, Foothill, Lakeview and Mountain View elementary schools. Through this personal interaction with children in grades K-3, the cycling team members hope to inspire boys and girls to get outside, exercise and enjoy the sport of cycling.

In Park City, more than 400 workbooks will be distributed to Park City School District's elementary schools in May. These schools include Jeremy Ranch Elementary, McPolin Elementary, Trailside Elementary, and Parley's Park Elementary.

Both of these communities will host Sprint to the Finish Youth Bike Races in August, as part of free activities with the Tour of Utah cycling event. Children ages five to 12 can demonstrate pedal power and safe cycling skills during six of the seven days of the pro races. Complimentary registration is provided by University of Utah Health, with participating children required to bring their own bicycles and helmets. The *Super Fan's Guide* lists dates and times for the Sprint to the Finish Bike Races in August. More details about expo locations and start/finish areas will be available on the Tour of Utah website.

### **Sprint to the Finish Locations**

- Tuesday, Aug. 13 -- North Logan City
- Wednesday, Aug. 14 -- Brigham City
- Thursday, Aug. 15 -- North Salt Lake
- Friday, Aug. 16 -- Salt Lake City
- Saturday, Aug. 17 -- Canyons Village at Park City Mountain
- Sunday, Aug. 18 -- Park City

The Tour of Utah is one of the premier events in North America for men's professional cycling teams, ranked 2.HC by the Union Cycliste Internationale and positioned on USA Cycling's Pro Road Tour. The Tour of Utah will begin on Aug. 12 with a prologue (short time trial) at Snowbird Resort, one of four ski resorts that is part of the event. The Tour will conclude on Aug. 18 in Park City. Additional host venues are North Logan City, Brigham City, Powder Mountain Resort, Antelope Island State Park, North Salt Lake, Salt Lake City, and Canyons Village at Park City Mountain.

The Larry H. Miller Tour of Utah is free to all spectators, making professional cycling one of the most unique professional sports in the world today. It remains a 2.HC-rated stage race on the UCI America Tour, making it one of the premier events for professional cycling teams in North America. The Tour is also part of the USA Cycling Pro Road Tour. More information about the Larry H. Miller Tour of Utah can be found by visiting [www.tourofutah.com](http://www.tourofutah.com), as well as social channels [Facebook](#) (tourofutah), [Twitter](#) (tourofutah), [Instagram](#) (thetourofutah) and [YouTube](#) (Tour of Utah).

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### **About the Larry H. Miller Tour of Utah**

The Larry H. Miller Tour of Utah, referred to as "America's Toughest Stage Race™," is a week-long, professional cycling stage race for the best men's teams in the world. The 2019 event will be held Aug. 12-18. Last year the Tour covered 548 miles of racing and 43,780 feet of elevation gain. Now in its 15th year, the event was elevated in 2015 as a 2.HC-rated UCI stage race, making it one of the premier events in North America. The Tour of Utah is owned by Larry H. Miller Sports & Entertainment. More information about the Tour of Utah, host venues and professional teams can be found by visiting [www.tourofutah.com](http://www.tourofutah.com).

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