Celebrated every week, the Sabbath is a day of rest and the oldest of the Jewish holidays. The woman in this painting has prepared her home for the Sabbath. Notice and identify the objects on her Sabbath table. How does the artist Isidor Kaufmann use color and light to create such a peaceful scene?

**Materials you will need:**
Colored pencils, crayons, markers or paints
Optional: Glue stick and scissors
Create Your Own Sabbath Scene

1. Print out these pages to get started.

2. Use the last page for your artwork. First, think about how you want your Sabbath scene to look. What do you like to do with your family to rest and relax together? What is special about relaxing with your family? Do you take time on the weekend to enjoy nature? You might want to add people to your scene, such as family or friends, or just show a special place. Consider whether you will include many people or just one person in your drawing.

3. Use the lines at the bottom of the page to write a sentence or short poem about sharing a day of rest with your family.

4. Think about adding pictures from magazines or newspapers to your artwork. Create interesting layers of colors and textures for clothing, furniture, or other details.

5. Once you have finished, make sure to share your art with someone special!