








SUCCESS CLUB SYSTEM

DAILY BUSINESS ACTIVITY TRACKER

WEEK OF: _____

MY WHY: Restate the purpose(s) supporting your coaching business

MY TARGET MARKET: Stay focused on connecting with your ideal person

1. BE PROOF THE PRODUCTS WORK	THU	FRI	SAT	SUN	MON	TUE	WED
Work out and drink Shakeology							

2. CONNECT, INVITE, FOLLOW UP (1 HR 40 MIN)	THU	FRI	SAT	SUN	MON	TUE	WED
Initiate connections and add followers (20 min)							
Do a social media post that showcases the benefits of your healthy lifestyle or has a call-to-action (10 min)							
Update your IG Story throughout the day (about 3 min per post) <ul style="list-style-type: none"> • Daily life • Workout clips • Product use (no brand name shown) • Healthy meal or meal prep • Invitation/promote group/poll or a call-to-action • Recognition/shout-out 							
Respond to all new likes, comments, or views (25 min)							
Invite at least 5 people to join a Challenge Group or learn about the coaching opportunity (15 min)							
Follow up with people you've invited (15 min)							

3. GET PEOPLE RESULTS (30 MIN)	THU	FRI	SAT	SUN	MON	TUE	WED
Contribute to your Challenge Group							
Recognize achievement							

4. DO PERSONAL DEVELOPMENT	THU	FRI	SAT	SUN	MON	TUE	WED
Engage in personal/professional development (15 min)							

MY WEEKLY BUSINESS RESULTS	# of new Followers:	# of new Challengers:	SC points:		# of new Coaches:
			this week	this month	